



Friends of Jesus and Mary

Cycle C - IV Sunday of Advent

Micah 5, 1-4; Psalm 79; Hebrews 10, 5-10; Luke 1, 39-45

Mary Visits Elizabeth

Mary set out and traveled to the hill country in haste to a town of Judah, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the infant leaped in her womb, and Elizabeth, filled with the Holy Spirit, cried out in a loud voice and said, *"Blessed are you among women, and blessed is the fruit of your womb. And how does this happen to me, that the mother of my Lord should come to me? For at the moment the sound of your greeting reached my ears, the infant in my womb leaped for joy. Blessed are you who believed that what was spoken to you by the Lord would be fulfilled."*

Reflection

Why did Mary go to visit her cousin Elizabeth? (The Angel Gabriel had told her, that although Elizabeth could never have children, she was with child. God had done this miracle so Mary would believe all that the angel said was true. Mary who had a very big heart, wanted to help Elizabeth in her childbirth.) **What happened when Mary greeted Elizabeth?** (The baby in her womb jumped with joy and Elizabeth, filled with the Holy Spirit, exclaimed: *"Blessed are you among women, and blessed is the fruit of your womb!"*) **Why is the fruit of Mary's womb blessed?** (The fruit of her womb is Jesus, the Savior of the world and Elizabeth knew it.) **Who is the baby in Elizabeth's womb?** (St. John the Baptist, Jesus' cousin who prepares the way to Him.) **Full of the Holy Spirit, Elizabeth feels her smallness in the presence of the Savior and of His Mother. How can we get closer to Jesus and Mary to feel their great love for us and their greatness? Share.**



Activity

On the following page, write the words in the corresponding shapes to reveal Elizabeth's greeting. On the other page, write in the rays, words of praise to Jesus: Jesus, my King; Jesus, my Savior... Color.

Prayer

Kind Jesus, true God and true man, we thank you for coming to live amongst us, for becoming one of us. Show us how to be humble and helpful like the Virgen Mary, always giving you the glory for all you do in our lives daily. Amen.

Song: Hail Mary-Gentle Woman, John Rodgers <https://youtu.be/RERoQ1biLdE>

PPT: <https://docs.google.com/presentation/d/1cxzenVDXyQDaAM67vtP179asbyx92ehf/edit?usp=sharing&ouid=115268475267556305384&rtfpof=true&sd=true>



ELIZABETH GREETES MARY

Write the words in the corresponding shape to reveal Elizabeth's greeting to Mary.



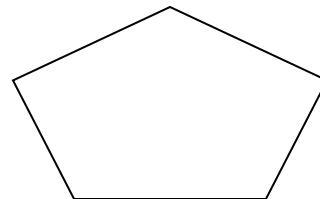
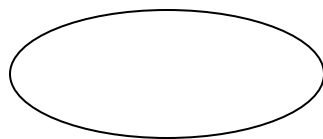
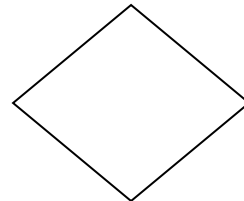
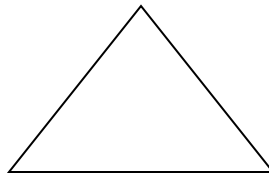
AMONG

YOU

WOMEN

ARE

BLESSED





Friends of Jesus and Mary
Amigos de Jesús y María



Florida Center for Peace

THE SAVIOR OF THE WORLD IS BORN

Praise Jesus writing words of praise in the rays then color: "Jesus, my King...Jesus is...". Glue to colored paper.



FLORIDA CENTER FOR PEACE

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