



**Teaching in the COVID-19 World:
Preventative Tools to Maintain Your Voice While Teaching In-Person or Virtually**

Sessions designed to help educators minimize the risk of harm to their voices within the uncertain COVID-19 teaching environment

Topics Covered:

Habits that help and hurt your voice
Optimizing your technology for virtual teaching
Considerations for teaching when wearing a mask or shield
Sensing vocal tension and how to start to release it
Developing an appropriate vocal warm up

Session Leader: Sheryl Zaitlin-Gencher, Speech-Language Pathologist

Sheryl is an Ontario licensed Speech-Language Pathologist with 30 years experience. She frequently helps teachers with voice issues restore their optimal voice to resume teaching more effectively. Sheryl has been providing speech therapy, both in the hospital and virtually, since restrictions have been put in place to protect the public from COVID-19. She knows first hand the challenges that exist for voice use when working virtually or wearing a mask and shield.

Format: 2 - 75 minute small group sessions with associated handouts

Dates/Times: Sessions will be offered between July 17th and August 24th, 2020. A variety of times for each session are available. Additional timeslots can be requested.

Location: In the comfort of your own home! Sessions will take place virtually. Participants must be located in Ontario at the time of each session.

Cost: \$200 (Payment required at time of booking). Receipts for Speech Therapy will be provided.

Register through our website www.szgvoice.com

Fine Print:

Change in session date or time is subject to availability. Final sessions will be offered August 24, 2020. Refunds are not available for sessions that are not attended.

Receipt of \$100 for “**Virtual Speech Therapy Session (Group)**” will be issued after each session attended. Please verify that your coverage includes **Group** Speech Therapy if you intend to apply for reimbursement from your extended health benefit provider.

Individuals who have a known history of voice issues are welcome to contact us for information about private sessions.

Sheryl Zaitlin-Gencher M.A., Reg. CASLPO, CCC-SLP
www.szgvoice.com info@szgvoice.com
Tel: 905-709-0587 Fax: 905-709-7627