



Friends of Jesus and Mary

Cycle B - I Sunday of Lent

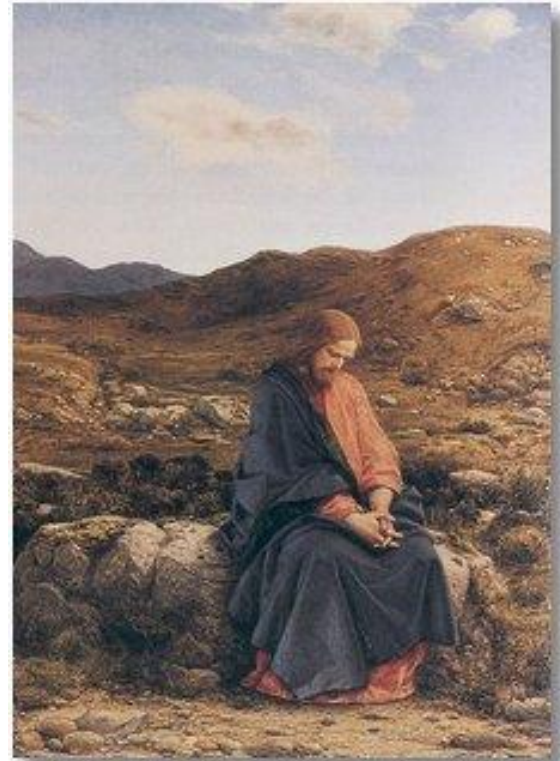
Genesis 9: 8-15; Psalm 25:4-5,6-7,8-9; 1Peter 3:18-22; Mark 1:12-15

Jesus is Tempted in the Desert

The Spirit drove Jesus out into the desert, and he remained in the desert for forty days, tempted by Satan. He was among wild beast, and the angels ministered to him. After John had been arrested, Jesus came to Galilee proclaiming the gospel of God: "This is the time of fulfillment. The Kingdom of God is at hand. Repent, and believe the gospel."

Reflection

The Holy Spirit inspired Jesus to go to the desert. Have you ever felt the impulse of the Holy Spirit to go be alone with God to pray? Maybe you needed consoling or healing of a pain, direction in a decision or doubt...Share. Jesus stayed in the desert for 40 days. **Do you know of another important time in the bible where the number 40 occurs?** (After God saved the people from slavery in Egypt, they stayed in the desert for 40 days before entering the Promised Land, Canaan.) The number 40 signifies a time of preparation in the bible. **For what was Jesus preparing?** (He soon would begin His public ministry where He would announce the Kingdom of God and talk about God's love.) **Jesus prepares by praying and fasting. Do you pray to God to ask Him for help when you are about to do something important? Share. In the desert, Satan tempted Him, trying to destroy God's plan of salvation. Do you ever feel tempted not to do what your parent's or teacher's ask of you? Share. Do you ask God to help you resist temptations? Share. Jesus resisted the temptations then went to Galilee to preach the gospel. What did He say?** (The Kingdom of God is near. Repent and believe in the gospel.)



Activity

Choose from the following: on the following page draw a line from the phrase that shows resisting a temptation to a flower and the opposite to a thorn. On the other page, complete the Lenten crossword puzzle. On the next page, complete the Resist Temptation mobile.

Prayer

Lord, sometimes we seek what's easiest. Give us a spirit of sacrifice and strength in our temptations. Help us to follow you in obedience and in serving our neighbor. Fill our hearts with love and forgiveness for those who hurt us. Amen

Song: Forgive One Another, Integrity Kids, (Ctrl Click) <https://youtu.be/fKcixWal9-0>

PPT: <https://drive.google.com/file/d/1TFLpn-iUrAkkzL0N14276IW2nwjsBKB8/view?usp=sharing>



Resist Temptations

Instructions: Draw a line from the phrase that shows resisting a temptation to a flower and the opposite to a thorn.

I said a bad word to impress my friends.

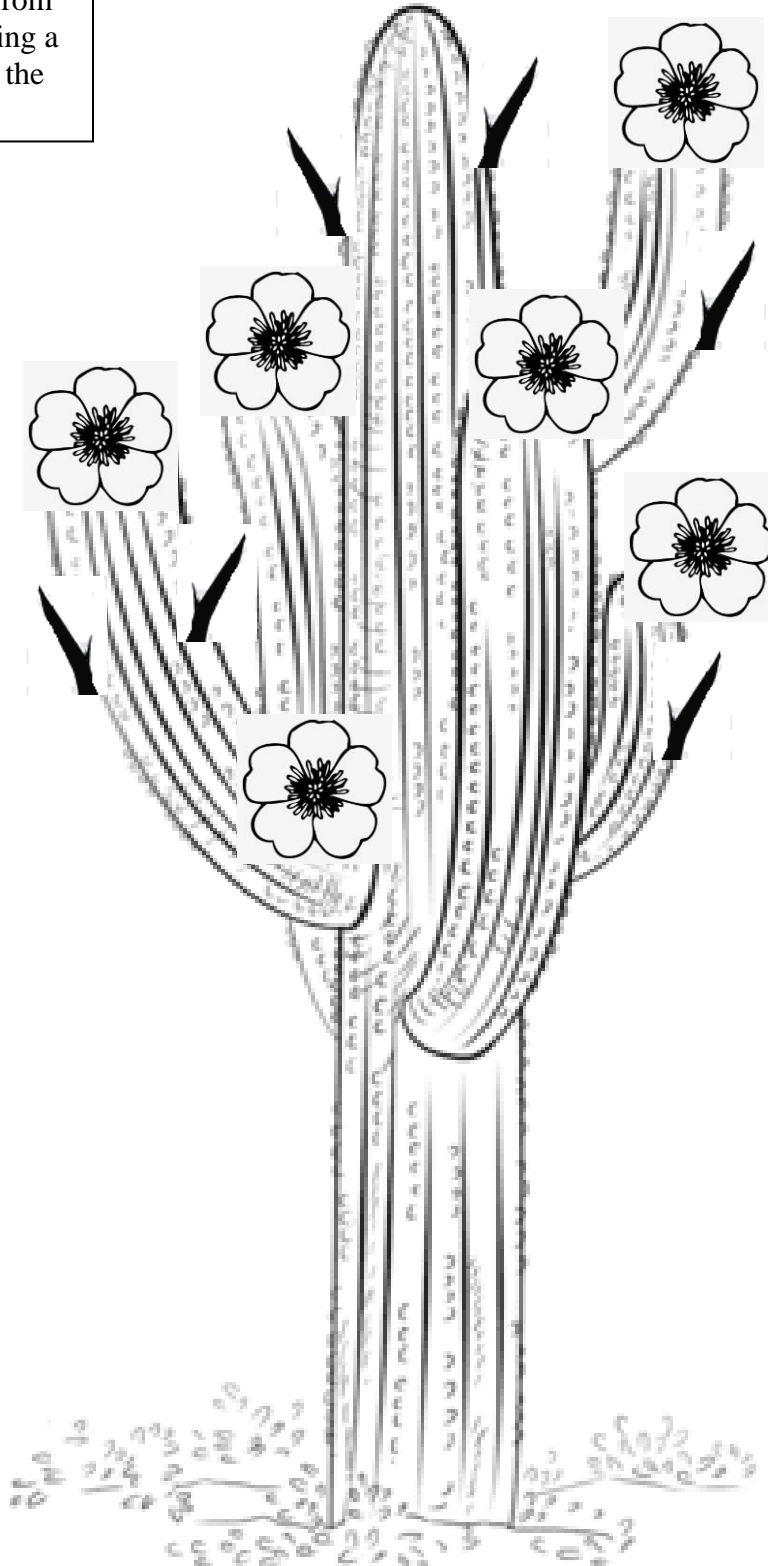
I told my parents I was studying, but was playing video games.

I was very tired, but went to Mass to show my gratitude to God.

My friends were laughing at the disabled person, but I went to open the door for them.

I did not let my sister play with my toys.

I went to sit with the new girl at lunch even though my friends did not.



I turned off the shows my parents told me not to watch.

My Little brother hit me; I told him this was wrong.

I could see the smart kid's exam, but I did not look at it although the test was hard.

My parents were not home so I took advantage to watch the program they told me not to watch.

I always pray before going to sleep, but my book was so good I fell asleep reading it.

I saw a cell phone someone left on the chair and I gave it to the teacher.



LENTEN PROMISES

During the 40 days of Lent, we prepare our heart to receive the Resurrected Christ on Easter Sunday. We prepare with:

1. Prayer
2. Small Sacrifices
3. Acts of Love

Craft:

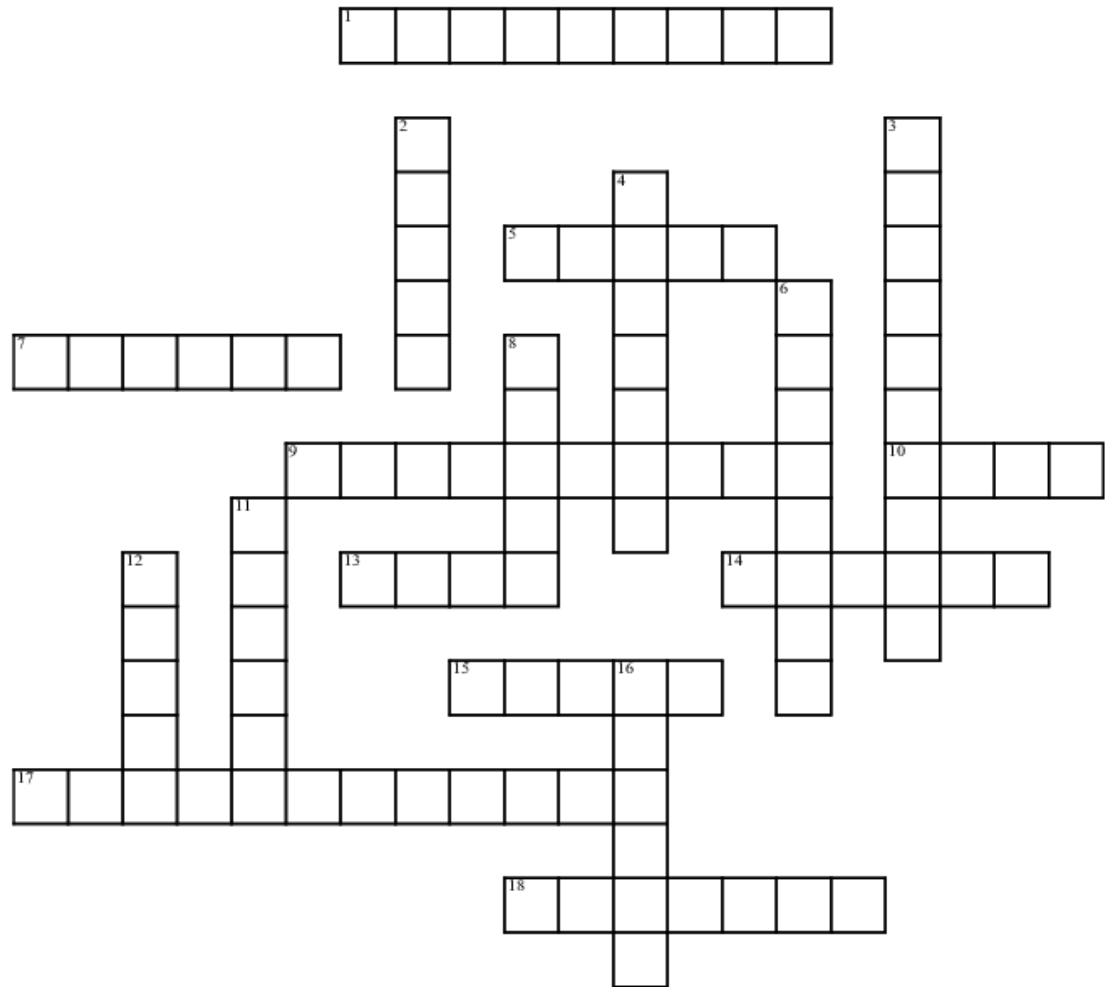
1. Fold a paper 11"x 8.5" into 3 equal parts.
2. On the side that has the folded edges on both sides, draw a heart in the middle with the right and left sides of the heart outside of the paper. Cut.
3. Write *Prayer* on one heart, *Sacrifice* on the other, and *Acts of Love* on the last.
4. Write what you plan to do this Lent on each heart.



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LENTEN CROSSWORD



Across

1. ASH _____
5. The Christian holy book
7. Jesus entered Jerusalem on this animal
9. Day in Lent recalling Jesus' death (2 words)
10. Branches waved at Jesus upon his entry into Jerusalem
13. Was with Jesus at the cross
14. Jesus prayed for 40 days here
15. What Jesus died upon
17. We spend Lent preparing for Jesus death and _____
18. Giving to _____ is a good Lenten practice

Down

2. What Jesus shed for our sins
3. Holy Communion started after this
4. To go without
6. The final week of Lent (2 words)
8. Number of days in LENT
11. Season after Lent
12. Disciple who betrayed Jesus
16. PALM _____

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Amigos de Jesús y María

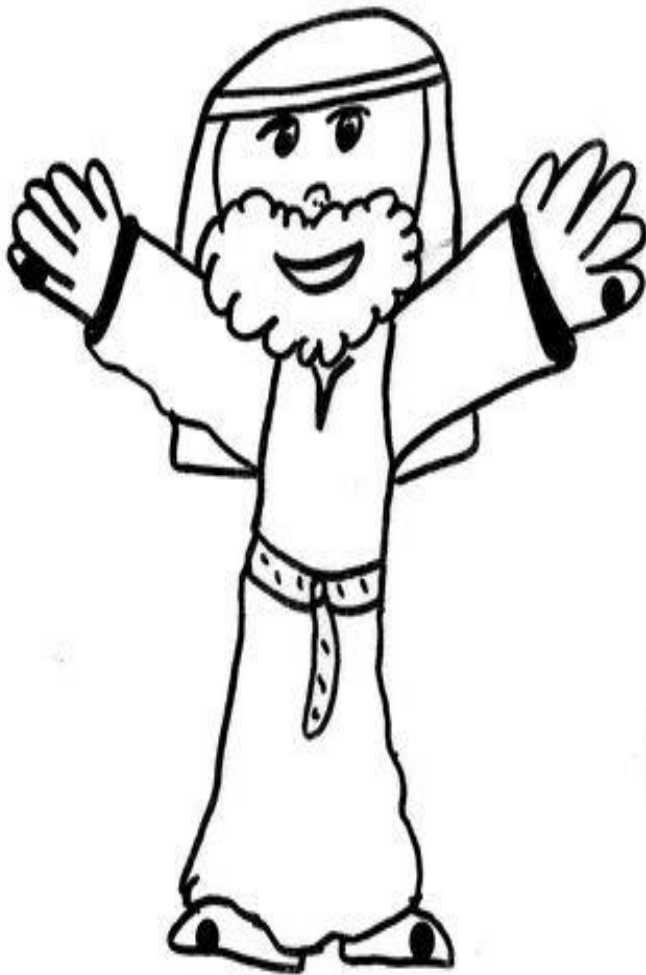


Florida Center for Peace

Overcoming Temptation

1 Corinthians 10:12-22

Using the template below, cut out and draw in the circles the different ways to avoid temptation. String together and make a hanging mobile.



www.WORDFORLIFESAYS.com

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