



Article XIII - Player Code of Conduct

Participation in sports means more than competition between two individuals, or two teams representing different schools. The game of sport teaches fair play and sportsmanship, understanding, and appreciation of teamwork.

Athletes must always remember they are representatives of their school and community. Athletes must make a constant effort to project a positive, respectful image. Athletes should always be considerate of those around them and never allow themselves to get into embarrassing situations that may disgrace himself or herself, or the Aledo Ladycats Lacrosse Association.

The conduct of an athlete shall be closely observed in many areas of life. It is important that this behavior be above reproach in all the following areas:

1. Do not use profane or vulgar language.
2. Be gracious in defeat and modest in victory.
3. Do not display fits of temper or demonstrate lack of self-control at school or on the playing field.
4. Be respectful in language and actions toward officials.
5. Demonstrate appropriate classroom conduct toward teachers and other students.
6. Respect your coaches, teachers, administrators and teammates.
7. Be a model student in class. One must be a student before being an athlete.
8. Follow all team rules and regulations.
 - a. Do not use alcoholic beverages, tobacco, e-cigarettes, and any mind-altering chemicals (i.e. narcotics, marijuana)
 - b. Athletes should eat and drink properly and get adequate rest.
9. Do not use illegal tactics, which may result in technical foul and or an ejection.
10. Always demonstrate good sportsmanship.
11. Athletes should maintain a good attendance record at school. Truant absences are inexcusable.
12. School attendance on game days is required.
13. An athlete dismissed from the program or quitting the program will forfeit her/his letter award.
14. Demonstrate an unselfish attitude for the team and its members.
15. Be on time for practice.
16. Attendance at practice is mandatory for the Spring Season. Make sure coaches know when and why you can't make practice in advance. Two unexcused absences of any kind (practice or games) can result in dismissal from that sport.
17. If an injury occurs, the athlete needs to communicate with the coaches.



18. Only a trainer, nurse, and/or doctor can excuse an athlete from participation. A parent note/email is not accepted. If you are at school, you are expected to dress out and participate. Even if the athlete is injured, she is expected to dress out.
19. If a student becomes academically ineligible for two consecutive six weeks, the athlete will be dismissed from athletics until they demonstrate academic stability for possible future reinstatement.

ATHLETE CODE OF CONDUCT AGREEMENT

The basic principle of conduct under which we will always operate is:

Conduct yourself in such a manner that you bring credit to yourself, your family, your teammates, and to the Aledo Ladycat Lacrosse Association. Never engage in any activity that can be construed as inappropriate for a member of the Aledo Ladycats Lacrosse Association.

I have read and understand the athletic code of conduct for student athletes in the Aledo Ladycats Lacrosse Association. I agree to follow this code of conduct and understand that failure to do so could result in termination of my privileges to participate in the Aledo Ladycats Lacrosse Association.

Player Printed Name _____

Player Signature _____

Date _____