

# THE EUCHARIST

SACRED FOOD

A SACRIFICE

THE REAL PRESENCE



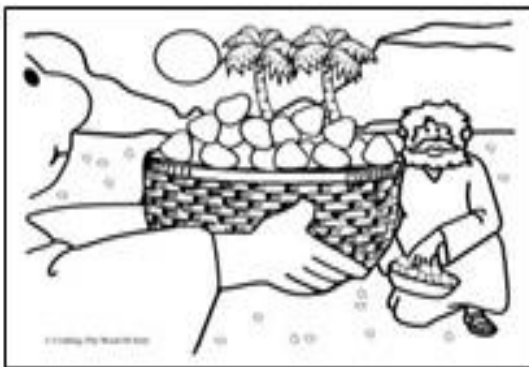
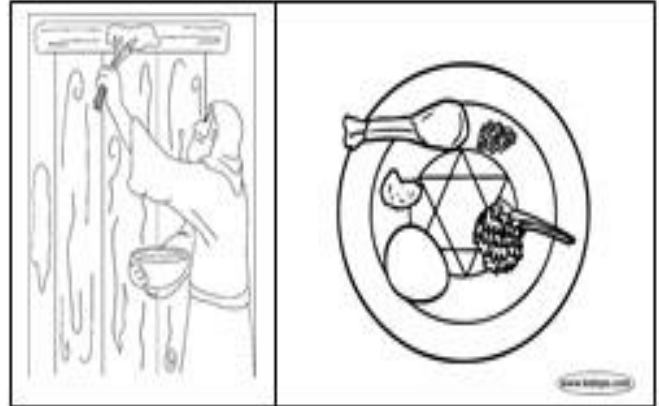
## THE EUCHARIST IS SACRED FOOD

SACRED FOOD WHICH RESTORES COMMUNION WITH GOD LOST BY ORIGINAL SIN.



1. God nourishes Adam and Eve with fruits and seeds from the trees in the Garden of Eden. They eat from the forbidden tree and God must exile them from His presence and from the eternal banquet.

2. God chooses Israel to reconcile Himself with humankind. The Passover Meal is the center of their identity, recalling when God saved them from slavery in Egypt.



3. God nourishes Israel in the desert with bread from Heaven.

4. God becomes man and first sleeps in a manger where the animals eat. Manger in French means "to eat". He becomes food for us.



5. Jesus multiplies the bread and fish and feeds 5000.

6. Jesus said: "I am the bread of life. He who comes to me will not hunger, he who believes in me will never thirst." (John 6, 35)



## THE EUCHARIST IS A SACRIFICE

**EVERY COVENANT IN THE OLD TESTAMENT IS ACCOMPANIED WITH A SACRIFICE;  
BUT ONLY JESUS' SACRIFICE FOR US RESTORES COMMUNION WITH GOD.**

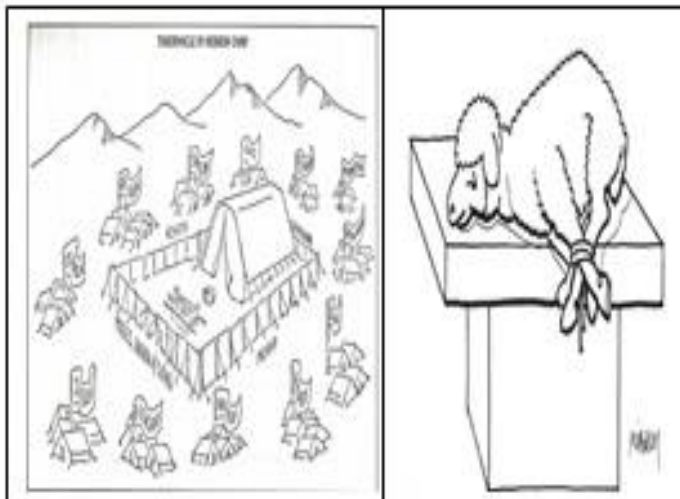


1. God's rescue of humankind begins with Abraham. God asks him to leave his home, then to sacrifice his only son Isaac. Because of his faith, God promises him descendants more numerous than the stars in the sky and that in him all families would be blessed.

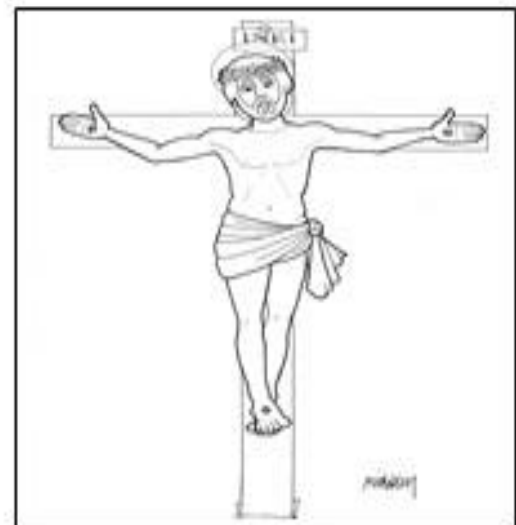
2. After freeing His people from slavery in Egypt (by sacrificing a lamb), God establishes a covenant with them promising loyalty and protection in exchange for obedience to the 10 commandments. To seal the alliance, Moses sacrifices a calf sprinkling His people and the 12 stones, symbolic of the 12 tribes of Israel, with the blood of the calf.



3. While they journeyed through the desert and later in the temple in Jerusalem, God's people offered Him animal sacrifices to praise, thank, petition Him, or to make reparation for sin; but communion with Him could not be restored.



4. With the sacrifice of His Son Jesus, the Lamb of God, God seals the New Covenant with humanity which Jesus establishes at the Last Supper. His sacrifice restores communion with God lost by sin in the Garden of Eden and restores eternal life.





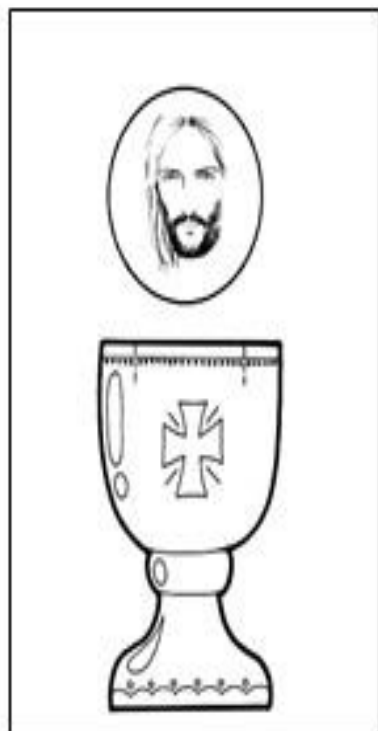
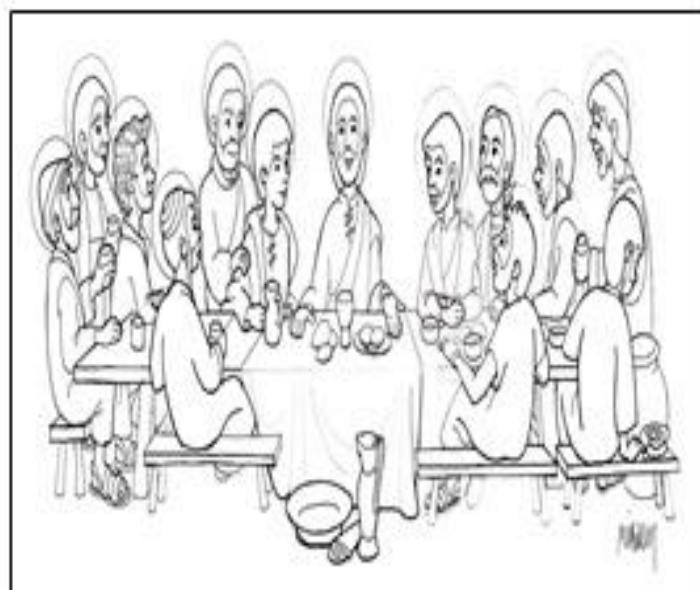
## THE EUCHARIST IS THE REAL PRESENCE OF JESUS

**1. The Word of God creates the world. His Word has power. "Let there be light..."**



**2. Jesus is God. His Word also has power to heal, forgive, and create as seen in the gospels: the blind man sees, the paralytic walks, Lazarus rises from the dead.**

**3. The Words of Jesus at the Last Supper change the bread and wine to the Body, Blood, Soul and Divinity of Jesus. He gives this power to the apostles, the 1<sup>st</sup> priests, "Do this in memory of me".**

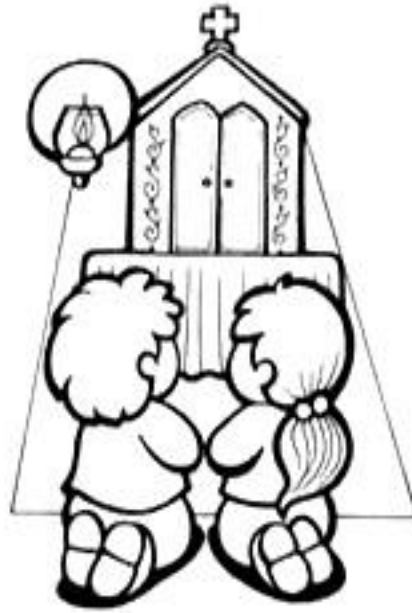


**4. During Mass, the priest repeats the words of Jesus and God's power turns the bread and wine to the Body and Blood of Christ. We eat and drink the Body and Blood of Jesus. We enter in communion with Jesus and form part of the mystical Body of Christ. Heaven opens up and we worship God together with the Saints, the Angels, and the Sacred Family.**

# PRAYER OF THE ANGEL OF FATIMA



**MY GOD, I BELIEVE**



**I ADORE**



**I TRUST**



**AND I LOVE YOU. 10.**



**I BEG PARDON FOR THOSE WHO  
DO NOT BELIEVE, DO NOT ADORE,  
DO NOT TRUST YOU, AND DO NOT LOVE YOU.**