

# GymFit Adventure Academy *Fall Schedule*

| MONDAY                                                                                 | TUESDAY                                                                                                                                                                                                                                                                                                                                        | WEDNESDAY                                                                                                                                                                                                                                                                                                            | THURSDAY                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
|----------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>5:00 – 6:00 PM</b><br>NinjaFit<br>Aerial Silks & Trapeze (All Levels)<br>Tumbling 2 | <b>1:00 – 2:00 PM</b><br>Homeschool PE<br>(NinjaFit <b>OR</b> Tumbling)<br><br><b>2:00 – 3:00 PM</b><br>Homeschool PE<br>(NinjaFit <b>OR</b> Aerial Silks)<br><br><b>5:00 – 6:00 PM</b><br>NinjaFit<br>Tumbling 1<br><br><b>5:15 – 6:00 PM</b><br>Pre-K Tumbling/Ninja<br><br><b>6:00 – 7:00 PM</b><br>Parkour<br>Tumbling 2 & 3<br>Cheer Prep | <b>5:00 – 6:00 PM</b><br>NinjaFit<br>Tumbling 2<br>Aerial Silks (All Levels)<br><br><b>5:15 – 6:00 PM</b><br>Pre-K Tumbling/Ninja<br><br><b>6:00 – 7:00 PM</b><br>Aerial Silks (All Levels)<br>Parkour<br>Tumbling 1<br><b>*** DanceAcro ***</b><br><br><b>7:00 – 8:00 PM</b><br>Teen Tumbling<br>Adult Aerial Sling | <b>1:00 – 2:00 PM</b><br>Homeschool PE (NinjaFit <b>OR</b> Silks)<br><br><b>2:00 – 3:00 PM</b><br>Homeschool PE (NinjaFit <b>OR</b> Silks)<br><br><b>5:00 – 6:00 PM</b><br>NinjaFit<br>Tumbling 1<br><b>*** DanceAcro ***</b><br><b>*** Aerial Silks (Intermediate) ***</b><br><br><b>6:00 – 7:00 PM</b><br><b>*** Aerial Silks (Advanced) ***</b><br>Parkour<br>Tumbling 2 & 3<br><br><b>7:00 – 8:00 PM</b><br><b>*** Advanced Acro ***</b><br>Adult Aerial (Mixed Apparatus) |

## AGE RESTRICTIONS

NinjaFit & Kickstart 5-12 / Tumbling/Acro 5-18 / PreK 2-4 / Aerial Silks 6-16 / Parkour 6-15 / All Adult Classes 17 & Up

## REGULAR CLASS MEMBERSHIP & RATES

(3 Month Minimum For All Monthly Memberships / \$25 Registration Fee For All New Students)

|                                  |                                     |                      |                     |                     |
|----------------------------------|-------------------------------------|----------------------|---------------------|---------------------|
| Basic – 1 Class/Wk<br>\$79/Month | Great – 2 Classes/Wk<br>\$149/Month | Single Class<br>\$30 | 10 Classes<br>\$225 | 25 Classes<br>\$495 |
|----------------------------------|-------------------------------------|----------------------|---------------------|---------------------|



## \*\*\* SPECIALTY CLASSES \*\*\*

Limited-enrollment class series. Register for the full series to secure your spot.  
Drop-ins available if space permits.



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