

Executive Skills Questionnaire for Children  
Preschool/Kindergarten Version

Read each item below and rate that item based on how well it describes our child. Then add the scores in each section. Find the three highest and three lowest scores.

|               |   |
|---------------|---|
| Almost Always | 4 |
| Often         | 3 |
| Sometimes     | 2 |
| Never         | 1 |

|  |  |
|--|--|
| 1. Acts appropriately in some situations where danger is obvious (e.g., avoiding hot stove)            |  |
| 2. Can share toys without grabbing   |  |
| 3. Can wait for a short period of time when instructed by an adult.                                    |  |
| Total Score  |  |
| 4. Runs simple errands (e.g., gets shoes from bedroom when asked).                                     |  |
| 5. Remembers instructions just given.  |  |
| 6. Follows two steps of a routine with only one prompt per step.                                       |  |
| Total Score  |  |
| 7. Can recover fairly quickly from a disappointment or change in plans.                                |  |
| 8. Is able to use nonphysical solutions when another child takes toys away.                            |  |
| 9. Can play a group without becoming overly excited.   |  |
| Total Score  |  |
| 10. Can complete a 5-minute chore (may need supervision).  |  |
| 11. Can sit through preschool "circle time" (15-20 min).   |  |
| 12. Can listen to one to two stories at a sitting.   |  |
| Total Score  |  |
| 13. Will follow an adult directive right after it is given.  |  |
| 14. Will stop playing to follow an adult instruction when directed.                                    |  |
| 15. Is able to start getting ready for bed at set time with one reminder.                              |  |
| Total Score  |  |
| 16. Can finish one task or activity before beginning another.  |  |
| 17. Is able to follow a brief routine or plan developed by someone else (with model or demonstration). |  |
| 18. Can complete a simple at project with more than one step.  |  |
| Total Score  |  |
| 19. Hangs up coat in appropriate place (may need one reminder).  |  |
| 20. Puts toys in proper locations (with reminders).  |  |
| 21. Clears off place setting after eating (may need one reminder).                                     |  |
| Total Score  |  |

|   |  |
|---|--|
| 22. Can complete daily routines without dawdling (with some cues/reminders).              |  |
| 23. Can speed up and finish something more quickly when given a reason to do so.          |  |
| 24. Can finish a small chore within time limits (e.g., make bed before turning on TV).    |  |
| Total Score   |  |
| 25. Will direct other children in play or pretend play activities.                        |  |
| 26. Will seek assistance in conflict resolution for a desired item.                       |  |
| 27. Will try more than one solution to get to a simple goal.                              |  |
| Total Score   |  |
| 28. Is able to adjust to change in plans or routines (may need warning).                  |  |
| 29. Recovers quickly from minor disappointments.  |  |
| 30. Is willing to share toys with others.   |  |
| Total Score   |  |
| 31. Can make minor adjustment in construction project or puzzle when first attempt fails. |  |
| 32. Can find novel, but simple, use of a tool to solve a problem.                         |  |
| 33. Makes suggestions to another child for how to fix something.                          |  |
| Total Score   |  |

| Key   |                           |       |                         |
|-------|---------------------------|-------|-------------------------|
| Items | Executive Skill           | Items | Executive Skills        |
| 1-3   | Response Inhibition       | 4-6   | Working Memory          |
| 7-9   | Emotional control         | 10-12 | Sustained attention     |
| 13-15 | Task initiations          | 16-18 | Planning/prioritization |
| 19-21 | Organization              | 22-24 | Time management         |
| 25-27 | Goal-directed persistence | 28-30 | Flexibility             |
| 31-33 | Metacognition             |       |                         |

*Adapted from Smart but Scattered by Peg Dawson and Richard Guare. Copyright 2009 by The Guilford Press.*