

Building solid foundations for scholastic success

MY  
1<sup>st</sup>

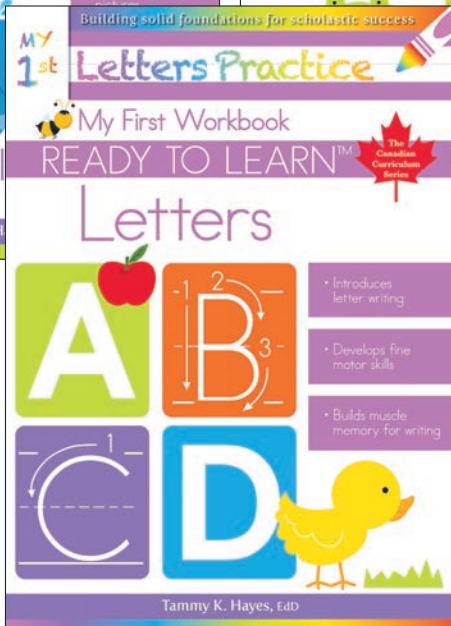
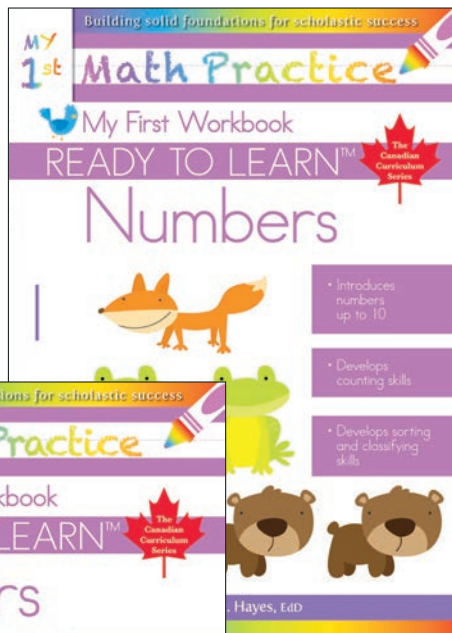
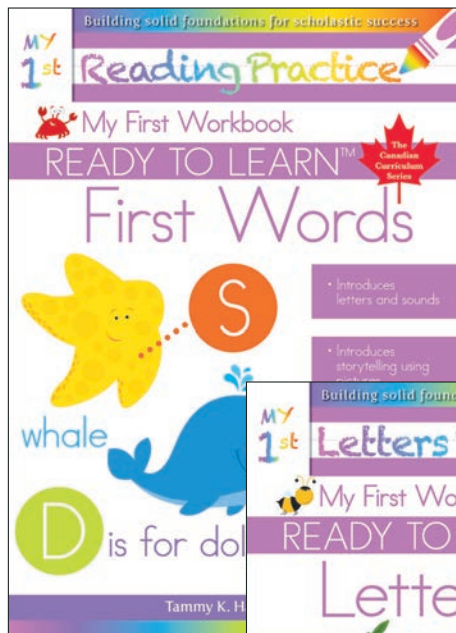
My 1<sup>st</sup> Learning

Reading, Math, & Writing

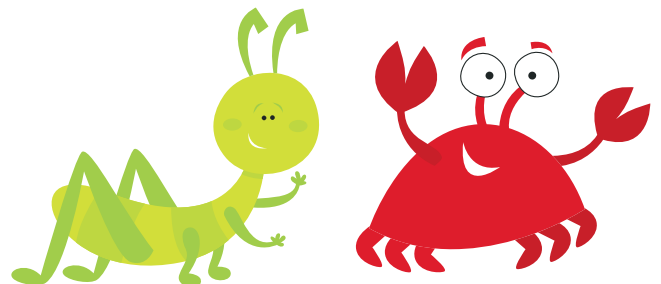
READY TO LEARN™

The  
Canadian  
Curriculum  
Series

Collection



- Introduces letters and sounds
- Introduces reading readiness techniques
- Introduces numbers up to 10
- Develops fine motor skills
- Introduces letter writing



Tammy K. Hayes, EdD.

Building solid foundations for scholastic success

MY  
1<sup>st</sup>

# Reading Practice



My First Workbook

READY TO LEARN™

The  
Canadian  
Curriculum  
Series

# First Words

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# My First Words

At this age, parents play an important interactive role in getting their child ready for prekindergarten. Creating a literacy-rich environment with numerous books and opportunities to practise reading and writing with your child is essential. This book will introduce letters and related words and give you and your child an opportunity to begin developing a love of reading.

## Words Are Everywhere

Read everything around you!

Take a walk and point to signs and symbols you see along the way. This kind of environmental print is a great introduction to reading and recognizing that symbols have meaning. Your local grocery store, hospital, and even fast food restaurants have signs and symbols that your child will learn to recognize and read before you know it!



# Letter Names



## Letter A

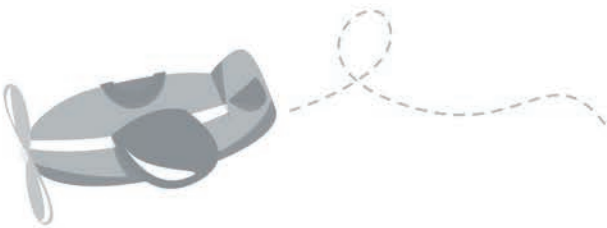
Help your child trace the big A and little a with their finger. Point and say the name of each picture below that begins with the letter A. Have your child colour the letter A.



apple



ant



airplane



astronaut



alligator



# Letter Names



## Letter B

Help your child trace the big B and little b with their finger. Point and say the name of each picture below that begins with the letter B. Have your child colour the letter B.



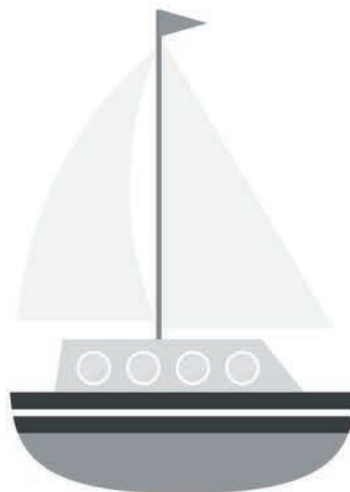
bird



bee



beaver



boat



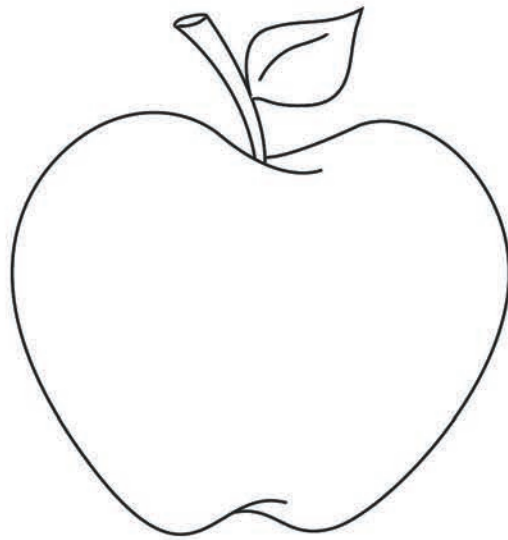
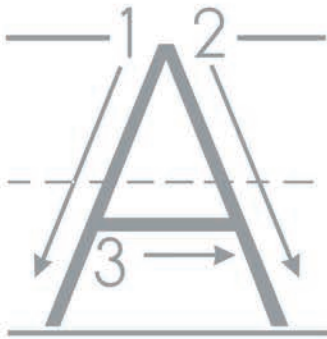
book

# Letter Sounds

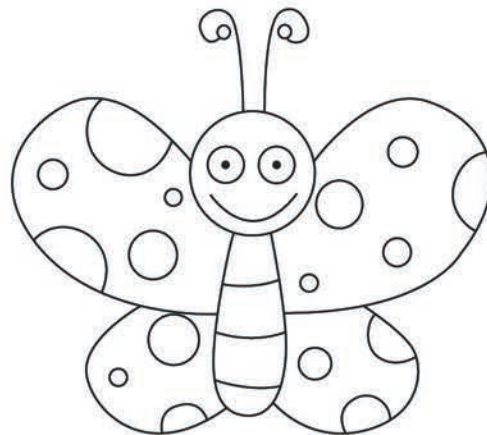
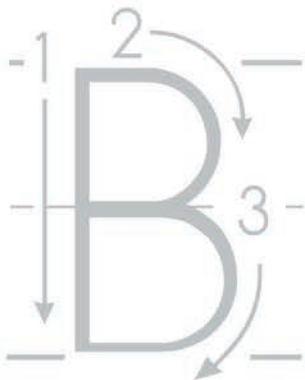
A and B

Help your child trace the letters with their finger. Then read the sentences below and have them colour the pictures.

A is for apple.



B is for butterfly.



# Letter Names



## Letter C

Help your child trace the big C and little c with their finger. Point and say the name of each picture below that begins with the letter C. Have your child colour the letter C.



cat



crab



car



caterpillar



cow

# Letter Names

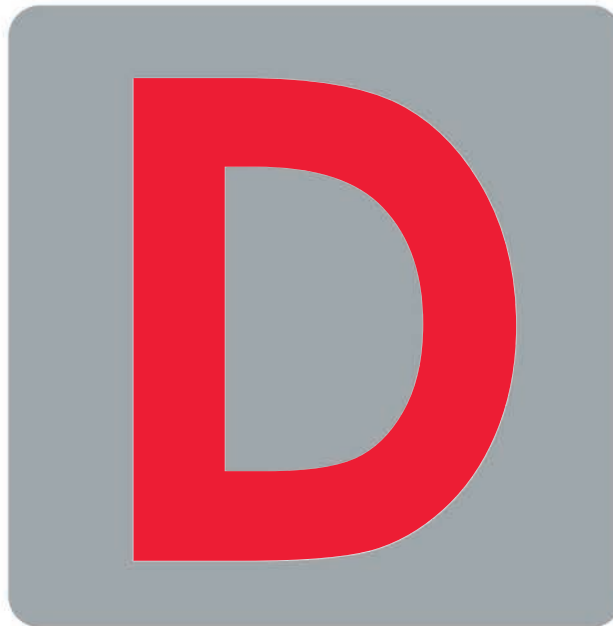


## Letter D

Help your child trace the big D and little d with their finger. Point and say the name of each picture below that begins with the letter D. Have your child colour the letter D.



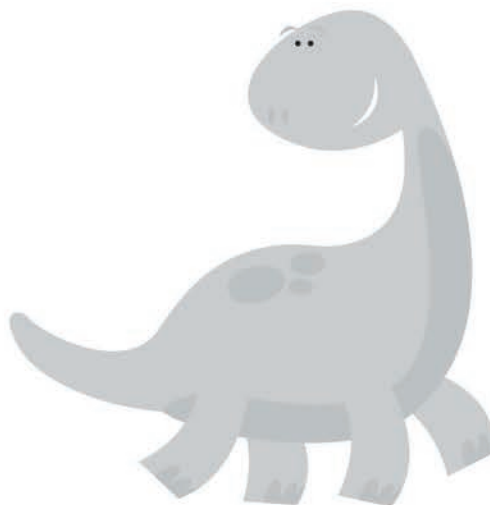
dog



duck



doll



dinosaur



dolphin

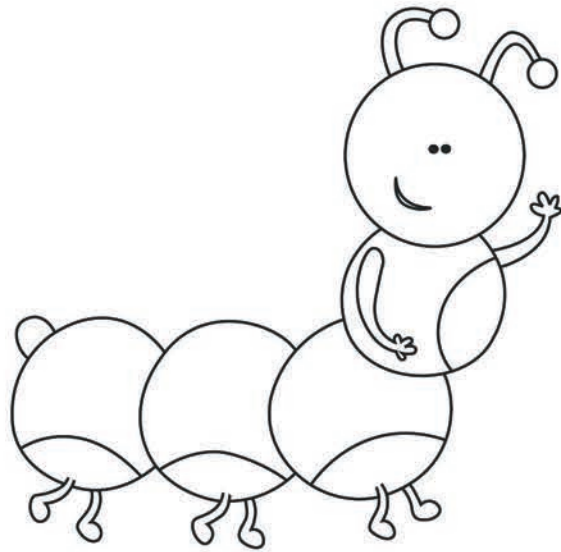
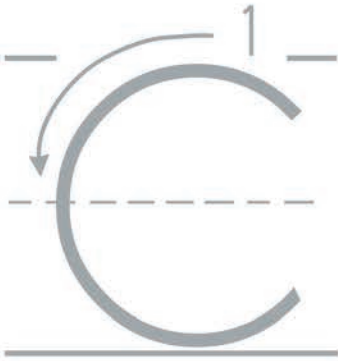


# Letter Sounds

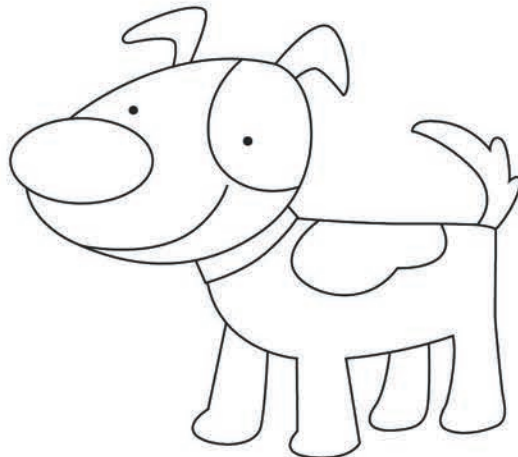
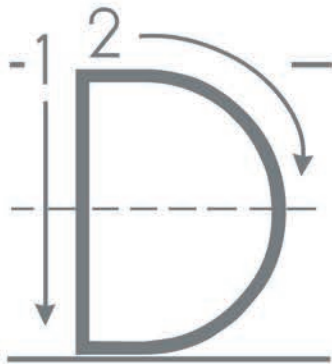
C and D

Help your child trace the letters with their finger. Then read the sentences below and have them colour the pictures.

C is for caterpillar.



D is for dog.



# Letter Names



## Letter E

Help your child trace the big E and little e with their finger. Point and say the name of each picture below that begins with the letter E. Have your child colour the letter E.



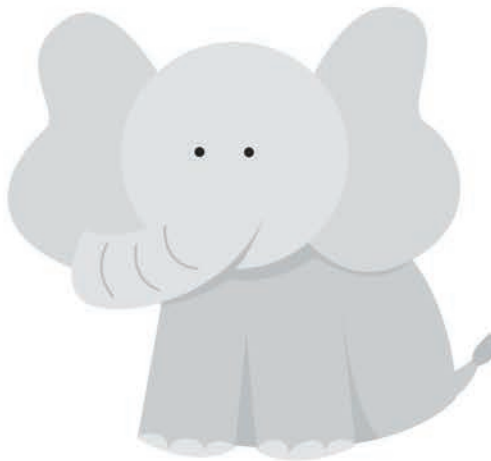
egg



elbow



elf

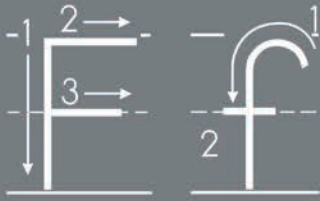


elephant



eagle

# Letter Names



## Letter F

Help your child trace the big F and little f with their finger. Point and say the name of each picture below that begins with the letter F. Have your child colour the letter F.



flower



face



frog



fries



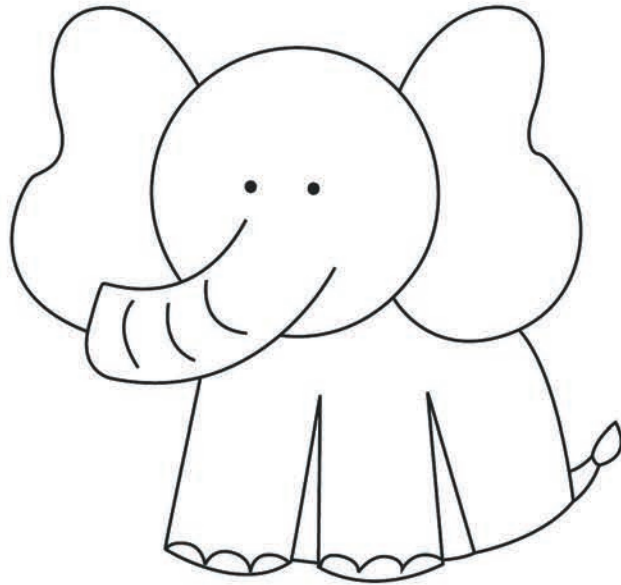
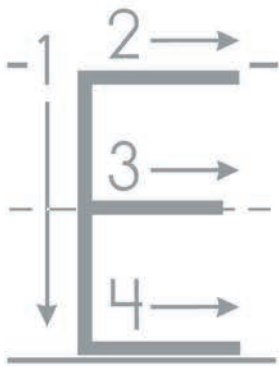
fish

# Letter Sounds

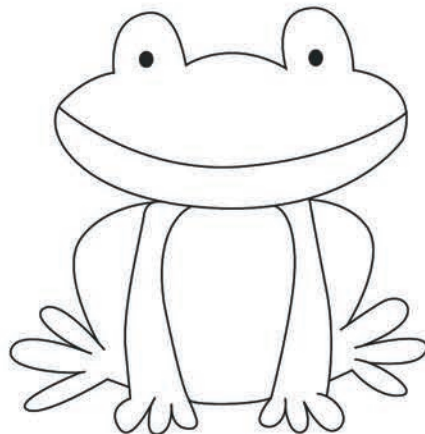
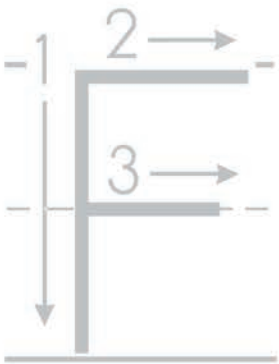
E and F

Help your child trace the letters with their finger. Then read the sentences below and have them colour the pictures.

E is for elephant.



F is for frog.





# Letter Names



## Letter G

Help your child trace the big G and little g with their finger. Point and say the name of each picture below that begins with the letter G. Have your child colour the letter G.



goat



grapes



globe

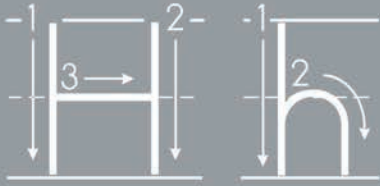


giraffe



guitar

# Letter Names



## Letter H

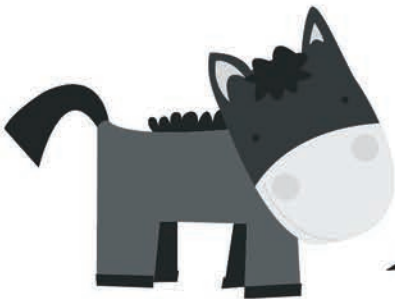
Help your child trace the big H and little h with their finger. Point and say the name of each picture below that begins with the letter H. Have your child colour the letter H.



hockey  
stick



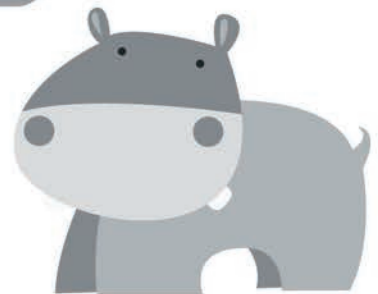
hat



horse



helicopter



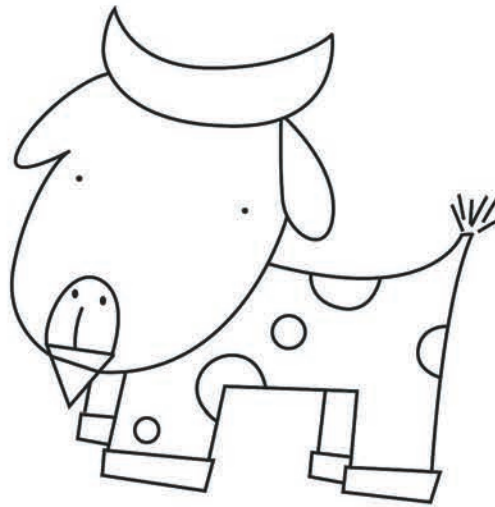
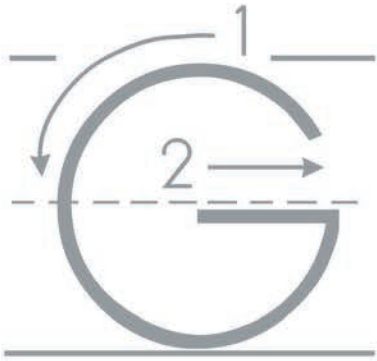
hippo

# Letter Sounds

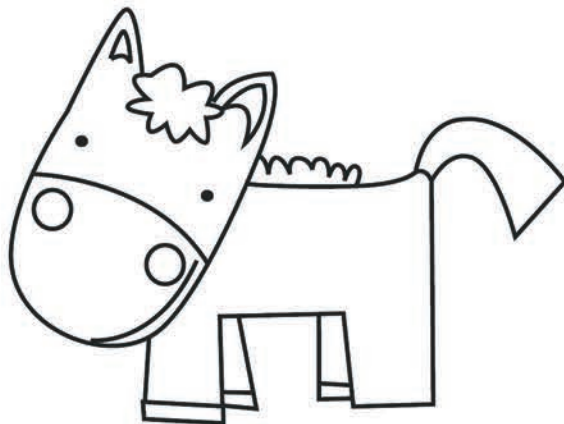
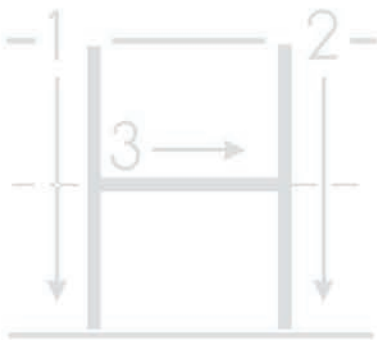
G and H

Help your child trace the letters with their finger. Then read the sentences below and have them colour the pictures.

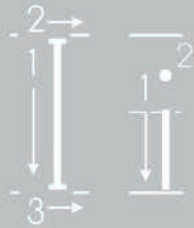
G is for goat.



H is for horse.



# Letter Names



## Letter I

Help your child trace the big I and little i with their finger. Point and say the name of each picture below that begins with the letter I. Have your child colour the letter I.



insect



iguana



ice cube



island



ice cream



# Letter Names



## Letter J

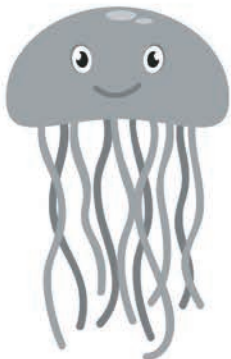
Help your child trace the big J and little j with their finger. Point and say the name of each picture below that begins with the letter J. Have your child colour the letter J.



jar



jacket



jellyfish



jungle



juice

# Letter Sounds

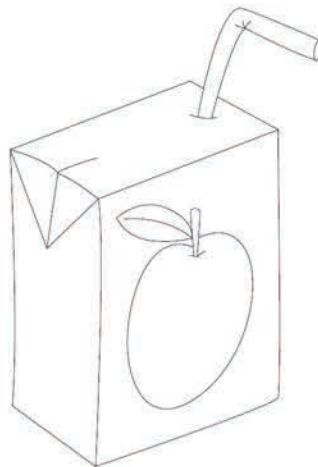
I and J

Help your child trace the letters with their finger. Then read the sentences below and have them colour the pictures.

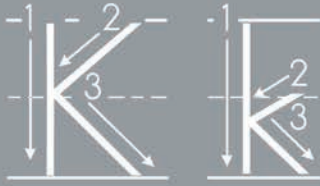
I is for ice cream.



J is for juice.



# Letter Names

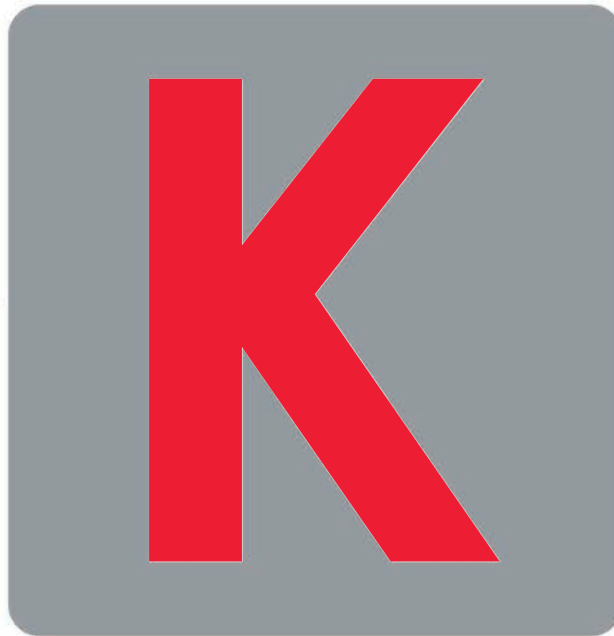


## Letter K

Help your child trace the big K and little k with their finger. Point and say the name of each picture below that begins with the letter K. Have your child colour the letter K.



kite



key



king

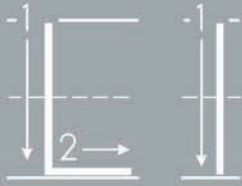


kangaroo



koala

# Letter Names



## Letter L

Help your child trace the big L and little l with their finger. Point and say the name of each picture below that begins with the letter L. Have your child colour the letter L.



ladybug



lemon



lion



lizard



lollipop

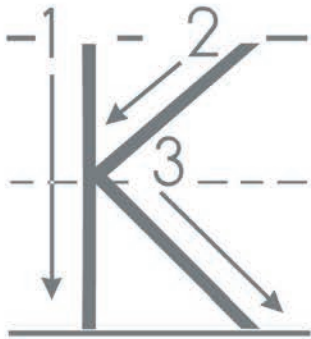


# Letter Sounds

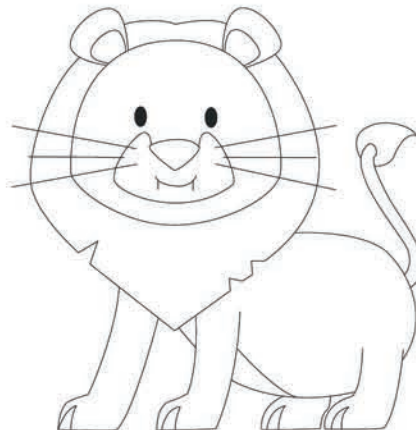
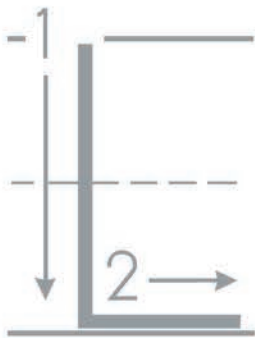
K and L

Help your child trace the letters with their finger. Then read the sentences below and have them colour the pictures.

K is for koala.



L is for lion.



# Letter Names

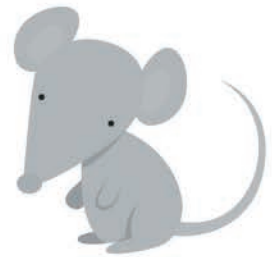


## Letter M

Help your child trace the big M and little m with their finger. Point and say the name of each picture below that begins with the letter M. Have your child colour the letter M.



mittens



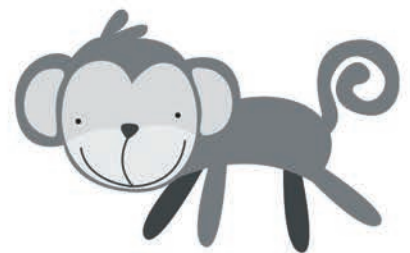
mouse



mushroom



moose



monkey

# Letter Names



## Letter N

Help your child trace the big N and little n with their finger. Point and say the name of each picture below that begins with the letter N. Have your child colour the letter N.



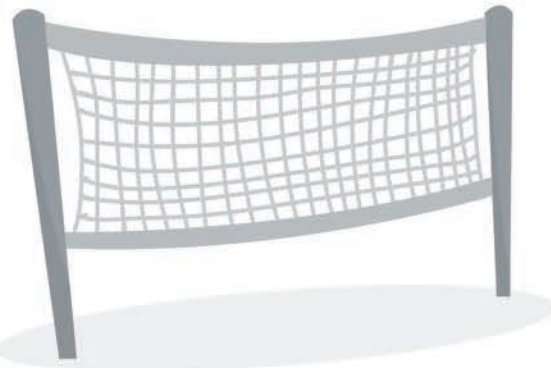
nail



needle



night



net



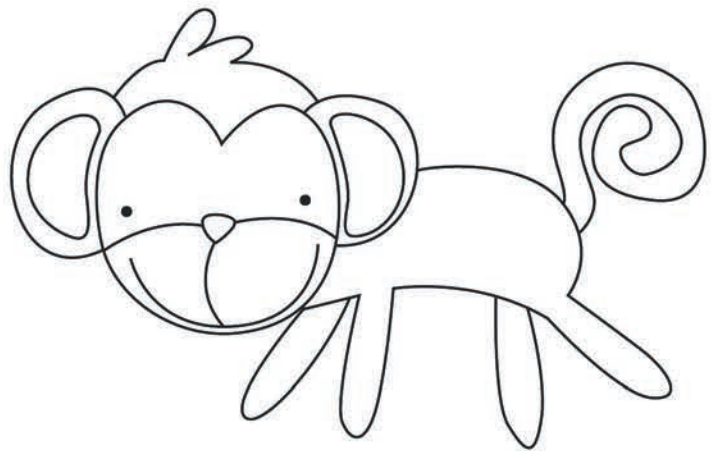
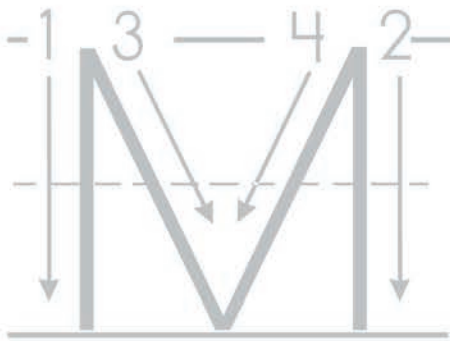
necklace

# Letter Sounds

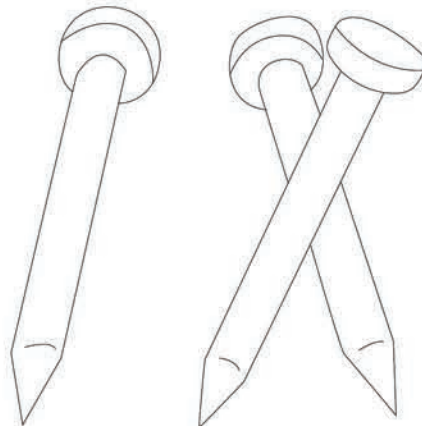
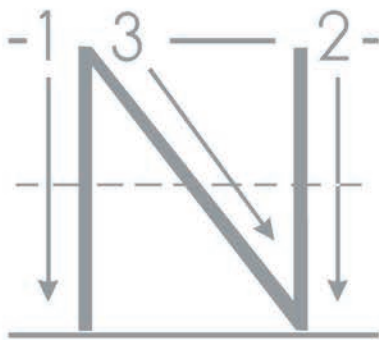
M and N

Help your child trace the letters with their finger. Then read the sentences below and have them colour the pictures.

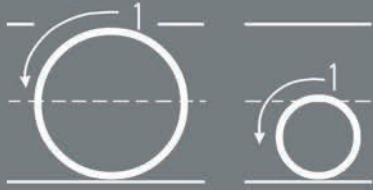
M is for monkey.



N is for nails.



# Letter Names

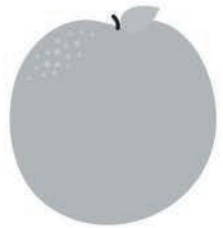


## Letter O

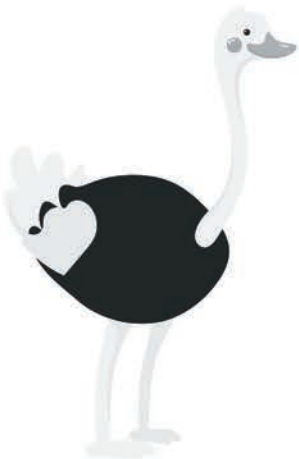
Help your child trace the big O and little o with their finger. Point and say the name of each picture below that begins with the letter O. Have your child colour the letter O.



owl



orange



ostrich

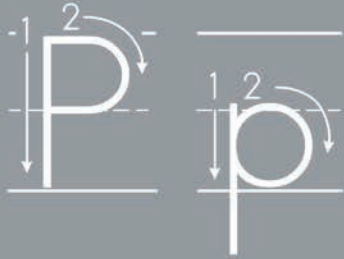


octopus



ornament

# Letter Names



## Letter P

Help your child trace the big P and little p with their finger. Point and say the name of each picture below that begins with the letter P. Have your child colour the letter P.



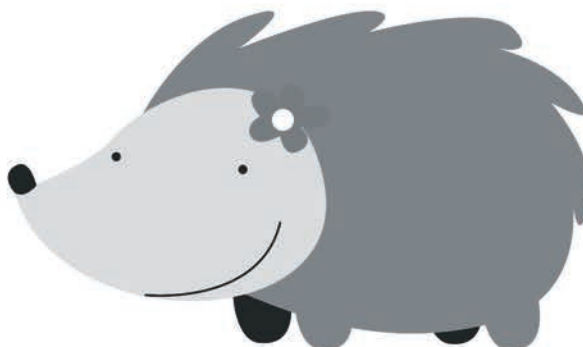
pig



pancakes



pumpkin



porcupine



princess

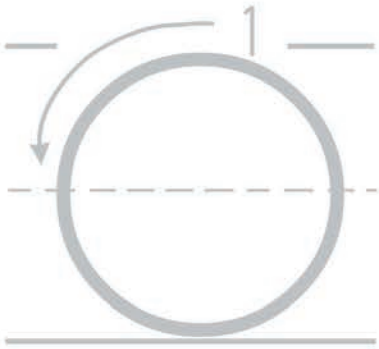


# Letter Sounds

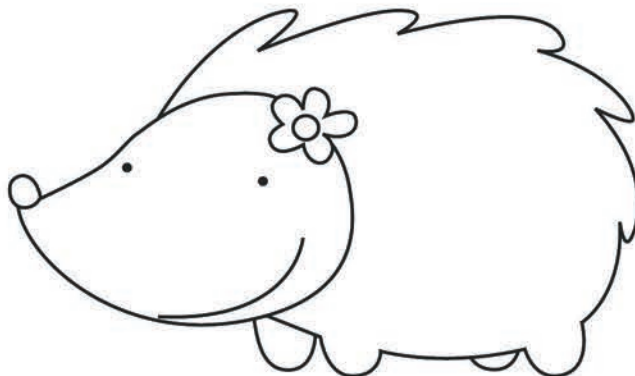
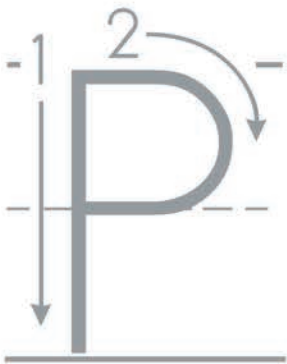
O and P

Help your child trace the letters with their finger. Then read the sentences below and have them colour the pictures.

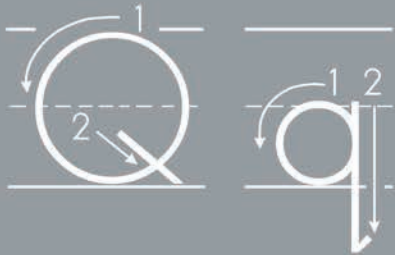
O is for owl.



P is for porcupine.



# Letter Names



## Letter Q

Help your child trace the big Q and little q with their finger. Point and say the name of each picture below that begins with the letter Q. Have your child colour the letter Q.



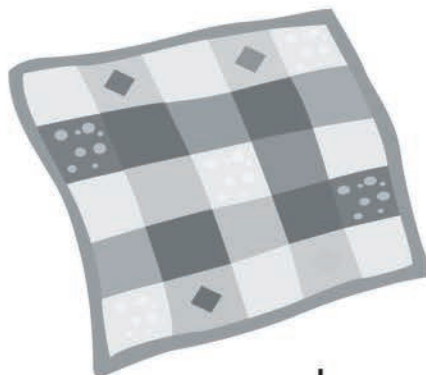
quail



queen



quarter



quilt

# Letter Names



## Letter R

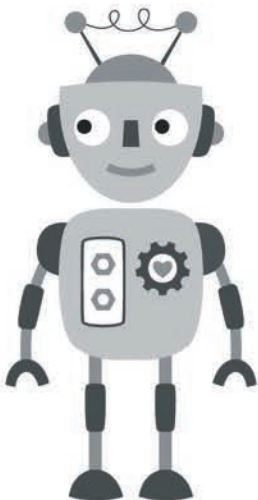
Help your child trace the big R and little r with their finger. Point and say the name of each picture below that begins with the letter R. Have your child colour the letter R.



rabbit



rooster



robot



raccoon



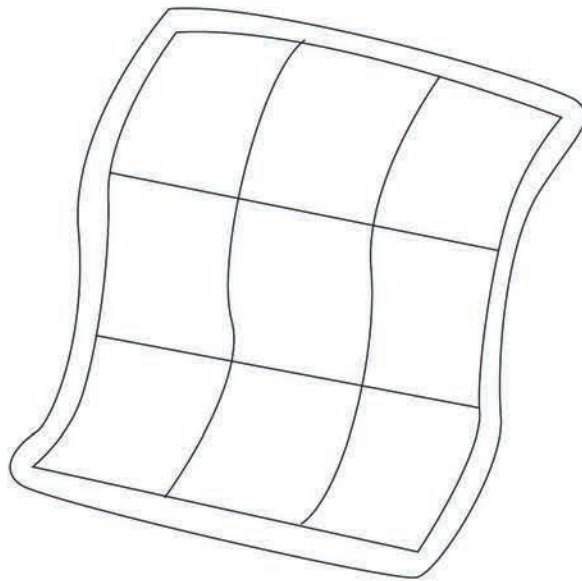
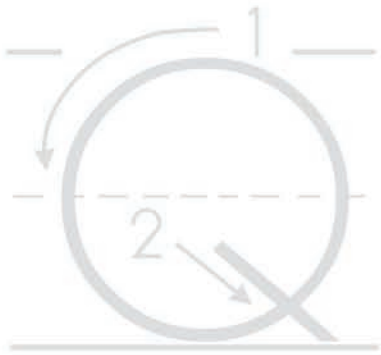
rhino

# Letter Sounds

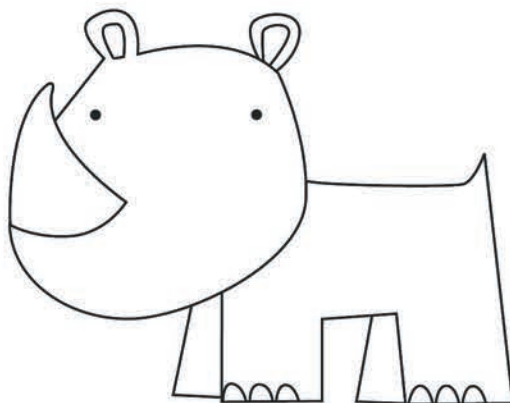
Q and R

Help your child trace the letters with their finger. Then read the sentences below and have them colour the pictures.

Q is for quilt.



R is for rhino.



# Letter Names



## Letter S

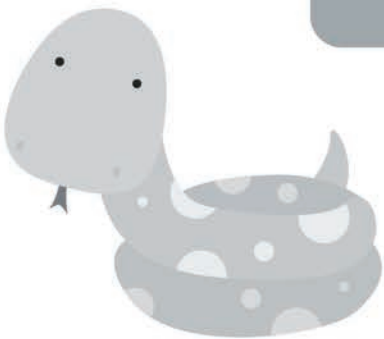
Help your child trace the big S and little s with their finger. Point and say the name of each picture below that begins with the letter S. Have your child colour the letter S.



snail



sun



snake

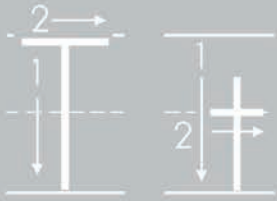


spaceship



skates

# Letter Names



## Letter T

Help your child trace the big T and little t with their finger. Point and say the name of each picture below that begins with the letter T. Have your child colour the letter T.



turtle



tent



tree



tiger



truck

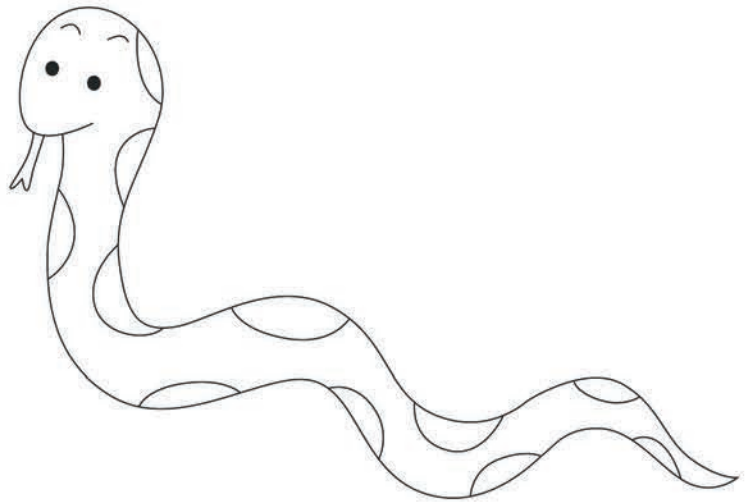


# Letter Sounds

S and T

Help your child trace the letters with their finger. Then read the sentences below and have them colour the pictures.

S is for snake.



T is for tiger.



# Letter Names



## Letter U

Help your child trace the big U and little u with their finger. Point and say the name of each picture below that begins with the letter U. Have your child colour the letter U.



unicorn



unicycle

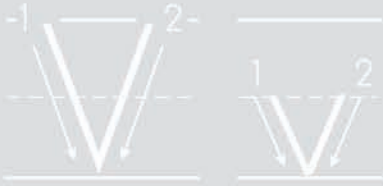


umbrella



underwear

# Letter Names



## Letter V

Help your child trace the big V and little v with their finger. Point and say the name of each picture below that begins with the letter V. Have your child colour the letter V.



vest



vase



violin



vegetables



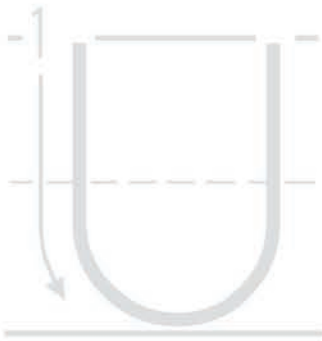
volcano

# Letter Sounds

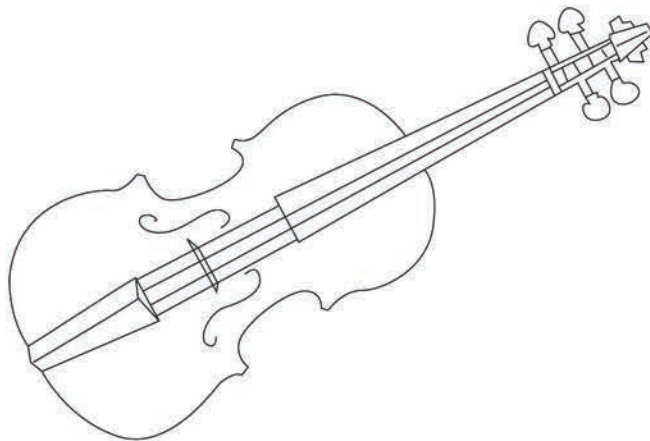
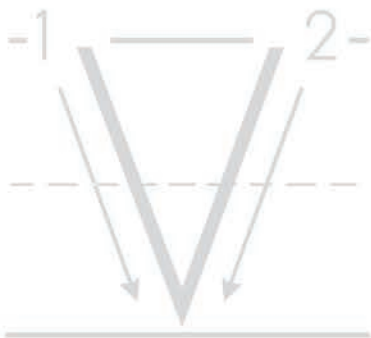
U and V

Help your child trace the letters with their finger. Then read the sentences below and have them colour the pictures.

U is for umbrella.



V is for violin.

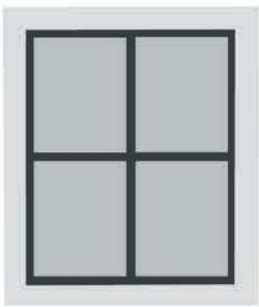


# Letter Names



## Letter W

Help your child trace the big W and little w with their finger. Point and say the name of each picture below that begins with the letter W. Have your child colour the letter W.



window



worm



wagon

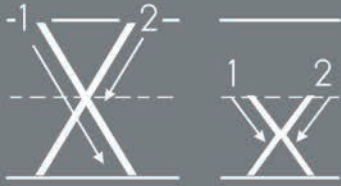


walrus



watermelon

# Letter Names



## Letter X

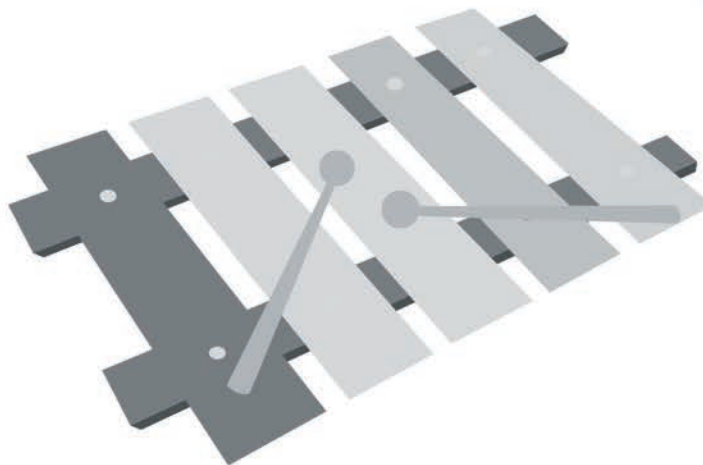
Help your child trace the big X and little x with their finger. Point and say the name of each picture below that begins with the letter X. Have your child colour the letter X.



x-ray



x-ray fish



xylophone

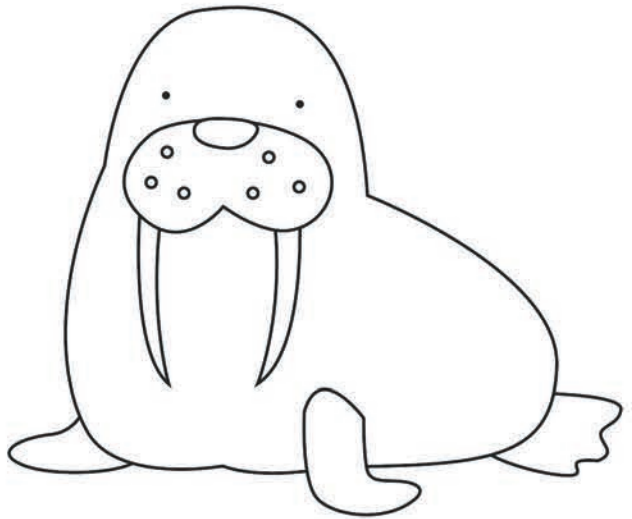
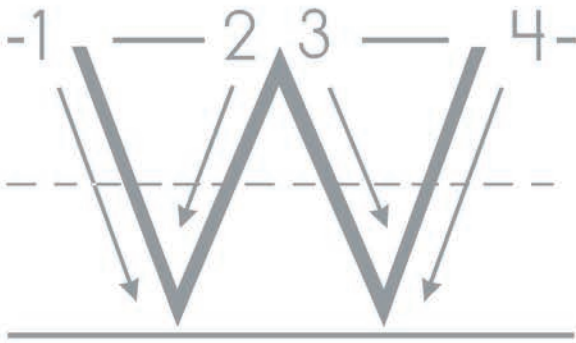


# Letter Sounds

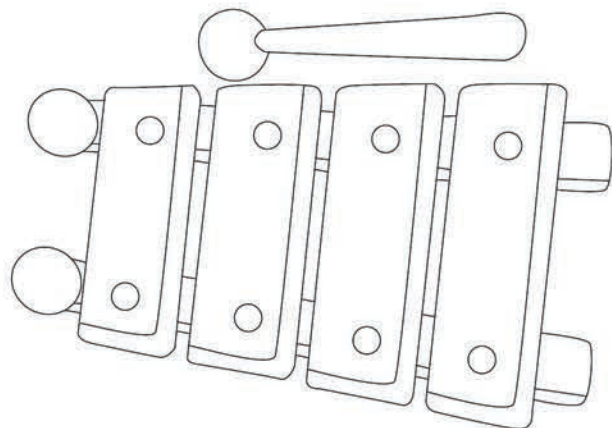
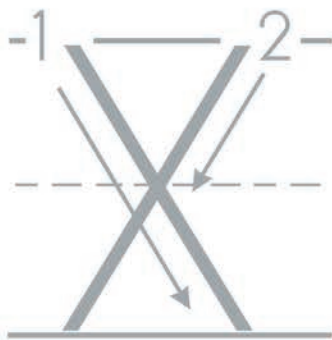
W and X

Help your child trace the letters with their finger. Then read the sentences below and have them colour the pictures.

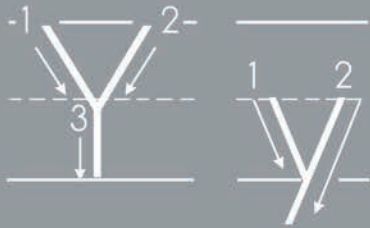
W is for walrus.



X is for xylophone



# Letter Names



## Letter Y

Help your child trace the big Y and little y with their finger. Point and say the name of each picture below that begins with the letter Y. Have your child colour the letter Y.



yo-yo



yarn



yawn

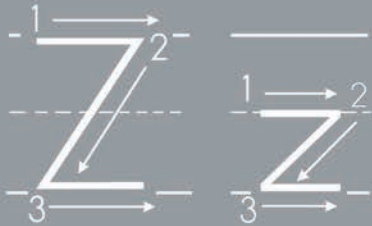


yak



yellow

# Letter Names



## Letter Z

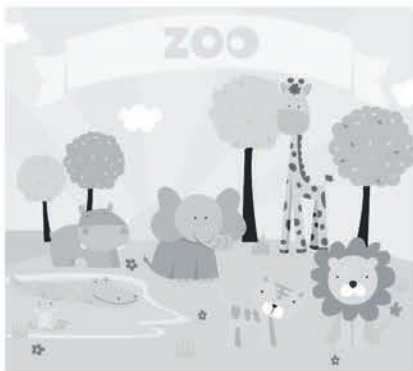
Help your child trace the big Z and little z with their finger. Point and say the name of each picture below that begins with the letter Z. Have your child colour the letter Z.



zebra



zigzag



zoo



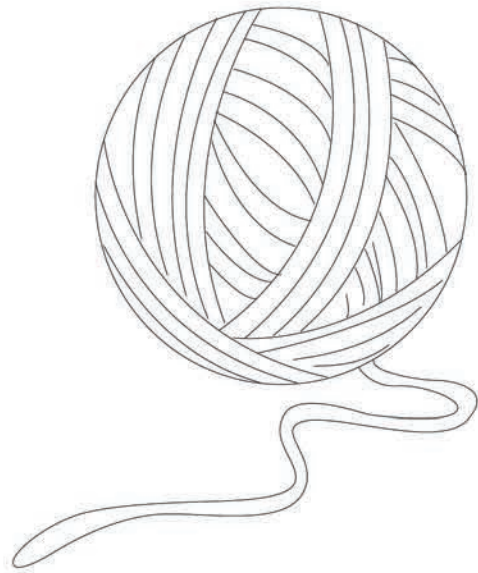
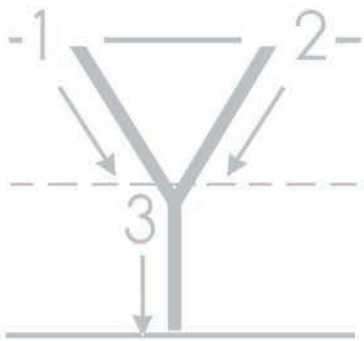
zipper

# Letter Sounds

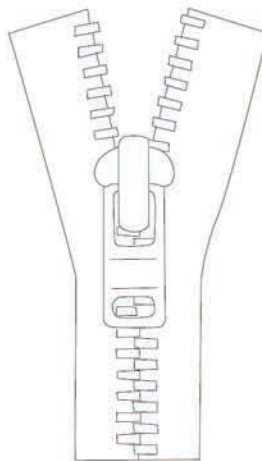
Y and Z

Help your child trace the letters with their finger. Then read the sentences below and have them colour the pictures.

Y is for yarn.

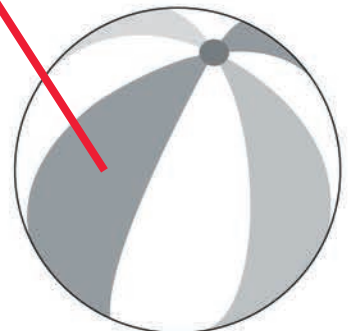
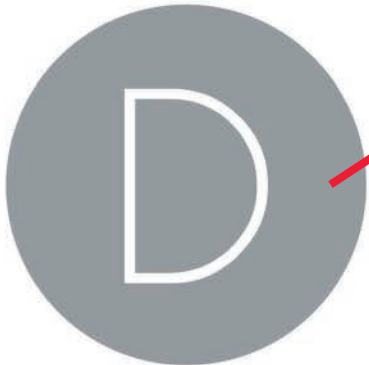
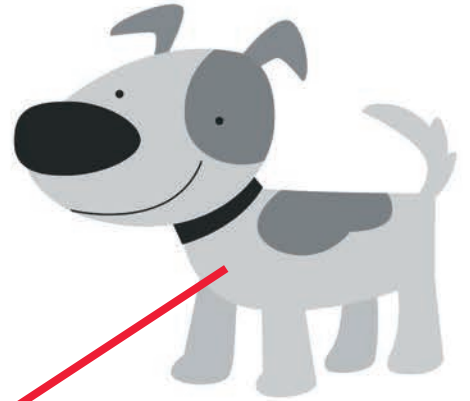
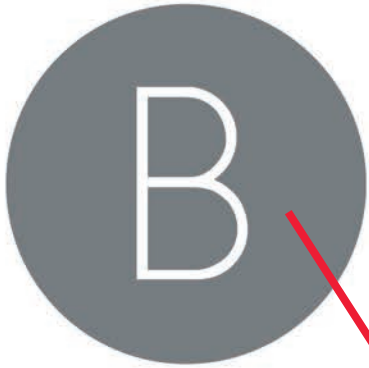


Z is for zipper.



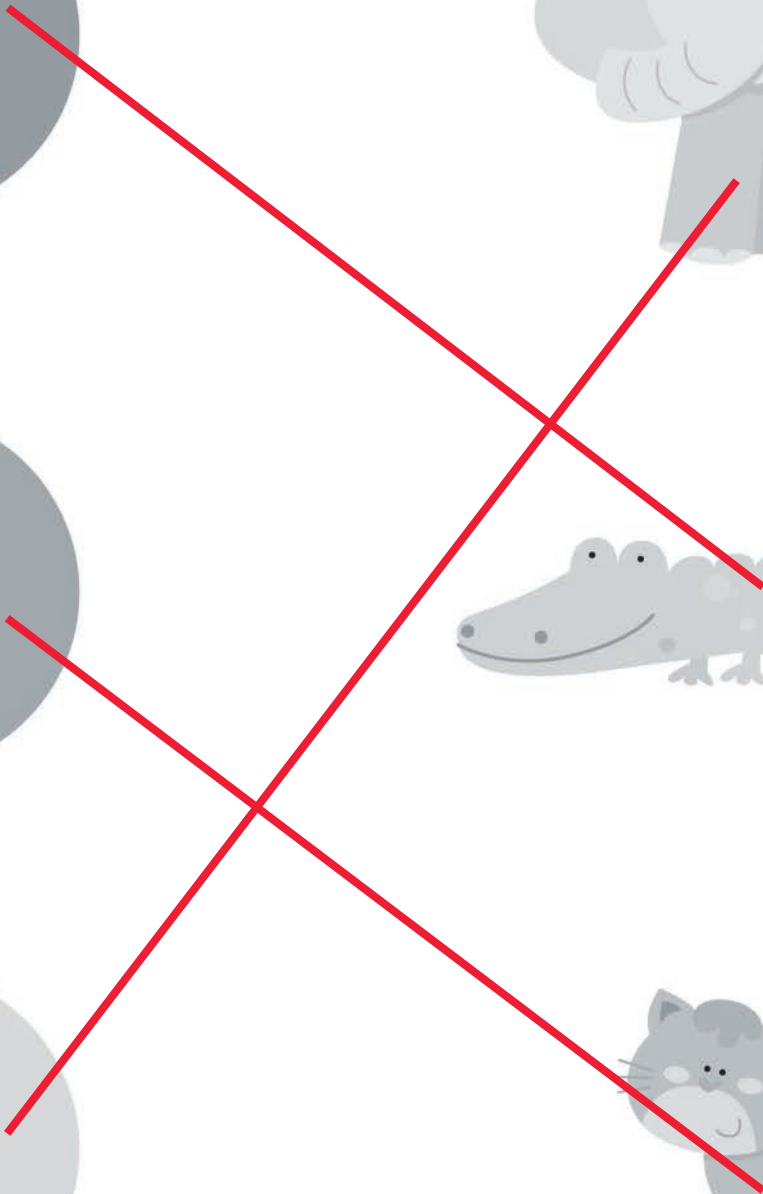
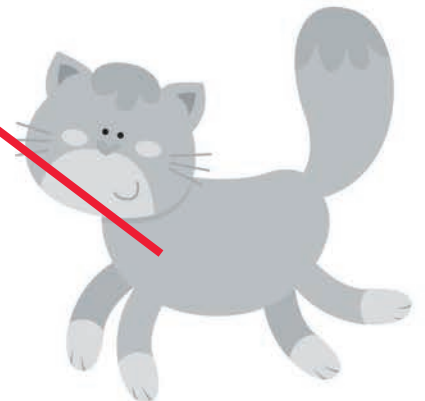
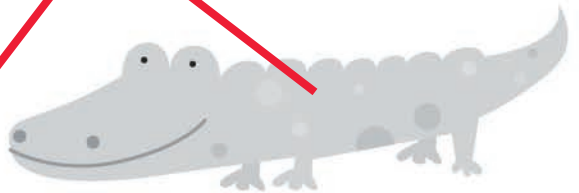
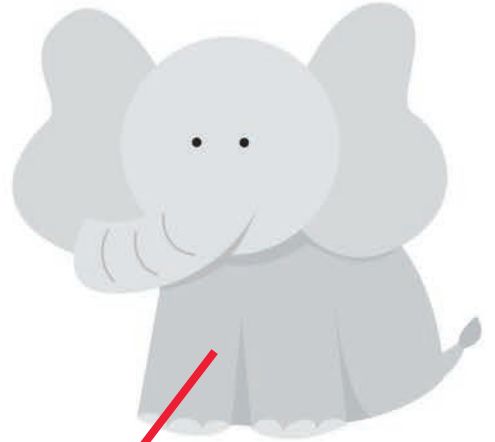
# Beginning Sounds

Say the name of the letter and sound each letter makes below. Then have your child say the name of the letter and point to the picture that begins with that sound. Help them draw a line from the letter to the picture.



# Beginning Sounds

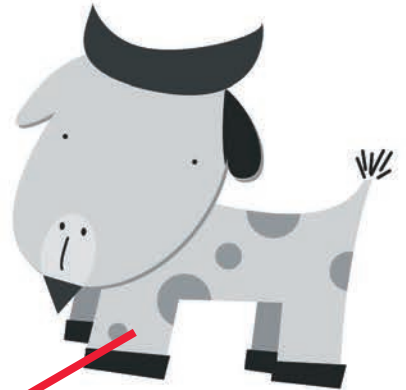
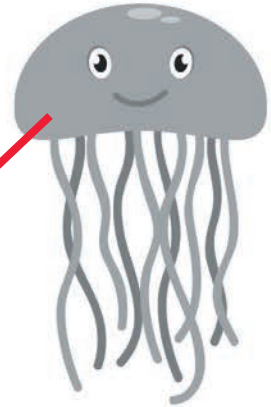
Say the name of the letter and sound each letter makes below. Then have your child say the name of the letter and point to the picture that begins with that sound. Help them draw a line from the letter to the picture.





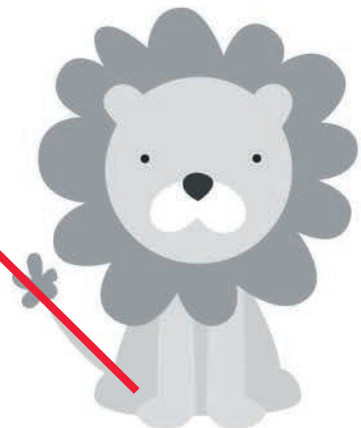
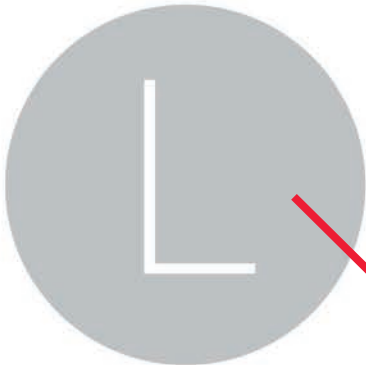
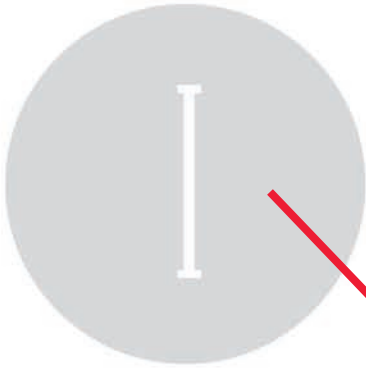
# Beginning Sounds

Say the name of the letter and sound each letter makes below. Then have your child say the name of the letter and point to the picture that begins with that sound. Help them draw a line from the letter to the picture.



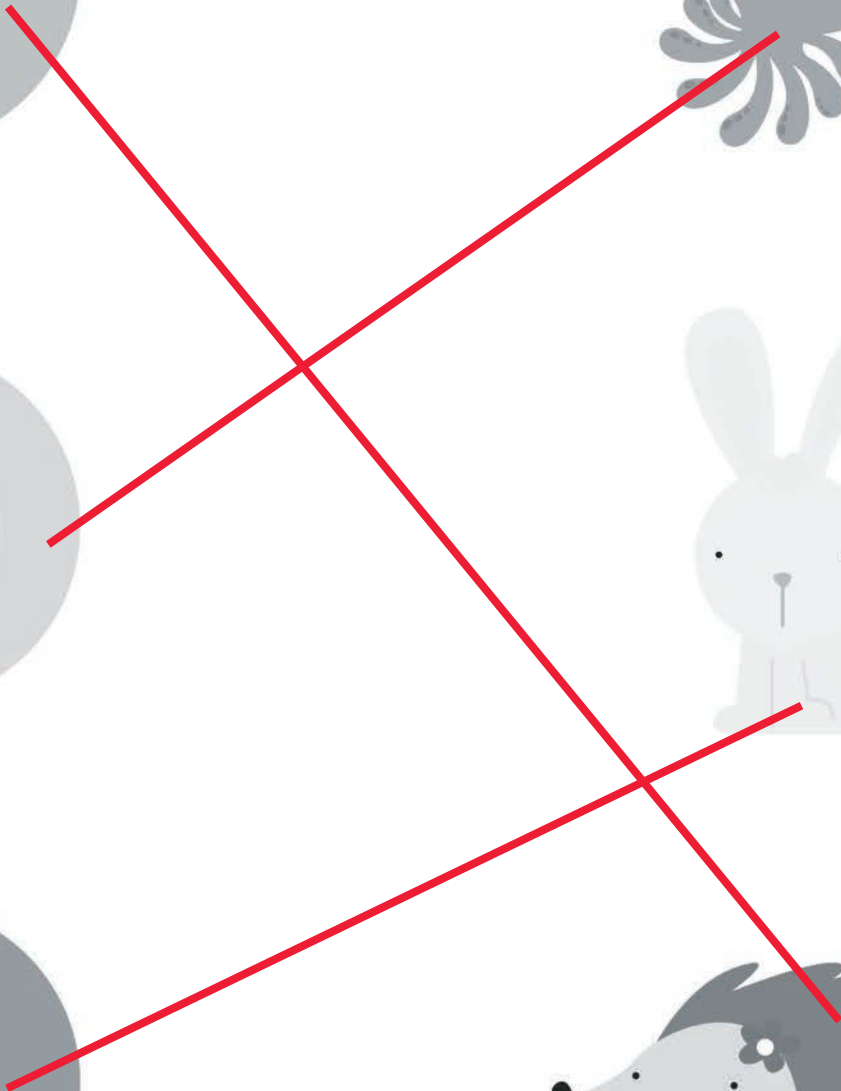
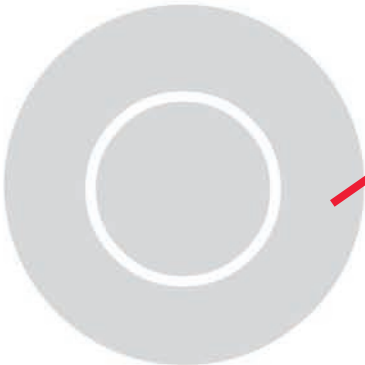
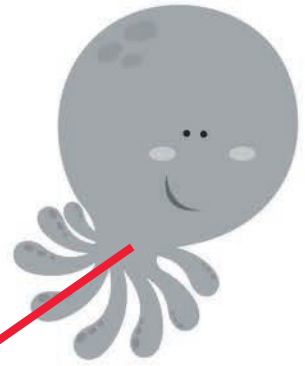
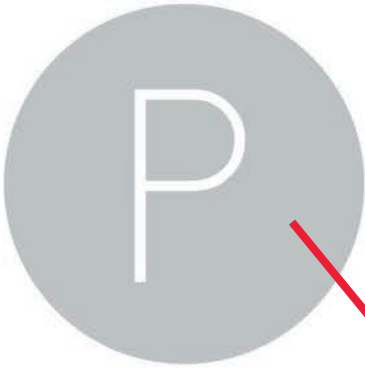
# Beginning Sounds

Say the name of the letter and sound each letter makes below. Then have your child say the name of the letter and point to the picture that begins with that sound. Help them draw a line from the letter to the picture.



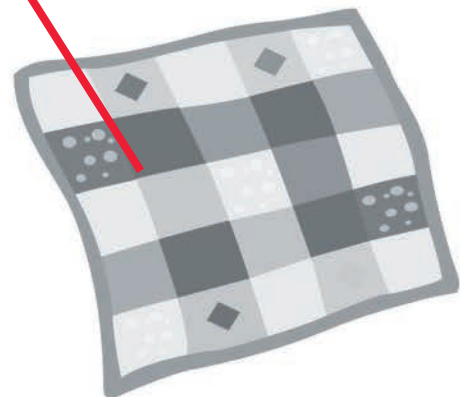
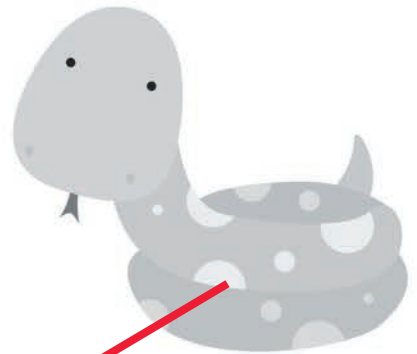
# Beginning Sounds

Say the name of the letter and sound each letter makes below. Then have your child say the name of the letter and point to the picture that begins with that sound. Help them draw a line from the letter to the picture.



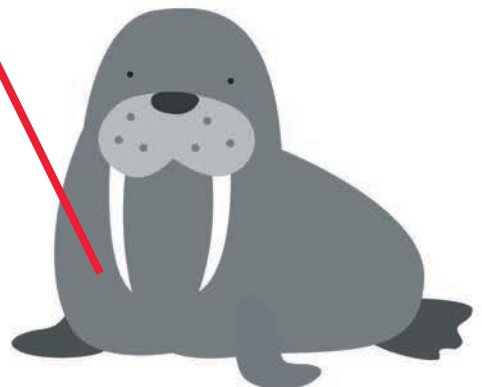
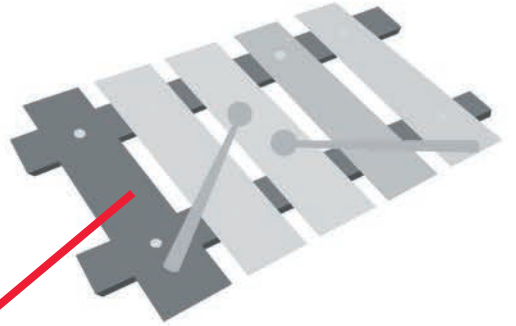
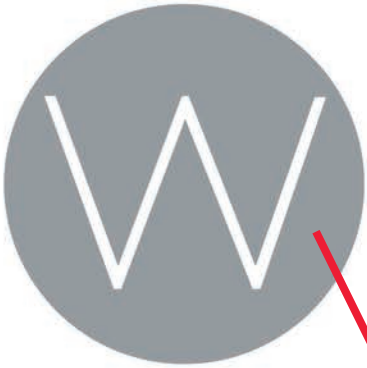
# Beginning Sounds

Say the name of the letter and sound each letter makes below. Then have your child say the name of the letter and point to the picture that begins with that sound. Help them draw a line from the letter to the picture.



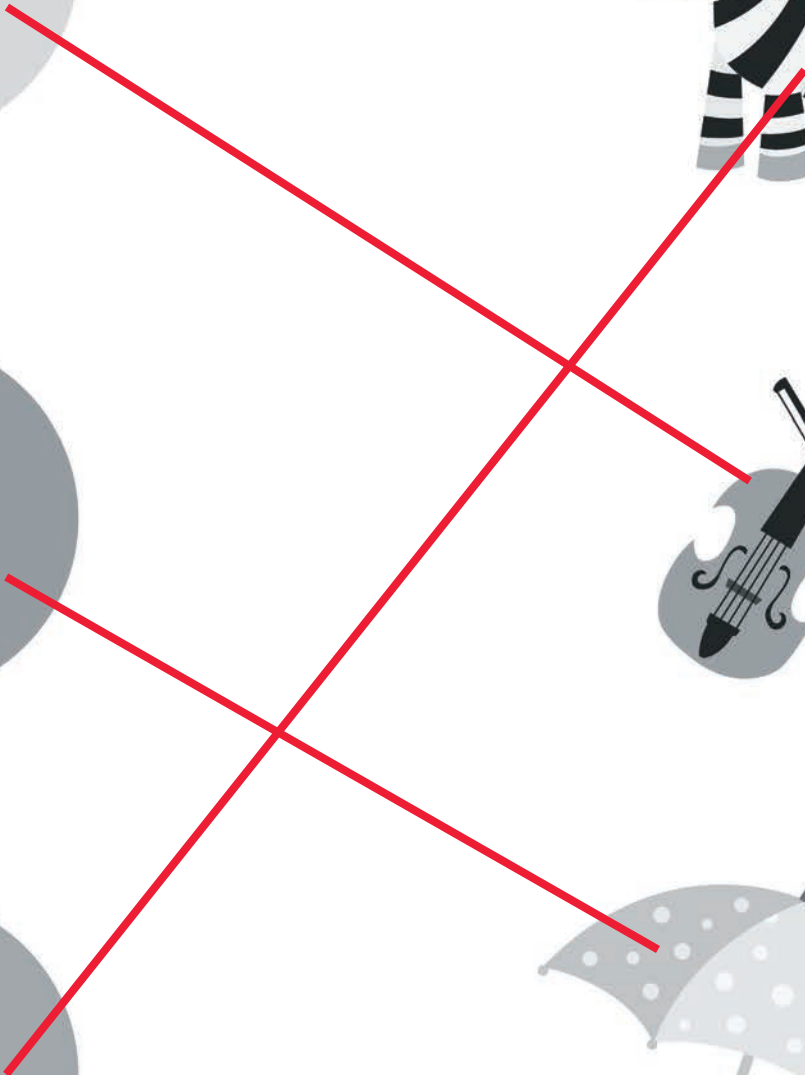
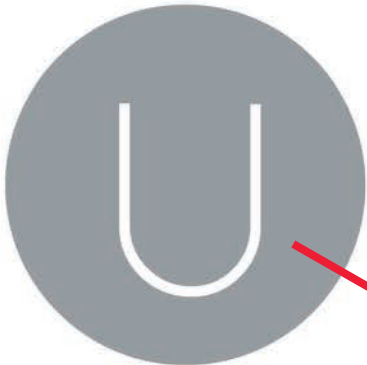
# Beginning Sounds

Say the name of the letter and sound each letter makes below. Then have your child say the name of the letter and point to the picture that begins with that sound. Help them draw a line from the letter to the picture.



# Beginning Sounds

Say the name of the letter and sound each letter makes below. Then have your child say the name of the letter and point to the picture that begins with that sound. Help them draw a line from the letter to the picture.





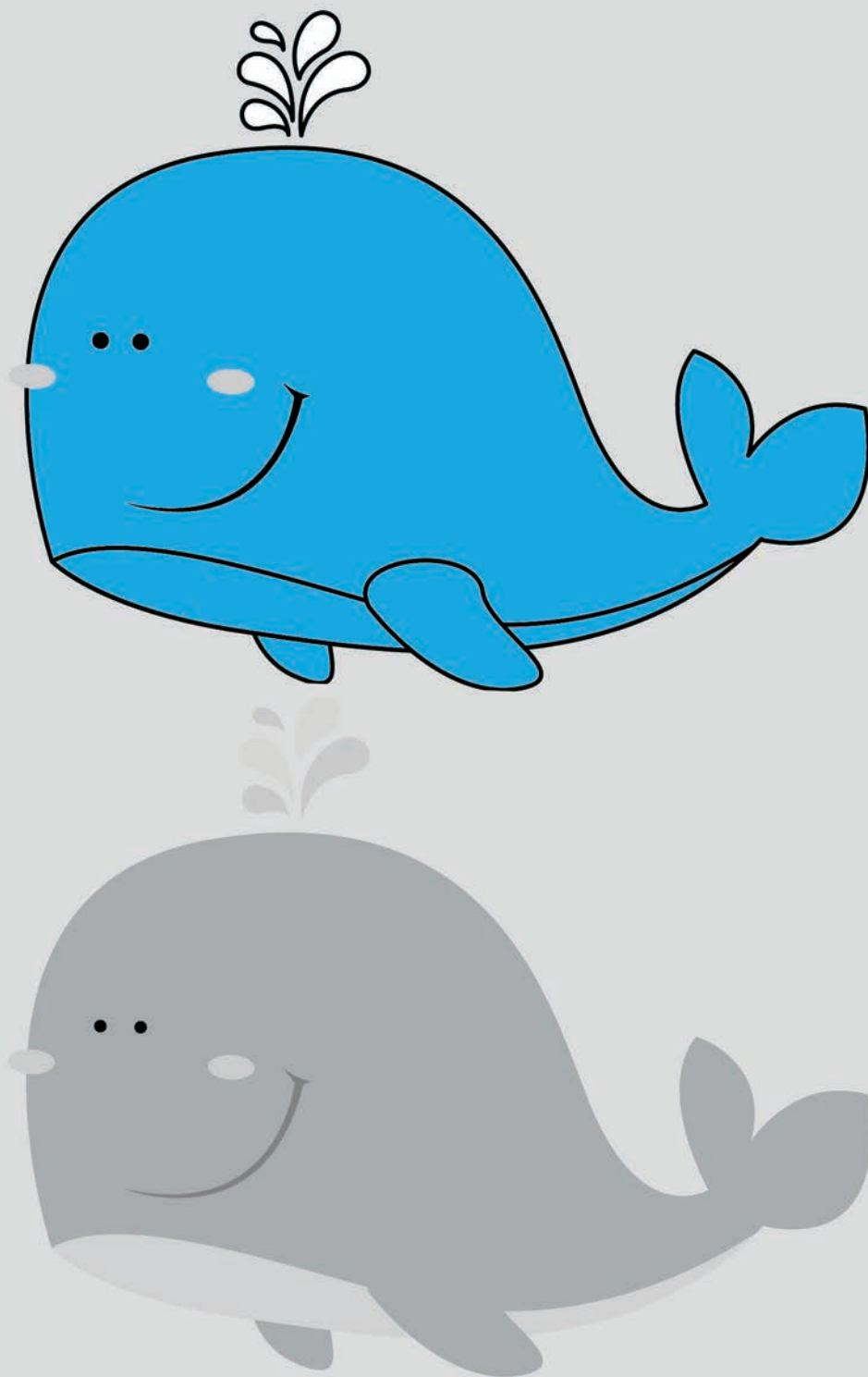
## Red

This is RED. Have your child colour the apples RED.



## Blue

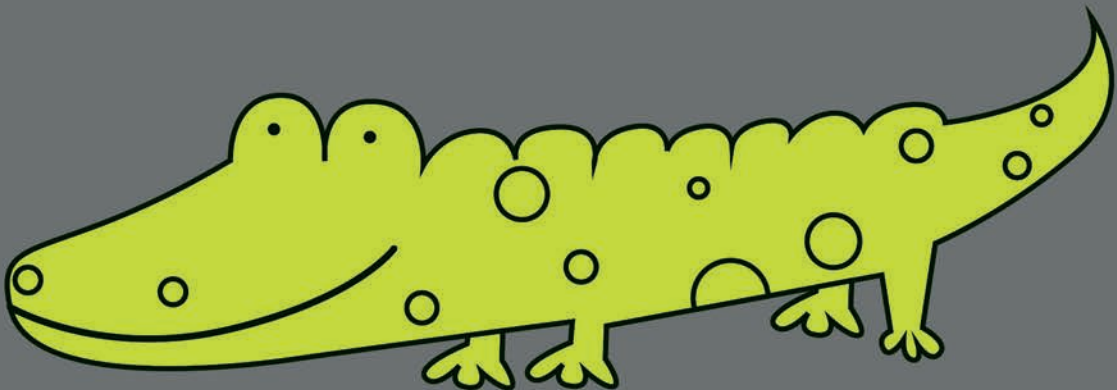
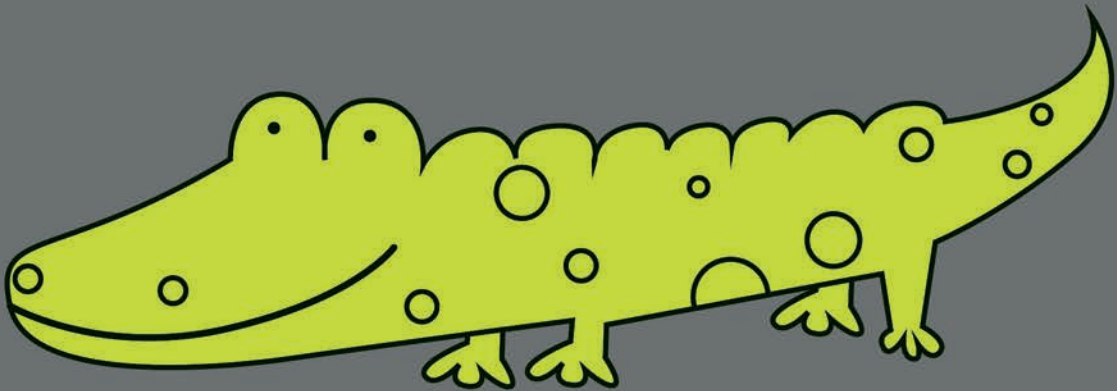
This is BLUE. Have your child colour the whale BLUE.



## Colour Words

### Green

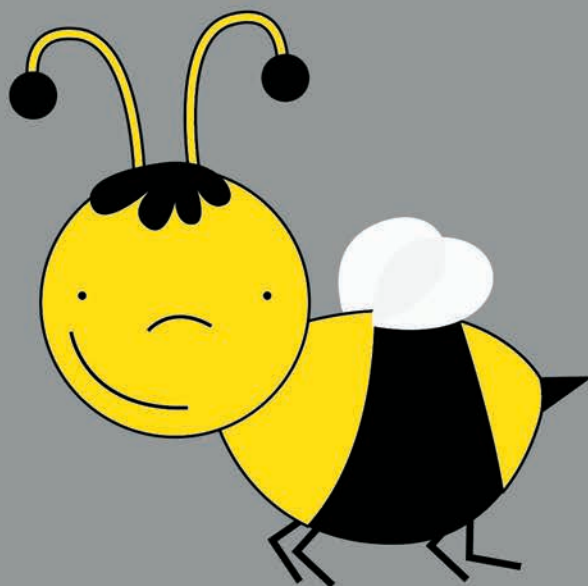
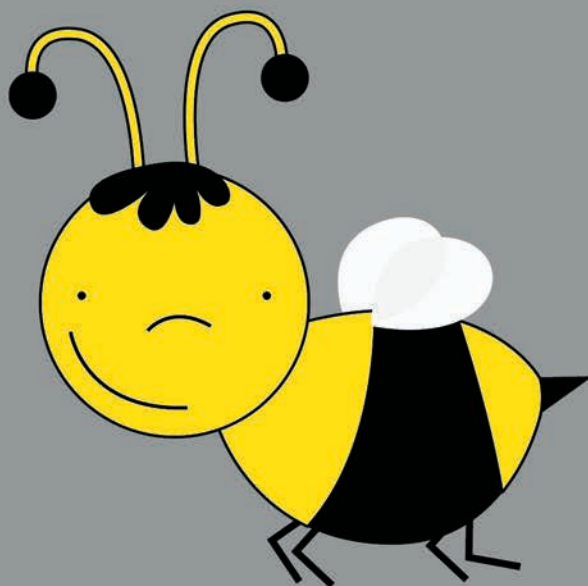
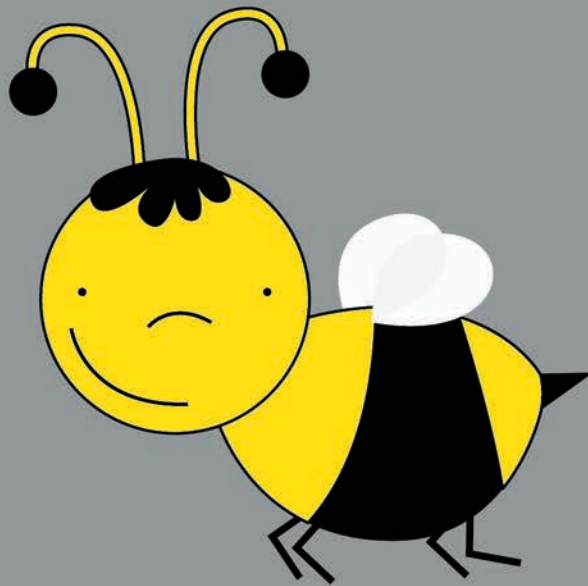
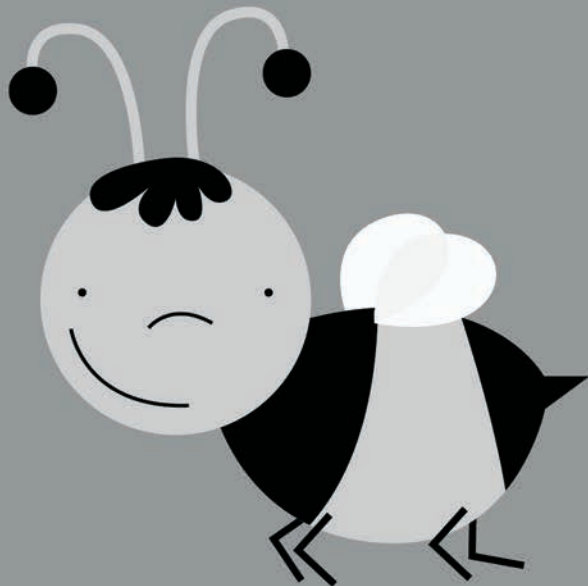
This is GREEN. Have your child colour the alligators GREEN.



# Colour Words

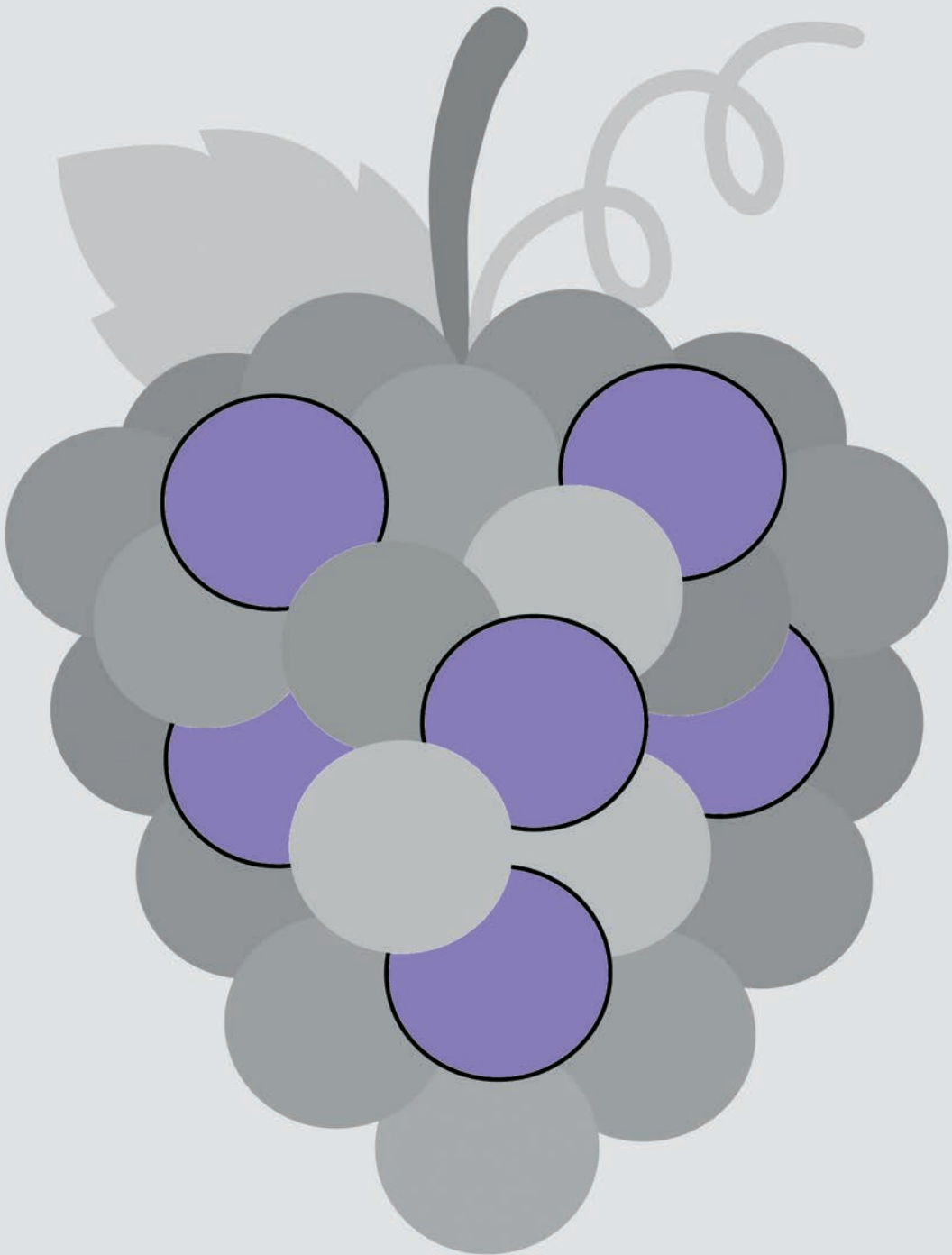
## Yellow

This is YELLOW. Have your child colour the bees YELLOW.



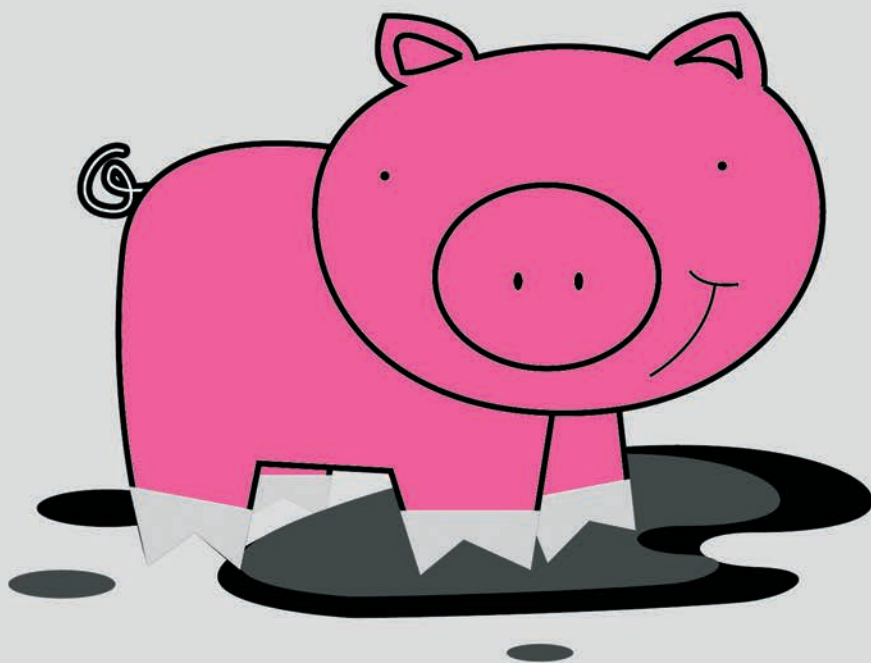
# Purple

This is PURPLE. Have your child colour the grapes PURPLE.



## Pink

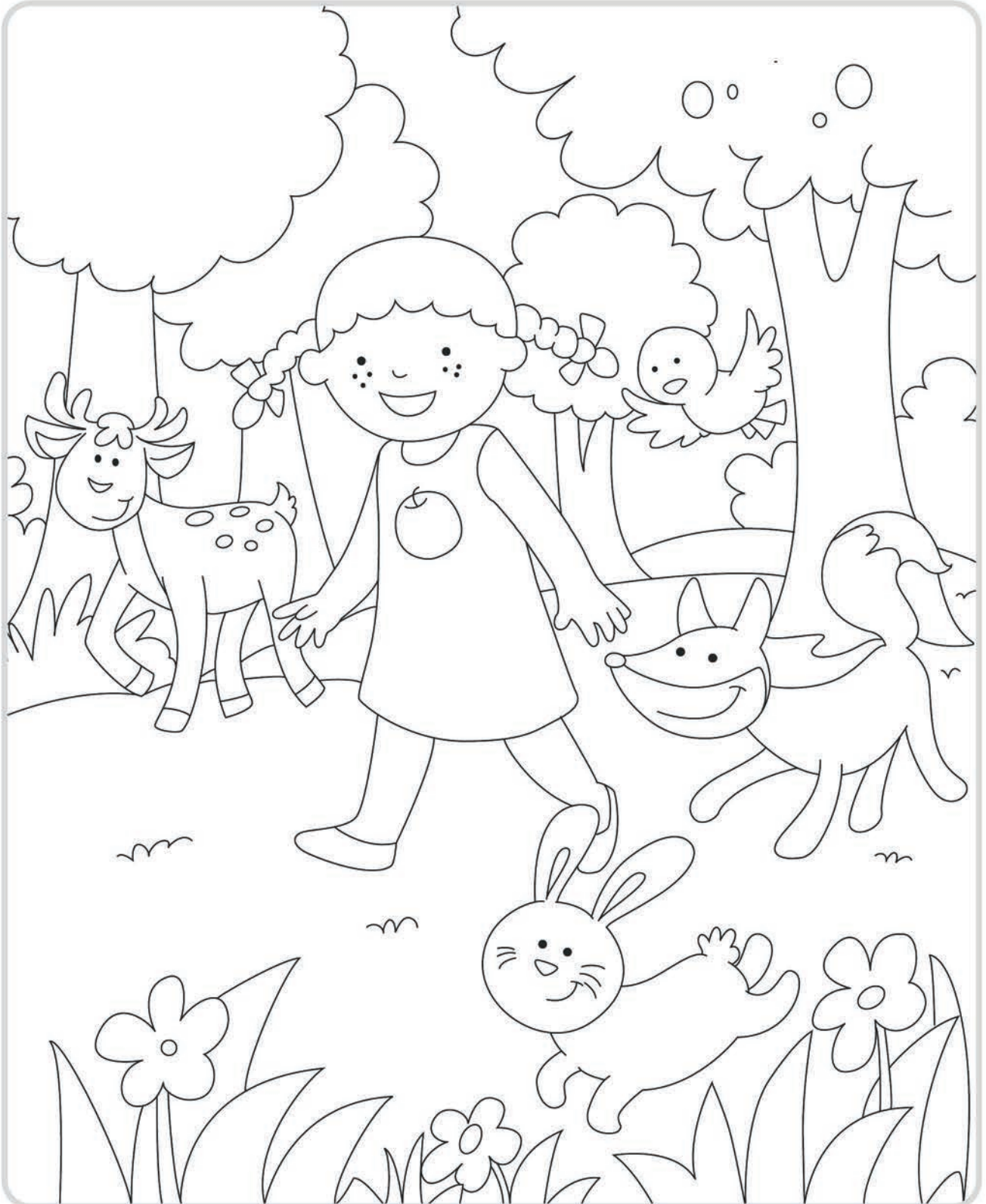
This is PINK. Have your child colour the pig PINK.





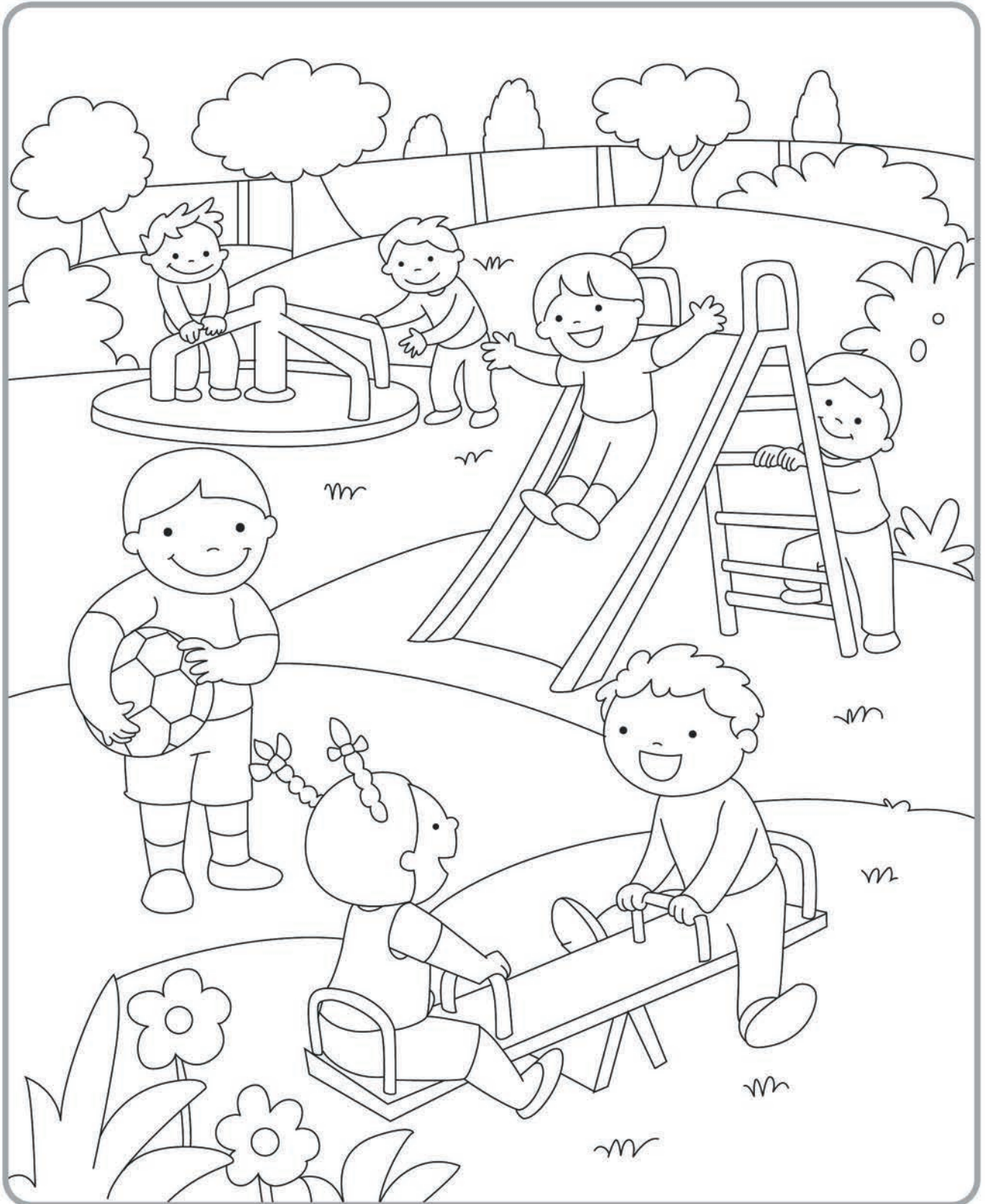
## Picture Stories

Ask your child some questions about the picture below. Where is the bunny? Where is the bird? What is the girl doing? Have your child colour the picture and then tell a story about what is happening in the picture.



# Picture Stories

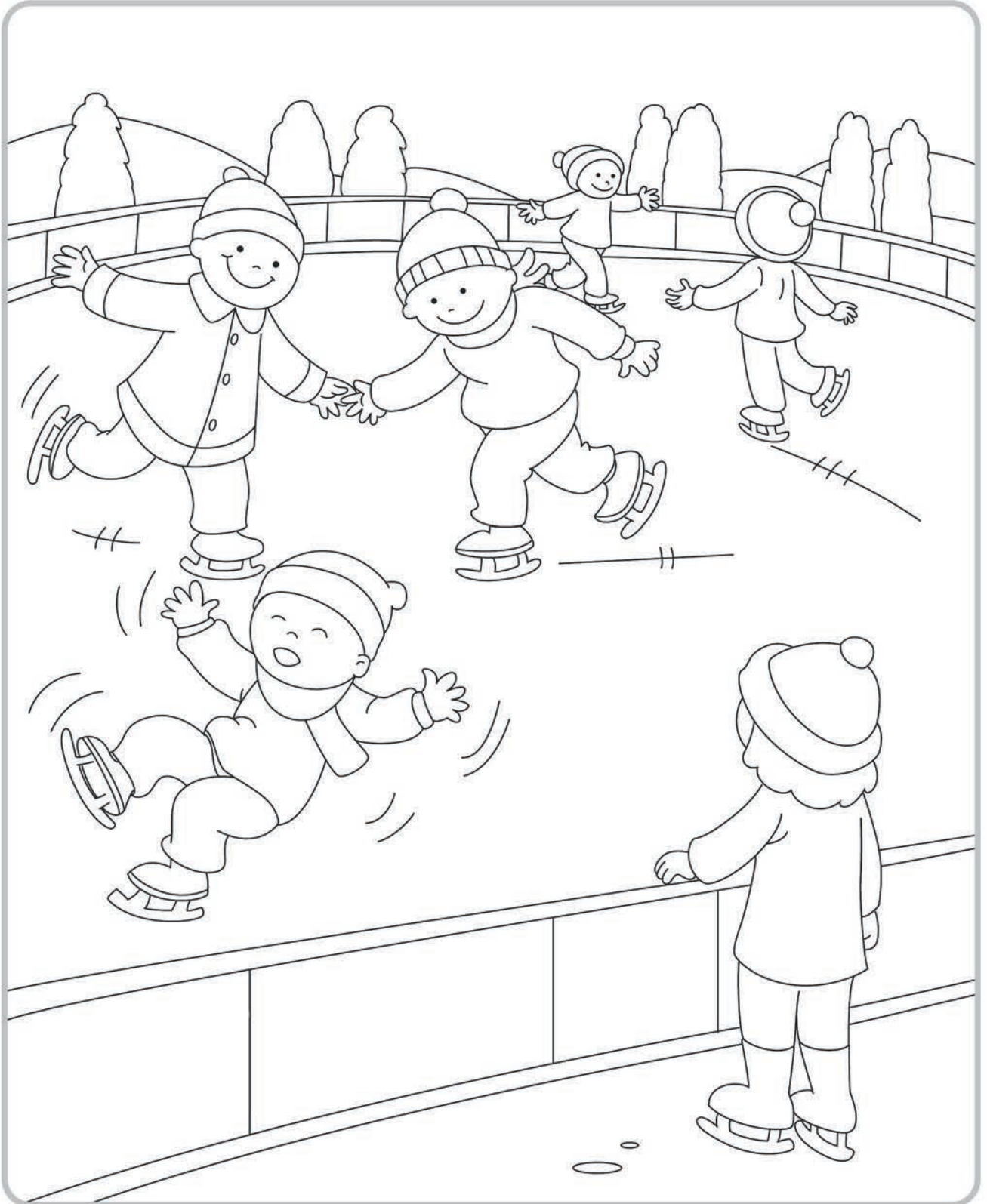
Ask your child some questions about the picture below. Where is the slide? Where are the flowers? What is the boy holding the ball doing? Have your child colour the picture and then tell a story about what is happening in the picture.





## Picture Stories

Ask your child some questions about the picture below. What are they doing? Which child is wearing a scarf? How many children are there? Have your child colour the picture and then tell a story about what is happening in the picture.



## Picture Stories

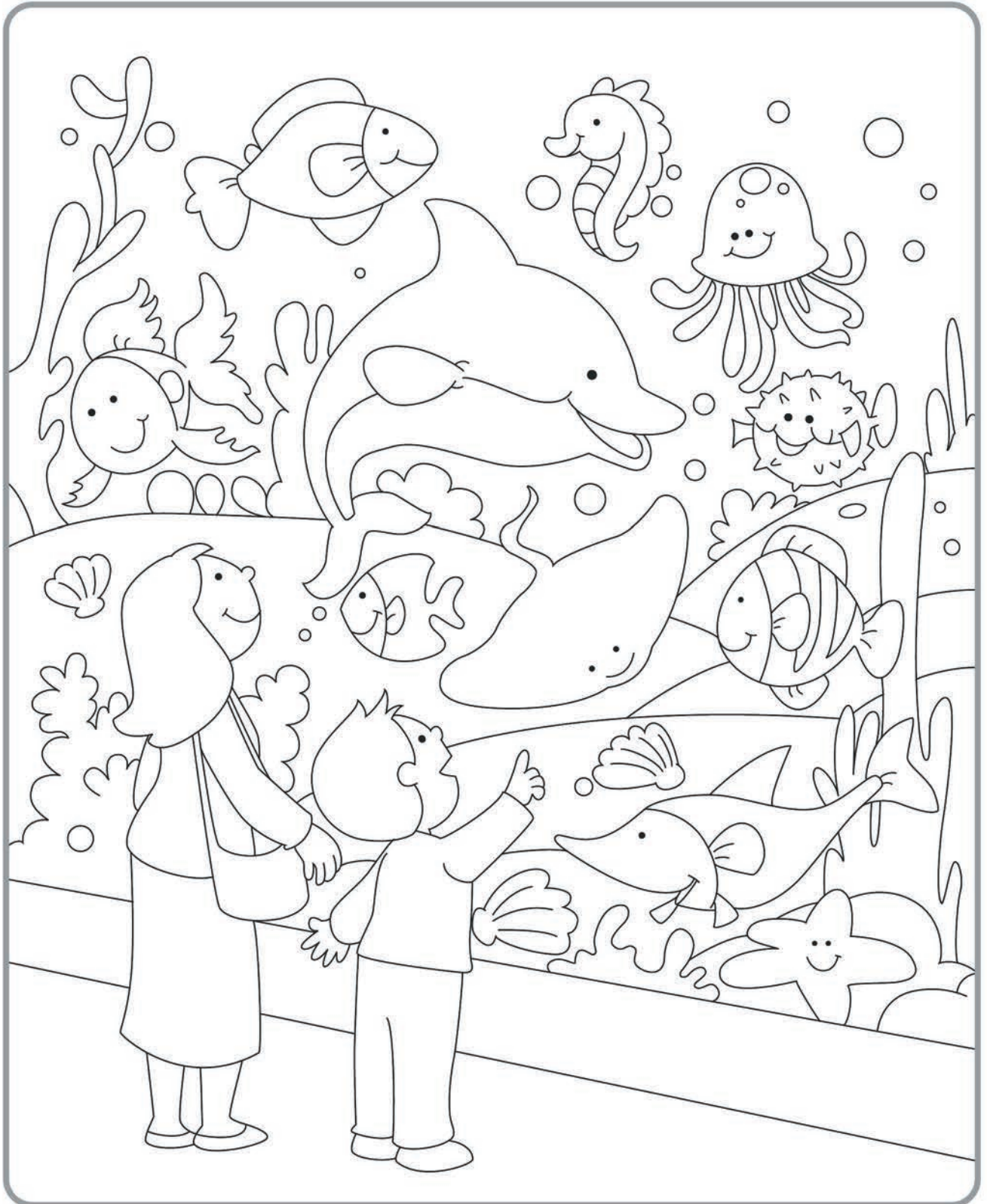
Ask your child some questions about the picture below. Where is the teddy bear? Where is the ball? What are the boys doing? Have your child colour the picture and then tell a story about what is happening in the picture.





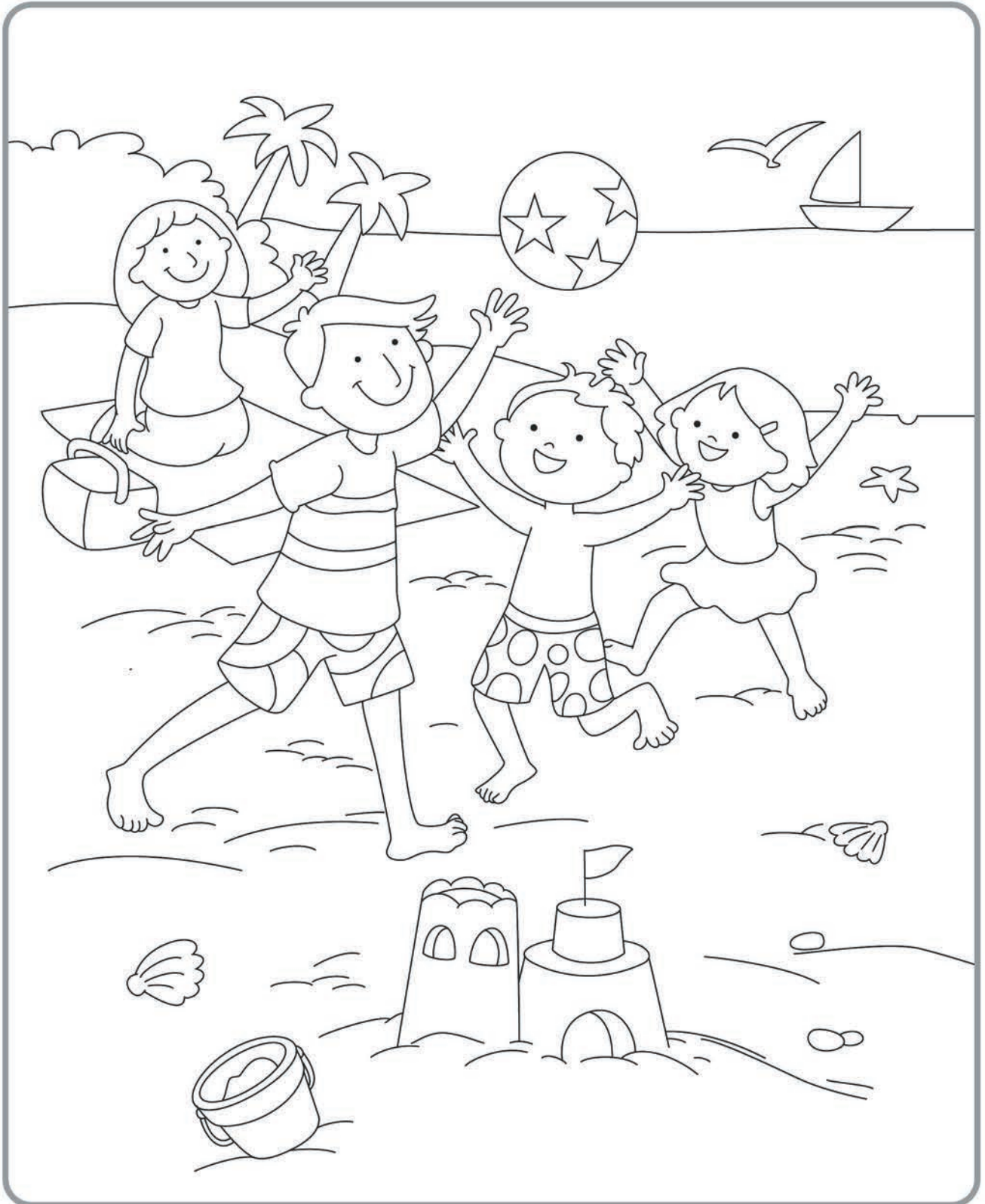
## Picture Stories

Ask your child some questions about the picture below. Where is the dolphin? Where is the mom? What is the boy doing? Have your child colour the picture and then tell a story about what is happening in the picture.



# Picture Stories

Ask your child some questions about the picture below. Where is the boat? Where is the sandcastle? What is the family doing? Have your child colour the picture and then tell a story about what is happening in the picture.





# Summary of Concepts

## Letter Names and Sounds

Help your child draw a line from the letter to the picture that begins with that sound.



Help your child write the missing letters on the blanks below.



bird



tiger

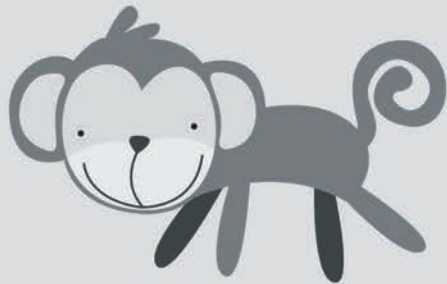
# Summary of Concepts

Beginning Sounds and Colour Words

Help your child write the letter for the beginning sound of the picture.



snake



monkey

Help your child draw a line from the colour word to the colour it matches.

Red

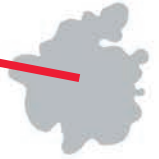
Green

Yellow

Blue

Pink

Purple





# CERTIFICATE of Achievement



.....  
has successfully completed  
**My First Words Workbook**

Date .....

Parent's Signature .....



Building solid foundations for scholastic success

MY  
1<sup>st</sup>

# Math Practice



My First Workbook

READY TO LEARN™

The  
Canadian  
Curriculum  
Series

# Numbers

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# My First Numbers

Getting your child ready for prekindergarten math will include fun games and activities to help your child grow. At this age, developing listening skills and learning to follow directions play a big role in preparation for prekindergarten. Your child will be counting, sorting, and classifying objects, as well as identifying and writing numbers as they complete this book.

## Understanding Numbers

1



2



3



4



5



6



7



8



9



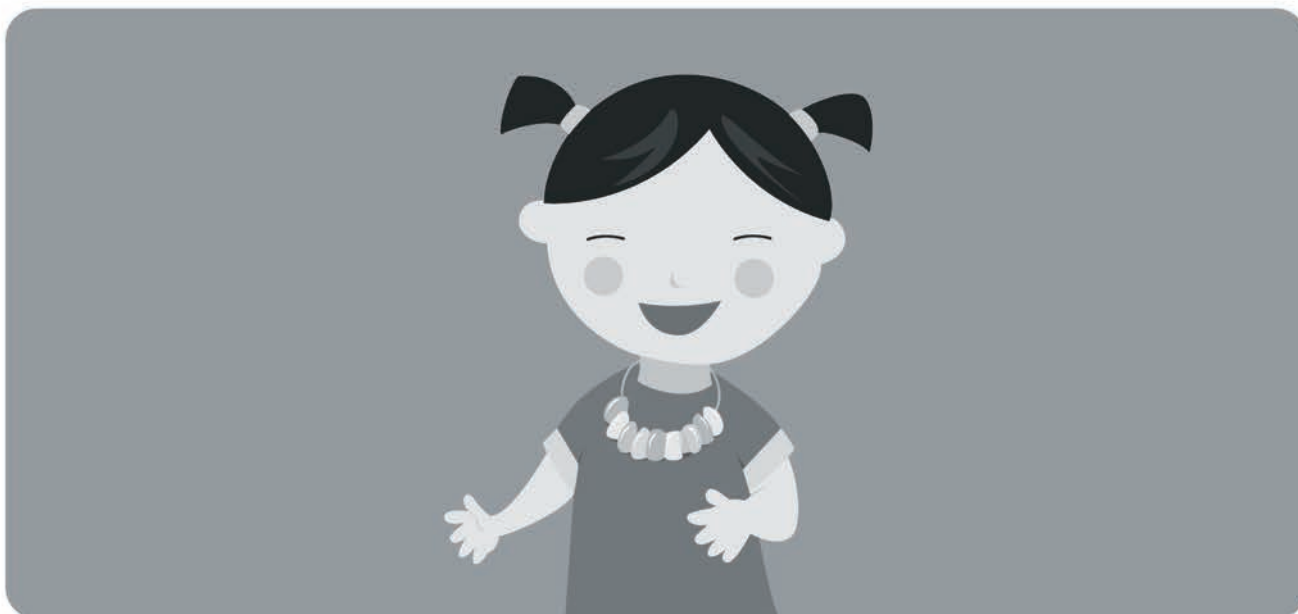
10



# Understanding Numbers

Let's Count Our Snack Today!

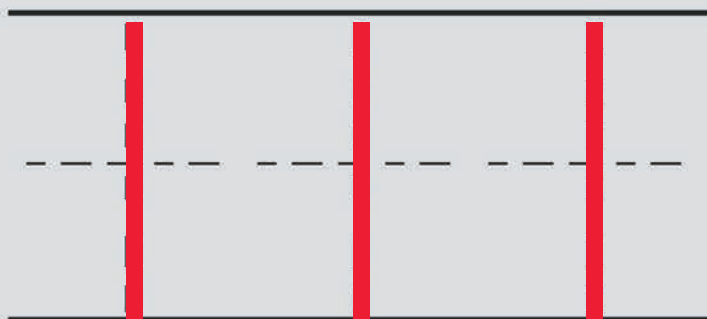
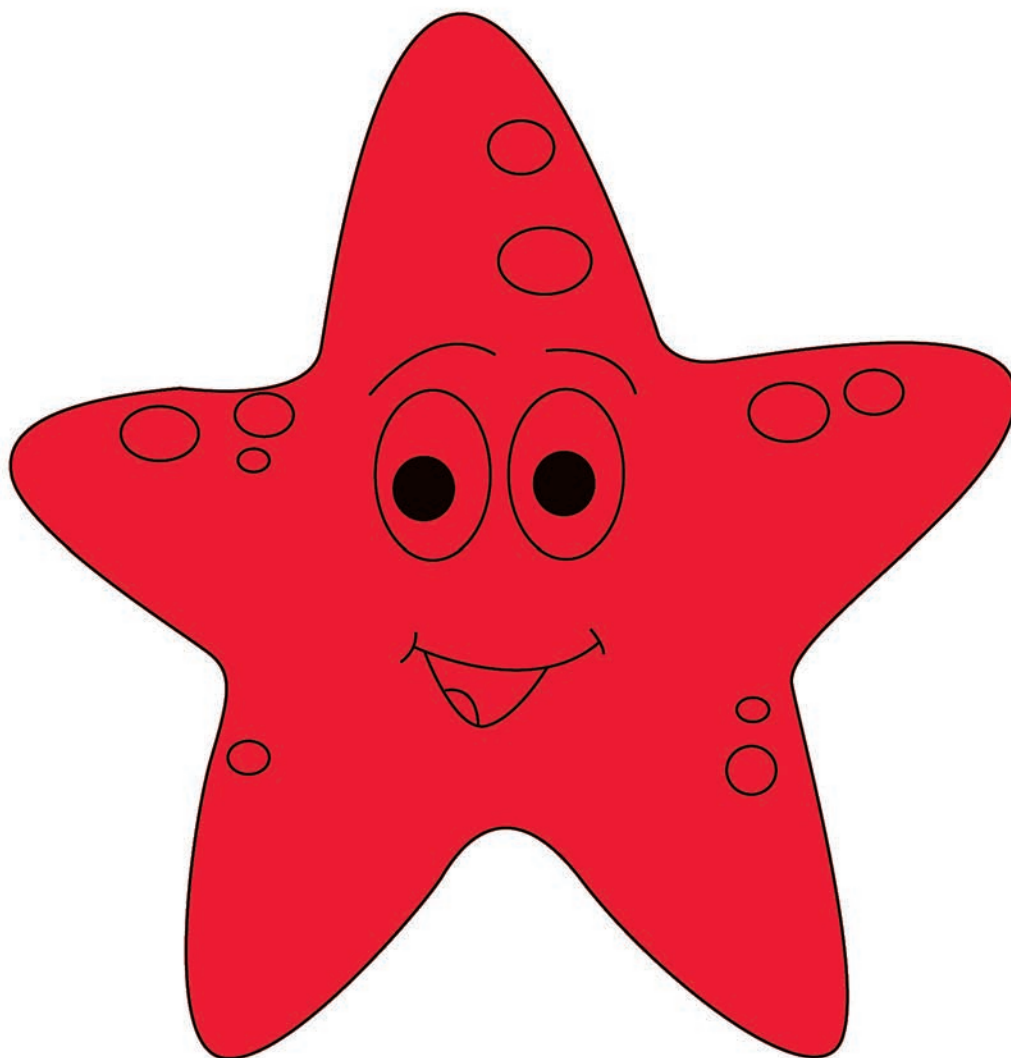
Choose your child's favourite cereal and help them count out ten pieces. Continue counting ten pieces at a time. String the cereal on yarn for a great necklace snack!





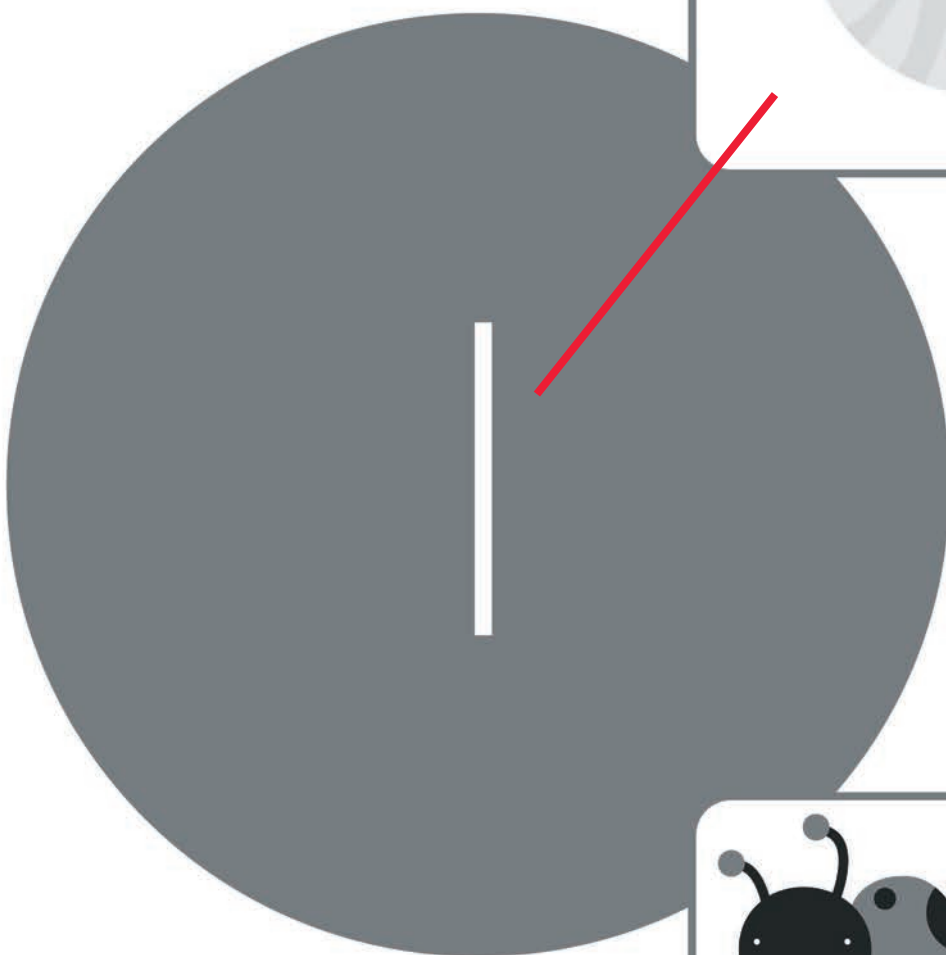
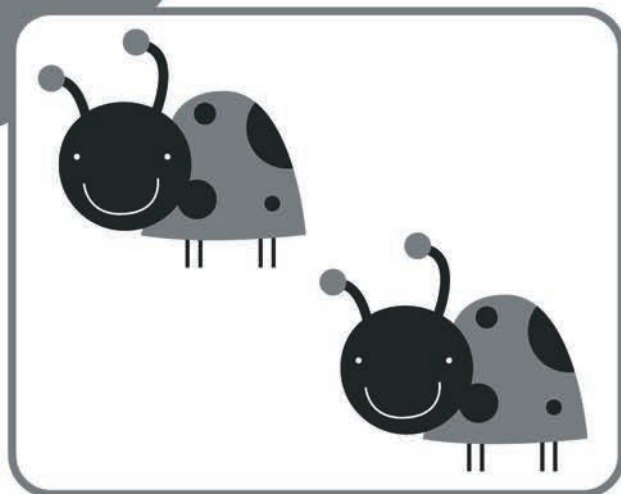
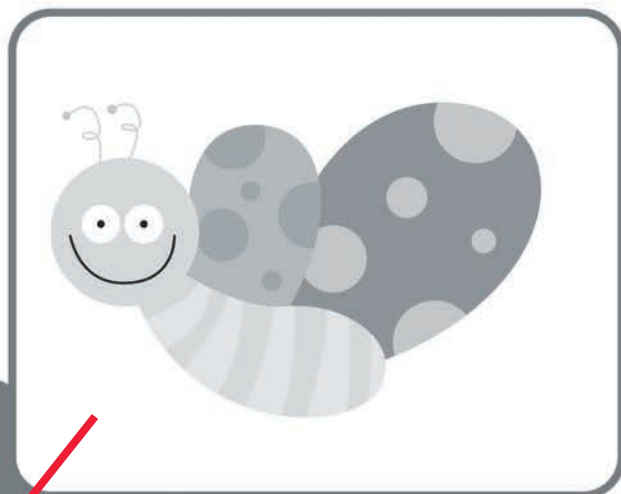
# Understanding Numbers 1 and 2

Help your child trace the number 1 with their finger. Then help them trace it with their pencil. Have your child colour 1 starfish.



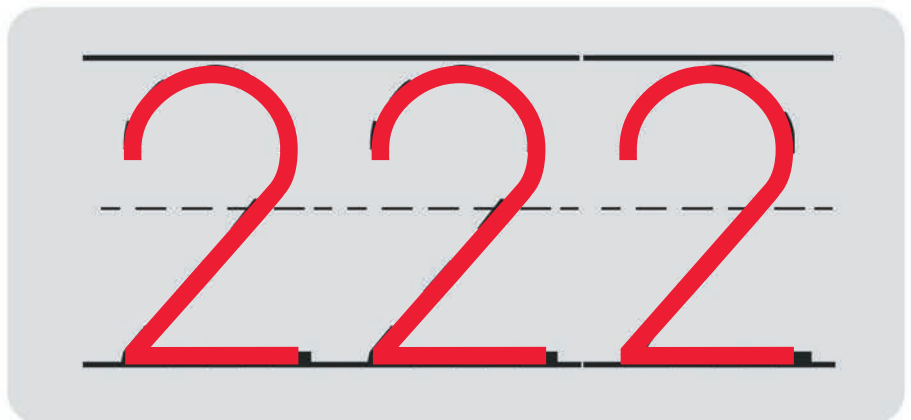
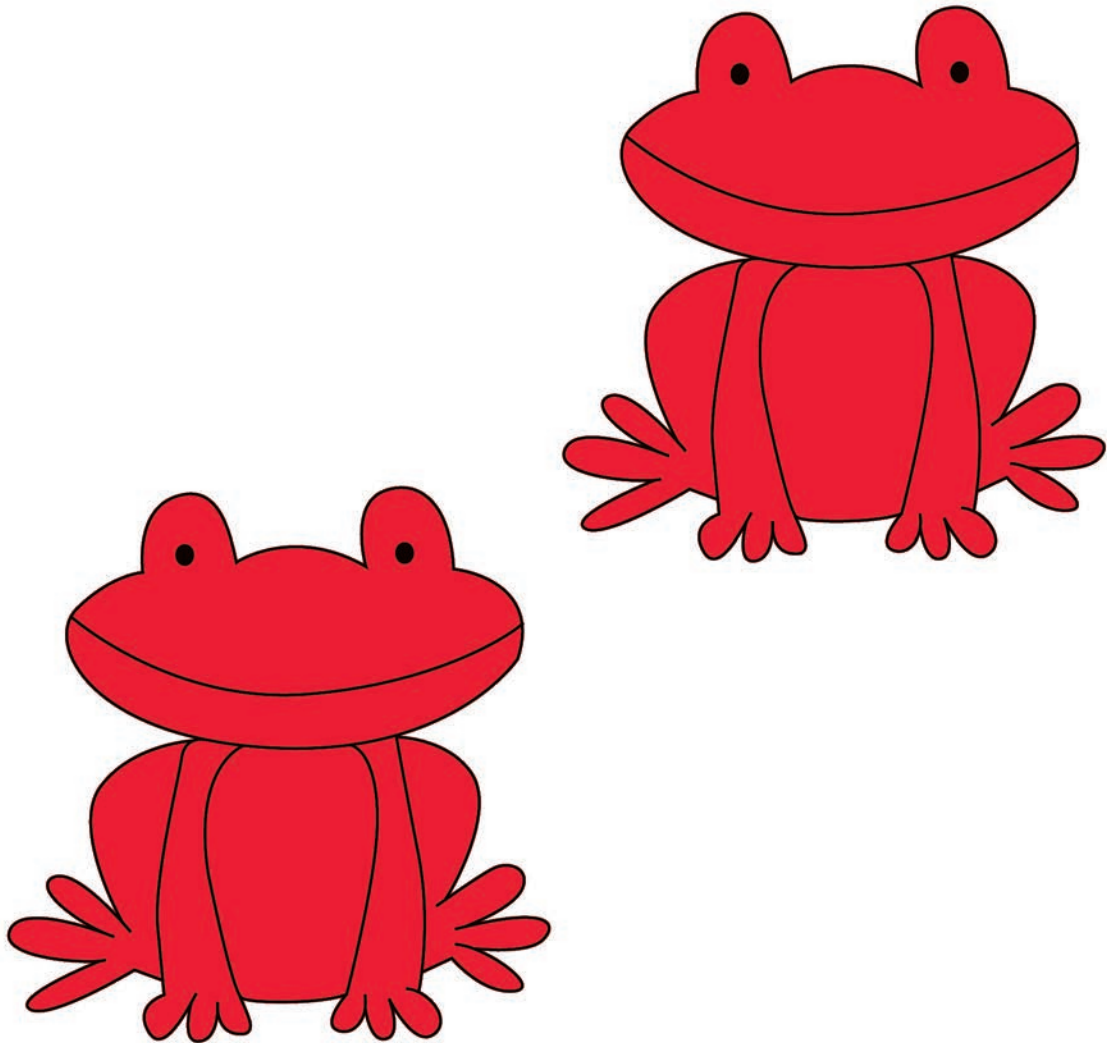
# Understanding Numbers 1 and 2

Practise counting. Help your child draw a line from the number 1 to the box with 1 item.



# Understanding Numbers 1 and 2

Help your child trace the number 2 with their finger. Then help them trace it with their pencil. Have your child colour 2 frogs.

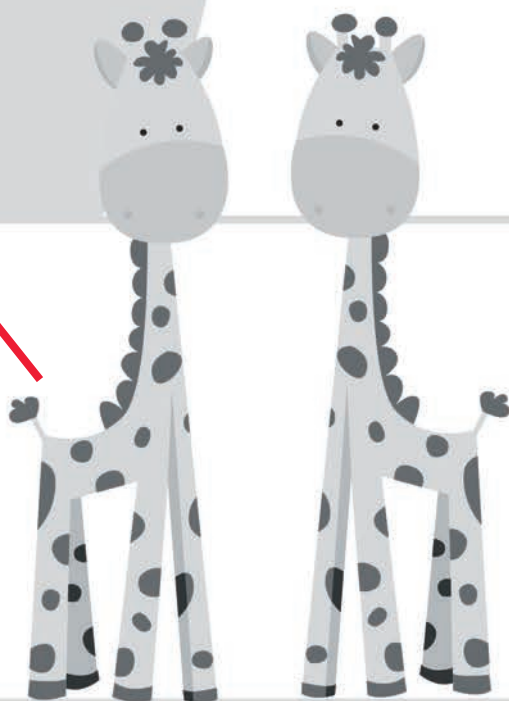


# Understanding Numbers 1 and 2

Practise counting. Help your child draw a line from the number 2 to the box with 2 items.



2

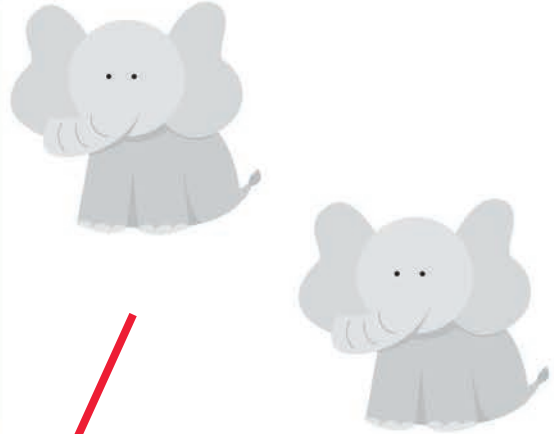


# Counting Numbers 1 and 2

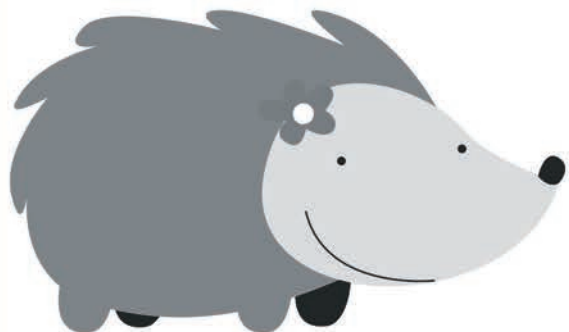
One or Two?

Count the objects below. Help your child draw a line from the number to the correct box.

1



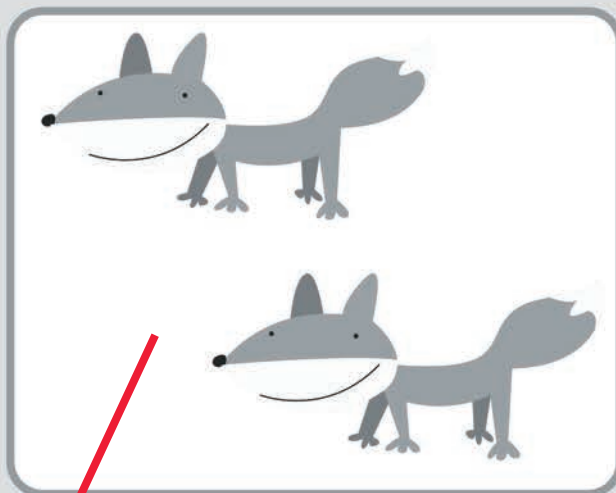
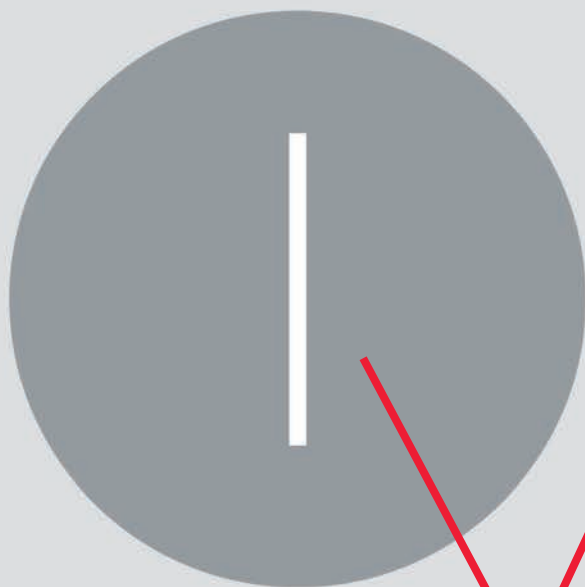
2



# Counting Numbers 1 and 2

One or Two?

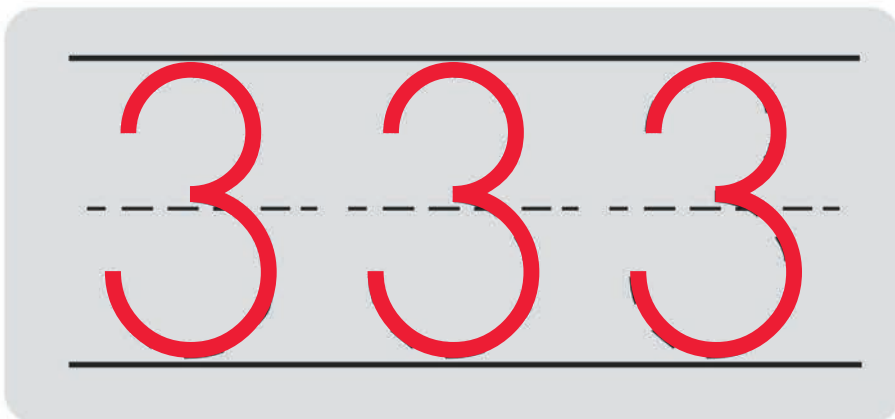
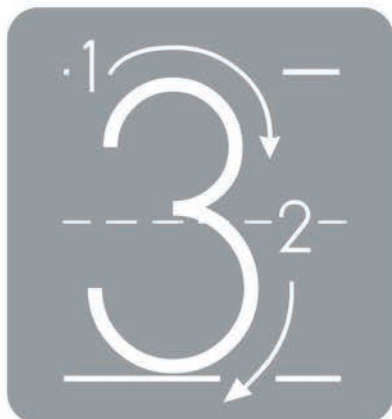
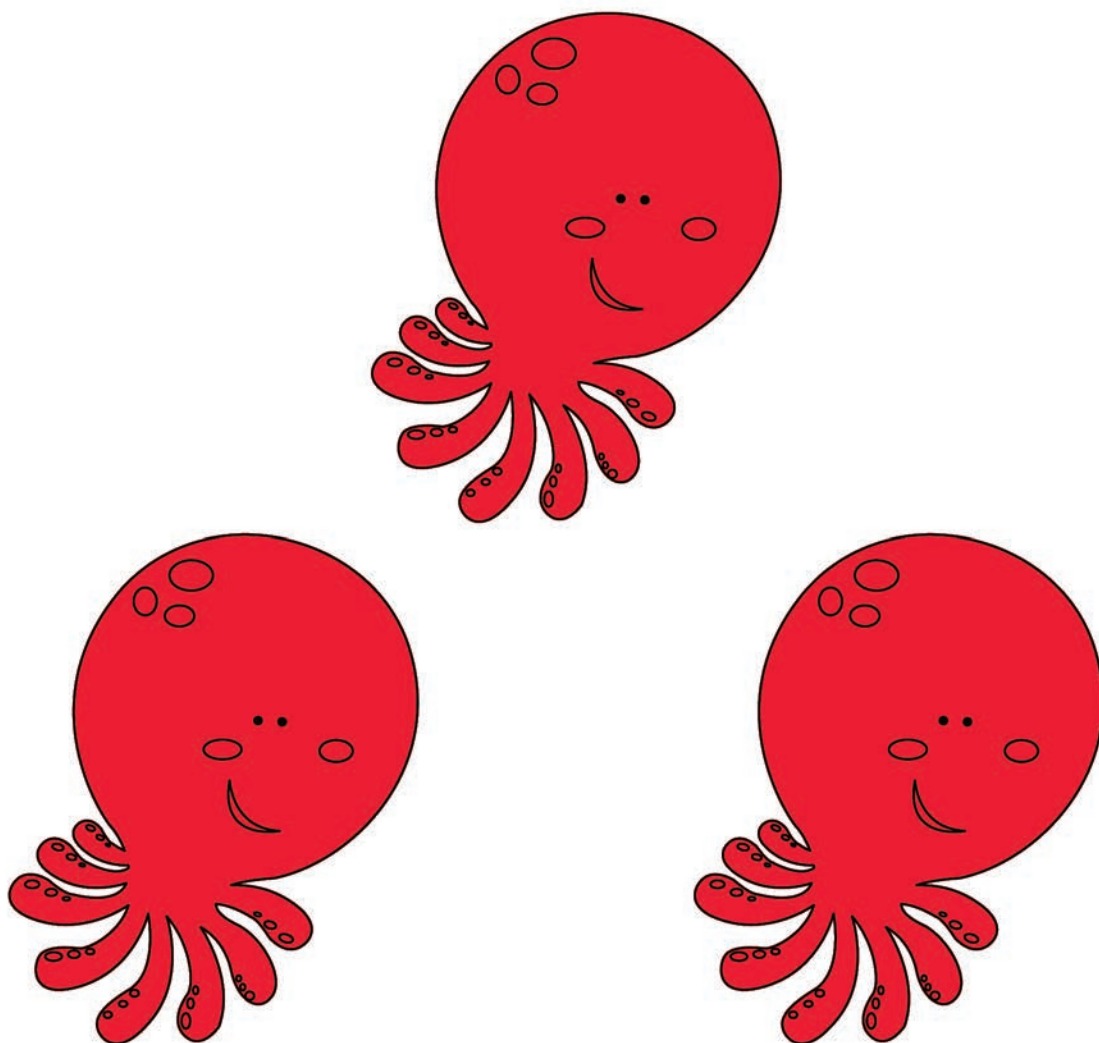
Count the objects below. Help your child draw a line from the number to the correct box.





# Understanding Numbers 3 and 4

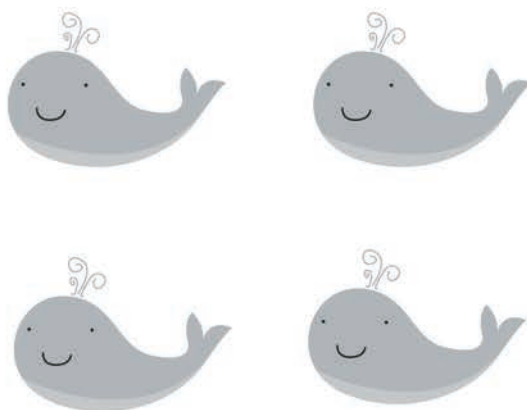
Help your child trace the number 3 with their finger. Then help them trace it with their pencil. Have your child colour 3 octopuses.



# Understanding Numbers 3 and 4

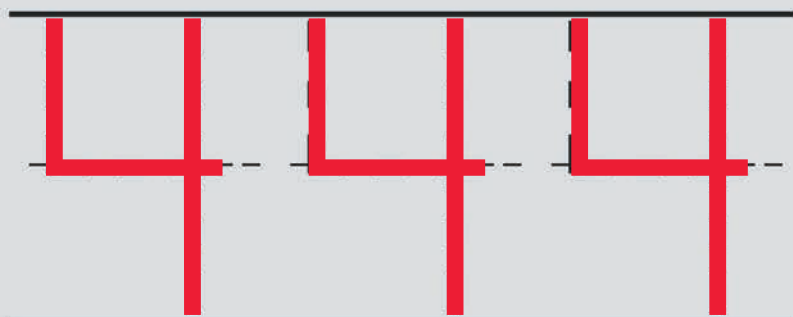
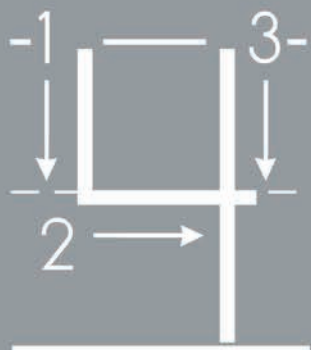
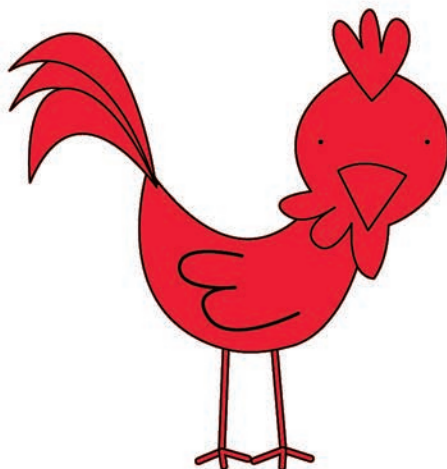
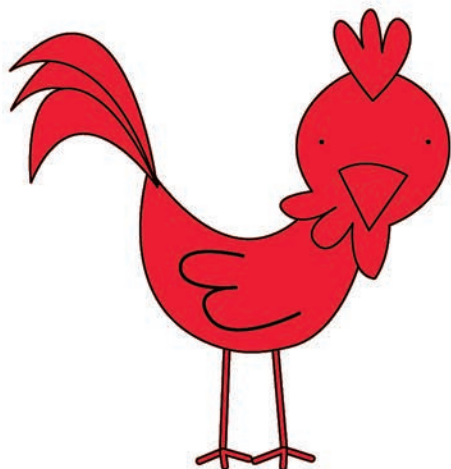
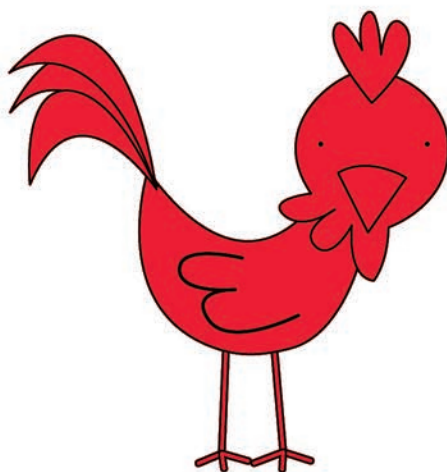
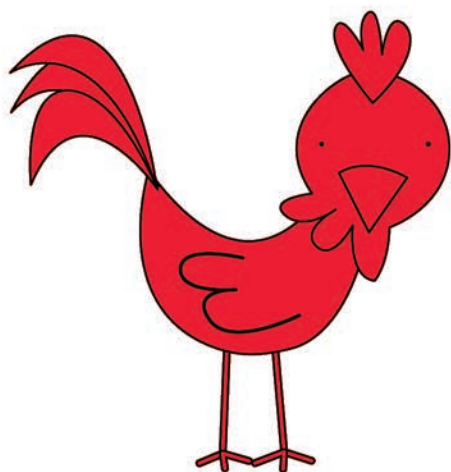
Practise counting. Have your child draw a line from the number 3 to the box with 3 items.

3



# Understanding Numbers 3 and 4

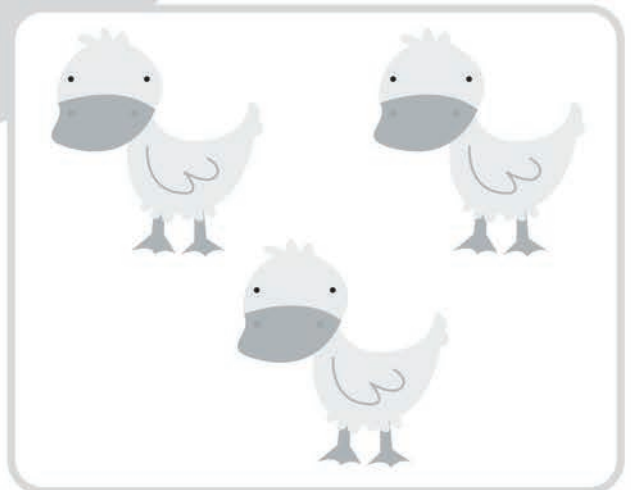
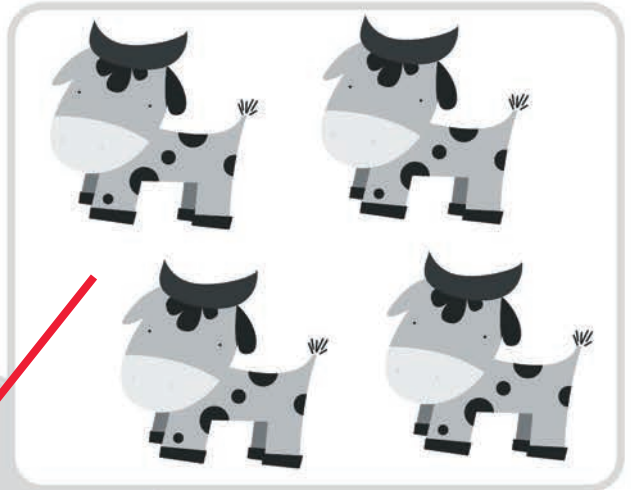
Help your child trace the number 4 with their finger. Then help them trace it with their pencil. Have your child colour 4 roosters.



# Understanding Numbers 3 and 4

Practise counting. Have your child draw a line from the number 4 to the box with 4 items.

4



# Counting Numbers 3 and 4

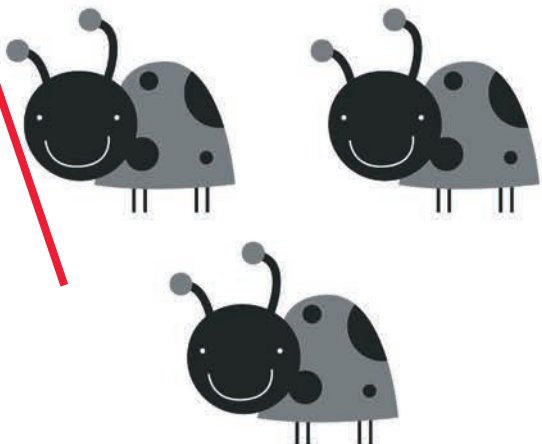
Three or Four?

Count the objects below. Help your child draw a line from the number to the correct box.

3



4





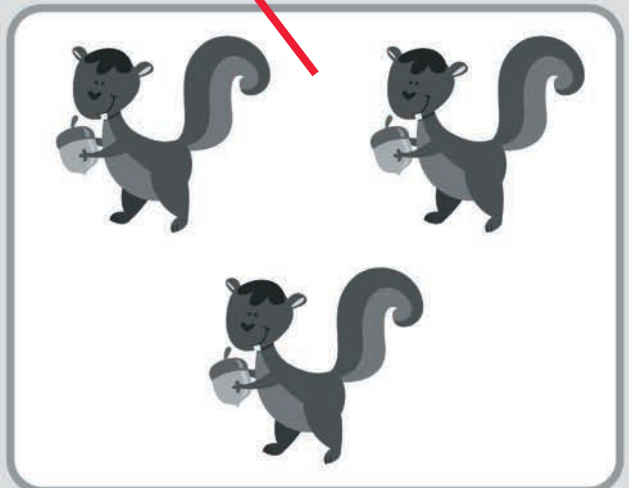
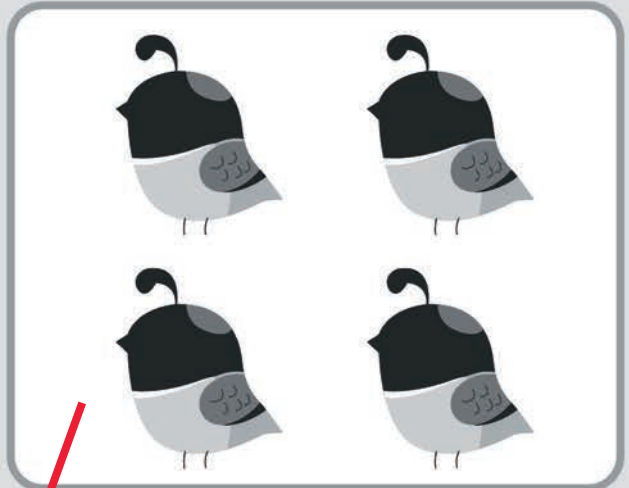
# Counting Numbers 3 and 4

Three or Four?

Count the objects below. Help your child draw a line from the number to the correct box.

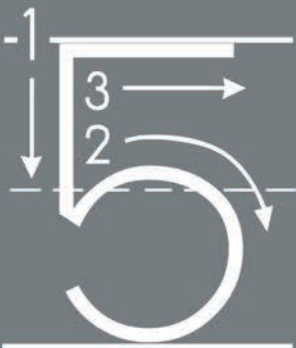
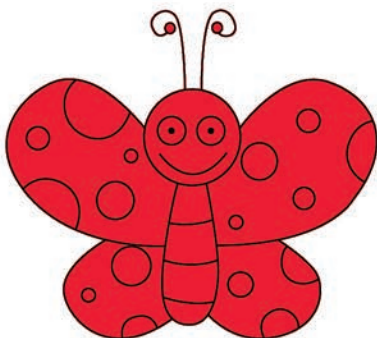
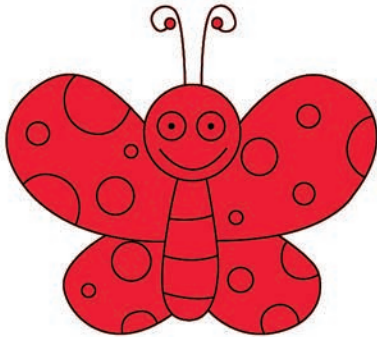
3

4



# Understanding Numbers 5 and 6

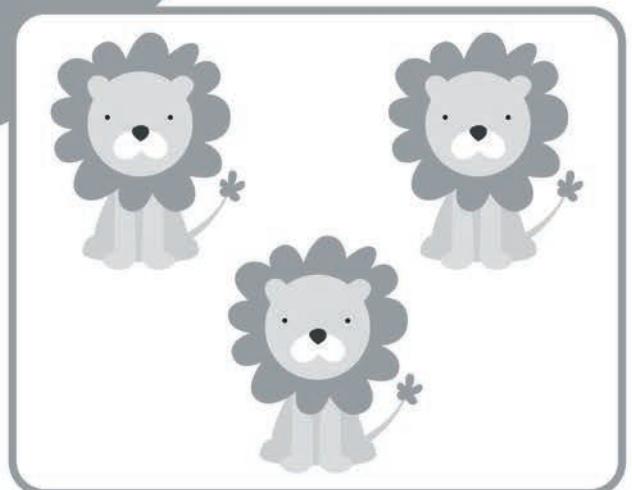
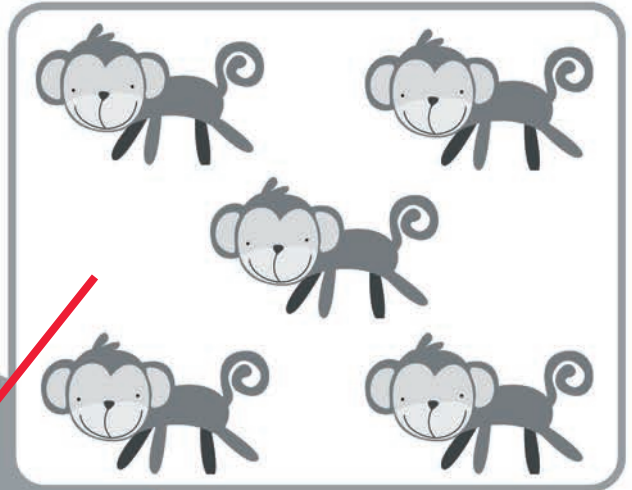
Help your child trace the number 5 with their finger. Then help them trace it with their pencil. Have your child colour 5 butterflies.



# Understanding Numbers 5 and 6

Practise counting. Help your child draw a line from the number 5 to the box with 5 items.

5



# Understanding Numbers 5 and 6

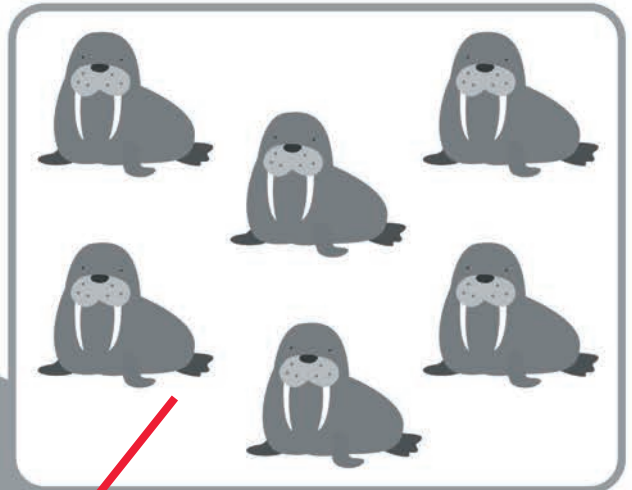
Help your child trace the number 6 with their finger. Then help them trace it with their pencil. Have your child colour 6 tigers.



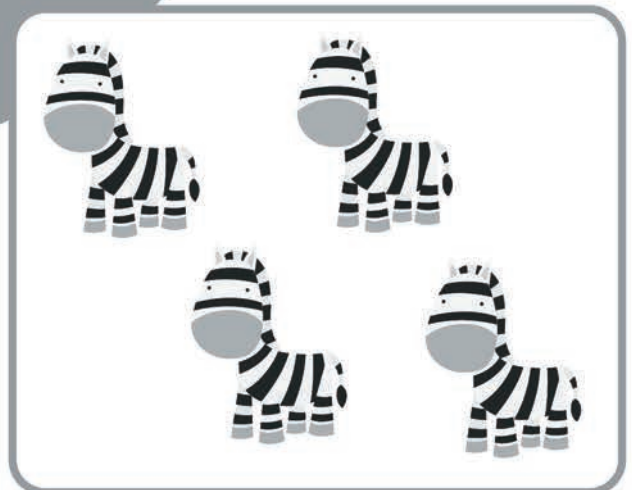


# Understanding Numbers 5 and 6

Practise counting. Help your child draw a line from the number 6 to the box with 6 items.



6



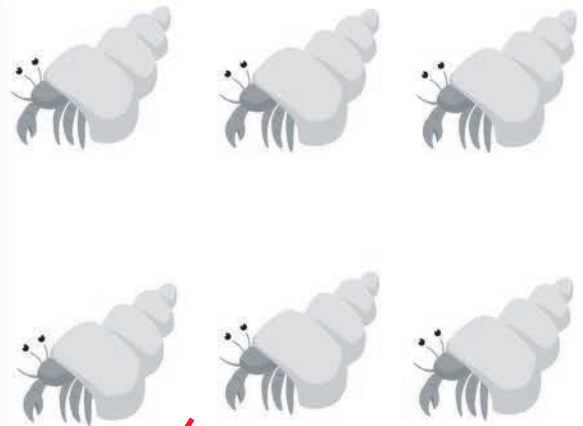


# Counting Numbers 5 and 6

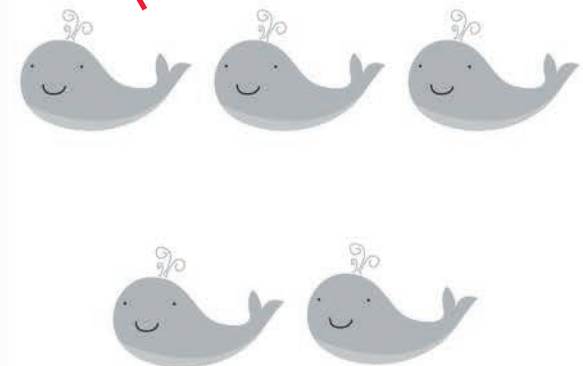
Five or Six?

Count the objects below. Help your child draw a line from the number to the correct box.

5



6



# Counting Numbers 5 and 6

Five or Six?

Count the objects below. Help your child draw a line from the number to the correct box.

5

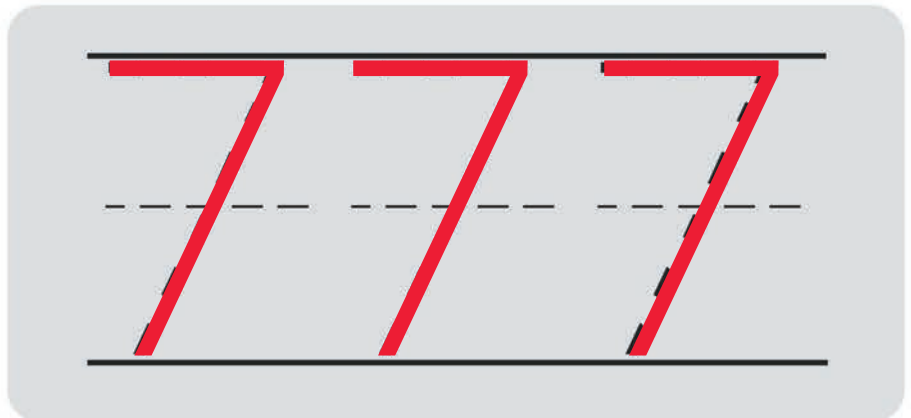
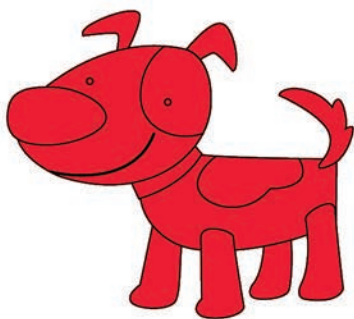
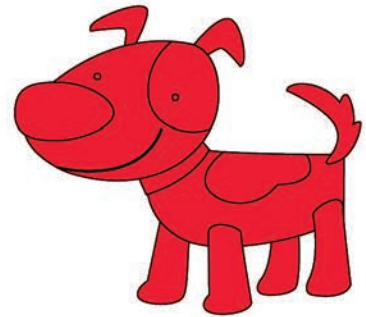
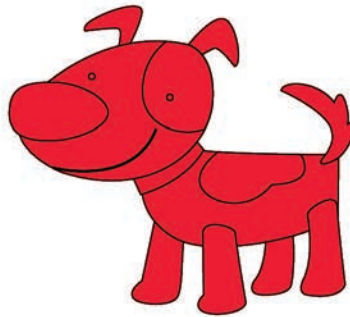
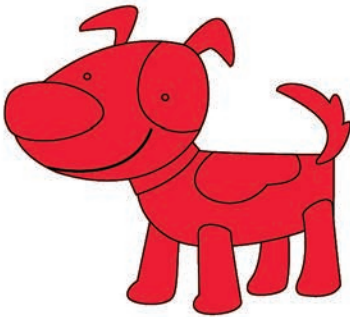
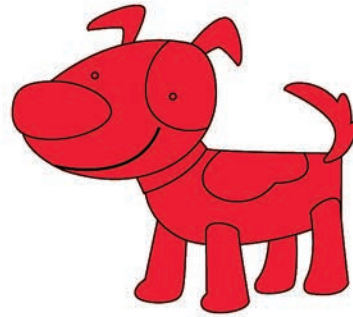


6



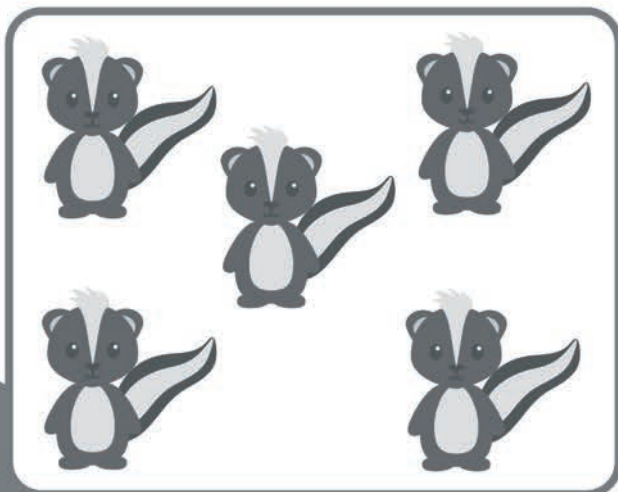
# Understanding Numbers 7 and 8

Help your child trace the number 7 with their finger. Then help them trace it with their pencil. Have your child colour 7 dogs.

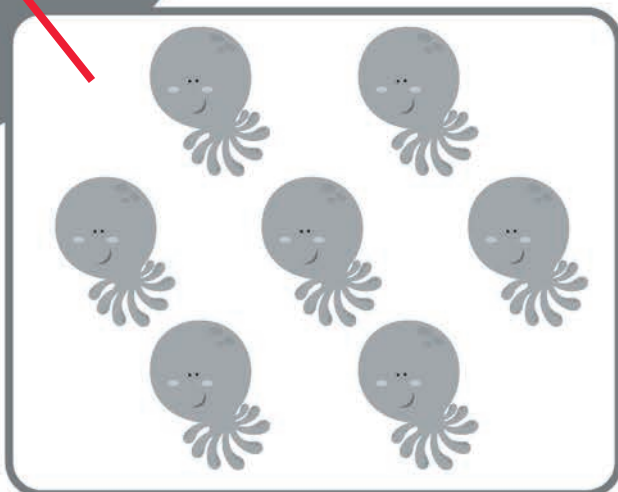


# Understanding Numbers 7 and 8

Practise counting. Help your child draw a line from the number 7 to the box with 7 items.

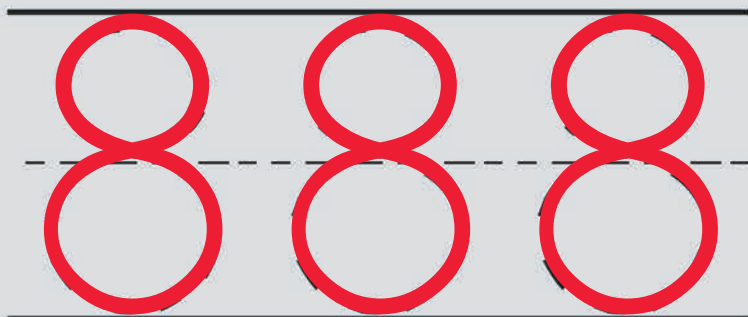
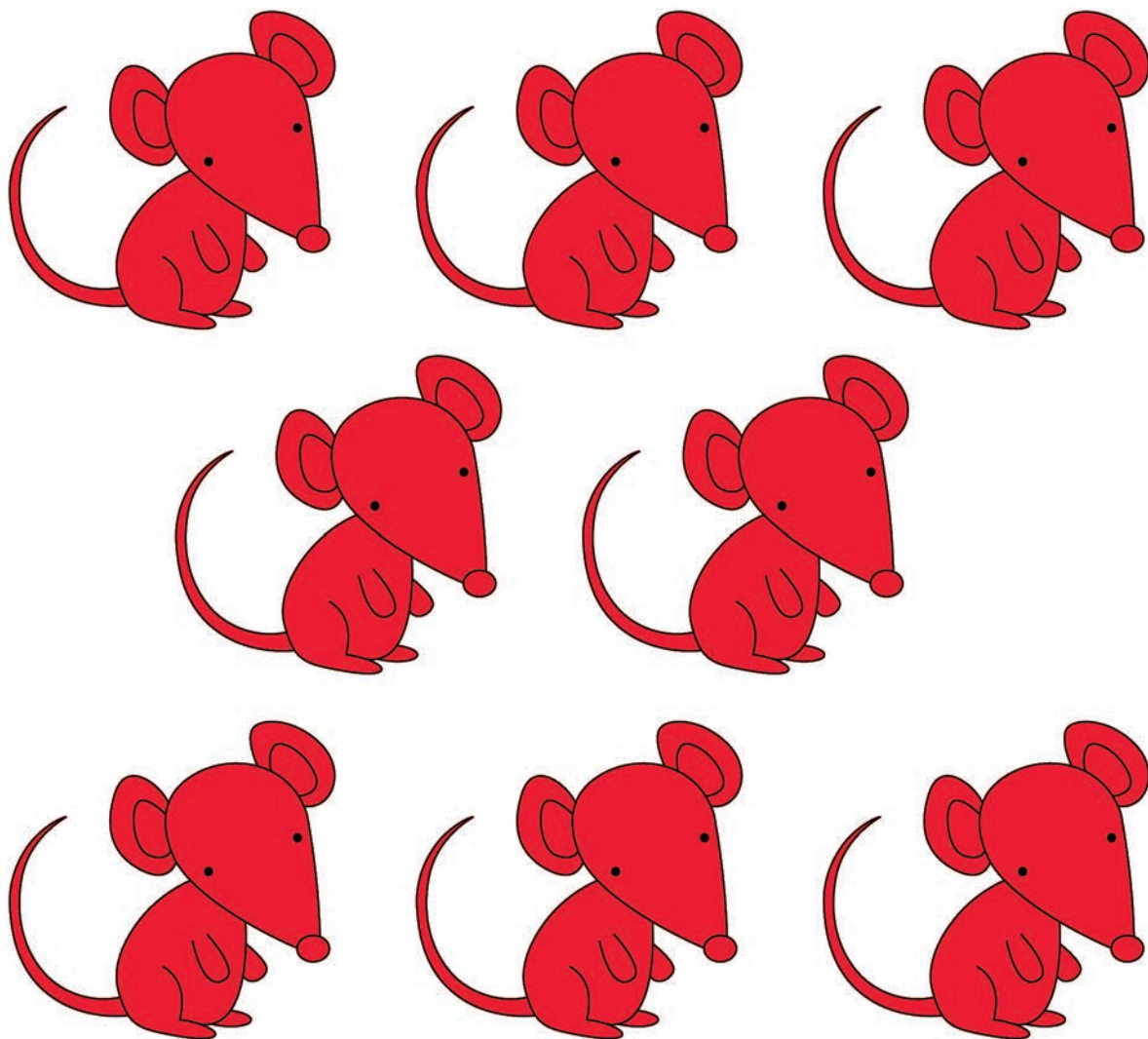


7



# Understanding Numbers 7 and 8

Help your child trace the number 8 with their finger. Then help them trace it with their pencil. Have your child colour 8 mice.





# Understanding Numbers 7 and 8

Practise counting. Help your child draw a line from the number 8 to the box with 8 items.



8

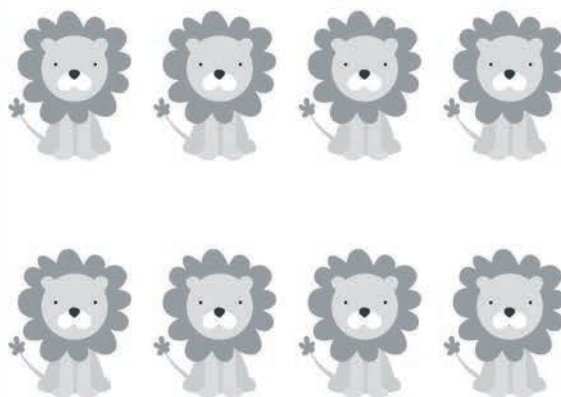


# Counting Numbers 7 and 8

Seven or Eight?

Count the objects below. Help your child draw a line from the number to the correct box.

7



8



# Counting Numbers 7 and 8

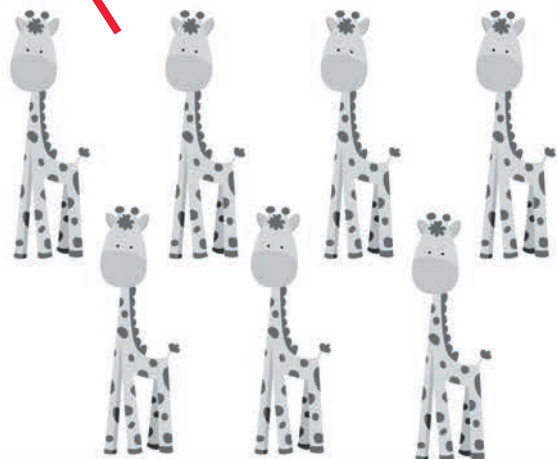
Seven or Eight?

Count the objects below. Help your child draw a line from the number to the correct box.

7

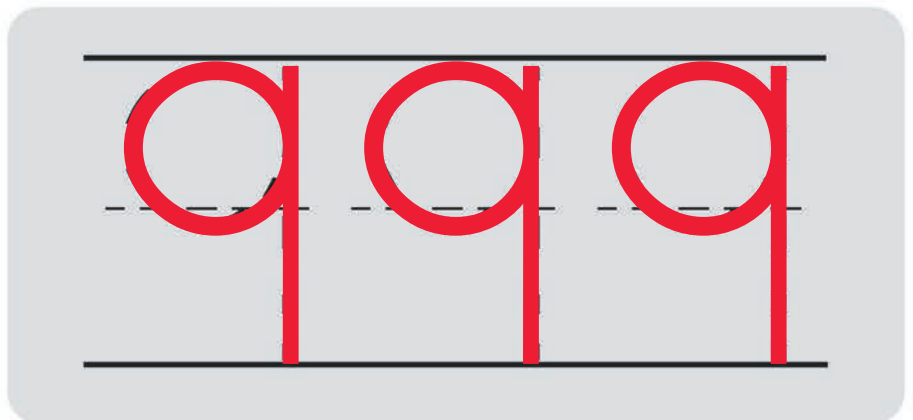
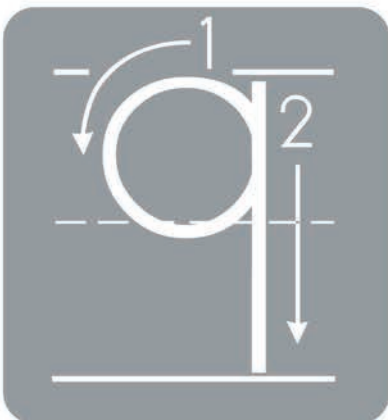
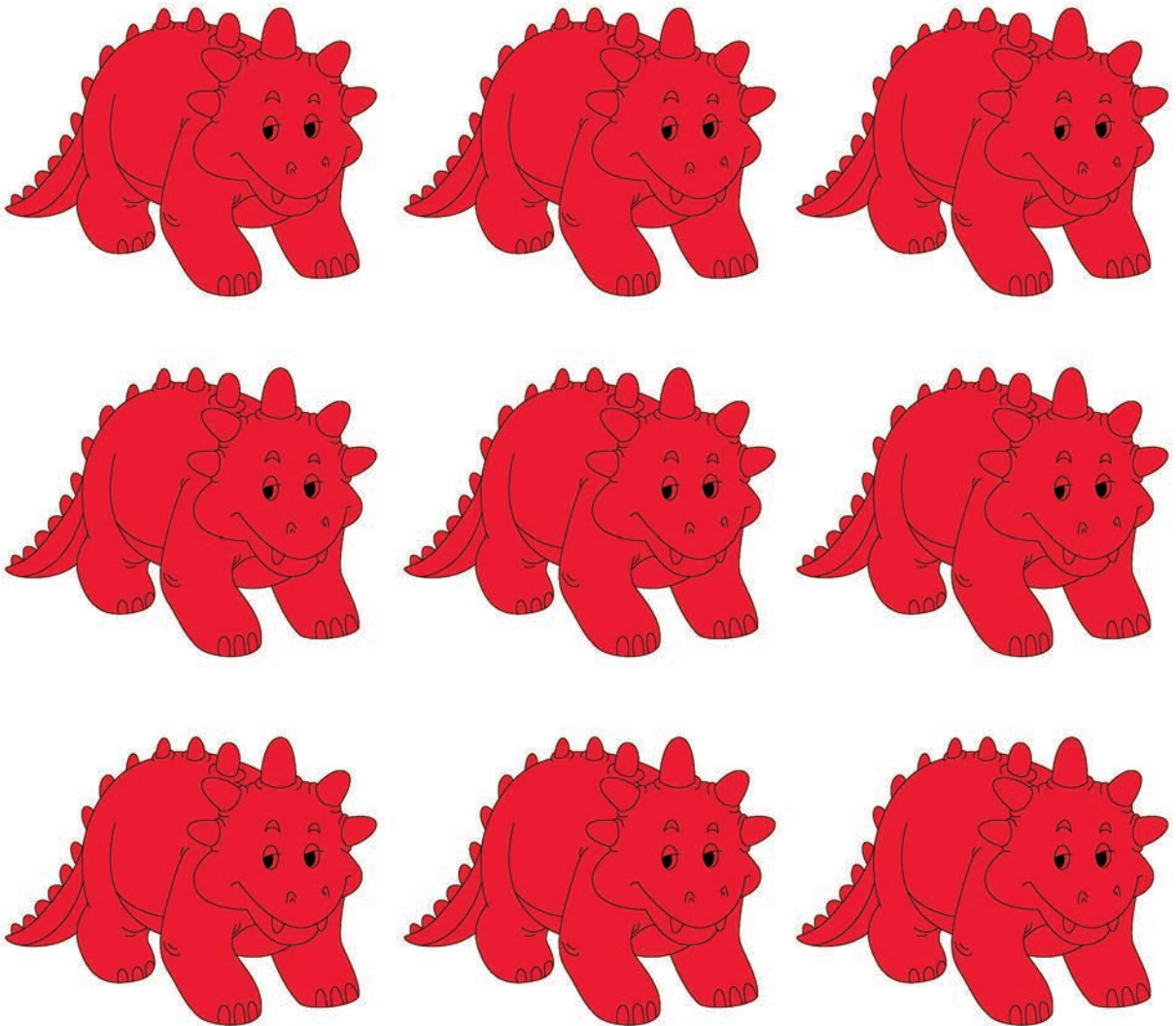


8



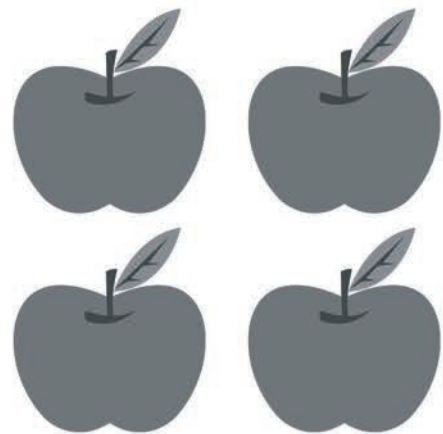
# Understanding Numbers 9 and 10

Help your child trace the number 9 with their finger. Then help them trace it with their pencil.  
Have your child colour 9 dinosaurs.



# Understanding Numbers 9 and 10

Practise counting. Help your child draw a line from the number 9 to the box with 9 items.



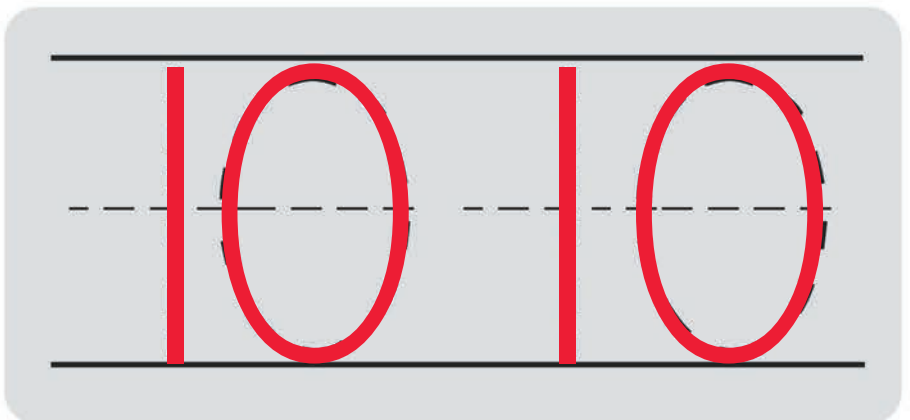
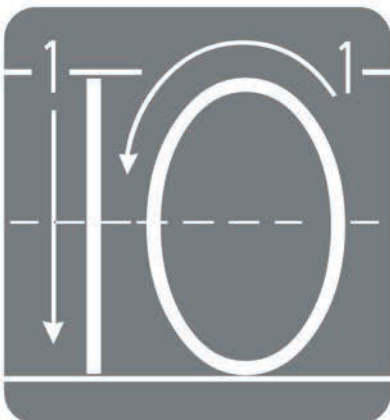
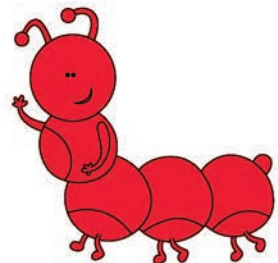
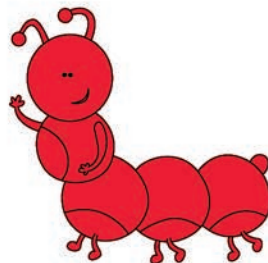
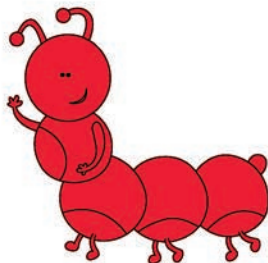
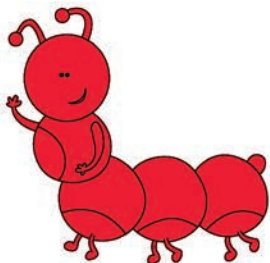
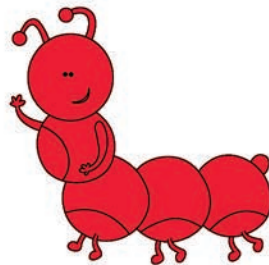
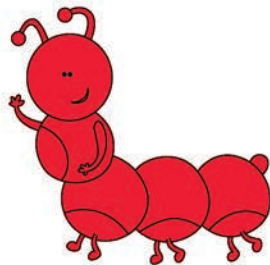
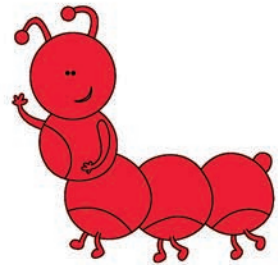
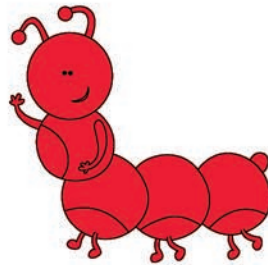
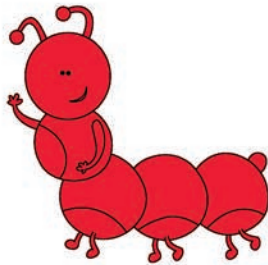
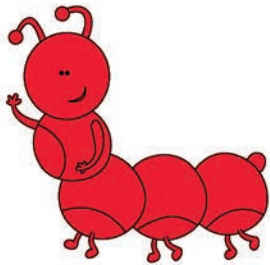
9





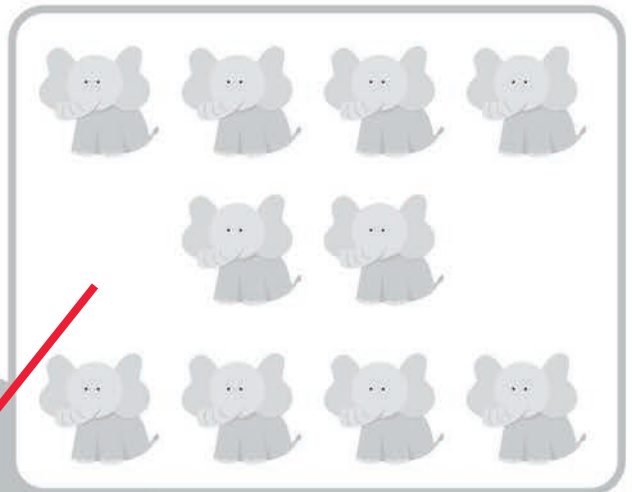
# Understanding Numbers 9 and 10

Help your child trace the number 10 with their finger. Then help them trace it with their pencil. Have your child colour 10 caterpillars.

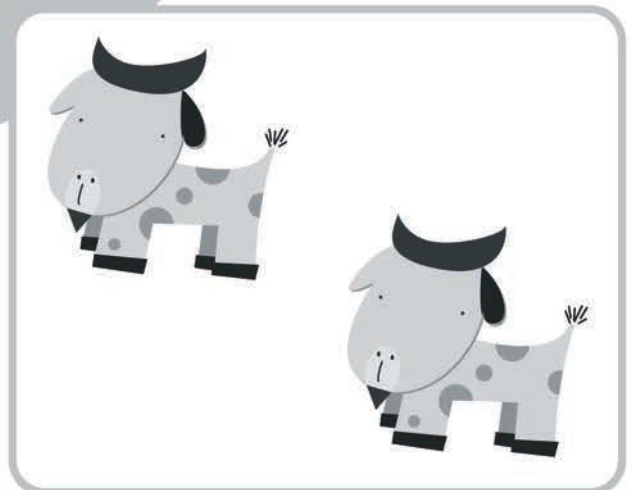


# Understanding Numbers 9 and 10

Practise counting. Help your child draw a line from the number 10 to the box with 10 items.



10

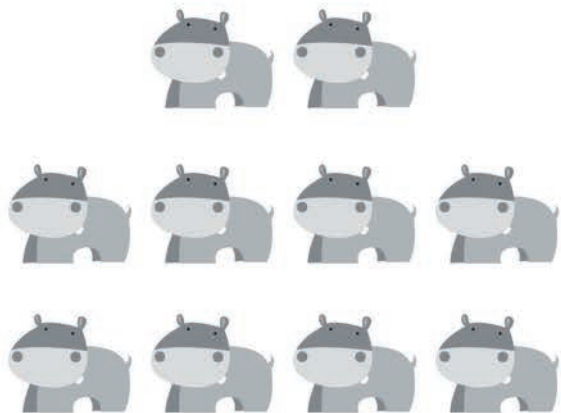


# Counting Numbers 9 and 10

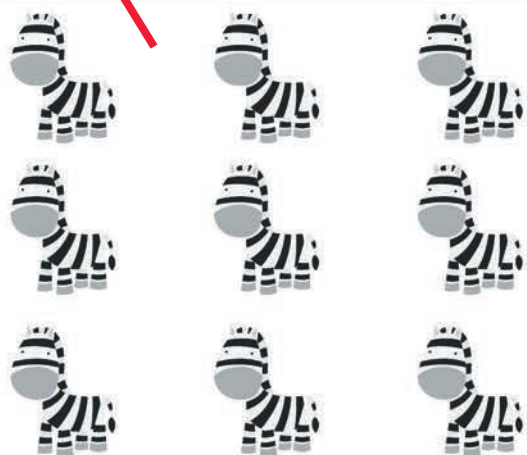
Nine or Ten?

Count the objects below. Help your child draw a line from the number to the correct box.

9



10



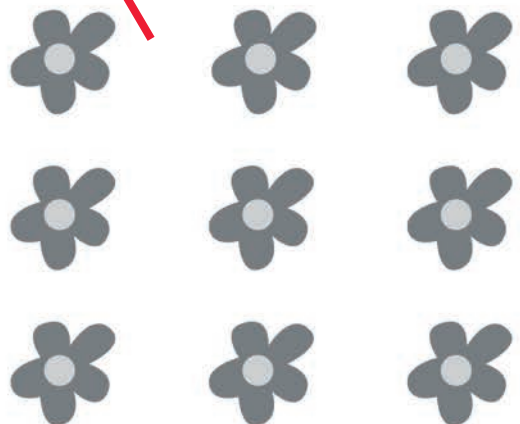
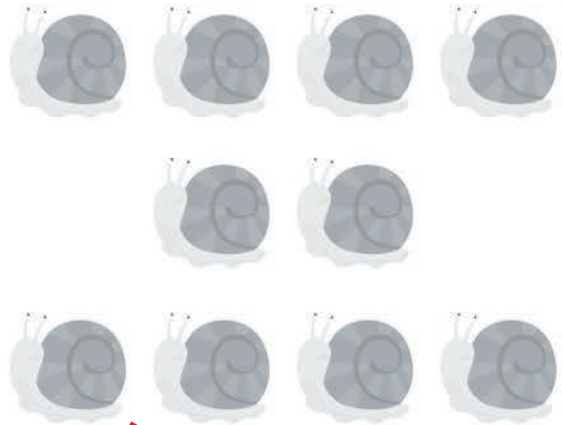
# Counting Numbers 9 and 10

Nine or Ten?

Count the objects below. Help your child draw a line from the number to the correct box.

9

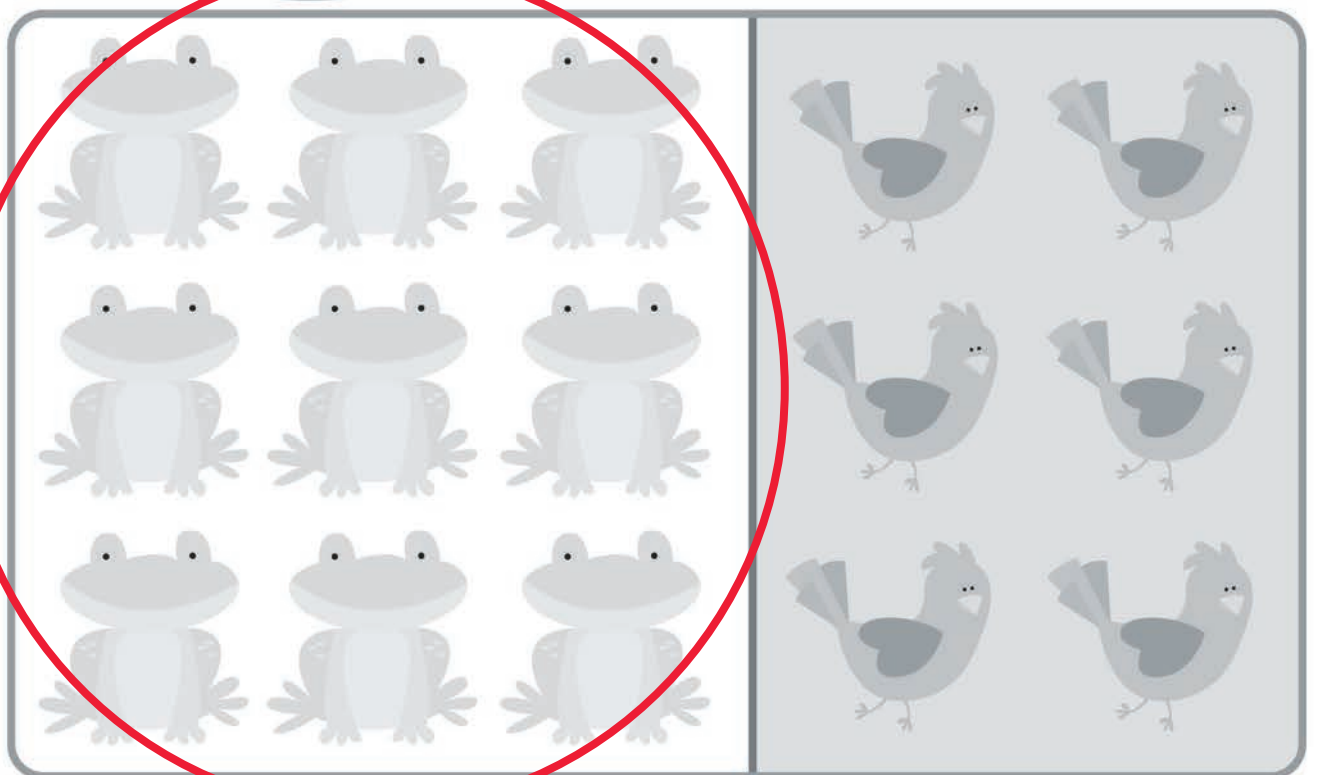
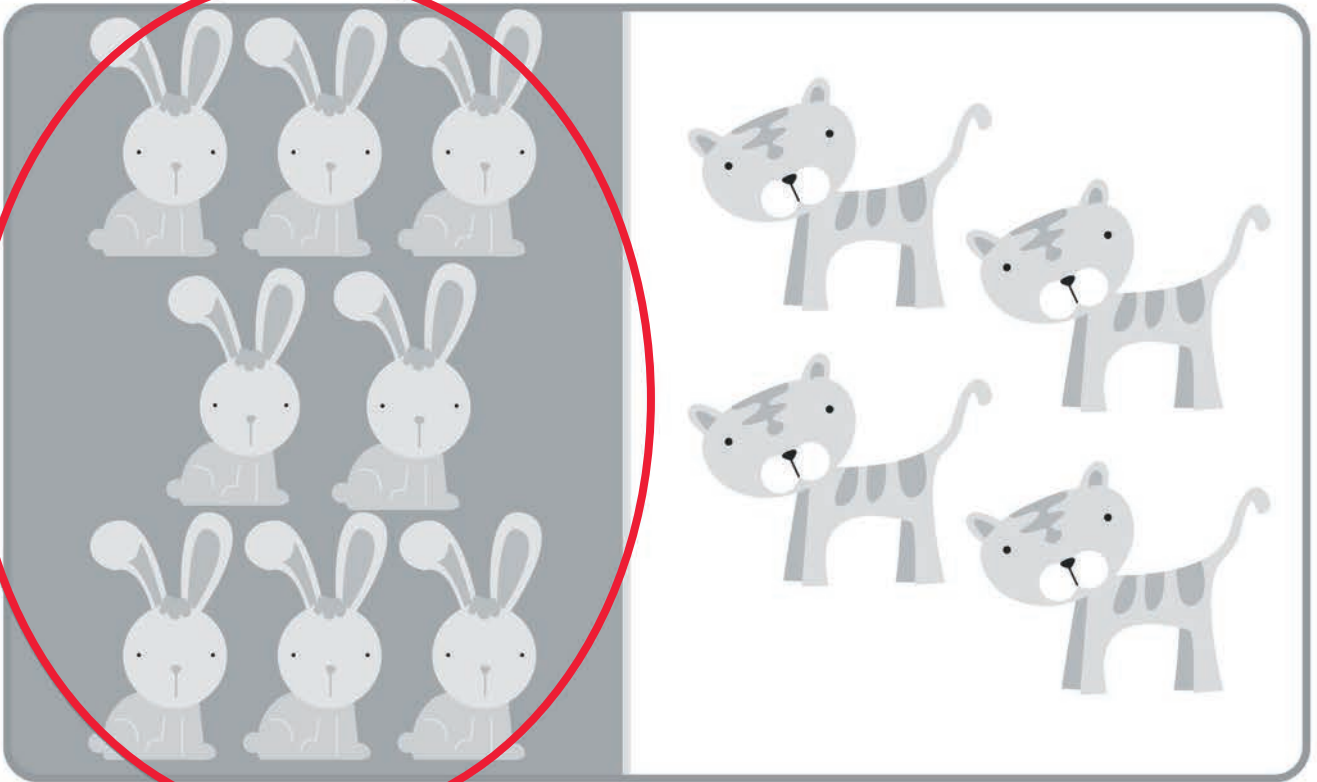
10



# Number Sense

More

Count the pictures in the boxes. Have your child circle the boxes below that have more animals.

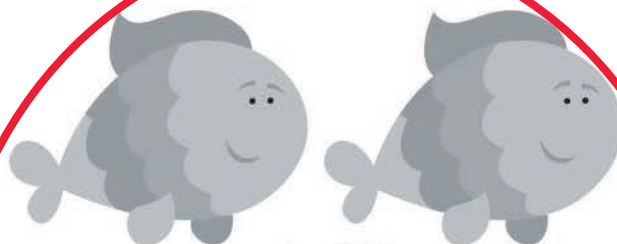




# Number Sense

More

Count the pictures in the boxes. Have your child circle the boxes below that have more animals.

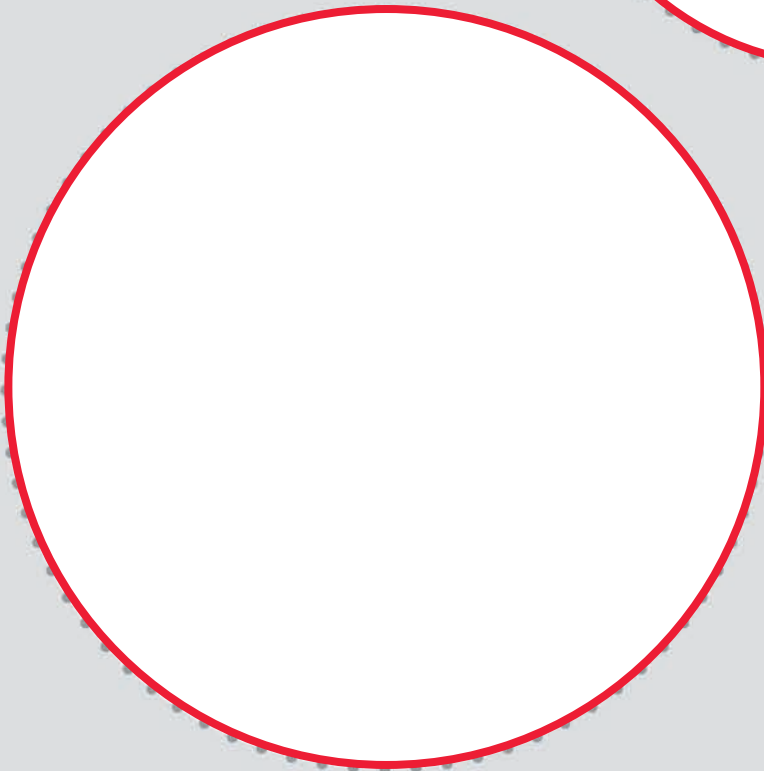


# Shapes

What Shape Is This?

This is a circle.

Help your child trace the circles and then colour them.

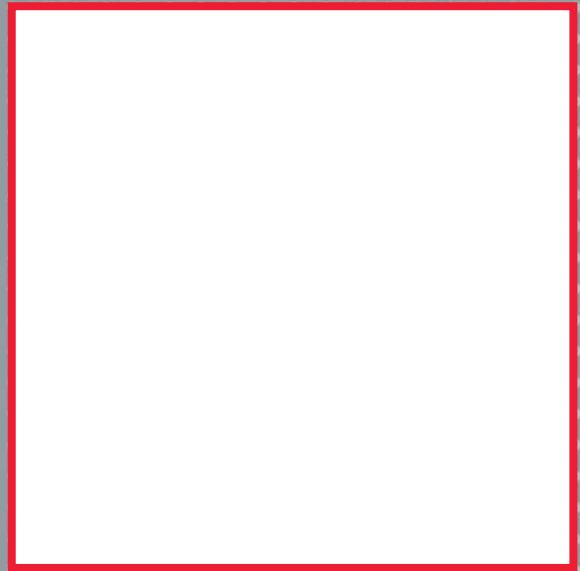
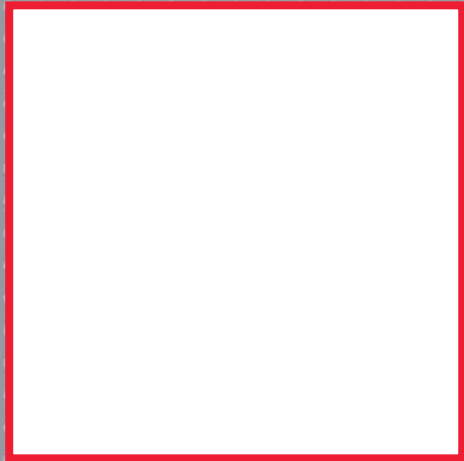


# Shapes

What Shape Is This?

This is a square.

Help your child trace the squares and then colour them.

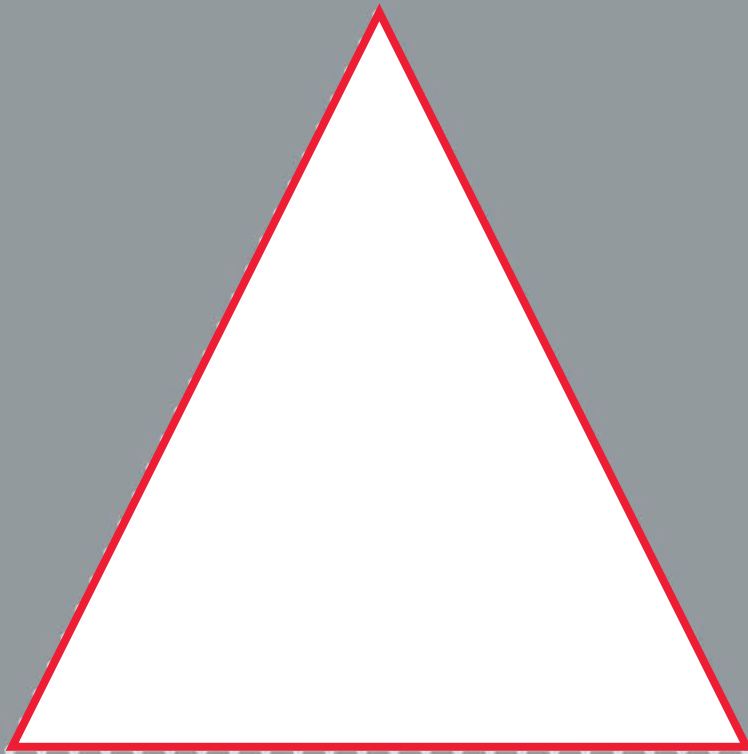
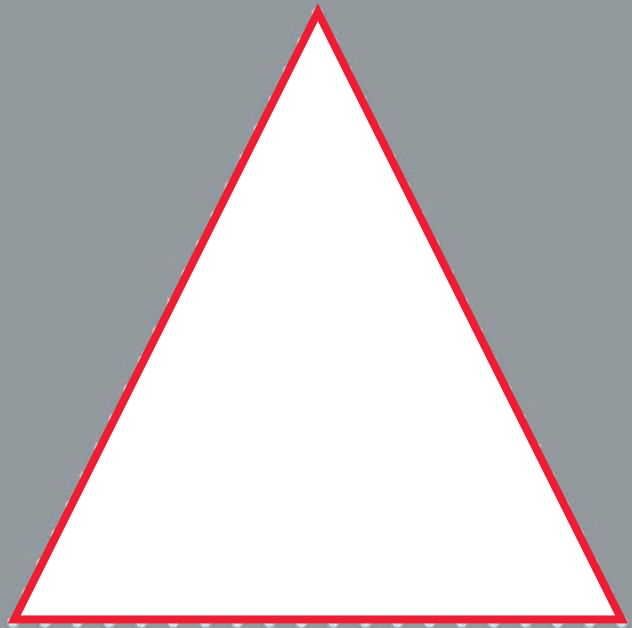
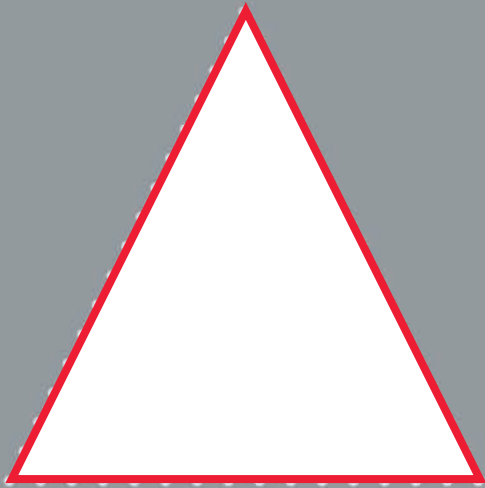


# Shapes

What Shape Is This?

This is a triangle.

Help your child trace the triangles and then colour them.



# Shapes

What Shape Is This?

This is a rectangle.

Help your child trace the rectangles and then colour them.

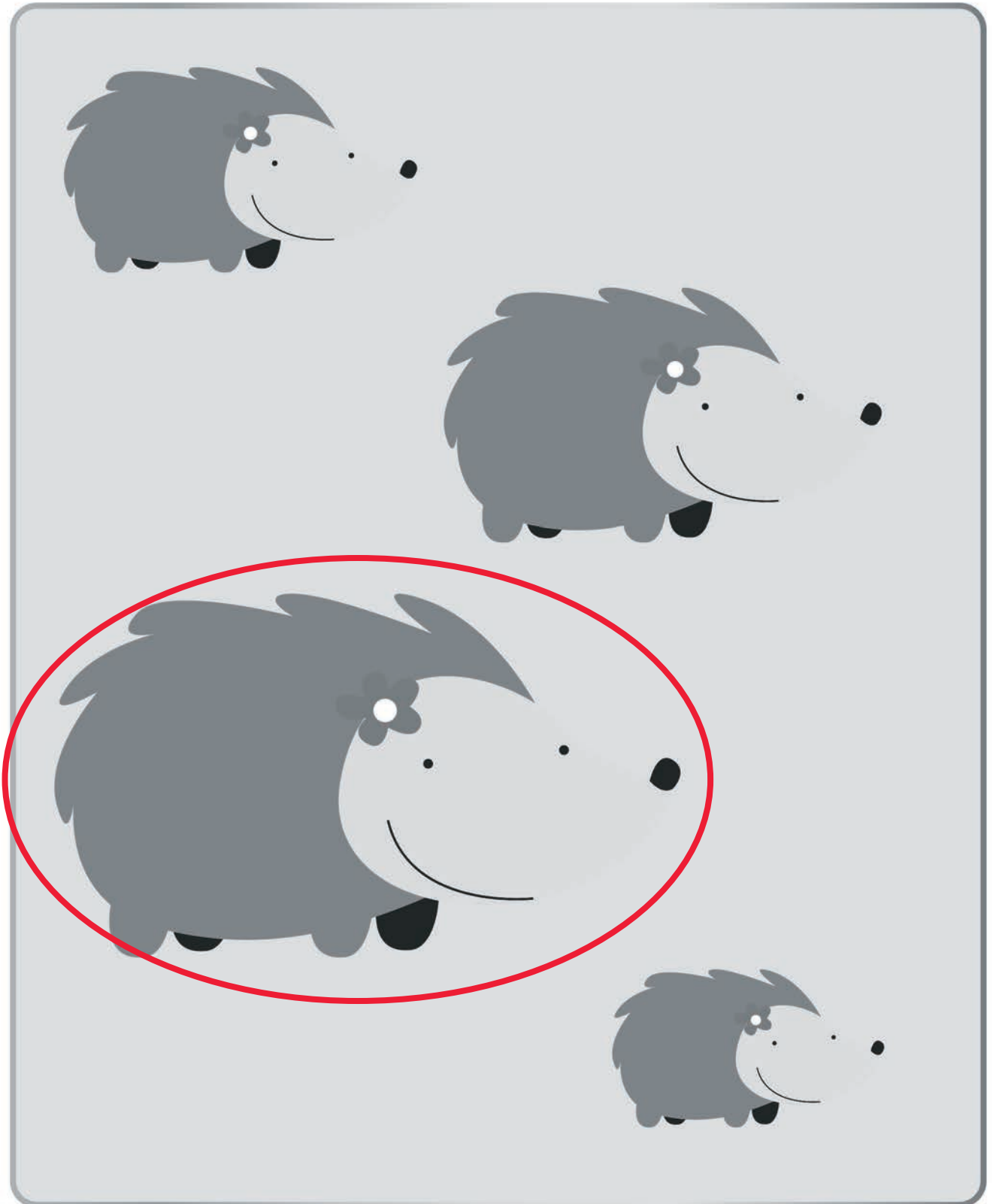




# Understanding Measurement

Biggest

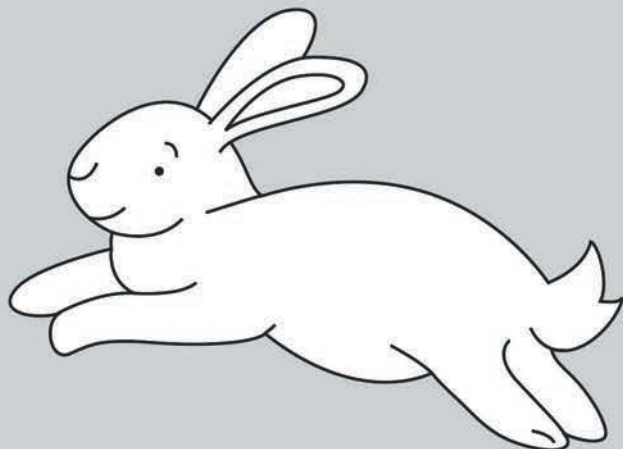
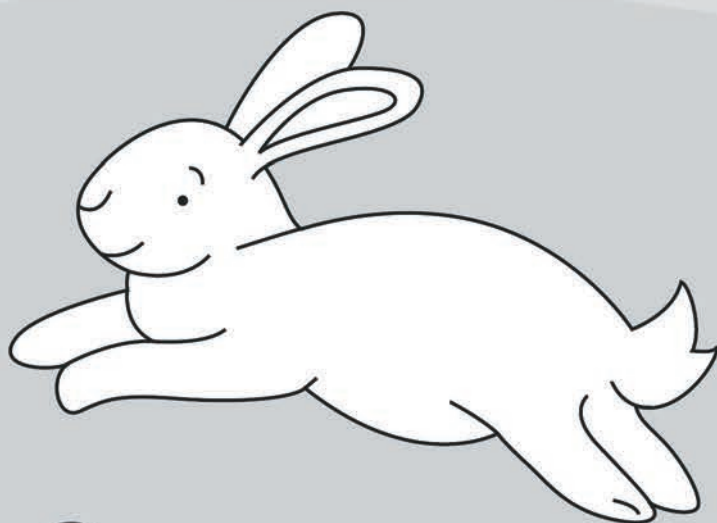
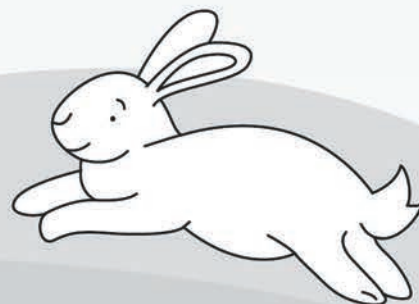
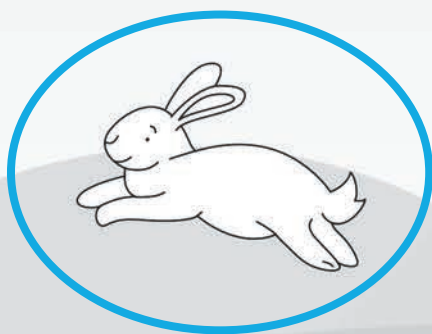
Have your child circle the biggest hedgehog in red.



# Understanding Measurement

Smallest

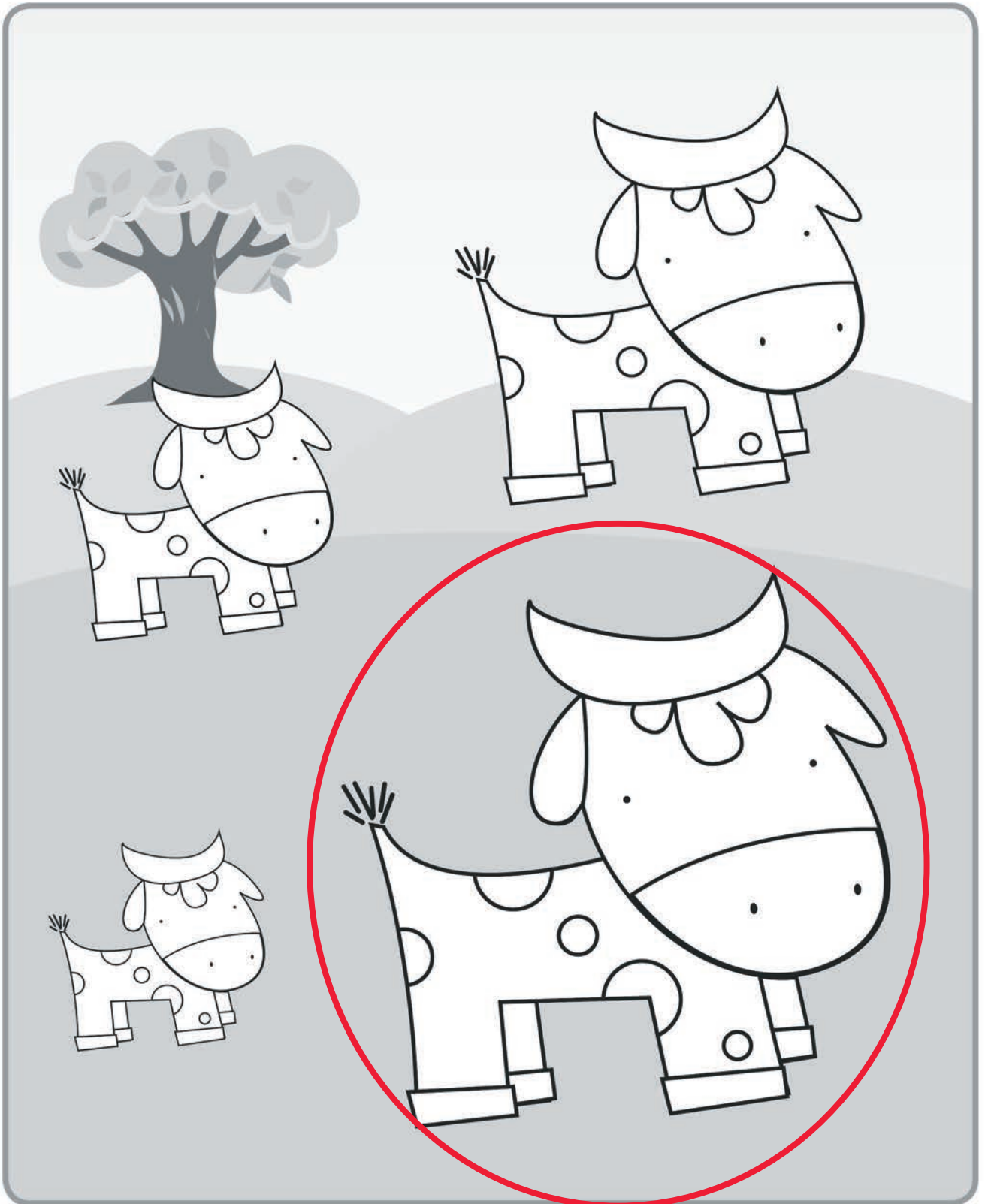
Have your child circle the smallest rabbit in blue and then colour the rabbits.



# Understanding Measurement

## Biggest

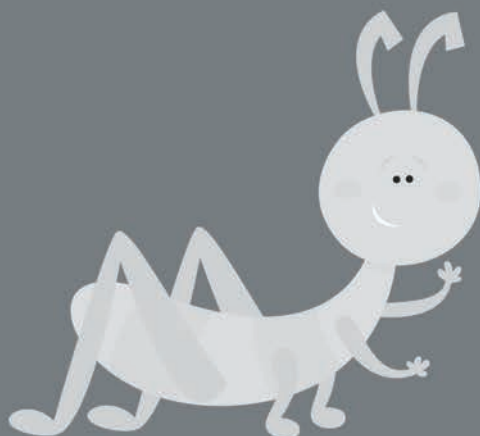
Have your child circle the biggest cow in red and then colour the cows.



# Understanding Measurement

Smallest

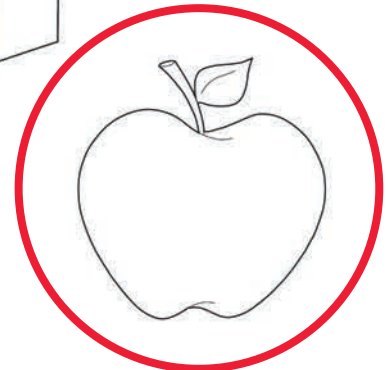
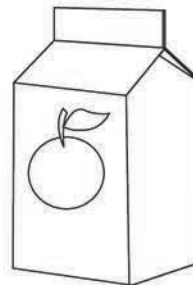
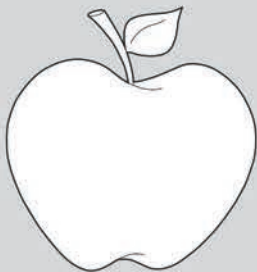
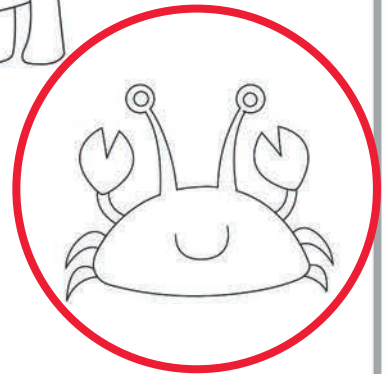
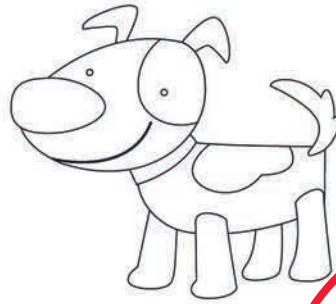
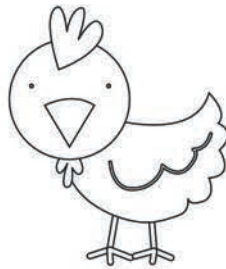
Have your child circle the smallest grasshopper in blue.



# Categorizing

## Same

Talk to your child about similarities. Point to the picture on the left and ask your child to point to the matching picture. Help them circle and colour the picture that is the same as the picture on the left.

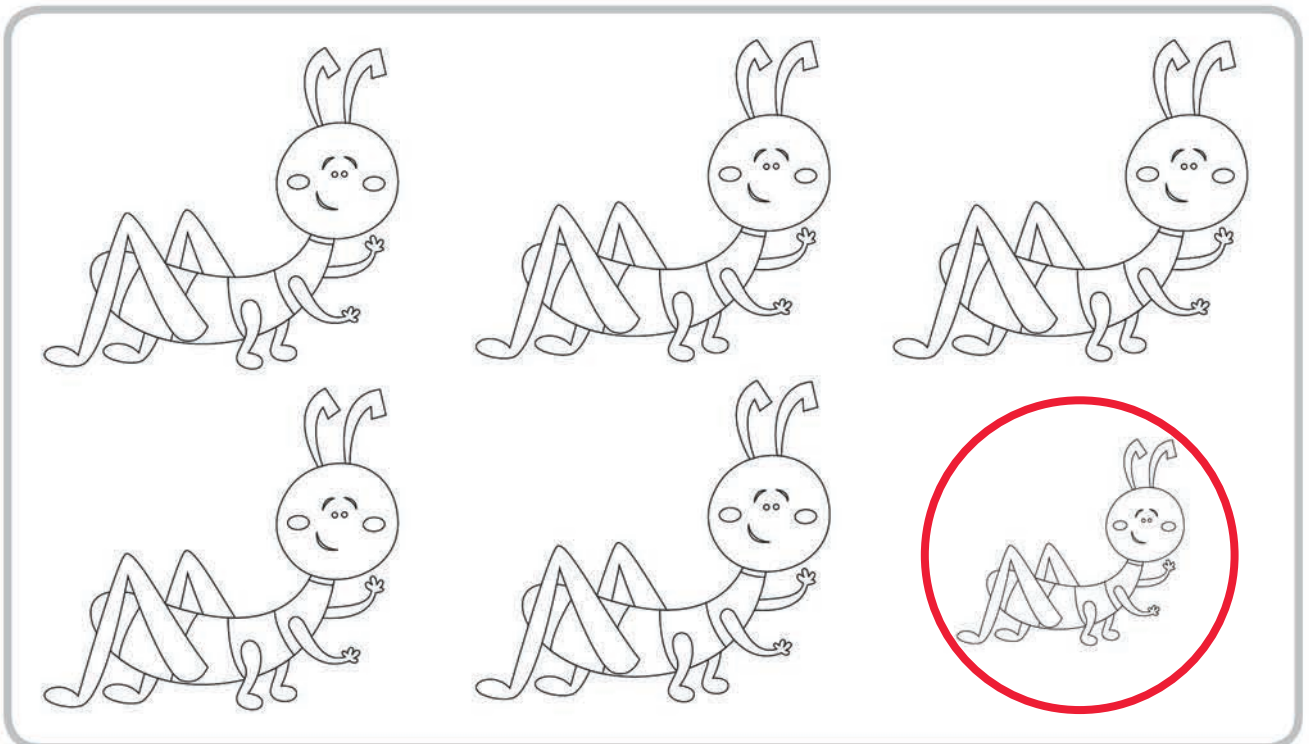
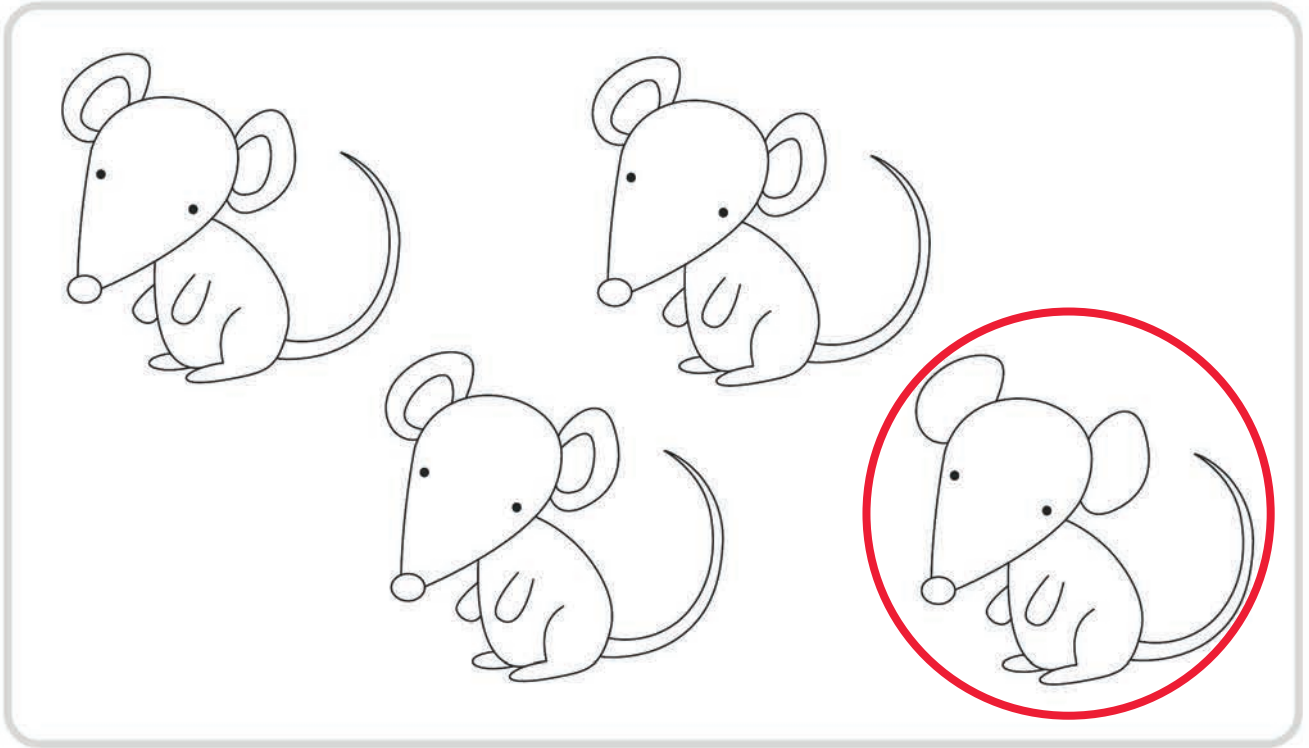




# Categorizing

## Different

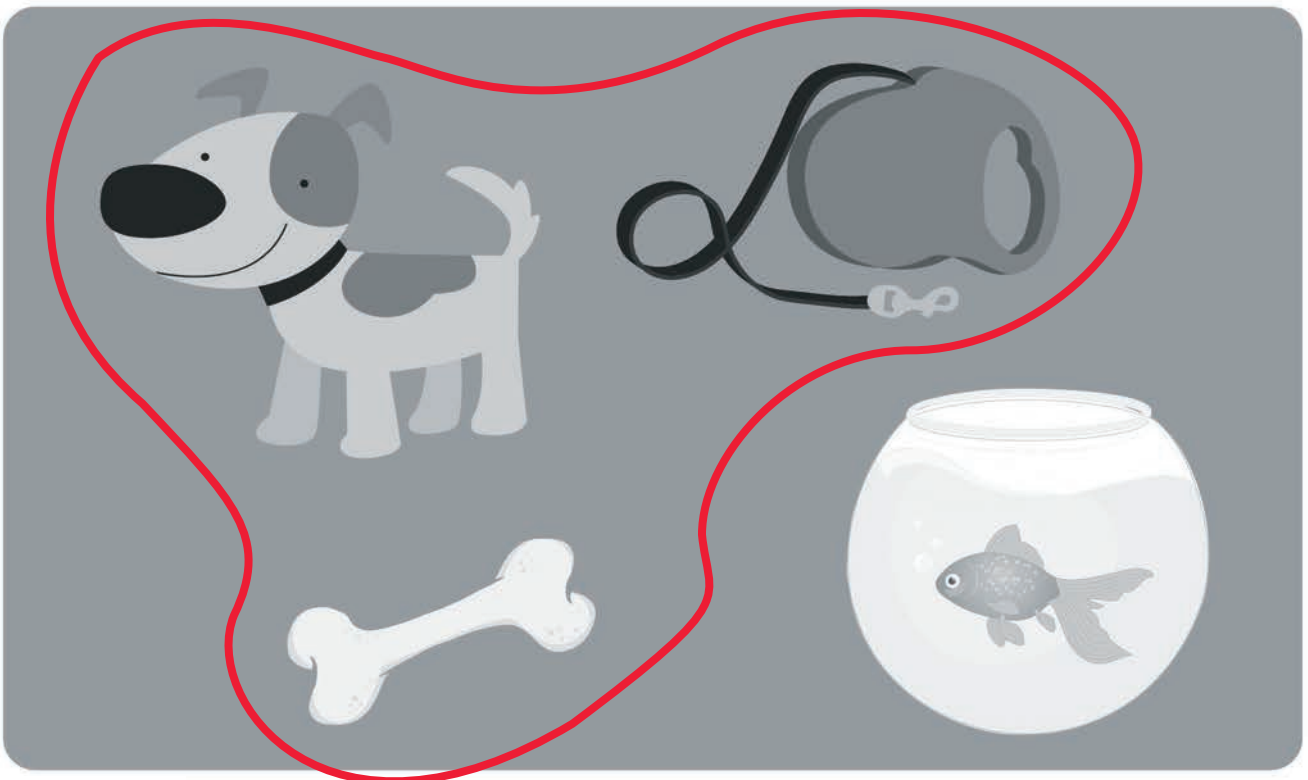
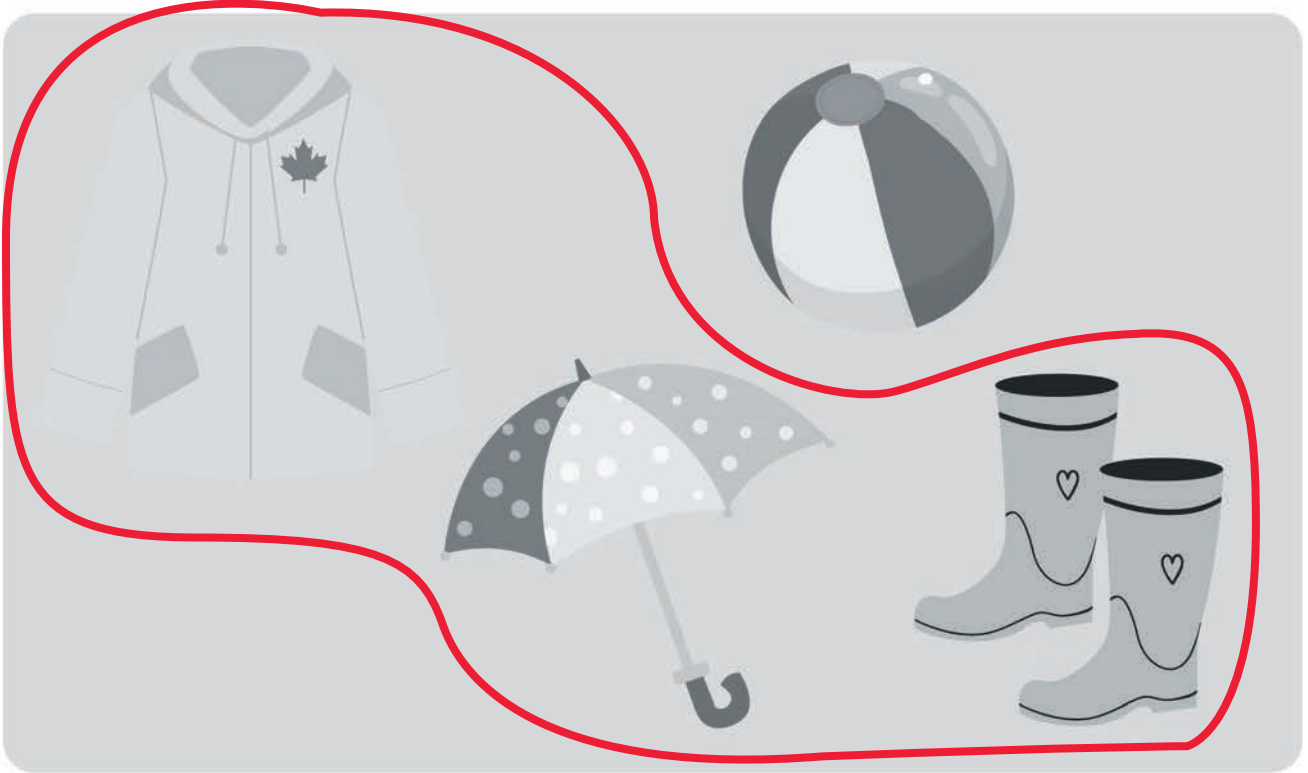
Help your child find the image that is different and circle it. Have your child colour the pictures that are the same.



# Categorizing

Which Ones Go Together?

Have a discussion with your child about how things go together. Help your child circle all of the objects that go together.



# Categorizing

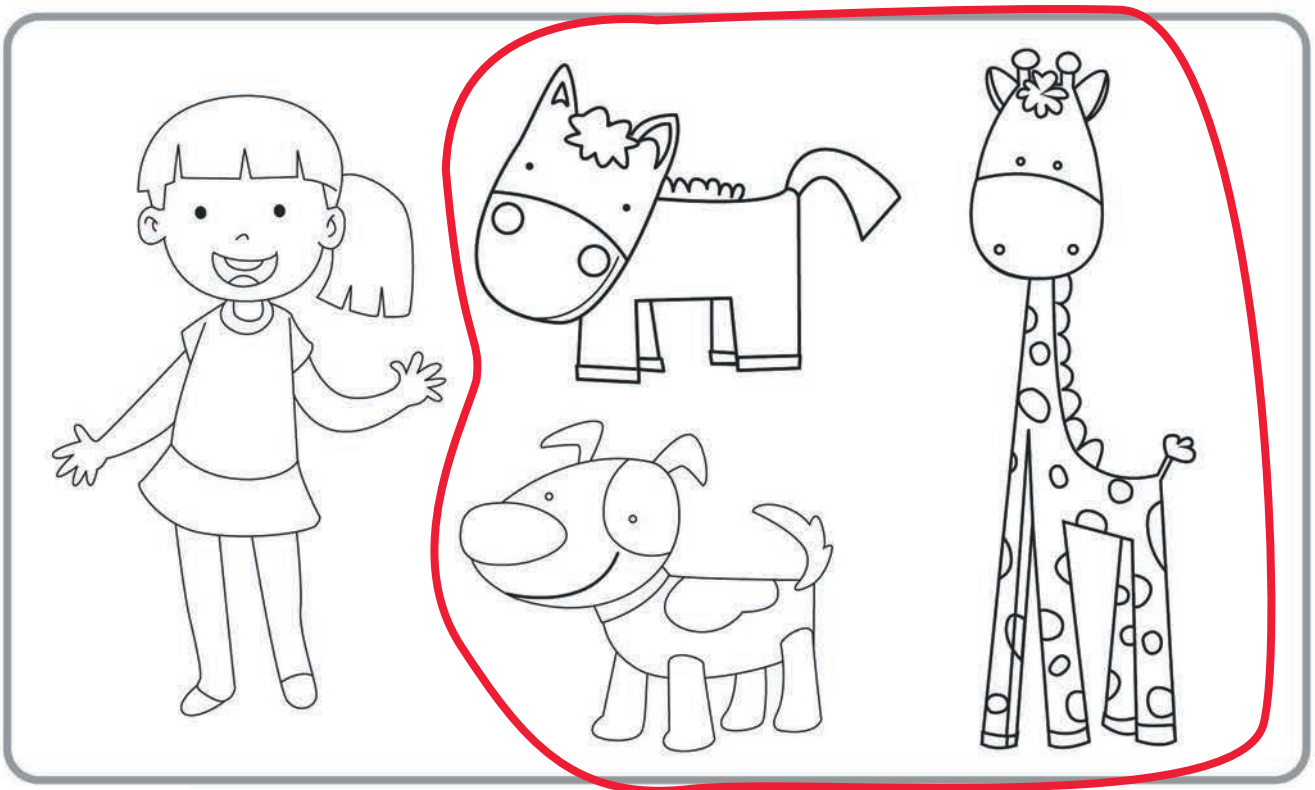
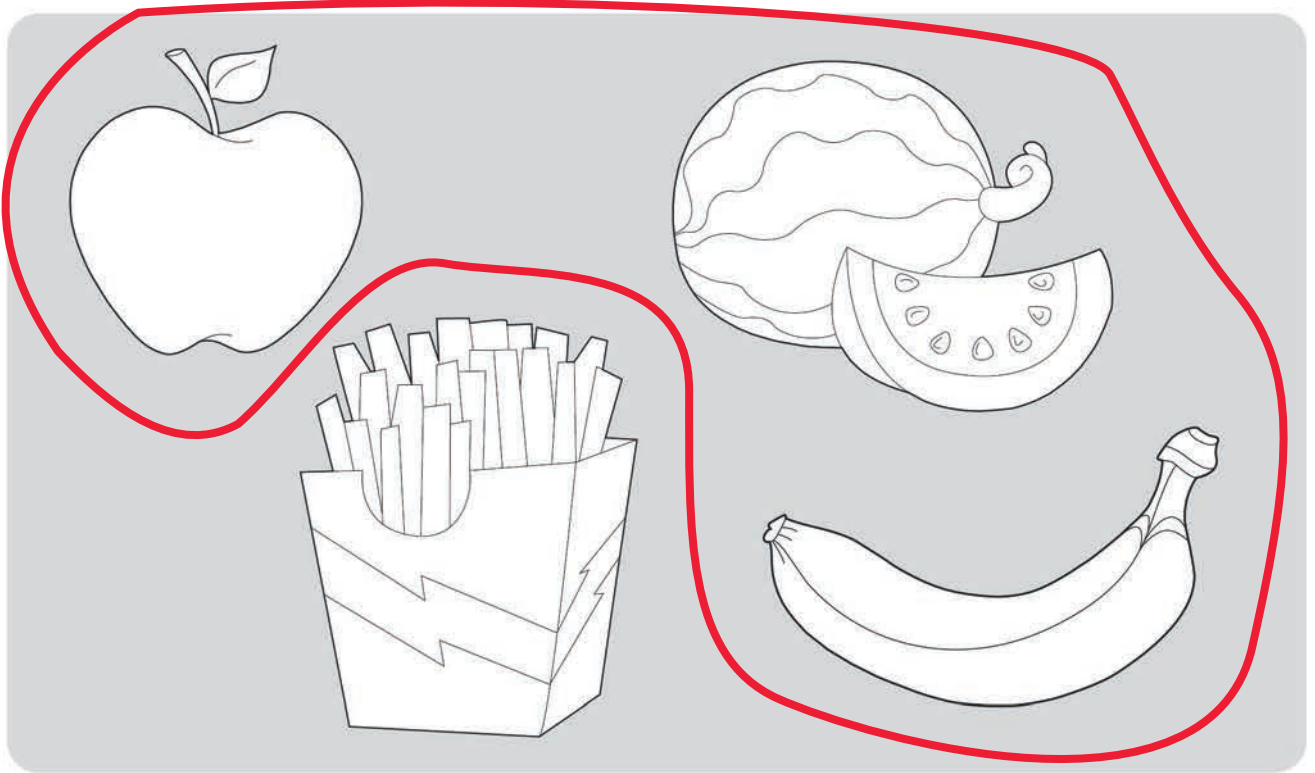
Which One Doesn't Belong?

Have a discussion with your child about how things go together. Help your child cross out the object that doesn't belong and colour the other pictures.



# Categorizing

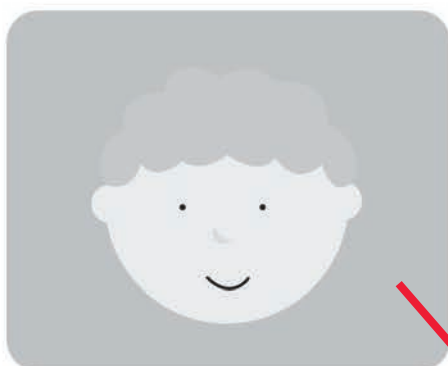
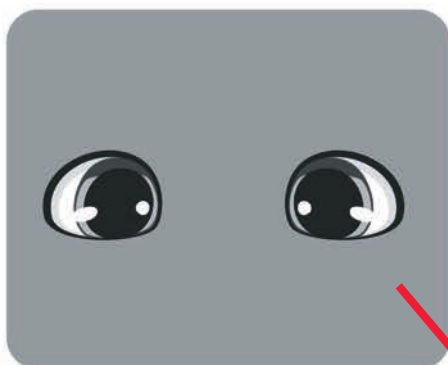
Have a discussion with your child about how things go together. Help your child circle all of the objects that go together and colour the pictures they circled.





# Categorizing

Have a discussion with your child about how things go together. Help your child draw a line from the body part to the correct item of clothing.





# Spatial Sense

In

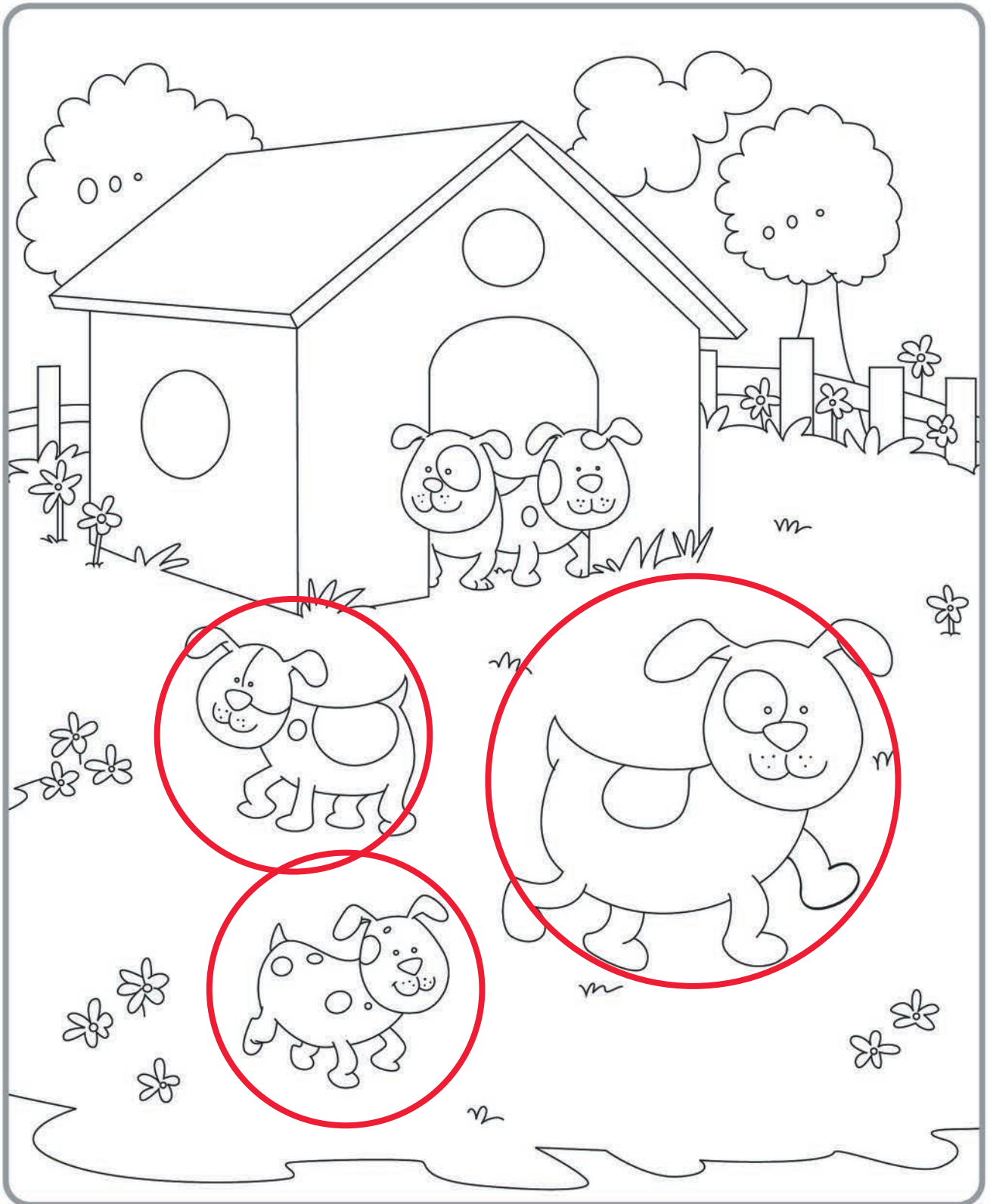
Help your child circle the children who are in the pool.



# Spatial Sense

Out

Help your child circle the dogs that are out of the doghouse and colour the picture.



# Spatial Sense

Out

Help your child circle the children who are out of the bus. Have your child colour the picture.



# Spatial Sense

In

Help your child circle the toys that are in the bathtub.

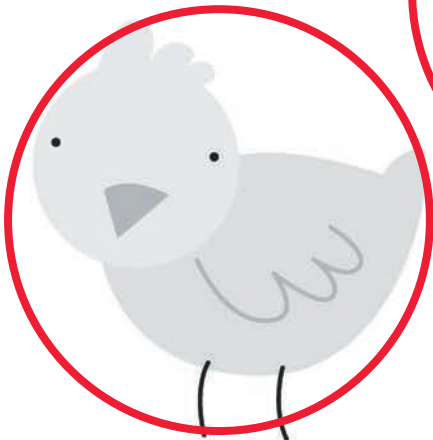
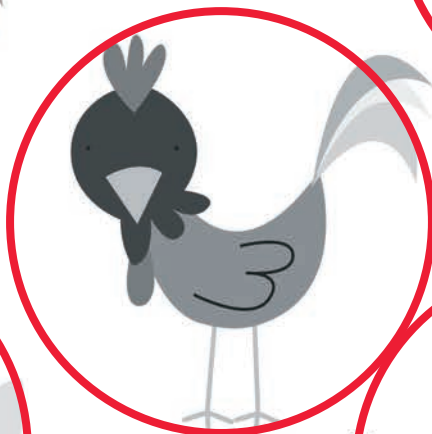




# Sorting

## Farm Animals

Help your child circle the animals that live on a farm.

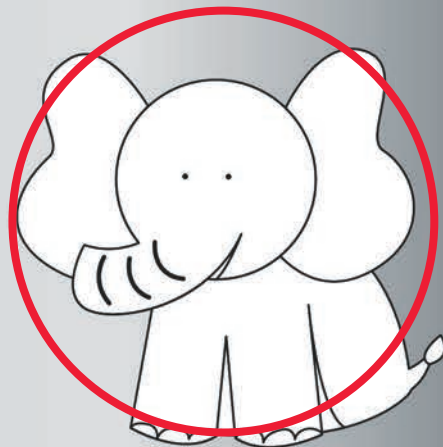
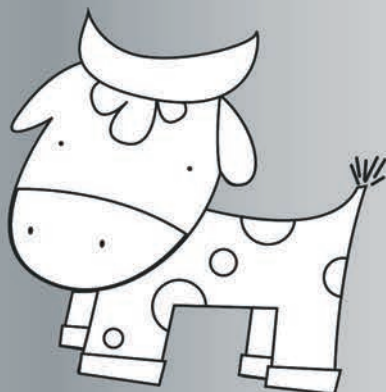
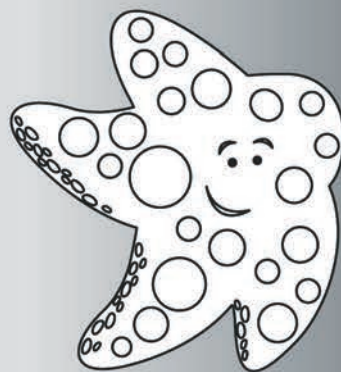
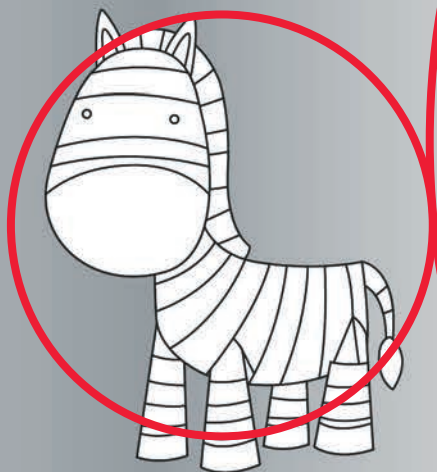
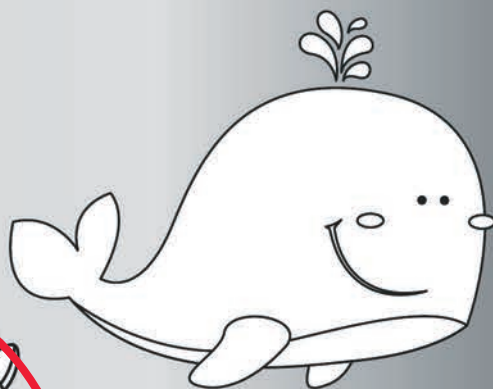




# Sorting

## Zoo Animals

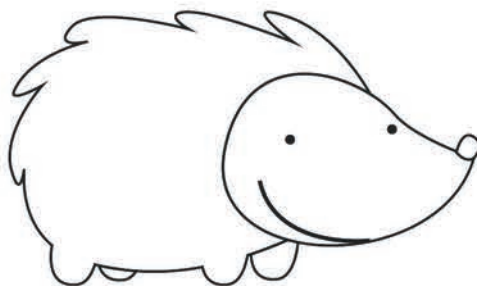
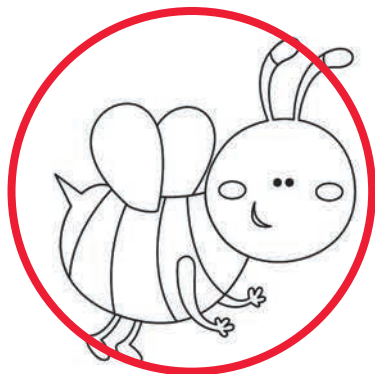
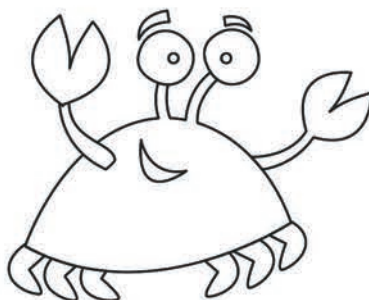
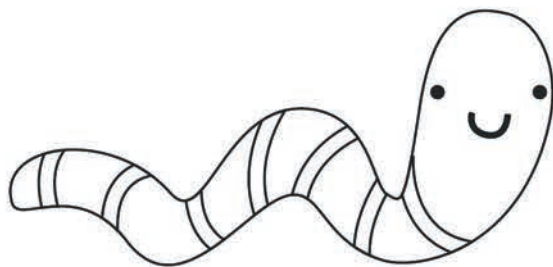
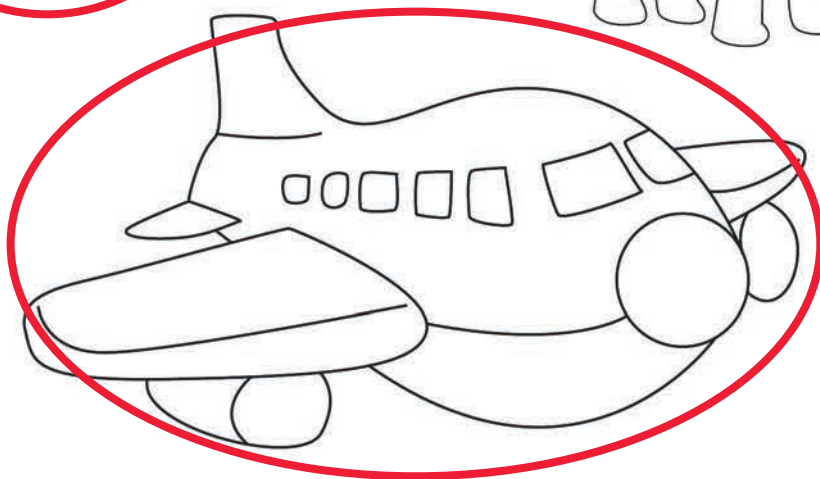
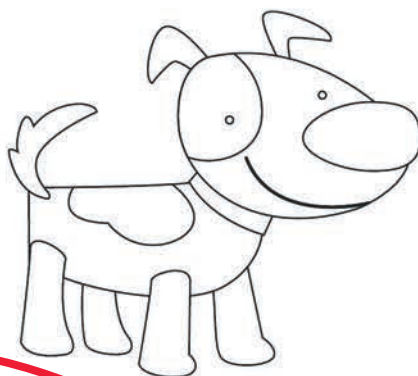
Help your child circle the animals that live in a zoo and colour them.



# Sorting

## Things That Fly

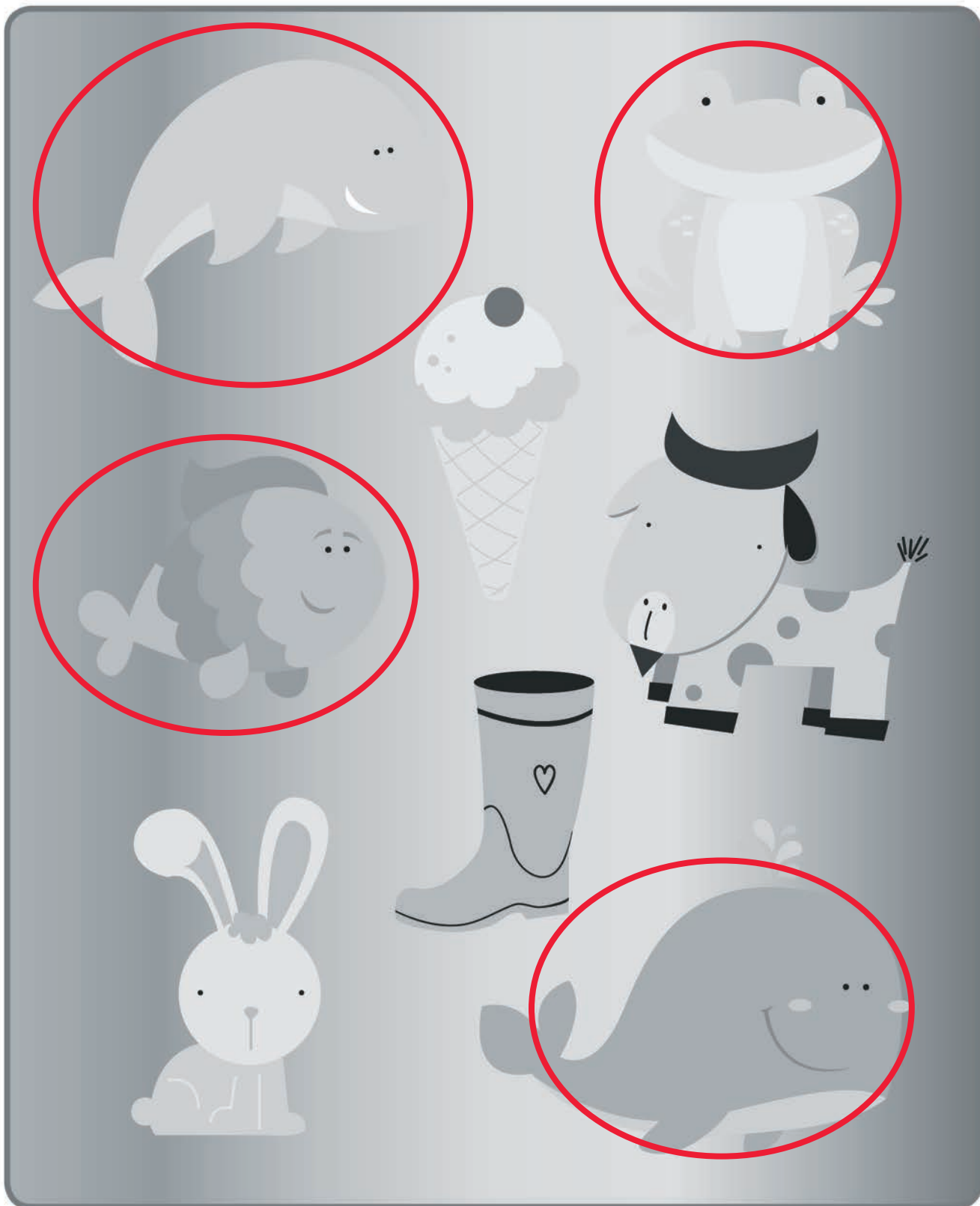
Help your child circle the things that can fly and colour them.



# Sorting

Things That Swim

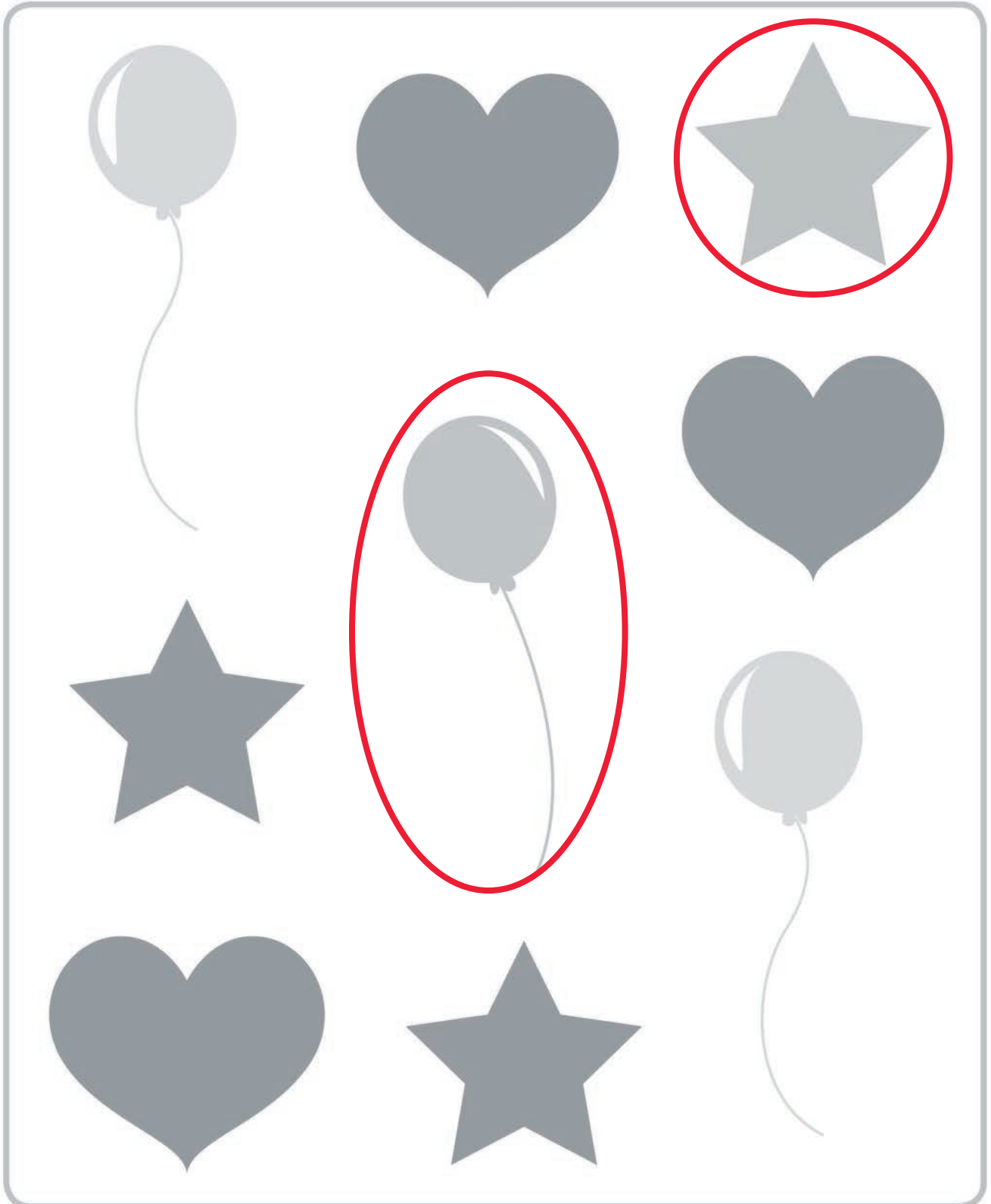
Help your child circle the things that can swim.



# Sorting

## Colour Sorting

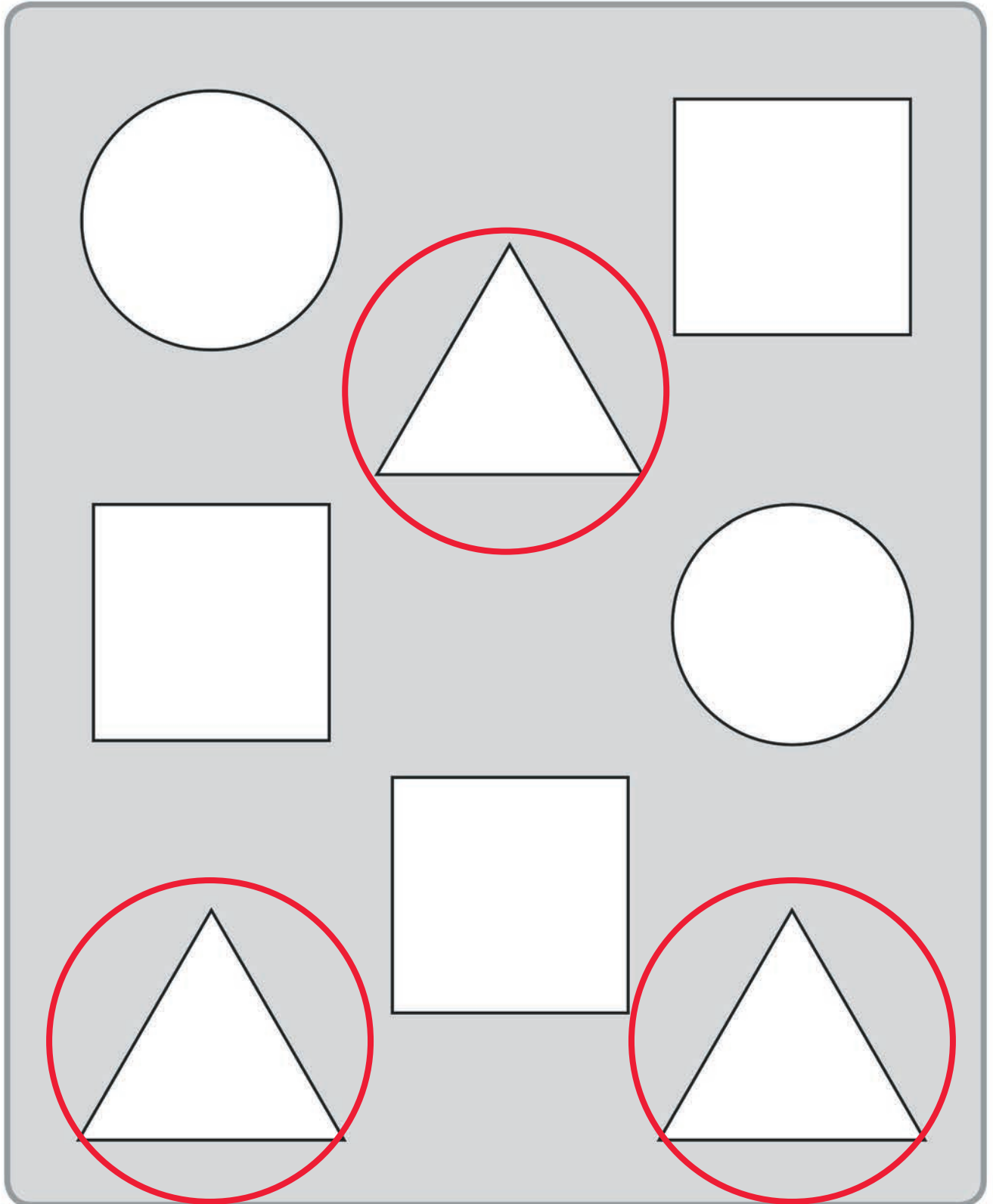
Help your child circle the objects that are blue.



# Sorting

## Shape Sorting

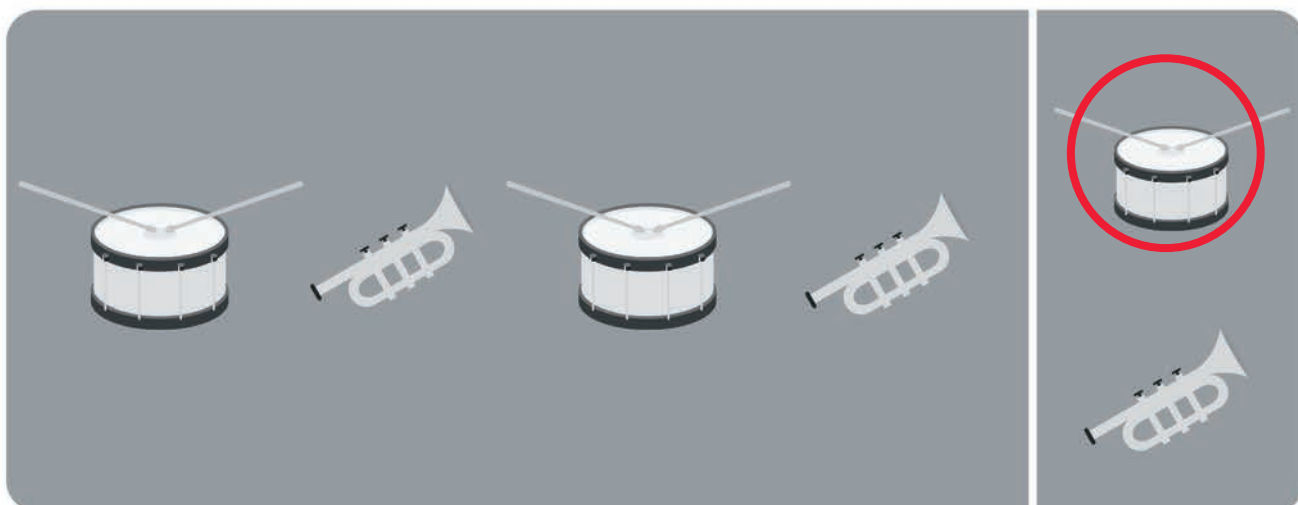
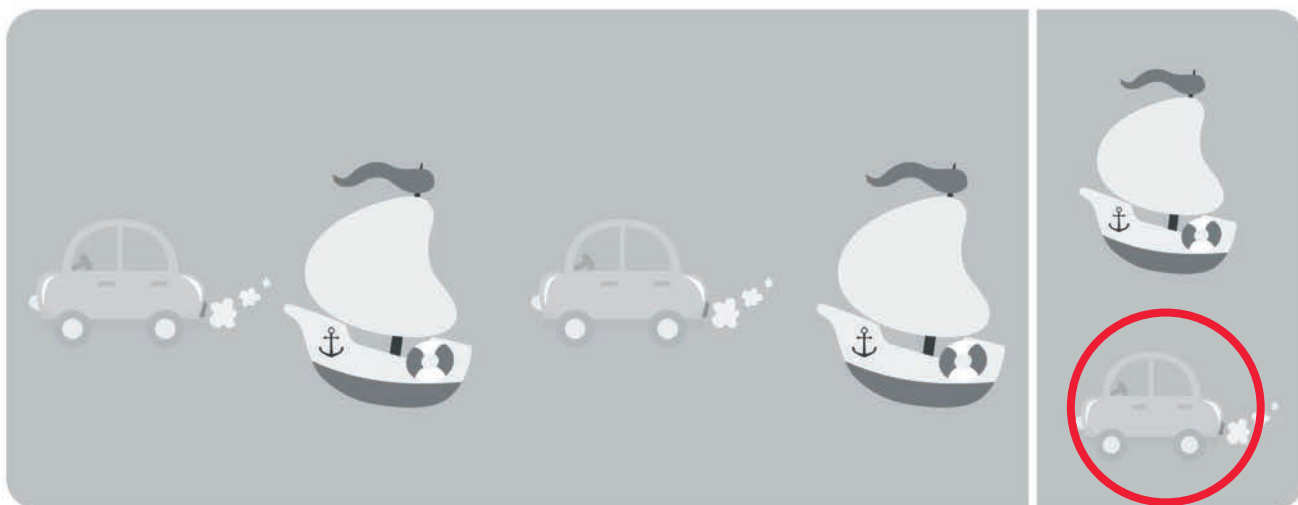
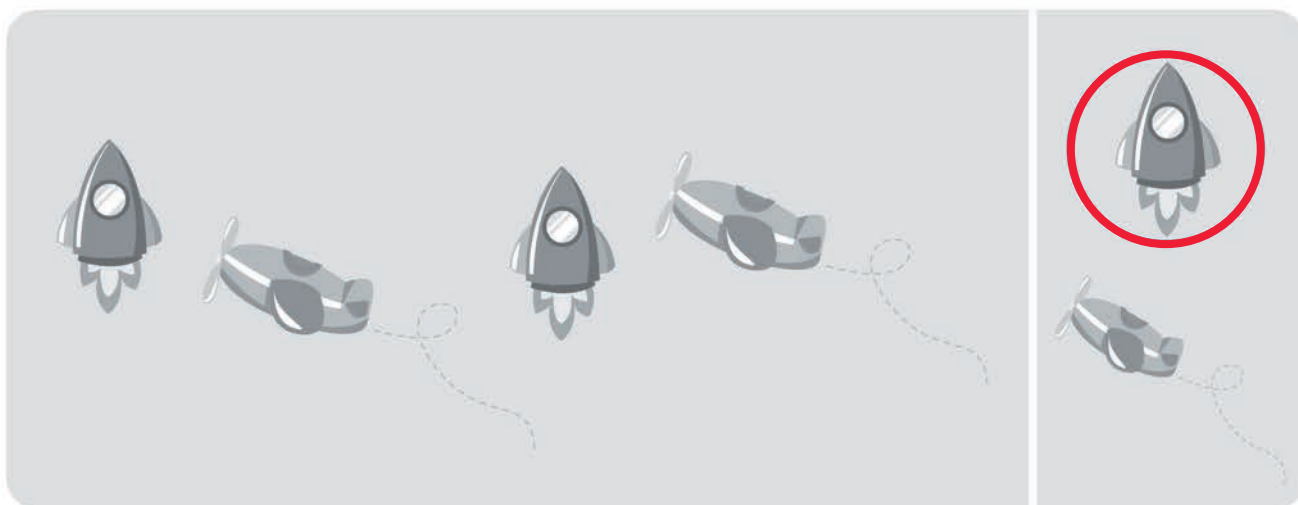
Help your child circle the triangles and colour them.





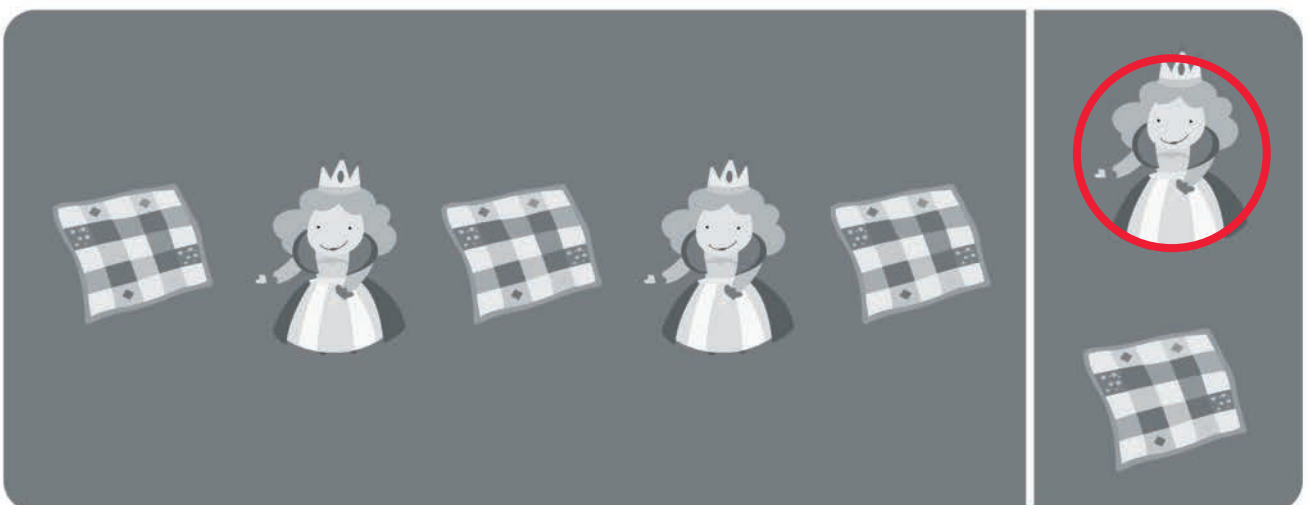
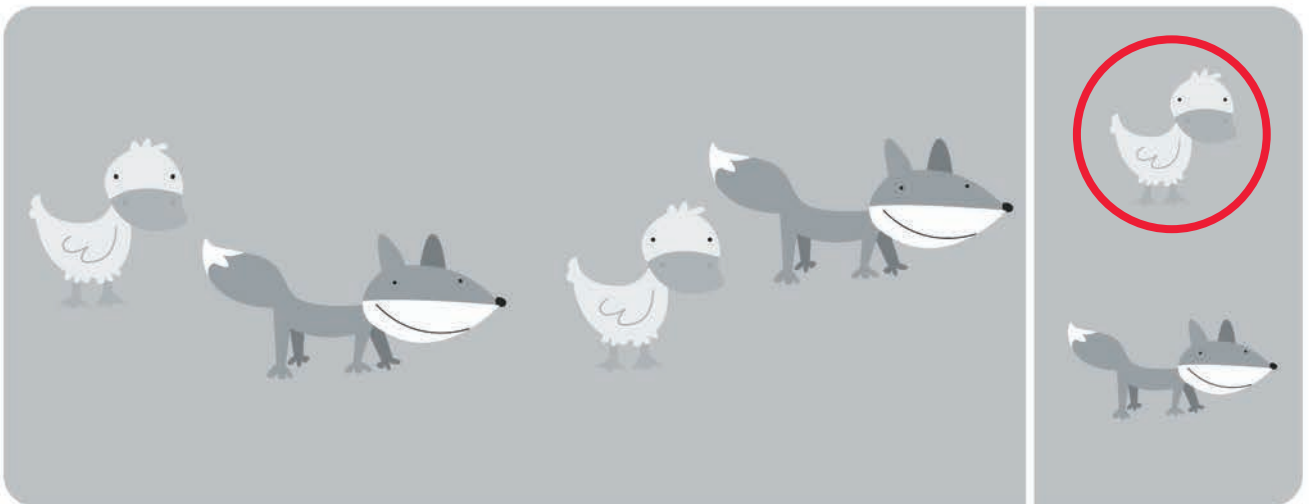
# Patterns

Help your child circle the object that comes next in the pattern.



# Patterns

Help your child circle the object that comes next in the pattern.



# Summary of Concepts

Numbers, Shapes, and Sorting

Help your child circle the number that shows how old your child is.

1 2 3 4 5

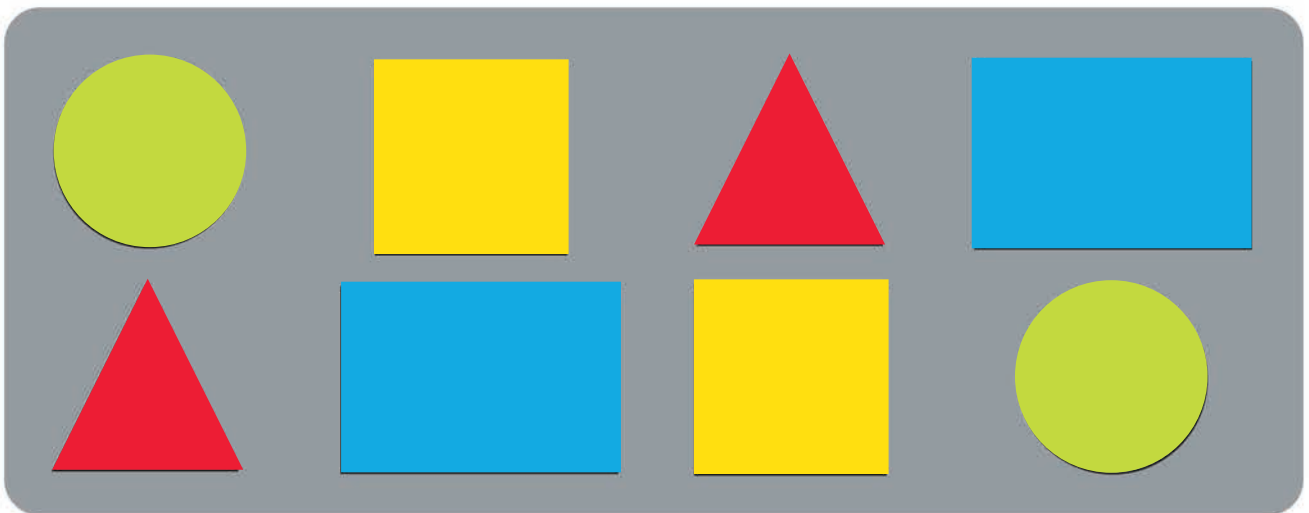
Have your child colour the shapes. Use the key below:

Circle: GREEN

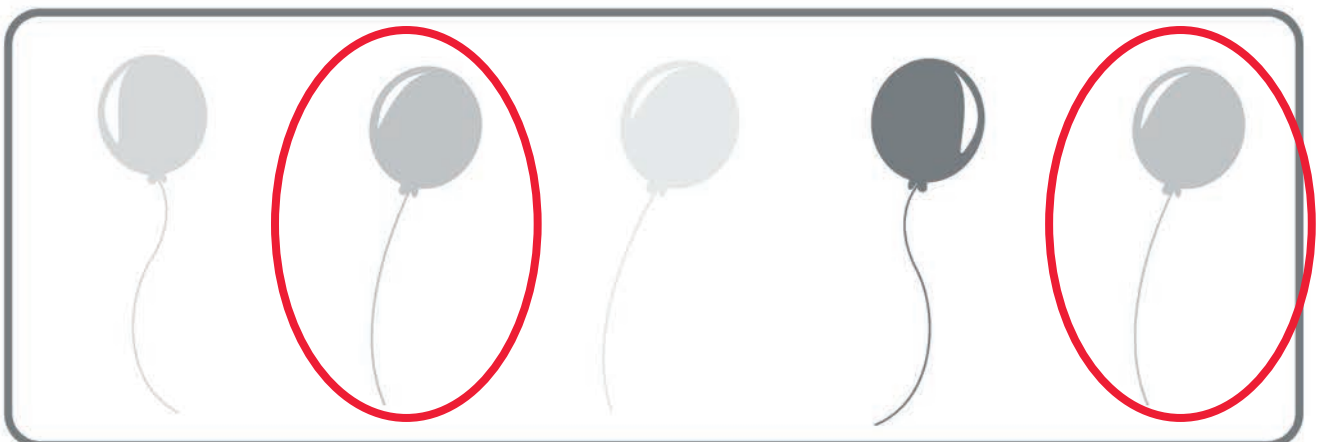
Square: YELLOW

Rectangle: BLUE

Triangle: RED



Help your child circle the balloons that are blue.



# Summary of Concepts

Categories, Measurement, and Patterns

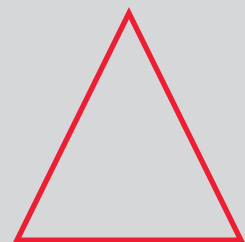
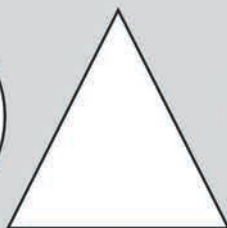
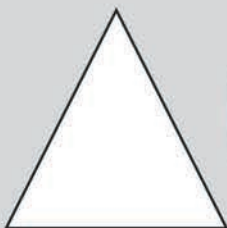
Help your child cross out the object that doesn't belong.



Help your child circle the flag that is the smallest.



Help your child draw the shape that comes next in the pattern and colour the shapes.





# CERTIFICATE

## of Achievement



.....

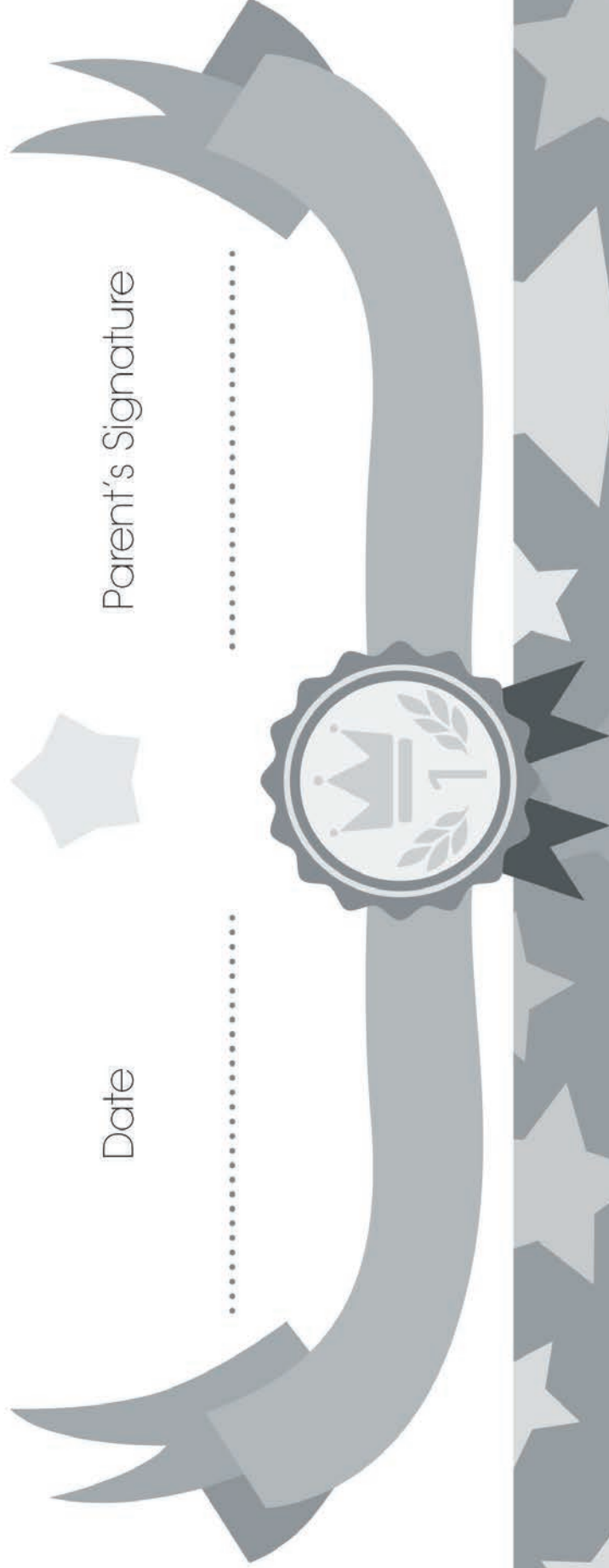
has successfully completed  
**My First Numbers Workbook**

Date

.....

Parent's Signature

.....





Building solid foundations for scholastic success

MY  
1<sup>st</sup>

# Letters Practice



My First Workbook

READY TO LEARN™

The  
Canadian  
Curriculum  
Series

# Letters

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# My First Letters

At this stage, fine motor activities and line and letter writing help get tiny hand muscles ready to write. Listening skills and following directions also play a big role in preparing for prekindergarten. Reading to your child and helping them learn to follow directions will give them an opportunity to develop some of the skills they will need to be ready for prekindergarten.

## Preparing Finger Muscles to Write

Modeling clay is a great way to give tiny hand muscles a workout.

Help your child learn to squeeze, roll, and poke the modeling clay with their fingers. Push in buttons, beads, or googly eyes for fun!



# Fine Motor Activity

## Whisking with Bubbles

Fill a large tub with water and bubbles.

Grab a whisk and show your child how to use their wrist to whisk up the bubbles. Add food colouring for some colourful fun.



# Fine Motor Activity

## Strainer Fun

Using a strainer and coloured pipe cleaners, practise fine motor skills by helping your child to push the pipe cleaners through the holes in the strainer.

Push both ends of the pipe cleaners through the holes to make fun loops.



# Fine Motor Activity

## Let's Make Lemonade

Have your child help to squeeze the lemons, scoop the sugar, and stir the lemonade when you're done.

These activities will work out wrist, hand, and finger muscles.



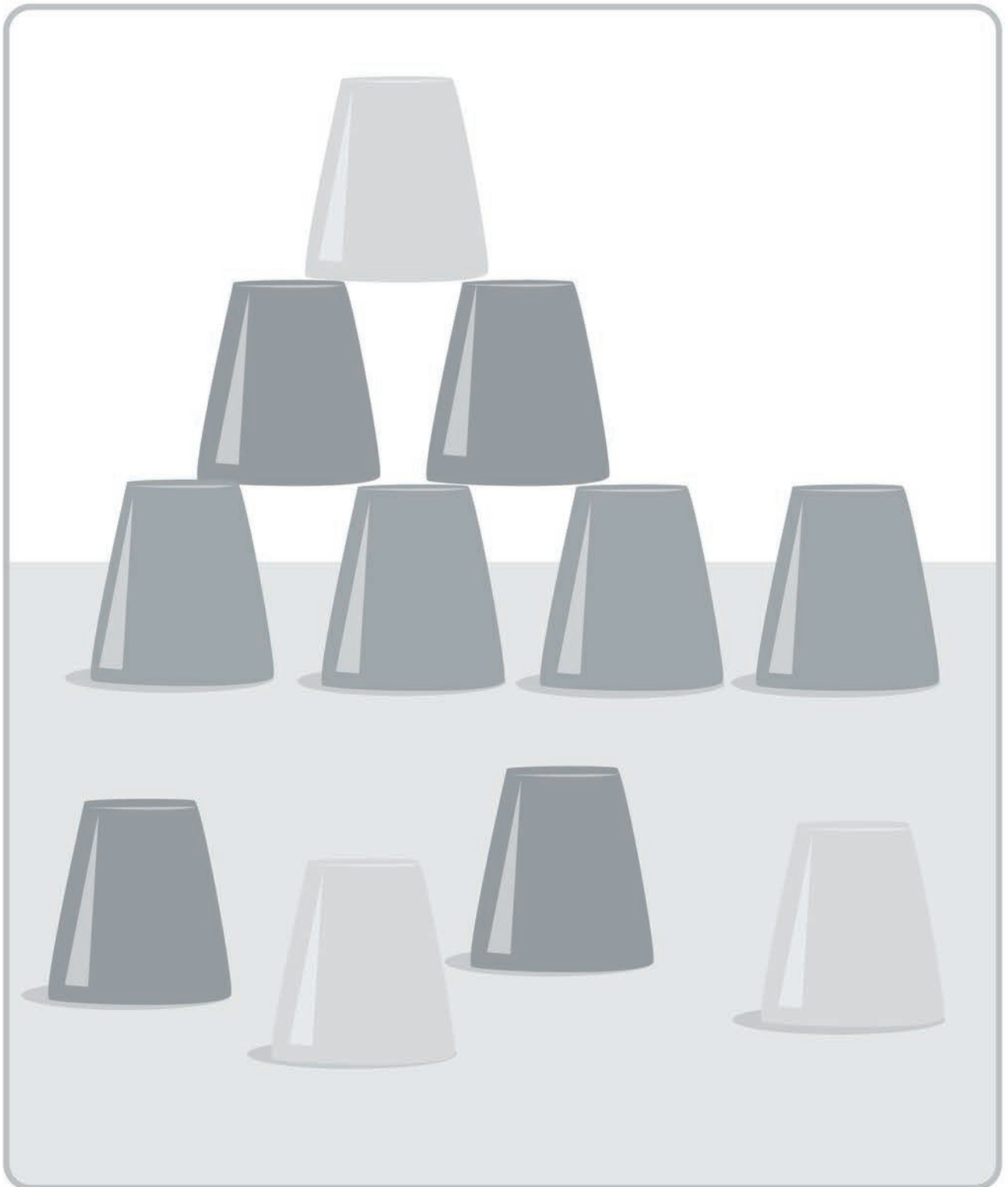


# Fine Motor Activity

## Stacking Cups

Help your child stack cups on top of each other to make a tower.

Don't forget the best part—knocking them down!



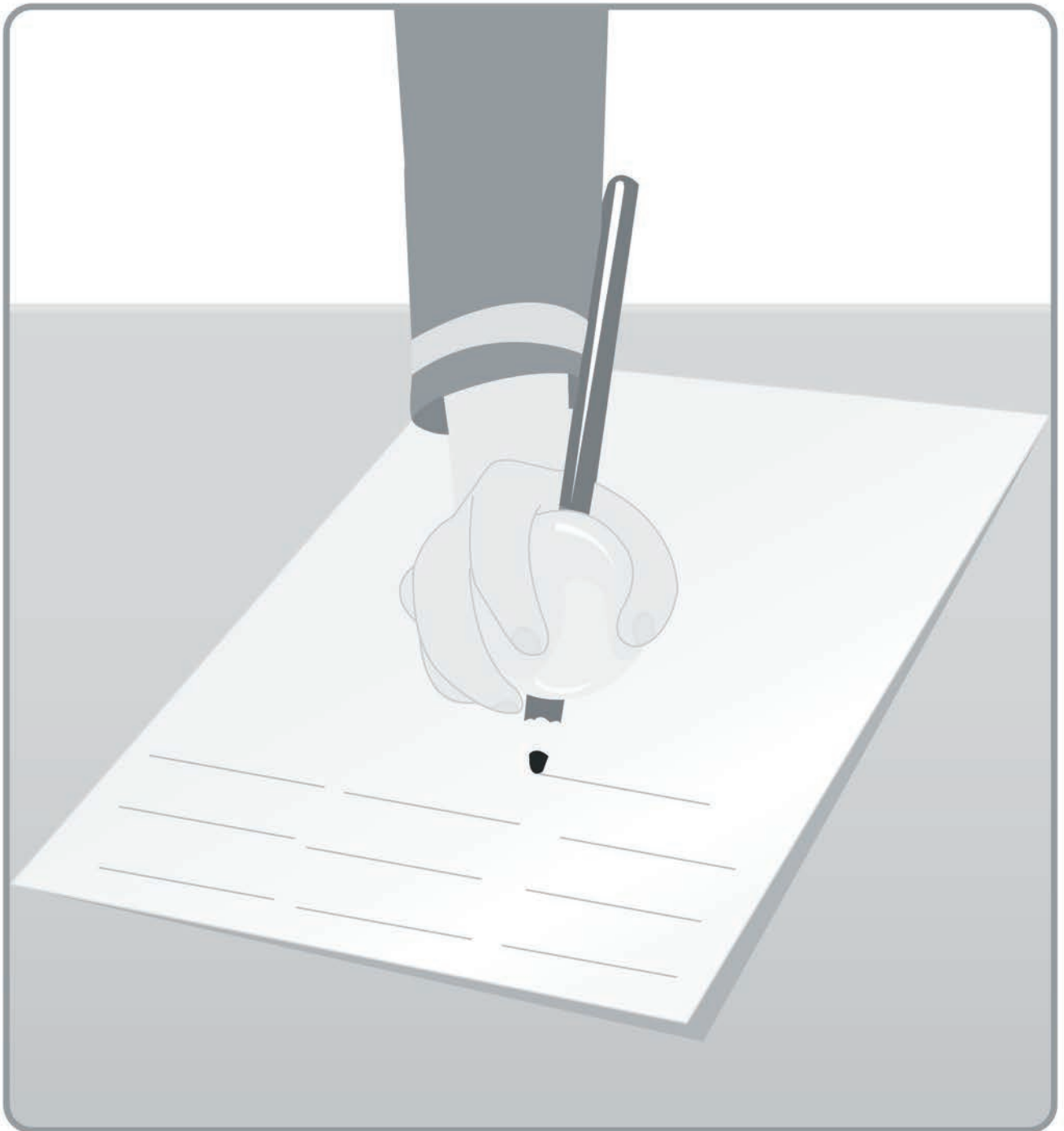
# Fine Motor Activity

## Holding a Pencil

Holding a pencil can be difficult for a preschooler. They need a bigger object to grasp and often end up just grabbing the pencil with a fist instead of the proper grip. To help them with this, use a ball pencil grip on the pencil.

You can purchase ball pencil grips or make one yourself.

Find a ball that your child can grasp comfortably and punch a hole into the ball and push the pencil through.



# Fine Motor Practice

## Vertical Lines

Help your child place their pencil on the dot at the top and follow the dashes to draw vertical lines.



# Fine Motor Practice

## Vertical Lines

Help your child trace the vertical lines to complete the picture.



# Fine Motor Activity

## Golf Tees and Foam

Start with a foam ring. Help your child to push golf tees into the foam. Try making patterns and pictures with the golf tees.

You can also use pipe cleaners to make colourful designs.





# Fine Motor Activity

## Water Droplets

Put water in a small bowl and take out an ice tray.

Use a small medicine dropper to suck up water from the bowl. Then, help your child squeeze the dropper to put the water into the ice cube tray.

Put the tray in the freezer to make ice cubes.

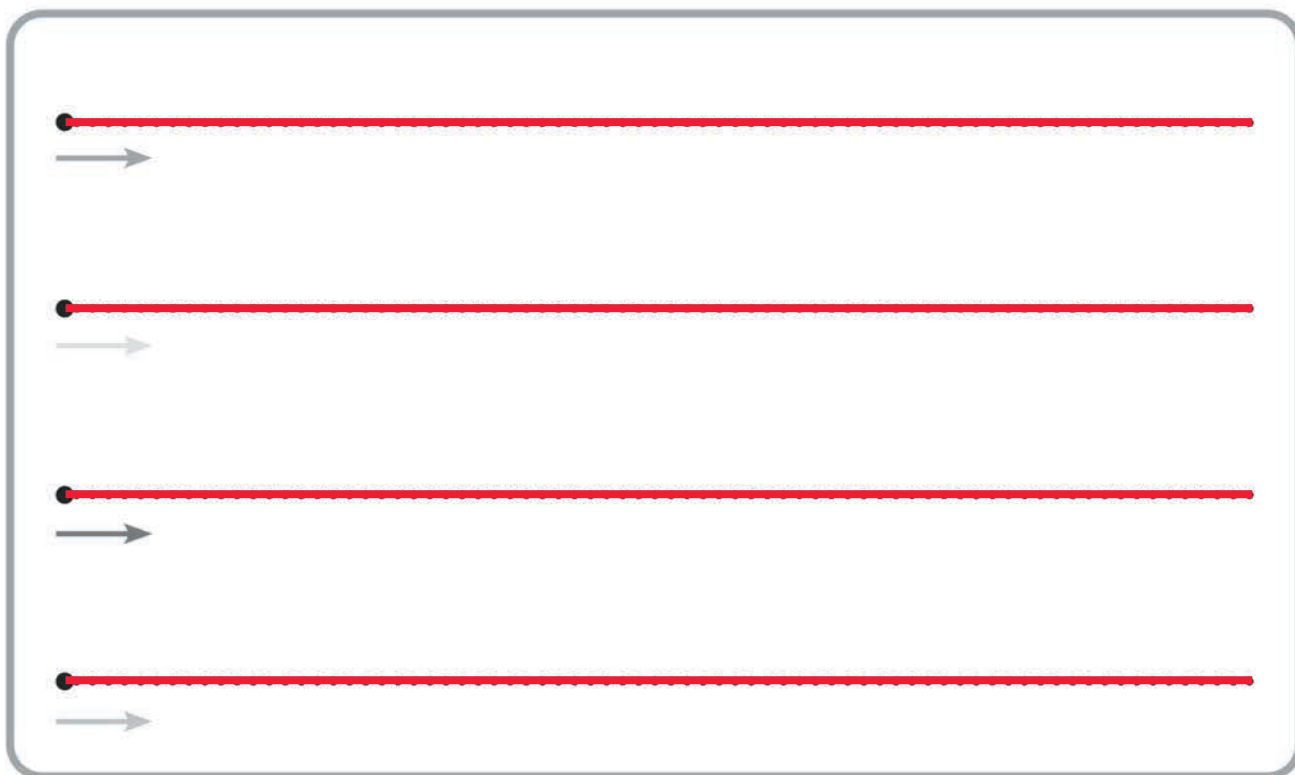
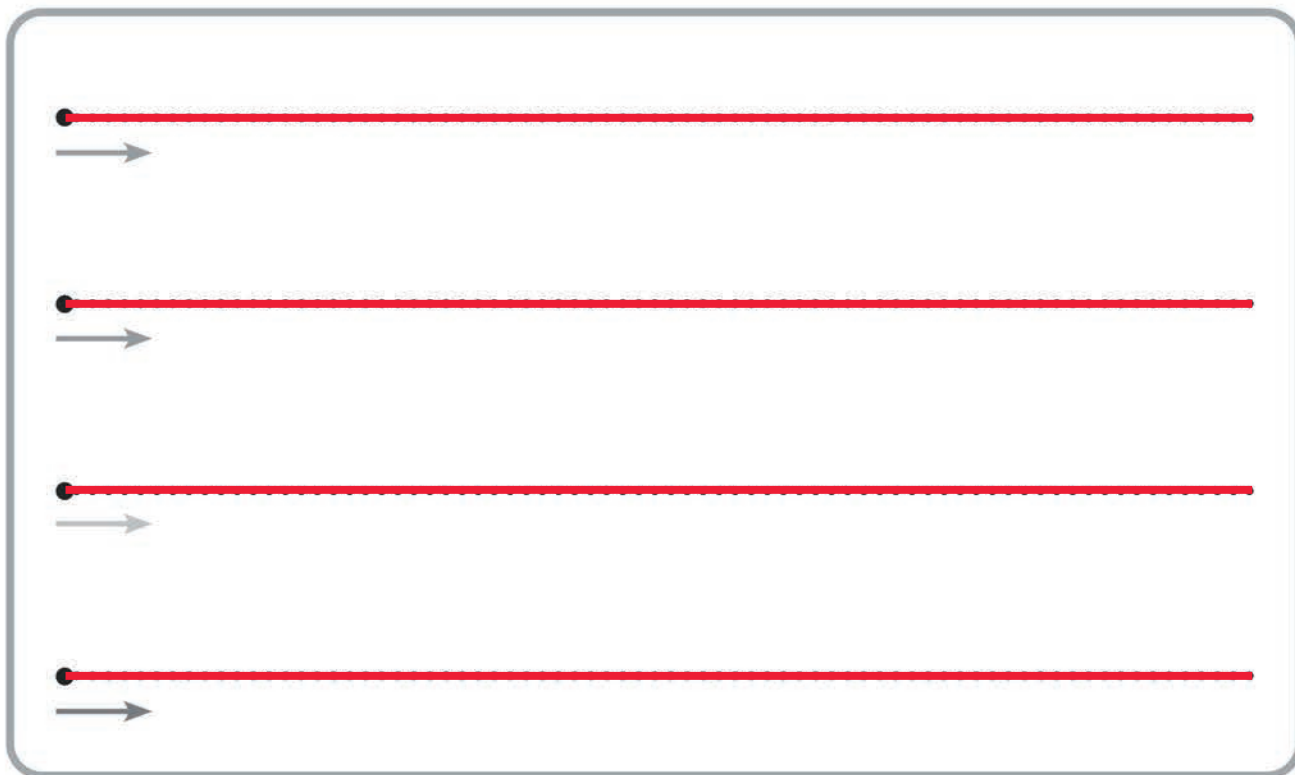
Use juice or lemonade for a sweet frozen treat!



# Fine Motor Practice

## Horizontal Lines

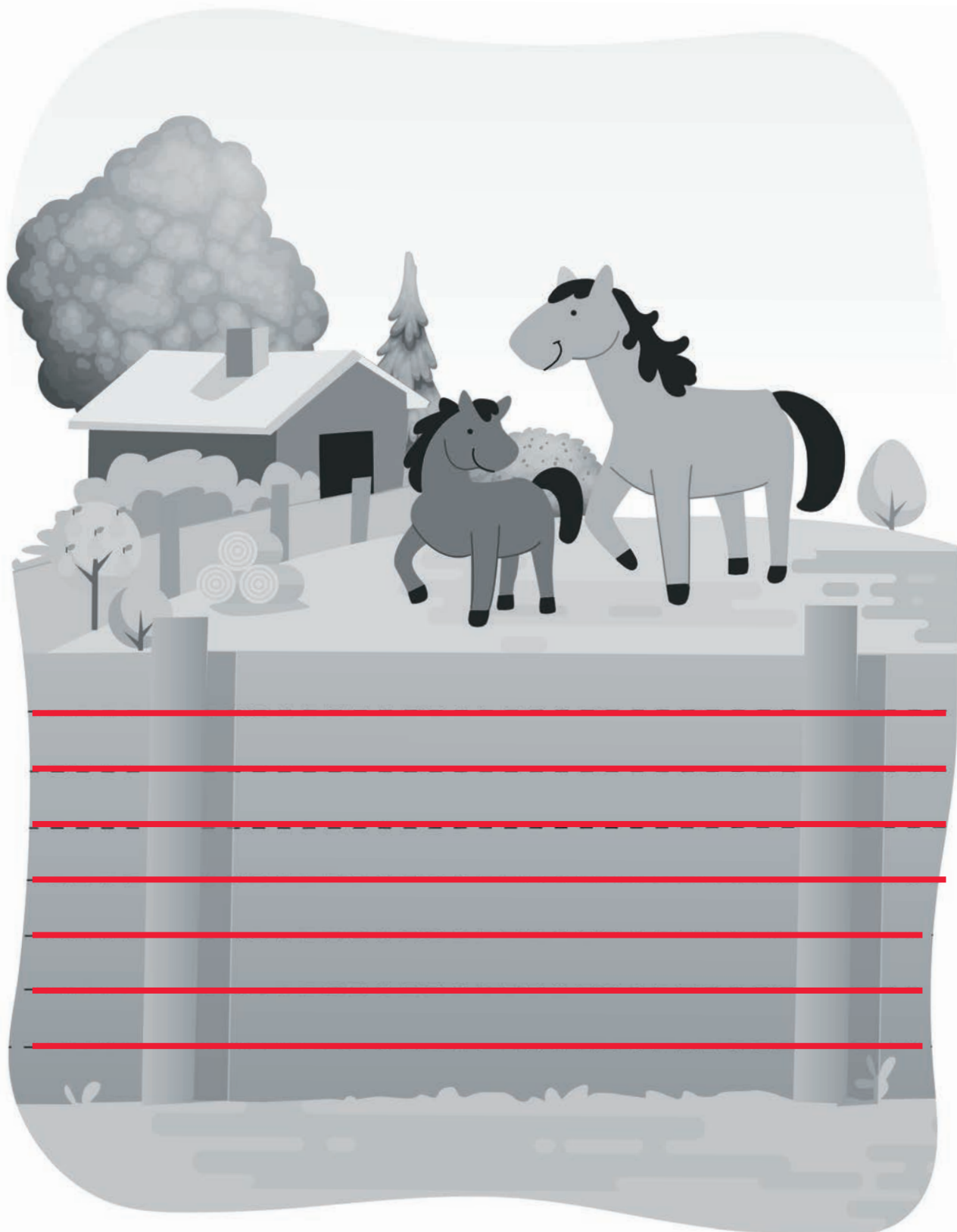
Help your child place their pencil on the dots and follow the dashes to draw horizontal lines.



# Fine Motor Practice

## Horizontal Lines

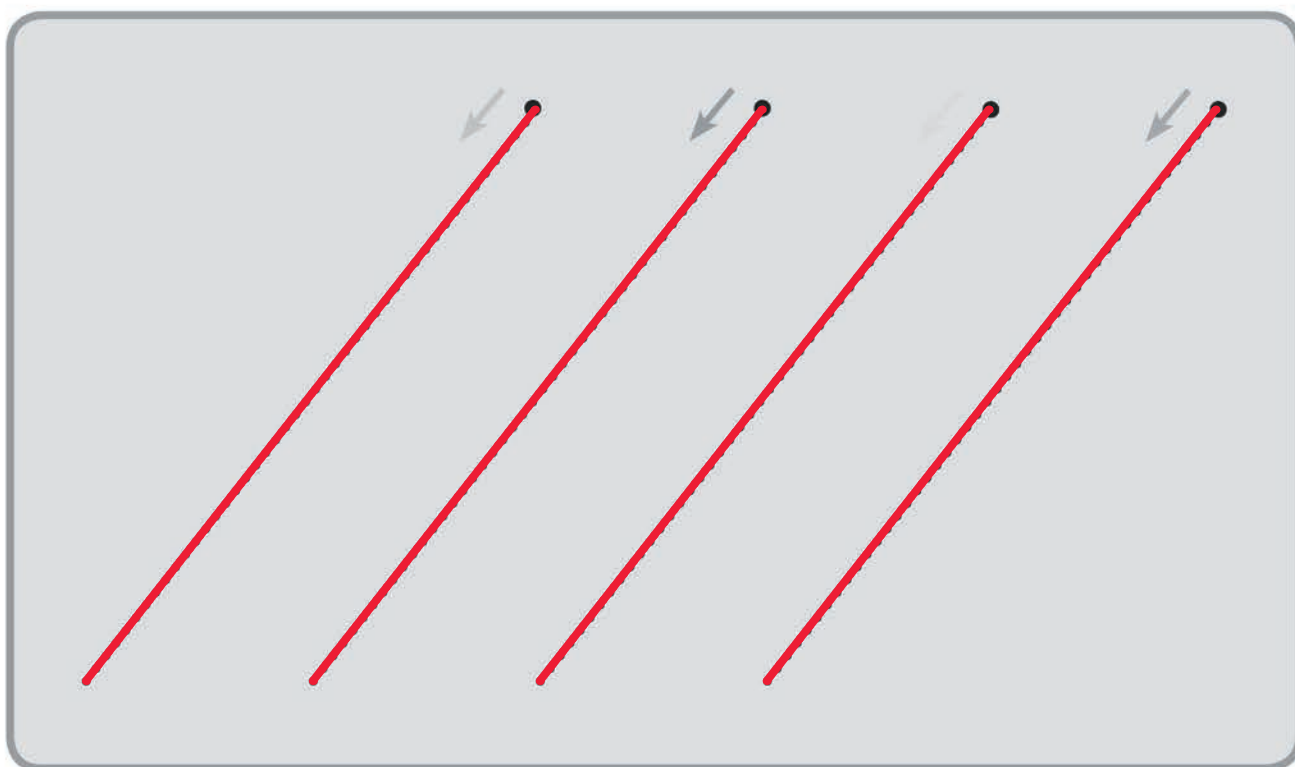
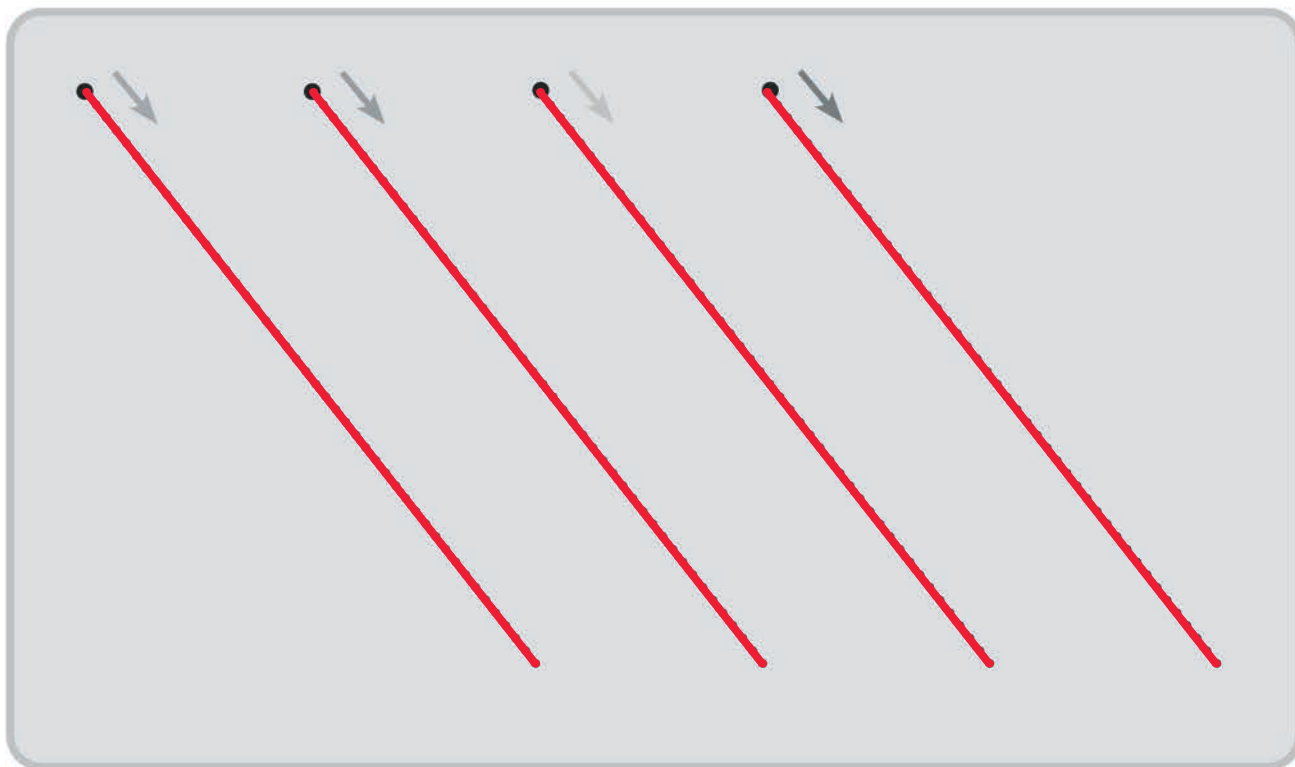
Help your child trace the horizontal lines to complete the picture.



# Fine Motor Practice

## Diagonal Lines

Help your child place their pencil on the dots and follow the dashes to draw diagonal lines.

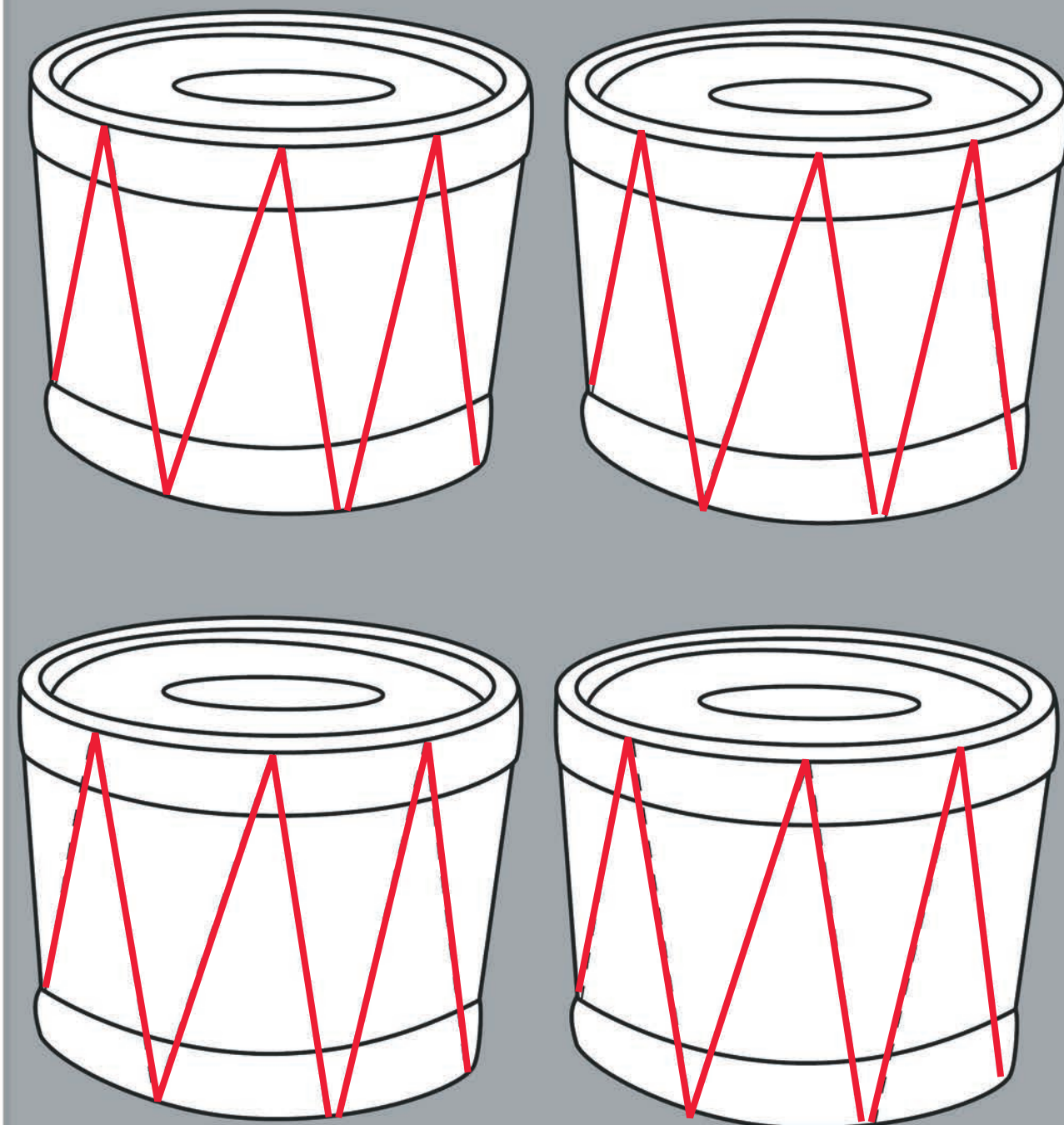


# Fine Motor Practice

## Diagonal Lines

Help your child trace the diagonal lines to complete the pictures.

Then have them colour the pictures.





# Fine Motor Activity

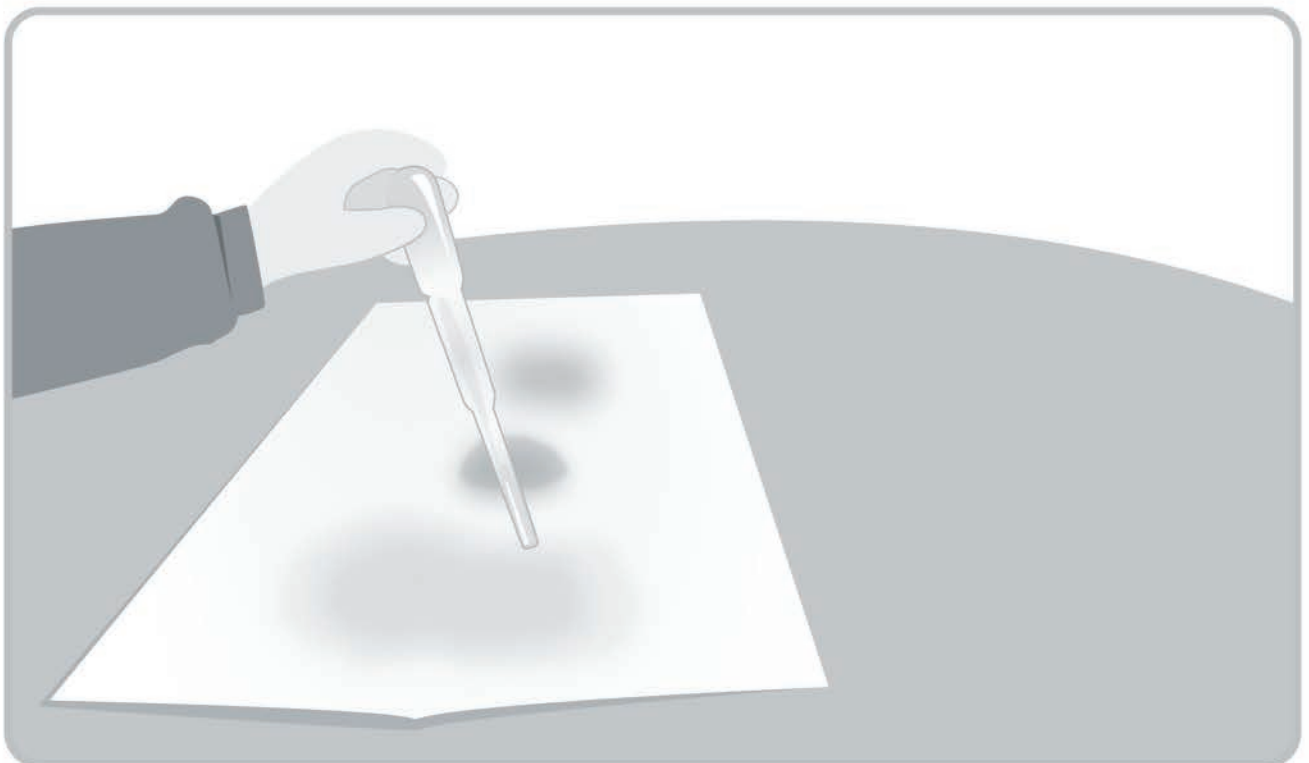
## Droppers

Prepare a few bowls of food colouring and water.



Place a paper towel down and have your child use a small medicine dropper to suck up and drop the water onto the paper towel.

Help them make faces and patterns with the colourful drops.

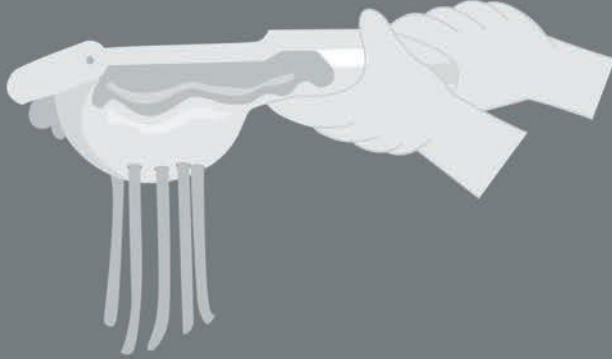


# Fine Motor Activity

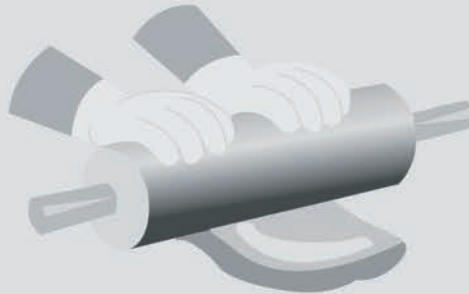
## Modeling Clay Baking Fun

Help your child roll modeling clay into a ball.

Place the modeling clay into a lemon squeezer and press down to squeeze out the clay.



Roll the ball flat with a rolling pin.



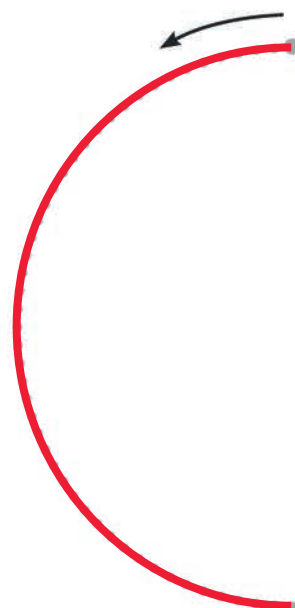
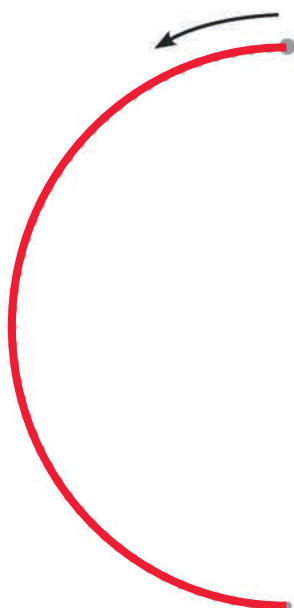
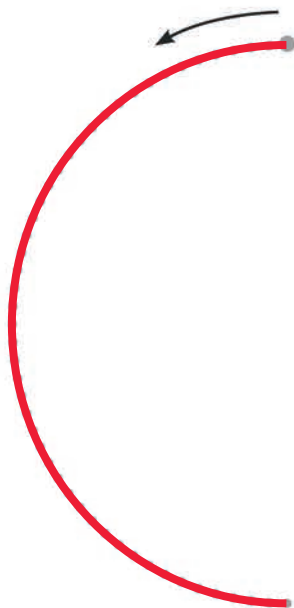
Put modeling clay into an icing tip and squeeze out different patterns.



# Fine Motor Practice

## Curved Lines

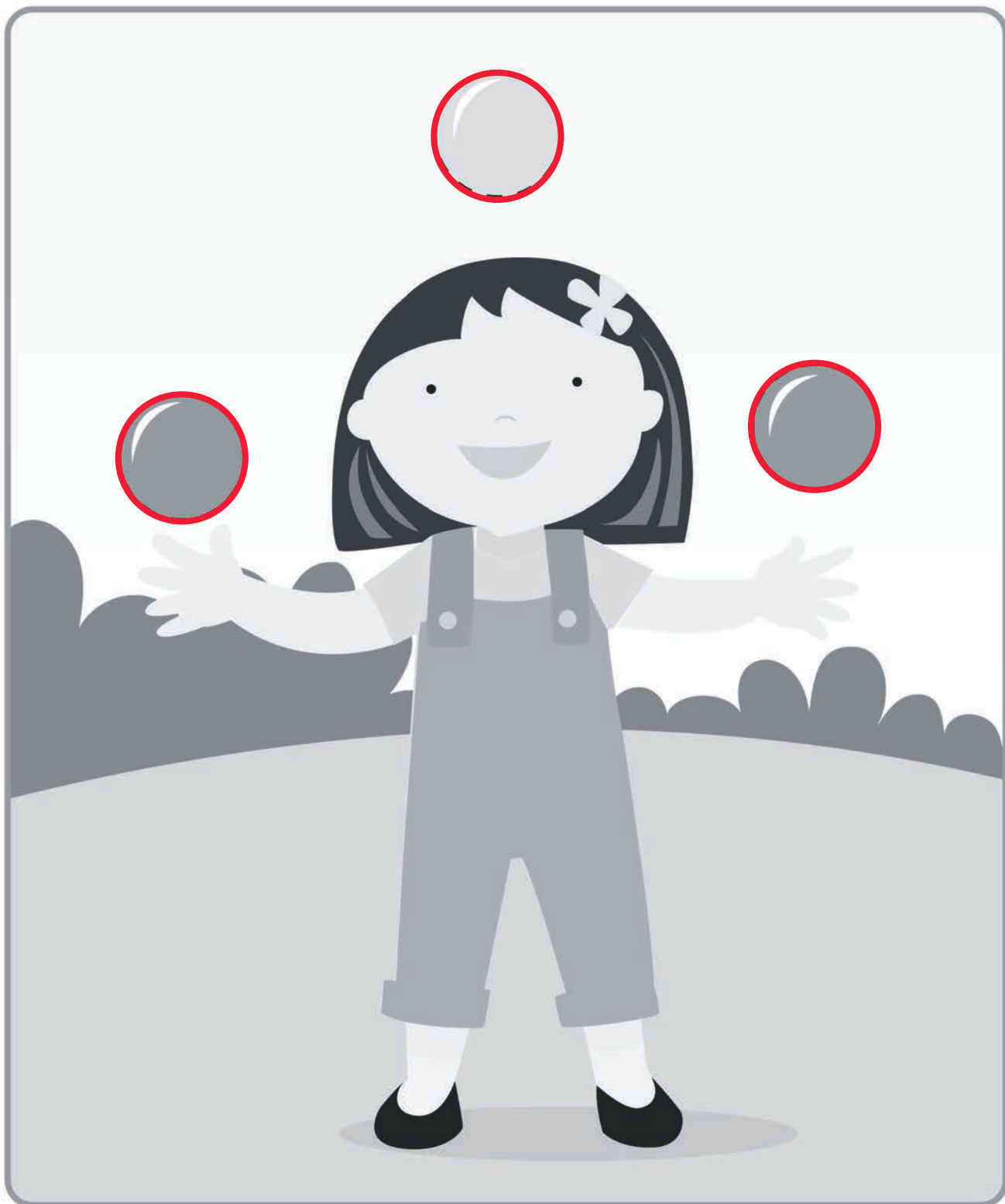
Help your child place their pencil on the dots at the top and follow the dashes to make curved lines.



# Fine Motor Practice

## Curved Lines

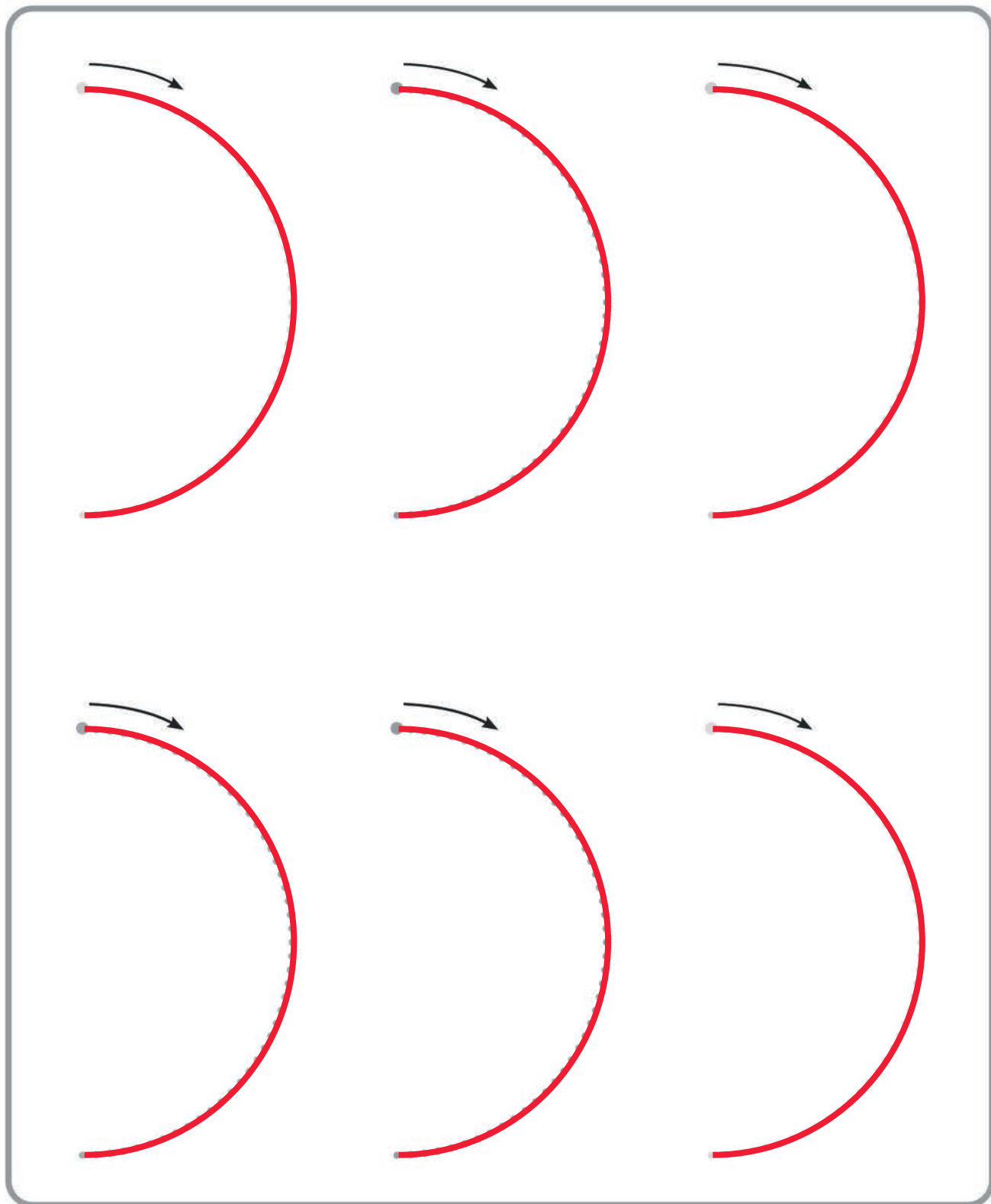
Help your child trace the curved lines to complete the picture.



# Fine Motor Practice

## Curved Lines

Help your child place their pencil on the dots at the top and follow the dashes to make curved lines.

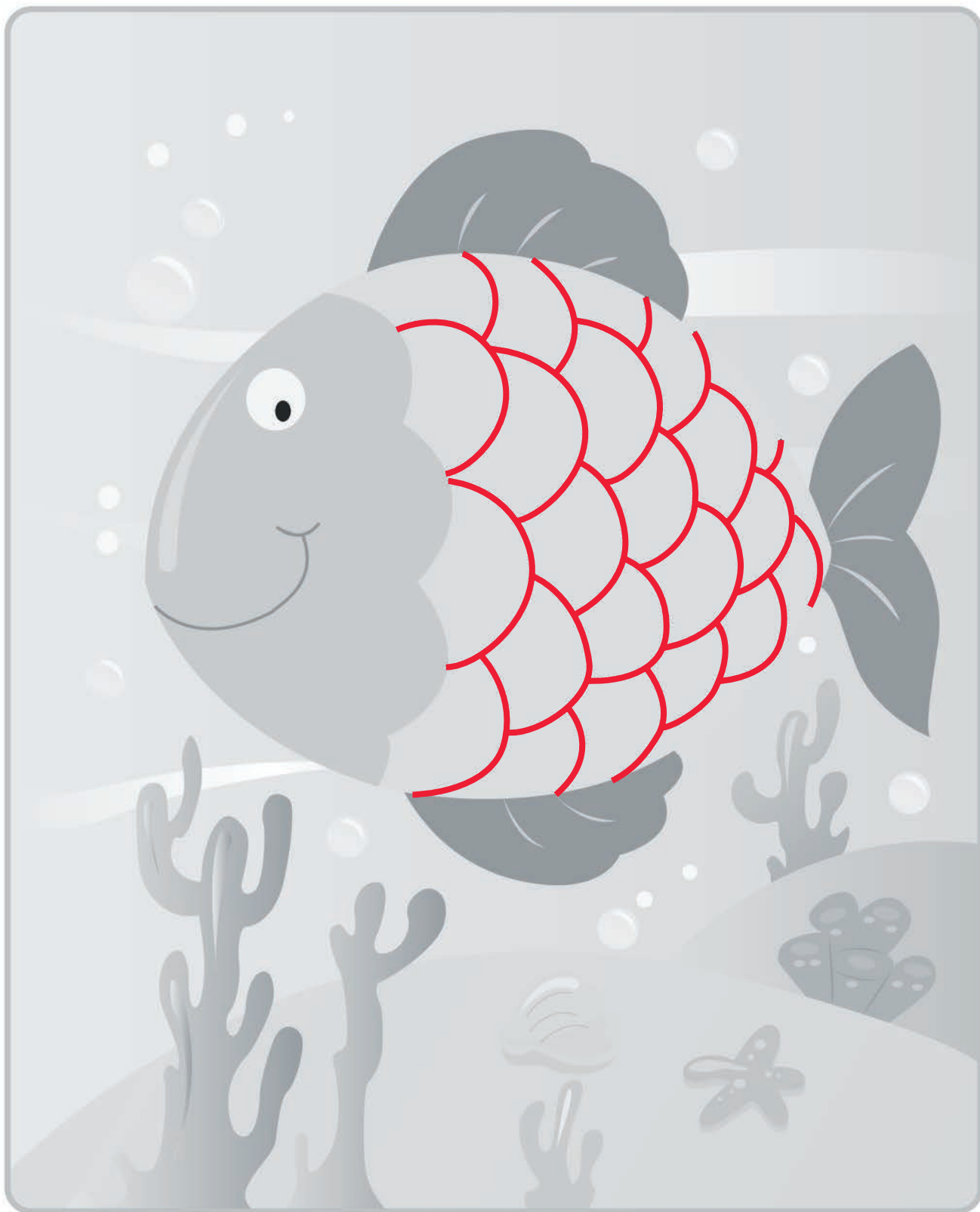




# Fine Motor Practice

## Curved Lines

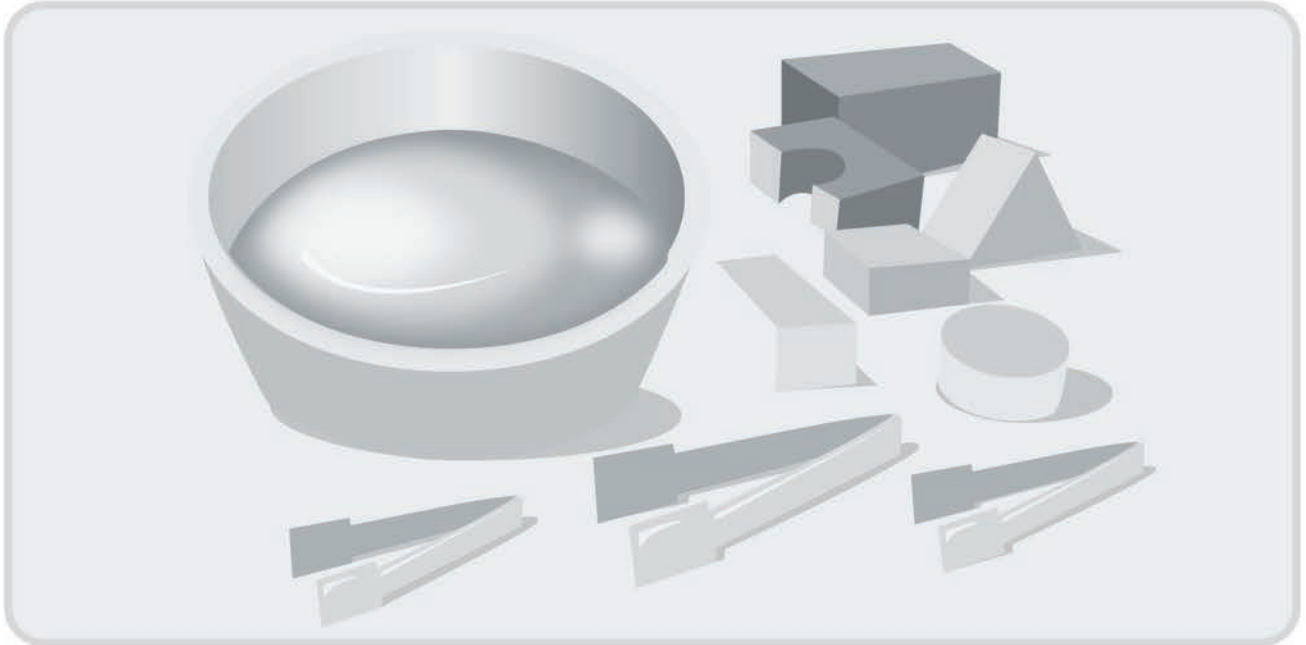
Help your child trace the curved lines to complete the picture.



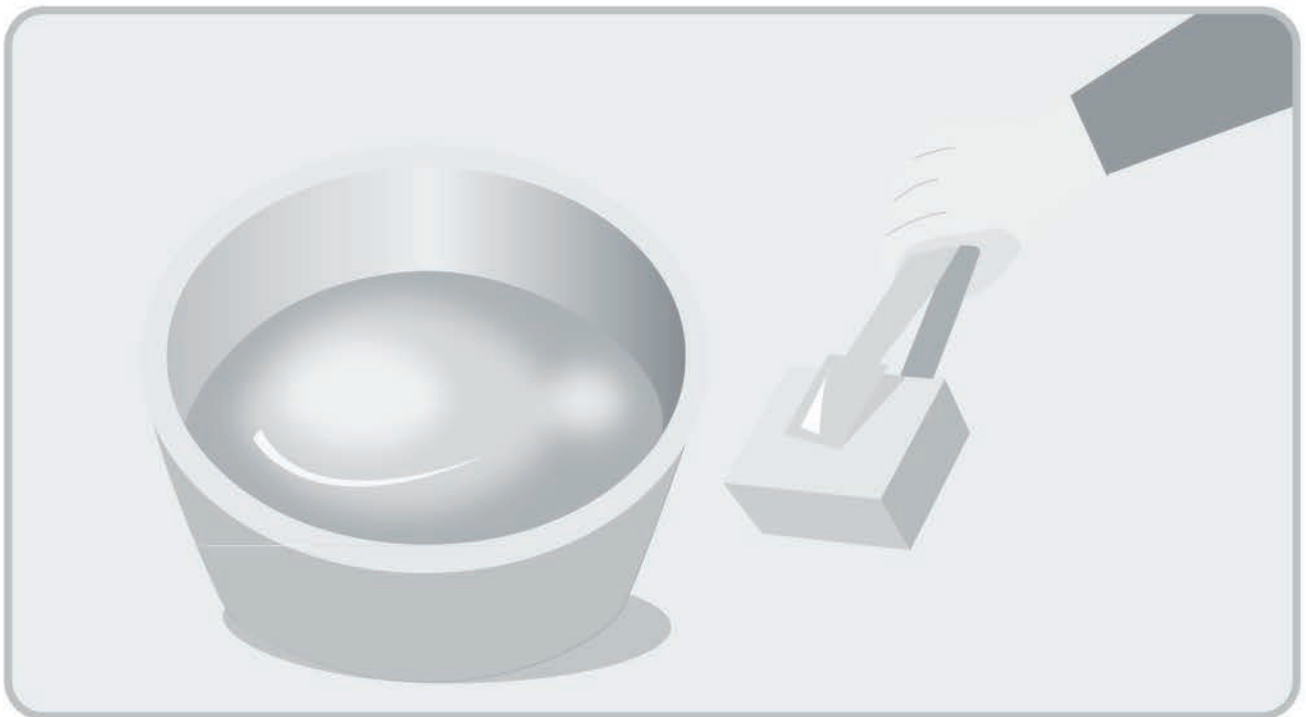
# Fine Motor Activity

## Foam Block Grab

Fill a tub with water and drip some food colouring in for fun.



Put foam blocks into the tub.



Help your child use tongs to pick up the foam blocks and remove them from the tub. Then have them put them all back using the tongs.

# Fine Motor Activity

## Pom-Pom Sorting

Have a bowl full of small pom-poms and an empty water bottle ready.

Help your child place the pom-poms into the water bottle.

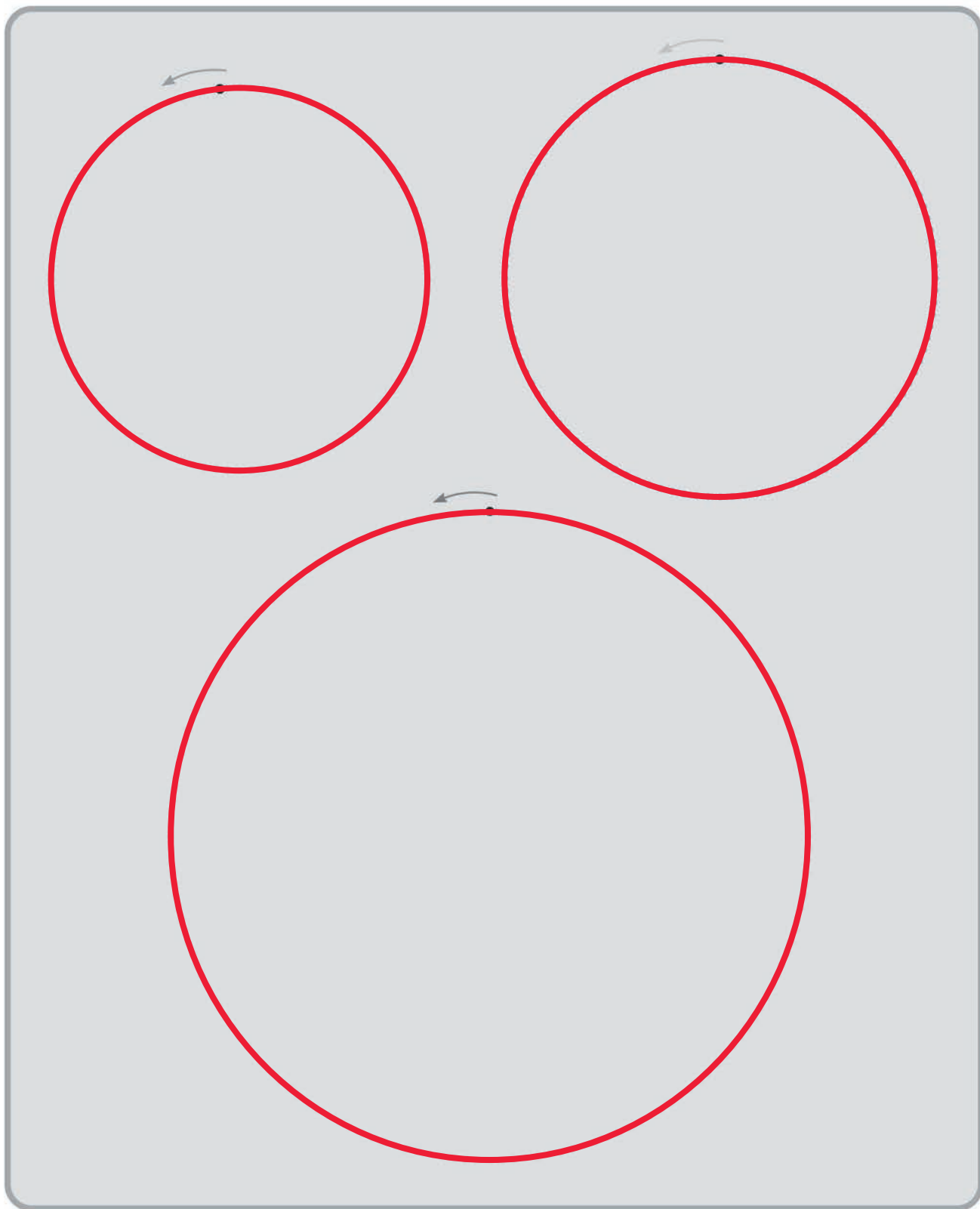
You can make this a sorting game by putting different coloured tape on water bottles and helping your child sort the pom-poms into the water bottles by colour.



# Fine Motor Practice

## Lines Making Shapes

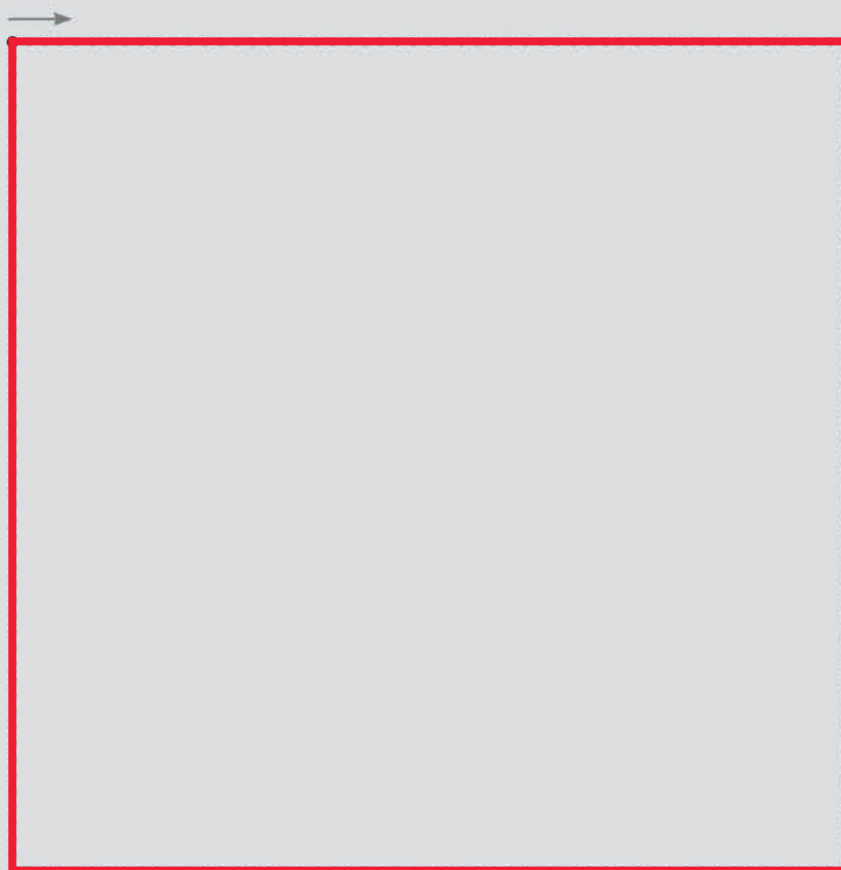
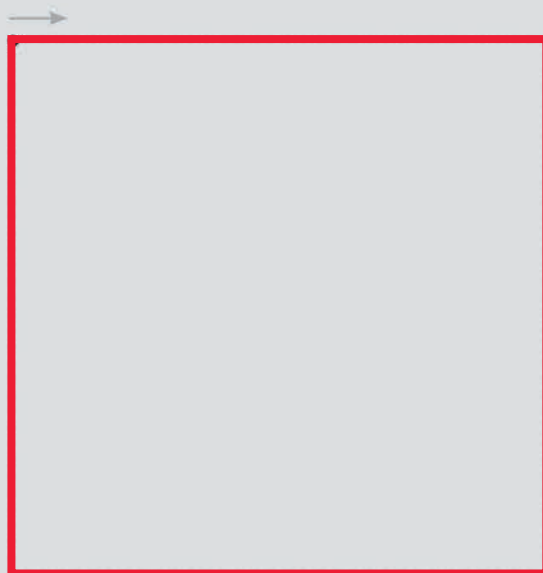
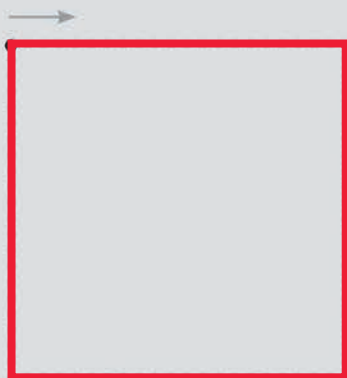
Help your child place their pencil on the dots and follow the dashes to create circles.



# Fine Motor Practice

## Lines Making Shapes

Help your child place their pencil on the dots and follow the dashes to create squares.

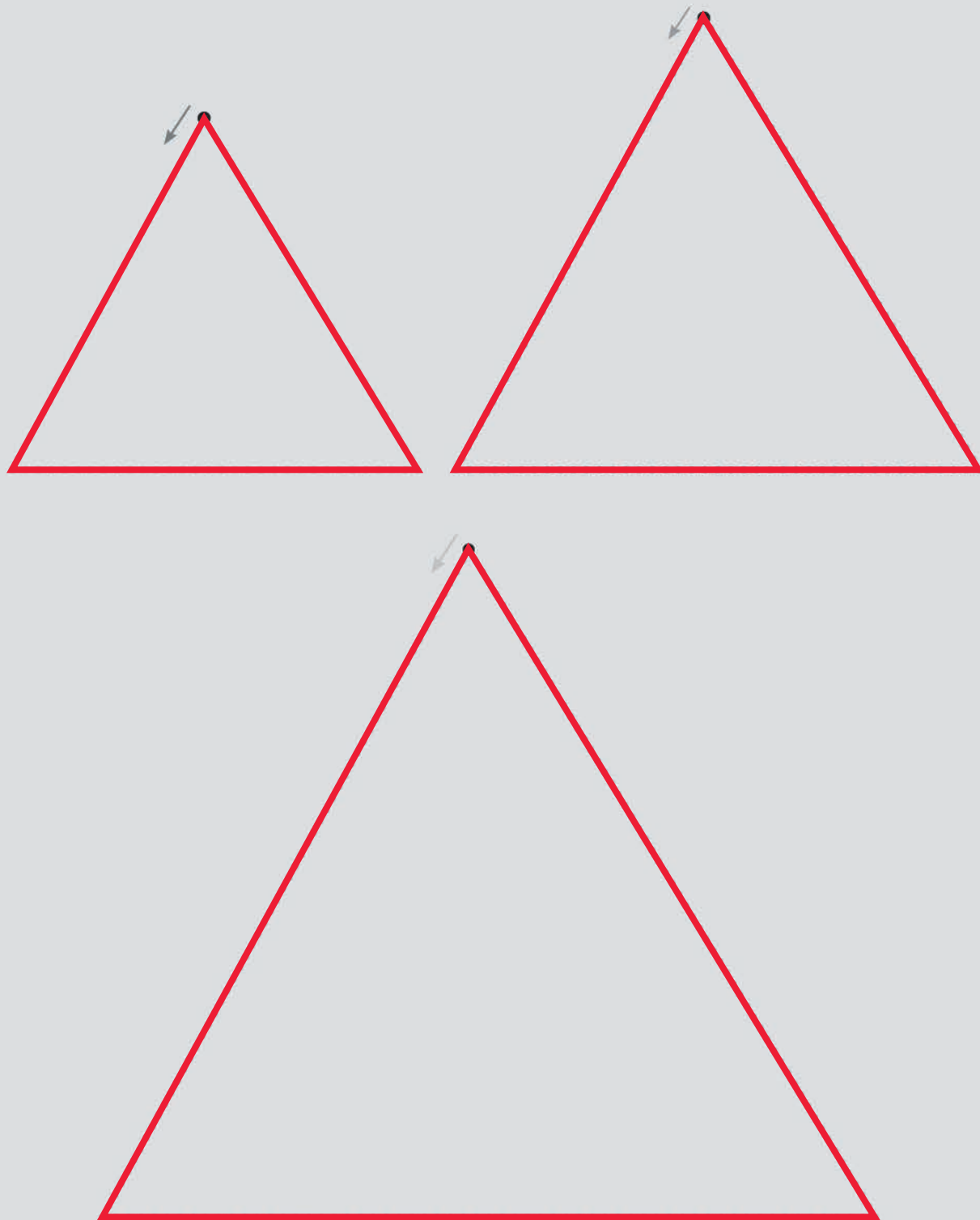




# Fine Motor Practice

## Lines Making Shapes

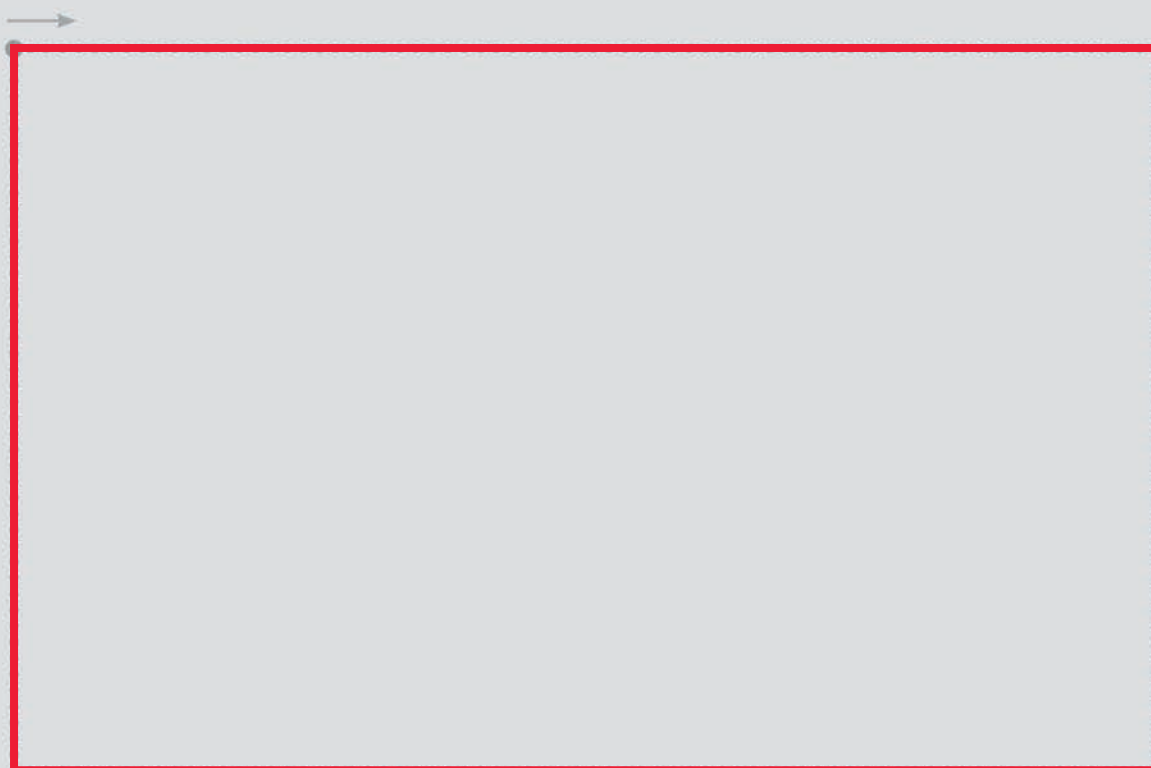
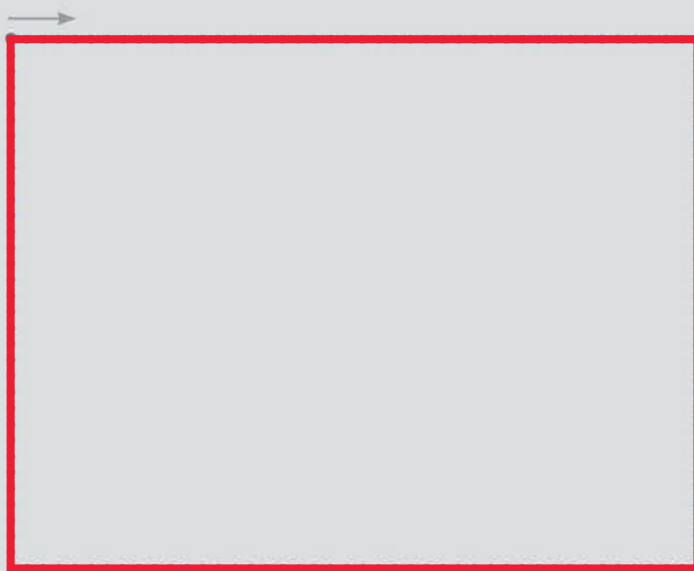
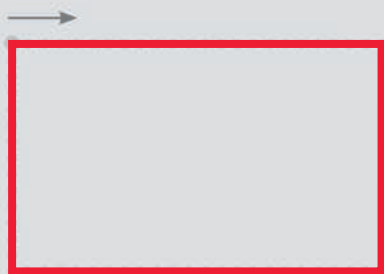
Help your child place their pencil on the dots and follow the dashes to create triangles.



# Fine Motor Practice

## Lines Making Shapes

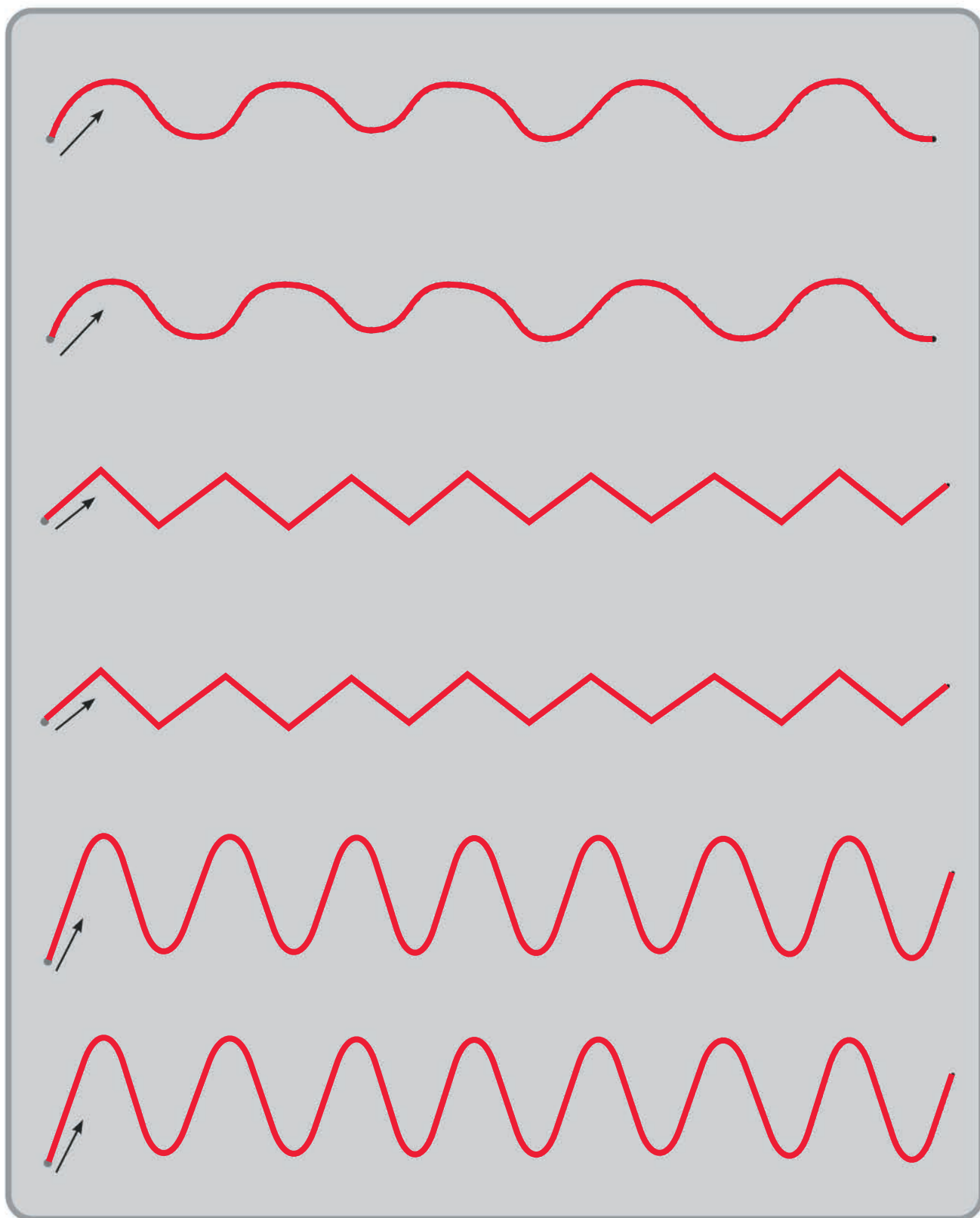
Help your child place their pencil on the dots and follow the dashes to create rectangles.



# Fine Motor Practice

## More Lines

Help your child place their pencil on the dots and follow the dashes to make lines.



# Fine Motor Practice

More Lines

It's beach time. Help your child trace the lines to complete the picture.

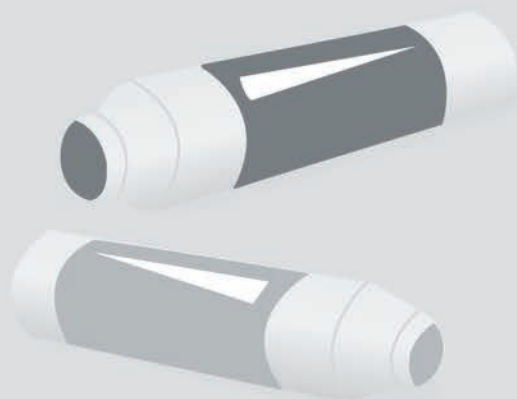
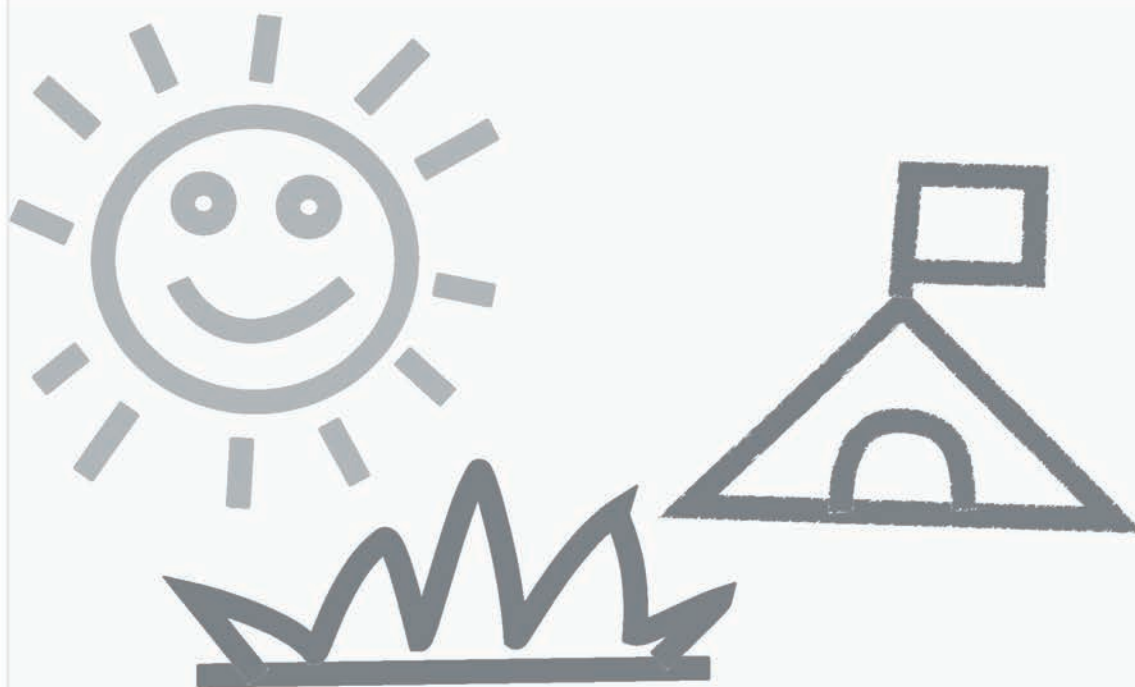


# Fine Motor Activity

## White Board Painting

Use a white board and paint dotters to help your child create!

Show them they can draw lines and make dots with their dotters.





# Fine Motor Activity

## Sponge Painting

Have a muffin tin ready with different watercolour paint in each section. Then cut up sponges to use to paint.



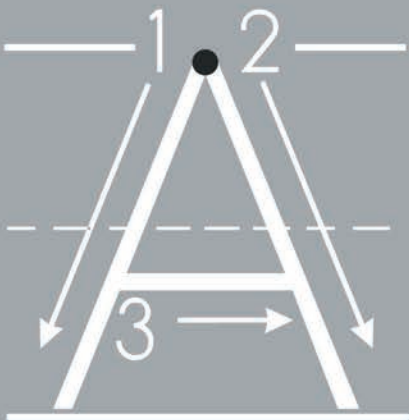
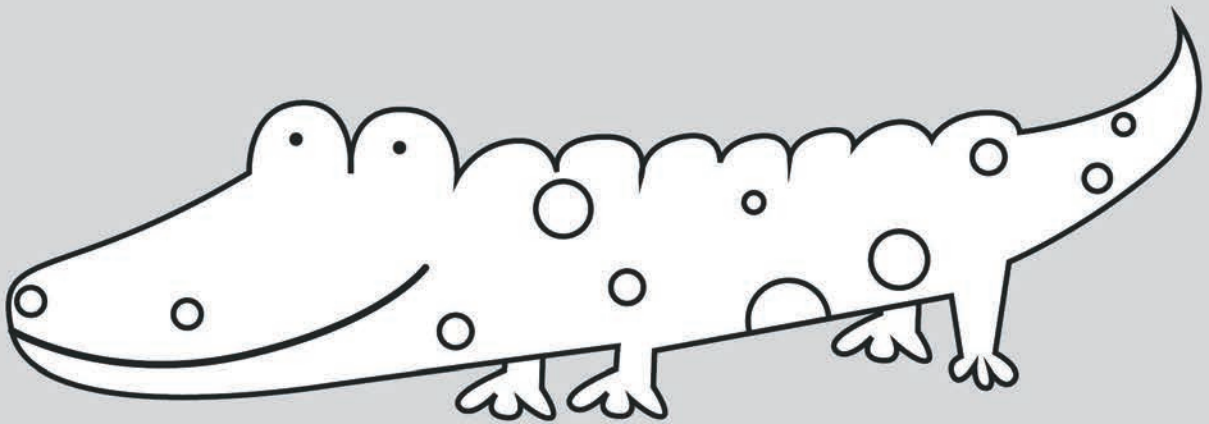
Help your child dip, squeeze, and brush paint onto their paper using the sponges.



# Letter Practice

A

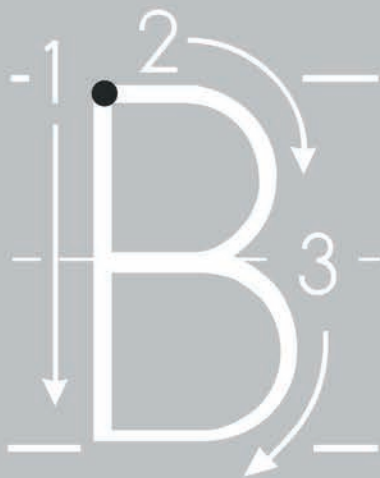
Help your child trace the letter A with their finger and then trace the letter A with their pencil. Have your child start on the dot at the top and follow the lines to make an A and then colour the alligator.



# Letter Practice

B

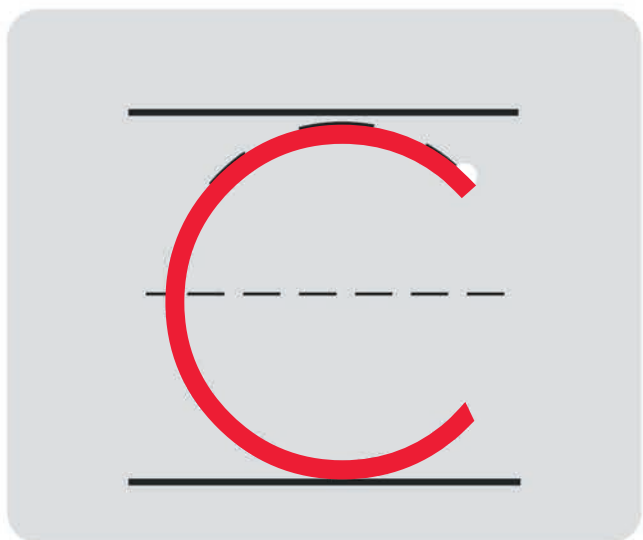
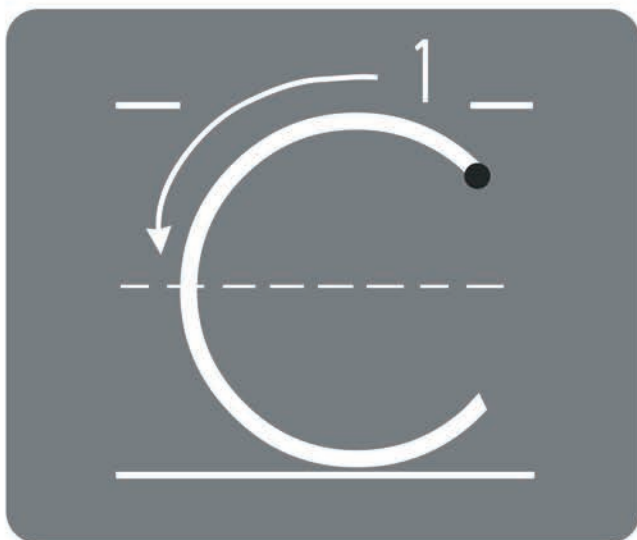
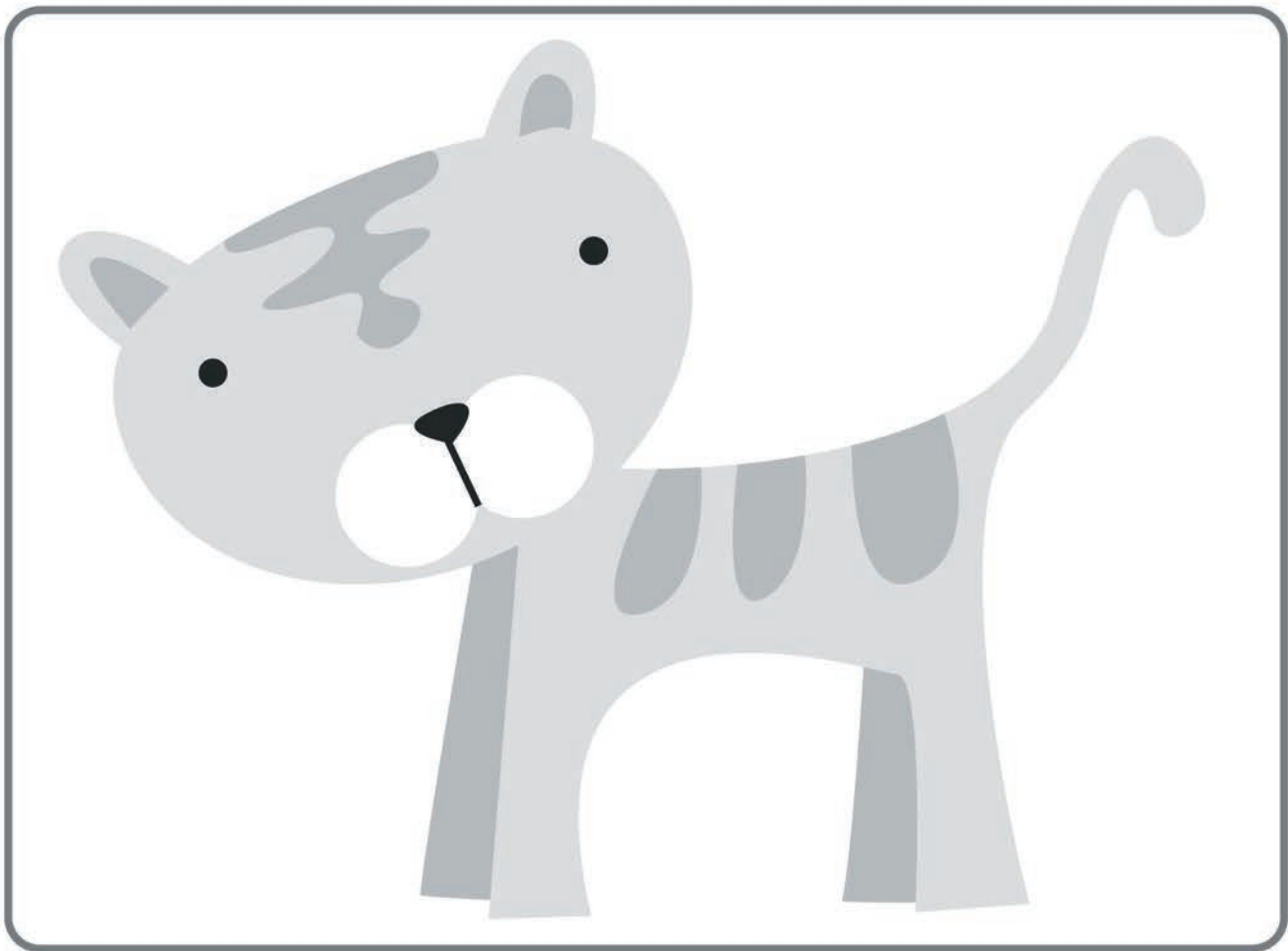
Help your child trace the letter B with their finger and then trace the letter B with their pencil. Have your child start on the dot at the top and follow the lines to make a B.



# Letter Practice

C

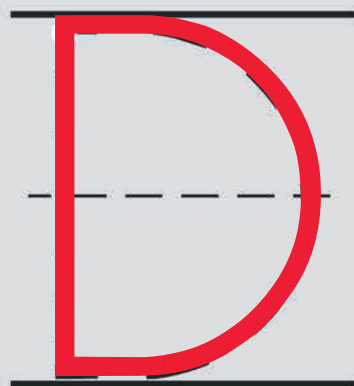
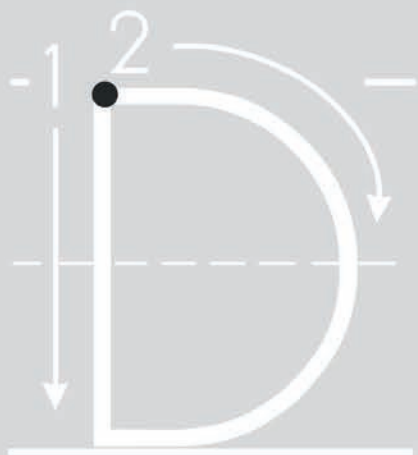
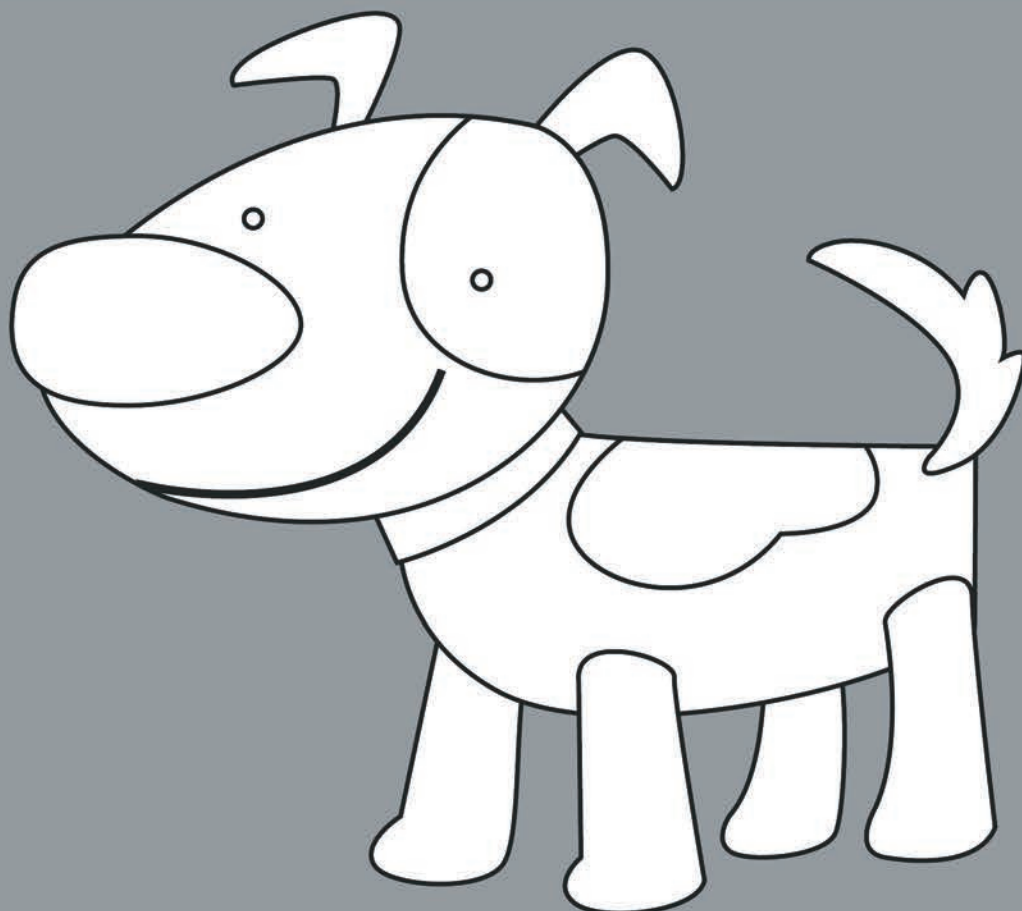
Help your child trace the letter C with their finger and then trace the letter C with their pencil. Have your child start on the dot at the top and follow the lines to make a C.



# Letter Practice

D

Help your child trace the letter D with their finger and then trace the letter D with their pencil. Have your child start on the dot at the top and follow the lines to make a D and then colour the dog.

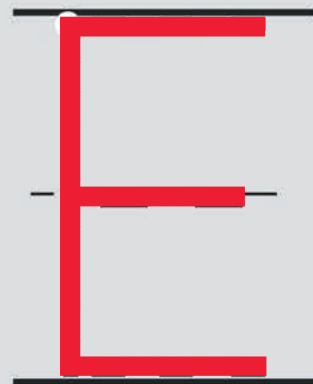
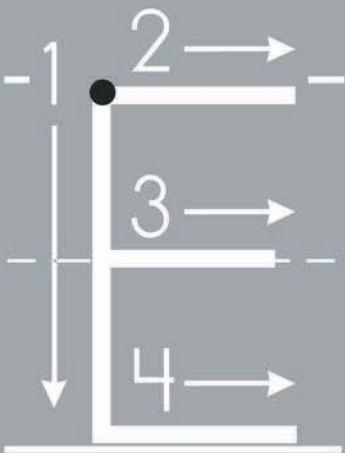
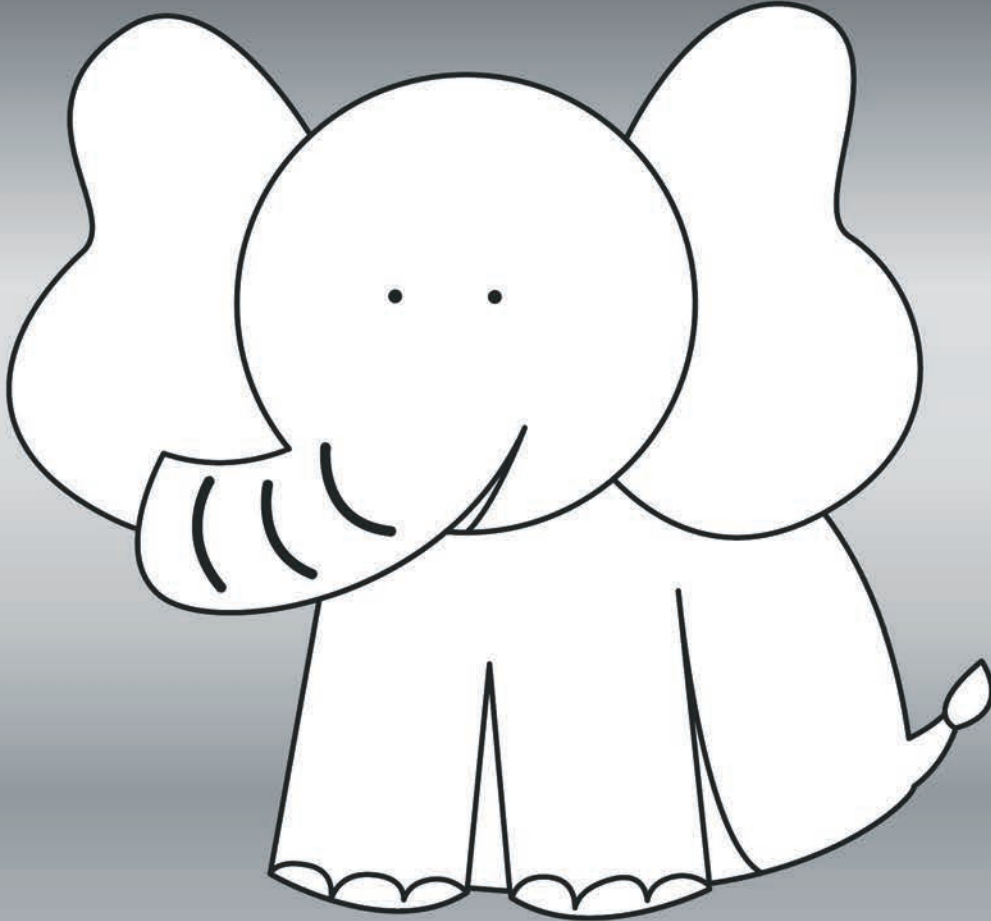




# Letter Practice

E

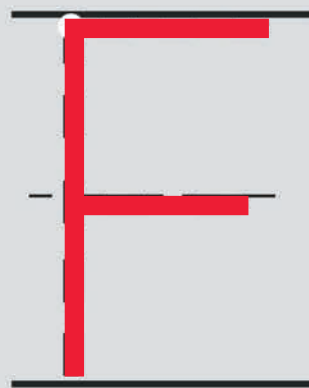
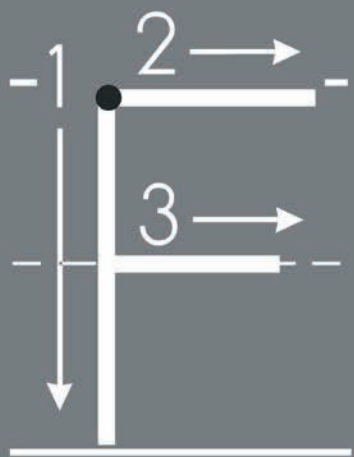
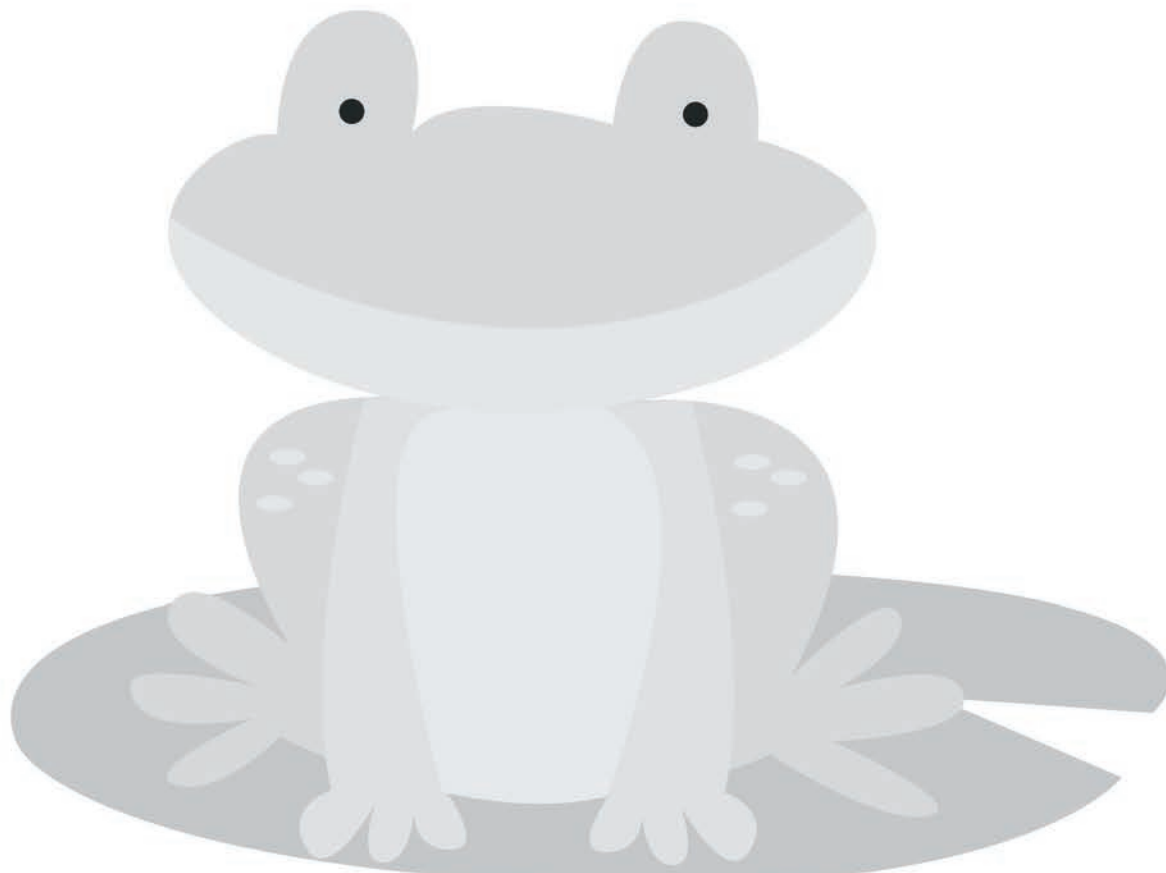
Help your child trace the letter E with their finger and then trace the letter E with their pencil. Have your child start on the dot at the top and follow the lines to make an E and then colour the elephant.



# Letter Practice

F

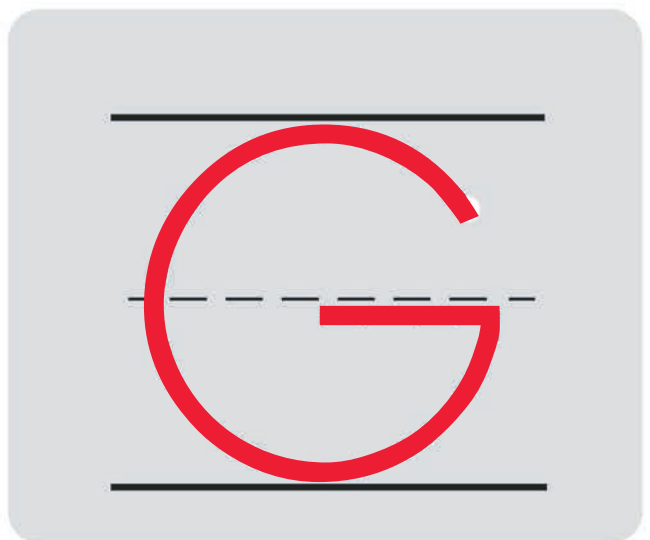
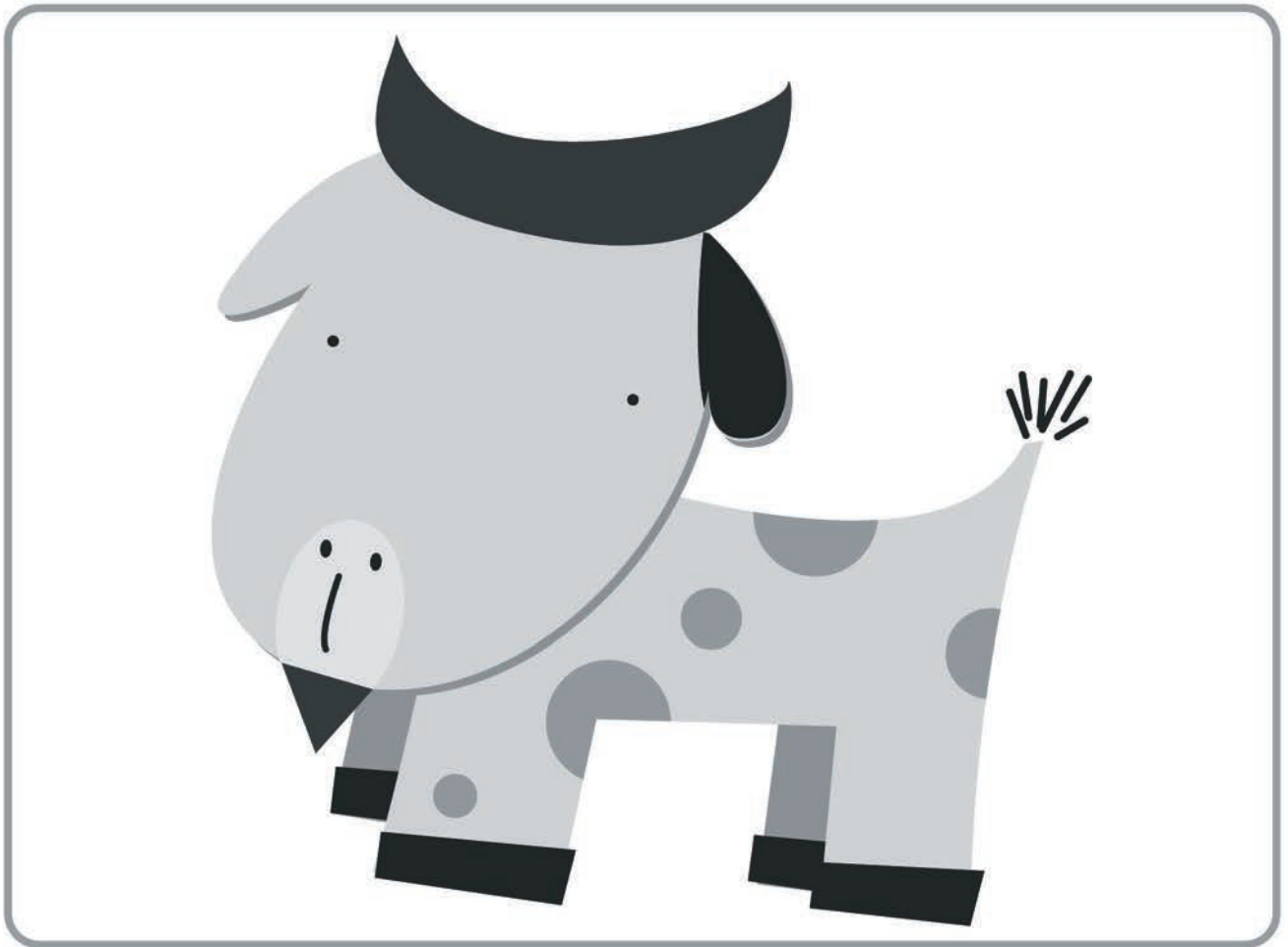
Help your child trace the letter F with their finger and then trace the letter F with their pencil. Have your child start on the dot at the top and follow the lines to make an F.



# Letter Practice

G

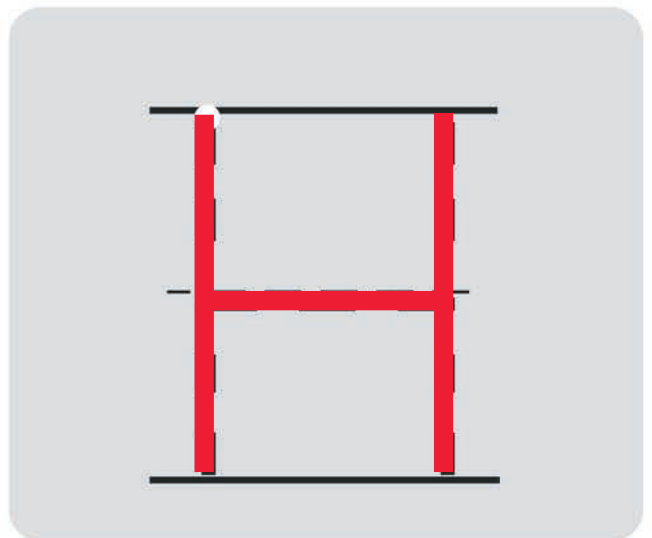
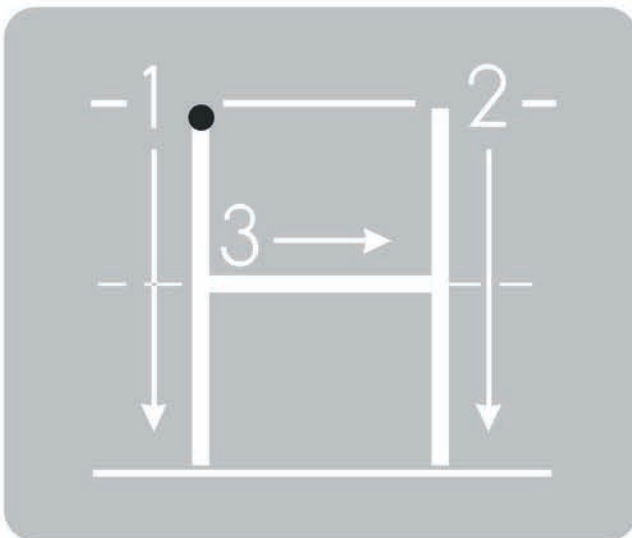
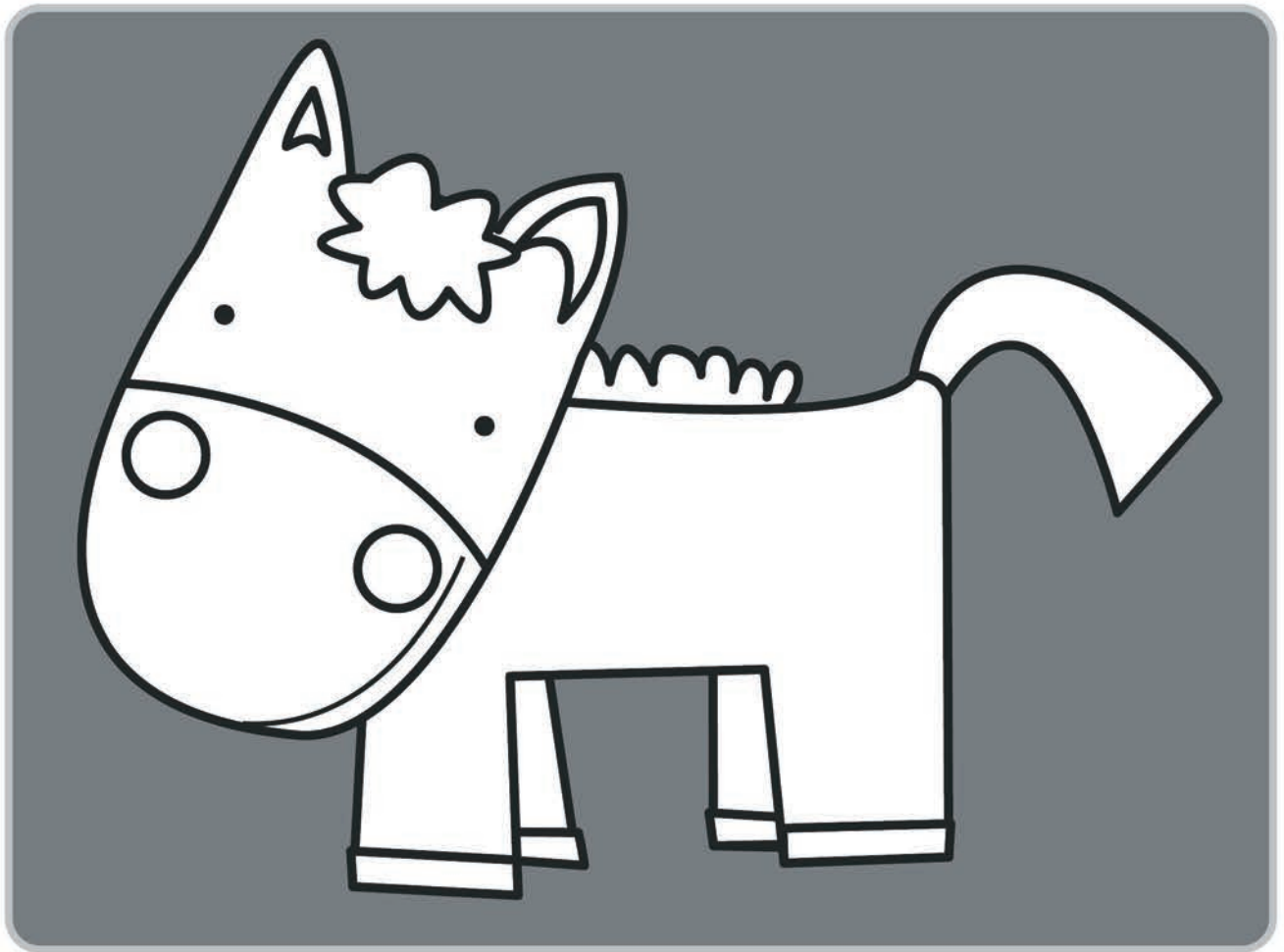
Help your child trace the letter G with their finger and then trace the letter G with their pencil. Have your child start on the dot at the top and follow the lines to make a G.



# Letter Practice

H

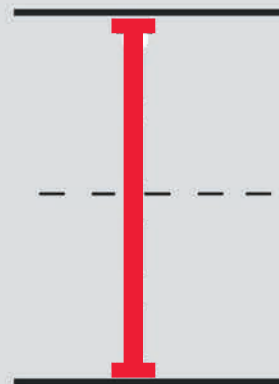
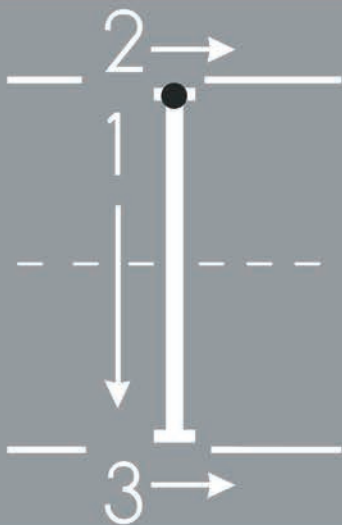
Help your child trace the letter H with their finger and then trace the letter H with their pencil. Have your child start on the dot at the top and follow the lines to make an H and then colour the horse.



# Letter Practice

I

Help your child trace the letter I with their finger and then trace the letter I with their pencil. Have your child start on the dot at the top and follow the lines to make an I and then colour the ice-cream cone.

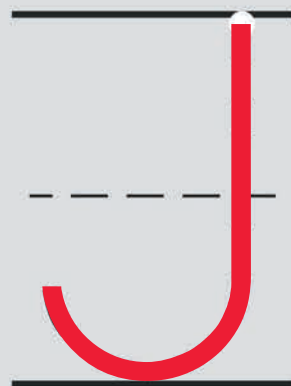
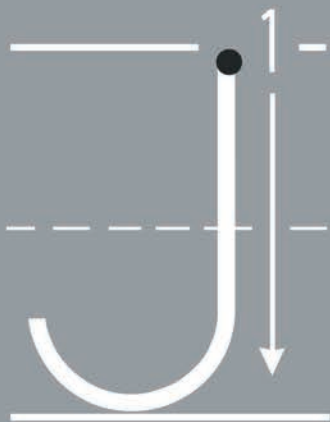




# Letter Practice

J

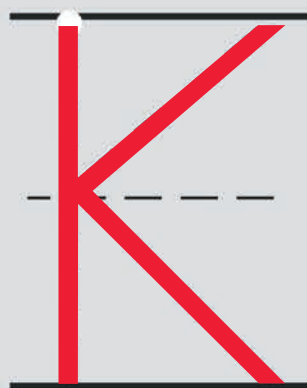
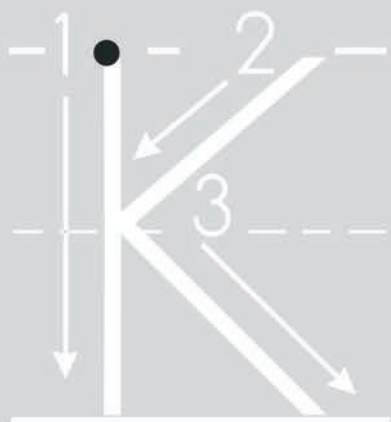
Help your child trace the letter J with their finger and then trace the letter J with their pencil. Have your child start on the dot at the top and follow the lines to make a J.



# Letter Practice

K

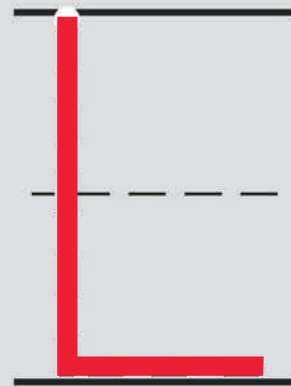
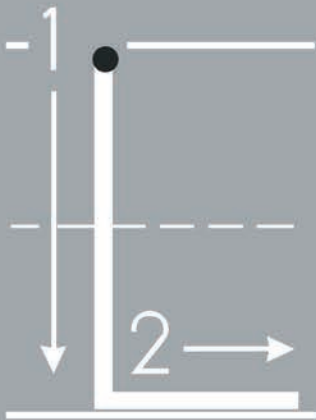
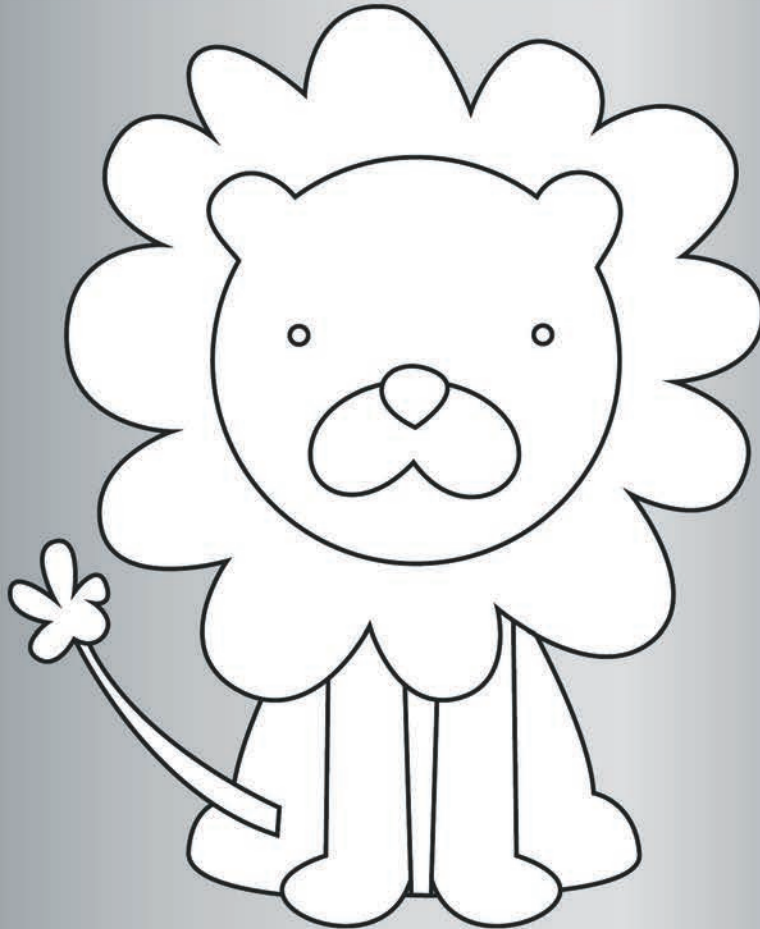
Help your child trace the letter K with their finger and then trace the letter K with their pencil. Have your child start on the dot at the top and follow the lines to make a K.



# Letter Practice

L

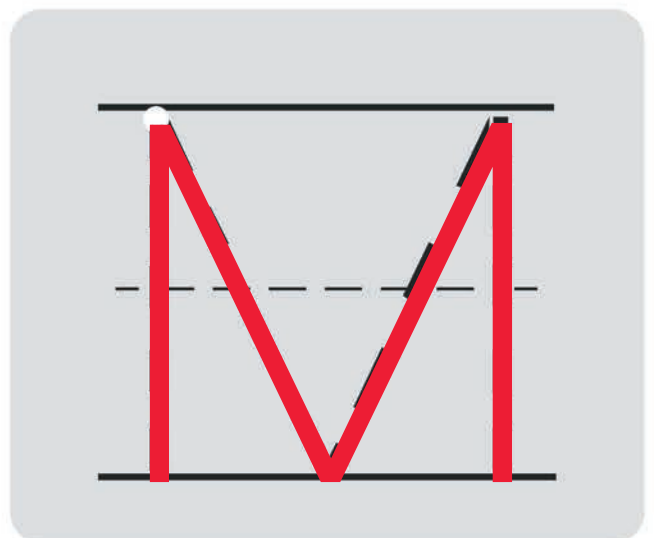
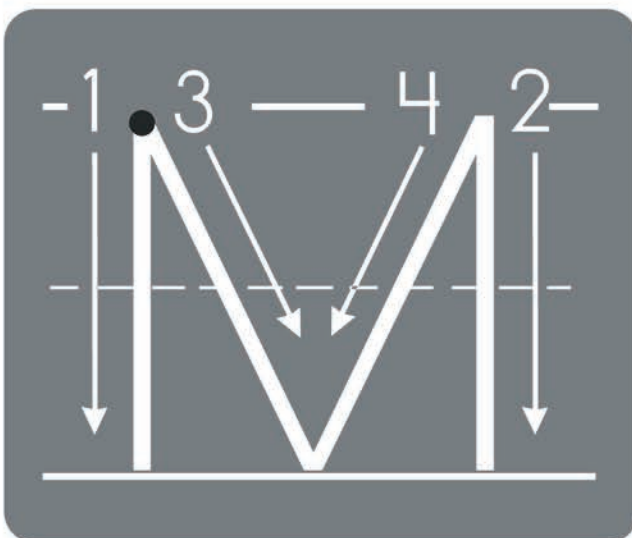
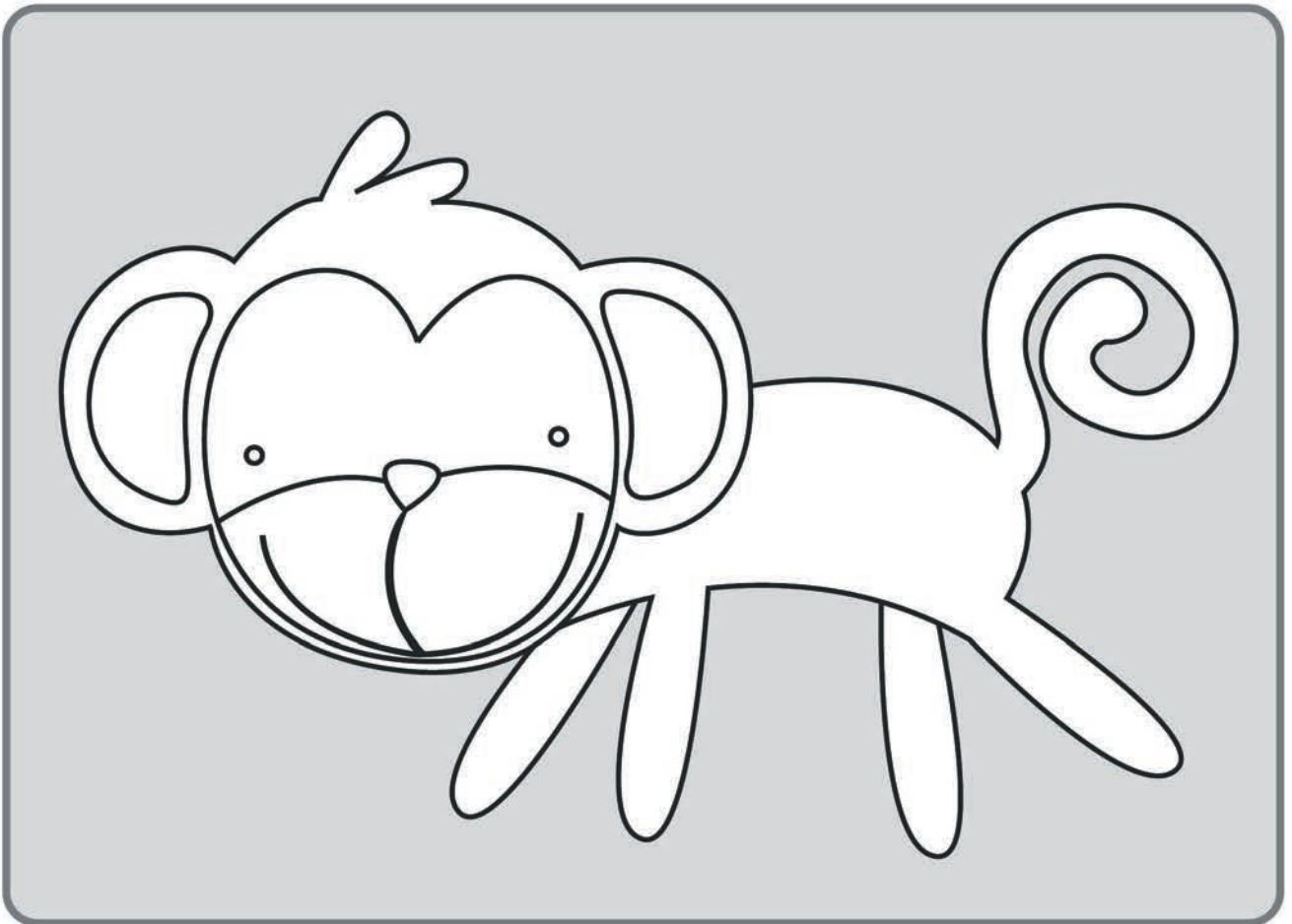
Help your child trace the letter L with their finger and then trace the letter L with their pencil. Have your child start on the dot at the top and follow the lines to make an L and then colour the lion.



# Letter Practice

M

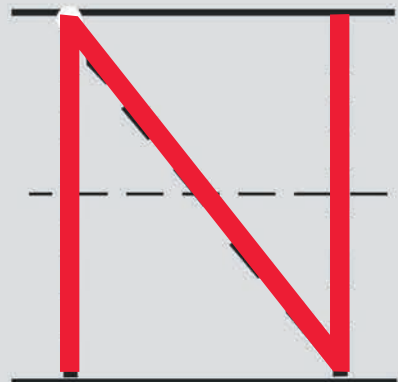
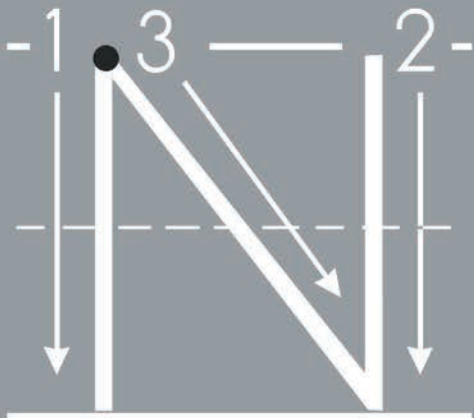
Help your child trace the letter M with their finger and then trace the letter M with their pencil. Have your child start on the dot at the top and follow the lines to make an M and then colour the monkey.



# Letter Practice

N

Help your child trace the letter N with their finger and then trace the letter N with their pencil. Have your child start on the dot at the top and follow the lines to make an N.

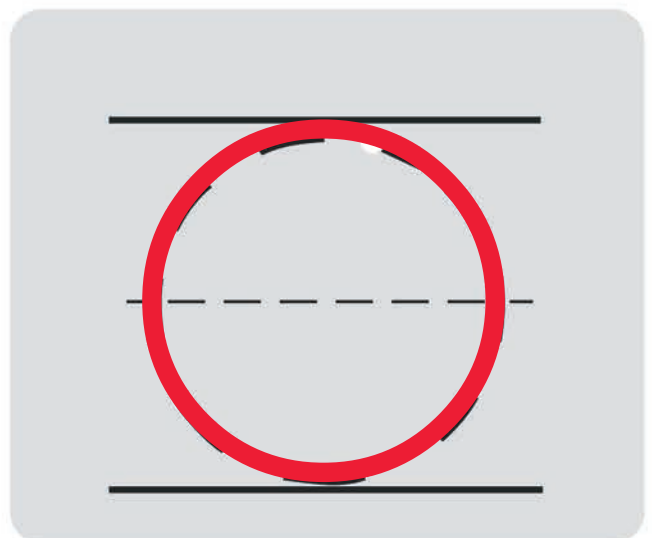
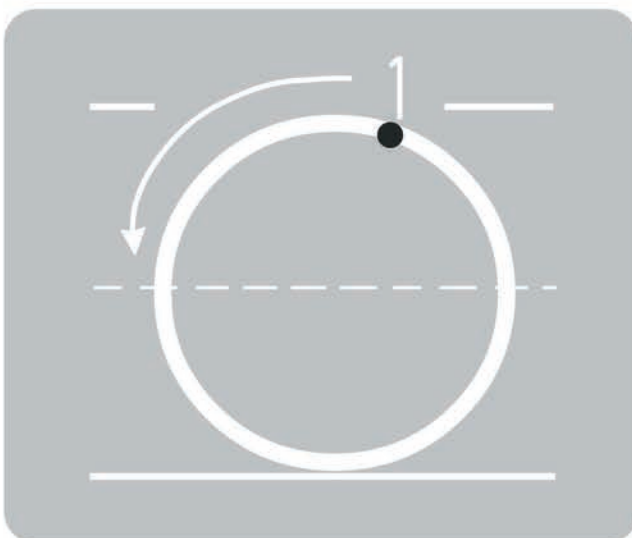
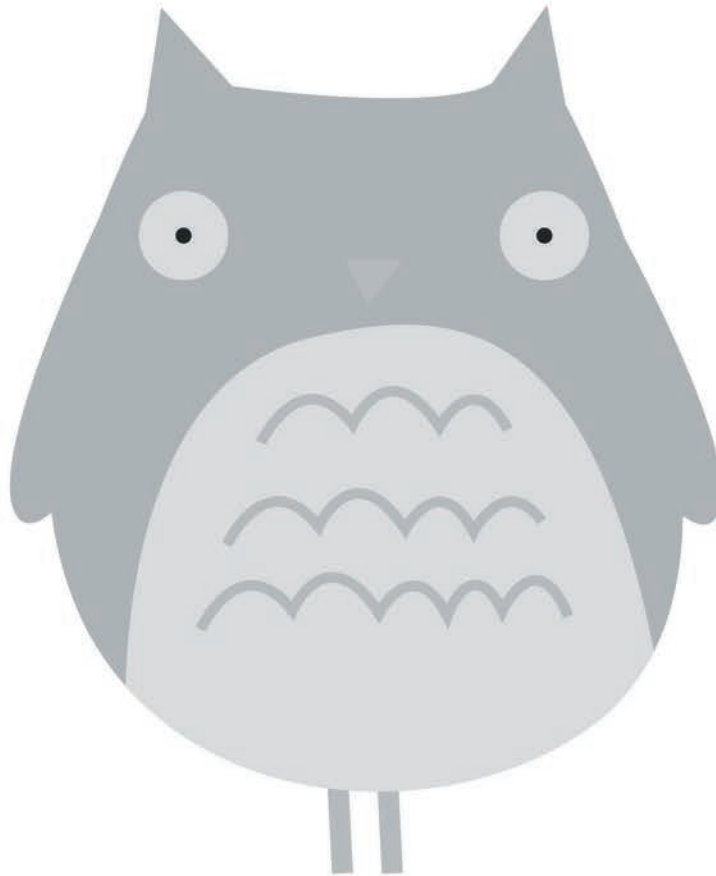




# Letter Practice

O

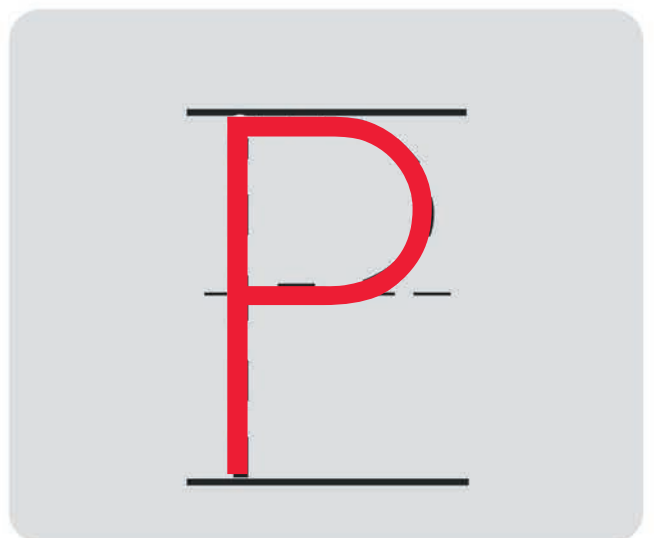
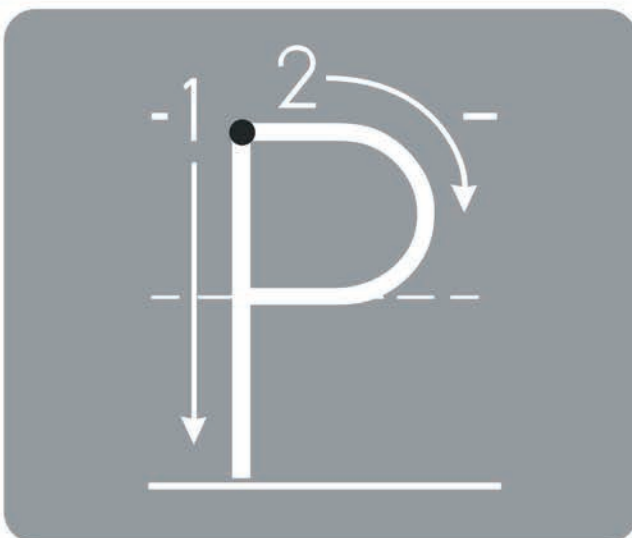
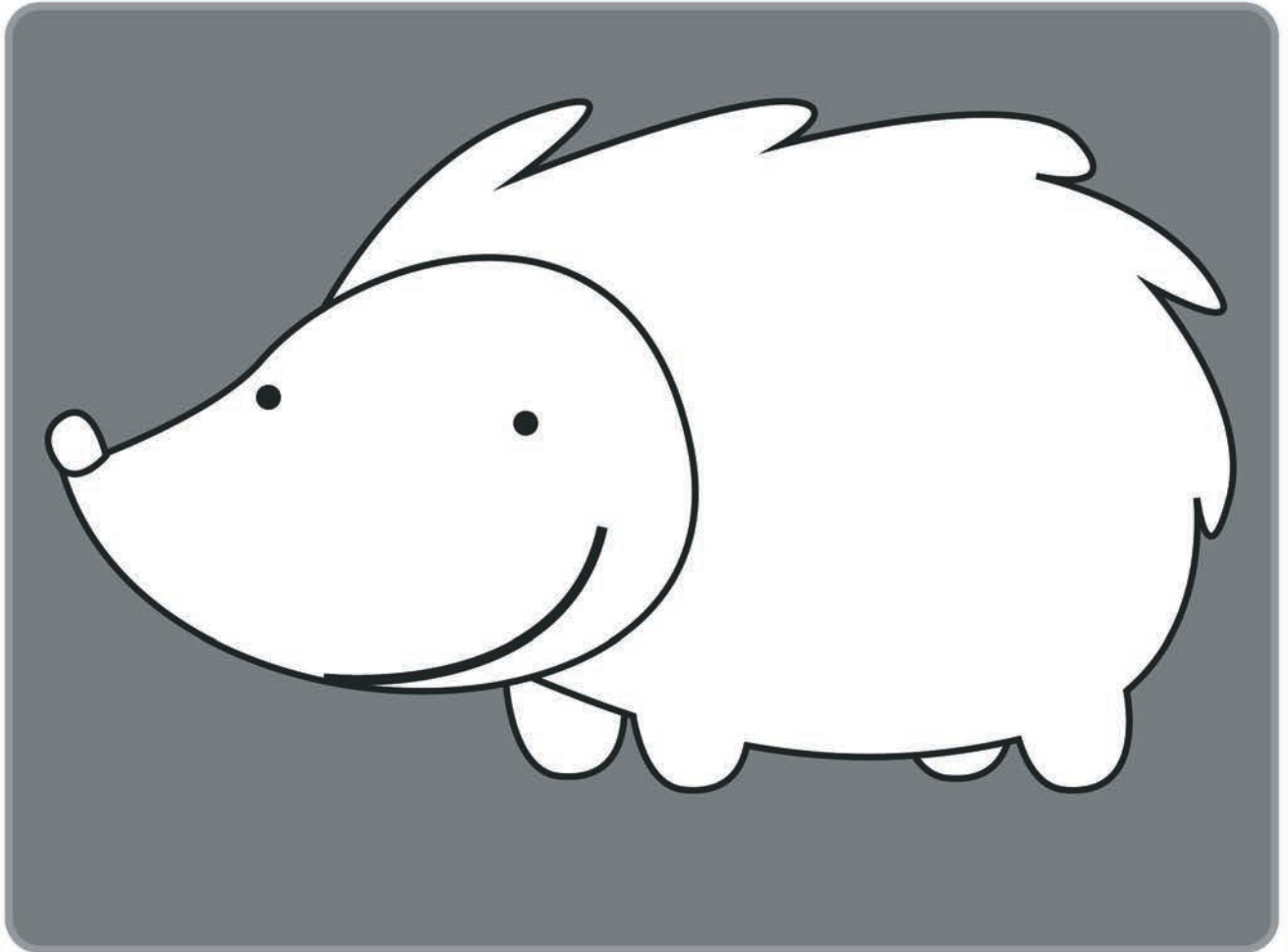
Help your child trace the letter O with their finger and then trace the letter O with their pencil. Have your child start on the dot at the top and follow the lines to make an O.



# Letter Practice

P

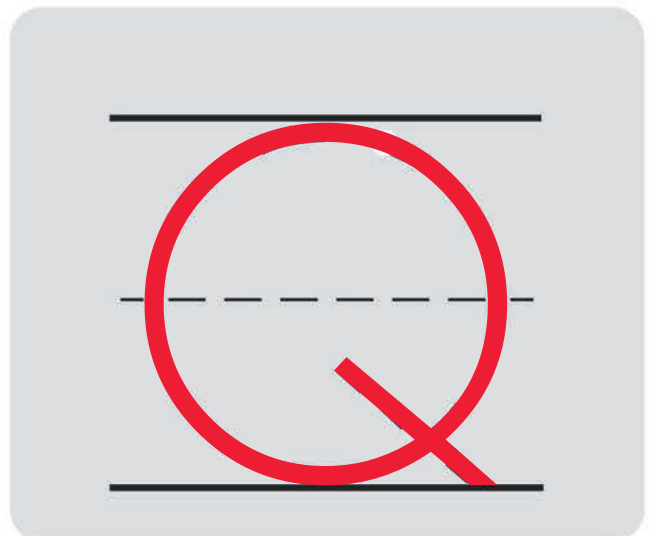
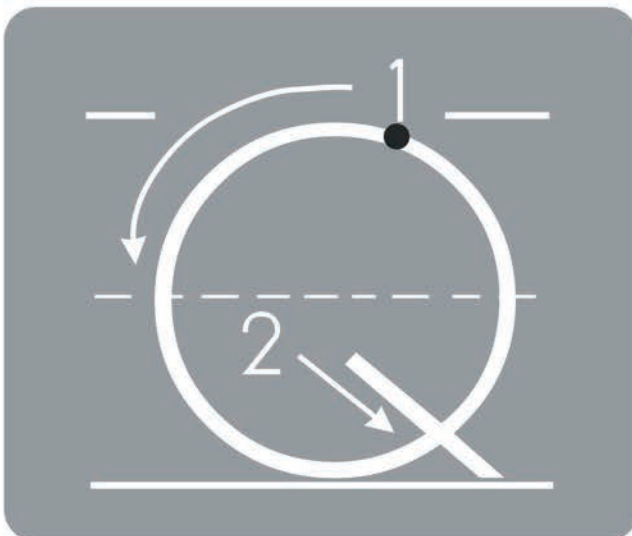
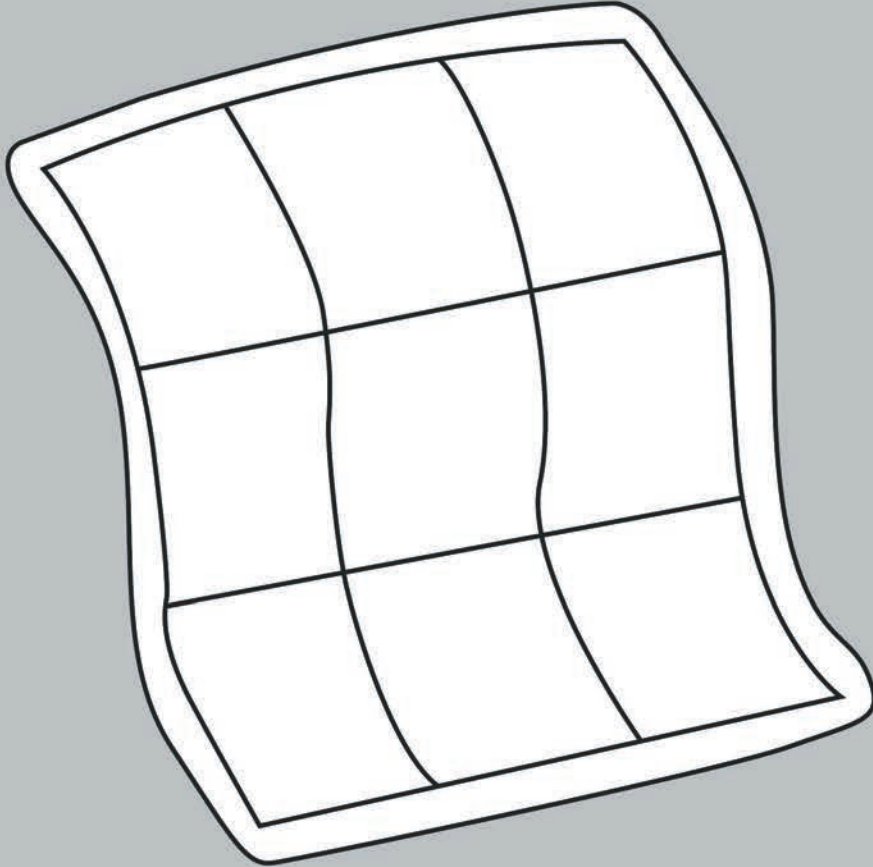
Help your child trace the letter P with their finger and then trace the letter P with their pencil. Have your child start on the dot at the top and follow the lines to make a P and then colour the porcupine.



# Letter Practice

Q

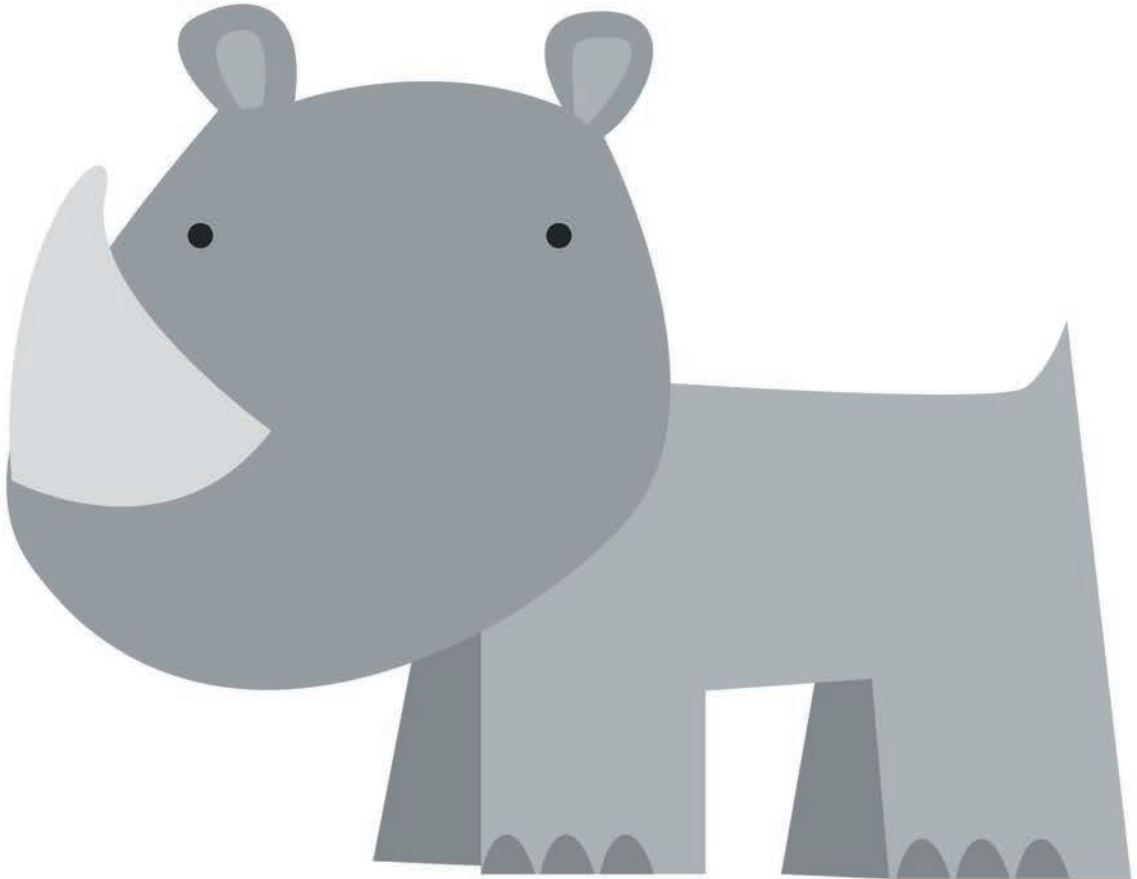
Help your child trace the letter Q with their finger and then trace the letter Q with their pencil. Have your child start on the dot at the top and follow the lines to make a Q and then colour the quilt.



# Letter Practice

R

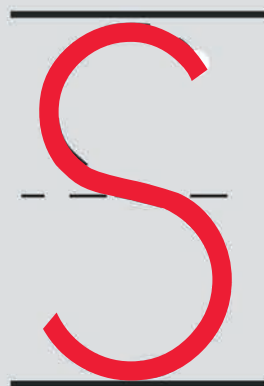
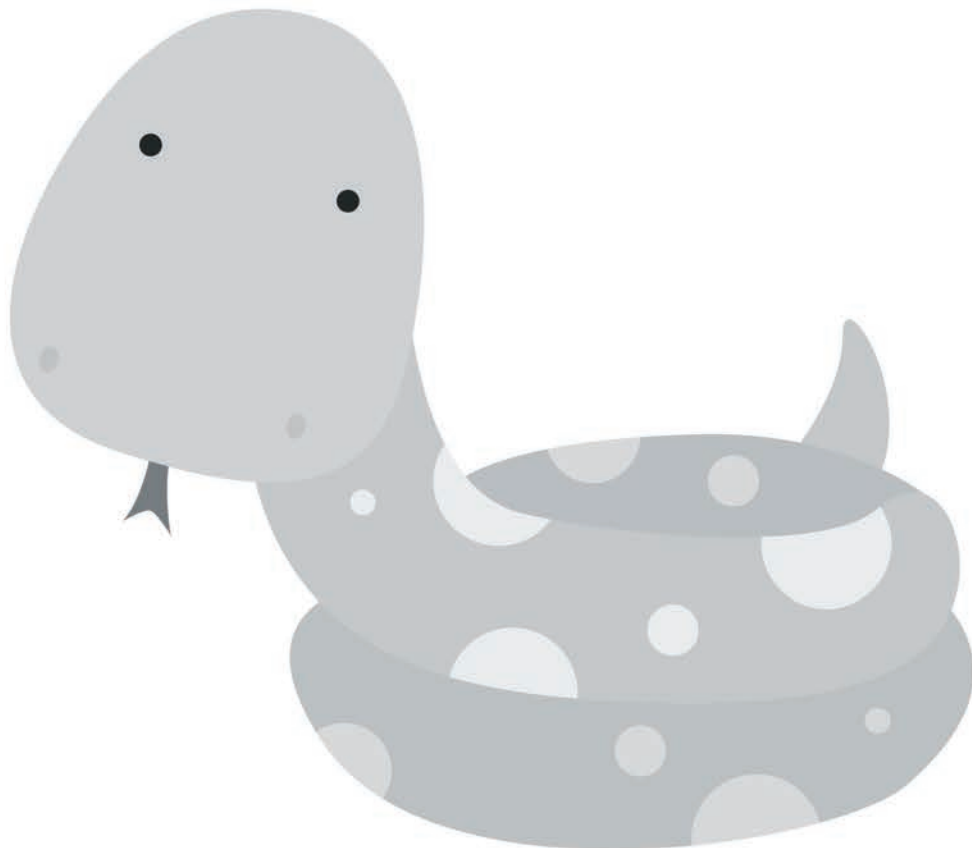
Help your child trace the letter R with their finger and then trace the letter R with their pencil. Have your child start on the dot at the top and follow the lines to make an R.



# Letter Practice

S

Help your child trace the letter S with their finger and then trace the letter S with their pencil. Have your child start on the dot at the top and follow the lines to make an S.

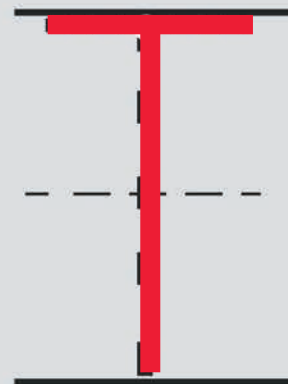
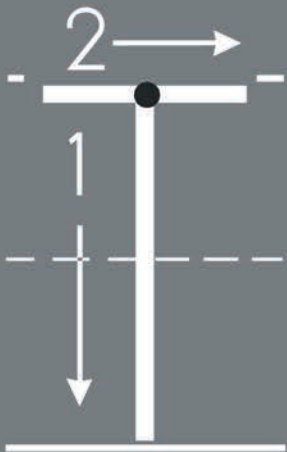




# Letter Practice

T

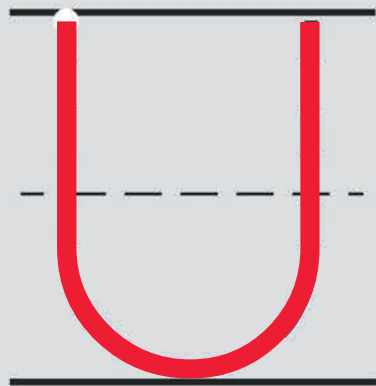
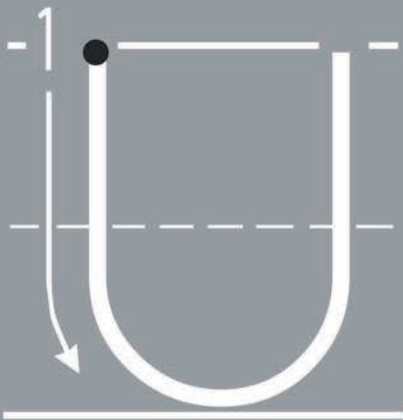
Help your child trace the letter T with their finger and then trace the letter T with their pencil. Have your child start on the dot at the top and follow the lines to make a T and then colour the tiger.



# Letter Practice

U

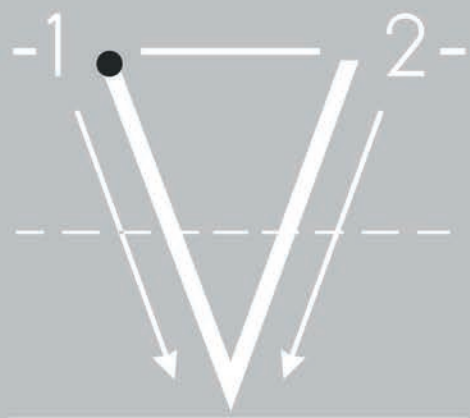
Help your child trace the letter U with their finger and then trace the letter U with their pencil. Have your child start on the dot at the top and follow the lines to make a U and then colour the umbrella.



# Letter Practice

V

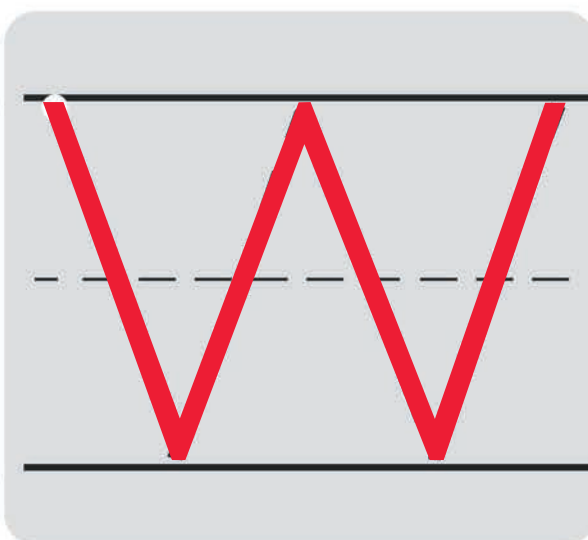
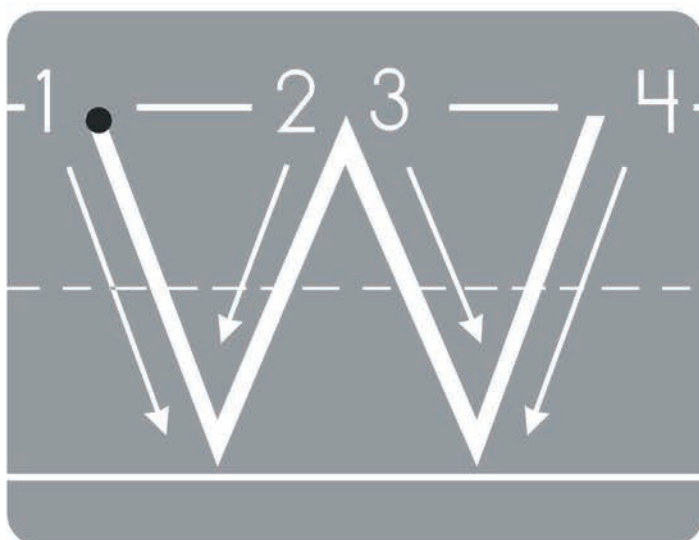
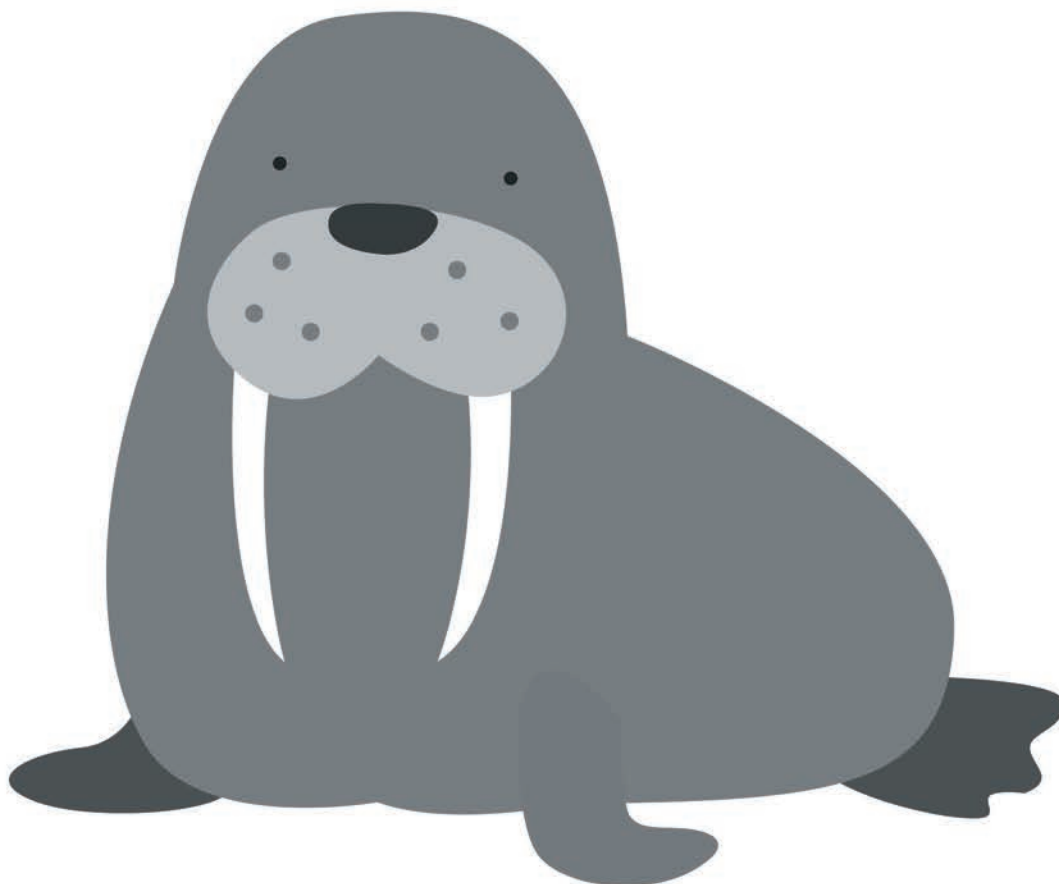
Help your child trace the letter V with their finger and then trace the letter V with their pencil. Have your child start on the dot at the top and follow the lines to make a V.



# Letter Practice

W

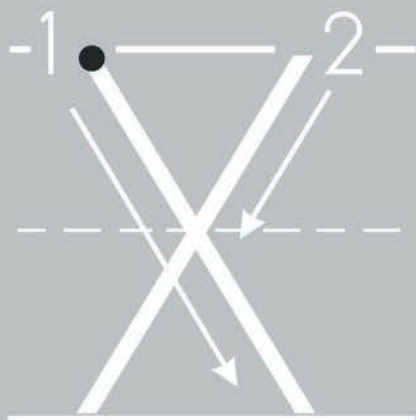
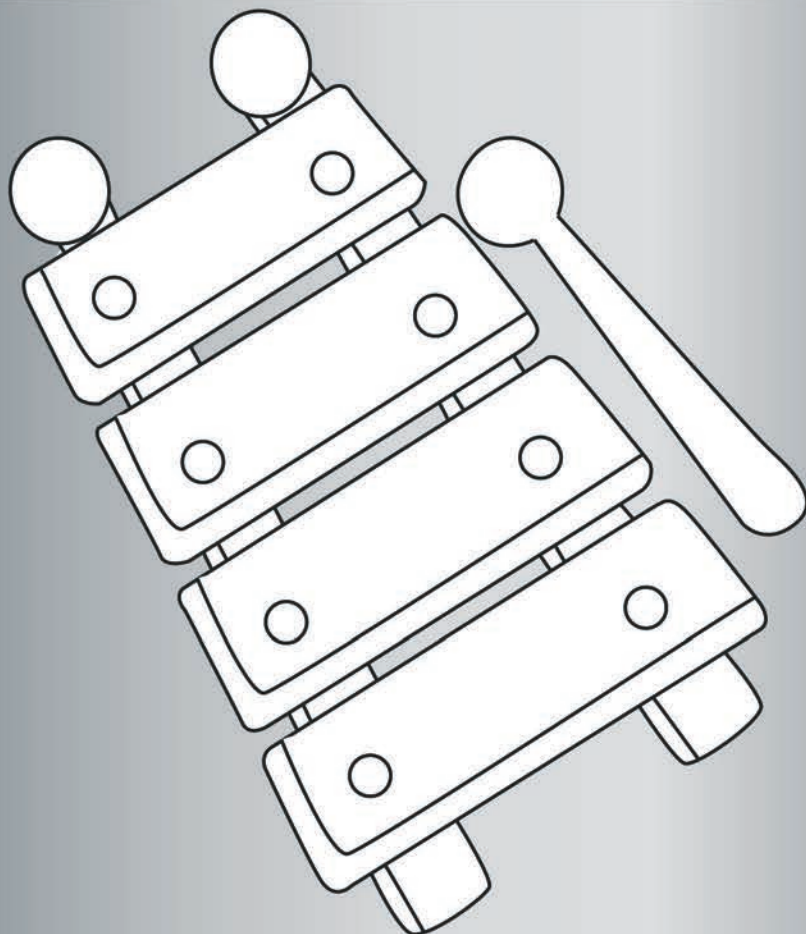
Help your child trace the letter W with their finger and then trace the letter W with their pencil. Have your child start on the dot at the top and follow the lines to make a W.



# Letter Practice

×

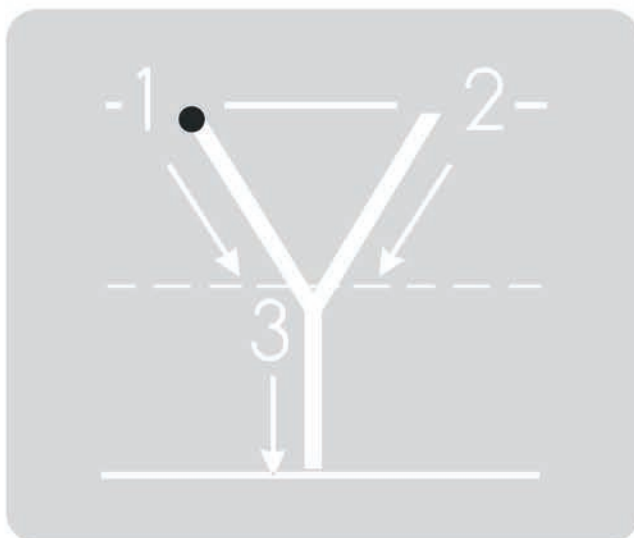
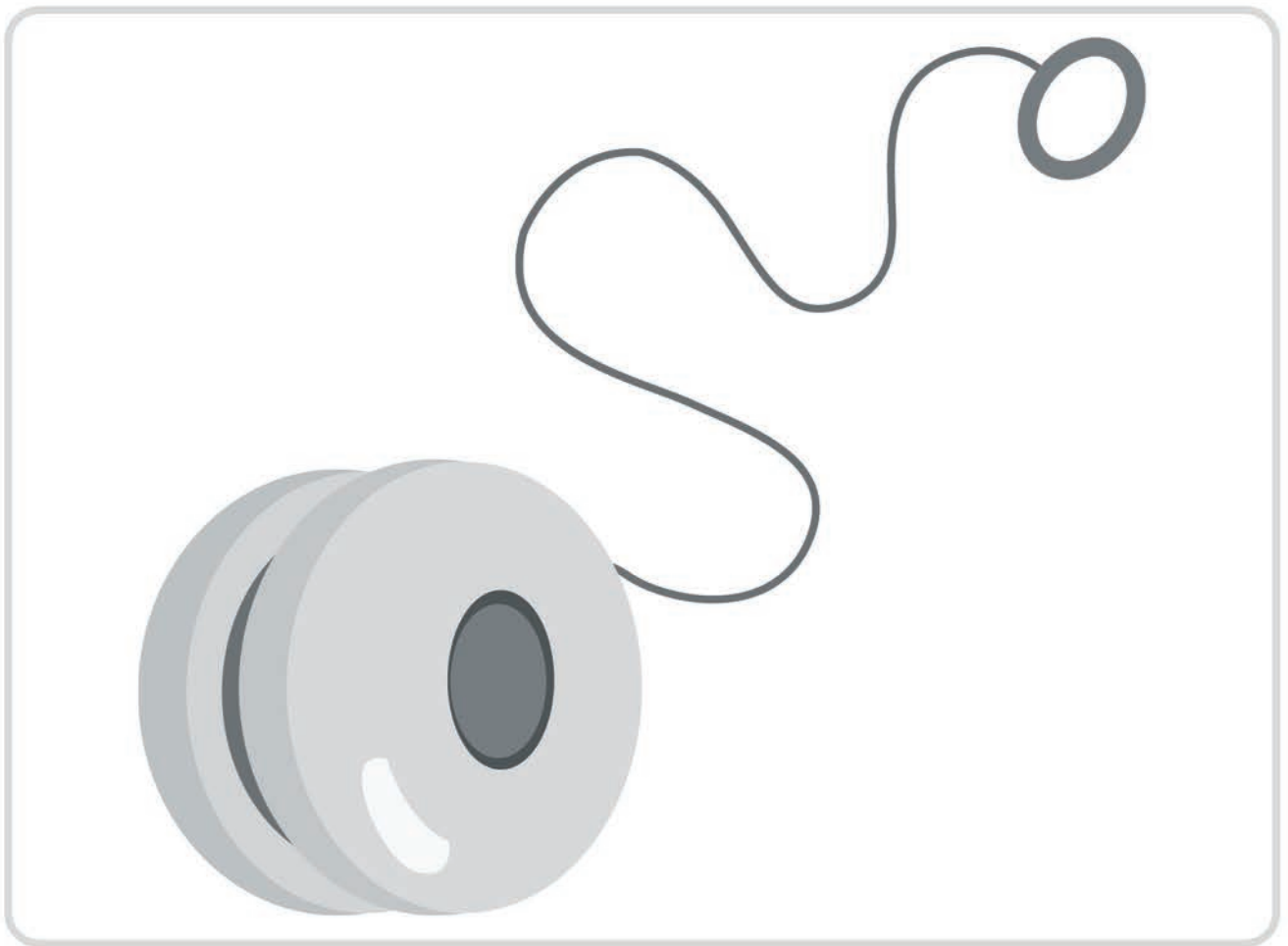
Help your child trace the letter X with their finger and then trace the letter X with their pencil. Have your child start on the dot at the top and follow the lines to make an X and then colour the xylophone.



# Letter Practice

Y

Help your child trace the letter Y with their finger and then trace the letter Y with their pencil. Have your child start on the dot at the top and follow the lines to make a Y.

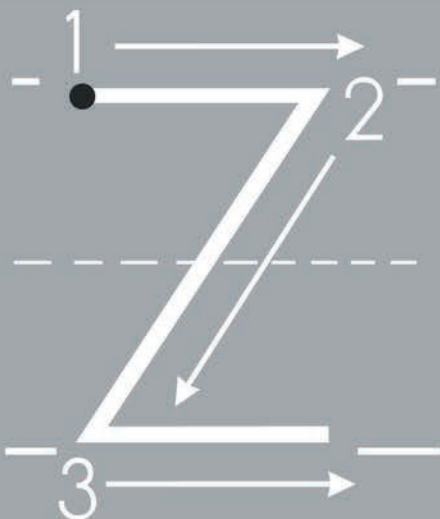
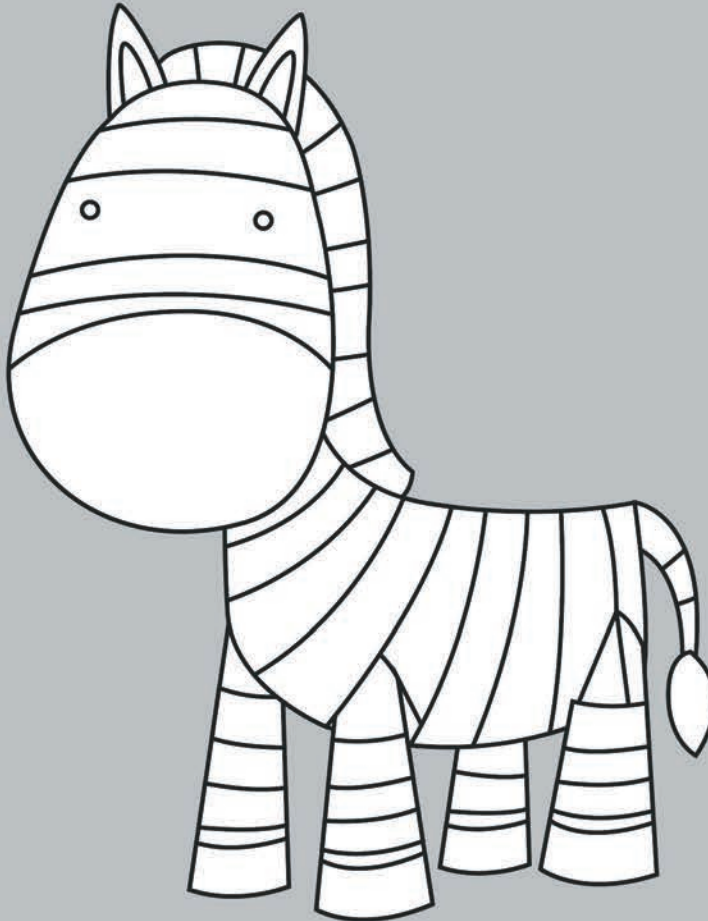




# Letter Practice

Z

Help your child trace the letter Z with their finger and then trace the letter Z with their pencil. Have your child start on the dot at the top and follow the lines to make a Z and then colour the zebra.



# Letter Hunt

Recognize the ABCs

Can you point to the letters in your name?

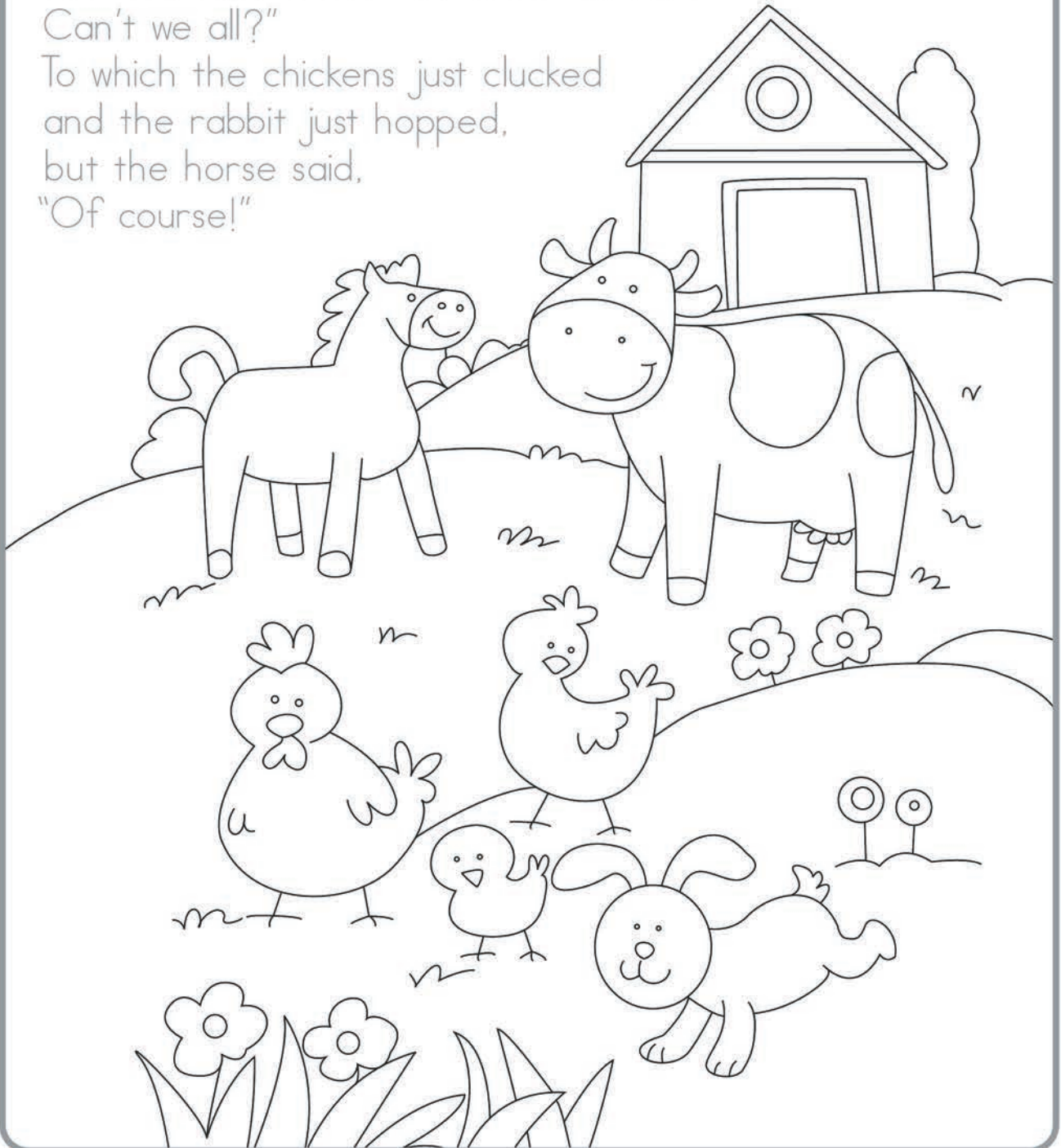
Help your child say the names of those letters and then circle them.



# Read and Colour Story

Read the story with your child and have them colour the picture.

"Moo," said the cow,  
and the pig said, "WOW! Can't you talk?"  
The cow said, "I can talk and I can walk.  
Can't we all?"  
To which the chickens just clucked  
and the rabbit just hopped,  
but the horse said,  
"Of course!"



# Read and Colour Story

Read the story with your child and have them colour the picture.

"I painted a flower,"  
said Little Sue Splatter.  
"It took a whole hour,  
but that doesn't matter!"





# Read and Colour Story

Read the story with your child and have them colour the picture.

Sammy the Starfish said to Charlie the Crab,  
"I loved going to the beach!  
What fun we all had!"



# Summary of Concepts

## Letter Hunt

Have your child point to each letter and say the names. Then have them circle the letters in their name.

A B C D E

F G H I J K

L M N O P

Q R S T U

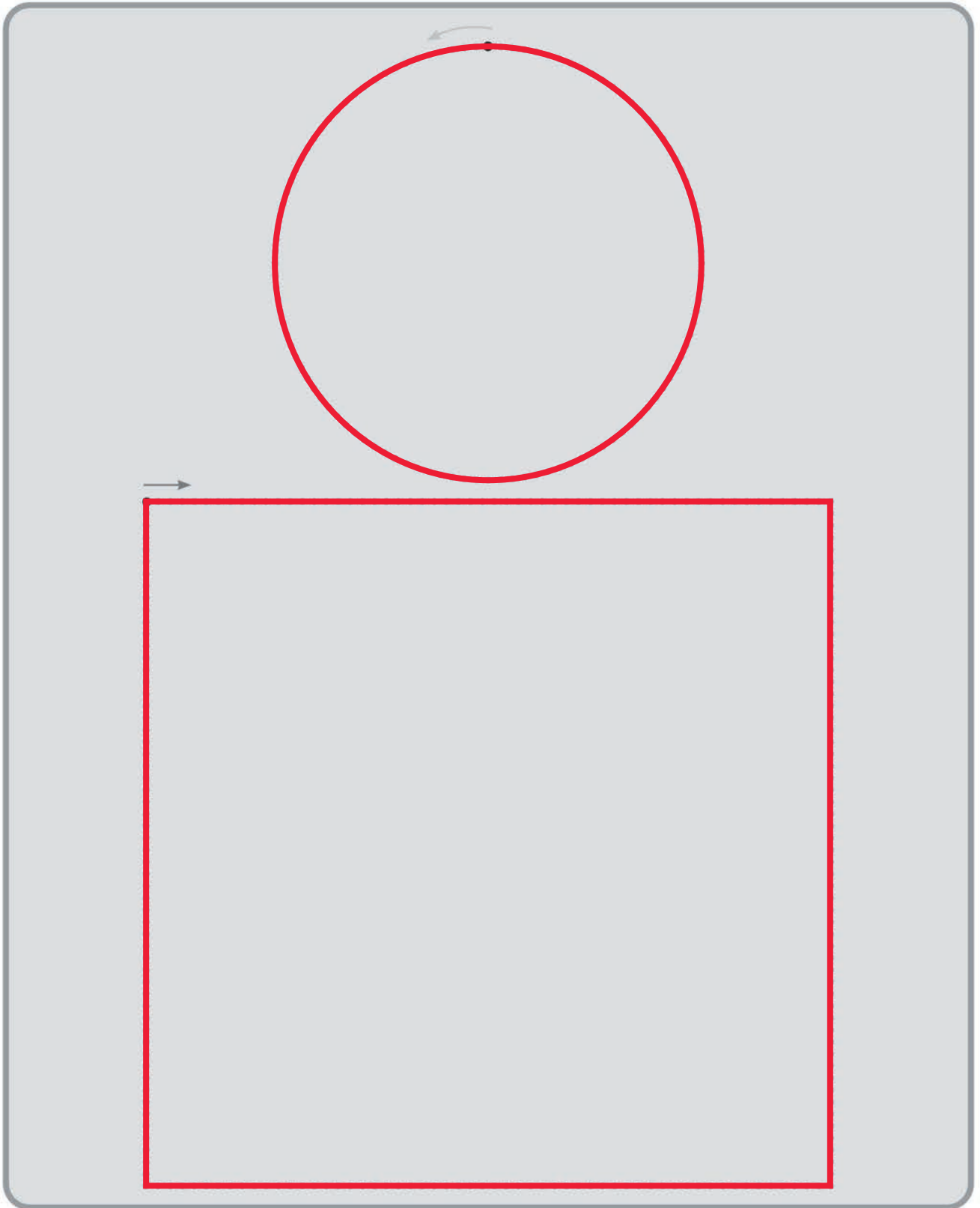
V W X Y Z



# Summary of Concepts

## Lines Making Shapes

Have your child trace the lines to make a circle and a square.





# CERTIFICATE of Achievement



.....  
has successfully completed  
**My First Letters Workbook**

Date .....

Parent's Signature .....

