Athlete CHECKLIST



Season	2025

N°	TO DO	Y
1	Name of Athlete & Contact Information of guardians	0
2	Birth Certificate (copy)	
3	Physical dated after <u>IJan2025 (Medical Clearance Form)</u>	
4	Participation Contract, Tracking and ID Card (GM Only)	
5	Emergency Medical Treatment, Consent and Information	
6	Image Release-Minor	
7	Waiver and Release of Liability- <minor< td=""><td></td></minor<>	
8	Code of Conduct	
9	Mild Traumatic Brain Injury (MTBI)/Concussion Statement and Acknowledgement Form	0
10	Social Media Policy	
11	Child Size Shirt, Shorts, socks & Jersey number request	
Contact		
Shirt Size		
Short Size		
Socks		
Jersey #		
Name :		

Participation Contract, Tracking and ID Card - Page 2

Last Name		F	rirst Name		Initial	Prefer	red (nicl	k) Name	;			
		$\neg \vdash$,					\neg I
Street Address		L	City / T	own		State	Zip	Code		Home Pl	hone	ᅦ
							╗┌					\neg I
Date Of Birth (I	M/D/VD) A	70. 20.	of 7/31 \\\	night .	Parent//	L Suardian	Liret Na	ımo	┙.	Parent/Gu	ıardian Last Name	—
Date Of Birtin (i		je as	of 7/31 We	eight	Parenio	<u>suarulari</u>	FIISLINA	ime	7 6	raieni/Gu	lardian Last Name	$\neg 1$
												IJ
Grade in Fall	School in Fall			Scho	ool Phone		lome En	nail Add	dress			
												Ш
Medical Insura	nce (circle one)	Nam	e Of Insurance	Carrier				Po	licy #			
YES	/ NO											
		는					_					=
Football:	Cheer:		CHECK C	NE	Registrati	on Fee): <u></u> \$		Cr	neck# C	Cash:	<u> </u>
			GRAY	AREAS F	OR OFFICIA	L USE	ONL	<u> </u>				
Association	on:SD	AYF			Divis	ion:				Team	: Southeast Troj	ans
		Jer	sey Numbe	er Assigne	ed:	Equip	ment	/ Unifo	orm	Issued	Returned	
PERMISSION T	O PARTICIPATE		cknowledge	that I am t	ully aware o	f the no	tontial	dange	re o	f nartici	pation in any spo	ort
and I fully und	derstand that r										ERIOUS INJURI	
											d understand that	
											amed participant	
											h my child/wards	
											any and all Loca	
			ference, Ass	sociation a	nd team/squ	ad acti	vities, i	ıncludi	ng tr	ansport	ation to and from	1 the
SCHOLASTIC F	licensed drive	3ľ.									Initial:	
		son/o	daughter/wa	rd is schol	astically fit a	nd wou	ıld ben	efit by	narti	icipation	n in this program.	ī
											e report card or a	
	nent of schola										•	
HELMET WAIVE	ER (for football p	articiį	oants)								Initial:	
											BALL, which is a	
collision sport	t; the NOCSAI	Ξcor	nmittee has	adopted the	ne following	warning	g to be	read b	by, a	nd signe	ed by, both the	
parent/guardi	an and partici	pant.	"DO NOT U	JSE THIS	HELMEI I	BUII	, RAM	OR S	PEA	R AN O	PPÓSING PLAY	(ER,
											R NECK INJUR	Υ,
	OR DEATH A										NT TO BUTT, RA	Λ Ι . /
	NO HELMET					"					•	ZIVI
	NIFORM RESPOI			5501		Parent/	Guardia	ın Initia	ıl:		Player Initial:	
				quipment/u	niforms loar	ed to m	ny chilo	d/ward	and	I agree	to promptly retui	rn,
											normal wear and	tear.
If I fail to adhe	ere to this poli	су, Г	will be respo	onsible for	and promptl	y pay th	ne repla	aceme	nt co		uch equipment.	
CODE OF CON											Initial:	
											Knowledge Of The	
											propriate Manner C ne Pursuit Of This	וע
Positive Accord Both On And Off The Field. It Is Understood That Any Incident Considered Detrimental To The Pursuit Of This Ideology Will Not Be Tolerated. It Will Be Addressed In Accordance With The Statutes Of The Association, Conference, Current												
											To Participate In A	
									1 The	Progran	m Including But No	ıt
Littileu 10, IN	e Football Playe	:15, C	neeneaders,	opini Partic	ipanis, Paren	is Aliū C	ouaiüläl	115.			Initial:	
PRINT Paren	ts/Guardian N	ame	•	Parents/0	Buardian Sig	nature:				Date :	Signed:	

NOTE: This form as with any and all forms used by your Association should be kept for 7 years.

Emergency Medical Treatment, Consent and Information

The following information will be used in the event that a parent / legal guardian is not available. The purpose of this information is to provide a quick reference for medical personnel should the need arise. Please fill out this form completely. If a particular question is not applicable write "none", n/a, or other appropriate comment otherwise none will be assumed. If additional space is needed, please use the back of this form. All information disclosed here will be treated as confidential. It will be the responsibility of the parent/legal guardian to notify the participants coach and league/event officials if any information needs to be added, deleted, changed, or updated in any way.

	ATH	LETE INFOR	MATION	
Athlete's Name:	N	lick Name:		Phone: ()
Address:	С	ity:		State: AZ Zip:
	PARENT OF	R GUARDIAN	INFORMATION	
Father's Name:				
Address:		ity:		State: Zip:
Hm Phone: ()	Daytime Phone	:()	Email:	
Employer:				
Mother's Name:				
Address:	C	ity:		State: Zip:
Hm Phone: ()	Daytime Phone	: ()	Email:	
Employer:			•	
Guardian's Name:				
Address:	Ic	city:		State: Zip:
Hm Phone: ()	Daytime Phone	•	Email:	
Employer:		,		
7	FAMILY	MEDICAL II	NSURANCE	
Carrier:		Gro	oup:	
Policy #:		Gro	oup #:	
Policy Holder Name:		_		
Family Physician's Name:				
Dr's Address:	С	ity:		State: AZ Zip:
Phone: ()	Fax: ()		Email:	
	EMERGENO	CY MEDICAL	INFORMATION	
Preferred Hospital(s): TMC				
EMERGENCY CONTACT:			hone: ()	Relationship:
Please list any medical condition above. Please list any other info				
note if no information is given an				
Allergies:	10 110 110110	01 1110 10 110	Termod in thom, mone	····· se desamea.
Medical Conditions:				
Other:				
I as evidenced below hereby g	rant permission	for my chi	ld/ward to participa	ite in any and all,
Sahuarita / Green Valley 49ers occuding but not limited to, athletinedical treatment necessary to see afflicted. I understand that this a	(Association c, social and/or fun tabilize and or treat authorization is givency treatment which	name) and, A draising active any medical en prior to the	merican Youth Footba ities. I further consent condition or medical e need for medical care	all, Inc. program(s) event(s), to the administration of any and a mergency to which my child/ward
*Print Parent/Legal Guardian Nan	ne *S	Signature Pare	ent/Legal Guardian	*Date

The original Emergency Medical Treatment, Consent and Information form should travel with the coach and a copy should be kept at the administrative office of the sports organization. Due to privacy concerns, completed forms should be stored in a secure location with access restricted to those on a need to know basis for the purpose of medical care.



AMERICAN YOUTH FOOTBALL

Medical Clearance Form





Medical Clearance Form - Must be dated after January 1st of the Current Season

hat I am a State Licensed Medical ermining that:
is ditions which would contra-indicate his/her dance, step or athletic activities.
ease Print - or - Use Office Stamp Here:
Print Name Clearly:
Office Address:
,

PLEASE NOTE: If this Medical Clearance is voided by injury, accident, or illness, it will be the responsibility of the Parent/Legal Guardian to notify the participants Coach and League Officials. It will also be the responsibility of the Parent / Legal Guardian to obtain WRITTEN permission from his/her State Licensed Medical Examiner to resume participation. A "Doctors Resume Participation Medical Clearance Form" is available from the league or you may have the doctor supply his/her own WRITTEN Clearance as long as it is on the doctor's official stationary and includes the following statement: "(Participants Name) is physically fit and I have found no medical or observable conditions which would contra-indicate him/her from participating in youth flag football, tackle football, cheer, dance, step or athletic activities. I am therefore clearing this individual for athletic participation.

This statement must be supplied by the physician attending to the injury, accident, or illness.

This form can be modified or substituted ONLY to comply with local and/or state laws or due to medical practitioner regulations.

NOTE: This form as with any and all forms used by your Association should be reviewed by your local counsel for compliance with any state or local statutes. This form should be kept on file for a minimum of 7 years, longer in the event of an injury. Please confer with your local attorney for advice as to the appropriate maintenance and storage term for this and all such forms.



AMERICAN YOUTH FOOTBALL Waiver and Release of Liability - Minor

Southeast Trojans Youth Football & Cheer



READ BEFORE SIGNING

	, my child/ward, is allowed to participate in outh Cheer Regional/National Championships, and or the
football and or cheer programs of	. the Local
	d organization not operated or controlled by American Youth rican Youth Football, Inc. the undersigned acknowledges and
including the potential for permanent disa	, from the activities involved in these programs is significant, bility, paralysis and death, and while particular rules, equipment, sk, the risk of serious injury does exist; and,
	ARD, I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, ING FROM THE NEGLIGENCE OF THE RELEASEES or others, rd, participation; and,
observe any unusual significant concern i	and customary terms and conditions for participation. If, however, I n my child/wards', readiness or, hazard during my presence or I will remove my, child/ward, from participation and bring such to iately; and,
next of kin, HEREBY RELEASE, INDEMN Inc.(AYF), the local organization, their resemployees, other participants, sponsoring applicable, owners and lessors of premise ANY AND ALL INJURY, DISABILITY, DE wards', involvement or participation in the	INTERPOLE AND HOLD HARMLESS American Youth Football, spective officers, directors, officials, volunteers, agents, and/or gagencies, tournament host, sponsors, advertisers, and if ses used to conduct the event (RELEASEES), WITH RESPECT TO ATH, or loss or damage to person or property, incident to my child/se programs, WHETHER ARISING FROM THE NEGLIGENCE OF THE FULLEST EXTENT PERMITTED BY LAW.
next of kin, HEREBY INDEMNIFY AND H	nd on behalf of my/our heirs, assigns, personal representatives and OLD HARMLESS all the above Releases from any and all liabilities participation in these programs, EVEN IF ARISING FROM THEIR tted by law.
UNDERSTAND ITS TERMS, UNDERSTA	ITY AND ASSUMPTION OF RISK AGREEMENT, FULLY ND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY VOLUNTARILY WITHOUT ANY INDUCEMENT.
Print Name of Parent/Guardian:	
Parent/Guardian Signature:	Date Signed:
	seriousness of the risks involved in participating in this program, my nd regulation, and accept them as a participant.
Print Name of Participant:	
Participant's Signature:	Date Signed:

NOTE: This form as with any and all forms used by your Association should be reviewed by your local counsel for compliance with any state or local statutes. This form should be kept on file for a minimum of 7 years, longer in the event of an injury Please confer with your local attorney for advice as to the appropriate maintenance and storage term for this and all such forms.



AMERICAN YOUTH FOOTBALL





Southeast Trojans Youth Football & Cheer **READ BEFORE SIGNING**

Parent/Guardian Signature:	Date:
Print Name of Parent/Guardian:	
child/ward being allowed to participate in any way, in the American Youth Football and American Youth Cheer,) in events and activities, the undersigned agrees that American activities and permission, free from approval of likeness in all media now or hereafter known, including which he/she may be included intact or in part for proving the state of the st	the American Youth Football, Inc. ("AYF") (dba national championships and any other official AYF erican Youth Football Inc., is hereby granted the or review, to copyright and/or use my child's/ward's g but not limited to, pictures and videos of my child
In consideration of (insert child's name)	, my minor

2025 - AYF Code of Conduct

Southeast Trojans will not tolerate verbal abuse of its volunteer coaches from any Fan, Parent or Spectator.

This is American Youth Football, not the pros. Fans, as well as the players and coaches, are expected to abide by a code of conduct at all American Youth Football Events. While 99% of the adults in the program will abide by this code without being told, this code is being published to protect the children and volunteers (which includes all coaches and board members) from the 1%.

FANS' CODE OF CONDUCT

Fans will abide by a Code of Conduct which includes the provisions which follow. If any of these rules are broken, **Southeast Trojans** shall have the authority to impose a penalty.

Fans shall:

- 1. Not criticize the players/cheerleaders or coaches in front of the other spectators in the stands, but reserve constructive criticism for later, in private.
- 2. Accept decisions of the game officials (including referees and coaches) on the field as being fair and called to the best ability of said officials.
- 3. Not criticize an opposing team, its players, coaches, or fans by work of mouth or by gesture.
- 4. Refrain from using physical or verbal abuse or profane language at any time at the game, practice field, or other AYF functions.
- 5. Abstain from being under the influence of or in possession of and/or drinking alcoholic beverages and the possession or use of any illegal substance on both the game and practice fields.
- 6. Not be allowed on the sidelines during a game.
- 7. Not interfere/interrupt the coaching staff before, during or after games or at practice.
- 8. Not express complaints about coaches in stands or to coaches in front of or around the children (i.e. right after a game or practice).

VIOLATION

Any parent or fan who violates the code of conduct risks the further participation of the child in the program. The procedure is as follows:

- 1. Any fan who violates the code of conduct or becomes a nuisance will be asked to leave by the head coach and can be suspended from all team activities.
- 2. If the fan fails to leave upon request, the child may be suspended from further participation in team activities by the head coach.
- 3. The head coach along with the executive board will decide if the duration of the suspension is to be longer than one to four weeks or if the child will be dropped from the program. That decision will depend on the attitude of the parents.
- 4. Any parent or fan who violates the code of conduct risks the future participation of his/her children in the program. Depending on the severity of the incident the board of directors may decide to ban future participation in the program for up to three years.

CONDUCT OF ALL PLAYERS - PARENTS

All players are guaranteed 6 plays in each Jamboree, Regular Season or Playoff game. Everything beyond that must be earned in the opinion of the coaching staff whose decisions are final.

Athlete's Code

I will: emphasis the ideals of sportsmanship, ethical conduct and fair play. Show courtesy to my opponents and officials. Recognize athletic contests are serious educational endeavors. Give complete allegiance to my coaches who are the instructional authority for my team. Discourage fans, fellow players and parents from undercutting my coach's authority.

I will not: Use profanity or talk "trash" before, during or after any game. Use drugs, alcohol, or tobacco. Criticize my teammates. Act in any way that may incite spectators.

Parent's Code

I will: Support my child's team/squad and teach the value of commitment to the team/squad - emphasis the ideals of sportsmanship, ethical conduct and fair play. Help my child and American Youth Football make athletic contests a positive educational experiences. Show courtesy to opponents and officials. Direct constructive criticism of my child's athletic program to the athletic director or association officials and work toward a positive result for all concerned.

I will not: Criticize officials, direct abuse or profane language toward them, or otherwise subvert their authority. Undermine, in work or deed, the authority of the coach or administration. Intrude onto the field, stand on the sideline, or yell from the bleachers at or to the coaches, referees or administration.

	I have read the FAN'S CC	DE OF CONDUCT	and understand	d what is expecte	ed.	
Child's Name (PRINT)	Team Name	Date				
Parents Name (PRINT)	Parents Signature					

This part of the form <u>must</u> be returned to the head coach before the second game to the season.



Southeast Trojans



Parent/Guardian Code of Conduct 2025 Season

- I will be responsible for my behavior as well as for the behavior of those who attend the game/practices as my guest.
- I hereby pledge to provide positive support, care, and encouragement for my child participating in youth sports by following this Code of Conduct.
- I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice, or other youth sports events.
- I will place the emotional and physical well-being of my child ahead of a personal desire to win. I will be in control of my emotions and I will remain in the spectator area during games/practices.
- I will support coaches and official working with my child, to encourage a positive and enjoyable experience for all. And I will not advise the coach on how to do their job.
- I will demand a sports environment for my child that is free of drugs and alcohol and refrain from their use at all youth sports events.
- I will not drink alcohol at a game/practice.
- I will remember that the game is for our youth not adults and that participation in youth sports is a privilege, not a right.
- I will always show respect for all participants and I will do my very best to make youth sports fun for my child and I will not instruct him to harm any other participants.
- I will not coach my child during the game/practice.
- I will ask my child to treat other players, coaches, fans, and officials with respect regardless of race, sex, creed, or ability.
- I will not make insulting comments to players, parents, officials, or coaches, or other teams.
- I promise to help my child enjoy the youth sports experience by doing whatever I can, such as being a respectable fan, assisting with coaching, or providing with transportation.
- I will not make negative remarks, or remarks that could be construed as condescending or negative, regarding the team's organization, coaching, directing, officiating, or management over any source of social media; to include but not limited to: Twitter, Facebook, Newspapers, Instagram, Blogs, etc
- If situations arise that I deem require clarification or justification, I will follow proper protocol in terms of following "chain of command" understanding that the first rule is the calmly approach and communicate with the head coach of the team.
- If for any reason my child decides to stop playing, I understand that I am still accountable/responsible for payment of uniforms.
- If I fail to turn in any equipment(shoulder pads/helmets) I understand that I will be charged for such items and agree to pay or return items within 14 days of notification.

I understand that if I do not uphold these above statements that my child may be disqualified to participate within the organization – as deemed necessary by the coach, the executive board, or president. I further understand that no reimbursement of monetary funds or otherwise will be issued to me as a parent for the actions of myself or other family members of my participant that contradict the working or spirit of the above parent's code of conduct.

I have read the above Parent Code of Conduct and agree to uphold the agreement.

<u>L</u> , .	Athlete Name:	Division:	Date:
므_	Parent Name:	Parent Signature:	
90	Parent Name:	Parent Signature:	



AMERICAN YOUTH FOOTBALL

Mild Traumatic Brain Injury (MTBI) / Concussion Statement and Acknowledgement Form



I, _______ (athlete), have chosen to participate in an a sport where injuries may occur and I do understand that it is my responsibility to report all of my injuries and illnesses or suspected injuries and illnesses to the organization's staff, including but not limited to: coaches, team physicians, and athletic training staff. I further understand and recognize that my health and safety is the most important thing and without disclosing all injuries and or illnesses, it can not be properly determined if you are in the physical condition necessary to participate. I understand that I must provide a full and accurate medical history including any symptoms, health complaints and any prior injuries and/or disabilities I have experienced before, during or after athletic activities.

By signing below, I acknowledge:

- My organization has provided me with specific educational materials including the CDC Concussion fact sheet (http://www.cdc.gov/concussion) on what a concussion is and has given me an opportunity to ask questions.
- I ACKNOWLEDGE THAT I HAVE READ THE FACT SHEET on the CDC website for Parents and Players.
- I have fully disclosed to the staff any prior medical conditions and will also disclose any future conditions.
- There is a possibility that participation in my sport may result in a head injury and/or concussion. In rare cases, these concussions can cause permanent brain damage, and even death.
- A concussion is a brain injury, which I am responsible for reporting to the team physician, athletic trainer, coach, parent volunteer, or official.
- A concussion can affect my ability to perform everyday activities, and affect my reaction time, balance, sleep, and classroom performance.
- Some of the symptoms of concussion may be noticed right away while other symptoms can show up hours or days after the injury.
- If I suspect a teammate has a concussion, I am responsible for reporting the injury to the staff.
- I will not return to play in a game or practice if I have received a blow to the head or body that results in concussion related symptoms.
- I will not return to play in a game or practice until my symptoms have resolved AND I have written clearance to do so by a qualified healthcare professional.
- Following concussion the brain needs time to heal and you are much more likely to have a repeat concussion or further damage if you return to play before your symptoms resolve.

Based on the incidence of concussion as published by the CDC football and cheer, among other sports, have been identified as high risk for concussion.

I represent and certify that I and my parent/guardian have read the entirety of this document and fully understand the contents, consequences and implications of signing this document and agree to be bound by this document.

Student Athlete's Name:		
Student Athlete's Signature:	Date:	
Parent/Legal Guardian Name:		
Parent/Legal Guardian Signature:	Date:	



Southeast Trojans

Social Medial Policy 2025 Season



Being a member of the Southeast Trojans is a privilege. Athletes and parents of our organization are recognized and known in the locally. We may also be seen as role models in the community. As athletes/parents/ guardians/ team parents you have the responsibility to always portray the Southeast Trojans and yourselves in a positive manner.

Tiktok, Instagram, Facebook, Twitter, and other social media sites have increased in popularity globally and are used by many athletes within the organization. Parents should be aware that the minimum age for these social media sites are 13 years old and if a parent allows their child to Join these sites earlier than 13 years old, it is their responsibility to monitor their athlete's account.

Athletes and parents/guardians should be aware that third parties- including the media, schools, and future employers-could easily access your profiles and view all personal information. This includes all pictures, videos, comments, and posters. Inappropriate material found by our organization and/ or third parties affects the perception of the athlete and the Southeast Trojans organization as a whole. This can also be detrimental to an athlete's future employment options.

Examples of inappropriate and offensive behaviors concerning participation in online communities may include depictions or presentations of the following:

- Photos, videos, comments, or posts showing the personal use of alcohol, drugs and tobacco e.g, no holding cups, cans, shot glasses etc.
- Photos, videos, and comments that are of a sexual nature. This includes links to websites of a pornographic nature and other inappropriate material.
- Pictures, videos, comments, or posters that condone drug-related activity. This includes but is not limited to images that portray the personal use of drug paraphernalia.
- Content online that is unsportsmanlike, derogatory, demeaning or threatening toward any other individual or entity (examples: use of profanity, derogatory comments regarding another organization, football or cheer member; taunting comments aimed at an athlete, coach, parent and derogatory comments against race and/or gender). No posts should depict or encourage unacceptable, violent, or illegal activities (examples: hazing, sexual harassment/assault, gambling, discrimination, fighting, vandalism, academic dishonesty, underage drinking, illegal drug use).

Information that is sensitive or personal in nature or is proprietary of the Southeast Trojans, which is not public information.

If a member of the SE Trojans's/athlete's profile and its contents are found to be inappropriate in accordance with the above behaviors, they will be subject to the following penalties:

- Parents/ guardian and athletes in question will be asked to come for a meeting and a warning will be issued.
- A second violation of this policy will result in suspension from all practices and games pending a meeting with the organization executive board. All fees, sponsorship and fundraising funds for the upcoming seasons and/ or competitions will not be refunded.

Athlete Name:	Athlete Signature:
Parent Name:	Parent Signature:
Date:	Division:
a	