



Solemnity of All Saints – November 1st

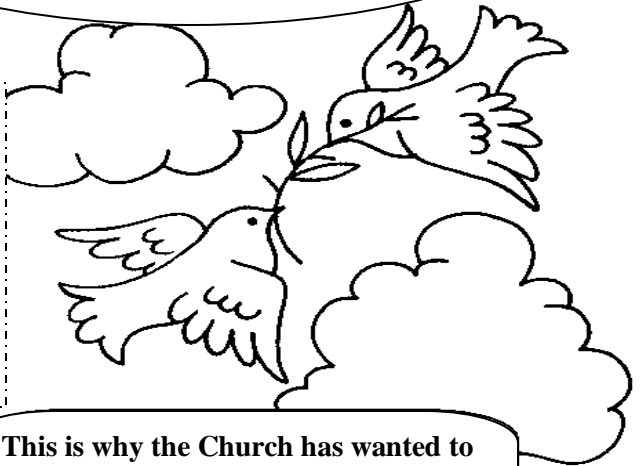
On this day we celebrate all the millions of people that have reached Heaven, even if we don't know them.



A *Saint* is someone who has reached Heaven. Some have been canonized or sanctified, and so are placed by the *Church* as examples of Christian life.

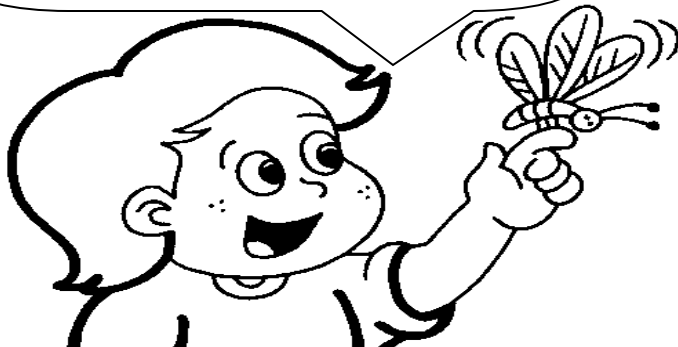
**What is the Communion of Saints?**

Those in Heaven participate in the life of the Church by means of the testimony of their lives, the transmission of their writings, and their prayers. They contemplate God, praise Him, and don't stop taking care of those they left on earth. The intercession of saints means that they, being united with Jesus, can mediate for us before God.



Even though we should ask the saints for help every day, it is easy to forget.

This is why the Church has wanted to dedicate one day of the year where we especially pray to the *Saints* to ask their intercession, November 1<sup>st</sup>.



This day is an opportunity that the Church gives us to remember that God calls us all to be *Saints*. Being a Saint is not having a halo around your head and doing miracles. It means doing all your daily activities with love and for love of God.

Adapted from [www.catholic.net](http://www.catholic.net)