



# Friends of Jesus and Mary

## Amigos de Jesús y María

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Florida Center for Peace

August 2018  
Miami, Florida

Dear Guides:

We return from the X International Congress in Panama filled with the Holy Spirit and enthusiastic to work for the Lord. It was a beautiful experience with much union and fraternity amongst all present. We take many new ideas with us home to share the love of Jesus and Mary with our children. Pray the rosary for the intentions of our Blessed Mother who knows all our special needs.

**The following are some special feasts and saint days of the Church:**

August 6 Transfiguration of the Lord  
August 11 Saint Clare  
August 14 Saint Maximiliano Kolbe  
August 15 Assumption of the Blessed Virgen Mary  
August 22 The Crowning of Mary  
August 23 Saint Rosa of Lima (changed from August 30)  
August 27 Saint Monica  
August 28 Saint Augustine

**Materials and Activities for the month:**

Sunday Gospels with Meditations  
Prayer Cards for different ages  
Bread from Heaven, activity and coloring  
Old Testament Story, Elijah and the Angel, for coloring  
Commitment to share Encouragement and Happiness  
Parts of the Mass, explanation, coloring, and game  
What is the Blessed Sacramento of the Altar, for coloring  
Make a Monstrance, activity  
The Assumption of Mary, for coloring  
History of St. Rose of Lima, and activity  
Old Testament Story, Jacob's Sons

God Bless You,  
Friends of Jesus and Mary Committee



Friends of Jesus and Mary  
Amigos de Jesús y María



Florida Center for Peace

August 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 ST. ALPHONSUS LIGUORI  Jr. 15, 10.16-21 Psalm 58, 2-5.10-11. Matthew 13, 44-46	2 ST. PETER JULIAN  Jr 18, 1-6 Psalm 145, 1-6 Matthew 13, 47-53	3 FIRST FRIDAY ST. STEPHEN MARTYR  Jr 26, 1-9 Psalm 68, 5.8-10.14 Matthew 13, 54-58	4 FIRST SATURDAY ST JOHN MARIE VIANNEY  Jr 26, 11-16.24 Psalm 68, 15-16.30 Matthew 14, 1-12
5 18TH SUNDAY IN ORDINARY TIME  Exodus 16,2-4.12-15 Psalm 77,3-4.23-25.54 Eph 4, 17.20-24 John 6, 24-35	6 TRANSFIGURATION OF LORD, FEAST  Daniel 7, 9-10.13-14 Psalm 96, 1-2.5-6.9 2 Peter 1, 16-19 Luke 9, 28b-36	7 ST SIXTUS II & ST. CAJETAN, PRIEST  Jr 30, 1-2.12-15.18-22 Psalm 101, 16-21.29 Matthew 14, 22-36	8 ST DOMINIC  Jeremiah 31, 1-7 Psalm/Jr 31,10-12b.13 Matthew 15, 21-28	9  Jeremiah 31, 31-34 Psalm 50,12-15.18-19 Matthew 16, 13-23	10 ST. LAWRENCE MARTYR  Nahum 2, 1.3;3,1-3 Psalm/Dt 32-35c-36b. Matthew 16, 24-28	11 ST. CLARE & ST. PHILOMENA VIRGINS  Habakkuk 1, 12-2,4 Psalm 9, 8-13 Matthew 17, 14-20
12 19TH SUNDAY IN ORDINARY TIME  1 Kings 19, 4-8 Psalm 33, 2-9 Ephesians 4, 30-5, 2 John 6, 41-52	13 ST. HIPPOLYTUS  Ezekiel 1, 2-5.24-2,1 Psalm 148, 1-2.11-14 Matthew 17, 22-27	14 ST. MAXIMILIAN KOLBE  Ezekiel 2, 8-3,4 Psalm 118, 14.24.72 Matthew 18, 1-5.10	15 ASSUMPTION OF MARY  Rev 11,19a;12,1-6a Psalm 44, 11-12b.16 1Co 15,20-27 Lk 1, 39-56	16 ST. STEPHEN OF  Ezekiel 12, 1, 12 Psalm 77, 56-59.61 Matthew 18, 21-19,1	17  Ezekiel 16,1-15.60.63 Psalm/Is 12, 2-6 Matthew 19, 3-12	18 ST. HELENA  Ezekiel 18,1-10.13b Psalm 50, 12-15.18 Matthew 19, 13-15
19 20TH SUNDAY IN ORDINARY TIME  Proverbs 9, 1-6 Psalm 33,2-3.10-15 Eph 5, 15-20 John 6, 51-58	20  Ezekiel 24, 15-24 Psalm / 32, 18-21 Matthew 19, 16-22	21 ST. PIUS X, POPE  Ezekiel 28, 1-10 Psalm/Dt 32, 26-28a Matthew 19, 23-30	22 CROWNING OF MARY  Ezekiel 34, 1-11 Psalm/22,13a.3b-4-5 Matthew 20, 1-16a	23 ST. ROSE OF LIMA  Ezekiel 36, 23-28 Psalm 150,12-15.18 Matthew 22, 1-14	24 ST. BARTHOLOMEW APOSTLE  Rev 21, 9b-14 Psalm 144, 10-13.17 John 1, 45-51	25 ST LOUIS IX KING OF FRANCE  Ezekiel 43, 1-7a Psalm 84, 9-14 Matthew 23, 1-12
26 21ST SUNDAY IN ORDINARY TIME  Js 24, 1-2a.15-17.18b Psalm 33, 2-3.16-23 Eph 5, 21-32 John 6, 61-70	27 ST. MONICA MOTHER OF ST.  2Th 1, 1-5.11b-12 Psalm 95, 1-5 Matthew 23, 13-22	28 ST AGUSTINE, BISHOP  2 Th 2, 1-3a.13-17 Psalm 95, 10-13 Matthew 23, 23-26	29 Beheading of St. John the Baptist memorial  Jeremiah 1, 17-19 Psalm 70, 1-6b.15ab Mark 6, 17-29	30  1 Co 1, 1-9 Psalm 144, 2-7 Matthew 24, 42-51	31  1 Co 1, 17-25 Psalm 32, 1-2.4-5.10b Matthew 25, 1-13	

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## Friends of Jesus and Mary

XVIII Sunday in Ordinary Time, August 5, 2018

*Exodus 16,2-4,12-15; Psalm 77; Ephesians 4:17,20-24; John 6:24-35*

**"This is the work of God, that you believe in the one he sent."**

When the crowd saw that neither Jesus nor his disciples were there, they themselves got into boats and came to Capernaum looking for Jesus. And when they found him across the sea they said to him, "Rabbi, when did you get here?" Jesus answered them and said, Amen, amen, I say to you, you are looking for me not because you saw signs but because you ate the loaves and were filled. Do not work for food that perishes but for the food that endures for eternal life, which the Son of Man will give you. For on him the Father, God, has set his seal." So, they said to him, "What can we do to accomplish the works of God?" Jesus answered and said to them, "This is the work of God, that you believe in the one he sent."

So, they said to him, "What sign can you do, that we may see and believe in you? What can you do? Our ancestors ate manna in the desert, as it is written: *He gave them bread from heaven to eat.*" So, Jesus said to them, "Amen, amen, I say to you, it was not Moses who gave the bread from heaven; my Father gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." So, they said to him, "Sir, give us this bread always." Jesus said to them, "I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst."

### Reflection

Jesus tells us to believe in the one that God has sent. God gave them manna in the desert. Jesus reminds us that the new manna is His own Body and Blood, which gives true and eternal life. What makes you happiness? Does being close to Jesus make you happy? Jesus says that being close to Him gives much more happiness than the things of this world. What does Jesus give you? (Joy, peace, goodness, wisdom, strength...) Do you talk to Jesus as though He is your best friend? This week let's try to talk to Jesus, our best friend.



### Activity

Prepare some cards (examples on next pages). Motivate the children to write their prayer commitment for the week. Have them promise to talk to Jesus about what makes them happy/sad, what worries/angers them, what bothers them, and pray for someone who needs help. Visit the Blessed Sacrament with the cards to start immediately.

### Prayer

Lord, sometimes the things we want are not the same as what you want. Help us to firmly believe that Your Bread and Your presence amongst us is what gives us true life and happiness. Always be our best friend. **Amen**

**Song:** You are the Bread of Life

(Ctrl Click) <https://youtu.be/UQ8ic2psEd4>



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**JESUS, MY BEST FRIEND, I TRUST IN YOU.**

Today, what made me happy:\_\_\_\_\_

Today, what worried me:\_\_\_\_\_

Today, what bothered me:\_\_\_\_\_

Today, they need our help:\_\_\_\_\_

Jesus, help me today to grow in faith, hope, and love.



**JESUS, MY BEST FRIEND, I TRUST IN YOU.**

Today, what made me happy:\_\_\_\_\_

Today, what worried me:\_\_\_\_\_

Today, what bothered me:\_\_\_\_\_

Today, they need our help:\_\_\_\_\_

Jesus, help me today to grow in faith, hope, and love.



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Jesus, what made me happy today...



Jesus, what made me sad today...

**JESUS, YOU ARE  
MY BEST FRIEND**



**JESUS,  
I TRUST YOU**



Jesus, what made me mad today...



Jesus, I want to pray for...

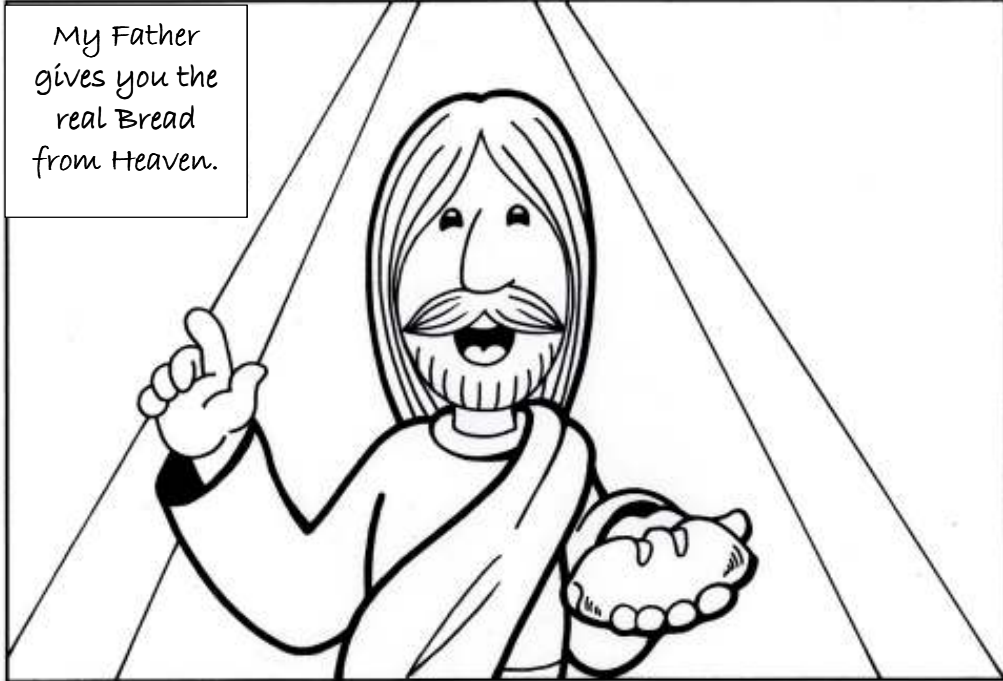
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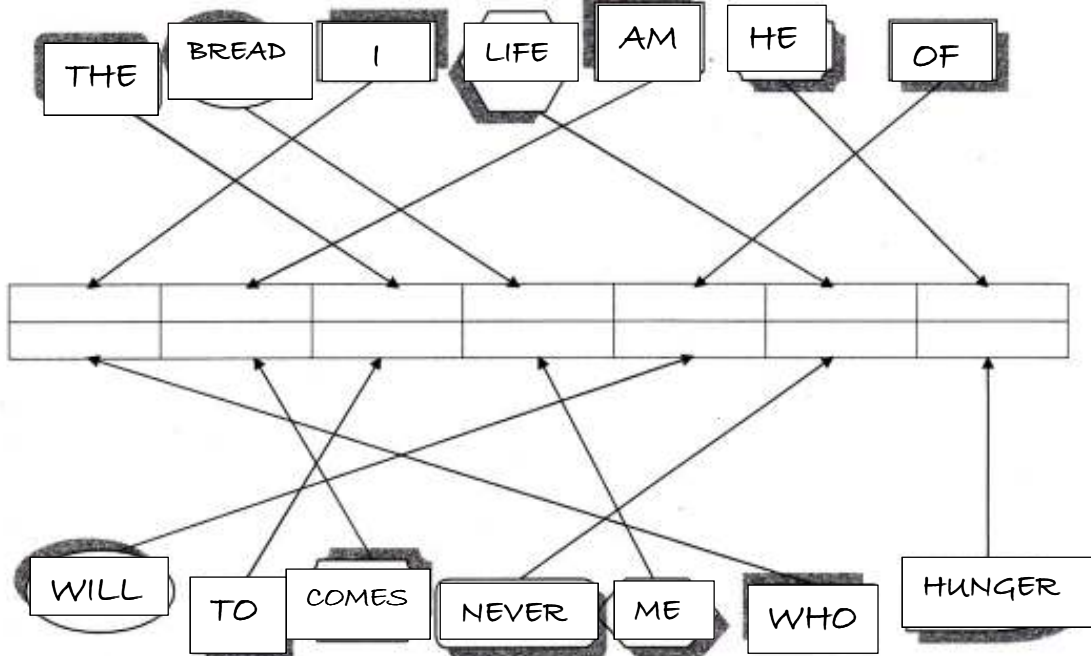


Color the Picture



My Father  
gives you the  
real Bread  
from Heaven.

Follow the arrows. Put the words in the box. Read the message.





## Friends of Jesus and Mary

XIX Sunday in Ordinary Time, August 12, 2018

*1Kings 19, 4-8; Psalm 33; Ephesians 4, 30-5,2; John 6, 41-51*

**"The bread that I will give is my flesh for the life of the world."**

The Jews murmured about Jesus because he said, "I am the bread that came down from heaven," and they said, "Is this not Jesus, the son of Joseph? Do we not know his father and mother? Then how can he say, 'I have come down from heaven'?" Jesus answered and said to them, "Stop murmuring among yourselves. No one can come to me unless the Father who sent me draw him, and I will raise him on the last day. It is written in the prophets: *They shall all be taught by God.* Everyone who listens to my Father and learns from him comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Amen, amen, I say to you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the desert, but they died; this is the bread that comes down from heaven so that one may eat it and not die. I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world."

### Reflection

Read the story of Elijah from the first reading (see following page). How do you feel when you can't attain what you want? Do you feel discouraged when you are not picked for a team, or you get a bad grade in school? On the journey towards God, there shouldn't be bitterness nor insults, only forgiveness and understanding. What can help you feel better? When we are discouraged or tired, we are invited to eat the Bread from Heaven to recuperate our strength and continue forward. Jesus, by giving us Himself in the Eucharist, becomes one with us, dividing and spreading Himself for everyone. We should do the same, spreading love always.



### Activity

A following page is divided into 3 parts. On one side, write what gives you encouragement, strength and happiness; on the other side, write what makes you sad, angry, or discouraged. Below write words that give encouragement, strength and happiness. Make a promise to give encouragement and happiness to others this week in what you say and do and to pray if you feel sad or discouraged.

### Prayer

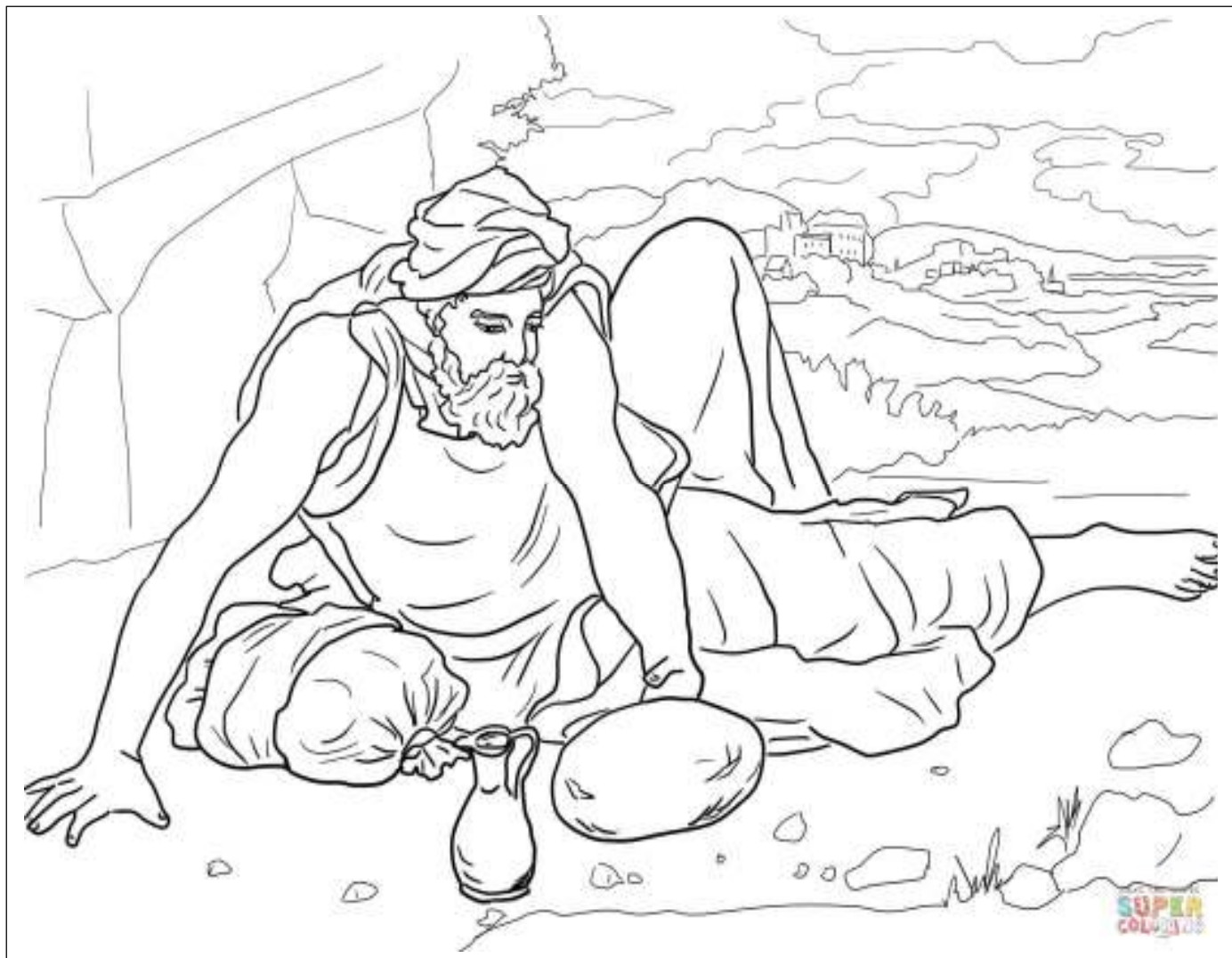
Jesus, accompany us on our journey. Help us not to get angry or discouraged. Nourish us with Your Bread that so we may encourage and strengthen each other, and in so doing, help ourselves along our journey to true happiness in You. **Amén.**

**Song:** The Eucharist Song - CollinsSusan

(Ctrl Click) <https://youtu.be/GEqnKMN1zE>



**OLD TESTAMENT STORY – ELIJAH AND THE ANGEL (Prefiguration of the Eucharist)**



**Then he traveled for one day into the desert. He came to a small bush. He sat down under it. He prayed that he would die. “Lord, I’ve had enough,” he said. “Take my life. I’m no better than my people of long ago.” Then he lay down under the bush. And he fell asleep. Suddenly an angel touched him. The angel said, “Get up and eat.” Elijah looked around. Near his head he saw some bread. It had been baked over hot coals. A jar of water was also there. So Elijah ate and drank. Then he lay down again. The angel of the LORD came to him a second time. He touched him and said, “Get up and eat. Your journey will be long and hard.” So he got up. He ate and drank. The food gave him new strength. He traveled for 40 days and 40 nights. He kept going until he arrived at Horeb. It was the mountain of God. There he went into a cave and spent the night. (1Kings 19:4-9)**





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**¿What gives us encouragement, strength and happiness?**

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**¿What makes us sad, angry or discouraged?**

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**Words that give encouragement, strength and happiness:**



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**“Come to me, all you who are weary and burdened, and I will give you rest.” Mat. 11:28**



## Friends of Jesus and Mary

### XX Sunday in Ordinary Time, August 19, 2018

*Proverbs 9:1-6; Psalm 33; Ephesians 5:15-20; John 6:51-58*

#### **Whoever eats this bread will live forever.**

Jesus said to the crowds: "I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world." The Jews quarreled among themselves, saying, "How can this man give us his flesh to eat?" Jesus said to them, "Amen, amen, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you. Whoever eats my flesh and drinks my blood has eternal life, and I will raise him on the last day. For my flesh is true food, and my blood is true drink. Whoever eats my flesh and drinks my blood remains in me and I in him. Just as the living Father sent me and I have life because of the Father, so also the one who feeds on me will have life because of me. This is the bread that came down from heaven. Unlike your ancestors who ate and still died, whoever eats this bread will live forever."

#### **Reflection**

Jesus says, "Whoever eats my flesh and drinks my blood has eternal life." What does Jesus mean by this? What did some of the Jews think he meant? When we share the Eucharist together, we get strength to face problems together. Does your family eat meals together? Do you feel your family supports you? How does Jesus help you? What would happen if you never shared your life with Jesus? Jesus becomes present in the Eucharist to share His life completely with you. He knows what we need to be happy. Do you know how much you need Jesus? In mass, during the Consecration, God



miraculously changes the bread and wine to the Body and Blood of Jesus. (Transubstantiation).

#### **Activity**

On the following page is an activity which shows the different parts of the mass. Make two copies. Cut the second copy into parts of the mass. (22 cards) After explaining the different parts of the mass, have the kids place their card on the first copy in the section of the mass that it belongs. Have them name what part of the mass it belongs to.

#### **Prayer**

Lord, sit with us when we gather for a family meal. Share our daily problems and joys with us. Help us to understand the great gift of Your presence with us in the Eucharist. Help us to celebrate fully Your presence during mass and to be grateful for Your nourishment which gives us strength each day. **Amen**

**Song:** We are One Body, Holy Spirit

(Ctrl Click) <https://youtu.be/N-3BO PQbqY>

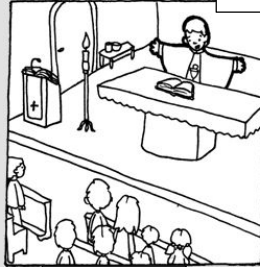


**Celebration of the Eucharist**

**Introductory Rites**



Entrance Procession



Greeting



Penitential Act



Gloria



The Collect

**Liturgy of the Word**



Readings/Psalms



Gospel



Homily



Creed



Prayer of the Faithful

**Liturgy of the Eucharist**



Procession of Gifts



Preparation of Gifts



Holy, Holy, Holy



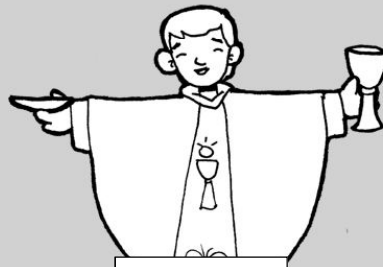
Consecration



Acclamation



Intercessions



Doxology



Our Father



Communion

**Concluding Rites**

The Blessing



Dismissal & Sending Out





**THE MASS** – Jesus promised to be with us always. He left us the Mass to become present to us in His Word and in the Eucharist.

### **INTRODUCTORY RITES**

1. **Entrance Procession:** The Priest and ministers go to the altar in procession as we sing.
2. **Greeting:** The Priest welcomes us in God's name.
3. **Penitential Act:** We express sorrow for our sins, so we receive Him with a pure heart.
4. **Gloria:** All united, we praise God imitating the words of the angels in the Nativity.
5. **The Collect:** The Priest prays in the name of all present asking for guidance.

### **LITURGY OF THE WORD – God speaks to us**

1. **Readings/Psalms:** God speaks to us through the prophets and Apostles.
2. **Gospel:** God speaks to us through Jesus.
3. **Homily:** God speaks to us through the Priest.
4. **Creed:** We proclaim before everyone that we believe.
5. **Prayer of the Faithful:** We pray for our Brothers and Sisters in Christ.

### **LITURGY OF THE EUCHARIST**

1. **Procession of Gifts:** Our gifts, the bread and wine are brought to God.
2. **Preparation of Gifts:** The priest places bread and wine on altar and prays over it.
3. **Holy, Holy, Holy:** We praise God in union with the angels.
4. **Consecration:** With Jesus' words, the bread and wine become His Body and Blood.
5. **Acclamation:** We proclaim the mystery of our faith: Christ has died, Christ has risen, Christ will come again.
6. **Intercessions:** The Priest prays for the intentions of the Church.
7. **Doxology:** The Church united with Jesus and the Holy Spirit praises God.
8. **Our Father:** We speak to God in the words that Jesus taught us: praising Him, asking for our daily bread, and asking for forgiveness of our sins.
9. **Communion:** We ask God to make us worthy to receive Him; then we receive Him.

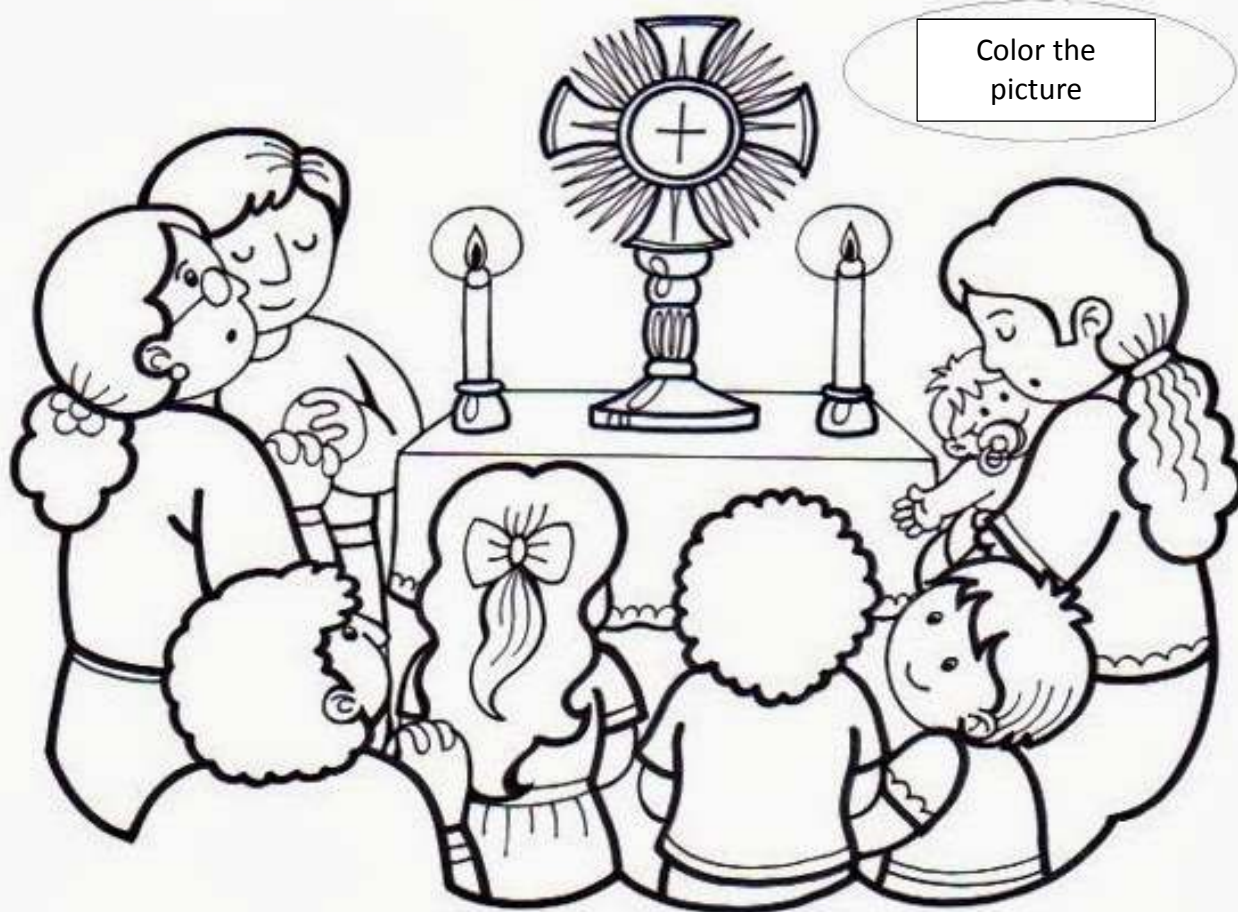
### **CONCLUDING RITES**

1. **The Blessing:** We receive God's blessing from the priest.
2. **Dismissal and Sending Out:** We are sent out to bring Christ to others.



## What is the Blessed Sacrament of the Altar?

The Blessed Sacrament is the Consecrated Host, which is the **BODY OF CHRIST**. The Blessed Sacrament is exposed on the altar during Adoration by the Faithful.



Jesus is Alive and Present in the Consecrated Host that remains in the tabernacle. That is why there is always a red candle indicating the Real and Living Presence of Jesus in the Holiest Sacrament of the Altar.

The Monstrance is where the Eucharist is placed for adoration.

Generally, rays are placed around the Eucharist to indicate the graces received by those who adore Jesus in the Blessed Sacrament.



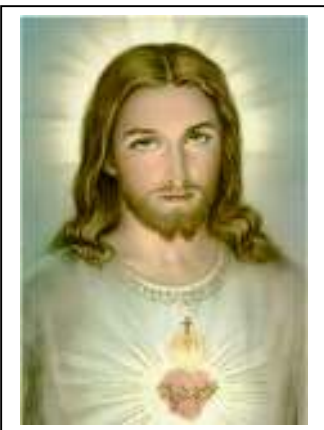
MAKE A  
MONSTRANCE



**Prayer of the  
Angel of Fatima**

My God, I Believe, I  
Adore, I Trust, and I  
Love you.

I beg pardon for those  
who do not believe, do  
not adore, do not trust,  
and do not love you.  
(Repeat 3X).



**Instructions:** Print on stock paper. Cut around the rays and the circle in the middle. Color yellow in between the rays. Cut the picture of Jesus and cover Jesus with parchment paper. Tape behind the open circle; Jesus' face showing in the opening. Use a flashlight to light from behind and reveal Jesus in the front of the Monstrance. Cut the prayer and copy so the children can learn it.



## Friends of Jesus and Mary

XXI Sunday in Ordinary Time, August 26, 2018

*Joshua 24, 1-2a. 15-17. 18b; Psalm 33; Ephesians 5, 21-32; John 6, 55. 60-69*

### You have words of eternal life.

Many of Jesus' disciples who were listening said, "This saying is hard; who can accept it?" Since Jesus knew that his disciples were murmuring about this, he said to them, "Does this shock you? What if you were to see the Son of Man ascending to where he was before? It is the spirit that gives life, while the flesh is of no avail. The words I have spoken to you are Spirit and life. But there are some of you who do not believe." Jesus knew from the beginning the ones who would not believe and the one who would betray him. And he said, "For this reason I have told you that no one can come to me unless it is granted him by my Father." As a result of this, many of his disciples returned to their former way of life and no longer accompanied him. Jesus then said to the Twelve, "Do you also want to leave?" Simon Peter answered him, "Master, to whom shall we go? You have the words of eternal life. We have come to believe and are convinced that you are the Holy One of God."

### Reflection

God gives us laws for the common good and so we can be happy. Rules and laws are important for our protection. For example, why do we need street lights? Classroom rules? House rules? Do you ever break any rules in school or your house? What are the consequences? What is more important, to look like we are good, or to be good? To end evil in the world, we cannot only create laws, we must change our hearts. How can we change our hearts? (Prayer, obeying, Sacraments, good works)

### Activity

Review the Ten Commandments and the importance of obeying them. Play a game to help the kids learn them. (See webpage under Friends of Jesus and Mary: in **Activities to Know God, God the Father, Commandment Activities**)

### Prayer

Lord, sometimes we do things mechanically, or for appearances. Help us to follow You with our hearts and to do the works of love that You ask of us. Help us to help those in need and to be faithful to our promises. **Amen**

**Song:** Change my Heart O God, Praize4kidz  
(Ctrl Click) [https://youtu.be/d7pxv-cR\\_64](https://youtu.be/d7pxv-cR_64)





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### **THE ASSUMPTION OF MARY**

**The Dogma of the Assumption refers to when Mary, the Mother of God, was taken body and soul to Heaven.**

**Feast: August 15**



**“The Assumption of the Blessed Virgin is a singular participation in her Son's Resurrection and an anticipation of the resurrection of other Christians.” (Cat. 966)**

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## ST. ROSE OF LIMA



St. Rose, the first canonized American saint, was born of Spanish descent in Lima, Peru. Her humble parents were Gaspar de Flores and María de Oliva. Baptized as Isabel, she was commonly known as Rose. Rose was the only name that the Archbishop of Lima, Saint Toribio, imposed upon her on her Confirmation. St. Rose chose St. Catherine of Sienna as her role model despite opposition and ridicule by her parents and friends.

St. Rose was very beautiful. On one occasion, her mother placed a crown of roses on her head when company came to visit. St. Rose did penance for what she felt was an act of vanity. Although she would oppose her parents for a just cause, she never disobeyed them. She suffered enormously because of those who didn't understand her.

Her family experienced hardship and she was forced to work all day in the orchard and sewed part of the night to help support her family. Her parents wanted her to marry, but she had made a vow of chastity living consecrated to the Lord.

Her parents eventually let her join the third Order of St. Dominic, imitating St. Catherine of Sienna. She then cloistered herself doing prayer and penance in a cabin she had built in the Orchard.

Her feast day is August 30.

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STORY FROM THE OLD TESTAMENT: THE SONS OF JACOB

“Behold, how good and how pleasant it is for brethren to dwell together in unity!” Psalm 133:1



God appeared to Jacob again and blessed him. God said to him, “Your name is Jacob, but you will no longer be called Jacob; your name will be Israel.” And God said to him, “I am God Almighty; be fruitful and increase in number. A nation and a community of nations will come from you, and kings will be among your descendants. The land I gave to Abraham and Isaac I also give to you, and I will give this land to your descendants after you.”

**The twelve sons of Jacob were the heads of the twelve tribes of Israel.**