

HOME PHYSIO
Canada

SURGICAL RECOVERY PACKAGE

A Physical Therapist will come to your home after surgery to help with pain, swelling and mobility in the early days. In the later stages, we can guide your return to activity and develop exercise programs specific to your needs

We can provide non-invasive, expert medical care in the comfort of your own home. If your extended health plan covers physiotherapy services, you may qualify for this package at no additional cost.



CONTACT US



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3 Sessions In Your Home



Benefits of Physical Therapy After Surgery:

- Reduce pain & swelling
- Improve muscle function
- Improve body symmetry & aesthetic outcomes
- Scar management

- Gain a deeper understanding of your body and health relative to your surgery
- Return to exercise/ activity sooner and safer
- Design a personalized exercise program to maximize your recovery and continued health

BOOK YOUR IN-PERSON ASSESSMENT TODAY

RATES

**REGULAR
COST**

\$585

In-Home Assessment **\$225**
In-Home Treatment **\$180**

**RECOVERY
PACKAGE**

\$475

Includes 1 Assessment and 2 follow-up treatments at a reduced cost

(Approx 60 min. Out of area clients may be subject to additional travel costs)

**SAVE OVER
\$100**

Physical Therapy is covered by most extended health plans. Check with your provider to see if your benefits may cover the cost

Book additional follow-up visits for 20% discount