



Friends of Jesus and Mary  
Amigos de Jesús y María

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**Florida Center for Peace**

March 2019  
Miami, Florida

Dear Guides:

Lent is a time to get closer to Jesus. We recall that on a Friday, Jesus suffered and died for us. With abstinence and fasting, we try to imitate Him and show Him that we appreciate what He did for us. Doing the works of mercy, we spread the love that Jesus gives us and wants so much in return. Let us try to do the stations of the cross or the Sorrowful Mysteries of the Rosary during Lent and encourage the children to do the works of mercy.

**Important days during the month:**

March 03 St. Catherine Drexel  
March 06 Ash Wednesday  
March 17 St. Patrick, Bishop  
March 19 St. Joseph, Husband of the Virgen Mary  
March 25 Annunciation of the Lord

**Materiales incluidos del mes:**

1. Calendar
2. Meditations and Activities for Sunday Gospels
3. Ash Wednesday, coloring
4. Elements of Lent, coloring
5. Lent Calendary with daily works of mercy
6. St. Joseph, Husband of the Virgen Mary, activity and coloring
7. The Annunciation of the Lord, activity and colorong
8. Historia del Antiguo Testamento, El Pueblo de Dios en el Desierto, colorear

**God Bless You Always,**

**Committee Friends of Jesus and Mary.**



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Florida Center for Peace

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>MARCH</b> <b>2019</b>					1	2
3 8th Sunday Ordinary Time	4	5	6 Ash Wednesday	7	8 St. John of God, Religious	9
10 1st Sunday of Lent	11	12	13	14	15	16
17 2nd Sunday of Lent  St. Patrick, Bishop	18	19 St. Joseph, Husband of the Virgen Mary	20	21	22	23
24 3rd Sunday of Lent	25 The Annunciation of the Lord	26	27	28	29	30
31 4th Sunday of Lent						

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# Friends of Jesus and Mary

8th Sunday in Ordinary Time, March 3, 2019

*Sir 27: 4-8; Psalm 92; 1 Corinthians 15: 54-58; Luke 6: 39-45*

## Can a Blind Person Guide a Blind Person?

Jesus told his disciples a parable, "Can a blind person guide a blind person? Will not both fall into a pit? No disciple is superior to the teacher; but when fully trained, every disciple will be like his teacher. Why do you notice the splinter in your brother's eye, but do not perceive the wooden beam in your own? How can you say to your brother, 'Brother, let me remove that splinter in your eye,' when you do not even notice the wooden beam in your own eye? You hypocrite! Remove the wooden beam from your eye first; then you will see clearly to remove the splinter in your brother's eye. "A good tree does not bear rotten fruit, nor does a rotten tree bear good fruit. For every tree is known by its own fruit. For people do not pick figs from thorn bushes, nor do they gather grapes from brambles. A good person out of the store of goodness in his heart produces good, but an evil person out of a store of evil produces evil; for from the fullness of the heart the mouth speaks."

### Reflection

What happens if a blind person follows another blind person? Who is the blind person leading in this story? (the Pharisees and us when we are sinning) Jesus says that a disciple is not superior to his teacher. Who is the teacher? (Jesus) Who is the disciple? (the Pharisees and us the sinners. Jesus asks: Why do you notice the splinter in your brother's eye, but do not perceive the wooden beam in your own?" What does Jesus mean? (He does not want us to judge the sins of others when we also are sinners. He doesn't want us to think we are better than other sinners. He wants us to love and try to bring others to Jesus with our example of love. Jesus also says: "For every tree is known by its own fruit ... A good person out of the store of goodness in his heart produces good ..." Why does He say this? (Jesus wants us to be able to discern between good and evil. He compares a person to a tree; the fruits are their words and actions.) If we recognize that someone lacks love in their heart by the things they say and do, we will not follow them. Jesus wants us to be happy following Him in humility, loving much and doing good.

### Activity

On a large poster, draw two large hearts, one red, one black. In the red heart, write words that a follower of Jesus would say. (Thank you.; I appreciate you.; Do you need help?; Do you want to be my friend? I love Jesus...) In the black heart, write words that someone without Jesus in their heart would say. (I don't want to help you.; Leave.; I am better than you.; I don't need you.; I don't need God...) Cut small hearts and put a tape on the back. Cover the children's eyes with a scarf and turn them around three times. Have them try to put the heart in the red heart.

### Prayer

Lord, help me to see others through Your eyes of love. Send Your spirit of wisdom so I may discern between good and evil and always choose goodness. Help me to always be a witness of your love.

**Song:** Open the Eyes of my Heart Lord, Calvary Kids Plantation

(Ctrl Click) <https://youtu.be/qtCu1tm4qWo>





## Friends of Jesus and Mary

1st Sunday of Lent, March 10, 2019

*Deuteronomy 26, 4-10; Psalm 90; Romans 10, 8-13; Luke 4, 1-13*

### Jesus is Tempted in the Desert

Filled with the Holy Spirit, Jesus returned from the Jordan and was led by the Spirit into the desert for forty days, to be tempted by the devil. He ate nothing during those days, and when they were over, he was hungry. The devil said to him, "If you are the Son of God, command this stone to become bread." Jesus answered him, "It is written, *'One does not live on bread alone'*". Then he took him up and showed him all the kingdoms of the world in a single instant. The devil said to him, "I shall give to you all this power and glory; for it has been handed over to me, and I may give it to whomever I wish. All this will be yours, if you worship me." Jesus said to him in reply, "It is written: *You shall worship the Lord, your God, and him alone shall you serve.*" Then he led him to Jerusalem, made him stand on the parapet of the temple, and said to him, "If you are the Son of God, throw yourself down from here, for it is written: *He will command his angels concerning you, to guard you, and: With their hands they will support you, lest you dash your foot against a stone.*" Jesus said to him in reply, "It also says, *You shall not put the Lord, your God, to the test.*" When the devil had finished every temptation, he departed from him for a time.

### Reflection

After being baptized, the Holy Spirit led Jesus into the desert for 40 days to prepare him before his mission to save us from our sins. He prepared praying and fasting. Why?

(Prayer and fasting brings us closer to God and helps us to obey.) But Satan, God's enemy, does not want Jesus to complete his mission and tries to tempt Him in a different direction. What is temptation? The first temptation was to stop fasting, something the Holy Spirit had requested of Him and that helped Him obey; then, Satan tries to tempt Him to choose power and riches instead of serving God; and finally,

he tempts Him to throw Himself off the temple, something that is dangerous, to see if the angels save Him. Have you ever been tempted to disobey God, to choose recognition or things before serving God, to do something dangerous or illegal because your friends pressure you? Jesus always resisted, citing what God says in the bible. Jesus shows us that prayer and fasting or sacrifices, and the Word of God help us to resist temptations and complete our mission to love and serve God and our neighbor.



### Activity

Cut the cards on the following page. Glue the "Temptation" cards on one color paper (same size) and the "Help" cards on another color paper. Place the cards face down in two piles. Pick a card from each pile and discuss how the "Help" card helps in the "Temptation" card. Repeat the "Help" cards.

### Prayer

Help me Lord to resist temptations and to focus on the greatness of Your love for us. I want to be better each day. Help me to distinguish between good and evil and to share your great love with those around me. Amen.

**Song:** Stand Strong, ccw vbs

(Ctrl Click) <https://youtu.be/52GHF8v-kw>



**TEMPTATION**

You want to cheat on a test at school because you didn't study.

**TEMPTATION**

You want to watch a t.v. show that your parents prohibited.

**TEMPTATION**

Everyone is talking bad about someone and you want to join in.

**TEMPTATION**

You want to eat all the cookies and not leave any for anyone else.

**TEMPTATION**

You want to continue playing video games instead of doing homework.

**TEMPTATION**

You don't want anyone to play with your toys.

**TEMPTATION**

You want to say bad words.

**TEMPTATION**

You want to hit someone.

**TEMPTATION**

You want to rest at home and not go to church.

**TEMPTATION**

You want to laugh at someone because everyone is laughing.

**TEMPTATION**

You want to lie to your teachers or parents so you don't get in trouble.

**TEMPTATION**

You want to take someone's phone who left it by accident.

**TEMPTATION**

You don't speak to God all day to play instead.

**TEMPTATION**

You want to cheat in a game with your Friends because you are losing.

**TEMPTATION**

You want to exclude someone because they are different.

**HELP**

Speak with a priest.

**HELP**

Do not snack in between meals and offer it up to Jesus for love.

**HELP**

Receive the Sacraments with devotion.

**HELP**

Find activities or movies that are pleasing to God.

**HELP**

Speak to Jesus in the Blessed Sacrament.

**HELP**

Hacer Oración.

**HELP**

Rezar el Rosario.

**HELP**

Leer/Oír la Palabra de Dios

**HELP**

Tener buenos amigos.

**HELP**

Evitar una situación o persona que me lleve a pecar.



# Friends of Jesus and Mary

2nd Sunday of Lent, March 17, 2019

*Genesis 15, 5-12. 17-18; Psalm 26; Phil 3, 17-4, 1; Luke 4, 21-30*

## The Transfiguration

Jesus took Peter, John, and James and went up the mountain to pray. While he was praying his face changed in appearance and his clothing became dazzling white. And behold, two men were conversing with him, Moses and Elijah, who appeared in glory and spoke of his exodus that he was going to accomplish in Jerusalem. Peter and his companions had been overcome by sleep, but becoming fully awake, they saw his glory and the two men standing with him. As they were about to part from him, Peter said to Jesus, "Master, it is good that we are here; let us make three tents, one for you, one for Moses, and one for Elijah." But he did not know what he was saying. While he was still speaking, a cloud came and cast a shadow over them, and they became frightened when they entered the cloud. Then from the cloud came a voice that said, "This is my chosen Son; listen to him." After the voice had spoken, Jesus was found alone. They fell silent and did not at that time tell anyone what they had seen.

### Reflection

Before entering Jerusalem, when Jesus was going to suffer and die, he went up the mountain. There His face and clothe were transformed, shining like the sun. How did the three apostles feel at this sight? How could this help them when they see Jesus suffering and dying? (They know it is God's will.) What hope does this give us for the future? (Heaven will be glorious.) Moses and Elijah, from the Old Testament, appeared talking to Him. Why was Moses important? (Moses freed the Israelites from slavery and guided them to the promised land of Canaan. Jesus, with His suffering and death, freed us from our sins, opening the gates of Heaven to those who repent. God made an alliance with Moses and the Israelites, giving them the 10 Commandments and promising his love and protection. Jesus makes a new alliance with everyone.) Why was Elijah important? He represents the prophets of the Old Testament who asked for conversion and faithfulness to God in preparation for the coming of the Messiah. Why does Peter want to stay on the mountain? (He feels happy in God's glory.) Why does God speak to them? (He wants to confirm that Jesus is His Son and the promised Messiah; they must listen to Him.)

### Activity

On the following page, color and cut picture. Glue shiny paper or glitter around the people and on Jesus tunic. Glue onto colored paper. Play telephone with Jesus' words. (example: "I am the light of the world.") One child whispers the phrase into the ear of another child. He/she then whispers it to another child. After everyone has heard the phrase, the last child says it out loud to see if it has changed.

### Prayer

Lord, help me to always listen to and follow Jesus. Help me to always have hope in in the happiness of Heaven, despite difficulties and sadness in this world. Amen.

Song: "Listen to Jesus", Julie Sim JL

(Ctrl Click) <https://youtu.be/wkz3DMvA7zA>

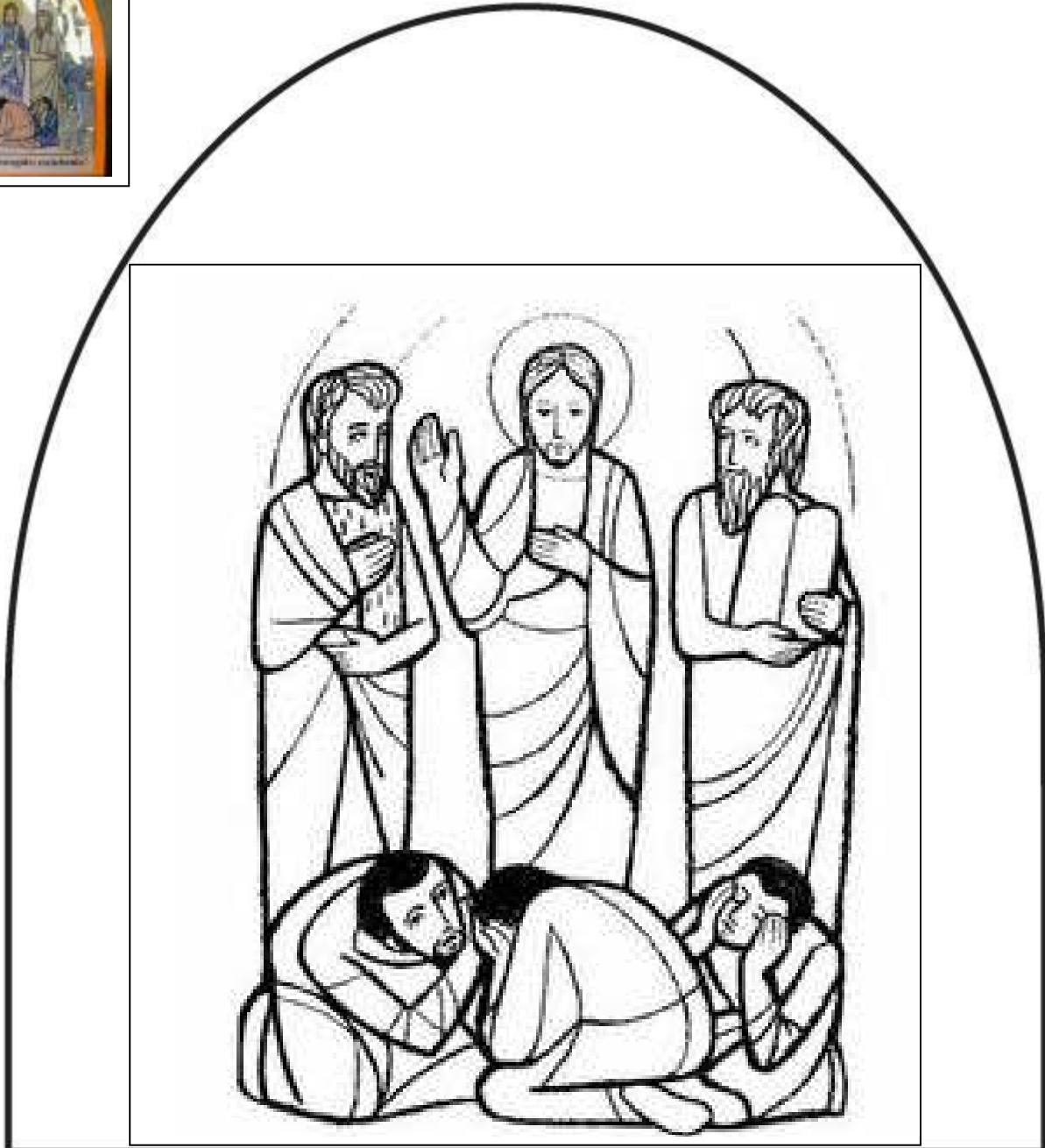




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**"This is my chosen Son; listen to Him".**

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## Friends of Jesus and Mary

3rd Sunday of Lent, March 24, 2019

*Exodus 3, 1-8a. 13-15; Psalm 102; 1 Corinthians 10, 1-6. 10-12; Luke 13, 1-9*

### A Fig Tree without Figs

Some people told Jesus about the Galileans whose blood Pilate had mingled with the blood of their sacrifices. Jesus said to them in reply, "Do you think that because these Galileans suffered in this way they were greater sinners than all other Galileans? By no means! But I tell you, if you do not repent, you will all perish as they did! Or those eighteen people who were killed when the tower at Siloam fell on them—do you think they were more guilty than everyone else who lived in Jerusalem? By no means! But I tell you, if you do not repent, you will all perish as they did!" And he told them this parable: "There once was a person who had a fig tree planted in his orchard, and when he came in search of fruit on it but found none, he said to the gardener, 'For three years now I have come in search of fruit on this fig tree but have found none. So, cut it down. Why should it exhaust the soil?' He said to him in reply, 'Sir, leave it for this year also, and I shall cultivate the ground around it and fertilize it; it may bear fruit in the future. If not, you can cut it down.'"

### Reflection

The gospel speaks of some Galileans that Pilate killed unjustifiably. Did this happen because they were big sinners? Jesus says no. Suffering exists in the world because some people choose evil, like Pilate. Other times we don't understand why, like in natural disasters, or in sickness, but we trust in God and join our suffering to Jesus' cross so He can save more souls. Jesus compares cutting a tree without fruit to a sinner who does not repent and dies in an eternity without Jesus. Jesus loves us and wants to spend eternity with us. What happens when we repent? (Our heart is filled with the Holy Spirit and we can give fruits of good works, charity and mercy and spend eternity filled with peace and love together with Jesus.)

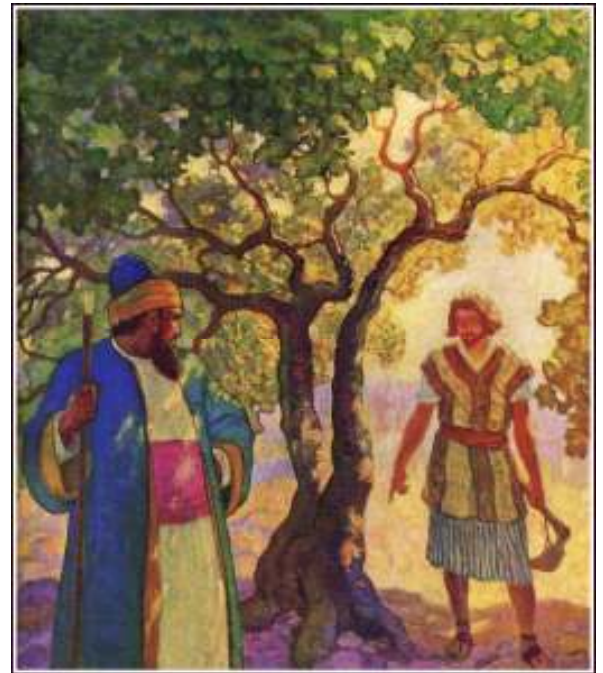
### Activity

Speak of the Works of Mercy on the following page as they color them. Bring a paper with the picture of a person to represent the Corporal Works of Mercy and a paper with the picture of a dove to represent the Spiritual Works of Mercy. Cut the Works in cards and have them place the card on the corresponding paper. Talk about which Works they can do this week.

### Prayer

Jesus, give me the humility to repent of my sins. Fill my heart with your Spirit of Love and Goodness. Make me sensitive to the needs of those around me that I may give witness of Your presence in the word. Amen.

**Song: Change my Heart Oh God, Brielle Lael**  
(Ctrl Click) <https://youtu.be/OCibJRXDD5E>







**CORPORAL  
WORKS OF  
MERCY**



Give food to the hungry.



Give drink to the thirsty.



Clothe the naked.



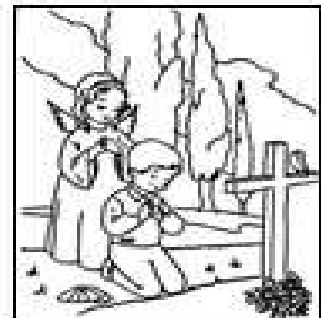
Visit the sick.



Help those in prison.



Give shelter to travellers.



Bury the dead.

**SPIRITUAL  
WORKS OF  
MERCY**



Instruct the ignorant.



Counsel the doubtful.



Admonish the sinner.



Forgive injuries.



Comfort the sorrowful.



Bear wrongs patiently.



Pray for the living and dead.



# Friends of Jesus and Mary

4th Sunday of Lent, March 31, 2019

*Joshua 5, 9a. 10-12; Psalm 33; 2 Corinthians 5, 17-21; Luke 15, 1-3. 11-32*

## The Prodigal Son

Tax collectors and sinners were all drawing near to listen to Jesus, but the Pharisees and scribes began to complain, saying, "This man welcomes sinners and eats with them." So to them Jesus addressed this parable: "A man had two sons, and the younger son said to his father, 'Father give me the share of your estate that should come to me.' So the father divided the property between them. After a few days, the younger son collected all his belongings and set off to a distant country where he squandered his inheritance on a life of dissipation. When he had freely spent everything, a severe famine struck that country, and he found himself in dire need. So he hired himself out to one of the local citizens who sent him to his farm to tend the swine. And he longed to eat his fill of the pods on which the swine fed, but nobody gave him any. Coming to his senses he thought, 'How many of my father's hired workers have more than enough food to eat, but here am I, dying from hunger. I shall get up and go to my father and I shall say to him, "Father, I have sinned against heaven and against you. I no longer deserve to be called your son; treat me as you would treat one of your hired workers."' So he got up and went back to his father. While he was still a long way off, his father caught sight of him, and was filled with compassion. He ran to his son, embraced him and kissed him. His son said to him, 'Father, I have sinned against heaven and against you; I no longer deserve to be called your son.' But his father ordered his servants, 'Quickly bring the finest robe and put it on him; put a ring on his finger and sandals on his feet. Take the fattened calf and slaughter it. Then let us celebrate with a feast, because this son of mine was dead, and has come to life again; he was lost and has been found.' Then the celebration began. Now the older son had been out in the field and, on his way back, as he neared the house, he heard the sound of music and dancing. He called one of the servants and asked what this might mean. The servant said to him, 'Your brother has returned, and your father has slaughtered the fattened calf because he has him back safe and sound.' He became angry, and when he refused to enter the house, his father came out and pleaded with him. He said to his father in reply, 'Look, all these years I served you and not once did I disobey your orders; yet you never gave me even a young goat to feast on with my friends. But when your son returns who swallowed up your property with prostitutes, for him you slaughter the fattened calf.' He said to him, 'My son, you are here with me always; everything I have is yours. But now we must celebrate and rejoice, because your brother was dead and has come to life again; he was lost and has been found.'"

### Reflection

Who does the father represent? (God) Who does the son represent? (Us when we sin and distance ourselves from God) What does Jesus want to teach us? (God always forgives us and is happy when we repent and return to Him.) Why is the brother jealous? What does his father say to him? With this story, Jesus compares the complaining Pharisees with the jealous brother.

### Activity

Act out the story of the Prodigal Son, see next page. You can enlarge the pictures for visuals.

### Prayer

My God, thank you for having mercy on me. Help me to always be grateful for the great inheritance of being called your son/daughter and of having your great Love in my life. Amen.

**Song:** You Forgive Me, Jennifer Thomason  
(Ctrl Click) <https://youtu.be/2UYyprhSc8>



**Acting Out of the Prodigal Son**

**Narrator:** Jesus tells a story: There was a rich man who had two sons. The youngest son wanted his inheritance from his father.

**Youngest son:** Please, give me my money; I want to leave.

**Chorus:**  Bad decision!



**Narrator:** The father decided to give him his part of his inheritance. He had a lot of money. (Show bag of money)



**Father:** I love you, my son.

**Narrator:** A few days later, the son received his money, packed his bags, and left far away. He loved to spend money! He threw many, many parties! (Show streamers and hats)



**Chorus:**  Bad decision!

**Narrator:** One day, he looked in his money bag, it was empty! He found a job taking care of pigs. He was so hungry that he wanted to eat the pig's food, but they wouldn't let him! He was so sad!



**Youngest son:** I will return to my father. He will give me better work.

**Chorus:**  Good decision!

**Narrator:** So, he walked and walked until he could see his house at a distance. His father saw him coming; each day he watched the road hoping he would someday return. He was so happy, he went running and hugged him.



**Father:** I love you, my son.

**Youngest son:** Forgive me, Father.

**Father:** I forgive you. Now, let's celebrate that you have returned home! My son was lost and is now found!

**Narrator:** The father gave him new clothes, shoes, and a ring. They had a great party! (Show the articles)





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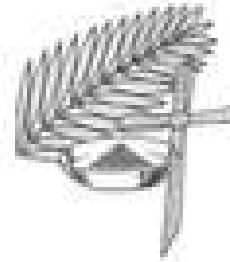


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## WE CELEBRATE ASH WEDNESDAY



The priest makes a cross with ashes on our foreheads. We think of Jesus' great love. Jesus died on the cross for us. He rose to new life. Someday we will live with Jesus forever.



- Color this child. Make the cross on the child's forehead a light black.
- Thank Jesus for His great love as you color.

The ashes for Ash Wednesday are obtained from burning last year's Palm Sunday palms.

Ash Wednesday begins the season of Lent where we look inside our hearts to see what needs changing.

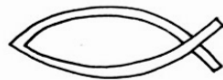
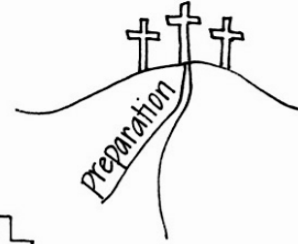
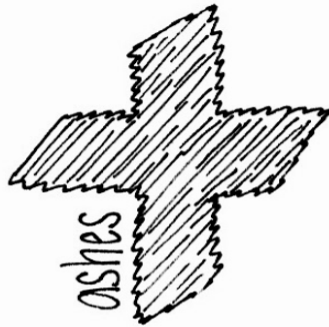
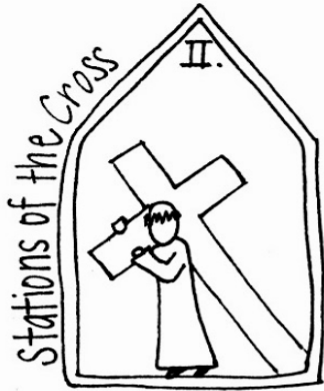
How can we become more like Jesus?

Loving more.  
Sharing more.  
Caring more.

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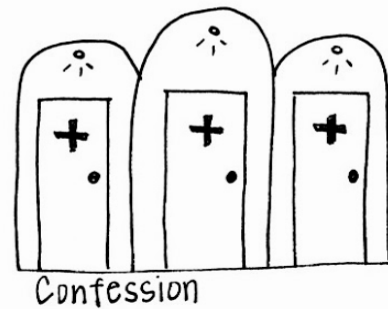
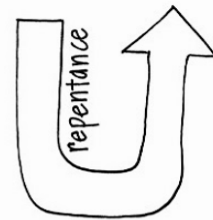
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Lent



40  
forty days





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# Lenten Calendar



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>Ash Wednesday</b> Receive ashes today. What are they for?	Help someone today without being asked.	Practice sharing today.	Do something with your family.
First Week of Lent	Talk to God today for ten minutes.	Read a book to someone younger.	Thank God for the people who take care of you.	Do something nice for someone and do not let them know.	What do you like about your teacher? Tell him or her.	Go to the Stations of the Cross.	Send a card or call a grandparent.
Second Week of Lent	Tell God about something that happened today.	Thank the person who makes your lunch today.	Be EXTRA good in school today.	Do someone's job today.	Read the Bible for ten minutes.	Teach someone how to do something.	Clean your room.
Third Week of Lent	Take a walk with a friend today.	Tell a friend something you like about him or her.	Eat lunch with someone different today.	What do you like best about your Dad? Tell him.	Do something extra helpful at home.	Pray for people you know who have died.	Help clean the house today.



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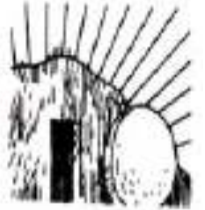


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# Lenten Calendar



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Fourth Week of Lent	Say "thank you" to the person who makes your breakfast.	Say "thank you" to five people today.	Be nice to someone you don't like a lot.	Say "thank you" to whoever drives you to school.	Tell a sister, brother, or friend why they are special.	Pray for lonely people in the world.	Don't be crabby today.
Fifth Week of Lent	Thank God for your family.	Tell your mom what you like best about her.	Hug everyone in your family!	Practice sharing today.	Play with someone younger than you.	Offer to help someone today.	Make something for someone.
Holy Week	Read the Bible for ten minutes today.	What signs of spring do you see?	Tell someone the story of Jesus' Resurrection.	Say "thank you" to the person who fixes your dinner.	What do you like about mealtime at your house?	Tell someone the story of Jesus' death.	Make an Easter decoration.
Easter	He is risen!						

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ST. JOSEPH, HUSBAND OF THE VIRGEN MARY, MARCH 19



**St. Joseph**, husband of the Virgen Mary and protector of the Sacred Family, was born in Bethlehem, the city of King David, from whom he descended.

He lived in Nazareth when the Angel Gabriel appeared to him in a dream and told that his betrothed was going to give birth to the Son of God, conceived by the Holy Spirit. Happily, he married her and adopted Jesus who loved him very much. St. Joseph was a carpenter and taught Jesus how to be one also. He always **listened and obeyed** God: when the angel told him to leave to Egypt because

Herod wanted to kill the child King, and when the angel told him to return to Nazareth because

Herod had died. He always **accepted** difficult circumstances: when Jesus was born in a poor stable and the exile in Egypt. He always **had faith** in God: when he Heard from the prophet Simeon at the Presentation that the Virgen Mary and Jesus would suffer and when Jesus was lost for 3 days and they found Him in the temple with the teachers of the law. He did everything out of **love** for God and the Virgen Mary.

St. Joseph,  
Help me to **listen to**  
and to **obey** God;  
to **accept** the difficult  
circumstances of my life;  
to always **have faith** in God;  
and to always **love** God and  
neighbor greatly.

AMEN







THE ANNUNCIATION OF THE VIRGEN MARY, MARCH 25



**THE ANGELUS**

**V.** The Angel of the Lord declared to Mary,  
**R.** and she conceived of the Holy Spirit.

Hail Mary...

**V.** Behold the handmaid of the Lord,  
**R.** be it done unto me according to your word.

Hail Mary...

**V.** And the Word was made Flesh,  
**R.** and dwelt among us.

Hail Mary...

**V.** Pray for us, O Holy Mother of God,  
**R.** that we may be made worthy of the promises of Christ. Amen.



**Instructions: color and cut. Glue to both sides of ½ a colored page (8.5”x11”). Can glue yarn on hair, cotton on cat, etc. Pray the Angelus. (Normally prayed at 6am, 12pm, and 6pm.)**



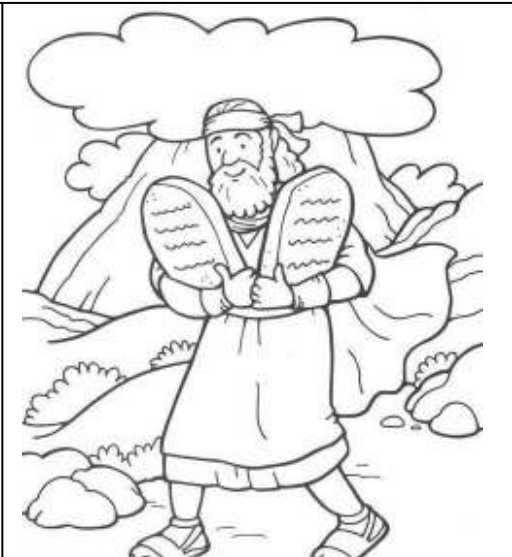
**OLD TESTAMENT STORY - THE ISRAELITES IN THE DESERT**



Leaving Egypt, Pharaoh had a change of heart and ordered the armies to pursue them. God sent a cloud in the shape of a column to guide and protect them during the day and to illuminate the night. When they got to the Red Sea, Moses raised his hand and God sent a strong wind that opened the waters so they could pass on dry land; then the wind stopped, and the waters covered the Egyptian army.



After two months crossing the desert, the food was finished. The people complained, so God sent a Flock of quail so they could eat meat; and in the morning the ground was covered with mana, a sweet bread that nourished.



They approached Mount Sinai and God ordered Moses to go to the summit to speak to Him. God gave him a message for the people: "If you listen to my voice and are willing to obey, you shall be my people and I will make you a holy nation." He gave Moses the book of the 10 commandments and the people accepted them. Moses sacrificed several steers and sprinkled the people and the book with the blood saying: "This is the blood of the covenant that God has made with you."



God called Moses to the summit of Mt. Sinai again to give him more instructions about the Covenant with His people; there he stayed for 40 days and nights. The people thought that God and Moses had abandoned them and gathered gold jewelry and objects and made golden calf and adored it as many had done in Egypt. As punishment and to help them depend Him and not on false gods, God left them in the desert for 40 years before guiding them to the promised land.