

Friends of Jesus and Mary Amigos de Jesús y María



February 2009 Miami, Florida

Dear Brothers and Sisters:

On the 25 of February lent begins. Do you remember the forty days that the Lord spent in the desert before beginning to preach? Well, the whole church prepares for the Passion, Death and Resurrection of Jesus with forty days especially dedicated to prayer, penance an almsgiving. It is a time of conversion, a time for becoming better. That is why we pray more; we make sacrifices and do works of charity. Jesus teaches us how we should pray, asking the Father that His will be done in us, in other words, whatever he wants, and he encourages us to pray and to be careful so as not to offend Him with sins.

Enclosed you will find the most important Feast and Saints:

February 02	Presentation of the Lord and	February 14	San Cyril & Methodius
	Mary's Purification	February 14	Valentine Day
February 03	St. Blasé-blessing of the throats	February 18	St. Bernadette Soubirois
February 05	St. Agatha		
February 06	San Paul Miki and Companions		
February 11	Our Lady of Lourdes		

Enclosed material:

- A) Calendar of the month
- B) Reflection on Sunday Gospel
- C) Comic of Young Martyr Santiago

Activities:

- 1) We celebrate Lent-Following Jesus
- 2) The prayer star
- *3) Jesus is love*
- 4) Bookmark -of loving heart

Suggested Videos:

- 1) Bernadette the Princes of Lourdes
- 2) Sharing Quigley's Village
- 3) Friendship (pbs kid)
- 4) Love God Treasure his name (shc)
- 5) Penance (shc)

We see you in the next workshop

God Bless you, Friends of Jesus and Mary







9779 S.W. 72nd Street • Miami, Florida • Tel : (305) 412-1700 • Fax: (305) 412-1777 E-mail: E-mail: amigo_jym_miami@fcpeace.com • Webpage: www.fcpeace.com

FEBRUARY 2009

SUNDAY	Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
IV Sunday Ordinary Time Dt. 18,15-20 Psalm 94 1Co 7,32-35 Mk 1,21-28	The Presentation of the Lord He 2,14-18 Psalm 23 Lc 2,22-40	He 12,1-4 Psalm 21 Mk 5,21-43	He 12,4-7.11-15 Psalm 102 Mk 6,1-6	St. Agatha He 12,18-19.21-24 Psalm 47 Mk 6,7-13	He 13,1-8 Psalm 26 Mk 6,14-29	He 13,15-17.20-21 Psalm 22 Mk 6,30-34
8	9	10	11	12	13	14 St. Ciryl & Methodius
V Sunday Ordinary Time Jb 7,1-4.6-7 Psalm 146 1Co 9,16-19.22-23 Mk 1,2-39	Gn 1,1-19 Psalm 103 Mk 6,53-56	Gn 1,20-24, 4 Psalm 8 Mk 7,14-23	Our Lady of Lourdes Gn 2,4b-9.15-17 Psalm 115 Mk 7,14-23	Abraham Lincoln's birthday Gn 2,18-25 Psalm 127 Mk 7,24-30	Gn 3,1-8 Psalm 31 Mk 7,31-37	Valentine's Day Gn 3,9-24 Psalm 89 Mk 8,1-10
15	16	17	18	19	20	21
VI Sunday Ordinary Time Lv 13,1-2.44-46 Psalm 31 1Co 10,31-11,1 Mk 1,40-45	President's day Gn 4,1-15.25 Psalm 49 Mk 8,11-13	Gn 6,5-8;7,1-5.10 Psalm 28 Mk 8,14-21	Gn 8,6-13.20-22 Psalm 115 Mk 8,22-26	Gn 9,1-13 Psalm 101 Mk 8,27-33	Gn 11,1-9 Psalm 32 Mk 8,34-9,1	St. Peter Damian He 11,1-7 Psalm 144 Mk 9,2-13
22	23	24	25 Ash Wednesday Fast– No meat	26	27	28
VII Sunday Ordinary Time Is 43, 18-19.21-22.24b- 25 Psalm 40 2Cor 1,18-22 Mk 2,1-12	St. Polycarp Si 1,1-10 Psalm 92 Mk 9,14-29	Si 2,1-11 Psalm 36 Mk 9,30-37	JI 2,12-18 Psalm 50 2Co5,20-6,2 Mt 6,1-6.16-18	Dt 30,15-20 Psalm 1 Lc 9,22-25	Is 58,1-9a Psalm 50 Mk 9,14-15	Is 58,9b-14 Psalm 85 Lc 5,27-32

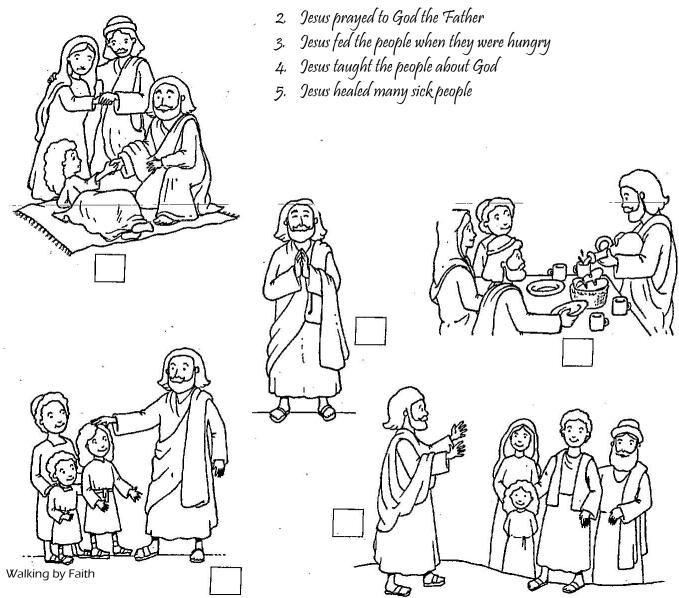
Name:	Date:

We celebrate lent: Following Jesus

Jesus did many good things. We want to be more like Jesus. We want to follow him. During Lent, we try to be even more like Jesus by showing our love for God and others.

Match the picture below with the sentence that tells about it. Write the number of the sentence in the box by the picture

1. Jesus was kind to little children.



We celebrate lent: Following Jesus

Lent is the forty days before Easter. During this time we try to become more like Jesus. We are asked to pray and do good works. Here are some ways you can become more like Jesus. Can your thing of one more thing you can do during Lent to follow Jesus more closely?

- 1. Clean your room.
- 2. Help your parents.
- 3. Pray every day

- 4. Play nicely with others
- 5. Go to Mass, and listen to the readings.
- 6. ____

When you do something during Lent to show your love to God, color one of the blocks. It will help you remember your Baptism.

1 = Yellow

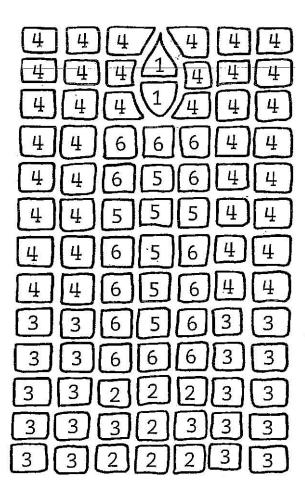
2 = Red

3 = Brown

4 = Blue

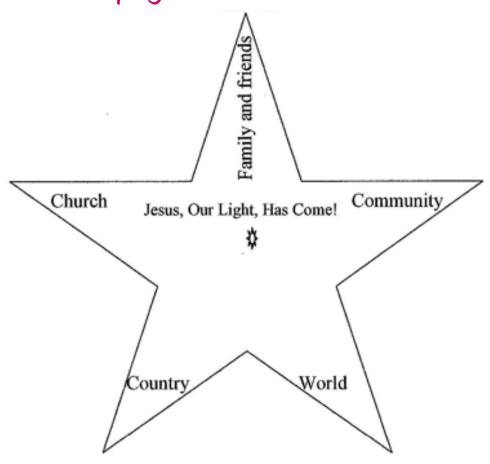
5 = Black

6 = White



Name:	_ Date:
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We remember to pray for:



The prayer Star

Supplies needed: 2 sheets of construction paper (yellow and any other color); 5-point star pattern; scissors; pen or markers; small brass fastener.

Trace the star pattern on a sheet of $8-1/2 \times 11$ yellow construction paper. In the center of the star, write the words "Jesus, Our light, has come!" In each of the five points write "Family and Friends", "Church", "Community", "Country", "World". Make a small hole in the center of the star and fasten it to another sheet of construction paper.

Along the top of the background sheet, write "We remember to pray for"

Using the star for your daily prayer and devotion, turn the star so that one of the points is directed to the top of the page and use what is written in the point as the focus. Turn the star each day so that all five points have been used throughout the week. At the end of the prayer and devotion time, invite a member of your household to read Psalm 72:18,19. At the end of the reading, invite everyone to respond: ARISE, SHINE! OUR LIGHT HAS COME"

Lent Activities

- Lent Calendar
- How do we prepare ourselves
- We celebrate the Holy Week
- Ash Wednesday
- <u>Way to conversion</u>
- Which way will you choose
- We Celebrate Lent following Jesus
- My Lenten resolution egg
- The great days of the Holy Week
- Change the thorns for roses
- Rosary, Sorrowful Mysteries
- Walk with Jesus on the way of the Cross booklet
- Way of the Cross activity
- Way of the Cross _Color paint book
- <u>Exaltation of the Cross</u>
- Forgiveness calendar
- Forgiveness cube
- Forgiveness
- God forgives
- Make a Passover table
- Journeying through Lento to Easter
- Lent Trivia
- Easter banner
- Basket of love for Jesus
- Way of the Cross
- We remember Jesus
- Holy Week
- <u>We remember Jesus love</u>
- He is Alive
- Palm Sunday
- Easter Tridium
- Easter Happiness
- Easter Mobile



Fourth Sunday Ordinary Time February 01- 2009
Readings: Deuteronomy 18:15-20; Psalm 95:1-2, 6-7, 7-9; 1 Corinthians 7:32-35; Mark 1:21-28

Then they came to Capernaum, and on the Sabbath Jesus entered the synagogue and taught. The people were astonished at his teaching, for he taught them as one having authority and not as the scribes. In their synagogue was a man with an unclean spirit; he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are the Holy one of God!" Jesus rebuked him and said, "Quiet! Come out of him!" The unclean spirit convulsed him and with a loud cry came out of him. All were amazed and asked one another, "What is this? A new teaching with authority. He commands even the unclean spirits and they obey him." His fame spread everywhere throughout the whole region of Galilee.

(Mark 1:21-28)

Reflection

What evils, dangers, and threats do the children encounter in their neighborhoods? What causes them anxiety? Who are the authority figures in their lives? Share with them.

Activity

Make a chain with colorful cardboard or construction paper links. On each link ask the children to write one thing that is evil or makes people unhappy. Get together to pray.

As the children express their commitment for the week, break each one of the links. All respond: "Thank you Jesus, for setting us free"

Prayer

Lord, sometimes we are too concerned about our own interests. Sometimes selfishness and resentment don't allow us to feel free. Give us your word and strength so that we may do good and free others through our forgives. Amen



Jesus s presented in the Temple – February 2, 2009

Readings: Malachi 3, 1-4; Psalm 23, 7.8.9.10; Hebrews 2, 14-18; Luke 2, 22-40

The time came for Joseph and Mary to performed the ceremony of purification as the law of Moses commanded. So they took the child to Jerusalem to present him to the Lord, as it is written in the law of the Lord: "Every fist-born male is to be dedicated to the Lord." They also went to offer a sacrifice of a pair of doves or two young pigeons, as required by the law of the Lord.

At that time there was a man named Simeon living in Jerusalem. He was a good, God-fearing man and was waiting for Israel to be saved. The Holy Spirit was with him and had assured him that he would not die before he had seen the Lord's promised Messiah. Led by the Spirit, Simeon went into the temple. When the parents brought the child Jesus into the temple to do for him what the law required, Simeon took the child in his arms and gave thanks to God: Now, Lord you have kept your promise, and you may let your servant go in peace.

With my own eyes I have seen your salvation, which you have prepared in the presence of all peoples: A light to reveal your will to the Gentiles and bring glory to your people Israel."

(Luke 2, 22-40)

Reflection

Imagine the scene. How do Hannah and Simeon feel? How does Mary feel? Jesus was a child like you. He came to bring light His light is stronger than the darkness of our lies and all those things people are ashamed of. Do you see any darkness around you? How could you bring light to others? Is it hard for you to tell the truth sometimes?

Activity and Prayer

With the children, make a list of things they can do to bring light to the world. Give a candle to each child .Present each child to God. As they express their desire to become light for the world, they light a candle. Then all together said the following prayer:

O God you ask us to be light, respecting the dignity of all human beings since you became human like us. You ask us to be light where is the darkness of hatred and jealousy.

Make us, Lord, light so that all people may see the smile of your shining love. Amen





In this day we celebrate the feast of Candelaria means that Jesus brought new light to the world. In the Picture, circle all the candles that you can find. (Hint: There are 25 candles in all.)



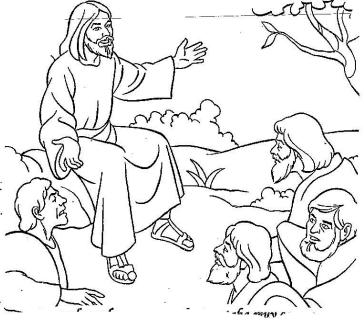
Fifth Sunday in Ordinary Time/ February 8, 2009 Readings: Job 7:1-4,6-7; Psalm 147: 1-2, 3-4,5-6; 1 Corinthians 9:16-19,22-23; Mark 1: 29-39



On leaving the synagogue Jesus entered the house of Simon and Andrew with James and John. Simon's mother-in-law lay sick with a fever. They immediately told him about her. He approached, grasped her hand, and helped her up. Then the fever left her and she waited on them.



When it was evening, after sunset, they brought to him all who were ill or possessed by demons. The whole town was gathered at the door. He cured many, who were sick with various diseases, and he drove out many demons, not permitting then to speak because they knew him.



Rising very early before dawn, he left and went off to a deserted place, where he prayed. Simon and those who were with him pursued him and on finding him said, "Everyone is looking for you." He told them, "Let us go on the nearby villages that I may preach there also. For this purpose have I come." So he went into their synagogues, preaching and driving out demons throughout the whole of Galilee.

Reflection

Talk with the children about the times when they felt sick. What helped them get better? Is there a sick person in their family right now? What do others members of the family do? How do they feel concerned, sad, trusting in God? Do they know people who are always serving others?

Do they pray to God each day to present the needs of people around them?

Prayer

Lord, you came to earth and fully understand all our pains. Help us to serve one another and to seek the necessary means for the healing of the spiritual illnesses of our family. Give us strength to endure physical illness if it comes. Amen



Sixth Sunday in Ordinary Time - February 15, 2009

Readings: Leviticus 13:1-2, 44-46; Psalm 32:1-2, 5, 11; 1 Corinthians 10:31-11:1; Mark 1:40-45

A leper came to Jesus and kneeling down begged him and said, "If you wish, you can make clean." Moved with pity, he stretched out his hand, touched him, "I do will it. Be made clean." The leprosy left him immediately, and he was made clean. Then, warning him sternly, he dismissed him at once.

He said to him, "See that you tell no one anything, but go, show yourself to the priest and offer for your cleansing what Moses prescribed; that will be proof for them." The man went away and began to publicize the whole matter. He spread the report abroad so that it was impossible for Jesus to enter a town openly.

We remained outside in described places, and people kept coming to him from everywhere.

He remained outside in deserted places, and people kept coming to him from everywhere.

(Mark 1:40-45)

Reflection

Jesus is near even to those that seem rejected by everyone else. Is there anyone in your school or neighborhood that seems to be rejected or feared? Do you reject anyone? The leper went to tell everyone what had happened, because he was grateful. When someone does something for you, do you show gratefulness?

Activity

Act the gospel as it happened in the time of Jesus. Then relate the story to modern times. Who is rejected or left out? How do we invite those people to come into the circle?

Prayer

Lord, in your great compassion, You don't reject anyone. Teach us To see a beloved child of God in each person, so that we don't reject, judge, or separate anyone from the community. Give us the joy of your salvation so that we will announce it to others. Amen

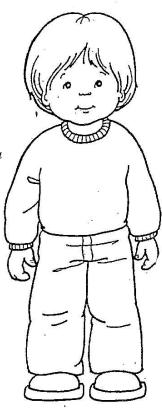


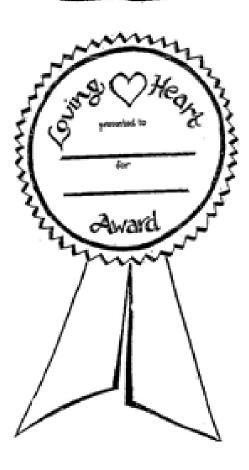
Say "Thank You" with a Loving Heart Award

1. Color and cut out the loving Heart Award.

2. Write the name of Mom or Dad on the line below "presented to"

3. Write down what you want to thank for, on the second line; a hug, or for packing your school lunches. Try to thank for something you did nor thank before. Remember that it was a sign of love and care, showing how good your parents are and how much they love you





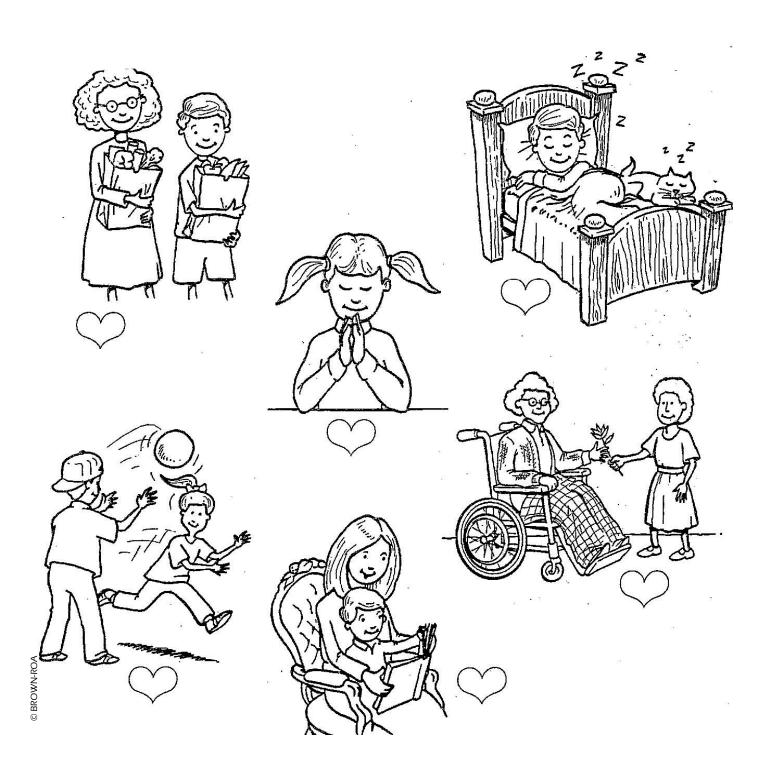


Name:	Date:	

The Son of God

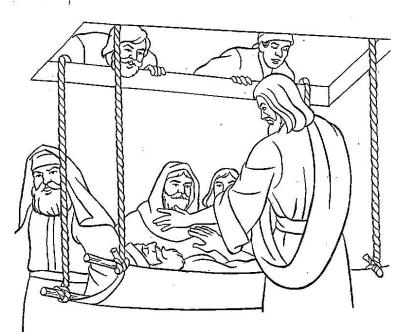
Jesus is God's Son. He is with us always, he loves us very much. Jesus shows us how much God the Father love us.

Look at each of the pictures. Is God Present? Color the heart by the picture if you think God is present.



Seventh Sunday in Ordinary Time - February 22, 2009

Readings: Isaiah 43:18-19, 21-22, 24b-25; Psalm 41:2-3,4-5,13-14; 2Corinthians 1:18-22; Mark 2:1-12



Wow some of the scribes were sitting there asking themselves, "Why does this man speak that way? He is blaspheming. Who but God alone can forgive sins?" Jesus immediately knew in his mind what they were thinking to themselves, so he said, "Why are you thinking such things in your hearts? Which is easier, to say to the paralytic, Your sins are forgiven, or to say, rise, pick up your mat and walk? But that you may know that the Son of Man has authority to forgive sins on earth" He said to the paralytic, "I say to you, rise, pick up your mat, and go home." He rose, picked up his mat at once, and went away in the sight of everyone. They were all astounded and glorified God, saying, "We have never seen anything like this."

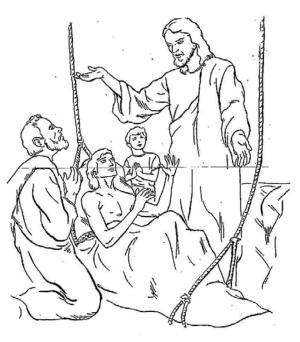
(Mark 2: 1-12)

Reflection

What is most surprising to you in this story? If you were the paralyzed man would you be a little disappointed at first because you still can't walk? If you are one in the crowd, what do you expect the man to do next? The man's friends made great efforts to help him come to Jesus. How do you help others?

Jesus says he forgives. Do you also forgive those who have hurt you?

When Jesus returned to Capernaum after some days, it became known that he was at home. Many gathered together so that there was no longer room for them, not even around the door, and he preached the word to them. They came bringing to him a paralytic carried by four men. Unable to get near Jesus because of the crowd, they opened up the roof above him. After they had broken through, they let down the mat on which the paralytic was lying. When Jesus saw their faith, he said to the paralytic, "Child, your sins are forgiven."



Activity

Cut out, in cardboard, figures of boys and girls. Two for each one. Ask them to write in one the name of the person they are helping this week, and in the other one the name of someone that has hurt them, and they are going to forgive. Take them home as a remainder of this week's commitment.

Prayer

Lord, sometimes we feel overwhelmed and paralyzed by our own past experiences. Give us trust in you so we can lift up to you our bonds and burdens, so you can make all things new in us. Amen



Friends of Jesus and Mary Ash Wednesday February 25, 2009

Readings: Joel 2:12-18; Psalm 51:3-4, 5-6 12-13, 14&17; 2Corinthians 5:20 6:2; Matthew 6:1-6, 16-18

Jesus said to his disciples: "Take care not to perform righteous deeds in order that people may see them; otherwise, you will have no recompense from your heavenly Father. When you give alms, do not blow a trumpet before you, as the hypocrites do in the synagogues and in the streets to win the praise of others.

Amen, I say to you, they have received their reward. But when you give alms. Do not let your left hand know what your right is doing, so that your almsgiving may be secret. And your Father who sees in secret will repay you. "When you pray, do not be like the hypocrites, who love to stand and pray in the synagogues and on street corners so that others may see them. Amen, I say to you, they have received their reward. But when you pray, go to your inner room, close the door, and pray to your Father in secret. And your Father who sees in secret will repay you.

(Matthew 6:1-6,16-18)

Reflection

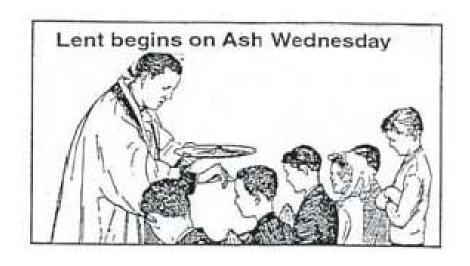
Remembering the forty days that Jesus pass in the desert preparing for His public life, we prepare ourselves to live the big celebration of Easter with prayer and penance. We need to have a complete change of heart, dying to sin and preparing ourselves to live a resurrected life with Christ.

Activity

Give each child a cross as a symbol of his commitment during Lent. They can decorate it and write on them their commitment Ask them to bring the cross to the group and offer them in the altar, during prayer.

Prayer

Lord, you remind us that you are our real home and life. Help us Lord, in our way to you, to live as real sons and daughters. Help us to be loving and take away what the things that hurt you. Amen



On ash Wednesday, February 25, Lent begins and ends on Palm Sunday April 5, when Holy Week begins.



ON THE MORNING OF AUGUST 15TH, THE SOLEMNITY OF THE ASSUMPTION, A GROUP OF TWELVE PEOPLE WERE SIGNALED TO FOLLOW THE PARISH PRIEST OF VILLANUEVA DE ALCARDETE. AT ABOUT 2 MILES AWAY FROM LA VILLA DE DON FADRIQUE, THEY WERE ALL SHOT. AMONG THOSE IN THE GROUP WERE SANTIAGO'S BROTHERS, RAMON AND LUIS.



ONLY 3 PEOPLE WERE LEFT. ONE OF THEM WAS SANTIAGO, WHO WAS TIED TO A WOODEN STAKE.





HE WAS TIED TO THE STAKE FOR 2 DAYS WITHOUT ANY FOOD OR DRINK.

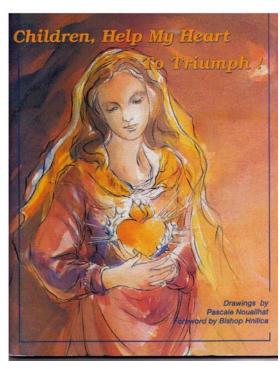




WHAT? YOU DON'T WANT
TO SEE US!

NOW YOU'LL SEE...
YOU'LL SEE STARS





Children, Help My Heart to Triumph!

Sister Emmanuel

Mommy, what is this book all about?

It's much more than a book, love! In there you will not only find the fantastic story of the children of Fatima who saw Our Lady, but more than that! You will be able to enter that story yourself, and be active in it.

But how?

In working for Our Lady, as the three children did. You are very important to her. For example, you can make a novena along with some drawings.

Drawings?

This is the surprise of the book! But first of all, look at the story carefully. It is not finished yet. It's up to you to keep it continuing.