



Friends of Jesus and Mary

Cycle B - I Sunday in Advent

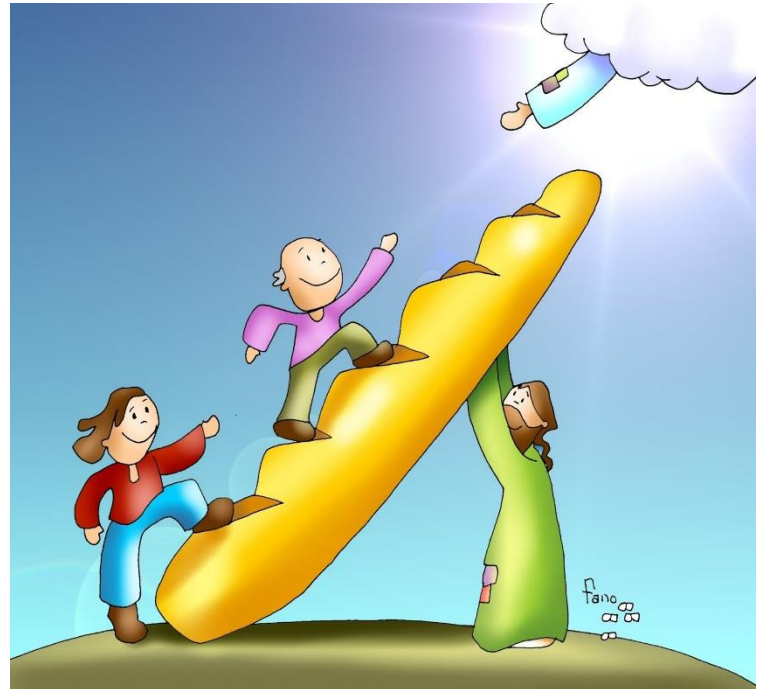
Isaiah 63, 16b-17. 19b; 64, 2b-7; Psalm 79, 2ac y 3b. 15-16. 18-19; 1 Colossians 1, 3-9; Mark 13, 33-37

Be watchful! Be alert!

Jesus said to his disciples: "Be watchful! Be alert! You do not know when the time will come. It is like a man traveling abroad. He leaves home and places his servants in charge, each with his own work, and orders the gatekeeper to be on the watch. Watch, therefore; you do not know when the Lord of the house is coming, whether in the evening, or at midnight, or at cockcrow, or in the morning. May he not come suddenly and find you sleeping. What I say to you, I say to all: 'Watch!'"

Reflection

How do we prepare to go to school? (We eat breakfast, wash our face and teeth, we do our homework, we take our bookbag with books and pencils...) **What happens if we get to school and we forgot our bookbag or left our homework?** (We have to borrow books and pencils; we may get a bad grade on homework.) **How do we prepare to go to a Party?** (We bathe, dress well, buy a present.) **How do we feel if we get to the party without bathing, with dirty clothes and flip flops, without a present?** (embarrassed) **Jesus wants us to be prepared and He gives us the example of a man who went on a trip and left employees to take care of his house. He expects his employees to keep it clean inside, and cut the grass outside. What would he do if he arrived home and found his house dirty and disorganized and the lawn uncut and filled with weeds?** (He would be



enraged and may fire his employees.) **For what does Jesus want us to be prepared?** (For the time when He comes to take us to Heaven.) **How does He want to find us?** (With a clean heart, full of love for God and our neighbor.) **Advent begins, a time when we prepare our heart to receive baby Jesus on Christmas morning. How can we prepare?** (Cleaning our heart with much prayer; participating in the Sacraments; helping our family, friends, and those in need with Works of Mercy; doing small sacrifices.)

Activity

On the following page, watch the movie about Advent; color and complete the Advent wreath activity. On the last pages make an Advent wreath of Prayer and pray daily to prepare for the birth of Jesus, our King and Savior.

Prayer

Dear Jesus, thank you for all you did to open the gates of Heaven for us. Help me get closer to you through prayer. Help me to share your love with others so I may be ready for your birth this Christmas. I love you very much. Amen.

Song: Emmanuel, <https://youtu.be/NVCCyugGRsg?si=rZJIE2gRugTvhVVF>

PPT: https://docs.google.com/presentation/d/1h6b39RIBZc7SP8JiteRkl0ApgRDV8_N/edit?usp=drive_link&oid=115268475267556305384&rtpof=true&sd=true

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Movie: The Days of Advent, Brother Francis- https://youtu.be/6pxPAIw2abo?si=b6Hpqa_vnN-NX72Z

THE SYMBOLS OF THE ADVENT WREATH

Match the boxes below with the symbols.

The green leaves

The circular shape

The 4 candles

The red ribbon



Represents
our love for
God and
God's love
that
envelops us.

Represents
the color
of hope
and life.

Represents
Christ's light that
lights the
darkness caused
by sin that
separates us from
God.

It's a sign of God's
eternal love, without
a beginning or an end
and our love for God
and Neighbor which
should never end.



ADVENT WREATH OF PRAYER



GIVE
THANKS



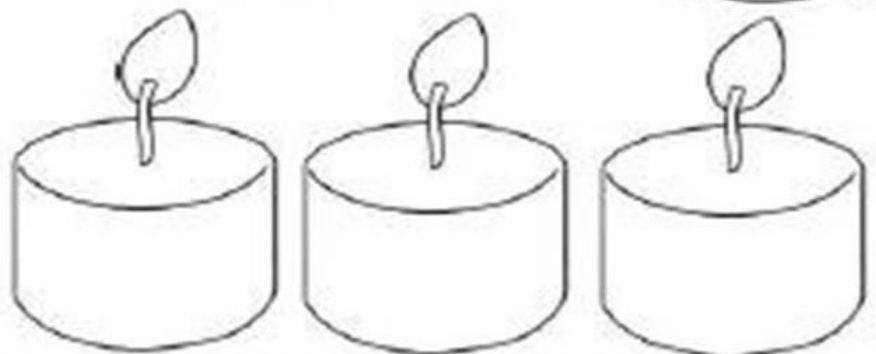
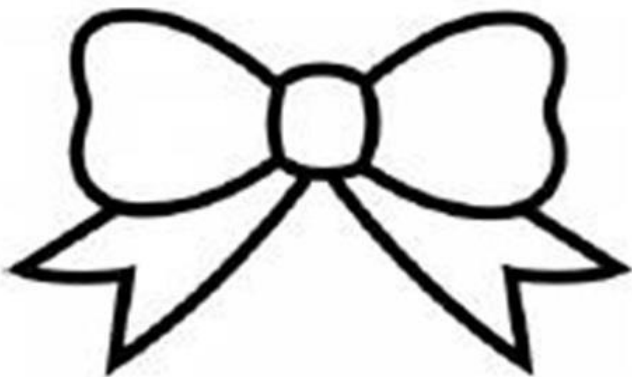
PRAISE
GOD



ASK FOR
FORGIVENESS

Instructions:

- Color hands green representing God's unending love; cut hands and glue to the border of a paper plate.
- Color and cut the bow; glue to the top center.
- Color and cut the nativity; glue to the center of the plate.
- Cut and color the 4 candles representing the Sundays of Advent: 3 purple meaning penance, 1 pink meaning joy of Jesus' upcoming birth (3rd Sunday of Advent). Glue 2 on each side. Color flame each Sunday.
- Each day, say a prayer of the type written on the hands to prepare our hearts for Baby Jesus.



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Friends of Jesus and Mary
Amigos de Jesús y María



Florida Center for Peace



PRAY FOR
OTHERS



BLESS
SOMEONE



ADORE
GOD



GIVE
THANKS



PRAISE
GOD



ASK FOR
FORGIVENESS



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