**SPIRITUAL ASCENCION TERMINOLGY GLOSSARY**

**A**

**Acceptance -** is the act of acknowledging and embracing the reality of a situation or circumstance. It is about letting go of resistance or denial and learning to live with what is, instead of what could have been.

**Angels** - are spiritual beings often depicted as messengers of God or as guardians who assist and protect humans.

**Ascension** – refers to the process of elevating one's consciousness and energy to a higher level. It is often associated with spiritual awakening and personal transformation and involves shedding old patterns and beliefs to expand one's awareness and connection to the divine.

**Ascension Stages** - are stages of initiations that bring in layers of light, also known as Kundalini force, existing within the levels of our spiritual bodies (our Multidimensional God Selves) by a descension process of these layers (remembrances) into the physical body.

**Ascension Symptoms** – refers to a range of physical, emotional, and spiritual experiences that some may experience during the stages of the spiritual awakening process, often associated with mental and body fluctuations and sensations.

**Addictions** - are coping and defense mechanisms. These result from the experience of severe trauma either related to ancestral issues, childhood, and or inherited genetic programs lodged in the pain body (mental body).

**Akashic Records –** Known as the Halls of Records, are the records and a collection of thoughts and memories from all life experiences, from past, present, and future aspects. (multi-dimensional self) They contain a record of all thoughts, feelings, actions, and events that have ever happened.

**Alien-** is a term to describeallArtificial, In-Organic, Cloned, Soulless entities, Negative E.T.s (Extraterrestrials), machinery, Control Programs, Memories, and enslavement architecture/programs.

**Alien Implants –** is a technology used that is foreign (unnatural or artificial) material is introduced to the natural body, often used as a form of mind control.

**Anti-Christ - are** made up of immortal consciousness gestalts that DO NOT want to live under or co-exist in the Natural Laws of God**.**

**Archetypes -** is the concept of a pattern of behavior found in areas relating to human behavior, modern psychological theory, and literary analysis.

**Artificial intelligence -** (AI) is the intelligence exhibited by machines or software. In the spiritual content, it is an artificial technology used to control and stop the spiritual evolution of the divine Christos blueprint.

**Artificial Timeline –** is a term used in the spiritual community to explain the manipulation used by the different non-benevolent groups that generate splits and inversions throughout the earth’s dimensional fields.

**Artificial Tree of Life -** is based on inverted teachings, also known as false white light teachings, that intentionally generate reversals, false ascension knowledge that keeps humanity from accessing higher consciousness, and true ascension.

**Astral Body** - refers to the non-physical body or energy field that is believed to exist alongside the physical body. It is often associated with spiritual or mystical experiences and is said to be capable of traveling beyond the physical realm.

**Astral Plane -** is a non-physical realm or dimension that is believed to exist beyond the physical world. It is often described as a higher vibrational level or frequency of existence, where thoughts and emotions have a more immediate and powerful effect.

**Attachment -** is an emotional bond or connection to someone, something, or a particular outcome. In a spiritual context, attachment refers to an energy vibration or being, cord, and or entity embedded within the human body, aura, light bodies, and mental bodies, which can lead to suffering.

**Authentic** - refers to being genuine, true, and sincere. In the context of spirituality, authenticity means being true to oneself and one's beliefs. It involves being honest about one's experiences, feelings, and thoughts without pretending to be someone or something else.

**Aura** -is an energy field that surrounds living beings, including humans. It is believed to emanate from the body and be composed of subtle layers of electromagnetic energy.

**Aurora** *-* is a consciousness unit located in the next Universe, the Rays of the next Universe, the beings that live there in alignment with Krystal Star and Unity Intelligence, their mission is to support us in our evolution.

**Awakening** - refers to the process of becoming aware of one's true nature and purpose, often through a spiritual or transformative experience. It involves a shift in consciousness and perspective and may result in a newfound sense of clarity, purpose, and connection to the world around us.

**Awareness** - refers to the state of being conscious and attentive to one's surroundings, thoughts, and emotions. It involves being present in the moment and having a clear understanding of one's experiences and reactions.

**Avatar** - is a term used to describe a 12 Dimensional simultaneously conscious being, the highest expression of consciousness of the original human-divine blueprint.

**Axiatonal Lines -** are the frequency lines that move throughout the chakra system.

**B**

**Baggage** - In the context of spirituality, "baggage" usually refers to the emotional and psychological burdens that one carries with them, such as unresolved traumas, negative thought patterns, and limiting beliefs.

**Balance**- refers to the state of equilibrium or harmony between different aspects of life, such as work and leisure, inner and outer worlds, or body and mind. It involves a dynamic interplay between various elements, where each is given its due importance and attention.

**Base 12 Mechanics** is the Natural Order of Christos Blueprint, the divine blueprint that holds the original intention for the Natural order of consciousness evolution within our Universal creation.

**Belief**- refers to an acceptance that something is true or real, usually without proof or evidence. In spirituality and meditation, belief often involves faith in a higher power or a specific spiritual path or practice.

**Benevolent -** is someone or something that is kind, generous, and compassionate towards others. Benevolence is a trait that is characterized by goodwill, sympathy, and a desire to help others without seeking personal gain.

**Black Magic –** is a manipulation of consciousness technology used as a form of control and enslavement.

**Blame** - refers to assigning responsibility or accountability for a negative outcome or event. Blaming others can lead to negative emotions and hinder personal growth, whereas taking responsibility can lead to personal empowerment and positive change.

**Bliss**- is a state of deep and profound happiness that arises from within oneself. It is a state of being that transcends ordinary pleasure and joy and is often associated with spiritual experiences and practices such as meditation and yoga. In spiritual traditions, bliss is seen as a reflection of our true nature, which is characterized by peace, love, and harmony.

**Blessing** - is an expression of goodwill, favor, or divine grace towards someone or something. It involves invoking a higher power or spiritual force to bestow positive energy, protection, or guidance.

**Blood Covenant** - is the way that the False Gods have chosen to trick humanity out of their original relationship with their One Source Creator and hijack their sovereignty through the process of believing in the sanctioning of Blood Sacrifice or ritual bonds as acts of religious piety.

**Blue Rays** – are a group of Angelic beings that are directly supporting the Guardian Founder Races in the Ascension process.

**Blueprint** - is consciousness energetic intelligence that can be both undifferentiated units of qualities of energy or arranged in specific ways to influence all matter forms. These are Sacred Geometries, sonic geometries, light symbols, and platonic solid shapes, that hold memories of our spiritual plan.

**Body** - is the physical form that a person inhabits throughout their lifetime. In spirituality, the body is often seen as a vessel for the soul or spirit to reside in during physical life.

**Boredom** - is a feeling of dissatisfaction that arises from a lack of engagement, interest, or stimulation. It can occur when an individual is unoccupied or engaged in unfulfilling activities.

**Breathwork** - refers to various practices that involve conscious regulation of breathing to enhance physical, mental, or spiritual well-being. It involves focusing on the breath to cultivate awareness, relaxation, and connection to the present moment.

**Breeding Programs –** areextreme forms of Lust stemming from mind control programs.

**Buddha**- is a title given to Siddhartha Gautama, the spiritual teacher who founded Buddhism. He is revered as a figure who attained enlightenment and taught the path to liberation from suffering. Also referred to as an avatar.

**C**

**Calmness** - refers to a state of peace and tranquility where one is free from agitation, restlessness, and anxiety. It is a mental and emotional state where the mind is free from distractions and is focused on the present moment.

**Causality**- is a Universal principle that everything has a cause. It is the continual link made between all of the Cause-and-Effect connections that are made throughout time, the chain of causal connections that have no beginning or end. The consequences of effects that are made from this infinite causal chain of connection simultaneously ripple forwards and backward in time.

**Celebration** - In a spiritual context, celebration can also refer to the expression of gratitude and reverence towards the divine or higher power, as well as the recognition of personal milestones and achievements in one's spiritual journey.

**Chakras** -are energy centers located along the subtle body that function to transmit and receive the energy flow and frequencies through our body, which acts as a vessel of consciousness.

**Change** - refers to the process of becoming different, often in response to a new situation or experience. In spirituality and meditation, change can refer to the transformation of oneself or the letting go of old patterns and habits to create space for growth and personal development. Change can be challenging, but it can also be a catalyst for positive transformation and self-discovery.

**Challenges** - refer to the difficult situations or obstacles that one faces in life, which may be physical, emotional, mental, or spiritual in nature. These can include anything from health issues, financial struggles, and relationship problems to internal conflicts like fears, doubts, and limiting beliefs.

**Christos** – is a term used in the spiritual community of a person who is an embodiment of an Eternal God Human. Practicing unity consciousness and Oneness directly reflecting the image of God’s Eternal Love for creation, self-actualized, a person embodying Cosmic Consciousness.

**Christ Consciousness -** is a state of awareness that some believe is attainable by anyone, regardless of their religious beliefs. This elevated way of thinking and living transcends beyond the lower egoic mind constructs of fear of the materialistic world in service to the whole. Eternal Love consciousness embodiment.

**Choice** - refers to the ability to make decisions and take actions based on personal values and desires. In the context of spirituality, it refers to choosing to live in alignment with one's higher self, making choices that promote inner peace and well-being.

**Christos Blueprint –** is the embodiment of the awakened human with an active 12-Strand DNA.

**Clair’s**- are psychic abilities that allow people to perceive information or events beyond the five physical senses.

**Clairalience**: The ability to smell something that isn't actually present.

**Clairaudience** - A form of extra-sensory perception.

**Claircognizance** - Also known as intuition or gut instincts, this is the ability to have "clear knowing".

**Clairgustance** - The ability to taste something that isn't actually there.

**Clairsentience**- The ability to sense feelings, or "clear feeling."

**Clairvoyance** - refers to the ability to gain information about an object, person, location, or physical event through extrasensory perception.

**Clarity**– is the quality of being clear through developing self that is the natural result of having a full comprehension, awareness, or perception of something.

**Cloaking –** is a spiritual term that can be used for positive and negative. It can be used for protection or if it is obscuring something that is hidden.

**Cloning –** a tack used to destroy Spiritual Consciousness Groups using AI to assimilate and clone ascension material, in order to spin distortions and disinformation from it.

**Coherence** - is a term used to describe how people make decisions based on the kind of motivations, thoughts, and actions they have. Spiritual coherence is a state of harmony between the mind, body, and spirit. It's a state of connectedness, stability, and efficient use of energy. It is a necessary energetic principle for the ascension journey path.

**Common sense** - is the ability to use practical and sound judgment in everyday situations. It is a form of intelligence that is often associated with a grounded and practical approach to life.

**Compassion** - is a fundamental aspect of spirituality that involves feeling empathy and sympathy toward others and having a deep desire to alleviate their suffering. It is an expression of unconditional love that promotes kindness, forgiveness, and understanding.

**Compassionate Communication –** is the conscious ability to speak with an open heart. Non-violent communication with all seeking and focusing on the intentions of conflict resolution.

**Compassionate Witnessing** - is the ability of an expanded person with a level of consciousness that occurs during the embodiment of the higher spiritual-energetic intelligent bodies when the person is dedicated to Christos’s Principles of compassion and the ability to perceive with unconditional love, and neutrality.

**Concentration** - refers to the ability to focus one's mind on a particular object, idea, or task for an extended period of time.

**Consciousness** - refers to the state of being aware of one's thoughts, emotions, and surroundings. It involves a range of mental processes, including perception, cognition, and self-awareness. Spiritual consciousness involves a heightened sense of awareness and connection to the divine or spiritual realm.

**Conscious Mind –** is a term that refers to the parts of the human mind that contain all the thoughts, feelings, and perceptions that a person is aware of at any given moment.

**Consciousness Traps -** are soul traps that are used to keep a person’s consciousness stuck like a hamster on a wheel, going in circles and not moving anywhere. False White light and consciousness traps are like machinery, they are not fully sentient.

**Consciousness Wiping -** is a term that refers to mind-wiping technology used by military personnel, usually in organized covert operations to remove current memories or accumulated intelligence of black operation projects when the projects or person become obsolete.

**Contemplation** - is a spiritual practice that involves focused introspection, meditation, or reflection on a particular subject or idea. It involves entering into a deep state of concentration and allowing the mind to quiet and focus on the present moment.

**Conspiracy Theory** - is a label used to create a negative stigma to discredit any person who wants to share researched information and open dialogue to get answers to troubling questions that arise about the agendas that are hidden and suppressed through mass mind control that is enforced by the controller forces.

**Controlled -** means another consciousness outside of reality decided to interfere and manipulate, interfere, or have dominion over another.

**Controllers** is a term for a small group of people, the power elites, who are behind the suppression of the Earth.

**Controller Programs** - is a term used to describe multiple layers of mind control software that is used to psychologically and emotionally program humanity to think thoughts of violence, hatred, division, fear, and materialism.

**Cord Cutting** - in a spiritual context refers to a practice where a person symbolically severs energetic ties or emotional attachments to people, situations, or past experiences that no longer serve their well-being, allowing them to move forward and heal from negative energy associated with those connections; essentially, "cutting the cord" that binds them to something draining their energy.

**Cosmos** - refers to the universe as a whole, including all matter, energy, time, and space. It encompasses everything that exists, from the smallest subatomic particle to the largest galaxy.

**Cosmic Energy -** refers to the universal life force energy that is present in everything in the universe. It is an invisible energy that permeates throughout the cosmos and connects all living beings.

**Councils of Light** - is a team of ascended masters, light beings, angels, and guides devoted to the rising of Earth and all humanity.

**Courage** - is the ability to face and overcome fear, danger, or obstacles to achieve a goal. It involves standing up for what one believes in, taking risks, and persevering in the face of adversity. In a spiritual context, courage may involve facing inner demons, confronting uncomfortable truths, or stepping out of one's comfort zone to grow and develop as a person.

**Creativity** - is the ability to produce something new or original using imagination and innovation. It involves coming up with unique ideas and bringing them to life through different forms of expression, such as art, music, writing, or design. Creativity allows individuals to think outside the box, break free from conventional thinking, and discover new ways of looking at the world around them. It is often seen as an essential component of personal growth, self-expression, and fulfillment.

**Crystals** - are naturally occurring mineral formations that are believed to have energetic properties that can be used for physical, emotional, and spiritual healing.

**D**

**Dark Night of the Soul –** are phases of spiritual development, or Ego Deaths for those on the spiritual path must undergo in order to transcend the ego personalities, these occur as a spiritual crisis or metamorphosis so resurrection of the spiritual body and mind can occur. Phoenix Rising.

**Death** - refers to the cessation of all biological functions that sustain a living organism. It is an inevitable event that occurs to all living beings, marking the end of their life cycle. In the spiritual context, death is considered a transition from one state of existence to another dimension.  
**Detachment**- is a spiritual practice that involves cultivating a state of inner freedom and detachment from worldly attachments and desires. It involves letting go of attachment to material possessions, people, or outcomes and embracing a more detached and equanimous perspective toward life.   
**Devotion**- is a spiritual practice that involves a deep and heartfelt commitment to evolve. It involves cultivating a sense of reverence, love, and loyalty towards the objective of spiritual attainment.

**Destiny** - spirituality, destiny is often seen as a result of the individual's karma or past actions and is believed to be influenced by their thoughts and actions in the present. The concept of destiny emphasizes the idea that one's life path is predetermined, but it does not negate the individual's free will or ability to make choices.

**Depression**- is a symptom of soul disconnection and the confusion of not knowing who you really are as a spiritual identity. When your heart is closed, when your emotions are closed, when your consciousness is shut down, this often leads to one becoming very sad and depressed.   
**Destination**- spirituality, the concept of destination, can refer to the ultimate goal or purpose of one's spiritual journey, such as self-realization, enlightenment, or liberation from suffering. It is important to remain mindful of the journey itself and not become too attached to the destination, as it is the journey that allows for growth and transformation.

**Dharma** - is a concept in Hinduism, Buddhism, and other Indian spiritual traditions that refers to one's duty, righteousness, and moral obligations in life. It encompasses the principles of justice, order, and cosmic law and is considered essential for leading a fulfilling and meaningful life.

**Dimension** - is a frequency band. Concerning a spiritual dimension, this is described and interpreted as the need for a way of understanding life that can help people find meaning and fulfillment and build resilience.

**Direct Knowing**- is referred to as a feeling in the moment what the energy is communicating, or what the environment is communicating to you, suspending linear thought and surrendering mental chatter to feeling what you know in that present moment.

**Discernment** – This is the ability to without ego judgment, test the personal resonance of people, events, and circumstances that you choose to engage with or exchange with, determining which is either aligned to your personal resonance or not aligned to your resonance, in that moment. There is no right or wrong answer, only personal resonance and choice.

**Discipline** -refers to the practice used to cultivate self-control and focus the mind on a specific goal, such as inner peace or enlightenment.

**Discipline**- refers to the practice of training oneself to follow a certain code of behavior or pattern of activities to achieve a particular goal.

**Disease Booby Traps –** These are mind control traps used to manipulate the masses into believing and experiencing sickness.When you reach any level of expansion or liberation, there may be mind control programming that is accessing the body's belief that it must grow the tumor or get the candida going, or whatever the physical issue is. This is false and erroneous programming that you can terminate by using energy healing, such as the white flame healing and clearing contracts.

**Divine** – refers to something that is related to or derived from a higher power, source, God, or ultimate reality. It is used to describe qualities such as holiness, sacredness, or transcendence.

**Divine Intelligence** – Is the GODHEAD’s original creation. Unity Source intelligence. This organic intelligence is not outside of us but rather, it exists in every atom and cell of our physical bodies.  
**Divine Mission –** every soul has a unique blueprint with a divine purpose and mission, in which they come to learn, evolve, and experience all aspects of creation for their spiritual evolution.  
***DNA* -** is a molecule that encodes the genetic instructions used in the development and functioning of all known living organisms and many viruses**.**It contains andholds your unique energetic signature of all life streams evolving through time and space, it is your personal living light code and consciousness record.   
**Doubt** - is a feeling of uncertainty or lack of conviction that can arise in various situations, including personal beliefs, decisions, relationships, and spirituality.

**Dreams**- are a series of thoughts, images, and sensations occurring in a person's mind during sleep. They can be influenced by our emotions, experiences, and subconscious mind.

**Dreamwork** - is a spiritual practice that involves the interpretation and exploration of dreams as a means of gaining insight into one's inner world and subconscious mind.

**Duty** - In a spiritual context, it often relates to fulfilling one's purpose or calling or carrying out actions that align with one's values and beliefs. Duty can be seen as a means of self-discipline and self-improvement and can also bring a sense of meaning and purpose to one's life.

**E**

**Earth -**is a terrestrial planet, telluric planet, or rocky planet that is composed primarily of silicate rocks or metals. About 74% of the surface of Earth is covered by liquid or frozen water. Ascended Earth is called GAIA.

**Ego**- is a psychological concept that refers to the sense of self or identity that individuals develop over time. It is the part of the mind that is responsible for creating a sense of individuality and separateness from others.

**Ego Death -** is a term that describes the complete loss of one's sense of self-identity. It can also refer to a fundamental transformation of the psyche. It is an unavoidable process as part of the spiritual awakening or spiritual ascension process.

**Emerald Order –** These are the guardians overseeing the planetary ascension of Earth. They are the founders of the Interdimensional Free World Councils to restore the Earth back to the God Source.

**Empathy**- is the ability to understand and share the feelings and perspectives of others. It involves the capacity to put oneself in someone else's shoes and feel their emotions and experiences as if they were one's own. Empathy is often seen as a key component of compassion and is considered a valuable skill in many spiritual traditions.

**Emptiness** – In the spiritual context can be seen as a state of mind where one is free from attachment, aversion, and ignorance and experiences a sense of spaciousness and clarity. The practice of meditation is often used to cultivate this understanding of emptiness.  
**Energy** - is a spiritual concept that refers to the vital force that animates all living things and the universe itself. It is often described as a form of subtle, non-physical energy that flows through all things and connects them in a web of interdependence.

**Energetic Balance –** refers to the (physical, emotional, mental, and spiritual) of our consciousness being balanced in health and sanity. The process that brings improved health, vitality, abundance, intelligence, and energetic flow to all things.

**Energy Blockages –** are disturbances in our multidimensional aspects that cause disharmony, these are emotional wounds, spiritual oppression, and imprints that cause disease in the physical body.

**Enlightenment** - is a spiritual state characterized by a profound understanding of the nature of reality and one's own true nature It involves transcending the limitations of the ego and connecting with a greater sense of unity, compassion, and inner peace.

**Equality** - is the state of being equal, regardless of race, gender, religion, or social status. In the spiritual context, equality refers to the belief that all beings are equal in the eyes of the divine and deserving of love and respect. It is the recognition that every person has inherent value and is entitled to dignity and fairness.

**Escapism** - refers to a behavior where an individual avoids or tries to escape from unpleasant or boring aspects of the real world by engaging in activities that offer pleasure or fantasy, such as excessive daydreaming, video games, or substance abuse.

**Esoteric**- refers to knowledge, practices, or teachings that are intended for or likely to be understood by a select few individuals with a specific level of understanding or experience.

**Essenes –**They were known as the sons and daughters of light, embracing the principles of unity and love in service to the divine laws.   
**Eternity**- refers to an infinite or endless amount of time or the concept of timelessness. In spirituality, it is often associated with the eternal soul or the eternal nature of the divine.

**Evolution** - In spiritual terms, evolution refers to the growth and development of the soul, through various incarnations and spiritual practices. It is believed that the ultimate goal of evolution is to achieve enlightenment and liberation from the cycle of birth and death.

**Existence** - refers to the state of being alive or present in the world. It is the state of existing, being real, and having a physical, mental, and spiritual existence. In spiritual terms, existence is often seen as a manifestation of the divine or the ultimate reality, and the goal of spiritual practice may be to attain a deeper understanding of one's existence and connection to the larger universe.

**F**

**Faith -** is a spiritual concept that refers to a deep sense of trust and confidence in something that is unseen or unproven. It is often associated with a sense of hope, belief, and trust in the unseen or unknown and is often seen as a means of finding meaning, purpose, and connection in life. It involves letting go of the need for certainty and control and trusting in the unfolding of life's journey.

**False Ascension -** is an inorganic alien technology that was installed to hinder the true ascension (aka False Christ Consciousness light) used by imposter spirits to manipulate lightworkers into thinking they are ascending**.** This is an inversion technology. Akin to putting a cap on the evolution of the soul.

**False Gods**- is what has been caught in most religious organizations in order to interfere with a human being’s direct relationship to God’s Source and enforce a divide and conquer strategy between all of humanity on the planet.

**False Memories** – is a term to describe a holographic insert that is placed inside an individual that creates false memories and programs upon their consciousness for mind control.

**False Parent** – in the spiritual content, refers to a program embedded (victim victimizer archetype) in humanity that is used to create pain, trauma, and separation in the child that he/she is only dependent on their parents for comfort, support, and well-being.

**Fire Letters –** are key codes at our DNA structural levels that will be re-keyed to have access to these newly accessed higher reality light fields, your multi-dimensional aspects. Fire Letters are the cellular alphabet of your DNA that becomes activated.

**Flow** - is a psychological and spiritual concept that refers to a state of complete absorption and focus in an activity. It is often associated with the experience of being "in the zone" or fully immersed in a task, where time seems to pass quickly and distractions fade away.

**Forgiveness** - is a spiritual and psychological concept that refers to the act of letting go of anger, resentment, or blame towards someone who has wronged us. It involves a willingness to release negative feelings and emotions and to replace them with compassion, understanding, and love.

**Fragments -** is a term to describe disassociation that happens to a person when they experience trauma creating disassociation from their bodies.

**Free will**- is the ability to make choices that are not determined by past events or external factors. It is the belief that individuals have the power to make choices and act independently of their environment.

**Freedom** - is the ability to act, speak, or think without being restrained or controlled by external factors or societal norms. It is the state of being liberated from limitations or constraints, allowing for individual expression and personal growth.

**Frequency** - is a spiritual and scientific concept that refers to the rate at which something vibrates or oscillates. In spirituality, it is often associated with the idea that everything in the universe is made up of energy that vibrates at a certain frequency.

**Frequency Fence**s - are technologies used to unplug DNA codes and block high frequencies from the earth’s population, which can be manipulated to control perception as well as what an individual can experience through their five basic human senses. These are mostly AI technologies (nanotechnology).

**G**

**Galactic Center-** is where Omniversal cores connect simultaneously, allowing communication into other Universes and with other extradimensional beings.

**Galactic Plane -** is the plane in which the majority of a disk-shaped galaxy's mass lies. The directions perpendicular to the galactic plane point to the galactic poles. Most often, in actual usage, the terms "galactic plane" and "galactic poles" are used to refer specifically to the plane and poles of the Milky Way, which is the galaxy in which the Earth is located.

**Galactic Wars –** are the events and histories involving humanity. These are the true historical accounts of the Galactic warring, which eventually descended into many conflicts for power and control over the 3D Earth.

**Gender Splitting –** is a sophisticated electromagnetic technology used for Gender Splitting and transhuman or anti-human conditioning, deliberately manipulating relationships and marriages between the inner masculine principle and inner feminine principle of the angelic human DNA template, which further produces energetic imbalances. technological and chemical-based gender reversal agendas to dominate the planet with full mind control subjugation of humanity through the gradual digression of the organic human biology into a transhuman-transgender slave worker.

**Genetic Code Crasher** - refers to a spiritual term used to describe malicious energies that attach to the sexual energy of the targeted person to crash (disturb, corrupt) the DNA of the person. Known as sexual misery programs.

**Gnosis-** is a spiritual term that refers to the direct, intuitive knowledge or insight into the nature of reality and the divine. It is often associated with mystical and esoteric traditions and is considered a means of accessing higher levels of consciousness and spiritual enlightenment.

**Global Human Slavery –** is a system used to parasitize, suppress, and superimpose karmic exchanges on humanity.

**God-** is a spiritual and religious concept that refers to a supreme being or higher power that is believed to be the creator and sustainer of the universe. Guardian perspective, the use of the word or term "God" is hereby defined not to be misconstrued as a personage or entity in the representation of the Godhead in the same context that is commonly used within organized religions.

**Goddesses** – Represent the embodiment of divine feminine energy, the aspects of nature, creation, nurturing, intuition, and inner wisdom, signifying the powerful and sacred feminine force. It is the symbol of the creative, life-giving power that is inherent in the female principle, often associated with cycles of birth, death, and rebirth. **Godhead** - is that central point of divine union, also known as the zero point. It represents the Trinity Source of the God Head, the Holy Mother, the Holy Father, and the Holy Child (Christos-Sophia) as One.

**Grace -** is a spiritual concept that refers to the free and unmerited favor, love, and compassion of a higher power or divine source.

**Gratitude -** is a spiritual and psychological concept that refers to the state of being thankful and appreciative for the blessings and positive aspects of one's life.

**Great White Lion Network** - The White Lion Tribe are the Guardians of the Great Central Sun who oversee and protect the universe and all of creation. The Great White Lion is the Mother race of the Blue Ray and a part of the threefold founder flame Aqua Blue Ray of Mother Arc. (Christos races)

**Grounded-** refers to a state of being centered and connected to the present moment and having a strong connection with the earth. It is often associated with feelings of stability, balance, and security and is considered an important quality for meditation and spiritual practice.

**Gossip-** refers to the act of speaking negatively or unkindly about someone else, which is part of the victim-victimizer software mind control strategy that is used to target the spiritual devotee as a form of control, manipulation, and distractions that keep one from true ascension.

**Guru-** is an outdated spiritual term that refers to a teacher or guide who provides knowledge, wisdom, and spiritual guidance to their students or disciples. The term is commonly used in the Hindu, Buddhist, and Sikh traditions and is seen as an important figure in the pursuit of spiritual growth and enlightenment. Gurus are part of the old Earth-based philosophy that keeps one from accessing one’s own connection to the Godhead. This patriarchal system is not part of the new earth consciousness. This Spiritual leader (or Guru-Wise One archetype) is working with Light forces and being manipulated by dark forces from the blind sight of mishandling their negative ego that promotes energetic parasitism between student and Guru.

**H**

**HAARP –** High-Frequency Active Auroral Research Program. Used by the controller to manipulate weather conditions.

**Hara Center -** is the center of the etheric or chi body, it is a ball of energy that directly connects to the earth. It is about an inch in diameter and is the gateway into the ocean of chi. It is located at the navel, about two inches inwards from the skin. It is the gateway into the etheric envelope surrounding the planet

**Hara Line –** is a silvery white vertical line that runs through the body.It is an energetic structure that runs through the body and connects to the earth's core. It's also known as the Line of Intention.

**Harmlessness -** is another way to say karmic-less, to act and behave fully present and mindful of all. A spiritual intelligence that is based on Love and balance.

**Healing-** is a spiritual concept that refers to the restoration and balance of the mind, body, and spirit. It is often associated with practices such as meditation, energy work, and prayer and is considered an important means of promoting health, well-being, and spiritual growth. That involves addressing the physical, emotional, mental, and spiritual aspects of an individual and is often used to address a wide range of conditions, including physical illness, emotional trauma, and spiritual disconnection.

**Heart-centered -** is a spiritual concept that refers to the idea of living and acting from a place of love, compassion, and empathy. It is often associated with the heart chakra, which is considered the center of love and compassion in the body. **Higher Self -** is a spiritual concept that refers to the aspect of the self that is connected to a higher level of consciousness and spiritual awareness. It is often associated with the idea of the soul or spirit and is considered a source of wisdom, intuition, and guidance. It can be seen as the divine aspect of the self and is believed to have a deep innerstanding of the individual's life purpose and spiritual path.

**Hieros Gamos -** is the total unification of the inner masculine and feminine with the Divine. It is also the sacred marriage between two unified human beings. This sacred unification takes place once a person has integrated both their masculine and feminine polarities as they become unified as the Christed child one with the Godhead.

**Higher Sensory Perception** refers to an individual who is awakened to their higher senses. These may come online when the person is initiated and accreting higher spiritual frequencies.

**Holding Space** - means to be fully present for another without judgment or criticism, to allow another person to speak and be in their truth while you are their compassionate witness in neutral zero point.

**Holistic-** a spiritual concept that refers to treating the mind, body, and spirit as a whole. It is often associated with alternative and complementary medicine and is considered an important means of promoting health, well-being, and spiritual growth. Holistic practices recognize that the physical, emotional, mental, and spiritual aspects of an individual are interdependent and that addressing all of these aspects is necessary for optimal health and wellness.

**Hologram –** Is a project of energy structures created either from artificial technology or our states of consciousness through our thoughts. It refers to the illusionary nature of our reality.

**Houses of Ego-** Refers to the lower egoic mind, thatis the consciousness and unconscious thoughts we have about ourselves and the world. There are 7 main layers/houses. Seven Houses of Egoare as follows:1.Addiction / Lust, 2. Wrath / Rage / Vengeance, 3. Greed / Avarice, 4. Envy / Jealousy, 5. Gluttony / Waste, 6. Laziness / Discouragement, 7. Pride / (+/-) Self-Importance

**Human Trafficking** - is the sale or barter of humans into slavery by other humans and non-humans.

**Humility-** is a spiritual concept that refers to the quality of being modest, humble, and unassuming. It involves recognizing and accepting one's own limitations and weaknesses and being open to learning and growth.

**Humanity-** refers to the quality of being human, including compassion, kindness, empathy, and a sense of responsibility for the welfare of others. It can also refer to the human race as a whole and the ways in which people work together to create a better world.

**I**

**Illumination-** is a spiritual concept that refers to the state of being enlightened or illuminated with divine knowledge or understanding. It involves the experience of a deep and profound spiritual awakening that leads to a heightened sense of awareness, understanding, and connection to the divine.

**Implants** are artificial technology and programs embedded in the light body that activate mind control, addiction programs, and other programs to manipulate the person. These AI mechanisms act like a tick or leech that burrows itself deeper into the lower areas of the astral body, mostly into the second chakra and into the Instinctual Response functions of the central nervous system.

**Indigo –** This is a term used to describe souls with the 6th-dimensional frequency band of consciousness-activated memory.These races were sent to the Earth as representatives for the Guardians that are here to support the planetary ascension. There are three current types of Indigo races here to support the awakening and evolution of Earth. Indigo 1, Indigo 2 & Indigo 3 with different contracts.

**Initiation-** refers to the process of being introduced or initiated into spiritual practices or teachings. It often involves receiving instruction, guidance, and empowerment from a spiritual teacher or guru. Initiation is seen as a way to deepen one's spiritual connection and advance on the path of spiritual growth. It can involve rituals, ceremonies, and other symbolic acts that mark the beginning of a new stage in a person's spiritual journey.

**Infinity-** refers to something that has no limit or end. It is often used in spiritual contexts to refer to a concept beyond human comprehension, such as the infinite nature of the universe or the divine. The idea of infinity can inspire awe and wonder and can lead individuals to contemplate the mysteries of life and existence.

**Integration –** Is a spiritual term to describe the process of becoming, cultivating, and expressing your soul's gifts through your physical body.  This happens when one receives a healing, activation, and initiation that requires the spiritual essence to be unified into our physical bodies, a.k.a. embodied connection to the wisdom of the lesson, healing, and initiation. **Intuition-** is a spiritual concept that refers to the ability to understand or know something without conscious reasoning or logical analysis. It is often described as a "gut feeling" or a sense of inner knowing that comes from a deeper level of awareness. In spirituality, intuition is seen as a means of accessing higher levels of consciousness and promoting spiritual growth and enlightenment.

**Insight-** is a spiritual concept that refers to the ability to perceive or understand the nature of something deeply and profoundly. It often involves a sudden or intuitive understanding of a problem or situation that leads to a new perspective or realization. In spirituality, insight is seen as a means of accessing higher levels of consciousness and promoting spiritual growth and enlightenment.

**Inner Christos –** Refers to aperson that is fully activated and awakened to the angelic 12-Strand DNA or higher. It is the personal divine blueprint of the eternal God Source consciousness energy from which all things are manifest and made into being.

**Inner Peace-** is a spiritual concept that refers to a state of being that is characterized by a deep sense of calm, tranquility, and contentment. It involves being in harmony with oneself and the world around us and experiencing a sense of inner stillness and clarity.

**Inorganic**- refers to unnatural material or energy that exists as an artificial structure to replicate or generate energies discordant with the Natural Laws.

**Insert –** In the spiritual content refers to a memory being programmed upon our consciousness.

**J**

**Jesus Christ –** The avatar being, whose real name is *Yeshua Ben Joseph*, is a Sirian Blue Human from the future that came to change the 3rd-dimensional timelines. He has brought back the original true teaching of the Essenes, the Law of One, and Ascension Mechanics knowledge and its consciousness technology back to planet Earth along with his sacred marriage to his genetic equal Wife, Mary Magdalene Sophia. His image, personal history, and teachings are one of the most hotly contested topics in religious study. The invading races (anti-Christ) have falsified his and Magdalene’s persona through untold amounts of misinformation and holographic inserts to confuse humanity about the true teachings of The Law of One.

**Joy-** is a spiritual concept that refers to a state of being that is characterized by a deep sense of happiness, contentment, and fulfillment. It involves experiencing a sense of inner peace, gratitude, and connection to something greater than oneself

**Karma-** is a spiritual concept that refers to the universal law of cause and effect. It is believed that every action or thought produces corresponding effects in the present and future, creating a cycle of cause and effect.

**Kundalini-** is a spiritual concept that refers to the latent energy or power that lies dormant at the base of the spine. It can be awakened and guided through the seven chakras, or energy centers, of the body to promote spiritual development and enlightenment.

**Kindness-** is a quality of compassion and benevolence that involves treating others with care, concern, and consideration. It is an expression of empathy and understanding that seeks to alleviate the suffering of others and promote their well-being. Acts of kindness can take many forms, such as lending a listening ear, offering assistance, or simply expressing gratitude and appreciation.

**Knowledge -** refers to information, understanding, or awareness acquired through learning, experience, or study. It encompasses a wide range of subjects, including science, history, philosophy, spirituality, and more. Knowledge is often considered to be a valuable and essential component of personal and societal growth, as it provides individuals with the tools and insights necessary to make informed decisions, solve problems, and navigate the complexities of life.

**Law of Intent** - is essentially to create through what we think or intend, depending on what vibrational frequency or thought patterns we are aligned to or allow ourselves to be manipulated by.

**Law of Attraction-** is a metaphysical concept that suggests that like attracts like, and that our thoughts and beliefs have the power to create our reality. It is often associated with the idea of being able to manifest our desires and goals by focusing our attention and energy on them, and by aligning our thoughts, emotions, and actions with our intentions. According to this concept, everything in the universe is made up of energy, including our thoughts and feelings, and by harnessing the power of this energy, we can bring about positive change in our lives.

**Law of One –** is the original templates and teachings of the unified consciousness fields of Christ consciousness. Itis the comprehension that all things are made of intelligent energy and are a part of all one. The Law of One contains the Sacred Sciences which explain the mechanics and codes that comprise the Natural Laws that govern the Universal Creation.

**Law of Polarity-** is the law that states that everything in the universe has an opposite, meaning that every concept, idea, or phenomenon has a corresponding opposite, like light and dark, essentially highlighting the duality of existence where opposing forces are interconnected and inseparable. Two sides of polarity exist within everything.

**Ley Lines -** are the energy lines, axiatonal lines, or grid lines (like blood vessels) that carry and transmit powerful magnetic fields and frequencies throughout the planet.  **Liberation-** in a spiritual context, refers to the state of being free from suffering and the cycle of birth and death. It is often associated with the concept of enlightenment, or the realization of one's true nature and the ultimate reality of the universe.

**Light-** is a form of energy that allows us to see and perceive the world around us. It is electromagnetic radiation that travels in straight lines and can be perceived through the eyes. Spiritually it is seen as a symbol of enlightenment, clarity, and truth. It is also associated with goodness, purity, and divinity.

**Lightbody -** is the human energy field body or Energy body (aura) that projects our consciousness through our projected hologram.  It is comprised of many interwoven layers of light and sound waves.It contains our consciousness records and identities from all time, our Divine architecture and Blueprint, and maintains our direct connection and communication with our higher self, the Godhead or Source.

**Loosh –** is a spiritual term meaning the energy that is produced by human beings and animals when they feel threatened. It then is used as food or fuel, which entities use to feed from.   
**Love-** is a powerful emotion that is often described as an intense feeling of deep affection, care, and concern for someone or something. It is a fundamental aspect of human experience that is central to our relationships, connections, and sense of well-being.

**Luminosity -** is a term often used in spiritual contexts to refer to a state of inner radiance, clarity, and awareness. It is associated with the idea of spiritual awakening or enlightenment and is often seen as a manifestation of one's true nature or higher self. Luminosity can be thought of as a metaphorical "light" that shines from within, illuminating the mind and soul and bringing about a deeper understanding of oneself and the world.

**M**

**Manifestation -** refers to the process of bringing something into reality or existence by using thoughts, feelings, beliefs, and actions. It is often associated with the Law of Attraction, which suggests that our thoughts and emotions can influence the events and circumstances that we experience in our lives.

**Magdalene-** Mary Magdalene is the Sovereign Bride of Christ and the Mother God Divine Feminine Counterpart essence of the Rod of God principle. She carried on the teaching of Christ’s consciousness. She is known as the mother of all mothers. Her true story was wiped from our history books, and her teachings were kept hidden. She is a Blue Feminine Sirian Star Templar, High Priestess, as an embodiment of the sacred feminine, LOVE, and wisdom. Gnostic text acknowledges her role in rebalancing the soul’s union with the divine. She was Yeshua’s equal and partner assisting in the Ascension of Planet Earth at this time.  **Mantra -** Is a sacred sound, word, or phrase that is repeated or chanted in a specific pattern or rhythm. Mantras are often used in meditation, prayer, or spiritual practice to help focus the mind and connect with higher states of consciousness. They can be simple or complex and are often associated with particular deities or spiritual traditions.

**Meditation -** This is a practice that involves training the mind to achieve a state of calmness and relaxation, often to achieve greater awareness, clarity, and inner peace. It is a powerful tool for self-actualization, discovery, personal growth, and accessing the divine and connection to our highest expression. It is the skill of focusing 100% of your energy and attention on one specific area in the present moment.

**Medulla Oblongata -** is at the base of the brain stem that acts as the energy receiver of cosmic energy. This area esoterically has been called the Golden Chalice, or the "Mouth of God," for it is the Occipital Cup that holds the Cosmic Intelligence or Wisdom.

**Metaphysics -** is a branch of philosophy concerned with the nature of reality and the fundamental principles underlying the universe. It explores questions about existence, being, time, space, causality, and other foundational concepts that underpin our understanding of the world.

**Miasma -** is a psycho-spiritual term to describe any dense energetic block or energies created by trauma, abuse, fear-based belief systems, and soul fragmentation.

**Mindfulness -** is the practice of bringing one's attention and awareness to the present moment, without judgment or distraction. It involves being fully engaged in the present experience, whether it be thoughts, emotions, or physical sensations, with a sense of openness and curiosity.

**Mind Control –** This is a technology used to shape value systems that are used to control the masses to enslave themselves on planet Earth. These Mind control technologies are weapons that use electronic microchip implants, nanotechnologies, microwaves, and/or electromagnetic waves via EMF to subvert an individual’s sense of control over their own thinking, behavior, emotions, or decision-making by attacking the brain and nervous system that impacts and manipulates human consciousness. **Miraculous-** is often used in the context of spirituality and religion to describe events or phenomena that cannot be explained by natural or scientific laws. In some belief systems, miracles are attributed to the intervention of divine or supernatural forces. In meditation and spiritual practices, the experience of profound inner transformation or enlightenment is sometimes described as a miraculous occurrence.

**Monad –** This is best described as the spiritual body’s divine aspects, the multi-dimensional bodies. The Monad can be referred to as a family of consciousness that contains extensions that exist simultaneously in other dimensional timelines. A person has a total of 144 monadic or oversoul extensions.

**Multidimensionality-** Is the expression of our Spiritual Bodies, Consciousness, and Energetic Bodies. Multidimensionality has its origins in ancient spiritual and mystical practices, which suggested the presence of multiple dimensions or planes of existence beyond our everyday physical reality. It is the consciousness of our entire livestreams and beyond.  **Mysticism -** refers to the direct experience of the divine or spiritual reality, often through a state of altered consciousness or ecstatic experience. It is a broad term that encompasses many different spiritual practices and beliefs, ranging from traditional religious practices to more esoteric or mystical paths.

**N**

**Namaste -** is a Sanskrit word that is commonly used as a greeting anda parting phrase and is a way of expressing gratitude and appreciation for the connection shared with another person. It is considered a way of recognizing the oneness and interconnectedness of all beings. This gesture is a sign of respect and acknowledgment of the divine within oneself and the other person.

**Narcissism**- describes a person who acts to gain value for self-serving behavior, motivations the pursuit of gratification, vanity, and egotistic admiration derived from arrogant pride. This is a lower ego consciousness pattern.

**Nature -** refers to the natural world and all the living and non-living things that exist within it. In spirituality, nature is often seen as a source of inspiration, beauty, and wisdom.

**Natural Order –** is used to refer to the way things are arranged in nature without human intervention. It can also refer to the moral source of natural law.In the spiritual context, it represents the true unity consciousness, in alignment with GOD, Source Law of creation, base 12 mechanics, organic creation, and the divine blueprint.  **Negative Ego –** can be described as a state of being, acting from lower consciousness patterns and programming, often these patterns are the cause of unhappiness and misery. It can be characterized by feelings of inferiority, a need for constant approval, and a tendency to criticize others.

**Negative Form –** is a spiritual term to describe a form of karma or miasma within the bodies (Lightbody) it can manifest as a series of artificial or dead holographic images to recreate shadow aspects and selves.  **Non-interference -** refers to the practice of not intervening in the affairs of others without their consent or unless it is necessary to prevent harm. In spirituality, non-interference is often associated with Spiritual sovereignty, the concept of allowing others to follow their own path and make their own decisions, without imposing our will, control, or manipulate them.  **No Expectations -** refers to the idea of living without any attachment to the outcomes of one's actions. The act of surrendering to Divine Will, which means doing things for the sake of doing them, without any expectation of a particular result or reward.  **No Judgements -** refers to a state of being open-minded and accepting towards oneself and others, without criticizing or evaluating them based on preconceived notions or prejudices. It involves cultivating compassion, empathy, and understanding, and avoiding making hasty assumptions or jumping to conclusions.

**Nothingness -** The concept of nothingness refers to the absence or lack of anything. In spirituality, it can be understood as a state of emptiness or void, often sought through practices like meditation. It is seen as a state of being beyond the material world, where the mind and the ego are quieted, and one experiences a sense of oneness with the universe. The idea of nothingness can also be found in philosophical and scientific discussions about the nature of reality and the universe.

**Now Moment –** is a spiritual term used to describe mindfulness, zero point, and neutrality. This is your point of liberation from all controlling structures, energies, and entities, and your source of infinite Peace, Balance, and Love.

**Nomadic-** Refers to someone who lives by traveling from place to place. Spiritually, a nomad is someone who is focused on spirituality and the meaning of life and who uses travel as a source of inspiration. They may also seek to understand the world and themselves and share their insights with others. A spiritual nomad generally feels deeply and seeks some sort of deeper solace or purpose to existence.

**Nondualism -** is a spiritual concept that asserts the unity of all things and the absence of any fundamental separation between them. It suggests that there is no real distinction between the self and the universe and that there is only one unified reality.

**Nurturing -** refers to the act of providing care, support, and encouragement to promote growth, development, and well-being. In the context of spirituality, nurturing can refer to the cultivation of positive qualities such as love, compassion, and gratitude.

**O**

**Offering -** In spirituality refers to the act of giving something willingly to someone without any expectation of receiving anything in return and sometimes can be a form of service, a form of prayer, a donation, or even performing a simple act of kindness. It is also a way to express gratitude, devotion, and respect towards a higher power or others.

**Om -** is a sacred sound and spiritual icon in Indian religions, representing the essence of the universe and ultimate reality. It is a Sanskrit syllable, often chanted during meditation, believed to have a profound effect on the practitioner's body, mind, and spirit. The sound of "Om" is said to create a vibration that connects one's consciousness with the universal consciousness, providing a sense of unity and oneness with the world around us.  **Omnipresence-** refers to the belief that God, the divine, or a higher power is always present everywhere. It is the idea that this power is not limited by physical boundaries or limitations, and that is felt in all things.  **Oneness -** is a spiritual concept that refers to the idea that everything in the universe is interconnected and part of a single divine consciousness. It suggests that there is no separation between individuals, nature, and the universe.  **Openness -** refers to the state of being open and receptive to new ideas, experiences, and perspectives. It involves an attitude of non-judgment and acceptance, allowing oneself to be vulnerable and receptive to the world around us. In spiritual contexts, openness is often associated with the willingness to explore and connect with the divine or higher power and to be receptive to the guidance and wisdom that comes from within and beyond oneself.

**Organic –** is natural energy and is defined as the balance of forces that exist in harmony with nature, in harmony with the cycles of the Universal Natural Laws.

**P**

**Parasites -** are a byproduct of alien implants and organisms that live on or inside other organisms, called hosts, and take food and shelter in another. These can be transmitted through food, water, animals, or insects. Energetic parasites are a result of energy blockages within the light body and often weaken the host.

**Permanent Seed Atom –** is a spiritual term to describe that which contains our Divine Christos Blueprint. It is the blood record that is located at the Thymus Gland, which is the higher heart area/center. The divine blueprint transmits the codes and signals that act as instructions set within the DNA to awaken and activate.

**Phantom Matrix -** is often depicted as a lower-dimensional distorted reality, our 3D false reality holographic matrix that entraps consciousness within lower-dimensional constructs, hindering spiritual ascension and perpetuating cycles of entropy.

**Pineal Gland -** Is a small endocrine gland located in the brain near the pituitary gland, and the hypothalamus that resembles a tiny pinecone called the "third eye" because of its location in the brain and its connection to light. It's also associated with spirituality in many traditions. Every human being’s Pineal Gland or third eye can be activated, which enables the person to perceive beyond the physical dimension, it is the connection between the physical and spiritual world.

**Pituitary Gland** - is an endocrine gland about the size of a pea and weighing 0.5 grams in humans. It is a protrusion off the bottom of the hypothalamus at the base of the brain and rests in a small, bony cavity. The pituitary domain is the entire endocrine system and the overall production of hormones throughout the body. It accomplishes all of this with the coordinating assistance of the Hypothalamus. For this reason, it has earned the distinguished title of the “Master Gland” or “Mother Gland.” The Pituitary encompasses both masculine and feminine functions. Comprised of two lobes, anterior and posterior, this gland is suspended by a stalk attached to the Hypothalamus at the base of the brain, from which it receives decision-making commands regarding its own hormonal secretions.

**Planetary Gates** - are the Earth’s connection points, also known as portals, that act as direct hubs of communication to the Galactic and Universal Stargate Systems. Planet Earth has a Krystal Body anatomy that holds many energetic constructs, which form into chakras, axiatonal lines, ley lines, and energy vortices that make up the many layers of the entire Planetary Auric Body.

**Possession –** Is a term used to describe a person who may have displaced entities, negative alien implants, demonic entities, displaced entities, elemental forces, and disincarnate souls embedded in their energy field, light body, and mental bodies to control the free will of another being.

**Prayer -** is a spiritual practice that involves communication with a higher power or divine being. It can take many forms, including spoken or written words, thoughts, or feelings. Prayer is often used to express gratitude, seek guidance or support, and ask for forgiveness or healing. It can be done individually or in a group setting and is a common practice across many different religions and spiritual traditions.  **Presence -** refers to the state of being fully present and engaged in the present moment, without any distractions or preoccupations. It involves bringing awareness to one's thoughts, feelings, and physical sensations.

**Priestess** - a spiritual leader who connects people to the divine through wisdom and healing. Priestesses are often seen as channels for spiritual guidance and oracular sight.

**Prana** is a Sanskrit term meaning "life force energy." In yoga and meditation practices, prana refers to the vital energy that animates all living things.

**Purification -** is the process of removing impurities or unwanted substances, both physically and mentally. In spiritual contexts, purification refers to the removal of negative energies, emotions, and thoughts that hinder spiritual growth.  **Psychic -** refers to the abilities, practices, or phenomena that involve extrasensory perception (ESP), telepathy, clairvoyance, precognition, or psychokinesis. A person who uses them to perceive information or events beyond the reach of the normal senses.

**Psychic Attack –** This is a spiritual term to describe any energetic intrusion on your personal field/space/aura. It is an intentional or unintentional manipulation of psychic energy to harm a person's energy field or aura. It can be caused by negative thoughts, envy, jealousy, or malevolent spiritual entities.

**Power of Thought -** refers to the human mind’s ability to manifest physical, emotional, and spiritual outcomes based on one's conscious and unconscious thoughts.

**Q**

**Qi -** (also known as chi or ki) is a concept in Chinese philosophy that refers to the life energy or vital force that flows through all living things. It is believed to be responsible for maintaining health and wellness in the body, and various practices such as tai chi, qigong, and acupuncture are used to balance and enhance the flow of qi. It is also believed to be connected to the natural world and the environment and can be influenced by external factors such as weather, food, and emotions. **Quietude -** refers to a state of calmness and tranquility.

**Quantum -** In the context of spirituality, the term is often used to describe the idea that consciousness and reality are interconnected and can be understood through a non-dualistic, holistic perspective. Quantum spirituality suggests that we can access higher states of consciousness and tap into the infinite potential of the universe by aligning our thoughts, emotions, and actions with positive intentions and vibrations. **Quest -** refers to the search or pursuit for something, typically an understanding or insight into a spiritual or philosophical matter. It is often undertaken with great determination, dedication, and commitment. It is an exploration of the unknown and a desire to discover something new or deeper about oneself and the world.

**Quiescence -** refers to a state of stillness, calmness, and tranquility. In spiritual contexts, it is often associated with inner peace and deep relaxation. In this state, the mind is quiet and free from mental chatter, allowing one to connect with the present moment and experience a sense of harmony and balance.

**R**

**Rapture -** refers to a state of intense joy, happiness, and ecstasy experienced by spiritual seekers during their spiritual practices, such as meditation or prayer. It is a state that is characterized by an overwhelming feeling of bliss and a deep sense of interconnectedness with the universe.

**Reiki –** Is an energy healing system first founded inJapan as a technique for stress reduction and relaxation that also promotes healing. It is based on the idea that an unseen "life force energy" flows through us and is what causes us to be alive. A Reiki session involves the practitioner placing their hands on or near the client's body to channel this healing energy. **Reflection -** refers to the process of thinking about and analyzing one's own thoughts and actions, often with the intention of gaining insight or understanding.

**Reverence –** This means a deep respect for someone or something. It recognizes and honors the presence of the sacred in everything — our bodies, other people, animals, plants, rocks, the earth, and the waters.  **Ritual** - refers to a series of symbolic actions or gestures that are often prescribed to mark important life events or transitions, connect with the divine or higher power, cultivate inner peace, or create a sense of community and belonging.  **Root Races –**Refers to the races that were seeded on Earth through the evolutionary time cycles. There have been 5 different root races prior to this evolutionary cycle.

**S**

**Service to Others –**In the spiritual context, it means the comprehension that all things are a part of the All-One, all interconnected thus, we act accordingly and make decisions based upon this awareness that every action has a consequence to ourselves and others. It is the cultivation of Unity Consciousness and reverence for all life.

**Service to Self –** Refers to someone prioritizing one's own needs and desires above others, often implying a focus on personal gain and advancement, potentially at the expense of others; essentially, putting oneself first and acting in a way that primarily benefits oneself, rather than contributing to the well-being of others. Selfish, lack of empathy, and detachment.

**Serenity -** refers to a state of calmness and peace, where the mind is free from agitation and disturbance.  **Self-realization -** is the process of recognizing and innerstanding one's true self, beyond the ego and the limitations of the physical body.  **Sexual Misery –** is a program that is designed to intentionally reverse, distort, manipulate, and abuse sexual energies within the human populations that keep them bonded in abuse, addictions, and sexually deviant behaviors. **Sincerity-** refers to the quality of being honest, genuine, and truthful in one's thoughts, words, and actions. It is the state of being authentic, without any pretense or ulterior motives.

**Sirians -** Are a galactic race that are the original builders of planetary architecture. They are part of the Guardian Host overseeing the Ascension of the Earth.

**Silence -** is a state of being in which external and internal sounds are minimized, and the mind is free of thoughts and distractions.

**Soul -** is the essence of a person's being, the spiritual and immortal part of the individual. It is often considered the source of one's consciousness, personality, and individuality. The soul is often associated with the divine or the transcendent and is believed to be the connection between the individual and the ultimate reality or source of all existence.  
**Soul Fragmentation –** is a term to describe energetic auric fractures within a person’s light body (soul) that occur from abuse, trauma, drug use, and mental and emotional imbalance causing soul splintering and fragmentation. (separation)

**Soul purpose** - is the reason why a person is here on Earth. It is the reason for their existence, the thing that gives them a sense of direction and meaning in life.

**Spirit-** is a term that refers to the non-physical essence (energy) of a person, animal, or object. In spiritual traditions, the term is also used to describe the divine or transcendent reality that is believed to underlie all existence.  **Spirituality –** often refers to the search for meaning, purpose, and connection with something greater than oneself. Spirituality means knowing that our lives have significance in a context beyond a mundane everyday existence at the level of biological needs that drive selfishness and aggression. It means knowing that we are a significant part of a purposeful unfolding of Life in our universe.

**Spiritual Awakening –** is an initiation process that occurs when the soul is ready to remember their divine aspects, which often involves an expanded state of consciousness and a deeper level of mental awareness that leads to an innerstanding of their place in the universe, a heightened sense of connection to others and nature.

**Spiritual Housekeeping-** Refers to energetic clearing techniques to keep one energetic self (light body) fully grounded, protected, clear, and safe.

**Spiritual Maturity – refers to the** development of one’s spiritual nature. This includes discipline, discernment, devotion, and the determination to know the inner self (or God’s Self) in combination with the emotional capacity to reclaim one’s spiritual autonomy.

**Spiritual Sovereignty –** Refers to a term by which one reclaims their mind, body, and soul out of the 3D matrix by contracting out of the blood bonds and contracts that have been unknowingly placed on their soul.  **Spiritual Warrior-** is someone who actively engages in the ongoing battle to align their thoughts, words, and actions with their highest spiritual ideals. They courageously face their inner demons and work to transform negative qualities such as fear, anger, and ego into positive qualities like love, compassion, and humility.

**Stargates** are the Planetary Chakra system energy centers that act as hubs transmitting cosmic universal commands and energies throughout the earth’s ley lines. They are the main hubs of telecommunication centers.  **Surrender -** is a spiritual concept that involves letting go of control and allowing life to unfold as it is meant to be. It is a practice of trust, faith, and humility, that requires an individual to release attachment to outcomes and connect with a deep knowing.

**T**

**Thoughts -** refer to the mental processes that occur in a person's mind, including perceptions, sensations, memories, beliefs, and emotions. These can be conscious or unconscious, and they shape a person's behaviors and actions. The way a person thinks and interprets situations can significantly impact their mental health and overall well-being.

**Transcendence -** refers to a state of being that goes beyond the physical and material world.

**Transhumanism –** is an intentional mind-controlling international, cultural, and intellectual program a.i., that has been designed to transform the human condition.

**Trauma -** These are deep, energetic wounds held within our bodies' layers. Whether these are past experiences, memories, or emotional and childhood incidents.  **Truth -** refers to the state or quality of being in accordance with facts, reality, or reason. In a spiritual context, refers to the divine or universal truth that underlies all of creation and transcends individual perspectives and beliefs.  **U**

**Unity -** is a spiritual term that refers to the state of being united, connected, and whole. It is the realization that everything in the universe is interconnected and interdependent and that we are all part of a larger whole.

**Universe-** refers to everything that exists, including all matter and energy, galaxies, stars, planets, and all forms of life. In spiritual contexts, the universe can also refer to a divine or cosmic consciousness that underlies all of existence.  **Unconditional love -** Is free from limitations, judgments, and expectations. It is a love that is given without any strings attached, and it accepts the recipient for who they are without any conditions.  **Understand -** (Innerstanding) - is the ability to comprehend or grasp the meaning of something through the heart. It involves a process of inner knowing and wisdom.

**Unity consciousness -** is a term used to be One with God.

**V**

**Vibration -** refers to the energetic frequency of an object, substance, or entity. In spiritual practices, it is believed that everything in the universe, including human beings, has a unique vibration that determines their physical, emotional, and spiritual state.

**Victim-Victimizer** – Is a mind-controlling program akin to software that perpetuates extreme polarity consciousness within the human population. You and against them, separation consciousness.

**Virtue -** refers to the quality of being morally good or behaving in a way that is considered right and honorable. It encompasses values such as honesty, compassion, courage, and self-discipline, among others.  **Vision -** can refer to the ability to see or perceive things with the eyes, but in a spiritual context, it can also refer to a deeper insight or innerrstanding of one's life purpose or the nature of reality.

**W**

**Wisdom -** refers to a deep innerstanding of the nature of things and the ability to make good judgments and decisions based on this understanding. It also involves both knowledge and experience often gained after one experiences a challenge and the complexities of life, leading to greater clarity, insight, and inner peace. **Wholeness -** refers to a state of being complete, integrated, and unified. A sense of harmony and balance within oneself and with the world around us. In a spiritual context, wholeness often involves the integration of body, mind, and spirit, as well as a sense of connection to a greater universal consciousness.  **Willpower -** is the ability to control one's own actions and decisions, especially when it comes to challenging situations. It involves setting goals, making plans, following through, mental strength, and self-discipline despite obstacles or distractions.

**Y**

**Yearning -** refers to a strong feeling of longing or desire for something. In spirituality, it often relates to a desire for a deeper connection with the divine or a sense of purpose in life.

**Z**

**Zero Point -** also called Zero Point Field - refers to the connection with all, all-encompassing, unification with mother-father god, complete inner knowing. Divine Faith, Trust, LOVE, and absolute stillness. “Wholeness”