



MINNESOTA FROST

2025-26 SCHEDULE



DAY	DATE		OPPONENT	VENUE	TIME (CT)
Fri.	Nov. 21		Toronto	Grand Casino Arena	6:00 p.m.
Fri.	Nov. 28	at	Seattle	Climate Pledge Arena	3:00 p.m.
Tues.	Dec. 2	at	Ottawa	TD Place	6:00 p.m.
Sun.	Dec. 7	at	Boston	Agganis Arena	2:00 p.m.
Mon.	Dec. 8	International Break			
Friday	Dec. 19		Boston	Grand Casino Arena	7:00 p.m.
Sun.	Dec. 21		Ottawa	TBA	TBA
Sat.	Dec. 27	at	Vancouver	TBA	TBA
Tues.	Dec. 30	at	Toronto	Coca-Cola Coliseum	6:00 p.m.
Sat.	Jan. 3	at	Ottawa	TD Place	12:00 p.m.
Sun.	Jan. 4	at	Montréal	Place Bell	1:00 p.m.
Sun.	Jan. 11		Seattle	Grand Casino Arena	1:00 p.m.
Fri.	Jan. 16	at	New York	Prudential Center	6:00 p.m.
Wed.	Jan. 21		Montréal	Grand Casino Arena	6:00 p.m.
Sun.	Jan. 25		New York	Grand Casino Arena	2:00 p.m.
Wed.	Jan. 28		Vancouver	Grand Casino Arena	6:00 p.m.
Thur.	Jan. 29	2026 Olympic Winter Games			
Sun.	Mar. 1	at	Montréal	Place Bell	12:00 p.m.
Sun.	Mar. 8	at	Toronto	Coca-Cola Coliseum	11:00 a.m.
Fri.	Mar. 13		Seattle	Grand Casino Arena	7:00 p.m.
Sun.	Mar. 15		New York	TBA	TBA
Wed.	Mar. 18		Ottawa	Grand Casino Arena	6:00 p.m.
Sat.	Mar. 21	at	Vancouver	Pacific Coliseum	2:00 p.m.
Wed.	Mar. 25		Montréal	Grand Casino Arena	6:00 p.m.
Sun.	Mar. 29		Boston	Grand Casino Arena	3:00 p.m.
Wed.	Apr. 1	at	New York	Prudential Center	6:00 p.m.
Sat.	Apr. 4		Vancouver	Grand Casino Arena	1:00 p.m.
Sat.	Apr. 11		New York	Grand Casino Arena	12:00 p.m.
Wed.	Apr. 15	at	Boston	Tsongas Center	6:00 p.m.
Sun.	Apr. 19		Toronto	Grand Casino Arena	12:30 p.m.
Wed.	Apr. 22	at	Seattle	Climate Pledge Arena	9:00 p.m.
Sat.	Apr. 25	at	Vancouver	Pacific Coliseum	TBA