

2025 DASH AND DODGE
Dodgeball Team Structure, Requirements, Incentives & Power-Ups

TEAM STRUCTURE

1. All team members must be current on-campus students, alumni, or staff/faculty.
2. Each team must consist of:
 - **(1) General Manager/Coach** (Must be a current on-campus student or staff/faculty)
 - **(2) Female Student Players**
 - **(5) Male Student Players**
 - **(1) Alumni/Staff/Faculty Player** (Optional)
3. Team rosters must be submitted via Google Forms. Any changes after submission must be emailed to **athletics@mcstn.org**.

TEAM REQUIREMENTS

1. Each team member, including the GM/Coach, must pay a **\$25 participation fee** (due **April 1, 2025**).
2. Each team **must** raise a **minimum of \$250 in sponsorships/donations** to participate. **Businesses** can have their **logo featured** on the event t-shirt with a **minimum sponsorship of \$250**. Teams can raise money without an official sponsor.
3. Any money raised **beyond \$250** can be used to purchase **Power-Ups** (not available in the championship game). Sponsorship funds are due **April 4, 2025**.

TEAM & FAN PARTICIPATION

- Teams can recruit as many **fans** as they want. Fans must pay the **\$25 participation fee** (due **April 1, 2025**) to receive a team t-shirt.
- Fans are encouraged to **raise sponsorship/donation money** for their team. Fans can raise money without an official sponsor.
- The role of fans is to **support their team** and help **fundraise**.

TEAM & FAN INCENTIVES

1. **T-Shirt Color Selection:**
 - Teams pick their shirt color in the order of **roster submission**.
 - The first team to submit gets first pick, the second team gets second pick, and so on.
 - The deadline for roster submission is **March 25, 2025**.
 - Changes after **March 25** place the team at the **end of the color selection order**.

- Rosters will be finalized on **April 1, 2025**. No changes allowed after this date unless approved by the athletic department.

2. **Winning Prizes:**

- The **middle school and high school championship teams** will receive a **day off from school** (dates provided by administration).
- The **top middle school and high school individuals** who raise the **most sponsorship money** will also receive a **day off from school** (dates provided by administration).

POWER-UPS

- **Power-Ups** provide strategic advantages during tournament play (excluding the championship round).
- Teams purchase **Power-Ups** using **sponsorship funds raised beyond the \$250 minimum**.
- Each team receives **Power-Up cards** before the tournament. The **GM/Coach** is responsible for using them.
- **Each Power-Up can only be used once per game.**

POWER-UP DESCRIPTIONS

1. **THE SHIELD** – One player receives a **toy shield** to use.
 - If the player is hit, they **cannot** pass the shield.
 - If a ball **bounces off the shield and hits someone**, that person is **out**.
 - If a **deflected ball is caught**, the **thrower is out**.
 - **Must be played before the game starts.**
2. **EXTENDED TERRITORY** – Players can **cross midcourt** and advance to the opponent's retreat line after the initial rush.
 - **Must be played before the game starts.**
3. **MAGIC CATCH** – The **first caught ball** of the game **revives all eliminated players**.
 - If no catch is made, the card **cannot** be reused.
 - **Must be played before the game starts.**
4. **LIFESAVER** – The GM/Coach can **bring one player back into the game** at any time.
 - Must be presented to the **referee**.
5. **NO BLOCKS** – The opposing team **cannot block throws** (except if they have *The Shield*).
 - If they block, they are **out**.
 - **Must be played before the game starts.**

6. **HOG TIE** – One opponent must **tuck their arms inside their shirt** and **can only dodge** for the game.
 - **Must be played before the game starts.**
7. **MAN DOWN** – One opponent is **out for the entire game**, even if a teammate catches a ball.
 - **Must be played before the game starts.**
8. **TWO MAN DOWN** – Two opponents are **out for the entire game**, even if a teammate catches a ball.
 - **Must be played before the game starts.**
9. **DOCTOR** – One player is designated as the "**doctor**" and can **revive teammates** by touching them.
 - If the doctor is hit, they are **out** and can't revive teammates.
 - If they are first in line and a ball is caught, they **can re-enter**.
 - **Must be played before the game starts.**
10. **GAMESAVER** – The GM/Coach can bring **three players back** into the game at any time.
 - Must be presented to the **referee**.

TIER 1 (\$100)	TIER 2 (\$250)	TIER 3 (\$500)
The Shield	The Shield	The Shield
Extended Territory	Extended Territory	Extended Territory
Magic Catch	Magic Catch	Magic Catch
Lifesaver	Lifesaver	Lifesaver
	No Blocks	No Blocks
	Hog Tie	Hog Tie
	Man Down	Man Down
		Two Man Down
		Doctor
		Gamesaver

Each team will automatically receive **(1) The Shield** and **(1) Extended Territory** upon completing registration, paying individual participation fees, and raising the required **\$250 minimum**. Any funds raised beyond \$250 can be used to purchase Power-Up tiers.

If a team purchases **Tier 3**, they gain the option to buy additional Power-Ups at a discounted rate:

- **Three Tier 1 Power-Ups** for **\$25 each**
- **Two Tier 2 Power-Ups** for **\$50 each**
- **One additional Tier 3 Power-Up** for **\$100**

2025 DASH AND DODGE
Dash Class Structure, Requirements & Incentives

TEAM STRUCTURE

1. All runners must be current on-campus students.
2. Runners must register on the website to participate. **The registration deadline is April 1, 2025.** Any changes after submission must be emailed to athletics@mcstn.org.

TEAM REQUIREMENTS

1. **Each runner must raise a minimum of \$25 in sponsorships or donations to qualify for the class prize.**
2. Businesses can have their logo featured on the event t-shirt with a minimum sponsorship of \$250.
3. Classes can raise money without an official sponsor.
4. All **sponsorship** and **donation funds** are due by **April 4, 2025.**

TEAM & INDIVIDUAL INCENTIVES

1. **Class Prizes:**
The class that raises the most sponsorship/donation money will win an inflatable pizza party on May 15, 2025.
2. **Individual Prizes:**
The individual who raises the most sponsorship/donation money will receive a \$250, 30-minute shopping spree at either Walmart or Target.
3. Individual Heat Prizes:
PK-K Division: The male and female runner who completes the most laps will receive a medal and free ice cream for themselves and a friend at lunch.
1st-2nd Grade Division: The male and female runner who completes the most laps will receive a medal and a homework pass.
3rd-5th Grade Division: The male and female runner who completes the most laps will receive a medal and a homework pass.