



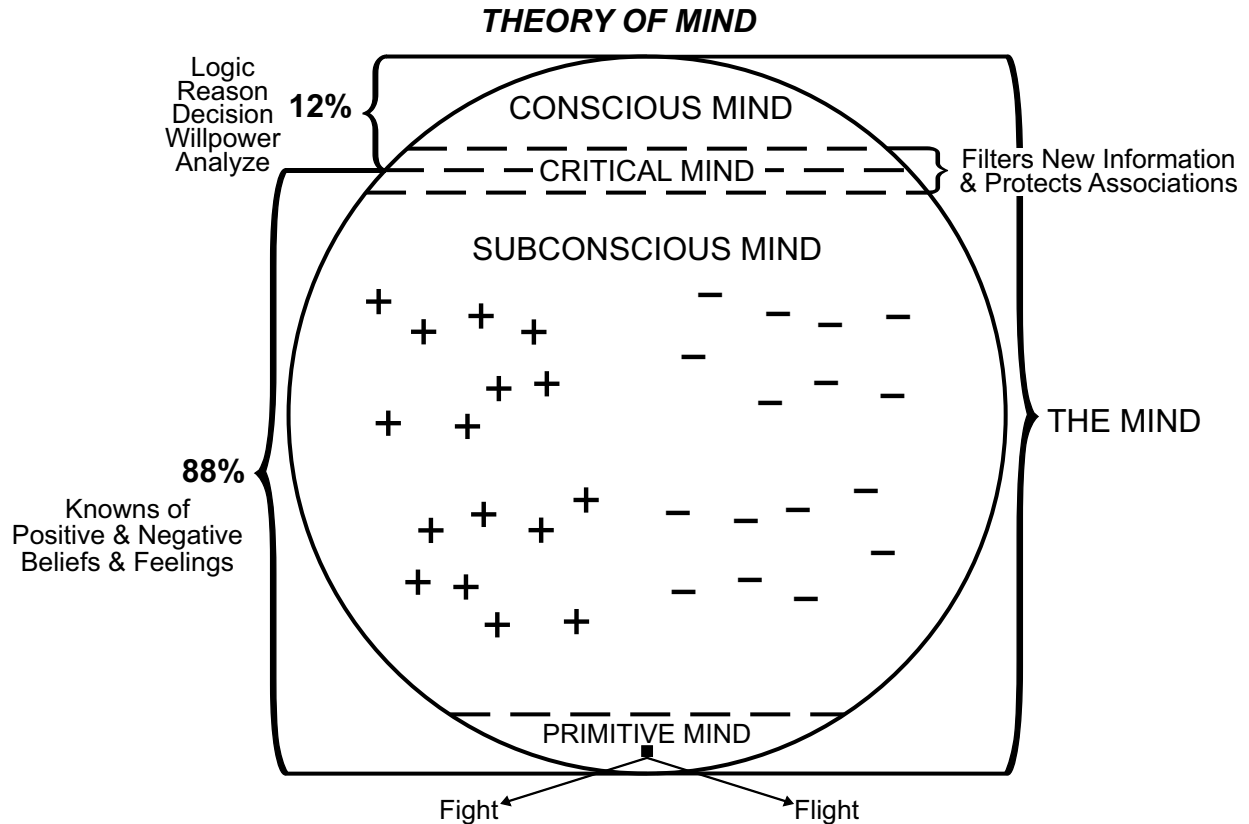
Presents

*Relationship
Strategies*
THE ESP
A T T R A C T I O N



... can you afford not to know?

MAKING THE E&P CONNECTION

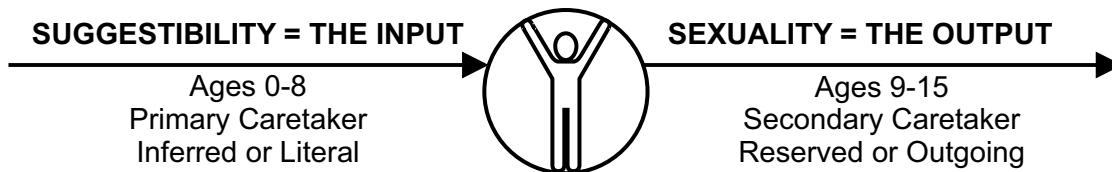


HOW PEOPLE LEARN & WHY THEY DO WHAT THEY DO

The mind is dominated by the powerful subconscious. Knowns made up of positive and negative beliefs and feelings that settled into a person's subconscious, during their early years, seem to influence their Suggestibility and Sexuality. Suggestibility is how a person takes information into their mind. That is input. Sexuality is how a person behaves out in the world. That is output. Suggestibility tends to come from encounters with the Primary Caretaker. Sexuality tends to come from observing the Secondary Caretaker. These influences result in two distinctly different approaches to life: Emotionals, who tend to be more reserved and value security, and Physicals, who tend to be more outgoing and put love first. Opposites.

E&P SEXUALITY FOUR CORE TRAITS

1. **Secondary Caretaker:** Through observation from childhood, a person tends to model the behavior of the dominant Secondary Caretaker.
2. **Response to Rejection:** Emo tends to withdraw or shut down when feeling rejected. Phys tends to come forward or confront when feeling rejected.
3. **Relationship with the Body:** Emo tends to be disconnected from the body, and deals with emotions in the mind. Phys tends to be connected to the body, and deals with emotions in body and mind.
4. **Patterns in Relationships:** Emo tends to be attracted to Phys. Phys tends to be attracted to Emo. Noticing to whom a person is usually attracted, and their usual behavior in relationship, guides understanding.



UNDERSTANDING EACH OTHER WITH E&P

OPPOSITES ATTRACT

To have a good, healthy, and successful relationship is the desire of most people. Opposites attract with complimentary differences. And this oppositeness – the very thing that makes a relationship dynamic and seem so right, may then seem to slip away in misunderstandings, miscommunication, and missed opportunities. The exciting opposite becomes a mystery, a frustration, a disappointment. When it comes to keeping the romance alive, and truly enjoying the power of the opposite attraction, the E&P Theory gives the answer to why people do what they do, say what they say, and feel how they feel. With clear E&P understanding, and good E&P communication, the relationship that you want can come true!

- ♥ Understand each other better
- ♥ Communicate with each other better
- ♥ Make being together better

E&P PERSONALITY

EMO TENDENCIES

- Reserved
- Head ruled
- Controlling
- Wants space and security
- Prefers socializing one-on-one
- Singular focus
- Thinks before reacting
- Prefers showing affection privately
- Distrusts flattery
- Enjoys working alone
- Enjoys individual activities
- Wants alone time
- Dresses for comfort
- Decides after thinking about it
- Speaks literally to the point
- Infers from what others say
- Feels emotional pain in the mind
- Fears loss of security

PHYS TENDENCIES

- Outgoing
- Heart ruled
- Dominating
- Wants connection and touch
- Enjoys socializing in groups
- Moving focus
- Reacts spontaneously
- Comfortable with affection anytime
- Likes reassurance and compliments
- Enjoys working with people
- Enjoys team activities
- Wants to be together all the time
- Dresses for attention
- Decides in the moment
- Speaks inferentially adds story
- Takes literally what others say
- Feels emotional pain in body and mind
- Fears rejection

E&P PRIORITIES

EMO TENDENCIES

- Career/Financial Security
- Hobbies/Children
- Relationships/Family
- Sex/Lovers

PHYS TENDENCIES

- Relationships/Sex
- Family/Children
- Friends/Hobbies
- Career/Financial Security

ACCEPTANCE

“As you recognize that the differences in your behaviors are not personal attacks and learn not to take them personally, you will be able to open the door to learning how to sustain the benefits that your differences afford each of you. Then you will be able to apply proven concepts to maintain the balance necessary to fulfill the needs of two differing styles of personality.”

— John Kappas, from his book, *Relationship Strategies The E&P Attraction*

- ♥ Self-acceptance is a relief
- ♥ Accepting the other person is a relief
- ♥ Acceptance helps create a successful relationship