



March 2020 Miami, Florida

#### Dear Guides:

Lent is a time to get closer to Jesus. We recall that on a Friday, Jesus suffered and died for us. With abstinence and fasting, we try to imitate Him and show Him that we appreciate what He did for us. Doing the works of mercy, we spread the love that Jesus gives us and wants so much in return. Let us try to do the stations of the cross or the Sorrowful Mysteries of the Rosary during Lent and encourage the children to do the works of mercy.

#### Important days during the month:

March 07 Memorial Saints Perpetua, and Felicity, Martyrs March 17 St. Patrick, Bishop March 19 St. Joseph, Husband of the Virgen Mary March 25 Annunciation of the Lord

#### Materials included this month:

- 1. Calendar
- 2. Meditations and Activities for Sunday Gospels
- 3. Works of Mercy
- 4. St. Joseph, Husband of the Virgen Mary, activity and coloring
- 5. The Annunciation of the Lord, activity and coloring
- 6. Lent crosses with weekly promises of prayer, sacrifice, or almsgiving

#### God Bless You Always,

**Committee Friends of Jesus and Mary.** 





## 🗱 Florida Center for Peace

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MARCH 2020						
1 1st Sunday of Lent	2	3	Optional St. Casimir, Religious	5	6	7 <b>Memorial</b> Saints Perpetua, and Felicity, Martyrs
2nd Sunday of Lent the Transfiguration Optional St. John of God, Religious	9	10	11	12	13	14
15 3rd Sunday of Lent	16	17 Optional St. Patrick, bishop	18	Solemnity St. Joseph, spouse of the most Holy Virgin Mary	20	21
22 4th Sunday of Lent	23	24	25 Solemnity The Annunciation of the Lord	26	27	28
29 5th Sunday of Lent	30	31		Solemnity In the Catholic Church, a solemnity is the most elevated rank of liturgical celebrations, to commemorate an act of most importance for the faith.	[Memorial] A day of remembrance or commemoration of a saint(s).  [Optional] An optional day or commemoration of a saint(s).	Feast] An annual religious celebration.

Webpage: www.fcpeace.com





## Friends of Jesus and Mary

1st Sunday of Lent, March 1, 2020

Genesis 2, 7-9. 3 1-7; Psalm 50; Romans 5, 12-19; Mathew 4, 1-11

#### Jesus is tempted in the desert.

At that time Jesus was led by the Spirit into the desert to be tempted by the devil. He fasted for forty days and forty nights, and afterwards he was hungry. The tempter approached and said to him, "If you are the Son of God, command that these stones become loaves of bread." He said in reply, "It is written: One does not live on bread alone, but on every word that comes forth from the mouth of God." Then the devil took him to the holy city, and made him stand on the parapet of the temple, and said to him, "If you are the Son of God, throw yourself down. For it is written: He will command his angels concerning you and with their hands they will support you, lest you dash your foot against a stone." Jesus answered him, "Again it is written, you shall not put the Lord, your God, to the test." Then the devil took him up to a very high mountain, and showed him all the kingdoms of the world in their magnificence, and he said to him, "All these I shall give to you, if you will prostrate yourself and worship me." At this, Jesus said to him, "Get away, Satan! It is written: The Lord, your God, shall you worship and him alone shall you serve." Then the devil left him and, behold, angels came and ministered to him.

#### Reflection

After being baptized, the Holy Spirit guides Jesus to the desert for 40 days to prepare for His mission to share God's love unto death on the cross, thus, saving us from our sins. He prepared by fasting and praying. Why? (Prayer and fasting brings us closer to God and helps us obey Him.) But Satan, God's enemy, does not want Jesus to complete His mission and tries to tempt Him in another direction. What does temptation mean? (To want to do something you shouldn't do.) The first temptation was to not fast, something the Holy Spirit had directed Him to do and that would help Him to obey. Have you ever been tempted to disobey God?



Share. How did Jesus respond? The second temptation was to choose power and riches instead of serving God? Have you ever been tempted to choose comfort or fun instead of doing homework or going to Mass? Share. How did Jesus respond? The third temptation was to throw Himself off the temple, a dangerous act, to see if God would send the angels to save Him. Have you ever been tempted to do something dangerous because your friends were pressuring you? Share. How did Jesus respond? Jesus always resisted, quoting God's Word. Jesus teaches us that the Word of God, prayer and fasting or sacrificing help us to resist temptations and complete our mission to love and serve God and our neighbor.

#### **Activity**

(Ages 7-12) Give them a blank card to write anonymously a temptation they have had. Collect the cards, mix them up and read one at a time so they can offer ideas on how to fight these temptations. (Ages 3-5) On the following page, print the cards. Place the cards that fight temptations (last 8) face up on the table. Take turns picking a temptation card then choosing a card to help fight that temptation. Explain how they will fight it.

#### **Praver**

Oh my Jesus, help me to resist temptations so I may be a witness of your love always. Fill my heart with your Holy Spirit so that all that I say, do, and think may give glory to God.

Song: Stand Strong, ccw vs, (Ctrl Click) https://www.youtube.com/watch?v=52GHF 8v-kw&feature=youtu.be





## Florida Center for Peace









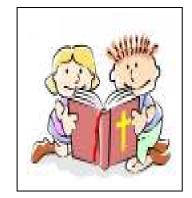


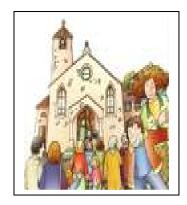


















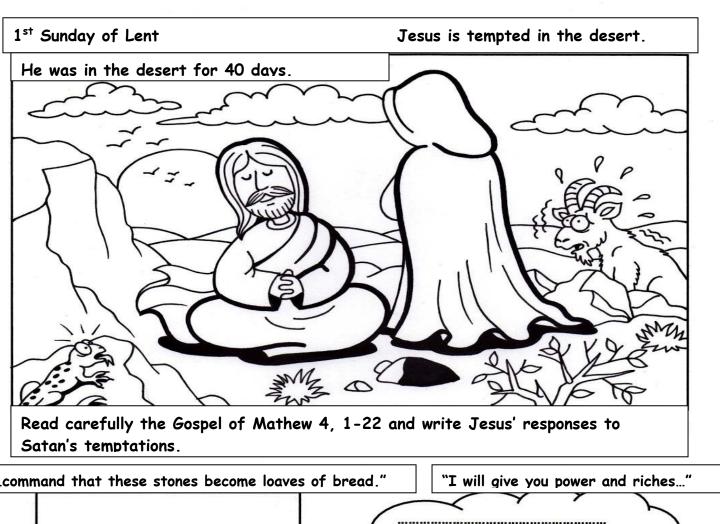


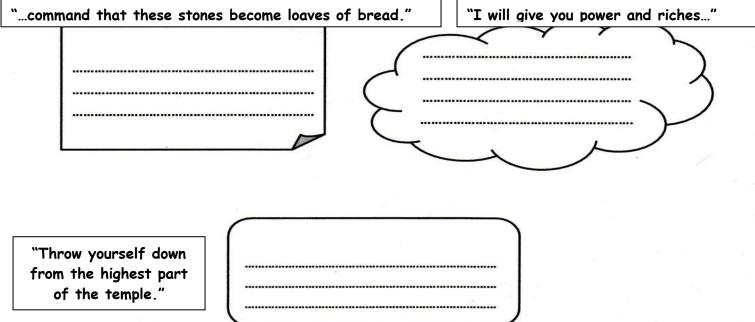


Print temptation cards (first 8) and cards on how to resist them (last 8). Place the cards to fight temptations face up on the table. Take turns picking a temptation card and choosing a card that fights this temptation. Explain how they will fight this temptation.













## Friends of Jesus and Mary

2nd Sunday of Lent, March 8, 2020

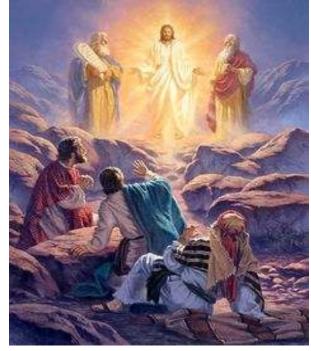
Genesis 12, 1-4<sup>a</sup>; Psalm 32; 2Timothy 1, 8b-10; Mathew 17, 1-9

#### The Transfiguration

Jesus took Peter, James, and John his brother, and led them up a high mountain by themselves. And he was transfigured before them; his face shone like the sun and his clothes became white as light. And behold, Moses and Elijah appeared to them, conversing with him. Then Peter said to Jesus in reply, "Lord, it is good that we are here. If you wish, I will make three tents here, one for you, one for Moses, and one for Elijah." While he was still speaking, behold, a bright cloud cast a shadow over them, then from the cloud came a voice that said, "This is my beloved Son, with whom I am well pleased; listen to him." When the disciples heard this, they fell prostrate and were very much afraid. But Jesus came and touched them, saying, "Rise, and do not be afraid." And when the disciples raised their eyes, they saw no one else but Jesus alone. As they were coming down from the mountain, Jesus charged them, "Do not tell the vision to anyone until the Son of Man has been raised from the dead."

#### Reflection

Before entering Jerusalem, when Jesus was going to suffer and die on the cross, He climbed up a mountain with James, Peter, and John. There He was transfigured, and His face and clothes shone with a bright light as though from Heaven. Moses and Elijah, from the Old Testament, appeared speaking with Him. How did the 3 apostles feel seeing this? (Surprised, amazed) Why was Moses **important?** (Moses freed the Israelites from slavery in Egypt and guided them to the Promised Land; Jesus, with His passion and death, freed us from our sins opening the gates of heaven, our promised land.) Why was Elijah important? He represented the prophets of the Old Testament that pleaded for conversion and faithfulness to God in preparation for the coming of the Savior. The presence of Moses and Elijah indicate that Jesus is the promised Messiah, the fulfillment of God's promises in the Old Testament. Why does God speak? (He wants to confirm that Jesus is His son, the promised one, and we must listen to Him.) How would this vision help the apostles when faced with **Iesus' suffering and death on the cross?** (They would



understand it was God's plan.) **What hope does it give us for the future?** (A glorious, radiance awaits us in Heaven.) **Why does Peter want to stay on the mountain?** (He is happy in God's glory.)

#### **Activity**

On the following page, color picture and glue onto shiny paper (younger kids). Complete the Word search (older kids). Play telephone with words from the Gospel (Ex: "This is my beloved son...listen to Him.") A child whispers a phrase into the ear of another child; the 2nd child whispers the phrase to a 3rd. This continues until everyone has heard the phrase. The last person tells the phrase out loud to see if it has changed.

#### **Prayer**

Lord, help me to listen and follow Jesus always. Help me to always hope in Heaven's happiness even in difficult and sad times. Amen.

Song: Listen to Him, Julie Sim JL, https://www.youtube.com/watch?v=wkz3DMvA7zA&feature=youtu.be





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JESUS PETER JAMES
JOHN MOUNTAIN FACE
SUN MOSES ELIJAH
TENTS CLOUD SHADOW



#### THE TRANSFIGURATION OF JESUS







## Friends of Jesus and Mary

3rd Sunday of Lent, March 15, 2020

Exodus 17, 3-7; Psalm 94; Romans 5, 1-2.5-8; John 4, 5-15. 19b-26. 39a. 40-42

#### The Samaritan Woman at the Well

Jesus came to a town of Samaria called Sychar, near the plot of land that Jacob had given to his son Joseph. Jacob's well was there. Jesus, tired from his journey, sat down there at the well. It was about noon. A woman of Samaria came to draw water. Jesus said to her, "Give me a drink." His disciples had gone into the town to buy food. The Samaritan woman said to him, "How can you, a Jew, ask me, a Samaritan woman, for a drink?" —For Jews use nothing in common with Samaritans.— Jesus answered and said to her, "If you knew the gift of God and who is saying to you, 'Give me a drink.' you would have asked him and he would have given you living water." The woman said to him, "Sir, you do not even have a bucket and the cistern is deep; where then can you get this living water? Are you greater than our father Jacob, who gave us this cistern and drank from it himself with his children and his flocks?" Jesus answered and said to her, "Everyone who drinks this water will be thirsty again; but whoever drinks the water I shall give will never thirst; the water I shall give will become in him a spring of water welling up to eternal life." The woman said to him, "Sir, give me this water, so that I may not be thirsty or have to keep coming here to draw water. "I can see that you are a prophet. Our ancestors worshiped on this mountain; but you people say that the place to worship is in Jerusalem." Jesus said to her, "Believe me, woman, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You people worship what you do not understand; we worship what we understand, because salvation is from the Jews. But the hour is coming, and is now here, when true worshipers will worship the Father in Spirit and truth; and indeed, the Father seeks such people to worship him. God is Spirit, and those who worship him must worship in Spirit and truth." The woman said to him, "I know that the Messiah is coming, the one called the Christ; when he comes, he will tell us everything." Jesus said to her, "I am he, the one who is speaking with you." Many of the Samaritans of that town began to believe in him. When the Samaritans came to him, they invited him to stay with them; and he stayed there two days. Many more began to believe in him because of his word, and they said to the woman, "We no longer believe because of your word; for we have heard for ourselves, and we know that this is truly the savior of the world."

#### Reflection

Why did the woman ask, how is it that Jesus, a Jew, asks her for water? (The Jews and the Samaritans did not get along because of differing religious beliefs including where they worship God: the Jews worshiped in the temple in Jerusalem and the Samaritans worshipped on the mountain in Samaria.) Why doesn't Jesus care that she is Samaritan? (Jesus loves everyone equally.) Jesus responds "If you knew the gift of God and who is saying to you, 'Give me a drink,' you would have asked him and he would have given you living water." What does Jesus say about the water He gives? ("Whoever drinks the water I shall give will never thirst; the water I shall give will become in him a spring of water welling up to eternal life.") What does this mean? (The water that Jesus speaks of is the Holy Spirit in our hearts who inspires us to love God and our neighbor thus reaching Heaven.) Jesus admits that He is the Messiah and she converts.

#### **Activity**

On the following page, cut and glue on large red heart. Cut and glue dove on top of other side of heart. Share how water is a symbol of the Holy Spirit in our hearts. (Water

cleanses us; the Holy Spirit purifies us. Water keeps us alive; the Holy Spirit gives us God's life in our hearts.) Share how each one can take God's love to others and write it on the other side of the heart.

#### **Prayer**

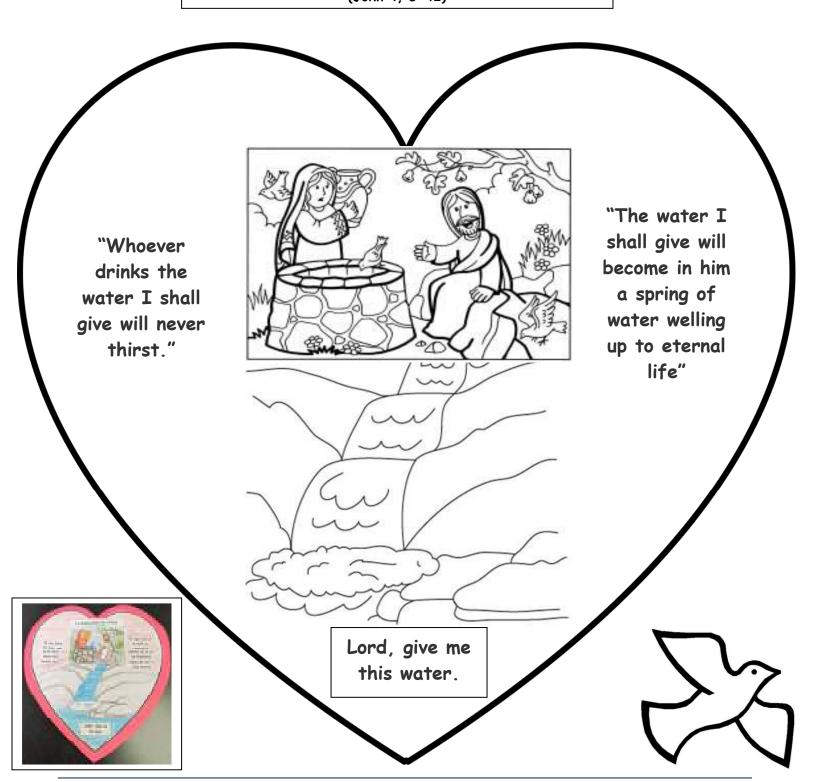
Jesus, send your Holy Spirit and fill my heart with Your Love and Peace. Help me to take this love to the world. Amen. **Song:** Peace like a River, CJ and Friends, **(Ctrl Click)** <a href="https://www.youtube.com/watch?v=d6085sLXCMs">https://www.youtube.com/watch?v=d6085sLXCMs</a>







# The Samaritan Woman at the Well (John 4, 5-42)







## Friends of Jesus and Mary

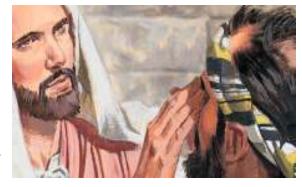
4th Sunday of Lent, March 22, 2020

1 Samuel 16, 1b. 6-7. 10-13a; *Psalm 22; Ephesians 5, 8-14; John 9, 1. 6-9. 13-17. 34-38* **Jesus cures a blind man.** 

As Jesus passed by he saw a man blind from birth. He spat on the ground and made clay with the saliva, and smeared the clay on his eyes, and said to him, "Go wash in the Pool of Siloam" — which means Sent —. So he went and washed, and came back able to see. His neighbors and those who had seen him earlier as a beggar said, "Isn't this the one who used to sit and beg?" Some said, "It is, "but others said, "No, he just looks like him." He said, "I am." They brought the one who was once blind to the Pharisees. Now Jesus had made clay and opened his eyes on a Sabbath. So then the Pharisees also asked him how he was able to see. He said to them, "He put clay on my eyes, and I washed, and now I can see." So some of the Pharisees said, "This man is not from God, because he does not keep the Sabbath." But others said, "How can a sinful man do such signs?" And there was a division among them. So they said to the blind man again, "What do you have to say about him, since he opened your eyes?" He said, "He is a prophet." They answered and said to him, "You were born totally in sin, and are you trying to teach us?" Then they threw him out. When Jesus heard that they had thrown him out, he found him and said, "Do you believe in the Son of Man?" He answered and said, "Who is he, sir that I may believe in him?" Jesus said to him, "You have seen him, and the one speaking with you is he." He said, "I do believe, Lord," and he worshiped him.

#### Reflection

¿What did people think about a person who was born blind? It was thought that a blind man was a great sinner since birth, or that his parents were sinners. Jesus is moved at seeing a blind man begging, and takes the initiative to heal him. He smeared mud on his eyes and asked him to go wash in the pool of Siloam. ¿Why does Jesus send him to the Siloam Pool? Siloam means "sent". This pool was fed with water that was sent from a spring called Gihon. Just as Jesus was the Son sent by the Father to show the works of God to the World, this blind man was now sent by the Son to wash



in the Siloam and experience one of those wonderful works. Later, the blind man was brought before the Pharisees (hypocritical men who were only interested in following God's Law, not in helping people). ¿What attitude did the Pharisees have before this miracle? Far from rejoicing, they were upset that Jesus had healed him on Saturday. The law said one cannot work on Saturday. They did not care that Jesus was healing someone from a lifelong illness. Then they asked him who had healed him and the man answered, that He was a Prophet; so they expelled him from the Temple. Jesus finds him, receives him and invites him to believe in the Son of God. When the blind man is willing to believe, what does Jesus say? "You have seen him, and the one speaking with you is he". What did the blind man do? The man felt God's presence and said, "I believe"; he fell down and worshiped Him.

#### Activity

Color the following page related to this Gospel and complete the crossword puzzle.

### **Prayer**

Jesus, You are the Light of the World. You are the one who gives us the vision so that, through You, with You, in You, we can be saved. Amen

**Song:** Jump into the Light by Jana Alayra <a href="https://www.youtube.com/watch?v=xVGORBCdh5A">https://www.youtube.com/watch?v=xVGORBCdh5A</a>



## **JESUS HEALS A BLIND MAN**

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## Friends of Jesus and Mary

5th Sunday of Lent, March 29, 2020

Ezequiel 37, 12-14; Psalm 129; Romans 8, 8-11; John 11, 3-7. 17. 20-27. 33b-45

#### **Martha and Maria**

The sisters of Lazarus sent word to Jesus, saying, "Master, the one you love is ill." When Jesus heard this he said, "This illness is not to end in death, but is for the glory of God, that the Son of God may be glorified through it." Now Jesus loved Martha and her sister and Lazarus. So when he heard that he was ill, he remained for two days in the place where he was. Then after this he said to his disciples, +Let us go back to Judea." When Jesus arrived, he found that Lazarus had already been in the tomb for four days. When Martha heard that Jesus was coming, she went to meet him; but Mary sat at home. Martha said to Jesus, "Lord, if you had been here, my brother would not have died. But even now I know that whatever you ask of God, God will give you." Jesus said to her, Your brother will rise." Martha said, "I know he will rise, in the resurrection on the last day." Jesus told her, "I am the resurrection and the life; whoever believes in me, even if he dies, will live, and everyone who lives and believes in me will never die. Do you believe this?" She said to him, "Yes, Lord. I have come to believe that you are the Christ, the Son of God, the one who is coming into the world." He became perturbed and deeply troubled, and said, "Where have you laid him?" They said to him, "Sir, come and see." And Jesus wept. So the Jews said, "See how he loved him." But some of them said, "Could not the one who opened the eyes of the blind man have done something so that this man would not have died?" So Jesus, perturbed again, came to the tomb. It was a cave, and a stone lay across it. Jesus said, "Take away the stone." Martha, the dead man's sister, said to him, "Lord, by now there will be a stench; he has been dead for four days." Jesus said to her, "Did I not tell you that if you believe you will see the glory of God?" So they took away the stone. And Jesus raised his eyes and said, "Father, I thank you for hearing me. I know that you always hear me; but because of the crowd here I have said this, that they may believe that you sent me." And when he had said this, He cried out in a loud voice, "Lazarus, come out!" The dead man came out, tied hand and foot with burial bands, and his face was wrapped in a cloth. So Jesus said to them, "Untie him and let him go." Now many of the Jews who had come to Mary and seen what he had done began to believe in him.

#### Reflection

Jesus had a lot of affection for three brothers: Lazarus, Mary and Martha who lived in Bethany: a village located 3 km from Jerusalem. Although a messenger warns Jesus that his great friend Lazarus was dying, Jesus stayed in the place where he was a few days away. Why didn't Jesus go immediately to see his friend Lazarus? Jesus had a purpose; he, wanted to show them that He was God with His power to even raise someone



from the dead. A few days later, Jesus returns to Lazarus' house, but he was already dead. ¿What do Lazarus' sisters (Martha and Mary) say to Jesus? They were sad that Jesus had not arrived on time knowing that if he had, their brother would not have died. But they also had a lot of faith and trust in Jesus. He tells them: "I am the resurrection and the life, whoever believes in me, even if he dies, will live; and everyone who is alive and believes in me will not die forever". Jesus performs a miracle in the sight of all, and shows the Glory of God, raising Lazarus from the dead. This served for many Jews to believe in Jesus. All who believe in Jesus as Savior and Lord will also have eternal life.

**Activity** Color the following page, related with the Gospel and solve the crossword puzzle.

**Prayer** Lord, stay with me always; help me to blindly believe in you, in your words, and in your deeds, so I may enjoy the Glory of God forever. Amen.

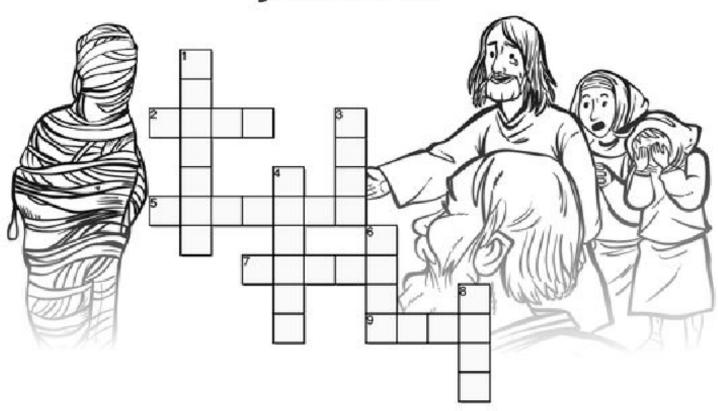
**Song** Sing High Low by Thrisha Aguilar,

ttps://www.youtube.com/watch?v=DT470ivxWbo&list=PL5NlNQJLqINyvoFsyEocBX17\_8q4PhZc9



# LAZARUS

## John 11:1-44



#### Across

- 2. How many days had Lazarus been dead by the time Jesus arrived at his house?
- 5. What town did Lazarus live in?
- Jesus commanded at Lazarus's tomb, "Take the \_\_\_\_\_\_away!"
- 9. Jesus gave Lazarus \_\_\_\_ again

#### Down

- Lazarus was Martha and Mary's
- Three of Jesus's closest friends were \_\_\_\_\_, Martha and Lazarus.
- 4. Who was upset that Jesus hadn't arrived before Lazarus had died?
- When Lazarus became sick, Mary and Martha hoped Jesus would \_\_\_\_\_ him.
- When Jesus arrived at Lazarus's tomb, he showed his feelings and \_\_\_\_\_\_.





#### Florida Center for Peace



Then they themselves also will answer. Lord, when did we see You hungity, or thirstly, or a stranger, or naked, or sick, or in prison, and did not take core of You? Then his will arewer them. "ruly I say to you, to the extent that you did not do it to one of the least of these, you did not do it to the. These will go away into dernal punishment, but the righteous into cternal life." ~ffatthew 25:31-46

# The Corporal Works of Mercy

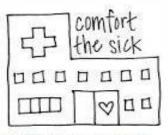
Name



"But when the Son of than comes in His glory, and all the angels with Him, then He will sit on His glerious throne. All the nations will be gathered before Him, and He will separate them from one another, as the shepherd separates the sheep from the goats, and He will put the sheep on His right, and the goats on the left."



Then He will also say to those on His Left, Depart from Me, accursed ones, into the eternal fire which has been prepared for the day! and his angels, for I was hungry, and you gave Me nothing to eat. I was thirsty, and you gave Me nothing to drink, I was a stranger, and you did not invite Me in, naked, and you did not visit Me."



"The King will answer and say to them. "Inuly I say to you, to the extent that you did it to one of these brothers of Mine, even the least of them, you did it to Me."



Then the King will say to those on His right, Come, you who are blessed of flly Father, inherit the Kingdom prepared for you from the foundation of the world. For I was hungry, and you gave file something to eat. I was thirstly, and you gave file something to drink."



"I was a stranger, and you invited file in: naked, and you clothed file, I was sick, and you visited file, I was in prison, and you came to file."



"Then the rightleous will answer him.
Lord, when did we see You hungry, and
feed You or thirstly, and give You
something to drink? And when did we
see You a stranger, and invite You in, or
naked, and elothe You? When did we see
You sick, or in prison, and come to You?"



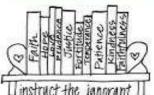
"For if you forgive others for their transgressions, your heavenly Father will also forgive you." ~ Matthew 6.14

# The Spiritual Works of Mercy

Name



"Blessed are those who mourn, for they shall be comforted." ~Matthew 5.4 We have not coursed to pray for you and to ask that you may be filled with the knowledge of His will in all spiritual wisdom and understanding —Colossians 1.9



"The fear of the Lord is the beginning of wisdom: Fools despise wisdom and instruction." -- Provertis 1.7



"Put on a heart of compassion, kindness, humility, gentleness, and patience, bearing with one another and forgiving each other." —Colossians 3:12-13



"If your brother sins, rebuke him; and if he repents, forgive him." ~Luke 17:3

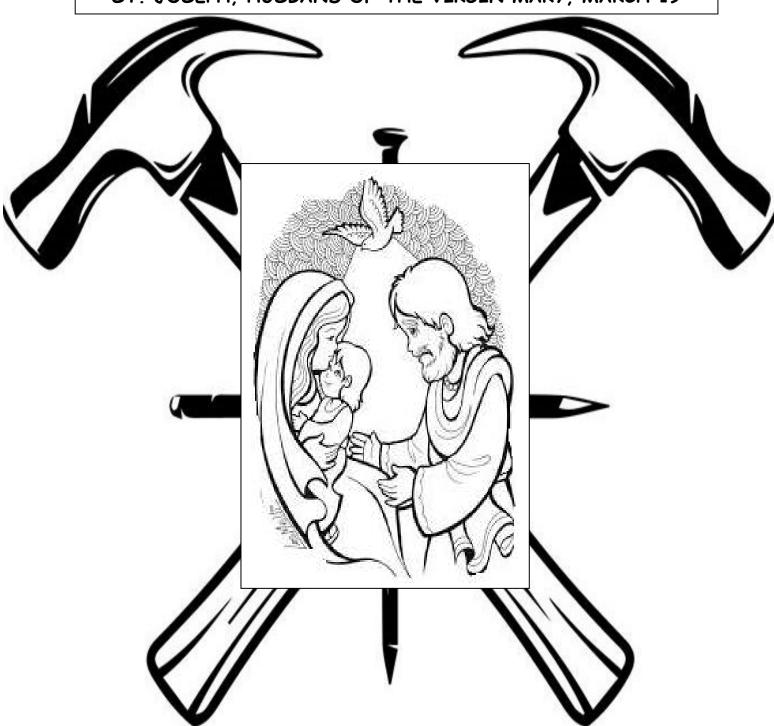


"We urge you, brethren, admonish the unruly encourage the fainthearted, help the weak, be patient with everyone." —1 Thessaloniams 5.14 We give thanks to God, the Father of our Lord Jesus Christ, praying always for you." ~Colossians L3



"Thus he made atonement for the dead that they might be absolved from their sin." —2 flaccabees 12:46

## ST. JOSEPH, HUSBAND OF THE VIRGIN MARY, MARCH 19







St. Joseph, husband of the Virgin Mary and protector of the Sacred Family, was born in Bethlehem, the city of King David, from whom he descended. He lived in Nazareth when the Angel Gabriel appeared to him in a dream and told him that his betrothed was going to give birth to the Son of God, conceived by the Holy Spirit. Happily, he married her and adopted Jesus who loved him very much. St. Joseph was a carpenter and taught Jesus how to be one also. He always listened and obeyed God: when the angel told him to leave to Egypt because Herod wanted to kill the child King, and when the angel told him to return to Nazareth because Herod had died. He always accepted difficult circumstances: when Jesus was born in a poor stable and then they were exiled to Egypt. He always had faith in God: when he heard from the prophet Simeon at the Presentation that the Virgin Mary and Jesus would suffer and when Jesus was lost for 3 days and then found in the temple with the teachers of the law. He did everything out of love for God, the Virgin Mary, and the child Jesus. \*\*\*\*\*

ST. JOSEPH,

Help me to always listen, obey, trust and love God, even in difficult times, and to love my neighbor as you did.

**AMEN** 



Instructions: print picture of the Holy Family. Color, cut, and glue onto brown paper. Cut the story of St. Joseph and glue on the other side.



#### THE ANNUNCIATION OF THE VIRGIN MARIA, MARCH 25



#### THE ANGELUS

- V. The Angel of the Lord declared to Mary,R. and she conceived of the Holy Spirit.
  - Hail Mary...
- V. Behold the handmaid of the Lord,
- **R**. be it done unto me according to your word.
  - Hail Mary...
  - V. And the Word was made Flesh,R. and dwelt among us.
    - Hail Mary...
  - V. Pray for us, O Holy Mother of God,
- R. that we may be made worthy of the promises of Christ. Amen





Instructions: color and cut. Glue to both sides of ½ a colored page (8.5"x11"). Can glue yarn on hair, cotton on cat, glitter on halo etc. Pray the Angelus. (Normally prayed at 6am, 12pm, and 6pm.)





#### Weekly Promises for Lent

**Instructions**: each week during Lent, the children take a cross home with a promise for that week, taking turns between Prayer, Sacrifices, and Almsgiving. Stress that these are gifts to Jesus because of the great sacrifice He did for us. Also, in this way we prepare our hearts for Jesus to resurrect in them on Easter.

