

CITA International Inc.  
*Serving Sierra Leone*

**2025 SUMMARY**



## DIRECTOR'S MESSAGE

Taking on the leadership role at CITA International Inc. this past year was not something I had anticipated for 2025. After nearly thirty years in the for-profit sector, I never envisioned taking a more active role in the work we had begun years ago. While I had grown accustomed to providing essential support and guidance from the sidelines, I also recognized the numerous opportunities awaiting our attention. Therefore, when I felt a nudge to pivot, it became an obvious choice. It was both thrilling and daunting at the same time. What a privilege it has been to serve in this role!

In the first quarter, I was fortunate to attend Amref's Africa Health Agenda International Conference in Kigali, which was crucial in forming key connections and shifting my perspective on what we can achieve in healthcare. Across Africa, individuals are accomplishing remarkable feats in both urban and rural settings, undeterred by limited resources. This experience made me realize how narrow my vision had been and how much more we could do to transform lives. Never underestimate what God can do!

Three priorities emerged as focal points:

- **Building a Maternal Center of Excellence:** It never ceases to amaze me how miraculous life is when one of our pregnant women delivers at our clinic. Each newborn is unique and precious, and we must do everything possible to ensure safe deliveries and life-saving care for mothers. Construction made significant progress in 2025, and we aim to secure adequate funding in the next 18-24 months to complete the building, equip the facility, and become fully operational.
- **Developing a New Digital Health Management System:** We are building a comprehensive digital platform that encompasses all aspects of care, including triage, diagnosis, lab work, pharmacy, admissions, and follow-ups. We are nearing the completion of this extensive system, which is set to launch by the end of Q1, 2026. This will revolutionize how we assist our patients, regardless of their reading ability.
- **Enhancing Patient Treatment:** One crucial area that required attention was staff training. In addition to sending various team members to training sessions countrywide, we had the pleasure of hosting multiple highly trained visitors from the U.S., who provided targeted training to our staff.

Additionally, I am thrilled to announce that CITA-SL, along with the NarSarah Clinic and the mobile outreach program, successfully covered its operating expenses of Le1.34 million (\$59K) for the third consecutive year, thanks to the dedication of our staff!

Each life touched through CITA has a unique story that weaves into a larger family and community. Join us at "Serving Sierra Leone" on Facebook to witness these individual impact stories.

We are immensely grateful for every small and large way you have supported our work. Thank you for your sacrifices, which enable us to provide essential infrastructure and continue to pursue our dream of expanding quality care in the region.

We eagerly look forward to all that God will empower us to accomplish in 2026.

*Hopent Antoine*

**Executive Director**

**CITA International Inc.**

# UNDER 5'S

NarSarah Clinic continued to provide free healthcare to children under 5 years, administering over 7500 vaccines to prevent things like meningitis, measles, Tuberculosis etc.

There was a 9% increase in Under Five patients in comparison to the prior year, with nearly double the average monthly number in June alone. A significant percentage of these patients were treated for malaria, dermatitis, diarrhea, and helminthiasis (worm infection).

Within this population, there were 104 new cases of moderate and severe malnutrition, and 46 were successfully treated and discharged. Another 46 were still in treatment at the end of December. The remaining were referred to the government hospital.



Before vaccination



Mother and child at nutrition education session



Awaiting nurse at U5 clinic



Left- malnourished child on Day 1, Right- same child after treatment



Routine follow up visit

# PREGNANT WOMEN & NEWBORNS

NarSarah Clinic saw pregnant women more times in 2025 than 2024, with fewer deliveries - 1842 healthcare visits focusing on pregnancy-related care and 99 births. The staff was pleased to welcome all the new babies, sometimes with posts on social media (with the approval of the parents). Each child got a donation from the clinic, which included baby clothes. Witnessing the joy of the family at the birth of the child is always a highlight for the staff.

Free healthcare services continued for this population with prenatal vitamins and over 2300 vaccines. The midwife led several health education training sessions on using local foods to improve nutrition intake in children and proper hygiene in caring for both the pregnant woman and the child.

Sadly, NarSarah clinic experienced its first maternal death in 2025. The mood changed quickly from a joyful occasion at birth to a somber one after the patient experienced postpartum hemorrhage with complications and was transported to the government hospital. This very difficult incident underscored our resolve to improve maternal health by finishing construction of the maternity center with the operating room, hiring more qualified staff, and continuing to provide ongoing training.



Newborn



Newborn



Newborn



Midwife with pregnant woman



Father with newborn



1:1 health education with a new mother

## GENERAL PATIENT CARE

Patients received care from at least one of the NarSarah providers nearly 8000 times in 2025, with the majority of cases treated as outpatients. A third of the patients treated were children. While nearly 50% of them were treated for malaria, the other 50% were treated for things like anemia, dermatitis, diarrhea, helminthiasis, respiratory infections, etc. In the adult population, patients were treated for additional conditions like HIV, COPD, cellulitis, and syphilis, but malaria accounted for 30% of cases. This figure corroborates what we learned at the Health Summit that NarSarah hosted for several facilities in Wara Wara and Sengbeh Chiefdoms. Although NarSarah's catchment population is ranked 5 out of 7, it carries the highest burden of malaria treatment across both chiefdoms, with many more patients receiving treatment who are not in our catchment area, due to the favorable perception of our services. We suspect that the same holds true for other general and maternal healthcare.

News of Mpox outbreaks across Sierra Leone earlier in the year introduced more heightened Infection Prevention and Control measures at the clinic, including vaccinating some members of our catchment area. We believe all these efforts positively contributed to having zero mpox cases. We were grateful to receive some IPC supplies from partners like the Christian Health Association of Sierra Leone.

We also took steps to protect against other conditions like measles with a targeted vaccination campaign in May. That was followed by HPV vaccination targeting adolescent girls.



Dr Fornie, NarSarah supervising doctor, making rounds



Getting vital signs at Triage



NarSarah hosts 1st Health Summit



Mpox vaccination in progress



Patient after Mpox vaccine



CHASL reps with IPC donations

# CHARITY

The number of charity cases remained about the same compared to the prior year, with multiple visits for each patient. Among those treated for free were students from the Blind school, patients from the community who could not afford to pay, and 2 malnourished babies - one who was under the care of his grandmother because his mother is addicted to drugs and living on the street. The other lost her mother at birth. As in prior years, the clinic bears all costs for labs and treatment, not passing any expenses to the patients who are approved for charitable care. That represents 8-10% of our healthcare costs for all charity cases combined. Additionally, we were also able to continue supporting day-to-day living expenses for 2 graduates of the Blind School.



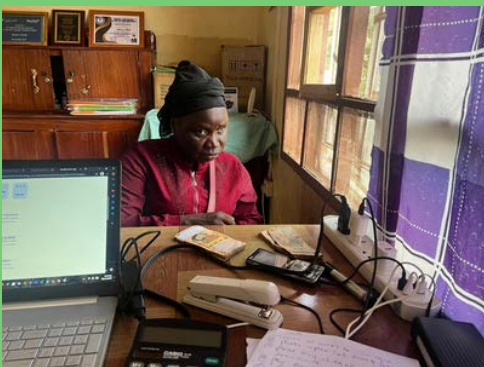
Child under the care of his grandmother who sells coal to feed members of her household



Child under the care of her grandmother following death of her mom



Teacher and Student patients from School for the Blind



Blind beneficiary collecting quarterly assistance



Blind beneficiary collecting quarterly assistance

# MOBILE OUTREACH

Healthcare services in Farandugu were limited in 2025 due to the lack of staffing to cover a more consistent schedule. Initial discussions took place to convert the facility to a Peripheral Health Unit so that government resources could be assigned to provide full-time care. However, after the District DMO and the Chiefdom supervisor conducted an assessment, they rightfully concluded that we need to make further improvements to the facility first. Those include a functioning water facility, electricity, a delivery bed, and a toilet in the labor room. Additionally, we need to construct or arrange accommodation for a full-time health worker to live in Farandugu. Despite those challenges, we were able to hold multiple general patient and targeted ANC clinics, which provided much-needed care for the community. We look forward to any additional donor support to upgrade the Farandugu facility.



1st newborn during an outreach event



Burn victim prior to treatment



Health education training



General patients awaiting care



Under 5 vaccinations



Staff before traveling to outreach site

# KEY INTERACTIONS AND PARTNERSHIPS



US Centers for Disease Control and Prevention



International Surgical Health Initiative



SolidarMed



Red Cross



MamaPikin Foundation



Christian Health Association of Sierra Leone



Sierra Leone Nursing Registrar



AmRef Health Africa/AHAIC



Koinadugu DHMT and Key stakeholders

# STAFF - TRAINING



SOAP method



General healthcare



Pediatric vaccination



"Stop the Bleed"



Recordkeeping 1:1



Financial Management



Preview of Health Management System still in development



Computer skills 1:1

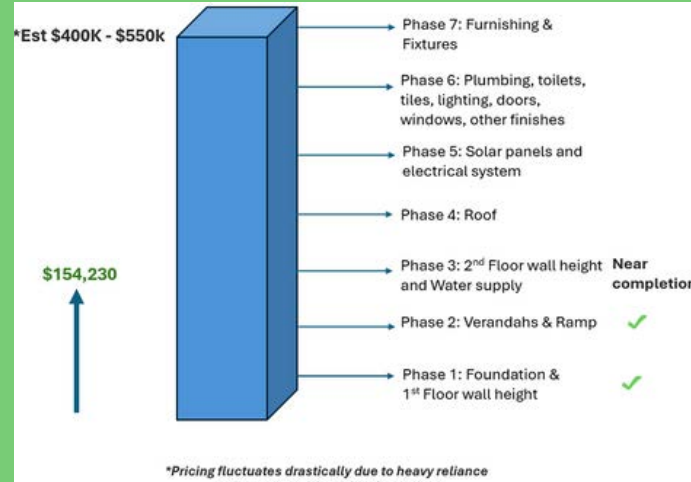


US-SL remote training - Evaluating and diagnosing patients

# MATERNITY CENTER

Construction of the maternity center paused early in the year due to a lack of funding, and it remained suspended through the rainy season. With the help of donors, work resumed in October and continues at a steady pace. There are occasional delays in getting materials and delivering them upcountry to the site, but there's never a shortage of workers to accomplish the tasks. A new water system was installed using one of the existing boreholes, providing a consistent water supply for the new building.

# Milestones



Getting new supplies for Phase B



Making blocks



Delivering sand



Assessing level



Repairing wheelbarrow



Transporting sand on site



Working on foundation for 2<sup>nd</sup> floor



Interaction with workers



Constructing walls on 2<sup>nd</sup> floor

# SCHOLARSHIPS & INTERNSHIPS

CITA provided educational scholarships to 10 students.

- 6 of the 10 are women.
- 9 are pursuing undergraduate degrees, and 1 is pursuing a graduate degree
- Degrees: Public Health - 4, Microbiology & Immunology - 1, Business Administration - 1, Computer Science - 1, State Registered Nurse - 1, Pure Medicine - 1
- 5 universities represented across Sierra Leone



NarSarah Clinic also provided support for other students through paid and unpaid internships



CHO Post Basic student worked in the Pharmacy



MCH Aid students worked in the ANC



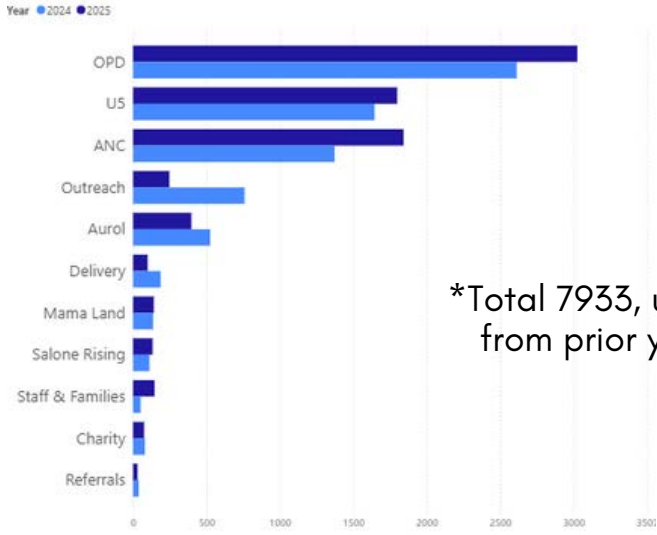
Microbiology & Immunology students worked in the Lab



Njala University students - IPC internship

# APPENDIX A - PATIENTS AND DISEASES SUMMARY

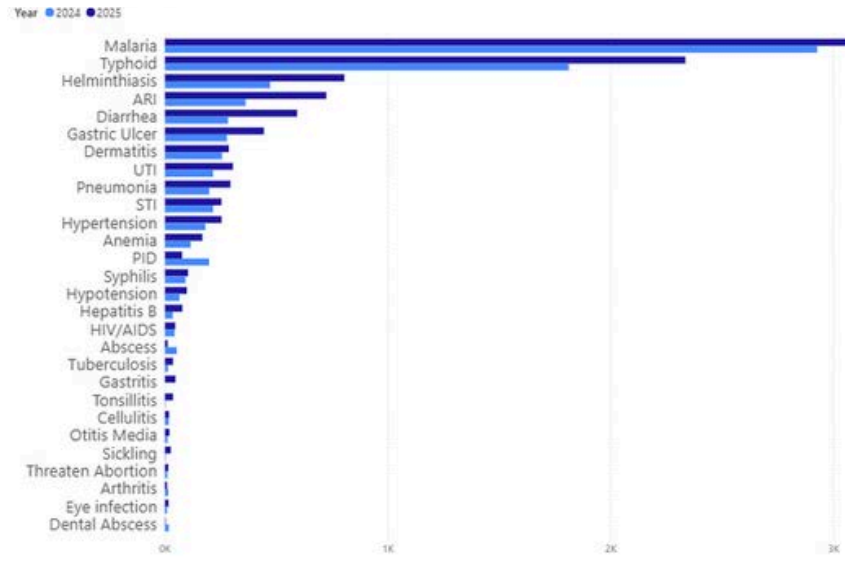
## Patient Visits



\*Total 7933, up 6% from prior year

OPD - Outpatients  
 U5 - Under Fives  
 ANC - Pregnant Women  
 Outreach - Mobile Clinic  
 Aurol - Multiple NGO patients  
 Delivery - Newborns  
 MamaLand - Single NGO patients  
 Salone Rising - Single NGO patients

## Diseases



Disease profile for patients is similar to 2024 with top 5 - Malaria, Typhoid, Helminthiasis, ARI and Diarrhea

7754 vaccines to children under 5 - polio, tuberculosis, rotavirus, pneumonia, meningitis, diphtheria, pertussis, hepatitis B, measles and tetanus.

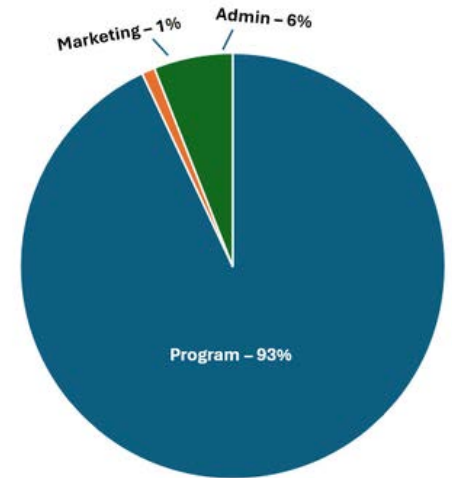
Total 1638 vaccines to pregnant women  
 760 HPV vaccines to adolescent girls

# APPENDIX B - CITA INTERNATIONAL FINANCIAL REPORT

## STATEMENT OF ACTIVITIES

	FY 2025	FY 2024	FY 2023
<b>Revenue</b>			
Contributions	307,970.50	90,576.81	123,861.16
Interest Earned	5,616.29	5,166.64	9,015.20
<b>Total Revenue</b>	<b>\$ 313,586.79</b>	<b>\$ 95,743.45</b>	<b>\$ 132,876.36</b>
<b>Expenditures</b>			
<b>Program Expenses</b>	<b>130,102.49</b>	<b>58,992.19</b>	<b>63,392.08</b>
NarSarah Clinic Programs	26,290.71	21,929.20	34,386.98
Construction Maternity Center	88,434.00	17,030.00	0.00
Humanitarian	1,066.00	1,380.00	1,380.00
NarSarah Staff Bonus ('24 & '25)	3,600.00	2,712.00	13,800.00
Salaries ('23)			
Scholarship	4,182.00	5,920.99	9,563.00
Shipping	0.00	3,146.00	2,275.00
Travel	6,437.79	6,424.00	1,487.10
Church Support	91.99	450.00	500.00
<b>Marketing</b>	<b>1,531.42</b>	<b>1,390.17</b>	<b>2,521.16</b>
<b>Administrative</b>	<b>8,622.49</b>	<b>6,820.77</b>	<b>7,572.14</b>
Accounting	535.00	525.00	1,110.00
Bank Charges	3,397.00	1,548.53	1,761.13
Dues & Subscriptions	1,406.49	1,629.24	1,457.01
Insurance	3,124.00	2,948.00	2,759.00
Licenses and Permits	160.00	170.00	485.00
<b>Total Expenditures</b>	<b>140,256.40</b>	<b>\$ 67,203.13</b>	<b>\$ 73,485.38</b>
<b>Net Revenue</b>	<b>\$ 173,330.39</b>	<b>\$ 28,540.32</b>	<b>\$ 59,390.98</b>

## 2025 Expenses



## STATEMENT OF FINANCIAL POSITION

	As of Dec 31 2025	As of Dec 31 2024	As of Dec 31 2023
<b>ASSETS</b>			
<b>Current Assets</b>			
Cash & Cash Equivalents	\$ 323,780.93	\$ 157,037.73	\$ 136,259.85
With Donor Restrictions	\$ 190,270.38	\$ 31,597.02	\$ 46,521.30
Without Donor Restrictions	\$ 133,510.55	\$ 125,440.71	\$ 89,713.55
Board Designated Restrictions	\$ 43,061.10	\$ 25,959.33	\$ 20,104.83
Undesignated	\$ 90,449.45	\$ 99,481.38	\$ 69,608.72
Endowment Fund	\$ 80,199.29	\$ 72,083.00	\$ 64,416.36
<b>TOTAL ASSETS</b>	<b>\$ 403,980.22</b>	<b>\$ 229,120.73</b>	<b>\$ 200,676.21</b>
<b>LIABILITIES</b>			
<b>Liabilities</b>			
<b>Current Liabilities</b>			
Short-term debt	\$ 1,952.98	\$ 423.88	\$ 519.68
<b>TOTAL LIABILITIES</b>	<b>\$ 1,952.98</b>	<b>\$ 423.88</b>	<b>\$ 519.68</b>
<b>EQUITY</b>			
Retained Earnings	\$ 228,934.58	\$ 200,156.53	\$ 140,765.55
Net Revenue	\$ 173,330.39	\$ 28,540.32	\$ 59,390.98
<b>TOTAL EQUITY</b>	<b>\$ 402,027.24</b>	<b>\$ 228,696.85</b>	<b>\$ 200,156.53</b>
<b>TOTAL LIABILITIES AND EQUITY</b>	<b>\$ 403,980.22</b>	<b>\$ 229,120.73</b>	<b>\$ 200,676.21</b>

CITA International Inc, dba Serving Sierra Leone, is registered in the State of Colorado, in good standing, and recognized as tax-exempt under section 501 c(3) of the Internal Revenue Code.

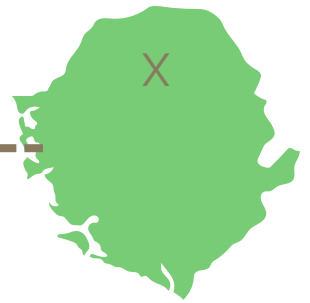
## MAKING IT ALL POSSIBLE

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Accomplishments in 2025 were made possible with the generous support of over 80 donors, the patient-centered care provided by 22 staff in Kabala, Sierra Leone, home to the NarSarah Clinic, and the leadership of the CITA International Board.



Africa



Kabala  
Sierra Leone

### Board of Directors CITA International Inc.

Ali Kamanda, President Salone Rising  
Dr. Gerald Smith, Researcher, Eli Lilly, Retired  
Cecil Law, Engineer, HNTB Corporation, Retired  
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Dr. Kimberly Dube, Epidemic Intelligence Officer, CDC  
Hopenet Antoine, Executive Director CITA International  
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Les Law (Board Emeritus, non voting)