

Patient Informed Consent for Botox Cosmetic® Treatment

Patient Name

Eagle Creek Medical Clinic - Dr. Matthew Ward, MD, CCFP

Botox Cosmetic® is generally a safe, temporary and effective treatment for various cosmetic indications of the upper face. Results take up to 14 days and last 3+ months. Injection intervals should be no more frequent than 3 months with a maximum cumulative dose of 360 units during this time (6U/kg).

As the patient, I have read the following and agree/understand each point (please initial each box):

- I have read, understand and agree to the Re-Opening Plan for the Victoria Botox® Clinic (attached)**
- I am over the age of 18.
- I have not had any botox® within the past 3 months (please discuss with Dr. Ward if you have).
- I am not pregnant and there is no chance that I could be pregnant at this time. I am not breast-feeding.
- I am not aware of any personal medical history of hypersensitivity or allergic reactions to botox®.
- I do not have any active skin infections and generally feel well.
- I do not take blood thinners (e.g., warfarin, Apixaban/Eliquis, Rivaroxaban/Xarelto, Pradaxa/Dabigatran) or antiplatelet drugs (e.g., Plavix/Clopidogrel, Brilinta/Ticagrelor). Please notify Dr. Ward if you take regular "baby aspirin" (ASA 81mg) or regular anti-inflammatory medications for pain (e.g., Advil, Aspirin, Celebrex, Motrin, Aleve, etc...).
- I do not have a known bleeding disorder.
- I do not have a neuromuscular condition (e.g., Myasthenia Gravis, Cerebral Palsy, ALS, previous Polio infection, Lambert-Eaton syndrome, etc.).
- I am aware this product contains human serum albumin which is a derivative of human blood.
- I am aware of the more common, temporary, side effects of botox® injection(s), including:
 - Inflammation and/or bruising and/or localized pain around the injection site(s)
 - Swelling/edema, bleeding, tenderness, paresthesias ("pins and needles")
 - Cosmetic asymmetry, not fully-improved wrinkles, need for additional treatment(s)
- I am aware of rare, but potentially serious side effects of botox® treatment, not limited to:
 - Ptosis (drooping eyelid) and/or diplopia (double vision)
 - Extremely rare: distant spread of botulinum toxin resulting in secondary problems such as swallowing or speech disorders, generalized weakness, respiratory failure or complications, cardiovascular events, immunogenic reactions (e.g., anaphylaxis), deleterious neurological effects, and other skin reaction(s).

The cost of botox® is \$8.00 per unit. GST (5%) is in addition. The clinic accepts **cash or cheque** after each treatment. There are no consultation fees. We are able to accept credit card or debit through **Square Reader** which costs an additional 2.65% to use their service.

I am aware that the practice of medicine and surgery is not an exact science and I acknowledge that no guarantees have been given to me concerning the results of any botox® procedure. Alternative treatment options are also available by a different physician, including: no treatment, filler injections, chemical peels, laser resurfacing, etc. I also give my consent for photographs to be taken as needed before and after the procedure for medical documentation.

Patient Signature

Date

Screening Questions (if you answer in the affirmative (“yes”), the Botox® procedure cannot proceed and Dr. Ward will direct next steps as appropriate):

- 1) Do you have any cold or flu-like symptoms?**
- 2) Have you returned from travel in the last 14 days?**
- 3) Have you had exposure to a confirmed positive case of COVID-19 in the last 14 days?**

Re-Opening Plan for the Victoria Botox® Clinic (May 2020)

- Strict social distancing standards will be applied at all times during the re-launch of the Victoria Botox® Clinic. Dr. Ward takes patient safety extremely seriously and use guidelines from the [BC Center for Disease Control](#). The clinic itself is subject to closure (and appointment cancellation) at any notice.
- **Patients over the age of 65, or with significant medical co-morbidities (or a compromised immune system), cannot be offered cosmetic Botox® at this time.**
- Patients are to arrive only at their scheduled appointment times, and wait outside the main door of the Eagle Creek Medical Clinic until escorted inside the building/exam room. **Please follow the instructions of the posters outside the main door.**
- The Botox® clinic will only operate on weekends when there are no other physicians, support staff, or patients in the clinic.
- While waiting outside, patients are to observe at least 2 meters of distance from any other person in the area.
- Dr. Ward will wear a N95 mask (and other PPE as needed) at all times. **Patients are expected to bring and wear their own masks**, except during the actual Botox® procedure (depending on the area treated). If a patient does not have a mask, the Victoria Botox® Clinic will provide one free of charge. **Patients are expected to wash their hands and/or use hand sanitizer upon entering the building (provided).**
- Patients are asked to complete the informed consent document while waiting briefly outside (this form will be posted in a spot easily viewable).
- Patient appointments are one person at a time (e.g., pairs cannot be treated at the same time).

Thank you for helping to create a safe working environment for everyone!

-Dr. Ward