1. Which of the following information is contained in the Navy Goal Card?
   1. Navy Core Values
   2. Rating and advancement career information for each new recruit
   3. The Sailor’s Creed
   4. All of the above

2. In fleet and shore stations, who is responsible for maintaining the two-page Goal Card?
   1. First term Sailors
   2. Second term Sailors
   3. Newly recruited Sailors

3. Which of the following goal-setting areas is included in the Pocket Goal Card?
   1. Navy core values and recruit training goals
   2. The Sailor’s Creed and personal priorities
   3. DEP goals and fleet goals
   4. All of the above

4. Which of the following is a purpose of the Professional Development Board?
   1. To advise Sailors on the necessity of completing PQS
   2. To give Sailors a chance for greater responsibility
   3. Both 1 and 2 above

5. Which of the following personnel make up the Professional Development Board?
   1. Command master chief
   2. Command career counselor
   3. Educational service officer
   4. All of the above

6. What is the objective of the enlisted advancement system?
   1. To keep Sailors from stagnating
   2. To provide qualified petty officers to operate the Navy’s ships, squadrons, and shore stations
   3. To train Sailors for fleet commands
   4. To provide equal opportunity to lower enlisted

7. The enlisted rating structure provides paths of advancement for personnel in paygrades E-1 through what maximum paygrade?
   1. E-9
   2. E-7
   3. E-6
   4. E-4

8. Which of the following is an apprenticeship designation?
   1. AT
   2. EM
   3. FN
   4. MM

9. Ratings are divided into how many categories?
   1. One
   2. Two
   3. Three
   4. Four

10. What is a general rating?
    1. An identification of special skills not related to any occupational field
    2. An identification of general skills within a broad occupational field
    3. An occupational field having different qualifications and duties
    4. A broad occupational field requiring the same general qualifications and includes similar duties

11. Which of the following statements defines a designated striker?
    1. Any Sailor in paygrade E-1 through E-3
    2. A Sailor in paygrade E-1 through E-3 who is technically qualified for a specific rating
    3. A Sailor who wants to become qualified for a specific rating
    4. Each of the above
12. What is the difference, if any, between naval standards and occupational standards?
   1. Naval standards only affect paygrades E-1 through E-3, while occupational standards affect all paygrades.
   2. Naval standards are the technical standards for a particular paygrade, and occupational standards are the military requirements for a particular paygrade.
   3. Naval standards are the military requirements for a particular paygrade, and occupational standards are technical standards for a particular paygrade.
   4. None

13. To be eligible for advancement to E-2 or E-3, you must meet which of the following requirements?
   1. Have a certain time in rate
   2. Be recommended by your CO
   3. Complete Basic Military Requirements, NAVEDTRA 12018
   4. All of the above

14. What is the purpose for the Bibliography for Advancement-in-Rate?
   1. To train Sailors for advancement
   2. To help Sailors study for advancement-in-rate exams
   3. To show what publications are current
   4. To give answers to the tests

15. For you to become eligible for advancement, what person must recommend you?
   1. CO
   2. XO
   3. Division officer
   4. Division LCPO

16. You are an E-2 and are eligible for advancement. What person advances you?
   1. Secretary of the Navy
   2. Chief of Naval Personnel
   3. Commanding officer
   4. Executive officer

17. What factor limits the number of Sailors who can be advanced to petty officer?
   1. The number of vacancies that exist on board the ship
   2. The number of vacancies that exist in each rate and rating
   3. The ability of the Sailors to pass the advancement exam
   4. Each of the above

18. Which of the following are categories of the final multiple that determines which personnel are promoted to paygrades E-4 through E-6?
   1. Merit rating
   2. Personnel testing
   3. Experience
   4. All of the above

19. Which of the following factors are considered in the final multiple computation?
   1. Performance mark average and examination score
   2. Length of service and service in paygrade
   3. Awards and PNA credit
   4. All of the above

20. In the Navy, there are how many types of duty?
   1. One
   2. Two
   3. Three
   4. Four

21. Which of the following statements describes sea duty?
   1. Duty performed in commissioned vessels or activities home ported/home based in CONUS that operate away from the home port/home base in excess of 150 days per year
   2. Duty performed in overseas land-based activities that are credited as sea duty for rotational purposes
   3. Duty in activities normally designated as shore duty but that require members to be absent 100 to 150 days year
22. What form should you submit to indicate your duty preference?
   1. Special request
   2. Personnel requisition
   3. NAVPERS 1306/63
   4. NAVPERS 1170

23. You have just arrived at your first duty station. You should submit a duty preference form after what period of time?
   1. 1 month
   2. 3 months
   3. 6 months
   4. 12 months

24. What is the most significant personnel management tool in your service record?
   1. List of Navy schools
   2. The Evaluation Report and Counseling Record
   3. The Enlisted Duty Preference Form
   4. Commands attached

25. Which of the following is the main purpose of the Evaluation Report and Counseling Record?
   1. For continuation of service
   2. For assignment to special duties
   3. For BUPERS to use when making advancement-in-rate assignment decisions
   4. All of the above

26. What is meant if you are assigned a 3.0 on an evaluation?
   1. Your performance exceeds standards
   2. Your performance is above standard
   3. Your performance meets standards
   4. Your performance is progressing

27. How many traits are evaluated on the Evaluation Report and Counseling Record?
   1. Three
   2. Five
   3. Seven
   4. Nine

28. An evaluation for which of the following traits is NOT required for paygrades E-1 through E-3?
   1. Leadership
   2. Teamwork
   3. Personal job accomplishment
   4. Military bearing

29. At what interval are Evaluation Report and Counseling Records for E-3 and below submitted?
   1. Yearly only
   2. Yearly and when transferred
   3. Biyearly only
   4. Biyearly and when transferred

30. Once you have signed your Evaluation Report and Counseling Record, it is sent to what agency?
   1. CINCPAC/LANT FLT
   2. CINC
   3. BUPERS
   4. CNO

31. How many different forms are contained in the Enlisted Service Record?
   1. 7
   2. 9
   3. 13
   4. 15

32. Which of the following data is contained in Page 2 of your Enlisted Service Record?
   1. An application for dependency allowances
   2. An up-to-date record of emergency data
   3. Both 1 and 2 above
   4. Your civilian education

33. What page of your Enlisted Service Record contains information on your occupational training and awards you’ve received?
   1. Page 1
   2. Page 2
   3. Page 4

34. Where would you find information about your civilian education before you entered the Navy?
   1. Page 1
   2. Page 2
   3. Page 4

35. What type of documents require the CO’s signature?
   1. Those that establish policy
   2. Those that deal with aspects of military justice
   3. Those required by law
   4. Each of the above
36. Which of the following is/are objective(s) of the 3-M Systems?
   1. To maintain equipment at maximum operating efficiency
   2. To reduce equipment downtime
   3. To reduce cost of maintenance in money and man-hours
   4. Each of the above

37. Which of the following is a requirement for qualifying for a particular watch station?
   1. Completing a PQS
   2. Completing a PAR
   3. Passing an advancement-in-rate exam
   4. Each of the above

38. What section of the PQS standards deals with the major working parts of an installation?
   1. Fundamentals
   2. Systems
   3. Watch Stations

39. What person/office is your point of contact for all the Navy’s training and education programs?
   1. LCPO
   2. ESO
   3. XO
   4. CO

40. What type of training do you receive during daily operation and maintenance situations?
   1. OJT
   2. GMT
   3. NMT
   4. “A” school

41. What training is an important part of the Navy’s leadership continuum?
   1. OJT
   2. GMT
   3. “A” school
   4. “C” school

42. What Navy school provides you with advanced skills and knowledge for a particular job or billet?
   1. Class “A” school
   2. Class “C” school
   3. Class “F” school
   4. Class “R” school

43. What publication contains the list of current training manuals?
   1. Naval Occupational Standards List
   2. Catalog of Nonresident Training Courses, NAVEDTRA 12061
   3. Military Rate Training Guide

44. What activity provides support to the voluntary education programs of all the military services?
   1. Tuition assistance
   2. Navy Campus
   3. DANTES
   4. EEAP

45. What program allows an enlisted person to complete a baccalaureate degree within 2 years while receiving full pay and allowances and be commissioned upon graduation?
   1. Enlisted Commissioning Program
   2. Naval Reserve Officer Program
   3. NROTC Scholarship Program
   4. BOOST Program

46. There are how many types of discharge?
   1. Five
   2. Four
   3. Three
   4. Two

47. If you meet the requirements for the Navy Good Conduct Medal, you also meet the requirements for
   1. reenlistment only
   2. overseas duty only
   3. commissioning programs only
   4. reenlistment, overseas duty, and commissioning programs