

## Class Schedule

Monday			
Time:	Pole Studio		Dance Studio
8:30am-9:30am	Morning Pole- Crystal		8:30am-9:30am
5:15pm-6:00pm			6:30pm-7:00pm
6:00pm-7:00pm	Beginner Pole- Crystal		Toddler Tumbling- Chassity
7:00pm- 7:30pm	Pole Fitness- Chassity		
Tuesday			
Time:	Pole Studio		Dance Studio
4:15pm-5:15pm			4:15pm-5:15pm
5:30pm-6:00pm			PrivateTumbling Session-CJay by appt ONLY
6:30pm-7:30pm			5:30pm-6:15pm
			6:30pm-7:30pm
			Hip Hop Cardio: - CJay
Wednesday			
Time:	Pole Studio		Dance Studio
5:30pm-6:30pm			6:45pm-7:30pm
6:00pm-7:00pm	Down Wednesday(Yoga)- Chassity *B		7:30pm-8:00pm
			Twerk -n- Tone- Meagan
			Tummy Tone- Meagan
Thursday			
Time:	Pole Studio		Dance Studio
5:00pm-6:00pm			6:30pm-7:00pm
6:00pm-7:00pm	Beginner/Intermediate Pole- Crystal		Toddler Tumbling- Chassity
Friday			
Time:	Pole Studio		Dance Studio
			TBA
7:00pm-12:00am	Partiez By appt ONLY		7:00pm-12:00am
			Partiez By appt ONLY
Saturday			
Time:	Pole Studio		Dance Studio
10:00am-11:00am	All Level Pole -Crystal		10:00am-11:00am
7:00pm-12:00am	Partiez By appt ONLY		7:00pm-12:00am
			Partiez By appt ONLY
Sunday			
Time:	Pole Studio		Dance Studio
			2:00pm- 3:00pm
4:00pm-5:00pm	Intro Pole -CJay (First Timers ONLY)		Hip Hop Cardio: - CJay



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