GymFit Fall 2025 Schedule (August 18th-December 18th)

Monday	Tuesday	Wednesday	Thursday
5:00pm	12:30pm	5:00pm	12:30pm
NinjaFit	Homeschool PE	NinjaFit	Homeschool PE
Silks	1:30pm	Silks	1:30pm
Tumbling 2	Homeschool PE	Tumbling 2	Homeschool PE
5:15pm	5:00pm	5:15pm	5:00pm
Pre-K Tumbling/Ninja	NinjaFit	Pre-K Tumbling/Ninja	NinjaFit
6:00pm	Tumbling 1	6:00pm	Trapeze
KickStart	Cheer Prep	Flexibility (All Ages)	Tumbling 1
Tumbling 1	DanceAcro***	DanceAcro***	Tumbling 3
Tumbling 3	6:00pm	Parkour	6:00pm
7:00pm	Parkour	Silks	Parkour
Adult Silks	Tumbling 2 & 3	7:00pm	Adult Trapeze
DanceAcro***	Adult Trapeze	Teen Tumbling 2 & 3	Tumbling 2 & 3
	7:00pm	Adult Lyra	7:00pm
	Adult Trapeze		Adult Trapeze
	Adult Tumbling		AdvanceAcro***

Age Restrictions

NinjaFit & KickStart 5-12 / Tumbling/Acro 5-18 / PreK 2-4 / Silks & Lyra 7-16 / Parkour 6-15 / Trapeze 6-16 / Flexibility 7-Adults / All Adult Classes 17 & Up

Membership & Class Rates (3 Month Minimum)

Basic - 1 Class/Wk \$69/Month Great - 2 Classes/Wk \$129/Month Epic - 4 Classes/Wk \$189/Month Advance/DanceAcro - 12 Weeks \$250

Drop In - \$25

10 Classes \$195

25 Classes \$450

Monthly Membership Discounts

Siblings & Homeschool PE Recieve 10% Discount