



September 2018 Miami, Florida

Dear Guides:

This month we include the Precepts of the Catholic Church that we presented at the Friends of Jesus and Mary Congress in Panama. We also included the activity of Spiritual Adoption of an unborn baby because September is Respect Life month. Let us pray for the intentions of Our Blessed Mother in Heaven.

Some Special Feasts and Saints Days of the Church:

September 3 St. Gregory the Great, Pope

September 4 St. Boniface I Pope

September 5 St. Theresa of Calcutta

September 8 Blessed Virgin Mary's Birthday

September 12 Blessed Name of the Virgen Mary

September 14 Exaltation of the Holy Cross

September 15 Our Lady of Sorrows Feast

September 17 Saint Robert Bellarmine

September 21-St. Mathew the Apostle and Evangelist

September 27-St. Vincent de Paul

September 29-St. Michael, St. Gabriel, St. Rafael Archangels

Materials and Activities for the month:

Sunday Gospel meditations and activities
The Precepts of the Catholic Church, activities and summary
Life of the Virgen Mary, coloring and activity
Exaltation of the Cross, coloring and activity
The Seven Sorrows of Mary, activity
Spiritual Adoption of unborn baby, activity

God Bless You, Committee Friends of Jesus and Mary





Florida Center for Peace

September 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 FIRST SATURDAY 1 Cor 1:26-31 Mt 25:14-30
2 22 SUNDAY IN ORDINARY TIME Dt4:1-2,6-8 Ps15:2-5 Jas1:17-18,21-22,27 Mk7:1-8,14-15,21-24	3 ST GREGORY THE GREAT 1 Cor 2:1-5 Lk 4:16-30	4 ST. BONIFACE I -POPE 1 Cor 2:10b-16 Lk 4:31-37	5 ST. TERESA OF CALCUTTA 1 Cor 3:1-9/ Lk 4:38-44	6 1 Cor 3:18-23/ Lk 5:1-11	7 FIRST FRIDAY 1 Cor 4:1-5/ Lk 5:33-39	8 BIRTH OF BLESSED VIRGIN MARY FEAST Mi 5:1-4a or Rom 8:28-30 Mt 1:1-16, 18-23 or 1:18-23
9 23 SUNDAY IN ORDINARY TIME IS35:4-7A Ps146:6-10 Jas2:1-5 Mk7:31-37	1 Cor 5:1-8/ Lk 6:6-11	11 1 Cor 6:1-11/ Lk 6:12-19	12 The Most Holy Name of Mary 1 Cor 7:25-31/ Lk 6:20-26	13 ST JOHN CHRYSOSTOM 1 Cor 8:1b-7, 11-13/ Lk 6:27-38	14 EXALTATION OF THE HOLY CROSS FEAST Nm 21:4b-9 Phil 2:6-11 Jn 3:13-17	15 OUR LADY OF SORROWS MEMORIAL 1 Cor 10:14-22 Jn 19:25-27 or Lk 2:33-35
16 24 SUNDAY IN ORDINARY TIME	17 ST. ROBERT BELLARMINE	18	19	20	21 ST. MATTHEW APOSTLE & EVANGELIST	22
Is50:5-9A Ps116:1-9 Jas2:14-18 Mk8:27-35	1 Cor 11:17-26, 33 Lk 7:1-10	1 Cor 12:12-14, 27-31a Lk 7:11-17	1 Cor 12:31—13:13 Lk 7:31-35	1 Cor 15:1-11 Lk 7:36-50	Eph 4:1-7, 11-13 Mt 9:9-13	1 Cor 15:35-37, 42-49 Lk 8:4-15
23 25 SUNDAY IN ORDINARY TIME	24	25	26 ST. COSME & DAMIAN	27 ST. VINCENT DE PAUL	28	29 ST MICHAEL,ST GABRIEL RAPHAEL ARCHANGELS
Wis2:12,17-20 Ps54:3-6,8 Jas3:16-4:3 Mk9:30-37	Prv 3:27-34/ Lk 8:16-18	Prv 21:1-6, 10-13 Lk 8:19-21	Prv 30:5-9 Lk 9:1-6	Eccl 1:2-11 Lk 9:7-9	Eccl 3:1-11/ Lk 9:18-22	Dn 7:9-10, 13-14 / or Rv 12:7-12a Jn 1:47-51
30 26TH SUNDAY IN ORDINARY TIME Nm11:25-29 Ps19:8,10,12-13,14 Jas5:1-6 Mk9:38-43,45,47-48					1	





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XXII Sunday in Ordinary Time, September 2, 2018

Deuteronomy 4,1-2.6-8; Psalm 14; James 1,17-18.21b-22.27; Mark 7,1-8.14-15.21-23

...the things that come out from within are what defile the person ...

When the Pharisees with some scribes who had come from Jerusalem gathered around Jesus, they observed that some of his disciples ate their meals with unclean, that is, unwashed, hands. —For the Pharisees and, in fact, all Jews, do not eat without carefully washing their hands, keeping the tradition of the elders. And on coming from the marketplace they do not eat without purifying themselves. And there are many other things that they have traditionally observed, the purification of cups and jugs and kettles and beds. — So, the Pharisees and scribes questioned him, "Why do your disciples not follow the tradition of the elders but instead eat a meal with unclean hands?" He responded, "Well did Isaiah prophesy about you hypocrites, as it is written: *This people honor me with their lips, but their hearts are far from me; in vain do they worship me, teaching as doctrines human precepts.* You disregard God's commandment but cling to human tradition." He summoned the crowd again and said to them, "Hear me, all of you, and understand. Nothing that enters one from outside can defile that person; but the things that come out from within are what defile. "From within people, from their hearts, come evil thoughts, unchastity, theft, murder, adultery, greed, malice, deceit, licentiousness, envy, blasphemy, arrogance, folly. All these evils come from within and they defile."

Reflection

What is more important to Jesus: to have clean hands or a clean heart? How do we dirty our hearts? (sin) Have you ever: lied, spoken badly about someone, stolen something, wished bad things upon or insulted someone? What happens to our heart when we sin? (we exclude God and live in darkness) How do we clean our hearts? (the Sacrament of Reconciliation) Why is it better to live with a clean heart?



Activities

The Precepts of the Catholic church are explained in the following pages. Teach the children that the Church gives us these precepts to bring us to the love of God through the Church. God loves us and wants us to be happy. Through the Sacraments, God gives us His life/Grace. When we obey God out of love, we grow in holiness which is the way to Heaven. See activities for Precepts on following pages. Cut individual precepts (next page) and glue to copies of shield (following page) to make cards. Duplicate to play memory game (Place all cards face down; take turns turning over 2 cards. If the cards are a pair, they play again. Whoever has the most pairs, wins.)

Prayer

Lord, sometimes we do things automatically, or to impress our friends. Teach us to follow you with our hearts and to obey the Church with love. Help us to help those in need and to be faithful to our promises. **Amen**

Song: Follow Me, CSA kids

(Ctrl click) https://youtu.be/v54IJLT171w



THE PRECEPTS OF THE CATHOLIC CHURCH



Attend Mass on Sundays and on holy days of obligation.



Confess your mortal sins at least once a year, when in danger of death, and before Communion.



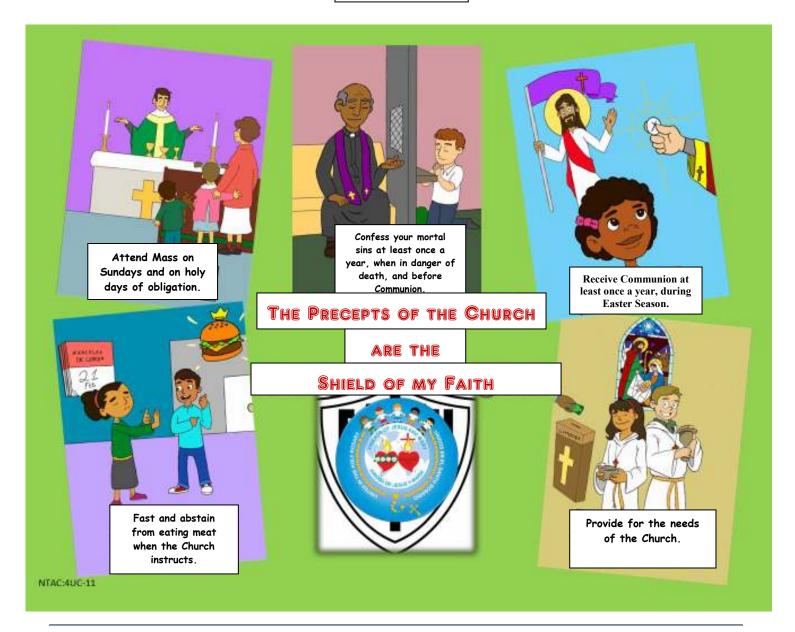
Receive Communion at least once a year, during Easter



Fast and abstain from eating meat when the Church instructs.

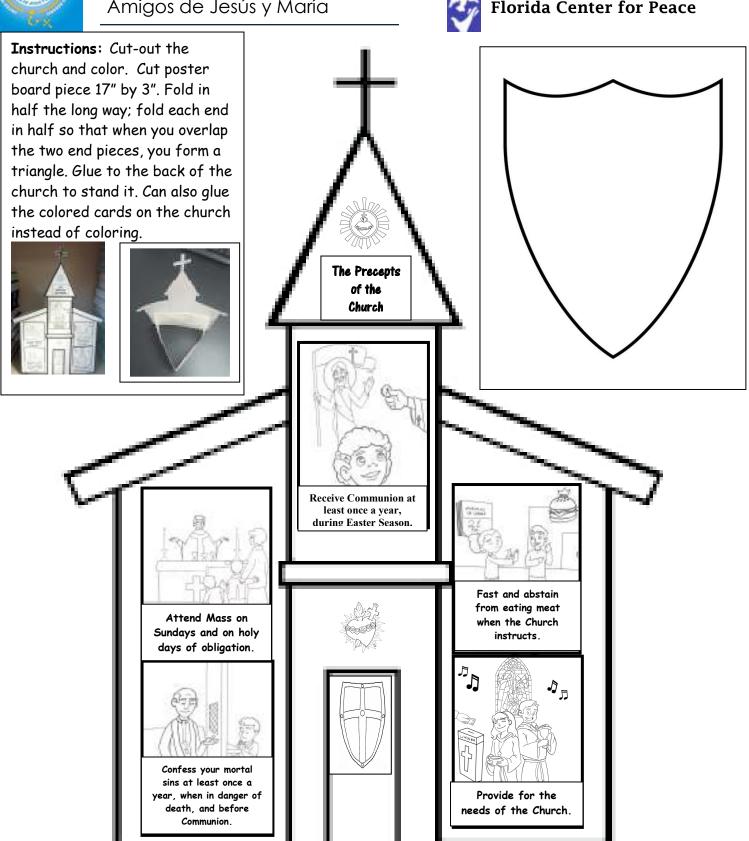


Provide for the needs of the Church.













The Precepts of the Catholic Church, Shield of my Faith

Rules and laws are important because they protect us. What would happen if we didn't follow the rules and laws of: traffic, school, God? There are consequences to not following the rules which can take away our peace, our happiness, and possibly our freedom and life. God wants us to be happy and to live with Him eternally in Heaven, so He gave us the gift of his presence in the Holy Catholic Church.









The Church gives us precepts to protect us from the danger of living without God: an empty, sad life and possibly losing God for eternity. If we follow the precepts with our heart, we get close to God's Love and Grace which is present in the Sacraments and the Church community. The precepts are the minimum we can do to be an active member in God's great gift, our Catholic faith.

- 1. Attend mass on Sunday and on holy days of obligation: When God created the world, He rested on the 7th day and so sanctified it. The 3rd Commandment of God asks us to keep holy the Sabbath. Catholics keep holy Sunday by attending mass in memory of Jesus' resurrection that day. When we attend mass, we make ourselves present to our God. Jesus promised us before His ascension into Heaven: "I WILL BE WITH YOU ALWAYS, UNTIL THE END OF TIME". (Mathew 28, 20) He is present in the scriptures we read, in the community, and in a special way, in the Eucharist. God knows we need His presence to live fully (John 10:10) and to reach Heaven.
- 2. Confess your mortal sins at least once a year, when in danger of death, and before Communion. If you are 7 years old, and have already done your First Confession, the Church requires that you confess your grave or mortal sins to a priest at least once a year. When we say yes to temptation, we sin. There are small sins (venial) which push God away, diminishing his loving voice in our heart. But when we commit mortal sins, we separate ourselves from God, choosing to do our own will instead of His. He is no longer the King of our hearts; we are. Our hearts become dark and sad without his guiding light and love. He cannot guide us because we don't let Him. Mortal sin also separates us from the Church community. But in the Sacrament of Reconciliation, through the priest (the intermediary), God, the sinner and the community are reconciled. In an act of mutual love: we, out of love, regret our sin and ask God for forgiveness; and God who loves us, forgives us. God returns to His rightful place as King of our hearts and so can His light can guide us to eternal life. We return to being active members of the Body of Christ, the Catholic Church.











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3. Receive Communion at least once a year, during Easter Season: Receiving Communion is receiving the Body and Blood of Christ, present in the Host (the Eucharist) received during the Mass. He becomes physically present in the bread and



wine during the Consecration. We are then in COMMON-UNION with Jesus and with our brothers and sisters in Christ. Jesus wants to give us His divine life that his passion and death bequeathed to us. This precept protects us from excluding ourselves from total union with Jesus who loves us and wants to help us in our journey to Heaven.

- 4. **Fast and abstain from eating meat when the Church instructs.** This precept helps us to leave the "me" behind and open ourselves up to God and to growing in holiness. Fasting and abstaining should be done with prayer; otherwise, it becomes a diet or in stoicism, which doesn't help our spiritual life. The Church asks:
 - a. Abstaining from meat on the Fridays of Lent that don't coincide with other feasts of the Church for those who are at least 14 years old. Also, the Church asks abstaining from meat all Fridays of the year in remembrance of Jesus' death on Good Friday. This means no beef, pork, or chicken; only aquatic animals are permitted. Abstinence from meat can be substituted with other forms of penance recommended by the Church, such as prayer, charitable acts, mass, offering up work, and giving alms.





b. Fasting and abstinence from meat on Ash Wednesday and Good Friday for Catholics from 18 to 59 years old. The church defines fasting as one full meal and two smaller meals that together don't surpass the main meal in quantity.



5. **Provide for the needs of the Church.** The Church is our Mother and she worries about the needs of her children, spiritually and materially. For this reason, she asks the faithful for prayers, sacrifices, and alms. With these, she can help those in most need, the poor, the missionaries, the seminaries... She asks us to donate our treasure, time, and talent to construct and maintain our Church. In the process, she helps us battle the sins of avarice, laziness, and selfishness, respectively, bringing us closer to God and helping us to grow in holiness.





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XXIII Sunday in Ordinary Time, September 9, 2018

Isaiah 35,4-7^a; Psalm 145; James 2,1-5; Mark 7, 31-37

Jesus cures a deaf/mute man

Again, Jesus left the district of Tyre and went by way of Sidon to the Sea of Galilee, into the district of the Decapolis. And people brought to him a deaf man who had a speech impediment and begged him to lay his hand on him. He took him off by himself away from the crowd. He put his finger into the man's ears and, spitting, touched his tongue; then he looked up to heaven and groaned, and said to him, "Ephphatha!"— that is, "Be opened!" — And immediately the man's ears were opened, this speech impediment was removed, and he spoke plainly. He ordered them not to tell anyone. But the more he ordered them not to, the more they proclaimed it. They were exceedingly astonished, and they said, "He has done all things well. He makes the deaf hear and the mute speak."

Reflection

The worst deaf person is the one who doesn't want to hear. Jesus wants to free all of us from our deafness. What are our daily obstacles to communication? Do you feel your parents and teachers listen to you? Are they too busy to listen? How do you feel when adults don't listen? Do you listen to your friends? Do you listen to your parents and teachers? Do you ever pretend not to hear? How does Jesus speak to us? Do we listen?



Activities

Take different musical instruments to the group.

Have the children close their eyes and guess what instrument is playing. Later say different phrases that they hear frequently. Examples: "Clean your room," "Come eat," "Congratulations on your grades," "I love you so much," "Wash the dishes", "Careful crossing the street". Which phrases do they like, and which do they not like? Why? When do they listen to Jesus? (in prayer, in the bible, in mass) There are phrases we know Jesus would say. How do we know? Ask them to name some of these phrases and make a list putting a heart next to them. Have them list the phrases Jesus would never say and place an X next to them. How do we know He would never say these?

Prayer

Jesus, we thank you for the gift of hearing, of music, of nice words, and of Your presence in our lives. Please open our ears that we may listen to each other more carefully and open our hearts that we may learn to listen to You better. **Amen.**

Song: Help Me Listen to You Lord, **m2e2linde1256** (Ctrl click) https://youtu.be/dKqiwc-0TvM





Friends of Jesus and Mary

XXIV Sunday in Ordinary Time, September 16, 2018 *Isaiah 50, 5-9^a; Psalm 114; James 2, 14-18; Mark 8, 27-35*

Peter Declares Jesus is the Messiah

Jesus and his disciples set out for the villages of Caesarea Philippi. Along the way he asked his disciples, "Who do people say that I am?" They said in reply, "John the Baptist, others Elijah, still others one of the prophets." And he asked them, "But who do you say that I am?" Peter said to him in reply, "You are the Christ." Then he warned them not to tell anyone about him. He began to teach them that the Son of Man must suffer greatly and be rejected by the elders, the chief priests, and the scribes, and be killed, and rise after three days. He spoke this openly. Then Peter took him aside and began to rebuke him. At this he turned around and, looking at his disciples, rebuked Peter and said, "Get behind me, Satan. You are thinking not as God does, but as human beings do." He summoned the crowd with his disciples and said to them, "Whoever wishes to come after me must deny himself, take up his cross, and follow me. For whoever wishes to save his life will lose it, but whoever loses his life for my sake and that of the gospel will save it."

Reflection

Jesus tells them that He must suffer, die, and rise from the dead. Peter did not want Jesus to suffer and die because he loved him. But Jesus tells us that there are more important things than just thinking about ourselves. Why did Jesus have to die? He explains that the world thinks differently from God. Many believed that the Messiah would liberate Israel from the Romans. But God was thinking about more than just their earthly life; He was thinking about their eternal life. Which is more important?



Activities

Cut out crosses out of poster board. Ask the children to write/draw on crosses something they feel is difficult

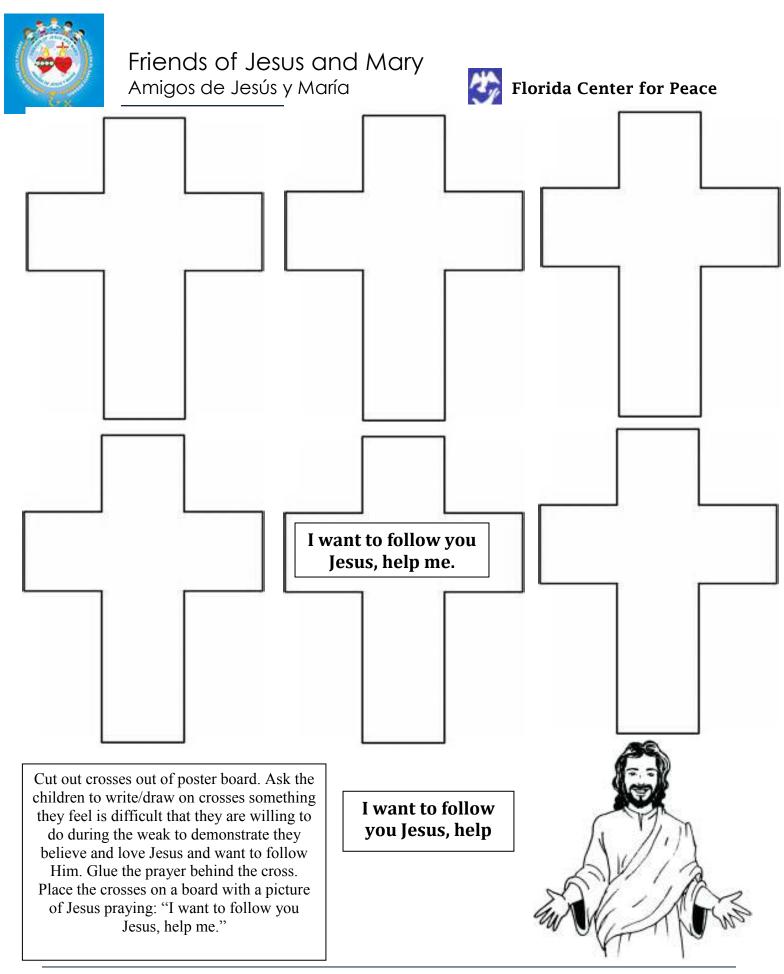
that they are willing to do during the weak to demonstrate they believe and love Jesus and want to follow Him. Glue the prayer behind the cross. Place the crosses on a board with a picture of Jesus praying: "I want to follow you Jesus, help me."

Prayer

Lord, we sometimes reject your cross because we don't recognize it as our own. Help us to see the needs of our neighbor and teach us to serve them. Help us to recognize you in our small daily crosses and to surrender our lives, out of love, to receive Your life. **Amen**.

Song: He is Lord, fortner102

(Ctrl Click) https://youtu.be/OTbhnTeF4yE







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XXV Sunday in Ordinary Time, September 23, 2018 *Wisdom 2, 12.17-20; Psalm 53; James 3, 16-4, 3; Mark 9, 30-37*

"If anyone wishes to be first, he shall be the last and the servant of all"

Jesus and his disciples left from there and began a journey through Galilee, but he did not wish anyone to know about it. He was teaching his disciples and telling them, "The Son of Man is to be handed over to men and they will kill him, and three days after his death the Son of Man will rise." But they did not understand the saying, and they were afraid to question him. They came to Capernaum and, once inside the house, he began to ask them, "What were you arguing about on the way?" But they remained silent. They had been discussing among themselves on the way who was the greatest. Then he sat down, called the Twelve, and said to them, "If anyone wishes to be first, he shall be the last of all and the servant of all." Taking a child, he placed it in their midst, and putting his arms around it, he said to them, "Whoever receives one child such as this in my name, receives me; and whoever receives me, receives not me but the One who sent me."

Reflection

In the mentality of our society, we must always try and be first in everything. We like to be first in our class and on our sports team. We like to have the prettiest clothes and the best toys. The person valued most is the one who has the most. Jesus changes the order of things. For Jesus, whoever serves other is most valued. How can we put the needs of others before our own needs? Jesus wants love and peace between us and we attain it by putting the other first.



Activities

On the following page, there are phrases where children place others before themselves and some where they place themselves first. There are also images of angels and serpents. Have the children choose where the phrases belong: on the angels or on the serpents. Explain that some attitudes reflect the goodness of the angels that serve God; while, some reflect the selfishness of those that serve the evil one. Have each child take an angel home and try to do what it says.

Prayer

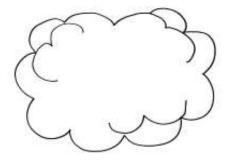
Jesus, when we desire to be the most important, obeyed and honored, teach us to listen to You. Help us to plant peace in our home by treating others with goodness, understanding, and appreciation for all the goodness in each person. **Amen.**

Song: Peace Like a River, Listener Kids (Ctrl Click) https://youtu.be/7it5W1FVtTs





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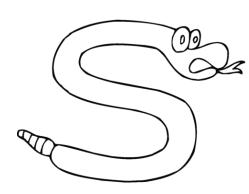


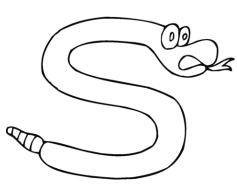


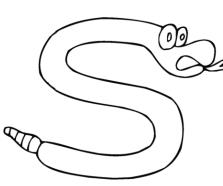












Push everyone to be first in line

Help pass out the dessert and eat last.

Pick up brother/sister's clothe for them.

Reconcile with someone even if not your fault.

Play video game before brother/sister.

Congratulate friend who was selected for something you were not.

Choose toys you would like to give away to needy kids.

Not listen to younger sibling because too busy.

You prefer to listen to music than help set the table.

Pick up plates and put in dishwasher without being asked. Do not allow others to watch their favorite program so you can watch yours.

Do not you're clothes or toys to sibling.





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XXVI Sunday in Ordinary Time, September 30, 2018 Números 11, 25-29 Salmo 18 Santiago 5, 1-6 Marcos 9, 38-43.45.47-48

"Whoever is not against us is for us."

At that time, John said to Jesus, "Teacher, we saw someone driving out demons in your name, and we tried to prevent him because he does not follow us." Jesus replied, "Do not prevent him. There is no one who performs a mighty deed in my name who can at the same time speak ill of me. For whoever is not against us is for us. Anyone who gives you a cup of water to drink because you belong to Christ, amen, I say to you, will surely not lose his reward. "Whoever causes one of these little ones who believe in me to sin, it would be better for him if a great millstone were put around his neck and he were thrown into the sea. If your hand causes you to sin, cut it off. It is better for you to enter into life maimed than with two hands to go into Gehenna, into the unquenchable fire. And if your foot causes you to sin, cut if off. It is better for you to enter into life crippled than with two feet to be thrown into Gehenna. And if your eye causes you to sin, pluck it out. Better for you to enter into the kingdom of God with one eye than with two eyes to be thrown into Gehenna, where 'their worm does not die, and the fire is not quenched.'"

Reflection

Are there people that can be doing Good things that are not part of our Church? Jesus tells us we should appreciate them and try to work together for the common good. Have you ever worked together with a group? In school or in church have you worked in a group to complete a project? Do you like to work on a team? What do you like the most? The least? Do we trust that there are people that work for the common good even if they are not part of our community? We each have talents and treasures to share. Our mission is to put our talents and treasures in the service of others to construct a new world in God's image.

Activities

Prepare a list of persons in our community that work for the common good but are not necessarily part of our community. (firemen, police, doctors, trashmen...) How do they help us? Prepare a list of talents that each child has. Have them say how they can help others with their talents. Emphasize that when we help others and share our gifts, we serve Jesus.



Prayer

Lord, you call us to follow you always, uniting our efforts with many others to build a better world. Show us the paths we can take to serve you by serving each other. **Amen**.

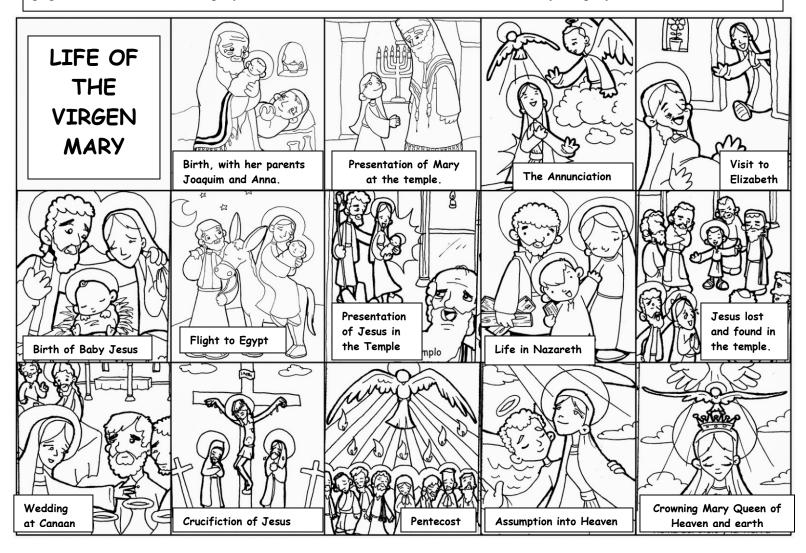
Song: I have decided to follow Jesus, Lifetree kids (Ctrl Click) https://youtu.be/sEL0WpeH088





September 8 - The Virgen Mary's Birthday

Small Book: Cut colored paper 8.5" X 11" in half (8.5" X 5.75" ea.). The 2 halves, cut in 4 (2.125" X 2.875" ea.) Makes 2 books, 4 panels each. Cut 4 panels in half and staple in the middle. Color and cut panels and glue to the pages in the book. Glue the prayer to the back of the book. Read the book and say the prayer.



Oh Mary conceived without sin, Pray for us who have recourse to you.





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Amigos de Jesús y María



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The Exaltation of the Cross September 14

In the year 320, the Empress Helena of Constantinople found the cross that Jesus Christ died on.

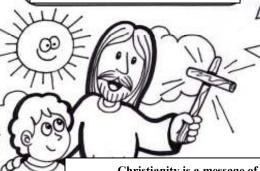
The Empress and her son Constantine had constructed on the site, the Basilica of the Holy Sepulcher, to house the relic.



Years later, the king Chosroes II of Persia invaded and conquered Jerusalem, taking the Cross and placing it at the foot of his throne as a sign of disdain for Christians.



But in the year 628, the Emperor Heraclius defeated him, taking the Cross and returning it to Jerusalem on September 14 of that same year.

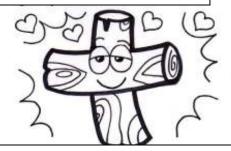


To celebrate, the Emperor ceremoniously carried the Cross throughout the city. Since then, September 14 has been celebrated in the liturgical calendar as the "Exaltation of the Cross".

Christianity is a message of love. Why then exalt the cross?

Jesus wanted it to demonstrate His love for us and His solidarity with our suffering. It wasn't necessary, but He wanted to share in our suffering and make it redemptive.

Jesus did not come to end suffering: suffering will continue amongst us. Neither did He come to explain it: it will continue a mystery. He came to accompany us with His presence.



If we kiss the *Cross of Jesus*, we kiss our own, which is like a splinter in His cross.

Make crosses with popsicle sticks and decorate.









Instructions to make mobile of The Seven Sorrows of Mary (Feast Day September 15): Cut heart with Mary and baby Jesus. Glue to poster paper of same shape. On the next page, cut the teardrops and the corresponding signs of the 7 Sorrows. Glue to poster paper in the same shape. Glue respective sign to other side. Punch holes in black dots. Hang teardrops from the heart with ribbons and hang ribbon from the top of the heart. Pray an Our Father, Hail Mary, and Glory Be for each Sorrow. For younger children, glue everything to poster paper.





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-1-The Prophesy of Simeon -2-The Escape to Egypt





Jesus lost and found in the temple

-4-Mary meets Jesus

Jesus is placed in the Sepulcher



Jesus dies on the cross



-6-Mary receives the body of Jesus

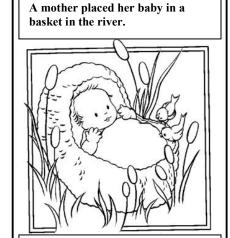




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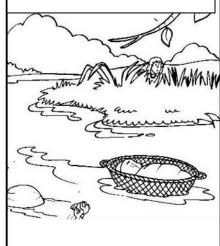
ACTIVITY FOR SPIRITUAL ADOPTION OF AN UNBORN CHILD

Moses saved from the waters.



NAME:

The sister of the baby watched where the basket went.



The daughter of Pharaoh found the baby.



The sister of the baby asked the daughter of Pharaoh if she wanted a wet nurse.



${\bf rayito decolores. blog spot.com}$

Instructions: Read the story from a children's bible of how Moses was saved from Pharaoh. Explain that we want to spiritually adopt a baby in the womb of a mother who is in danger of death because of sickness of the baby or it's mother. Decorate a poster board with a river surrounded by grass. Make copies of baby in top, left corner above and have children color and write the name of their adopted child underneath. Place baby on the river. Glue spiritual adoption prayer on the poster. Make book marker to take home and pray.

Make book marker:

Spiritual Adoption

Dear Jesus, Mary, Joseph:

I promise to pray for this baby which I have spiritually adopted during these 9 months of the school year; so that he or she may be born, to live a life as a child of God.

The name of my baby is:



