

# GymFit Duchtown

## Monday

**5pm**  
NinjaFit  
Aerial Silks

**5:15pm**  
Pre K Ninja/Gym

**6pm**  
Aerial Silks  
Tumbling (Lvl 3)

**7pm**  
Aerial Silks (Lvl 2)  
Adult Tumbling

## Tuesday

**5pm**  
NinjaFit  
Tumbling (Lvl 1)  
Cheer Prep\*

**6pm**  
Parkour  
Tumbling (Lvl 2)  
Adult Trapeze

**7pm**  
Adult Trapeze

## Wednesday

**5pm**  
NinjaFit  
Aerial Silks

**5:15pm**  
Pre K Ninja/Gym

**6pm**  
Aerial Silks  
Parkour

**7pm**  
Adult Aerial Silks

## Thursday

**5pm**  
NinjaFit  
Tumbling (All Level)  
Cheer Prep\*  
Aerial Silks

**6pm**  
Parkour  
Tumbling (Lvl 2)  
Adult Aerial Silks

**7pm**  
Tumbling (Lvl 3)

## Friday

**4pm-6pm**

**Open Gym**  
(Ninja, Aerial, Tumbling & Parkour)

## Saturday

**8am**  
Circus Saturday  
(Aerial, Acro & Flow)

**\*\*Begins in March\*\***

## Evening Membership Rates

Basic - 1 Class/Wk  
\$69/Month

Great - 2 Classes/Wk  
\$129/Month

Epic - 4 Classes/Wk  
\$189/Month

Unlimited Classes/Wk  
\$279/Month

Drop In - \$25

10 Classes \$195

25 Classes \$450

\*Cheer Prep - 2 Days \$169/Month or 1 Day \$99/Month