

Patient Informed Consent for Botox Cosmetic® Treatment

Patient Name / Label

Victoria Botox® Clinic - Dr. Matthew Ward, MD, CCFP

Allergan™ Botox Cosmetic® is generally a safe, temporary and effective treatment for various cosmetic indications of the upper face. Results may take up to 14 days and last ~3 months. *Injection intervals ideally should ideally be no more frequent than 12 weeks* with a maximum cumulative dose of 360 units during this time (6U/kg). Greater frequency of Botox® could potentially result in antibodies, making future injections less effective. As the patient, I have read the following and agree/understand each point (please initial each box):

- I am over the age of 18.
- I have not had any botox® within the past 12 weeks (please discuss with Dr. Ward if you have).
- I am not pregnant and there is no chance that I could be pregnant at this time. I am not breast-feeding.
- I am not aware of any personal medical history of hypersensitivity or allergic reactions to botox®.
- I do not have any active skin infections and generally feel well.
- I do not take blood thinners (e.g., warfarin, Apixaban/Eliquis, Rivaroxaban/Xarelto, Pradaxa/Dabigatran) or antiplatelet drugs (e.g., Plavix/Clopidogrel, Brilinta/Ticagrelor). Please notify Dr. Ward if you take regular “baby aspirin” (ASA 81mg) or regular anti-inflammatory medications for pain (e.g., Advil, Aspirin, Celebrex, Motrin, Aleve, etc...).
- I do not have a known bleeding disorder. I do not have a neuromuscular condition (e.g., Myasthenia Gravis, Cerebral Palsy, ALS, previous Polio infection, Lambert-Eaton syndrome, etc.).
- I am aware this product contains human serum albumin which is a derivative of human blood (also important to know if you are a Jehovah’s Witness).
- I am aware of the more common, temporary, side effects of botox® injection(s), including:
 - Inflammation and/or bruising and/or localized pain around the injection site(s)
 - Swelling/edema, bleeding, tenderness, paresthesias (“pins and needles”)
 - Cosmetic asymmetry, not fully-improved wrinkles, need for additional treatment(s)
- I am aware of rare, but potentially serious side effects of botox® treatment, not limited to:
 - Ptosis (drooping eyelid) and/or diplopia (double vision)
 - Extremely rare: distant spread of botulinum toxin resulting in secondary problems such as swallowing or speech disorders, generalized weakness, respiratory failure or complications, cardiovascular events, immunogenic/hypersensitive reactions (e.g., anaphylaxis), deleterious neurological conditions (e.g., Creutzfeldt-Jakob Disease), and other skin reaction(s).

The cost of botox® is \$8.00 per unit. GST (5%) is in addition. The clinic accepts **cash or cheque** after each treatment. There are no consultation fees. We are able to accept credit card or debit through **Square Reader** which costs an additional 2.65% to use their service.

I am aware that the practice of medicine and surgery is not an exact science and I acknowledge that no guarantees have been given to me concerning the results of any botox® procedure. Alternative treatment options are also available by a different physician, including: no treatment, filler injections, chemical peels, laser resurfacing, etc. I also give my consent for photographs to be taken as needed before and after the procedure for medical documentation.

Patient Signature

Date

July 2021

Covid-19 Plan for the Victoria Botox® Clinic (Summer 2021)

Covid-19 precautions, including social distancing standards, will be applied at all times during the operation of the Victoria Botox® Clinic.

Dr. Ward takes patient safety extremely seriously and uses guidelines from the **BC Center for Disease Control**. The clinic itself is subject to closure (and appointment cancellation) at any notice.

Patients are expected to bring and wear their own masks even at this time (Stage 3). If a patient does not have a mask, the Victoria Botox® Clinic will provide one free of charge.

Patients are expected to wash their hands and/or use hand sanitizer upon entering the building (provided) and may have their temperatures checked at the door.

Screening Questions (if a patient answers in the affirmative, the Botox® procedure may not proceed, and Dr. Ward will direct next steps as appropriate):

- 1) Do you have any cold or flu-like symptoms?
- 2) Have you returned from travel outside the country in the last 14 days?
- 3) Have you had exposure to a confirmed positive case of COVID-19 in the last 14 days?