



Friends of Jesus and Mary

Amigos de Jesús y María



Florida Center for Peace

February 2013
Miami, FL

Dear Brothers and sisters:

February 13 is Ash Wednesday, Lent begins. It is a time of conversion, a time for becoming better. That is why we pray more; we make sacrifices and do works of charity. Jesus teaches us how we should pray, asking the Father that His will be done in us, in others words, whatever he wants, and he encourages us to pray and to be careful so as not to offend Him with our sins.

Enclosed you will find the most import Feasts and Saints:

February 02	Presentation of the Lord and Mary's Purification	February 11	Our Lady of Lourdes
February 03	St. Blasé-blessing of the throats	February 14	San Cyril & Methodius
February 05	Saint Agatha	February 14	Valentine's Day
February 06	Saint Paul Miki and Companions	February 18	St. Bernadette Soubirios

Enclosed Materials and Activities:

- | | |
|------------------------------------|-----------------------------------|
| a) Calendar of the month & Gospels | f) Valentine's Card |
| b) Saints of February | g) Easter |
| c) Lent Calendar | h) Calendar for each week of Lent |
| d) Prayer Activity | i) Choose Life |
| e) A Game of Hearts | j) The Ten Commandments |

Suggested Videos:

1. Bernadette the Princess of Lourdes
2. Sharing Quigley's Village
3. Friendship (pbs kid)
4. Love God Treasure his name (shc)
5. Penance (shc)

We see you in the next workshop.

The ministry of Jesus and Mary wish you a very happy new year with peace and love in your family and prayers groups.

Committee of the Friends and Jesus and Mary

FLORIDA

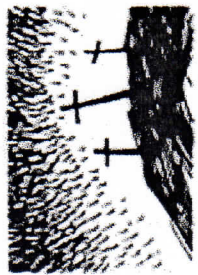
9779 S.W. 72ND St. – Miami, FL 33173 – Tel: (305) 412-1777 – E-mail: amigo_jym_miami@fcpeace.com
Webpage: www.fcpeace.com



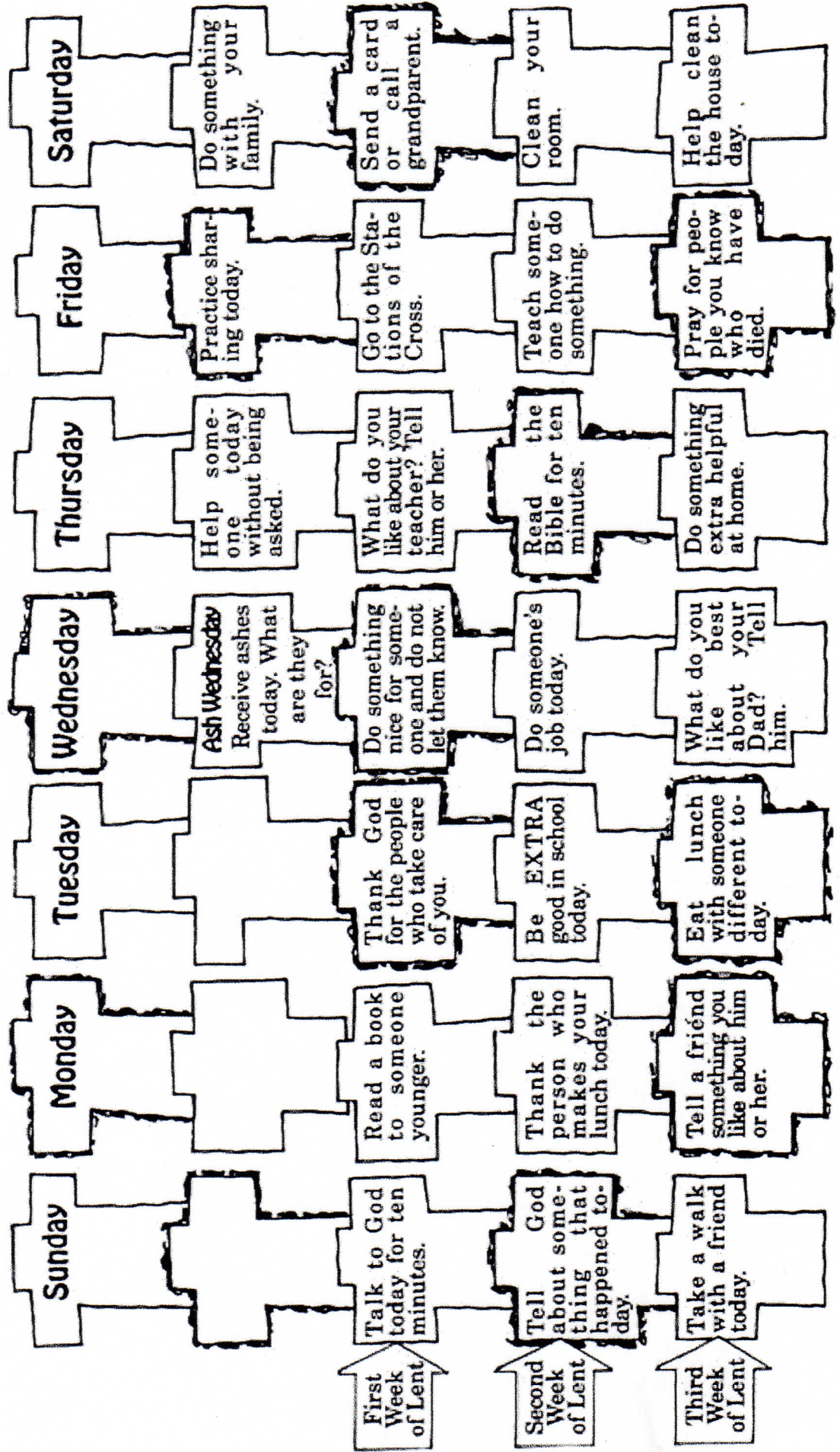
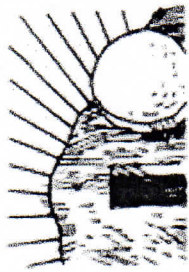
February 2013

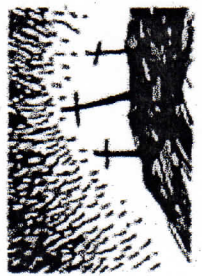
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 First Friday Hb 10, 32-39 Psalm 36 Mk 4, 26-34	2 First Saturday Presentation of the Lord Mi 3, 1-4 Psalm 23 Lk 2, 22-40
IV Sunday in Ordinary Time Jr 1, 4-5, 17-19 Psalm 70 1 Co 12, 13 Lk 4, 21-30	4 Hb 11, 32-40 Psalm 30 Mk 5, 1-20	5 Saint Agatha Hb 12, 1-4 Psalm 21 Mk 5, 21-43	6 Saint Paul Niki Hb 12, 4-7, 11-15 Psalm 102 Mk 6, 1-6	7 Hb 12, 18-19, 21-24 Psalm 47 Mk 6, 7-13	8 St. Jerome Emiliani Hb 13, 1-8 Psalm 26 Mk 6, 14-29	9 Hb 13, 15-17, 20-21 Psalm 22 Mk 6, 30-34
V Sunday in Ordinary Time Is 6, 1-2a 3-8 Psalm 137 Col 15, 1-11 Lk 5, 1-11	11 Our Lady of Lourdes Gn 1, 1-19 Psalm 103 Mk 6, 53-56	12 Gn 1, 20-2, 4a Psalm 8 Mk 7, 1-13	13 Ash Wednesday Lent Begins Jl 2, 12-18 Psalm 50 2 Co 5, 20-6 Mk 6, 1-6, 16-18	14 San Cirilio y Metodio Valentine's Day Dt 30, 15-20 Psalm 1 Lk 9, 22-25	15 Isaiah 58, 1-9a Psalm 50 Mt 9, 14-15	16 Isaiah 58, 9b-14 Psalm 85 Lk 5, 27-32
17 First Sunday of Lent Dt 26, 4-10 Psalm 90 Ro 10, 8-13 Lk 4, 1-13	18 Saint Bernadette Lv 19, 1-2, 11-18 Psalm 18 Mt 25, 31-46	19 Isaiah 55, 10-11 Psalm 33 Mt 6, 7-15	20 San Francis Xavier Jon 3, 1-10 Psalm 50 Lk 11, 29-32	21 Saint Peter Damian Es 4, 17, 1. 3-5 Psalm 137 Mt 7, 7-12	22 Chair of Saint Peter 1P 5, 1-4 Psalm 22 Mt 16, 13-19	23 Saint Polycarp Dt 26, 16-19 Psalm 118 Mt 5, 43-48
24 2nd Sunday of Lent Gn 15, 5-12 Psalm 26 Phil 3, 17-4 Lk 9, 28b-36	25 Dt 9, 4b-10 Psalm 78 Lk 6, 36-38	26 Isaiah 1, 10, 16-20 Psalm 49 Mt 23, 1-12	27 Jr 18, 18-20 Psalm 30 Mt 20, 17-28	28 Jr 17, 5-10 Psalm 01 Lk 16, 19-31		
NOTES:						

FLORIDA

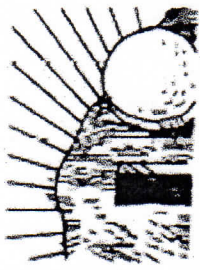


Lenten Calendar





Lenten Calendar



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Fourth Week of Lent

Say "thank you" to the person who makes your breakfast.

Fifth Week of Lent

Thank God for your family.

Holy Week

Read the Bible for ten minutes today.

Easter
He is risen!

Say "thank you" to five people today.

Tell your mom what you like best about her.

What signs of spring do you see?

Be nice to someone you don't like a lot.

Hug everyone in your family!

Tell someone the story of Jesus' Resurrection.

Say "thank you" to whoever drives you to school.

Practice sharing today.

Say "thank you" to the person who fixes your dinner.

Tell a sister, brother, or friend why they are special.

Play with someone younger than you.

What do you like about mealtime at your house?

Pray for lonely people in the world.

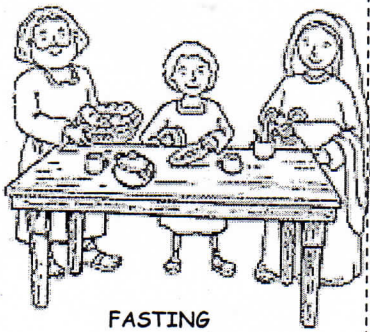
Offer to help someone today.

Tell someone the story of Jesus' death.

Don't be crabby today.

Make something for someone.

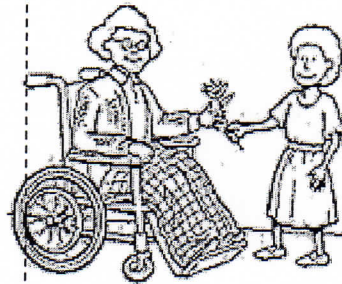
Make an Easter decoration.



FASTING



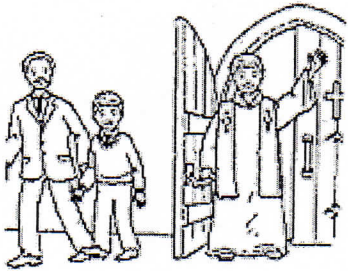
PRAYER



WORKS OF MERCY



THE PASSION



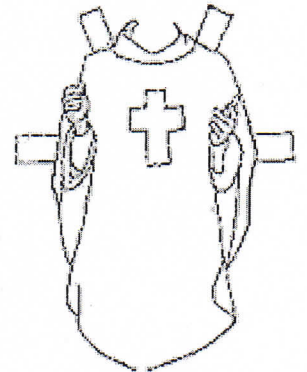
CONVERTION



PENANCE



PASCUAL VIGIL



PURPLE



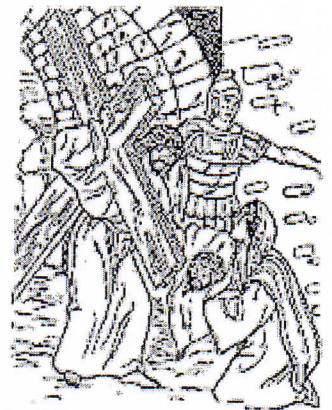
HOLE THURSDAY



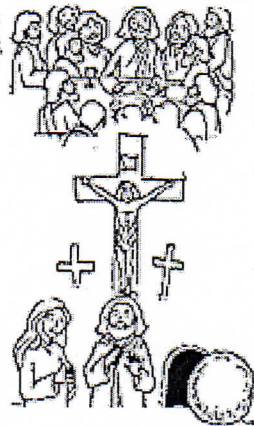
VERENERATION OF THE CROSS



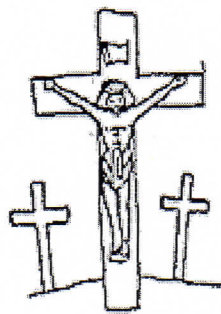
ASH WEDNESDAY
HOLY ASHES



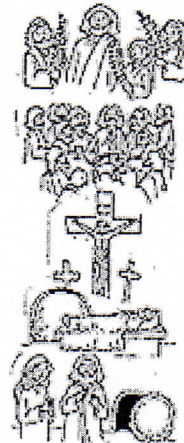
THE WAY OF THE CROSS



PASCUAL TRIDIUM



HOLY FRIDAY



HOLY WEEK



THE RESURRECTION

<p>What we doing on Ash Wednesday and Good Friday when we eat only one full meal and avoid eating between meals?</p> <p>FASTING</p>	<p>What is loving communion with God, in which we talk and listen to God?</p> <p>PRAYER</p>	<p>What is the giving of money or our time or talents or other material things to those who are in need?</p> <p>WORKS OF MERCY</p>	<p>What do we call the suffering and death of Jesus that we hear read from the Gospel of Mark (14:1-15; 15-57), on Palm Sunday and the Gospel of John (18:1-19:42) on Good Friday?</p> <p>THE PASSION</p>
<p>What is a deep and strong change of heart, when we turn away from sin and evil and toward God?</p> <p>CONVERSION</p>	<p>What do we do to show our sorrow for sin and wrongdoing, and to help undo damage that may have been caused by our sin?</p> <p>PENANCE</p>	<p>What do we call the service of Holy Saturday night that consists of the Service of Light, the Liturgy of the Word, Christian Initiation (or renewal of baptism vows), and the Holy Eucharist, celebrating Jesus' Resurrection?</p> <p>PASCUAL VIGIL</p>	<p>What is the liturgical color that symbolizes sorrow and penance during the season of Lent?</p> <p>PURPLE</p>
<p>What day do we celebrate the Evening Mass of the Lord's Supper, when we remember the Last Supper, during which Jesus gave to us the gift of himself in the Eucharist?</p> <p>HOLY THURSDAY</p>	<p>What is the Good Friday ritual that consists of showing special respect to the wood of the cross?</p> <p>VENERATION OF THE CROSS</p>	<p>What is the first day of Lent?</p> <p>ASH WEDNESDAY</p> <p>What is placed on our forehead in the sign of the cross on the first day of the Lent as a reminder to do penance?</p> <p>HOLY ASHES</p>	<p>What is the devotion that remembers Jesus' path to his crucifixion on Calvary?</p> <p>THE WAY OF THE CROSS</p>
<p>What do we call the three days that are the highest point of the liturgical year, when we commemorate the institution of the Eucharist and the passion, death, and Resurrection of Jesus?</p> <p>PASCUAL TRIDIUM</p>	<p>What day of the Triduum do we remember Jesus' suffering and death?</p> <p>GOOD FRIDAY</p>	<p>What begins on Palm Sunday and is a time during which we remember the last days of Jesus' life?</p> <p>HOLY WEEK</p>	<p>What is the event that is at the core of all Christian beliefs and practices, that proclaims Jesus of Nazareth suffered, died, was buried, and was raised to new life with God?</p> <p>THE RESURRECTION</p>



Friends of Jesus and Mary

IV Sunday in Ordinary Time, February 3, 2013

Readings: Jeremiah 1, 4-5.17; Psalm 70, 1-6; 1Co 12, 13; Luke 4, 21-30

As He said to them, "This scripture passage has come true today, as you heard it being read." They were all well impressed with him and marveled at the eloquent words that he spoke. They said, "Isn't he the son of Joseph?" He said to them, "I am sure that you will quote this proverb to me, 'Doctor, heal yourself.' You will also tell me to do here in my hometown the same things you heard were done in Capernaum. I tell you this," Jesus added, "Prophets are never welcomed in their hometown. Listen to me: It is true that there were many widows in Israel during the time of Elijah, when there was no rain for three and a half years and a severe famine spread throughout the whole land. Yet Elijah was not sent to anyone in Israel, but only to a widow living in Zarephath in the territory of Sidon. And there were many people suffering from a dreaded skin disease who lived in Israel during the time of the prophet Elisha; yet not one of them was healed, but only Naaman the Syrian." When the people in the synagogue heard this, they were filled with anger. They rose up, dragged Jesus out of town, and took him to the top of the hill on which their town was built. They meant to throw him over the cliff, but he walked through the middle of the crowd and went his way. (Luke 4, 21-30)

Reflection

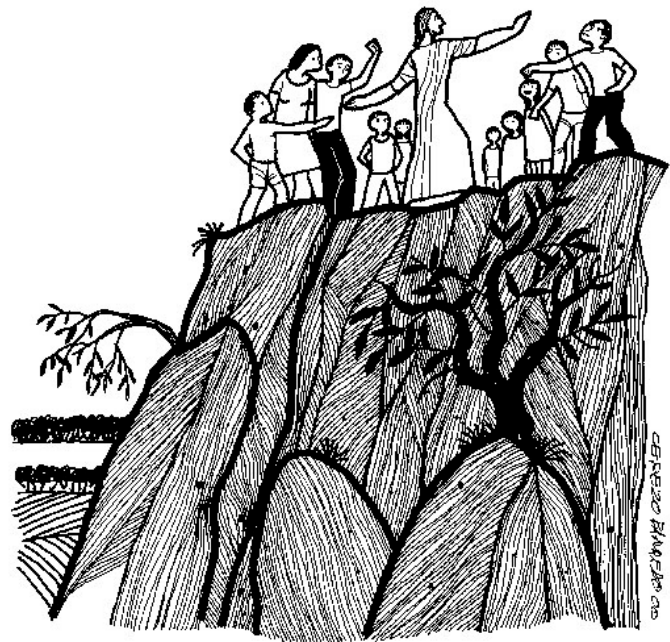
The readings of this week give us the strength for a mission and give us the strength to carry it out, even when we feel too weak, or lack the resources to carry it out. Without love, anything we have or do is meaningless. We must trust Jesus when we face temptation from society and from our own weakness. Talk with the children about the nicknames given to classmates who behave or study a lot. Have they ever been afraid of being called those names or being excluded from the groups? Have they ever been approached by older kids to take drugs or join a gang? Do they ever do things just because everyone else does them? Do they think that the power that protected Jesus could be with them, too?

Activity

Prepare a heart for each child. Read the passage from 1 Corinthians and ask the children to choose one of the characteristics of love (patience, support, forgiveness). Write it on one side and on the other side draw these qualities. Present it at the altar of the group.

Prayer

Lord, give us strength and conviction that you will protect us. Amen



Guess which saint we are

Mystery Saints for February



A February 2



B February 3



C February 18



D February 6



E February 11



F February 14

ANSWER KEY: a) Presentation b) St Blaise c) Saint Bernadette Soubirous d) Paul Milky & Companions e) Our Lady of Lourdes f) Saint Cyril y Methodius

A Game Of Hearts

Set up markers (buttons or pebbles) on the "Start." Toss a penny and make your move. (2 steps on the head, 1 on the tail.) Answer the questions in the heart where your marker lands. The game is finished when everyone reaches the "End."

START

What was the name of the man who wanted his daughter healed?

Whose heart is filled with the fullness of LOVE?

What does the flame on the Sacred Heart mean?

What do you do when you have a happy heart?

Say something nice about the person next to you.

Why did the people laugh at Jesus?

Lose one turn

How did Jesus help the little girl?

When do you pray?

What rules do you have at home that show your parents' love and care?

What is the Heart of Jesus called?

What does the opening in Jesus' Heart mean?

Tell a story about a time when Jesus showed His love.

For each correct answer you gain 5 points.
If you cannot answer or give the wrong answer, you lose 3 points.
The one who gains the most points is the winner.

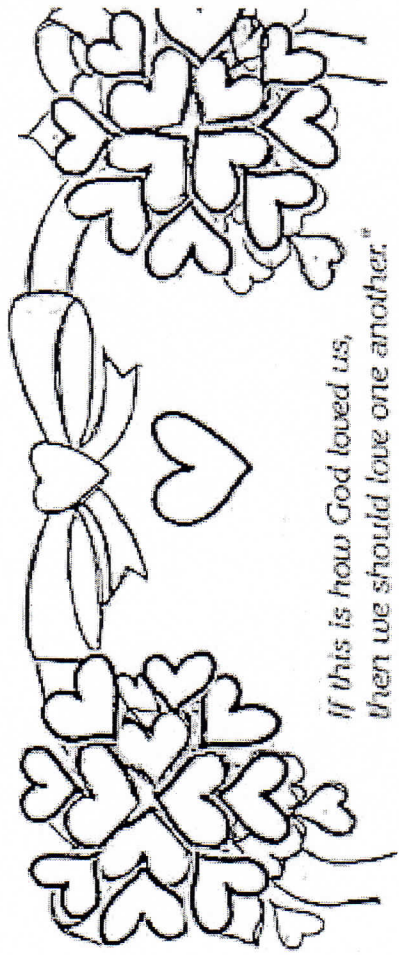
Who is the "someone" greater than all of us?

What did Mimie say the heart can do?

Share a time when you loved like Jesus.

Toss the penny.

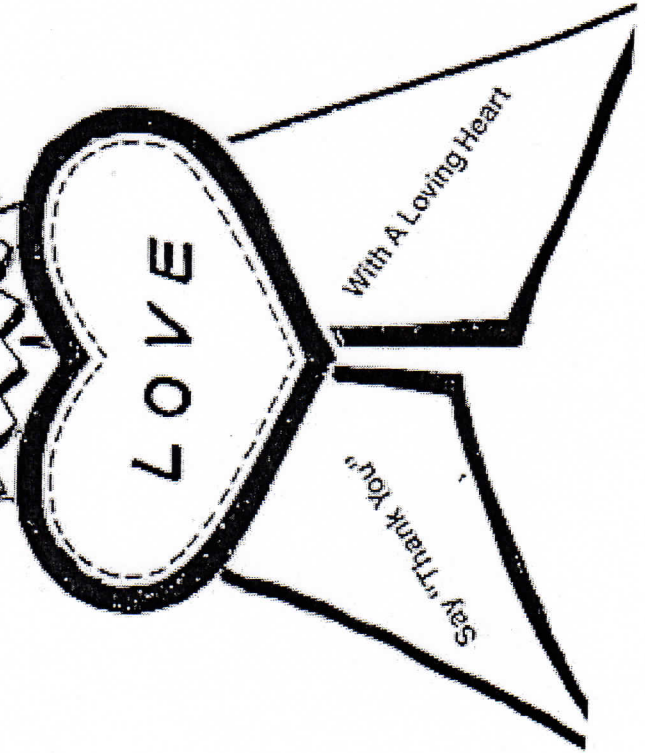
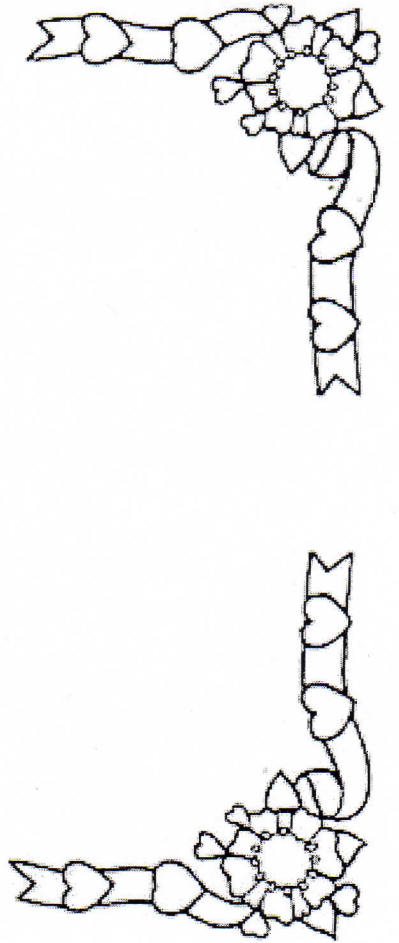
END



*If this is how God loved us,
then we should love one another."*

1 John 4:11

Happy Valentine's Day





Friends of Jesus and Mary

5th Sunday in Ordinary Time, February 10, 2013

Readings: Isaiah 6, 1- 2a.3-8; Psalm 137; 1-8; 1Corinthians 15: 1-11; Luke 5, 1-11

Jesus calls the first disciples

One day Jesus was standing on the shore of Lake Gennesaret while the people pushed their way up to him to listen to the word of God. He saw two boats pulled up on the beach; the fishermen had left them and were washing the nets. Jesus got into one of the boats; it belonged to Simon, and asked him to push off a little from the shore. Jesus sat in the boat and taught the crowd. When he finished speaking, he said to Simon, "Push the boat out further to the deep water, and you and your partners let down your nets for a catch." "Master," Simon answered, "We worked hard all night long and caught nothing. But if you say so, I will let down the nets." They let them down and caught such a large number of fish that the nets were about to break. So they motioned to their partners in the other boat to come and help them. They came and filled both boats so full of fish that the boats were about to sink. When Simon Peter saw what had happened, he fell on his knees before Jesus and said, "Go away from me, Lord! I am a sinful man!" He and the others with him were all amazed at the large number of fish they had caught. The same was true of Simon's partners, James and John, the sons of Zebedee. Jesus said to Simon, "Don't be afraid; from now on you will be catching people." They pulled the boats up on the beach, left everything, and followed Jesus. (Luke 5, 1-11)

Reflection

In the gospel of this week we see how Peter and his companions fished all night, but it was in vain. Still they trusted Jesus' word and cast their nets again. The outcome of our efforts lies in our faith and trust in Jesus. Have you ever been trying something for a long time and nothing works? Would you trust in Jesus and try one more time? What do you say to Jesus when he tells you to try again? Jesus tells you not to get discouraged when your efforts seem to be useless. He has given you the ability to do good and beautiful things for yourself and for others. Are you trying to do something good for yourself or others? Share.

Activity

Bring to the group a basket with different types of fish, cut out of cardboard. Give two to each child. Ask them to write on one of them what they want to achieve and on the other the things for which you need Jesus' help to achieve it. Share and then every one place their fish in the basket, which has been placed at the altar. As they place them they say: "Jesus, I will do what you want me to do."

Prayer

Jesus, you are the light of the nations. Sometimes we get discouraged when we are trying to achieve something and it does not work. Help us to always have faith in you remembering all the times you have helped us. Teach us perseverance when we try to do good for others, knowing that you are always with us. Amen.



What Does Success Mean?

What do these items stand for?
 Write the meaning of each sign on the lines.







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What is the sign of Jesus' success? _____

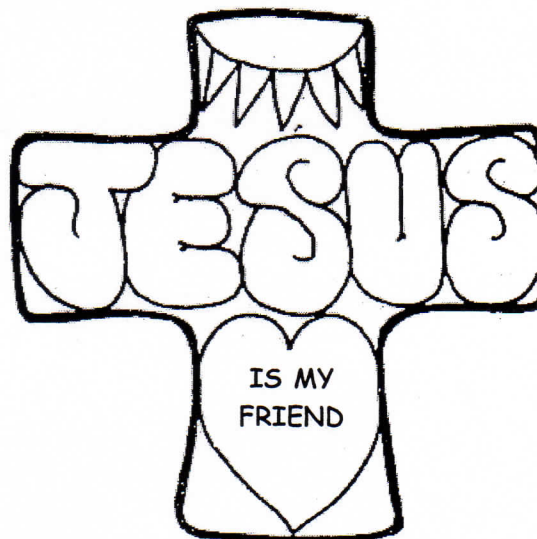
What made Jesus a success? _____

How can you be a success like Jesus? _____

List three things you can do to help others to be a success?

The Cross is a sign of Jesus' Love for us, which is stronger than death. Jesus died a painful death to save us. He died willingly; He told His friends ahead of time that it would happen. Peter did not even believe him. (Mt. 16:21-23; Mk. 8:31-33) Do you know about people who give themselves willingly to save other? Think of firemen, policemen and women, parents sacrificing their lives, children saving their little brother or sister from fire or from drowning.

Discuss with the children the reality of the cross and suffering in everyone's life and the importance of accepting it out of love for Jesus. If Jesus loves us enough to die for us, the least we can do is to express our love and faithfulness to Him daily in little and big ways. Brainstorm with the children how they can give their love to Jesus by offering Him the pains and disappointments found in everyday life. Have each child cut a simple cross and a number of small red hearts out of construction paper; they can attach a heart to the cross each time they accept their cross.





Friends of Jesus and Mary
Ash Wednesday --February 13, 2013

Readings: Joel 2:12-18; Psalm 50,3-6,12-17; 2 Corinthians 5, 20,6,2; Mathew 6:1-6,16-18

Lent: Time to return to God

Make certain you do not perform your religious duties in public, so that people will see what you do. If you do these things publicly, you will not have a reward from your Father in heaven. So when you give something to a needy person, do not make a big show of it, as the hypocrites do in the houses of worship and on the streets. They do it so that people will praise them. I assure you, they have already been paid in full. But when you help a needy person, do it in such a way that even your closest friend will not know about it. Then it will be a private matter. And your Father, who sees what you do in private, will reward you. When you pray, do not be like the hypocrites! They love to stand up and pray in houses of worship and on the street corners, so that everyone will see them. I assure you, they have already been paid in full. But when you pray, go to your room, close the door, and pray to your Father who is unseen. And your Father, who sees what you do in private, will reward you. And when you fast, do not put on a sad face as the hypocrites do. They neglect their appearance so that everyone will see that they are fasting. I assure you, they have already been paid in full. When you go without food, wash your face and comb your hair, so that others cannot know that you are fasting, only your Father, who is unseen, will know. And your Father, who sees what you do in private, will reward you. (Mathew 6, 1-6, 16-18)

Reflection

The Lenten practices (prayer, fasting, and almsgiving) are expressions of our desire to draw closer to God, and not reasons to brag about our goodness. Jesus says that more important than what people do or give up for Lent is what they do because they love God and God loves them. What do you think would please Jesus that you could do this Lent? Share what each one would offer.

Activity

Prepare a money box for each child. Ask them to place in it some of the money they receive from their parents for food or something they wanted to have. This way they will offer a sacrifice to Jesus for something they wanted to have. At the end of Lent give it as a group to the needy children.

Prayer

Lord, these ashes remind us of our origin on earth and our destiny, which is you. Rekindle our fire, our love for you and one another, and lead us to a new life of love, affection, compassion and forgiveness. Amen.



CALENDAR FOR EACH WEEK OF LENT

<p>1st day We will give up watching TV and pray three Hail Mary's to conserve the purity of children.</p>	<p>2nd day We remember children who are orphans or living in the streets with no one to care for them. We will give up sweets to help them and pray an Our Father, Hail Mary, and Glory Be for their needs.</p>	<p>3rd day Pray an Our Father, Hail Mary, and Glory Be asking God to end abortion and pray that mothers allow their babies to be born. We will give up playing on the computer as a sacrifice.</p>
<p>4th day We will study and do our homework without complaining offering it up for those who will one day be priests. Pray an Our Father for them.</p>	<p>5th day We won't play video games and offer it up for peace in our families and in our world praying an Our Father, Hail Mary, and Glory Be.</p>	<p>6th day We will console the Immaculate Heart of Mary helping more at home and obeying our parents and praying for children who make fun of God and of holy things.</p>
<p>During this Lent we would like to organize an army of children. We won't fight with arms but by offering up to God our prayers and good actions. How many are willing to unite with us.</p>	<p>7th day Pray a decade of the Rosary for children who are sick, hungry, in war, abused, or don't know God.</p>	<p>Each day of the week do a prayer or sacrifice. On Easter Sunday you will have a beautiful offering for Jesus in Thanksgiving for His love for us.</p>



Friends of Jesus and Mary
1st Sunday of Lent- February 17, 2013

Readings: Deuteronomy 26,4-10; Psalm 90,1-2,10-15; Romans 10,10-13; Luke 4,1-13

The Temptation of Jesus

Jesus returned from the Jordan full of the Holy Spirit and was led by the Spirit into the desert, where he was tempted by the Devil for forty days. In all that time he ate nothing, so that he was hungry when it was over. The Devil said to him, "If you are the Son of God, order this stone to turn into bread." But Jesus answered, "The scripture says, "Human beings cannot live on bread alone." Then the Devil took him up and showed him in a second all the Kingdoms of the world. "I will give you all this power and all this wealth," the Devil told him. "It has all been handed over to me, and I can give it to anyone I choose. All this will be yours, then, if you worship me." Jesus answered, "The scripture says, Worship the Lord your God and serve only him!" Then the Devil took him to Jerusalem and set him on the highest point of the Temple, and said to him, "If you are the Son of God, throw yourself down from here. For the scripture says, 'God will order his angels to take good care of you.' It also says, 'They will hold you up with their hands so that not even your feet will be hurt on the stones.'" But Jesus answered, "The scripture says, 'Do not put the Lord your God to the test.'" When the Devil finished tempting Jesus in every way, he left him for a while. (Luke 4, 1-13)

Reflection

Jesus refuses to act against God: to seek material things and power. Do you sometimes feel tempted to do things that deep in your heart you know are not good? (lies, disobedience, fights, not studying) Tell Jesus what would help you resist temptation. Tell Him what you would like to do this week. (For example: instead of bossing your younger siblings, give up something you like but do not need). Share.

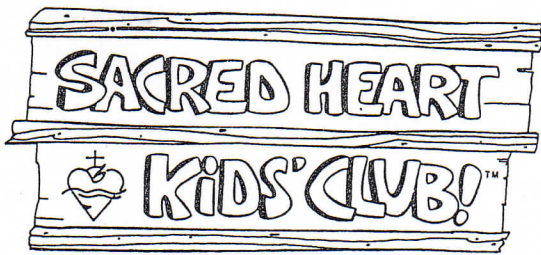
Activity

Ask the children to act the story of the gospel. What does the devil say to them? What does he promise? How do they respond?

Prayer

Lord, sometimes we get side tracked and think that the only thing we need to be happy is money or power. We sometimes forget that everything comes from you. Help us to be with you this Lent, knowing that you alone are our God. Amen





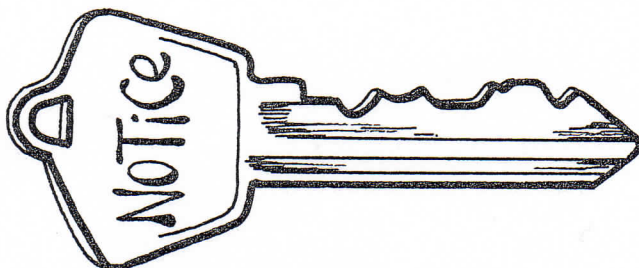
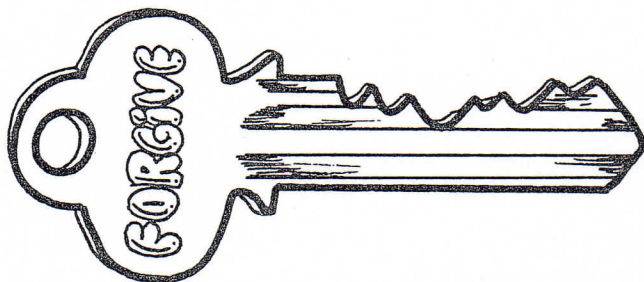
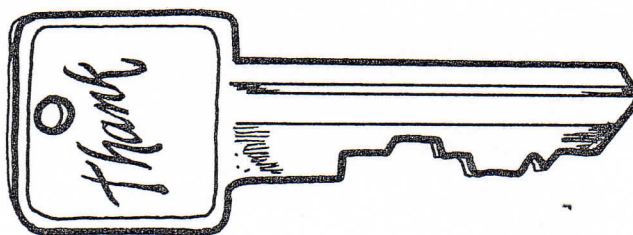
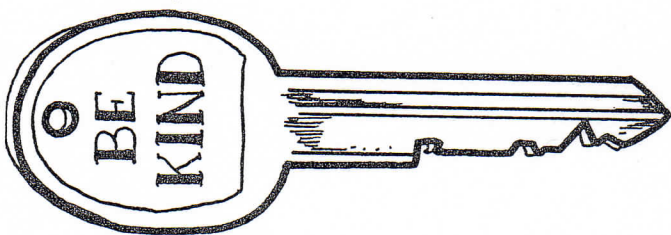
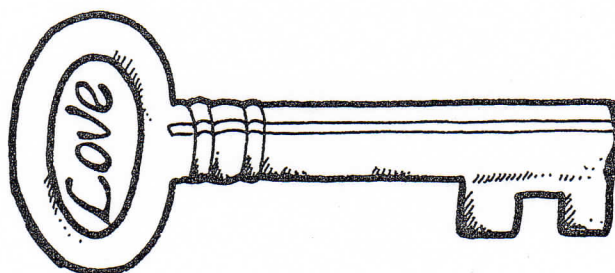
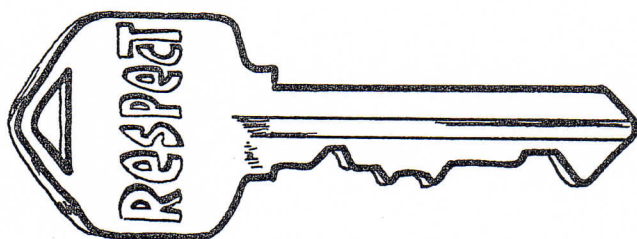
Choose Life!

Key to the Treasure

In the sign language song, Sister Monique said that the key to the treasure of life is to be kind and loving as Jesus is. Choose 6 people to whom you want to be kind even though you don't expect return. Write the persons' names on the back of the keys. Color each key differently and cut out. Cover an empty tissue box

with paper to make it look like a Treasure Box. When you are able to do what the key suggests for that person, you may put the key in your Treasure Box.

Super Challenge: Do it again with new names!





Friends of Jesus and Mary

2nd Sunday of Lent February 24, 2013

Readings: Genesis 15, 5-12.17-18 Psalm 261.7-9.13-14 Philippians 3, 17-4, 1 Luke 9, 28b-36

The Transfiguration

About a week after he had said these things, Jesus took Peter, John, and James with him and went up a hill to pray. While he was praying, his face changed its appearance, and his clothes became dazzling white. Suddenly two men were there talking with him. They were Moses and Elijah, who appeared in heavenly glory and talked with Jesus about the way in which he would soon fulfill God's purpose by dying in Jerusalem. Peter and his companions were sound asleep, but they woke up and saw Jesus in glory and the two men who were standing with him. As the men were leaving Jesus, Peter said to him, "Master, how good it is that we are here! We will make three tents, one for you, one for Moses, and one for Elijah." (He did not really know what he was saying.) While he was still speaking, a cloud appeared and covered them with its shadow; and the disciples were afraid as the cloud came over them. A voice said from the cloud, "This is my Son, whom I have chosen; listen to him!" When the voice stopped, there was Jesus all alone. The disciples kept quiet about all this and told no one at that time anything they had seen. (Luke 9, 28b-36)

Reflection

In the readings of this week we can see how Abraham trusted in God's promises and God was pleased with him. Saint Paul reminds us that we must keep our faith, as we live with the difficulties and struggles of this life. The scene of the Transfiguration gives us a glimpse of our final destiny, but first we must experience suffering as Jesus did. Jesus offers a life of service, sharing, and loving, loving even our enemies and people we don't like. What special moments with your family or friends will you sometimes want to freeze and stay there? How do these good experiences help you to go through other more difficult moments? What makes them happy?

Activity

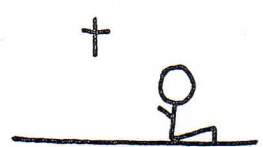
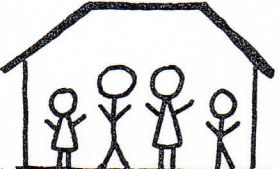

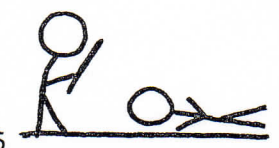
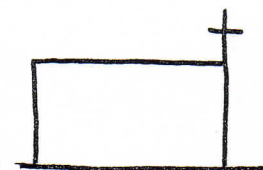
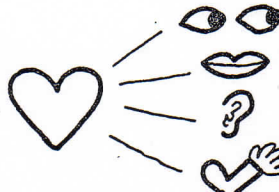
Bring blank paper to the group. Ask the children to draw or write on them things or events that make them happy. As they finish let them share.

Prayer

Jesus, sometimes it is difficult to see you in the midst of the difficulties in our lives. Help us have hope, to see you in moments of happiness, and to see your glory in the goodness of the members of our family and friends. Amen



GOD OTHERS

LOVE GOD FIRST	1 	4 	OBEY YOUR PARENTS
HONOR GOD'S NAME	2 	5 	DO NOT KILL
HONOR GOD'S DAY	3 	6 	BE PURE





Remember God Loves You

Here are the Ten Commandments in an easy way to remember.

Color the pictures and the words. Then cut out the words.

Mix them up and try to match them with the pictures. Keep trying until you get it right.

Practice together with club members.

7 	DO NOT STEAL
8 	DO NOT LIE
9 	DO NOT WANT YOUR NEIGHBOR'S SPOUSE
10 	DO NOT WANT YOUR NEIGHBOR'S THINGS