



Friends of Jesus and Mary

XXII Sunday in Ordinary Time

Deuteronomy 4,1-2.6-8; Psalm 14; James 1,17-18.21b-22.27; Mark 1-8.14-15.21-23

...what stains the heart, comes from within...

When the Pharisees with some scribes who had come from Jerusalem gathered around Jesus, they observed that some of his disciples ate their meals with unclean, that is, unwashed, hands. — For the Pharisees and, in fact, all Jews, do not eat without carefully washing their hands, keeping the tradition of the elders. And on coming from the marketplace, they do not eat without purifying themselves. And there are many other things that they have traditionally observed, the purification of cups and jugs and kettles and beds. — So, the Pharisees and scribes questioned him, “Why do your disciples not follow the tradition of the elders but instead eat a meal with unclean hands?” He responded, “Well did Isaiah prophesy about you hypocrites, as it is written: *This people honor me with their lips, but their hearts are far from me; in vain do they worship me, teaching as doctrines human precepts.* You disregard God’s commandment but cling to human tradition.” He summoned the crowd again and said to them, “Hear me, all of you, and understand. Nothing that enters one from outside can defile that person; but the things that come out from within are what defile. “From within people, from their hearts, come evil thoughts, unchastity, theft, murder, adultery, greed, malice, deceit, licentiousness, envy, blasphemy, arrogance, folly. All these evils come from within and they defile.”

Reflection

The Pharisees criticized the disciples for what?

(They did not purify themselves, their plates, and cups according to Jewish tradition.)

What did Jesus respond? (Jesus knew what was in their hearts and called them hypocrites.)

What is a hypocrite? Someone who appears good, but has bad thoughts and feelings.)

What do you think is more important to Jesus, your appearance, or what is in your heart? (Jesus does not judge by exterior appearances such as dirty hands, clothes, etc.; He judges by what you think or do, by what you have in your heart.)

How does our heart get stained? (Sin-All sin weakens or breaks our friendship with God, separating us from Him and darkening our hearts.)

Give examples of things you can do or think that darken your heart. (Lie, gossip, steal, insult, disrespect our parents, etc.)

How can I clean my heart and start again? (The Sacrament of Reconciliation cleanses our heart from the darkness of sin if we are truly sorry and willing to change, which greatly pleasing Jesus, the light of our life.)



Activity

On the following page, choose and color the actions that bring light to our heart and to the lives around us. On the last page, review the process of Reconciliation.

Prayer

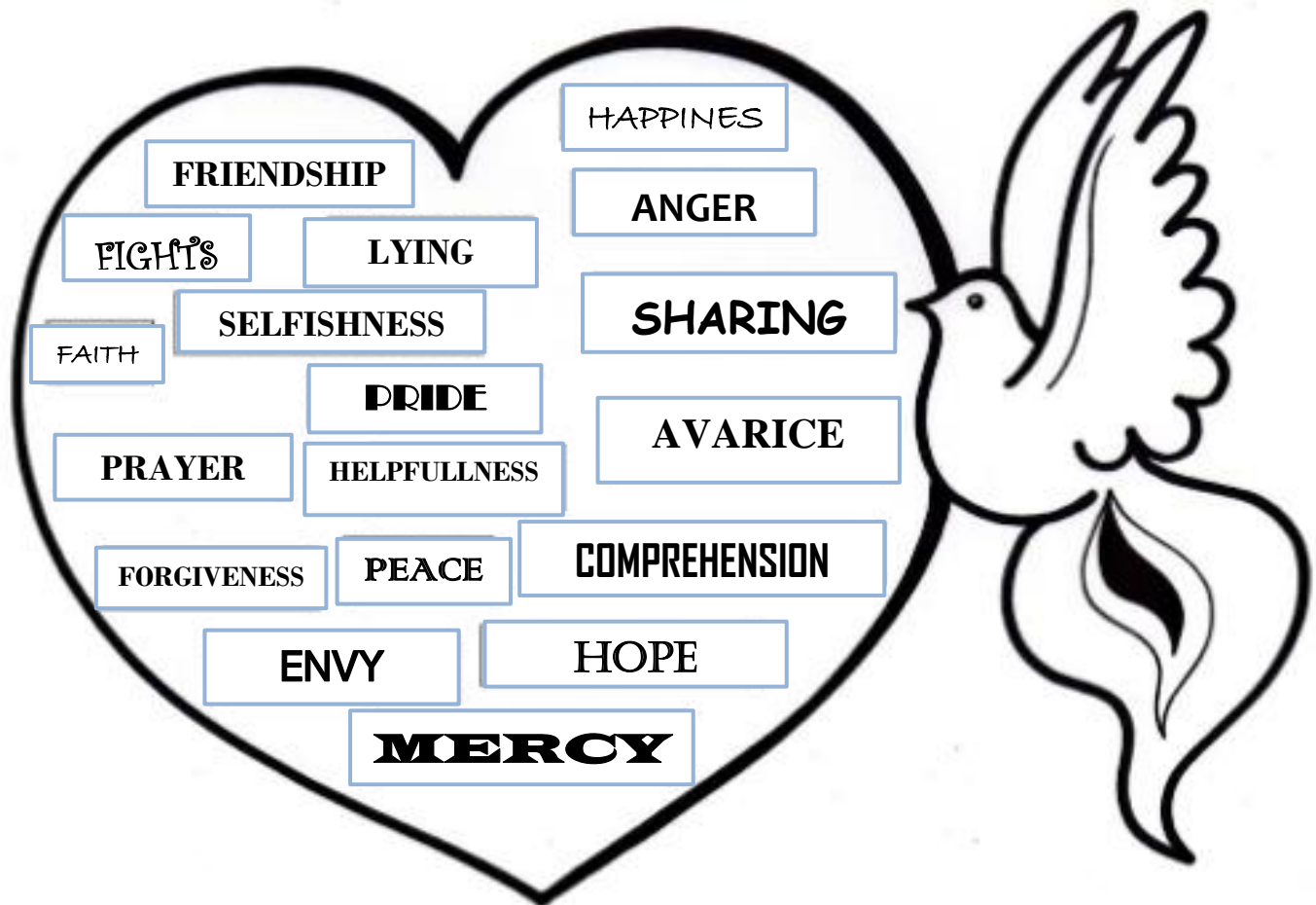
Lord, sometimes we do things mechanically, or for appearances because we are supposed to. Show us to follow you with our whole heart and to obey the Church with love. Help us to help those in need and to be faithful to our promises. **Amen**

Song: Create in Me a Pure Heart Psalm 51 10, (Ctrl Click) <https://youtu.be/XCNed03PaBA>

PPT: <https://docs.google.com/presentation/d/1VKrYT10Sg5Hr5KqgxUpiv8QR-Q1YLG0d/edit?usp=sharing&ouid=115268475267556305384&rtpof=true&sd=true>



Choose and color the actions that bring light to your heart and to the lives of others.





RECONCILIATION

