



# Friends of Jesus and Mary

## Cycle C – XII Sunday in Ordinary Time

*Genesis 14, 18-20; Psalm 110; 1Cor 11, 23-26; Luke 9, 11-17*

### Solemnity of Corpus Christi-Jesus Multiplies the Loaves and Fish

Jesus spoke to the crowds about the kingdom of God, and he healed those who needed to be cured. As the day was drawing to a close, the Twelve approached him and said, "Dismiss the crowd so that they can go to the surrounding villages and farms and find lodging and provisions; for we are in a deserted place here." He said to them, "Give them some food yourselves." They replied, "Five loaves and two fish are all we have, unless we ourselves go and buy food for all these people." Now the men there numbered about five thousand. Then he said to his disciples, "Have them sit down in groups of about fifty." They did so and made them all sit down. Then taking the five loaves and the two fish, and looking up to heaven, he said the blessing over them, broke them, and gave them to the disciples to set before the crowd. They all ate and were satisfied. And when the leftover fragments were picked up, they filled twelve wicker baskets.

#### Reflection

**Jesus spoke to the crowd of the Kingdom of God and cured many sick. In the afternoon, Jesus tells the apostles to feed the 5000 men and their families. What do they say?** (We only have 5 loaves and 2 fish.) **What miracle does Jesus do?** (He multiplies the bread and fish.) **How?** (He said a blessing over them, broke them and gave them to the disciples to give out.) **Why does Jesus want to feed them?** (Jesus loves them very much and is concerned about their needs.) **How does Jesus continue to feed us?** (During Mass, Jesus feeds our soul with His Body and Blood, the Eucharist giving us love, peace, wisdom...everything we need to get to Heaven.) **How does He do the miracle during Mass?** (The priest, speaking in the person of Jesus, offers up the bread and the wine to God and after giving thanks, repeats the words Jesus said at the Last Supper (the Consecration) and God does a miracle: He changes the bread and wine into the Body and Blood of Jesus (the Transubstantiation)). **What is similar between the miracle Jesus did for the crowd and the miracle during mass?** (In both He prays and then does a miracle; in both he feeds people.) **What are the differences?** (The bread he multiplied on the mountain was nutrition for the body; the Body of Christ is nutrition for the soul and gives us eternal life.) **The gospel says that 12 baskets were leftover. What does the number 12 signify?** (The 12 apostles that, at the Last Supper, Jesus gave the power to do the miracle of the Eucharist in order to feed our souls and to accompany us in our journey to Heaven.) **Who continues this work?** (The priests)



#### Activity

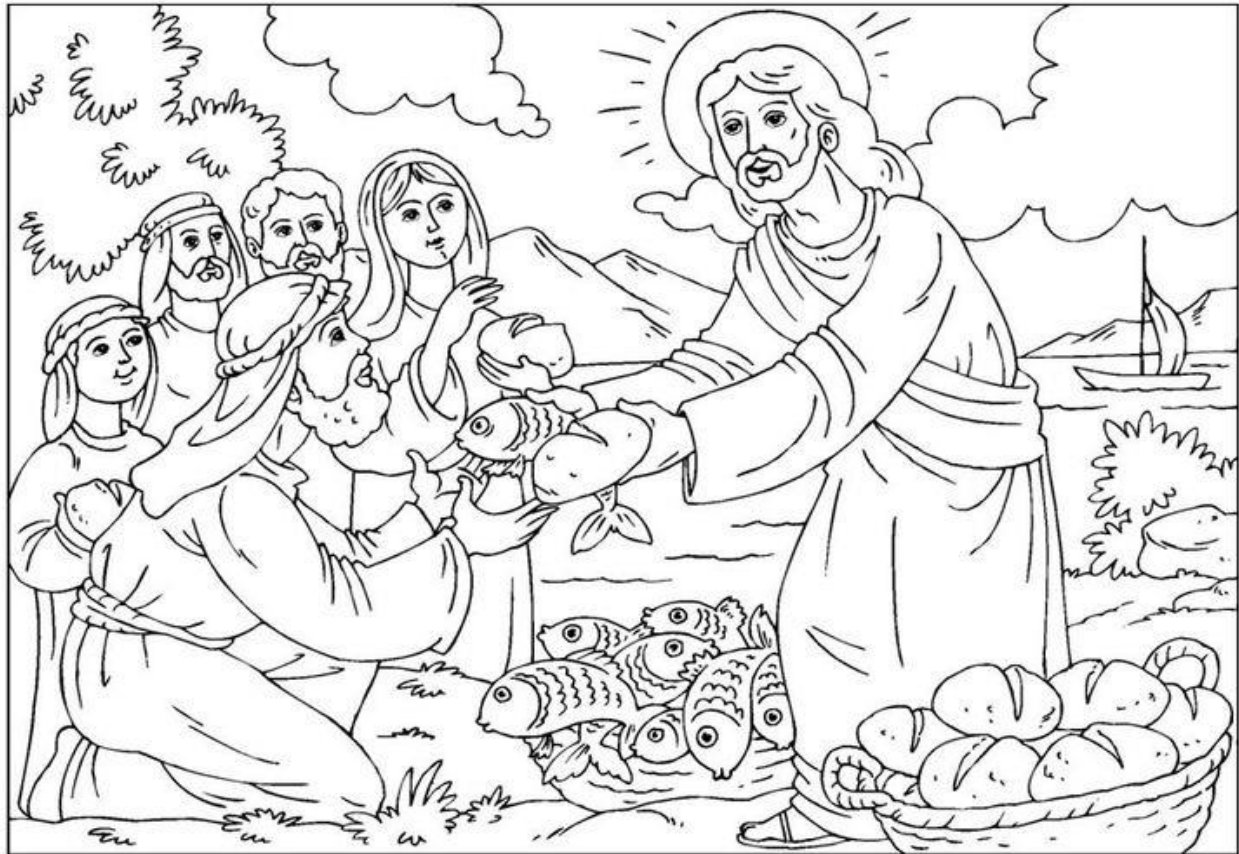
On the next page, fill in the blanks with the words below. For children 8 years and older, make a book with the following 3 pages, explaining how the Eucharist is Sacred Food, the perfect Sacrifice, and Jesus' Real Presence and how the Eucharist is prefigured in the Old Testament. Cut, color, and glue to construction paper and staple together on the left side. For younger children, cut the last page, color, and glue to a construction paper. Pray the Angel of Fatima prayer at the Blessed Sacrament if possible. Read the history of the Feast of Corpus Christi.

#### Prayer

Lord, thank you for all you suffered to save us from our sins. Thank you for opening the gates of Heaven for us. Thank you for remaining in the Eucharist to feed our souls and to guide us to eternity with You. Amen.

**Song:** Eucharist Song, CollinsSusan (Ctrl Click) <https://youtu.be/GEqnKMN1zE> (3-7 years)  
We are One Body, Holy Spirit (Ctrl Click) [https://youtu.be/N-3BO\\_PQbqY](https://youtu.be/N-3BO_PQbqY) (8+ Years)

**PPT:** <https://docs.google.com/presentation/d/10iKvdbNla6OZW3EaDP4R2Z3wnPPLIBTw/edit?usp=sharing&ouid=115268475267556305384&rtpof=true&sd=true>



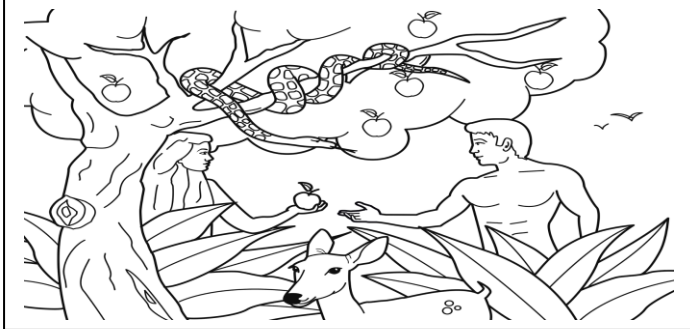
Now the men there numbered about \_\_\_\_\_ thousand. Then he said to his disciples, "Have them sit down in groups of about \_\_\_\_\_." They did so and made them all sit down. Then taking the \_\_\_\_\_ loaves and the \_\_\_\_\_ fish, and looking up to heaven, he said the \_\_\_\_\_ over them, \_\_\_\_\_ them, and \_\_\_\_\_ them to the disciples to set before the crowd. They all ate and were satisfied. And when the leftover fragments were picked up, they filled \_\_\_\_\_ wicker baskets.

**JESUS FEEDS THE CROWD. Luke 9, 14-17**



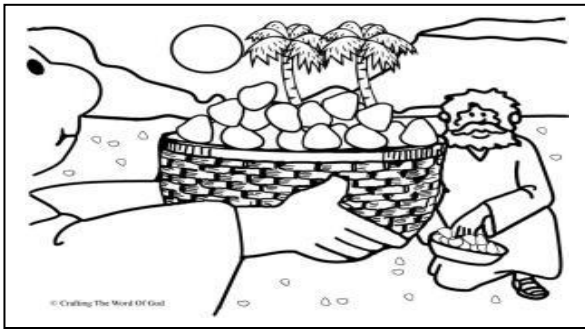
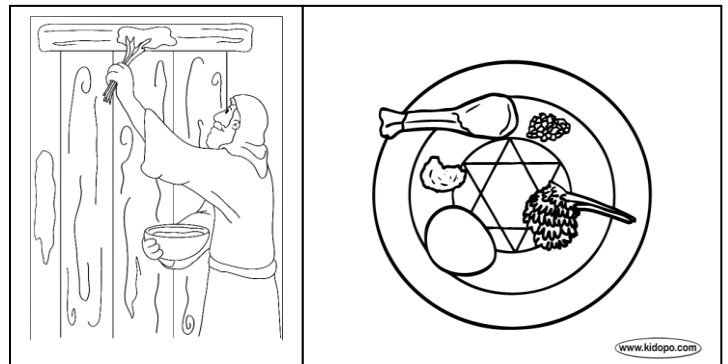
## THE EUCHARIST IS SACRED FOOD

### SACRED FOOD WHICH RETORES COMMUNION WITH GOD LOST BY ORIGINAL SIN.



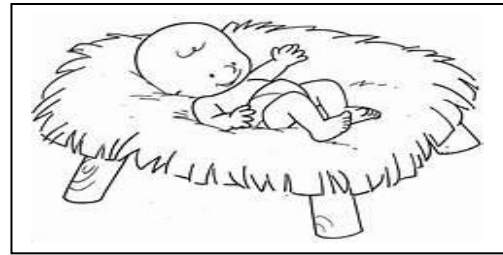
1. God nourishes Adam and Eve with fruits and seeds from the trees in the Garden of Eden. They eat from the forbidden tree and God must exile them from His presence and from the eternal banquet.

2. God chooses Israel to reconcile Himself with humankind. The Passover Meal is the center of their identity, recalling when God saved them from slavery in Egypt with the blood of the lamb.

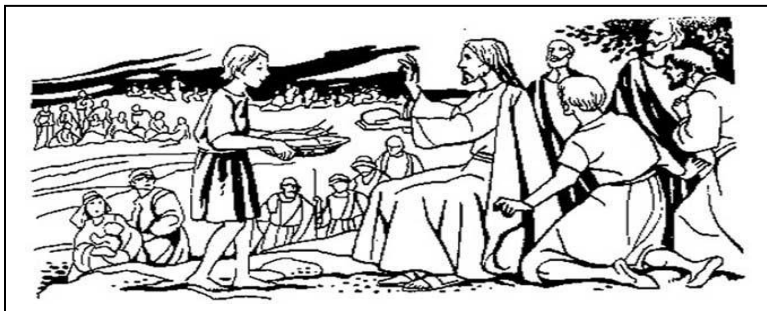


3. God nourishes Israel in the desert with bread from Heaven.

4. God becomes man and first sleeps in a manger where the animals eat. He becomes food for us. Manger means to eat in French.



5. Jesus multiplies the bread and fish and feeds 5000+.



6. Jesus gives us the Eucharist at the Last Supper to feed our soul and accompany us on our journey to Heaven. "...take this bread and eat it, this is my body...; take this wine and drink it, this is my blood... Do this in memory of me."





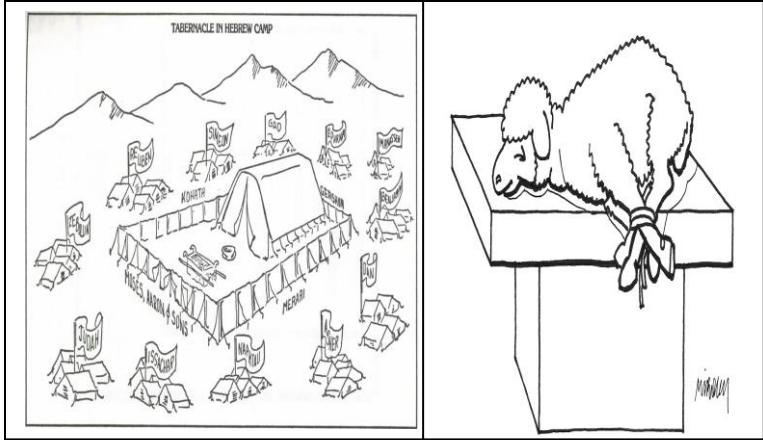
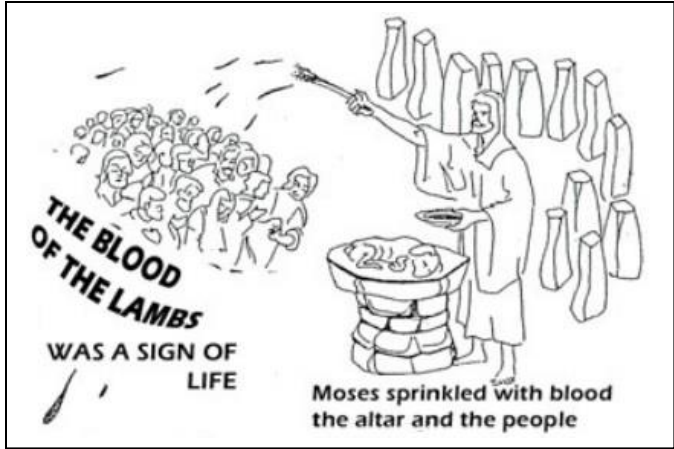
### THE EUCHARIST IS A SACRIFICE

**EVERY COVENANT IN THE OLD TESTAMENT IS ACCOMPANIED WITH A SACRIFICE;  
BUT ONLY JESUS' SACRIFICE FOR US RESTORES COMMUNION WITH GOD**



1. God's rescue of humankind begins with Abraham. God asks him to leave his home, then to sacrifice his only son Isaac. Because of his faith, God stops him and promises him descendants more numerous than the stars in the sky and that in Him all families would be blessed.

2. After freeing His people from slavery in Egypt (by sacrificing a lamb), God establishes a covenant with them promising loyalty and protection in exchange for obedience to the 10 commandments. To seal the alliance, Moses sacrifices a calf sprinkling His people and the 12 stones, symbolic of the 12 tribes of Israel, with the blood of the calf.



3. While they journeyed through the desert and later in the temple in Jerusalem, God's people offered Him animal sacrifices to praise, thank, petition Him, or to make reparation for sin; but communion with Him could not be restored.

4. With the sacrifice of His Son Jesus, the Lamb of God, God seals the New Covenant with humanity which Jesus establishes at the Last Supper. His sacrifice restores communion with God lost by sin in the Garden of Eden and restores eternal life.





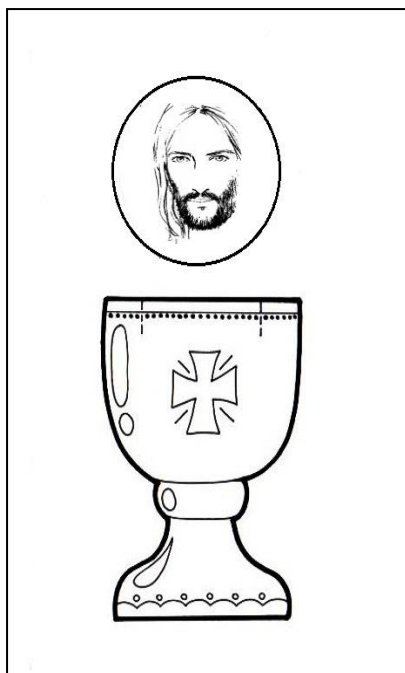
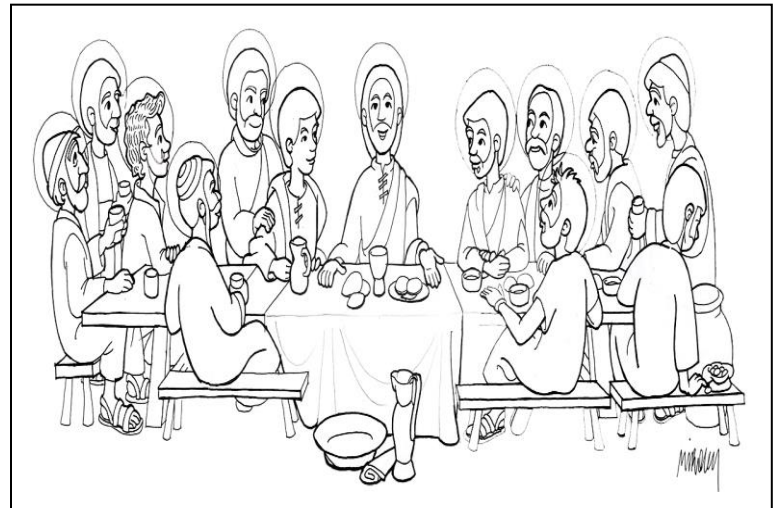
## THE EUCHARIST IS THE REAL PRESENCE OF JESUS

1. The Word of God creates the world.  
His Word has power.



2. Jesus is God. His Word also has power to heal, forgive, and create as seen in the gospels: the blind man sees, the paralytic walks, Lazarus rises from the dead.

3. The Words of Jesus at the Last Supper change the bread and wine to the Body, Blood, Soul and Divinity of Jesus. His Word has power.



4. During Mass, we eat and drink the Body and Blood of Jesus. We enter in communion with Jesus and form part of the mystical Body of Christ. Heaven opens up and we worship God together with the Saints, the Angels, and the Sacred Family.



God feeds the people of Israel in the desert with bread from Heaven.

**SOLEMNITY  
OF CORPUS  
CHRISTI**

**“I AM THE BREAD  
OF LIFE;  
WHOEVER COMES  
TO ME WILL  
NEVER HUNGER,  
AND WHOEVER  
BELIEVES IN ME  
WILL NEVER  
THIRST.”**



Jesus multiplies the bread and fish and feeds the crowd.



Jesus leaves us the Eucharist at the Last Supper to feed our souls and to accompany us to Heaven.

**MY GOD  
I BELIEVE, I  
ADORE, I TRUST,  
AND I LOVE  
YOU.  
I BEG PARDON  
FOR THOSE WHO  
DO NOT  
BELIEVE, DO  
NOT ADORE, DO  
NOT TRUST AND  
DO NOT LOVE  
YOU. AMEN.**

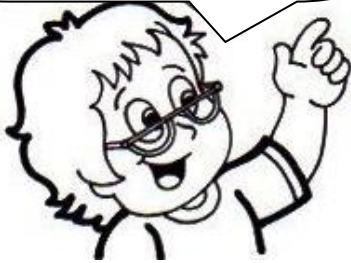


Let us adore Jesus in the most Holy Sacrament of the Altar.



## History of Corpus Christi, the Feast of the Body and Blood of Christ, celebrated 60 days after the Resurrection of Jesus.

This feast is born in Belgium thanks to a humble nun, St. Juliana of Mont Cornillon.



St. Juliana was born in 1193, orphaned very young and was educated by Augustinian nuns. She always had a strong devotion to the Blessed Sacrament.

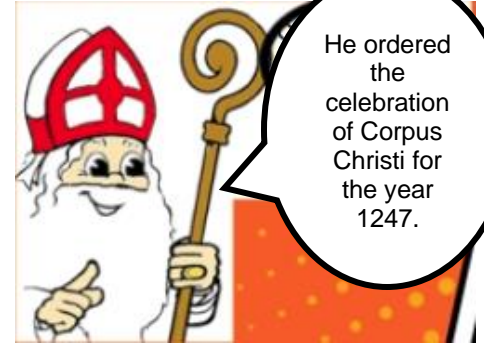


When she was 16, she had a vision:

She saw a full moon (the Church) with a black stain which represented the absence of this feast.



The Bishop, Robert of Thorete was greatly impressed, and although he doubted, he did what Juliana asked.



He ordered the celebration of Corpus Christi for the year 1247.

He visits a city close to Rome (Bolsena) where he celebrates Mass. Raising **the Host, he saw it was bleeding** staining the corporal (a special cloth where the chalice and host is placed).



In Eucharistic miracles, God intervenes to **CONFIRM the FAITH and the REAL PRESENCE OF THE BODY AND BLOOD OF JESUS.**



The relic was raised in procession to where the Pope lived. The Holy Father, moved by the miracle, approved the feast of Corpus Christi for the whole Church.

A priest, Peter of Prague, doubting the Real Presence of Jesus, makes a trip to Rome to ask for faith. He travels from Bohemia to Italy.

