

Welcome to GymFit Dutchtown Summer Camp 2024!

My name is Joshua Roberts, and I am the owner and founder of GymFit. With over 13 years of experience as a gymnastics, tumbling, and acrobatics coach, I am thrilled to bring my passion and expertise to this summer camp. I recently married my wonderful wife, Heather, and we have two beloved fur babies: Charlie, our dog, and Mia, our cat. As a proud graduate of Dutchtown High, I am especially excited to be running this camp right here in our community. I am confident that this will be our best Summer Camp yet, and I am eager to share this amazing experience with your children.

Below you will find very important information and details regarding Summer Camp 2024 and more details about your amazing Summer Camp Directors for 2024.

****PLEASE READ EVERYTHING IN THIS EMAIL AND ANSWER ALL QUESTIONS****

Finalize Registration

We have a few more questions to ask and a speedy response is appreciated to ensure all registration boxes are completed for pick up by end of next week. Please respond to all questions in a new email with the subject of the email "Child(ren)s First/Last Name - Summer Camp 2024" (Ex. Joe & Jane Smith – Summer Camp 2024)

1. Age of child
2. T-Shirt size
3. 4 Digit PIN (This is a code that will be used for pick-up if carpool pass is not present)
4. Approximate drop off and pick up time. (If random, please make a note)
5. Additional Emergency Contacts (Name, Relationship & Number)
6. Allergies
7. ****FULL SUMMER CAMPERS ONLY**** - Please let us know any week(s) you plan to be out for vacation so we can plan our groups more efficiently.

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Meet Your Camp Directors

Heather Roberts is a former Live Oak Cheerleader and has been practicing dental hygiene for over 12 years.

Christina Courtney is happily married with 2 children and has been the PE coach at U-High for over 17 years.

Drop Off/Pick Up – NEW CARPOOL

We are excited to offer carpool services this summer from 8:00 AM to 9:00 AM and from 3:45 PM to 4:45 PM. Each child or family will receive two colored tags with the camper's name on them. You will need either this tag or your four-digit code to pick up your camper at carpool or as a walk-in. Please note that using the four-digit code instead of the tag will add more time to the pick-up process.

Every morning and afternoon, when you drop off or pick up your children, you will either pull under the awning or park and enter through the front doors on your left. Please ensure your child has all their necessary items for a successful day at camp when arriving and everything when leaving. Safety is our top concern, so please be patient with us during the first few days or weeks of camp as we work out the kinks in our new carpool system. We promise to make the process as smooth and easy as possible for everyone involved as quickly as possible. Additionally, please let us know if your child will not be attending or will be arriving late on a particular day.

What To Bring

- ****GymFit Camp Shirt & Water Bottle****
- Lunch (no microwave or refrigerator available for campers)
- Snacks or snack money (you can pay in advance)
- Athletic Shorts/Leggings (NO ZIPPERS)
- Tennis Shoes & Socks (NO SLIDES, CROCS, OR SLIP-ONS)
- Extra Set of Clothes if Prone to Accidents
- Hair Band for Long Hair
- GymFit Water Bottle
- Bathing Suit & Towel
- Plastic Bag for Wet Items After Swimming
- Sunscreen (optional)

To ensure the smoothest camp day possible, campers will need to bring these specific items to camp daily. Please make sure all items, including the lunch box, fit into one bag no larger than 16 inches tall and 10 inches wide, and that the bag is labeled with the camper's name. We suggest using a drawstring bag, a small backpack, or you can purchase a GymFit bag with a built-in lunch box for \$35.

Label all belongings clearly, especially camp shirts, socks, bottles, and towels. Each child will be assigned a locker to keep their belongings in. If your child is enrolled for the full summer, they will have the same locker for the entire duration.

In case your child misplaces something, please check the lost and found, where items are kept for up to 5 days. Campers need to bring the following items:

What NOT to Bring

There are certain items that we ask children not bring to camp. Please leave the following items at home.

- Electronics
- Peanut Products
- Toys/Card Games
- Blankets/Pajamas
- Stuffed Animals
- Valuables

If a camper brings any of these items to camp, they will be picked up by GymFit staff and turned into management. A parent/guardian will be able to pick up the items when they pick up their camper at the end of the day.

Pool Time

- Please bring your child dressed to camp in their bathing suit and sunscreen applied if needed.
- Children are welcome to bring floaties (already blown up) or life jacket. Must fit in locker.
- We will always have 1-2 lifeguards and a group counselor on duty.
- We DO NOT teach children how to swim. Please check out Tadpole or Crawfish for lessons.
- Children are not required to swim and will have a shaded or sunny space to hang outside.

Daily Schedule

- 7:00 – 9:00 am (Early Drop Off): Movie/Reading/Arts/Games
- 9:00 - 9:30 am: Campers Divided Into Age Groups & Warm-Up
- 9:30 - 12:30 am: Groups Rotate to Various Activities, Including Staggered Snack Times.
- 12:30 - 1:30 pm: Lunch/Movie/Reading/Arts/Games.
- 1:30 – 3:30 pm: Groups Rotate to Various Activities.
- 3:30 – 5:30 pm (Late Pick Up): Snack Movie/Reading/Arts/Games.

Daily/Weekly Activities

- Ninja Obstacle Course
- Aerial Silks
- Swimming (Dependent Upon Weather)
- Tumbling/Acro
- Parkour
- Outdoor Sports
- Circus Arts
- Dance
- Camp Games
- Arts-N-Crafts
- Dodgeball/Nerf Wars
- Free Snowball Day (Fridays Usually)

Weekly Camp Themes

- Week 1 - May 27th - Camping at GymFit
- Week 2 - June 3rd - Mardi Gras Mambo
- Week 3 - June 10th - Monsters Come to Play
- Week 4 - June 17th - Cirque Du GymFit
- Week 5 - June 24th - Wild Wild West
- Week 6 - July 1st (Closed July 4th) - USA
- Week 7 - July 8th - Christmas in July
- Week 8 - July 15th - Beach Life
- Week 9 - July 22nd - Summer Olympics
- Week 10 - July 29th - Color Wars

Behavior policy

Cursing, hitting, bullying, and disregarding safety instructions will not be tolerated. Campers may receive time-outs for minor infractions but will be sent home for repeated or major offenses. We enforce a 3-strike rule at GymFit. If a child's behavior results in being sent home, suspended, or expelled, there will be no refund or credit applied.

*****If a child uses any racial slurs or fights, they will automatically be expelled with no refund*****

Contact Information:

- Gym Phone # - (225) 673-1173
- Heathers Cellphone - (225) 485-2263
- Email Address - gymfitap1@gmail.com

Summer Camp Office Hours:

12:30-1:30pm

4:00-5:00pm

If you ever have any questions, please don't hesitate to email or call during office hours.

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