

Christian Yoga Class Offerings September 2025




CLASSES HELD
AT BURNTWOODS
CHURCH
GLENWOOD

JOIN VIA
ZOOM!



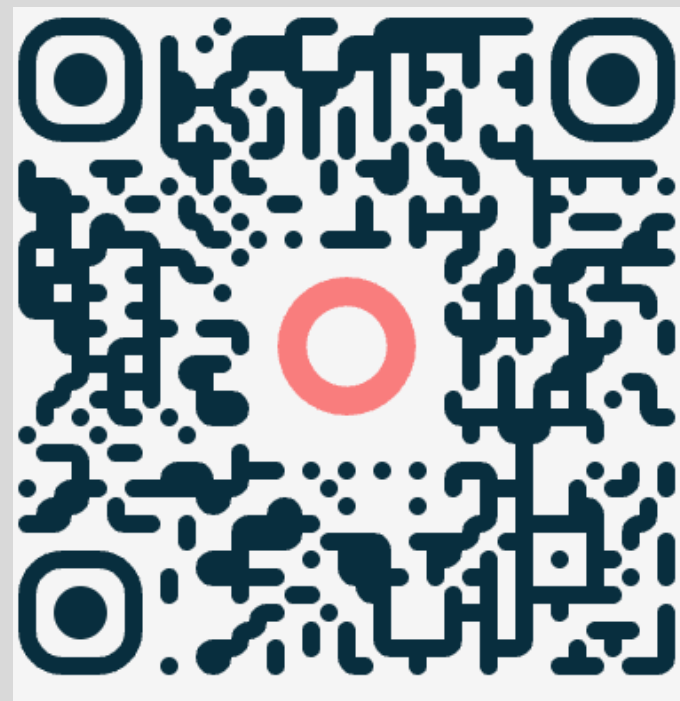
WEDNESDAYS 10-11AM
SEPTEMBER 3, 10, 17, 24
Weekly drop-in classes
offered by donation!

 TUESDAY 9/23: SPECIAL EVENT:
SACRED SWEETNESS (\$40/PERSON)

Women's Wellness Workshop
Movement- Learning- Nourishment-Connection



Register
Here:



EIGHT28PURPOSE@GMAIL.COM

@EIGHT28_MOVEMENT