

GymFit Adventure Academy *Fall Schedule*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
5:00 – 6:00 PM NinjaFit Aerial Silks & Trapeze (All Levels) Tumbling 2	1:00 – 2:00 PM Homeschool PE (NinjaFit OR Tumbling)	5:00 – 6:00 PM NinjaFit Tumbling 2 Aerial Silks (All Levels)	1:00 – 2:00 PM Homeschool PE (NinjaFit OR Silks)
5:15 – 6:00 PM Pre-K Tumbling/Ninja	2:00 – 3:00 PM Homeschool PE (NinjaFit OR Aerial Silks)	5:15 – 6:00 PM Pre-K Tumbling/Ninja	2:00 – 3:00 PM Homeschool PE (NinjaFit OR Silks)
6:00 – 7:00 PM Aerial Silks (All Levels) Tumbling 1 Tumbling 3	5:00 – 6:00 PM NinjaFit Tumbling 1	6:00 – 7:00 PM Aerial Silks (All Levels) Parkour Tumbling 1 *** DanceAcro ***	5:00 – 6:00 PM NinjaFit Tumbling 1 *** Aerial Silks (Intermediate) ***
7:00 – 8:00 PM *** DanceAcro *** Adult Aerial Silks	5:15 – 6:00 PM Pre-K Tumbling/Ninja	7:00 – 8:00 PM Teen Tumbling Adult Aerial Sling	6:00 – 7:00 PM *** Aerial Silks (Advanced) *** Parkour Tumbling 2 & 3
	6:00 – 7:00 PM Parkour Tumbling 2 & 3 Cheer Prep		7:00 – 8:00 PM *** Advanced Acro *** Adult Aerial (Mixed Apparatus)

AGE RESTRICTIONS

NinjaFit & Kickstart 5–12 / Tumbling/Acro 5–18 / PreK 2–4 / Aerial Silks 6–16 / Parkour 6–15 / All Adult Classes 17 & Up

REGULAR CLASS MEMBERSHIP & RATES

(3 Month Minimum For All Monthly Memberships / \$25 Registration Fee For All New Students)

Basic – 1 Class/Wk \$79/Month	Great – 2 Classes/Wk \$149/Month	Single Class \$30	10 Classes \$225	25 Classes \$495
----------------------------------	-------------------------------------	----------------------	---------------------	---------------------

*** SPECIALTY CLASSES ***



Limited-enrollment class series. Register for the full series to secure your spot.
Drop-ins available if space permits.



225-673-1173



GymFitAP1@gmail.com



GymFitAP.com