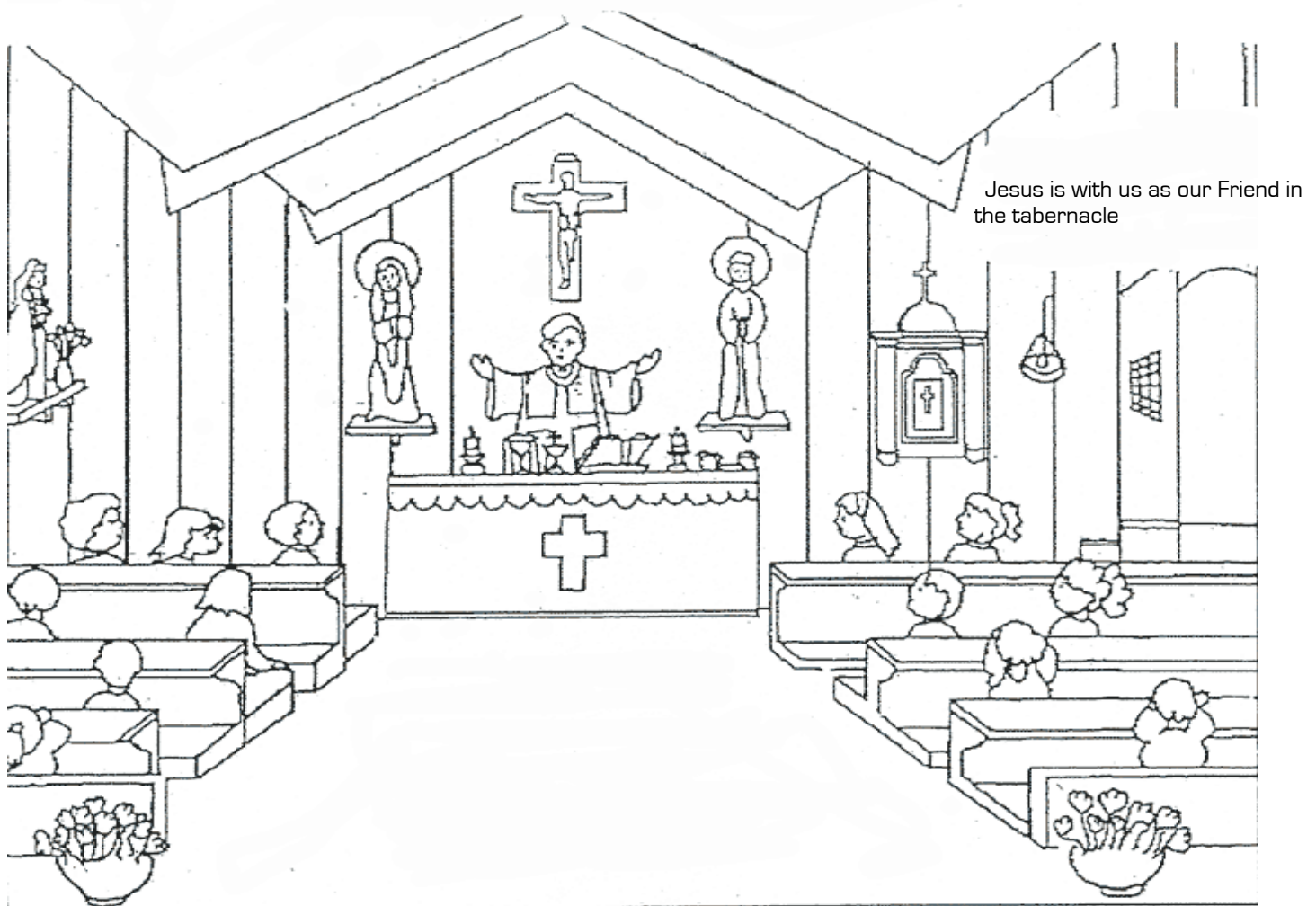


# EUCCHARISTIC



Jesus is with us as our Friend in the tabernacle

The Mass is a living memorial of Christ's Passion, Death and Resurrection. The Mass is a holy Banquet in which we receive Jesus and offer ourselves to the Father.

Today at Mass we remember Jesus' Last Supper and His death, and how God raised Jesus from the dead

The real presence of Our Lord in the Eucharistic is a sign of Jesus' love that we may receive Him as often as possible. To be able to do so one must:

- ☺ Be baptized in the Catholic Church and be in communion with the teaching of the Holy Father and the Magisterium of the Church.
- ☺ Be in state of grace, and therefore, confess any mortal sin; one must also receive the Sacrament of Reconciliation at least one a year and when in danger of imminent death.
- ☺ Abstain from food and drink (except water) one hour before receiving communion. This does not apply to the sick.
- ☺ Attend Mass on Sundays and on all Holy Days of obligation.

During the Eucharistic Celebration we offer bread and wine. As Jesus promised He becomes truly present in these gifts, through the words of the priest.

## Prayer after Holy Communion:

ANIMA CHRISTI  
Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, wash me.  
Passion of Christ, strengthen me.  
Oh Good Jesus, hear me,  
within the wound hide me.  
Suffer me not to be separated from Thee.  
Form the malignant enemy defend me;  
In the hour of death call me,  
And bid me come to Thee,  
That with thy saints I may praise Thee  
Forever and ever. Amen.

*"For my flesh is real food and my blood is real drink.  
He who eats my flesh and drinks my blood lives in me and I live in him"  
John 6:55-56*

*Corpus Christi (Second Sunday after Pentecost)*