



Friends of Jesus and Mary

Cycle A - IX Sunday in Ordinary Time

Exodus 34, 4b-6. 8-9; Daniel 3, 52. 53. 54. 55. 56; 2 Corinthians 13, 11-13; John 3, 16-18

Solemnity of the Holy Trinity

God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. For God did not send his Son into the world to condemn the world, but that the world might be saved through him. Whoever believes in him will not be condemned, but whoever does not believe has already been condemned, because he has not believed in the name of the only Son of God.

Reflection:

What is love? (St. Thomas Aquinas says it is desiring good things for the other person. It is not a feeling, but an act of the will.) Our parents love us. How do they show us their love? (They work hard to give us what we need; they teach us how to behave so we can care for ourselves and be good; they prepare our meals, dress us, send us to school, take us to the doctor when we're sick, and they teach us faith so we have eternal happiness here and in Heaven. The bible tells us that God IS Love; How does He show us His love? (He sent His loving Son, Jesus to cure the sick, feed the hungry, forgive sinners...and to surrender His life on the cross to pay for our sins and to open the gates of Heaven.) We see how love is always shared. Today, we celebrate our God, the Holy Trinity, 1 God in 3 persons. The 3 persons are God the Father, who is Love, and who created us to share His love with us; God the Son, who is loved by



God the Father, and who came to share that love by saving us from our sins by dying on the cross; and God the Holy Spirit, who loves and guides us to Heaven. It is a mystery which we cannot understand because we are too small and God is infinite. But Jesus told us that He and His Father are one, and the Spirit of Truth is one with the Father and the Son. St. Augustine tried to understand the mystery of the Holy Trinity, 1 God in 3 persons, but Jesus appeared to him and told him this was not possible. How can we imitate the Holy Trinity in sharing love with God and others? (Praying more, sharing our things, being obedient, sacrificing something for example: not playing with a favorite toy, or not eating a favorite snack...)

Activity:

On the following pages, choose a craft of the Holy Trinity to make following the instructions. Talk about how God shows us His love every day and how we can love better this week.

Prayer:

God the Father, who gave me life, a beautiful world, and infinite love, help me to love you more.

God the Son, who died on the cross for love, help me to love like You do.

God the Holy Spirit, my guide, protector, and advocate, fill my heart with Your Love.

Song: Trinity Roll Up, Christ Music Kids, https://youtu.be/m0_YzyHp30k

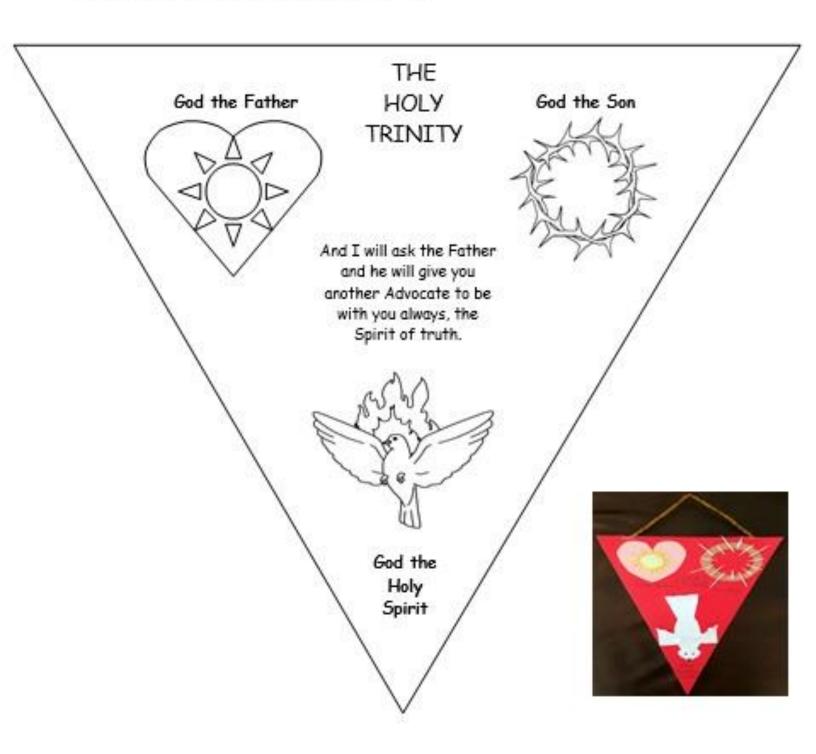
Trinity Song, U-Nite-TV, https://youtu.be/gZ vnP0kwrQ

PPT: https://docs.google.com/presentation/d/Ji3PdTk-rYn0u7BI5AR7Diu7yjZQsT2P/edit?usp=drive_link&ouid=115268475267556305384&rtpof=true&sd=true



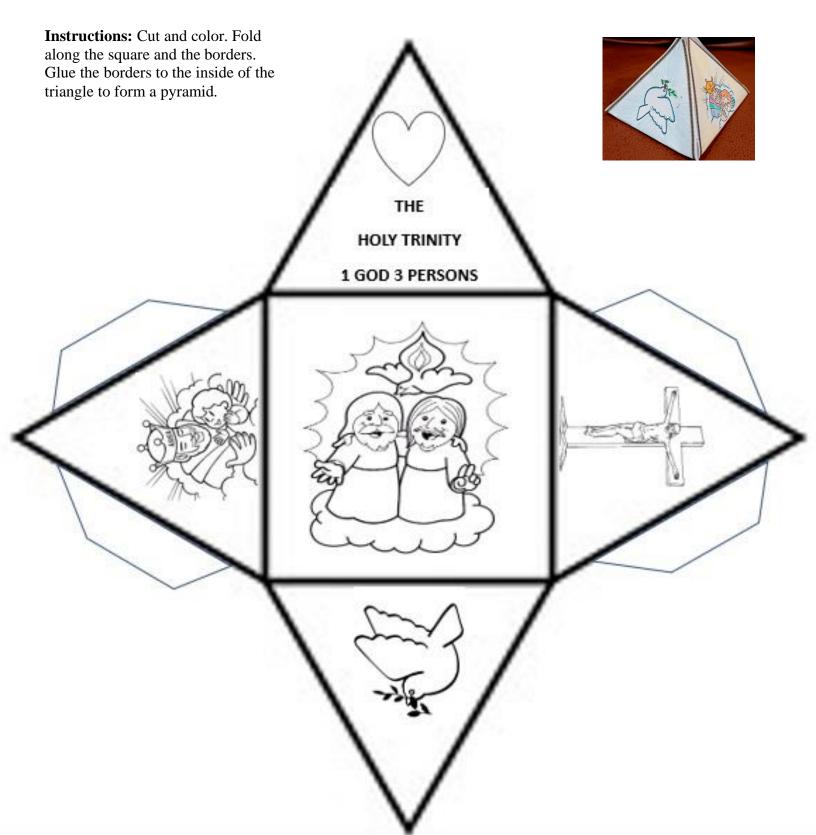


Instructions: Color, cut, and glue onto colored construction paper which is 1/2 inch larger. Tape or staple ribbon or pipe cleaner behind to hang it up.











GOD IS LOVE

