



Friends of Jesus and Mary

XVI Sunday in Ordinary Time

Readings: Jeremiah 23, 1-6; Psalm 22; Ephesians 2, 13-18; Mark 6, 30-34

Jesus Teaches Many Things

The apostles returned and met with Jesus, and told him all they had done and taught. There were so many people coming and going that Jesus and his disciples didn't even have time to eat. So he said to them, "Let us go off by ourselves to some place where we will be alone and you can rest a while." So they started out in a boat by themselves to a lonely place. Many people, however, saw them leave and knew at once who they were; so they went from all the towns and ran ahead by land and arrived at the place ahead of Jesus and his disciples. When Jesus got out of the boat, he saw this large crowd, and his heart was filled with pity for them, because they were like sheep without a shepherd. So he began to teach them many things.

Reflection

After all their work, Jesus wanted the apostles to rest with Him a while. Do we take time from our busy schedules to rest with Jesus in prayer? Share. How does our time with Jesus help us? (Jesus leaves in our hearts many gifts that help us in our daily life like peace, love, wisdom, hope, faith, patience, and much more.) **But the crowds followed and Jesus felt sorry for them because they were like sheep without a shepherd. Why did they want to hear Jesus so much?** Without God, our heart feels empty. Many try to fill this emptiness with things, activities, or people. But only God can make our hearts feel full. The crowd could not get enough of Jesus words that comforted, guided and filled them with love and peace. **God asked in the 3rd Commandment that we rest with Him on the 7th day. Do we go to Church on Sunday to hear His words and to speak with Him in the Eucharist? Share.**



Activity

On the following page, explain the main parts of the Mass and how Jesus becomes present: in the Liturgy of the Word, in the Eucharist, in the community, in the hearts of the faithful. On the last page, fill in the blanks with the correct parts of the Mass.

Prayer

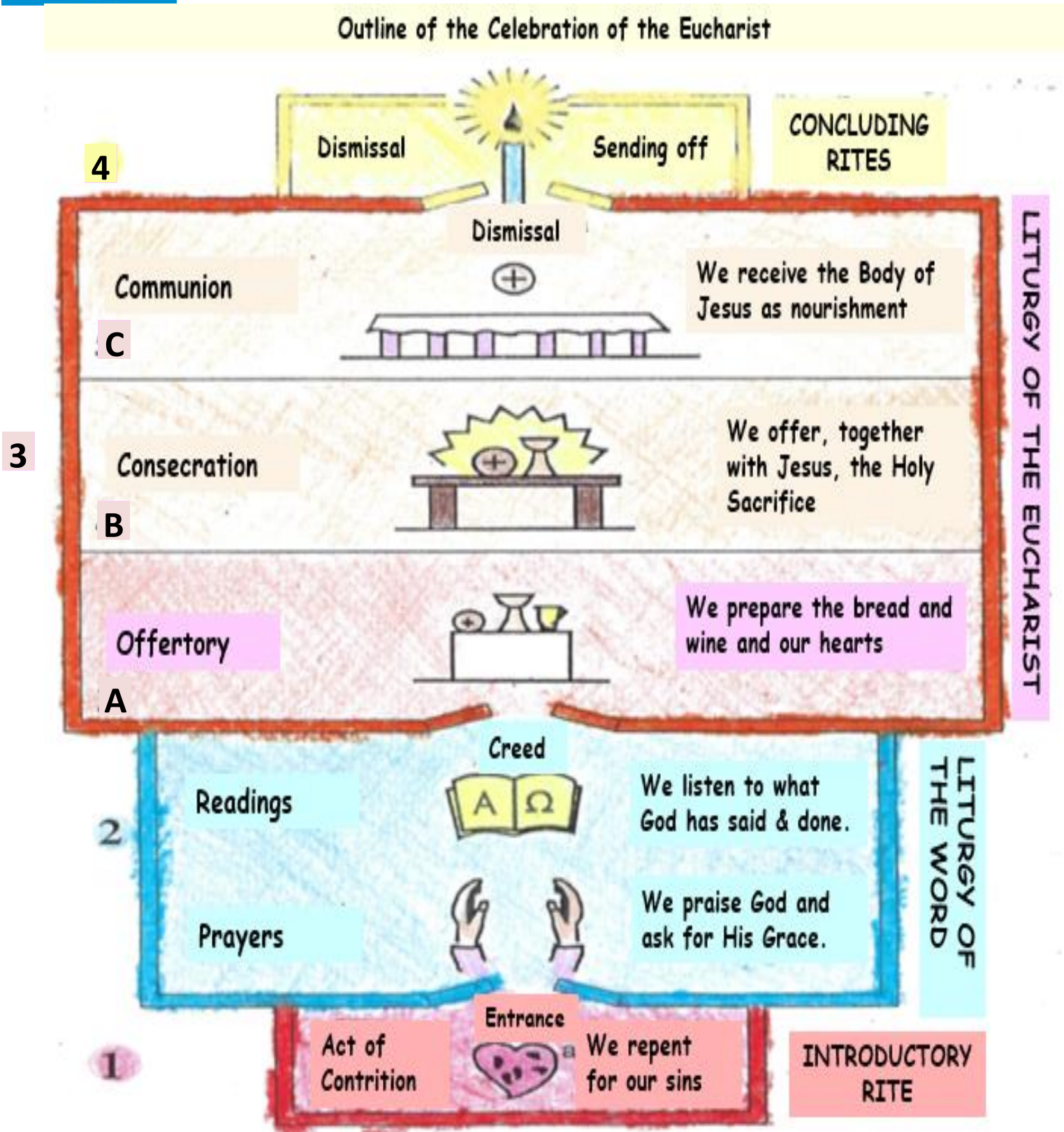
Lord, without you we can do nothing good. Help us to seek you in prayer always, especially in the Holy Mass. Show us what is important to God so we may always glorify Him. Help us to grow in faith and to take your message of Love to everyone. **Amen**

Song: Hope in my Heart, KidSpring Children's Ministry, <https://youtu.be/o-VhxoWTiss> (3-6 años)
Joyful, Joyful, We Adore The, Lifetree Kids(7-12 años)

PPT:



Outline of the Celebration of the Eucharist





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Fill in the blanks with the parts of the Mass.

