



# BRB LUNCH MENU

## 波士顿彩虹桥幼儿园午餐菜单

| Category | Monday                                                                                                                                   | Tuesday                                                                                                                                                                  | Wednesday                                                                                                                                         | Thursday                                                                                                                                | Friday                    |
|----------|------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|---------------------------|
| Food     | Braised Beef w. Potato<br>土豆炖牛肉<br><br>Ground Pork w. Tomato and Tofu<br>番茄肉末豆腐<br><br>Sautéed Broccoli<br>清炒西蓝花<br><br>White Rice<br>米饭 | Sweet & Sour Pork<br>糖醋里脊<br><br>Lean Pork with Tomato Potato, Carrots and Broccoli<br>西红柿肉丁土豆胡萝卜和西兰花<br><br>Winter Melon w. green beans<br>冬瓜青豆<br><br>White Rice<br>米饭 | Crispy Salt and Pepper Pork<br>椒盐猪扒<br><br>Ground Pork w. String Beans<br>肉末四季豆<br><br>Braised Potato w. Tomato<br>西红柿土豆片<br><br>White Rice<br>米饭 | Red Braised Pork Belly<br>红烧肉<br><br>Zuo General Chicken<br>左宗鸡<br><br>Sautéed Lotus Roots w. Carrots<br>莲藕烧胡萝卜<br><br>White Rice<br>米饭 | Pizza Day<br>比萨           |
| Drink    | Milk and Water<br>牛奶和水                                                                                                                   | Milk and Water<br>牛奶和水                                                                                                                                                   | Milk and Water<br>牛奶和水                                                                                                                            | Milk and Water<br>牛奶和水                                                                                                                  | Milk and Water<br>牛奶和水    |
| Other    | Dinner Roll<br>餐包                                                                                                                        | Dinner Roll<br>餐包                                                                                                                                                        | Dinner Roll<br>餐包                                                                                                                                 | Dinner Roll<br>餐包                                                                                                                       | Yogurt and Fruits<br>酸奶和水 |