

ST PAUL LUTHERAN CHURCH

1264 Tonkey Rd AuGres MI 48703

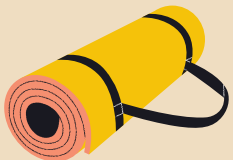
Starting
Sept 11



Every Thurs 5:30 PM

A welcoming and inclusive environment

***Perfect for beginners and those looking to deepen their
practice***



Bring Your Own Mat
Otherwise mats available to lend



(248) 298-9035
workoutconnie@yahoo.com



\$8.00

Per Class / Per Person