

Building solid foundations for scholastic success

MY
1st

Reading Practice



My First Workbook

READY TO LEARN™

The
Canadian
Curriculum
Series

First Words

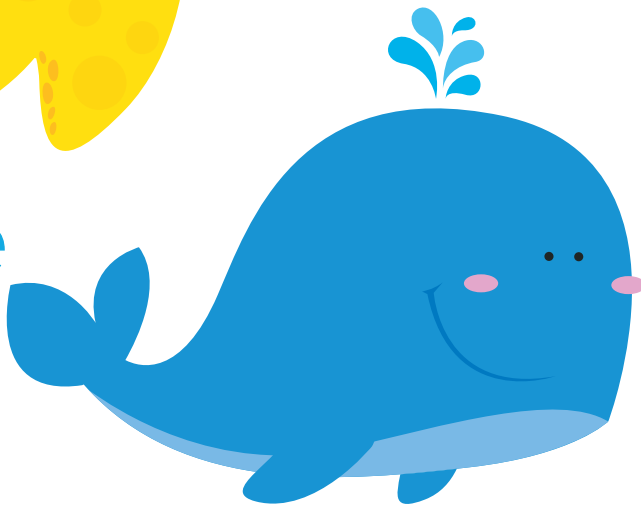


S

- Introduces letters and sounds

- Introduces storytelling using pictures

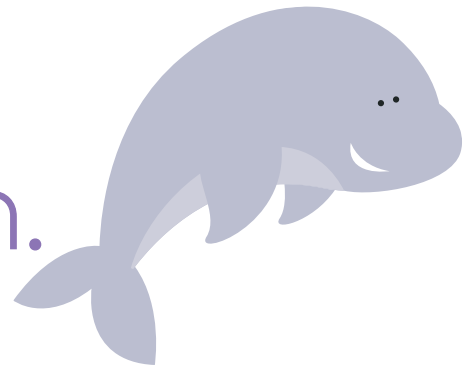
whale



- Introduces reading readiness techniques



is for dolphin.



Tammy K. Hayes, EdD

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First Words

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My First Words

At this age, parents play an important interactive role in getting their child ready for prekindergarten. Creating a literacy-rich environment with numerous books and opportunities to practise reading and writing with your child is essential. This book will introduce letters and related words and give you and your child an opportunity to begin developing a love of reading.

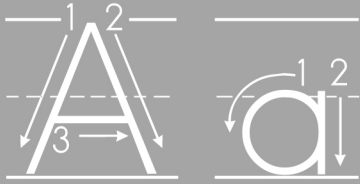
Words Are Everywhere

Read everything around you!

Take a walk and point to signs and symbols you see along the way. This kind of environmental print is a great introduction to reading and recognizing that symbols have meaning. Your local grocery store, hospital, and even fast food restaurants have signs and symbols that your child will learn to recognize and read before you know it!

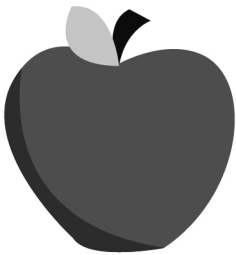


Letter Names

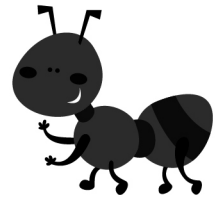


Letter A

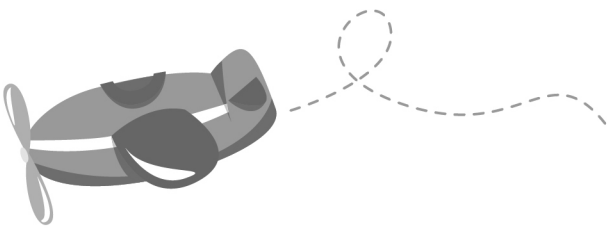
Help your child trace the big A and little a with their finger. Point and say the name of each picture below that begins with the letter A. Have your child colour the letter A.



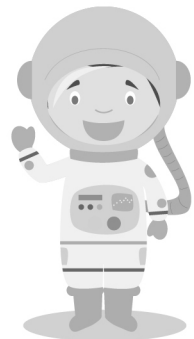
apple



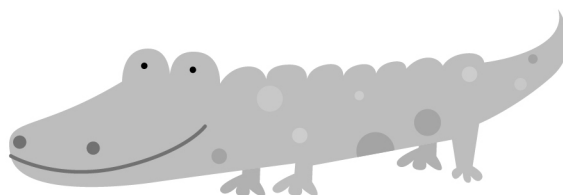
ant



airplane

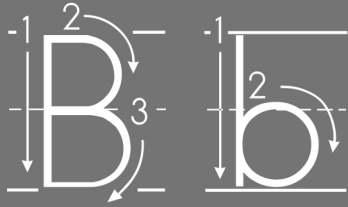


astronaut



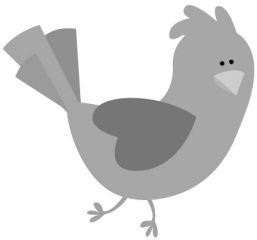
alligator

Letter Names

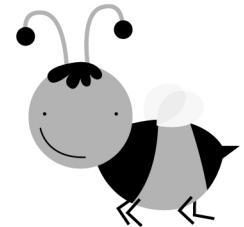


Letter B

Help your child trace the big B and little b with their finger. Point and say the name of each picture below that begins with the letter B. Have your child colour the letter B.



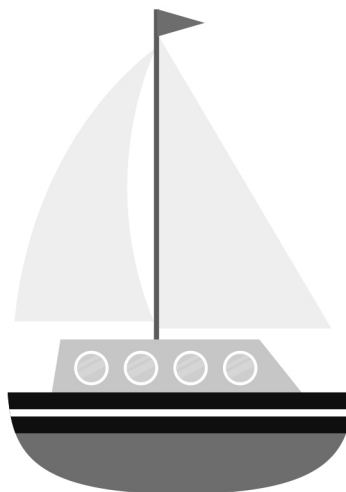
bird



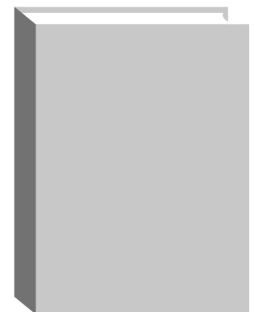
bee



beaver



boat



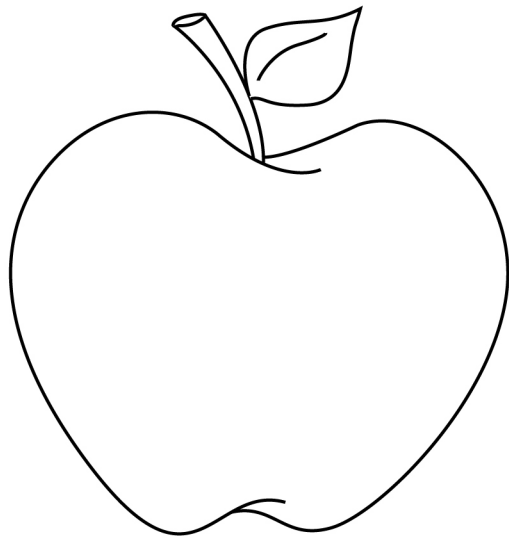
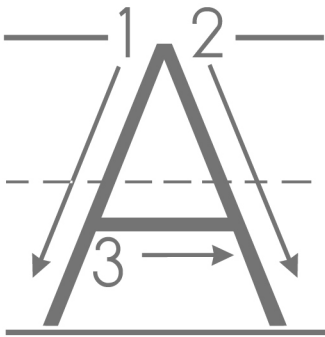
book

Letter Sounds

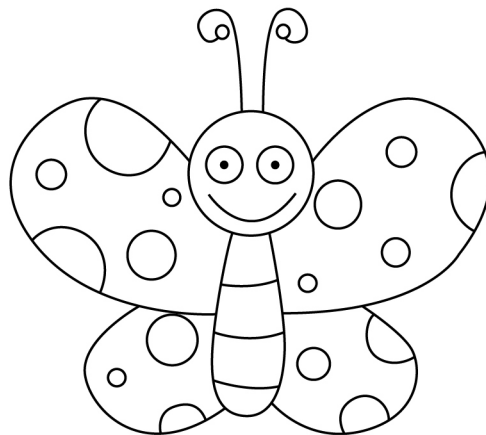
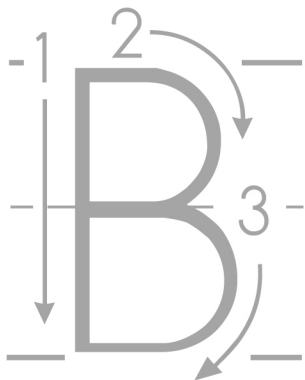
A and B

Help your child trace the letters with their finger. Then read the sentences below and have them colour the pictures.

A is for apple.



B is for butterfly.

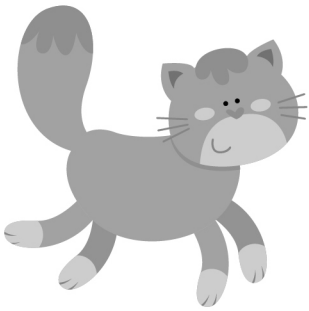


Letter Names

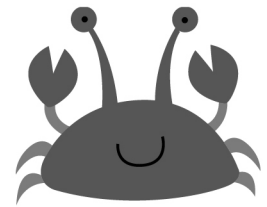


Letter C

Help your child trace the big C and little c with their finger. Point and say the name of each picture below that begins with the letter C. Have your child colour the letter C.



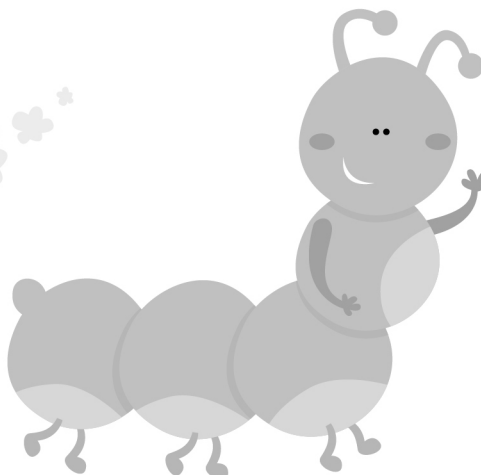
cat



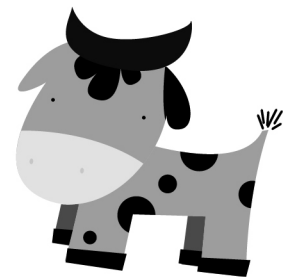
crab



car

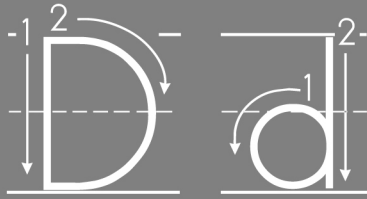


caterpillar



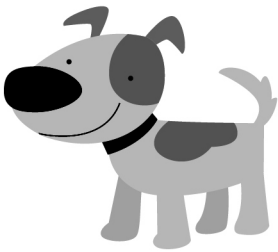
cow

Letter Names

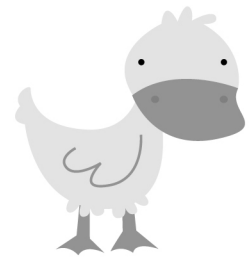


Letter D

Help your child trace the big D and little d with their finger. Point and say the name of each picture below that begins with the letter D. Have your child colour the letter D.



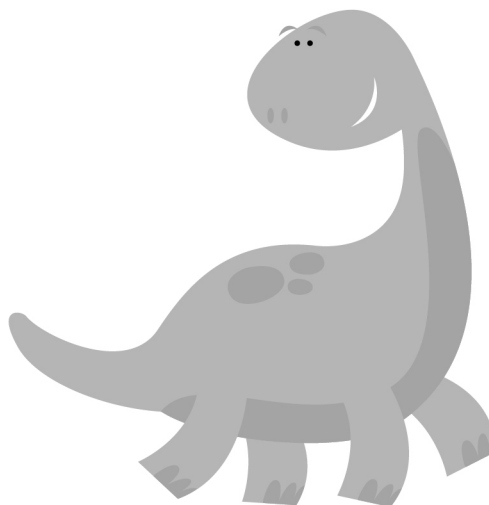
dog



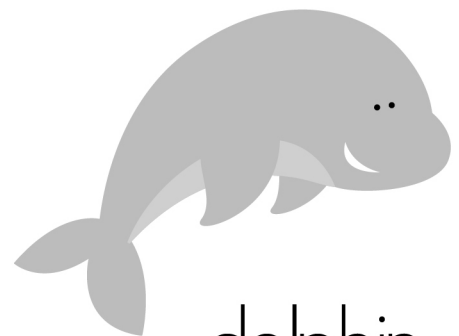
duck



doll



dinosaur



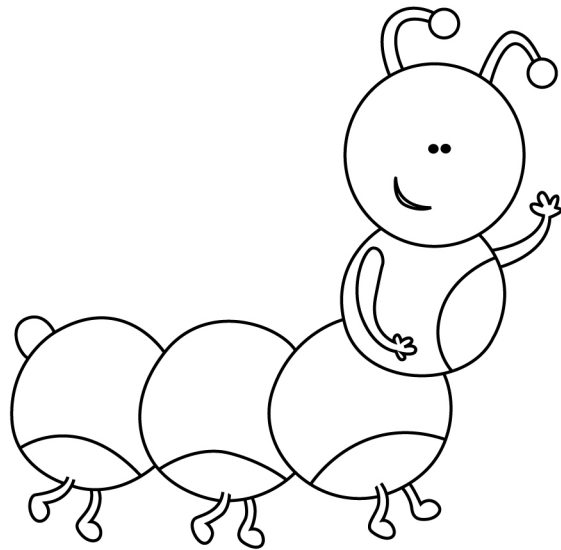
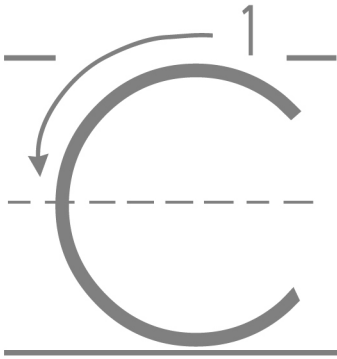
dolphin

Letter Sounds

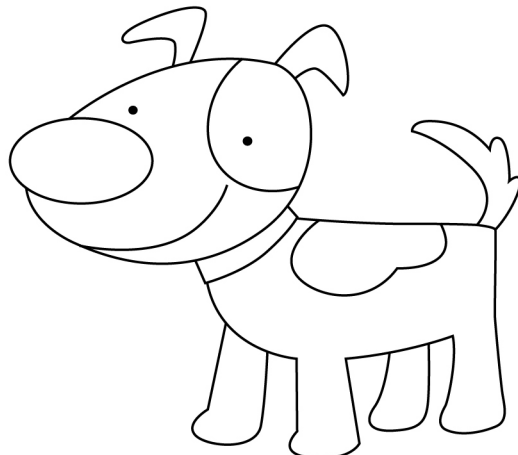
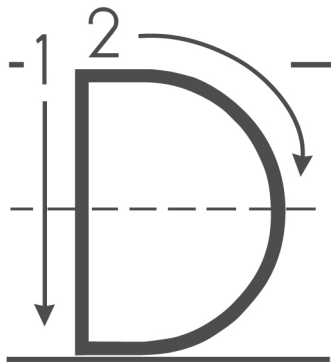
C and D

Help your child trace the letters with their finger. Then read the sentences below and have them colour the pictures.

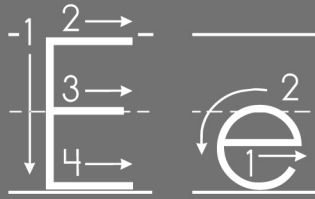
C is for caterpillar.



D is for dog.



Letter Names

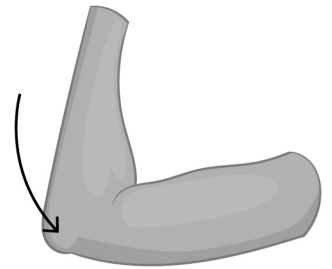


Letter E

Help your child trace the big E and little e with their finger. Point and say the name of each picture below that begins with the letter E. Have your child colour the letter E.



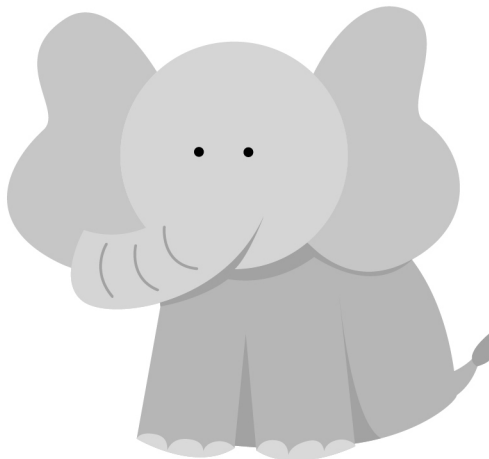
egg



elbow



elf

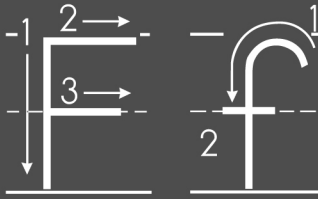


elephant



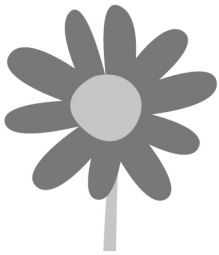
eagle

Letter Names

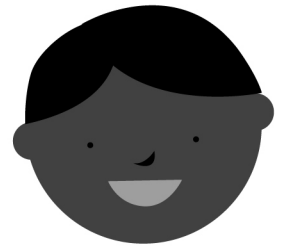


Letter F

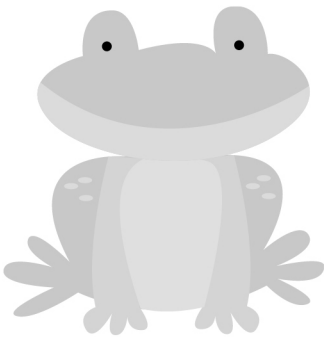
Help your child trace the big F and little f with their finger. Point and say the name of each picture below that begins with the letter F. Have your child colour the letter F.



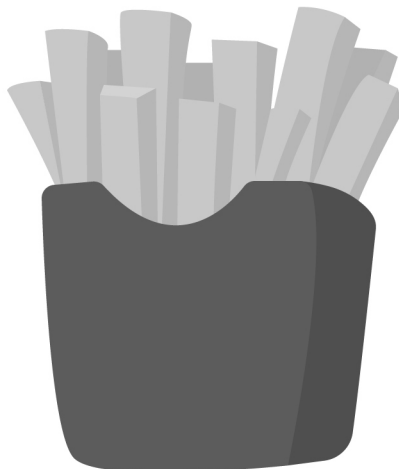
flower



face



frog



fries



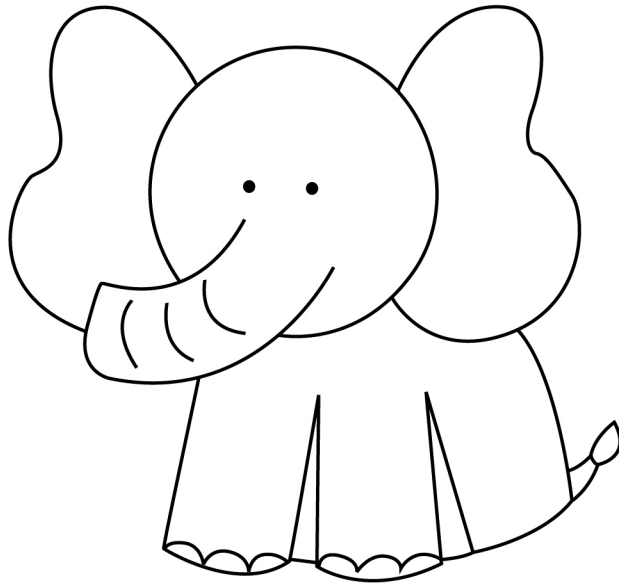
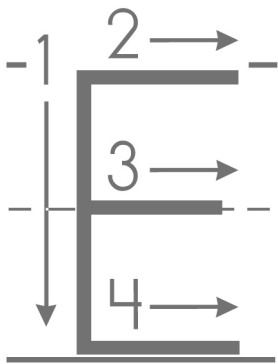
fish

Letter Sounds

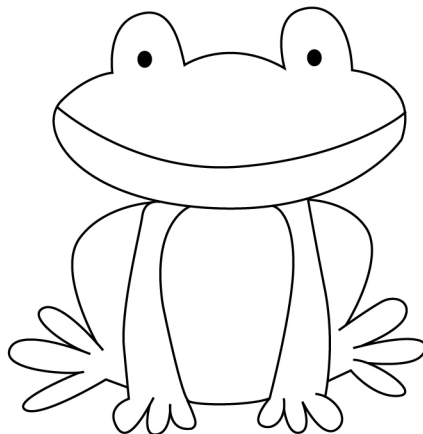
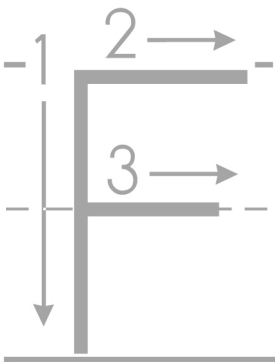
E and F

Help your child trace the letters with their finger. Then read the sentences below and have them colour the pictures.

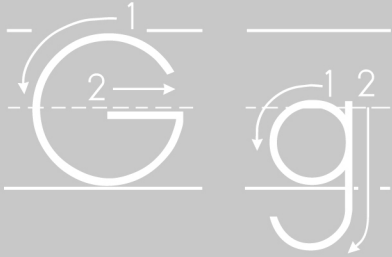
E is for elephant.



F is for frog.

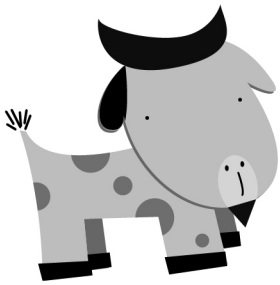


Letter Names

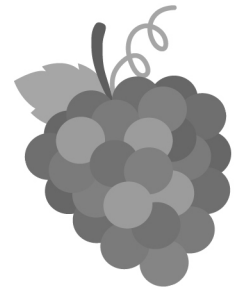


Letter G

Help your child trace the big G and little g with their finger. Point and say the name of each picture below that begins with the letter G. Have your child colour the letter G.



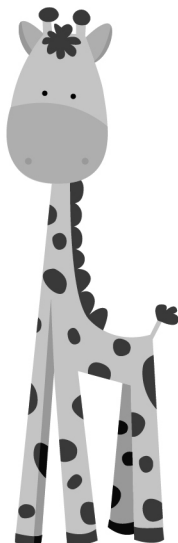
goat



grapes



globe

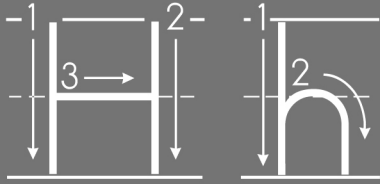


giraffe



guitar

Letter Names



Letter H

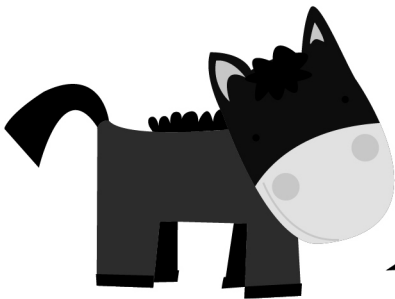
Help your child trace the big H and little h with their finger. Point and say the name of each picture below that begins with the letter H. Have your child colour the letter H.



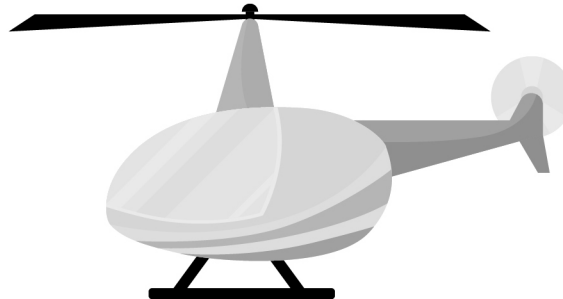
hockey
stick



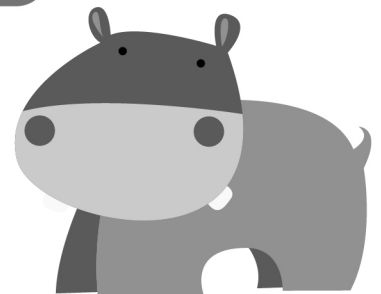
hat



horse



helicopter



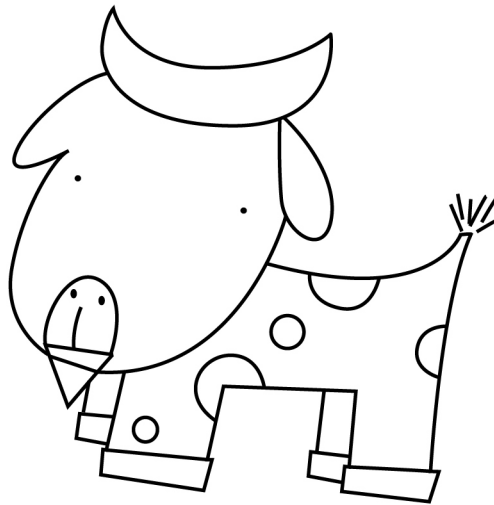
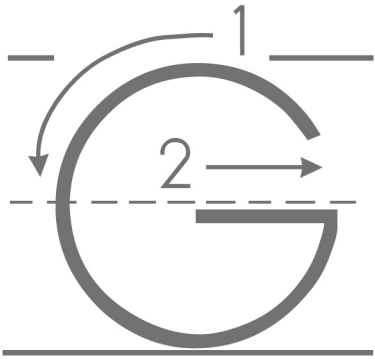
hippo

Letter Sounds

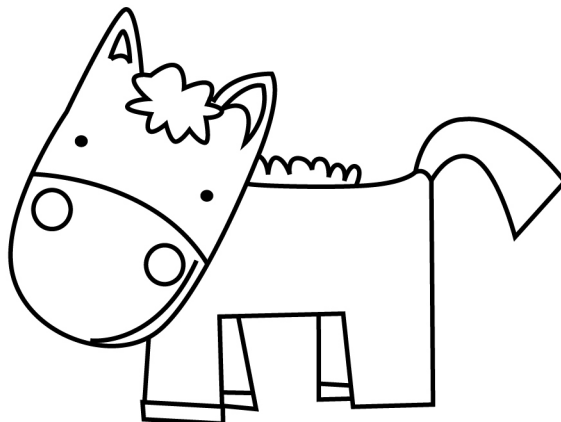
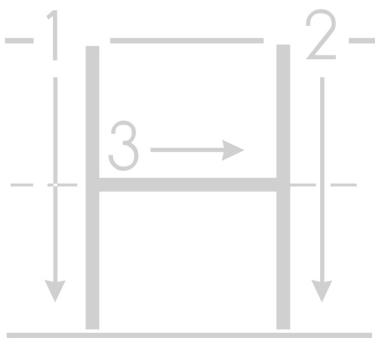
G and H

Help your child trace the letters with their finger. Then read the sentences below and have them colour the pictures.

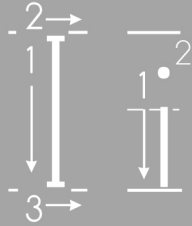
G is for goat.



H is for horse.



Letter Names



Letter I

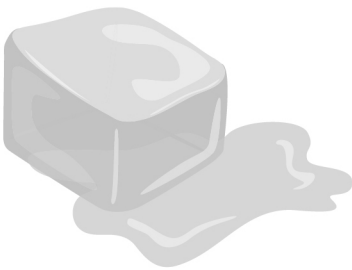
Help your child trace the big I and little i with their finger. Point and say the name of each picture below that begins with the letter I. Have your child colour the letter I.



insect



iguana



ice cube

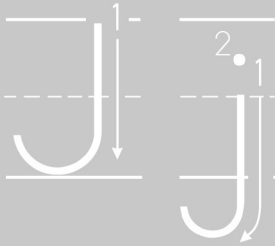


island



ice cream

Letter Names



Letter J

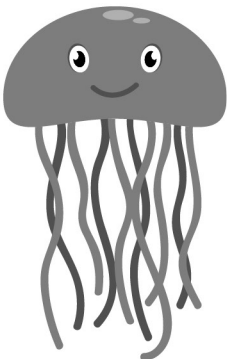
Help your child trace the big J and little j with their finger. Point and say the name of each picture below that begins with the letter J. Have your child colour the letter J.



jar



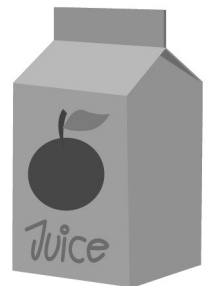
jacket



jellyfish



jungle



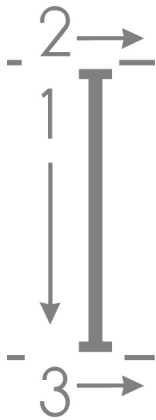
juice

Letter Sounds

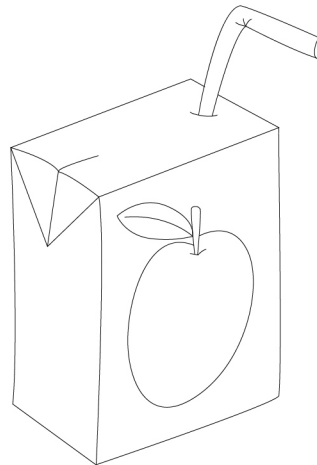
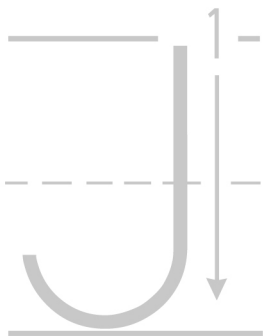
I and J

Help your child trace the letters with their finger. Then read the sentences below and have them colour the pictures.

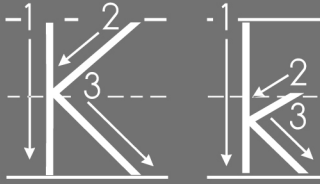
I is for ice cream.



J is for juice.

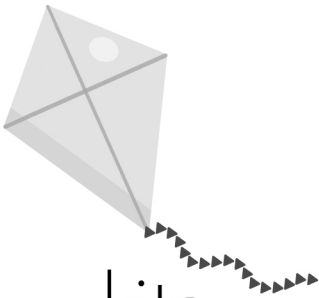


Letter Names



Letter K

Help your child trace the big K and little k with their finger. Point and say the name of each picture below that begins with the letter K. Have your child colour the letter K.



kite



key



king

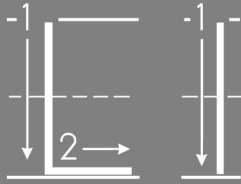


kangaroo



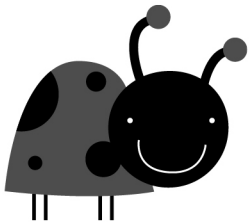
koala

Letter Names



Letter L

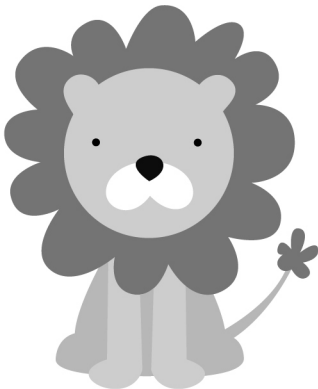
Help your child trace the big L and little l with their finger. Point and say the name of each picture below that begins with the letter L. Have your child colour the letter L.



ladybug



lemon



lion



lizard



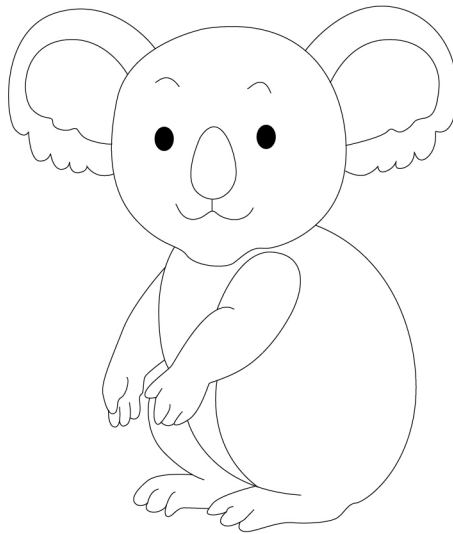
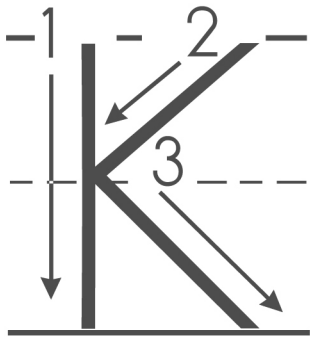
lollipop

Letter Sounds

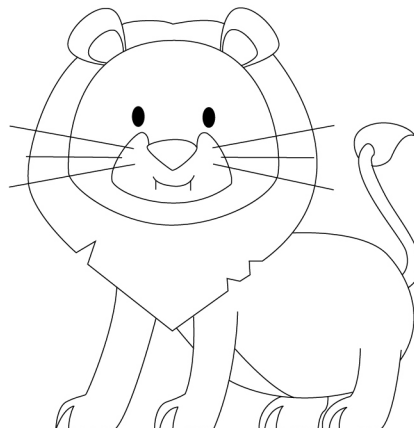
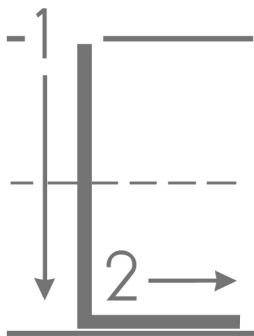
K and L

Help your child trace the letters with their finger. Then read the sentences below and have them colour the pictures.

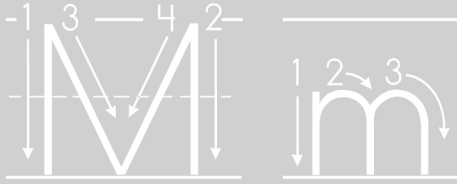
K is for koala.



L is for lion.

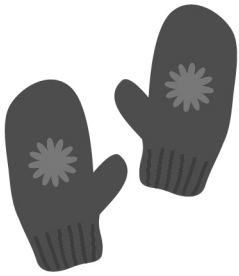


Letter Names

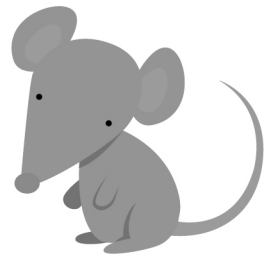


Letter M

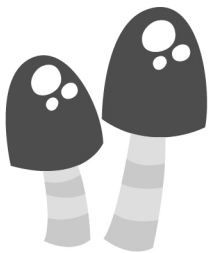
Help your child trace the big M and little m with their finger. Point and say the name of each picture below that begins with the letter M. Have your child colour the letter M.



mittens



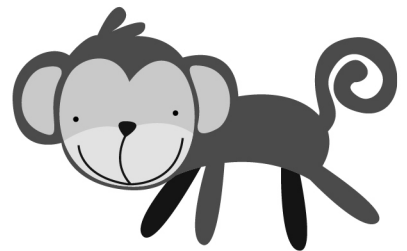
mouse



mushroom

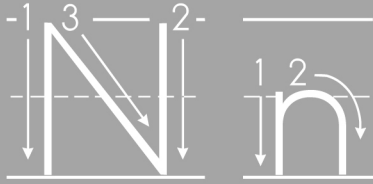


moose



monkey

Letter Names



Letter N

Help your child trace the big N and little n with their finger. Point and say the name of each picture below that begins with the letter N. Have your child colour the letter N.



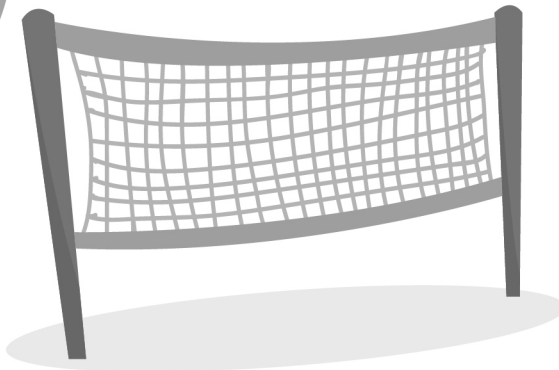
nail



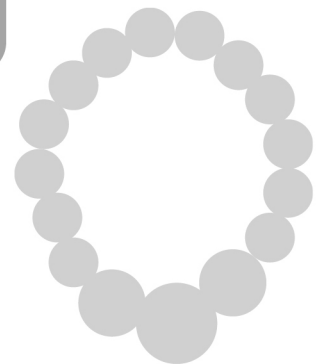
needle



night



net



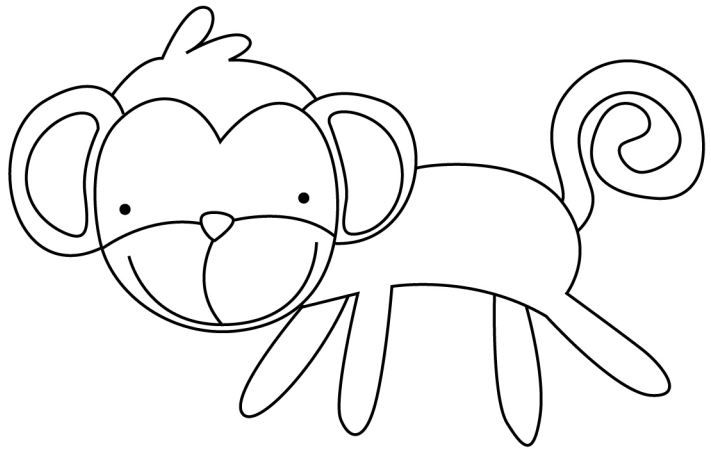
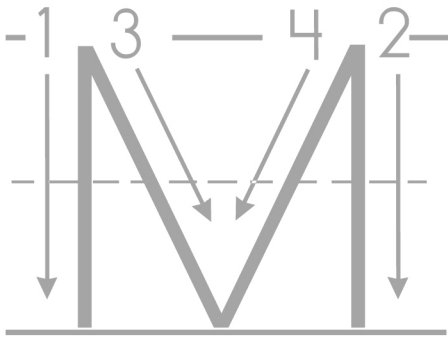
necklace

Letter Sounds

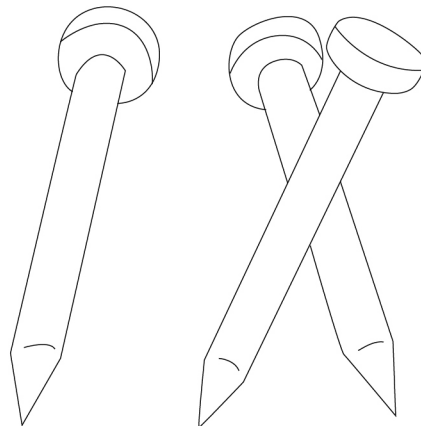
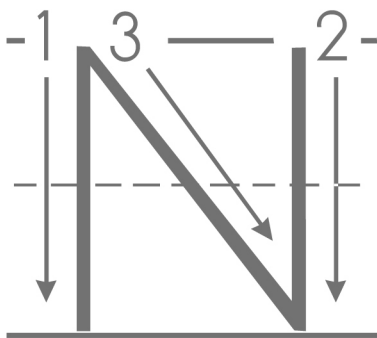
M and N

Help your child trace the letters with their finger. Then read the sentences below and have them colour the pictures.

M is for monkey.



N is for nails.



Letter Names

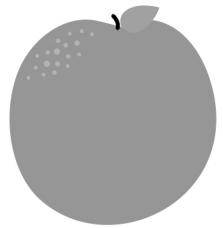


Letter O

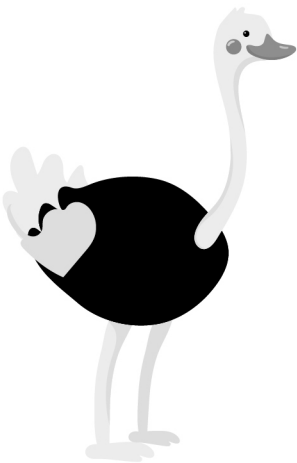
Help your child trace the big O and little o with their finger. Point and say the name of each picture below that begins with the letter O. Have your child colour the letter O.



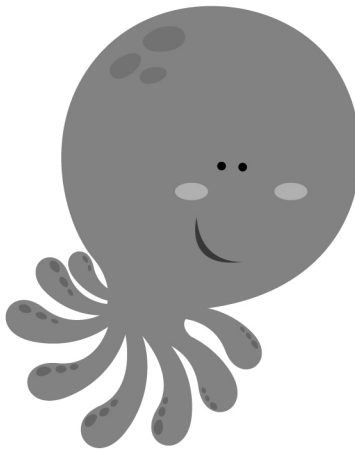
owl



orange



ostrich

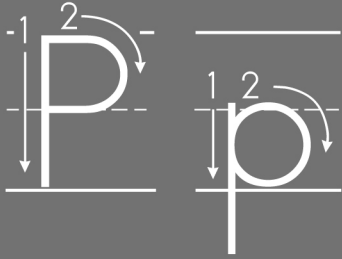


octopus



ornament

Letter Names

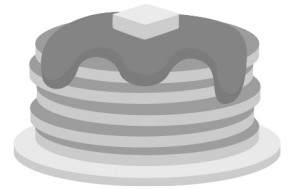


Letter P

Help your child trace the big P and little p with their finger. Point and say the name of each picture below that begins with the letter P. Have your child colour the letter P.



pig



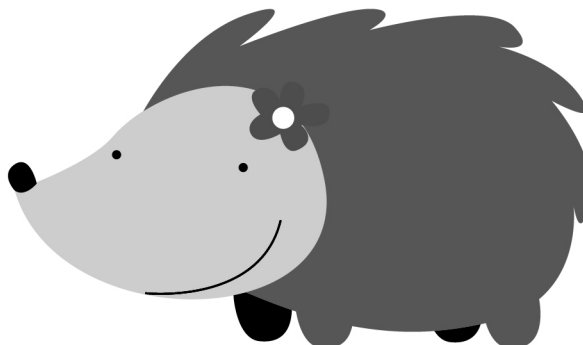
pancakes



pumpkin



princess



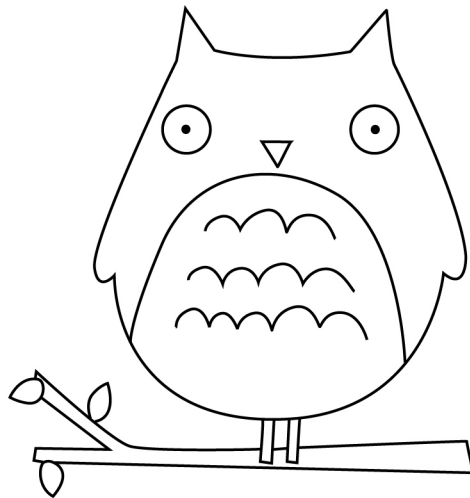
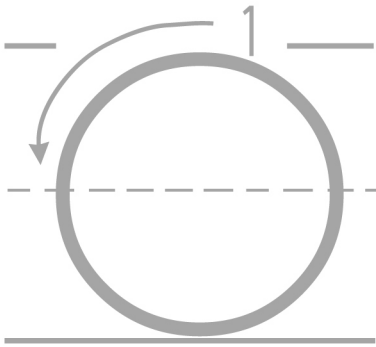
porcupine

Letter Sounds

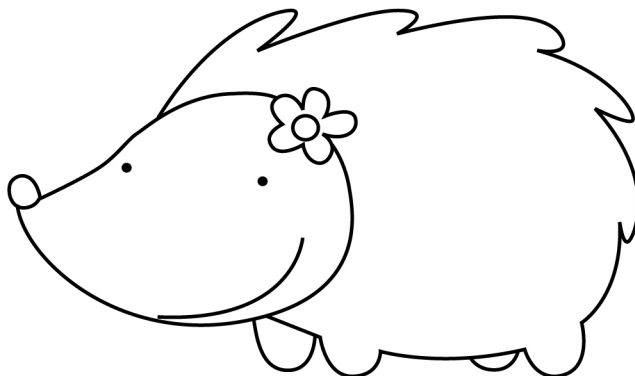
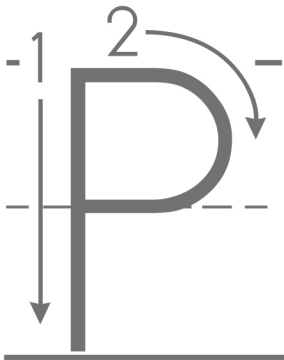
O and P

Help your child trace the letters with their finger. Then read the sentences below and have them colour the pictures.

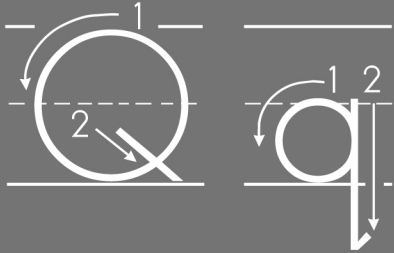
O is for owl.



P is for porcupine.



Letter Names



Letter Q

Help your child trace the big Q and little q with their finger. Point and say the name of each picture below that begins with the letter Q. Have your child colour the letter Q.



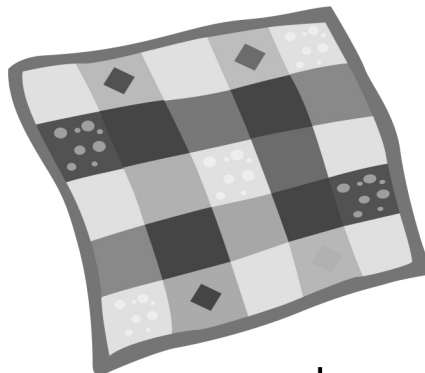
quail



queen

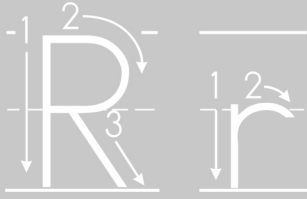


quarter



quilt

Letter Names



Letter R

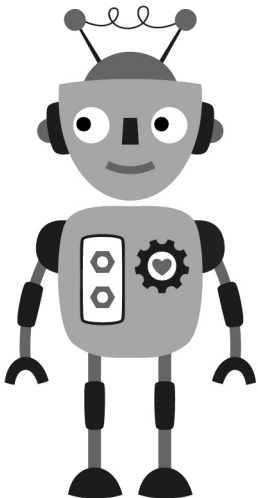
Help your child trace the big R and little r with their finger. Point and say the name of each picture below that begins with the letter R. Have your child colour the letter R.



rabbit



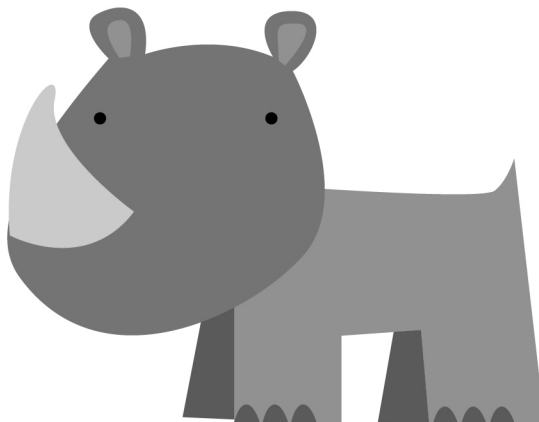
rooster



robot



raccoon



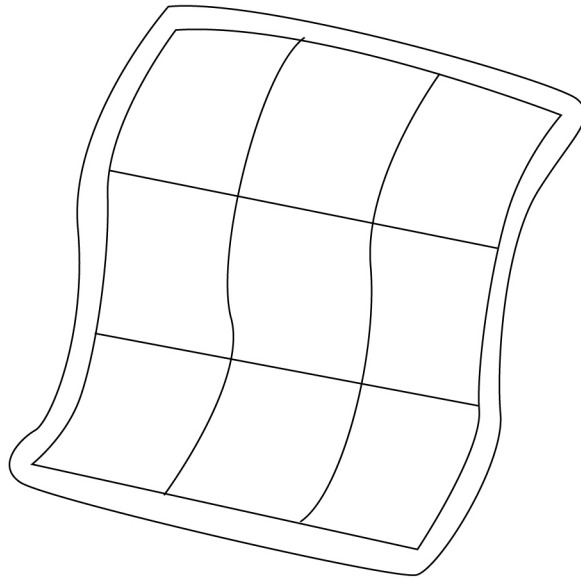
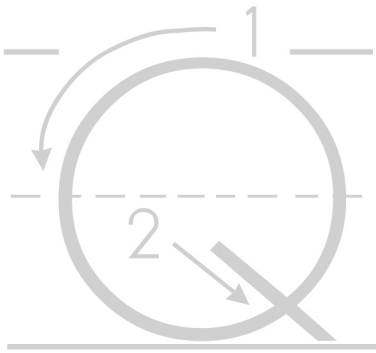
rhino

Letter Sounds

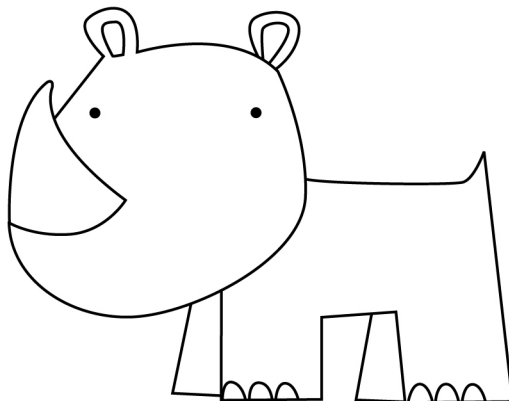
Q and R

Help your child trace the letters with their finger. Then read the sentences below and have them colour the pictures.

Q is for quilt.



R is for rhino.

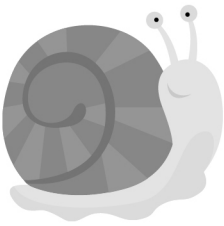


Letter Names

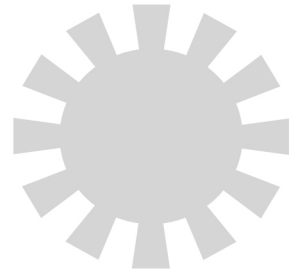


Letter S

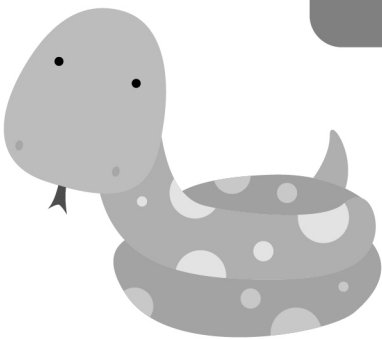
Help your child trace the big S and little s with their finger. Point and say the name of each picture below that begins with the letter S. Have your child colour the letter S.



snail



sun



snake

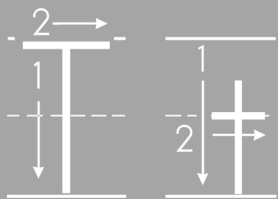


spaceship



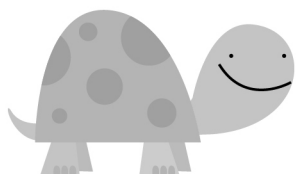
skates

Letter Names



Letter T

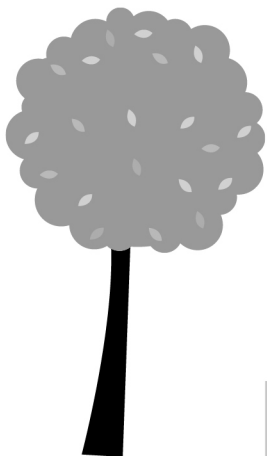
Help your child trace the big T and little t with their finger. Point and say the name of each picture below that begins with the letter T. Have your child colour the letter T.



turtle



tent



tree



tiger



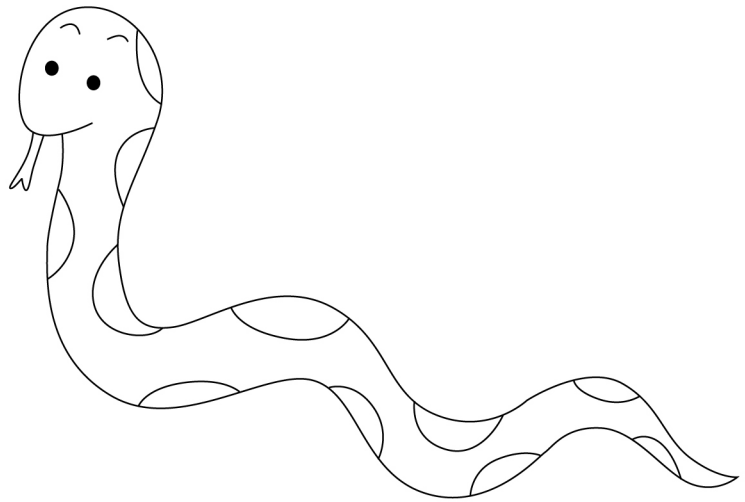
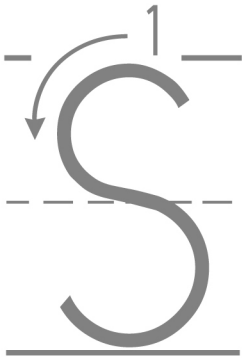
truck

Letter Sounds

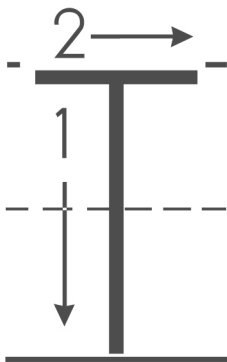
S and T

Help your child trace the letters with their finger. Then read the sentences below and have them colour the pictures.

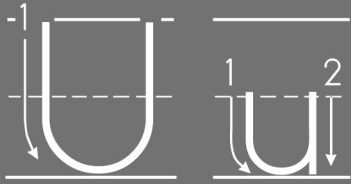
S is for snake.



T is for tiger.

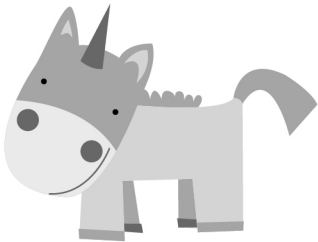


Letter Names

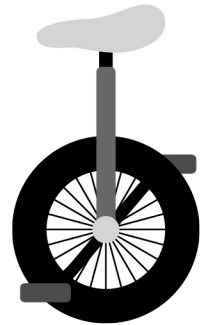


Letter U

Help your child trace the big U and little u with their finger. Point and say the name of each picture below that begins with the letter U. Have your child colour the letter U.



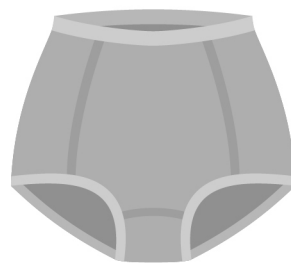
unicorn



unicycle

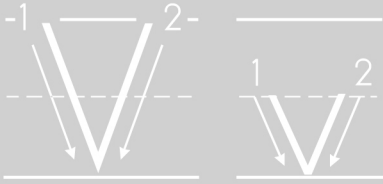


umbrella



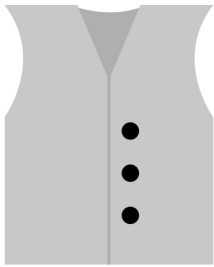
underwear

Letter Names

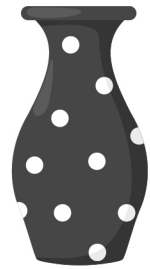


Letter V

Help your child trace the big V and little v with their finger. Point and say the name of each picture below that begins with the letter V. Have your child colour the letter V.



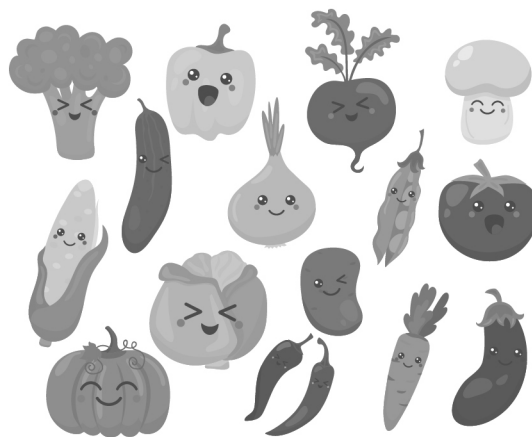
vest



vase



violin



vegetables



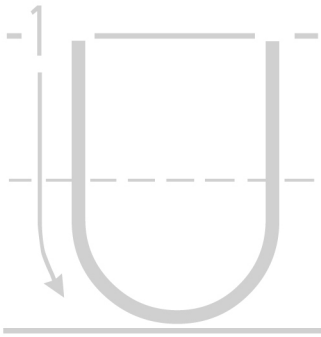
volcano

Letter Sounds

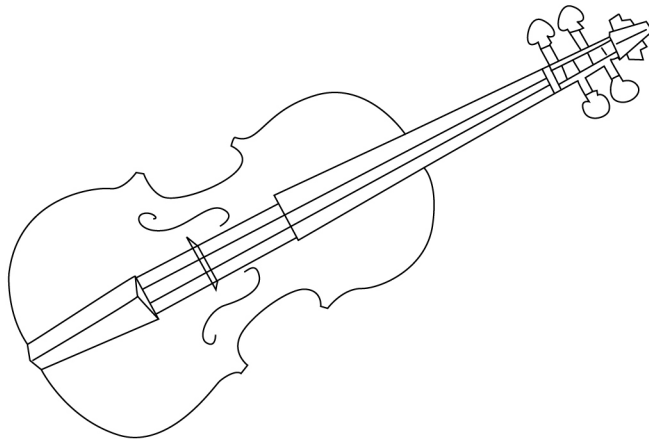
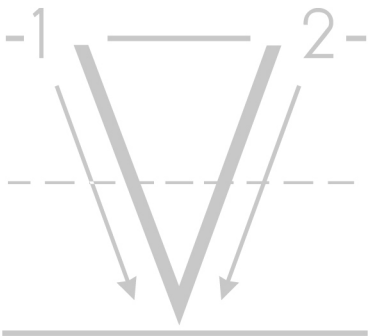
U and V

Help your child trace the letters with their finger. Then read the sentences below and have them colour the pictures.

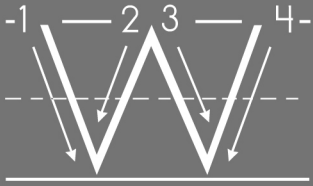
U is for umbrella.



V is for violin.

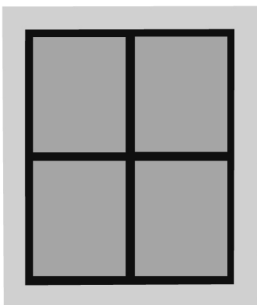


Letter Names



Letter W

Help your child trace the big W and little w with their finger. Point and say the name of each picture below that begins with the letter W. Have your child colour the letter W.



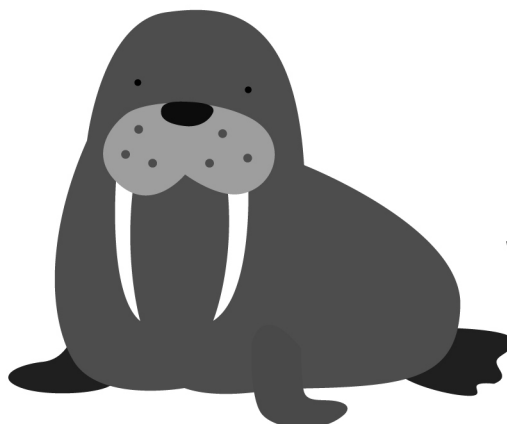
window



worm



wagon

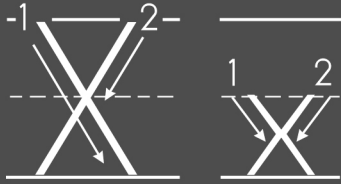


walrus



watermelon

Letter Names

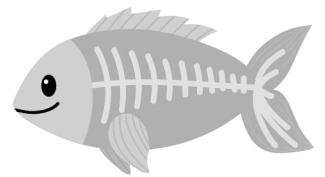


Letter X

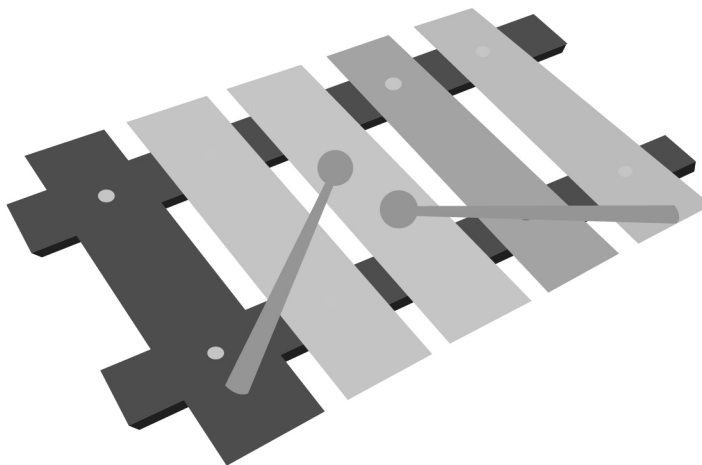
Help your child trace the big X and little x with their finger. Point and say the name of each picture below that begins with the letter X. Have your child colour the letter X.



x-ray



x-ray fish



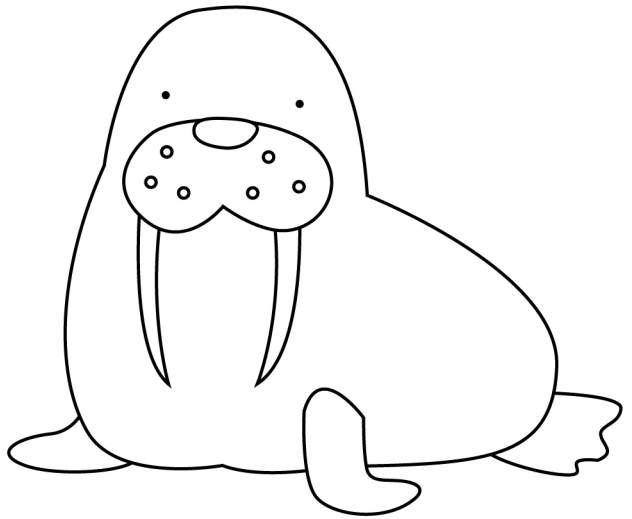
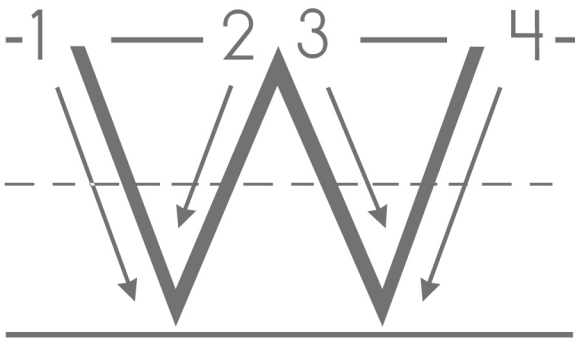
xylophone

Letter Sounds

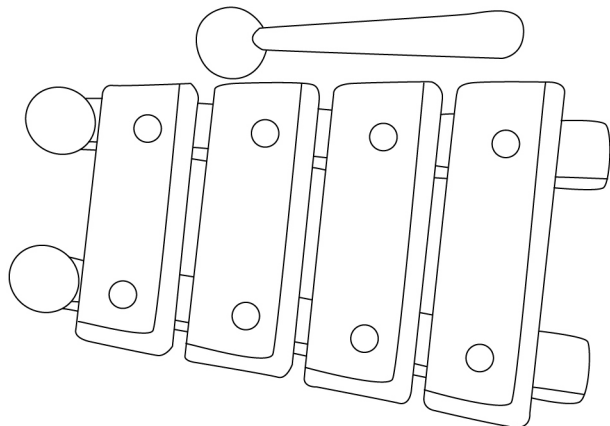
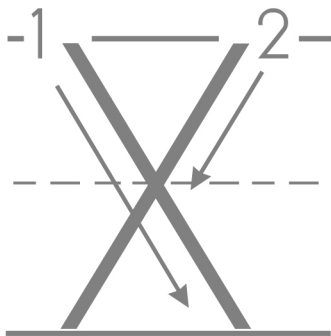
W and X

Help your child trace the letters with their finger. Then read the sentences below and have them colour the pictures.

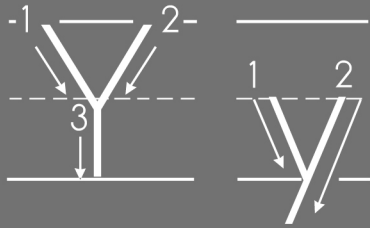
W is for walrus.



X is for xylophone

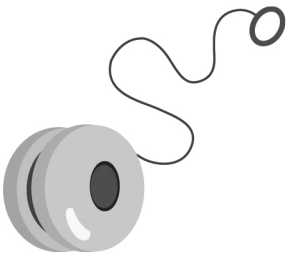


Letter Names

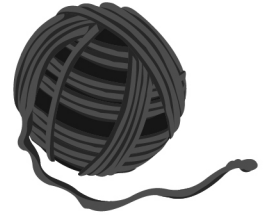


Letter Y

Help your child trace the big Y and little y with their finger. Point and say the name of each picture below that begins with the letter Y. Have your child colour the letter Y.



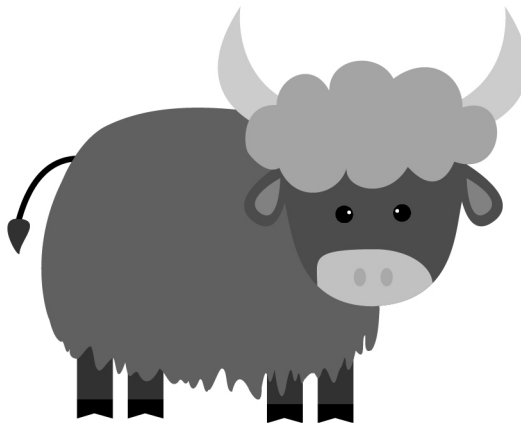
yo-yo



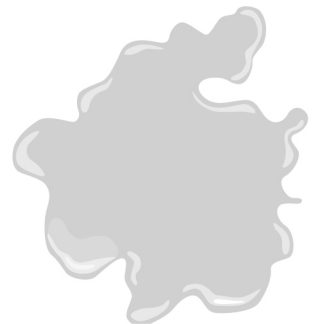
yarn



yawn

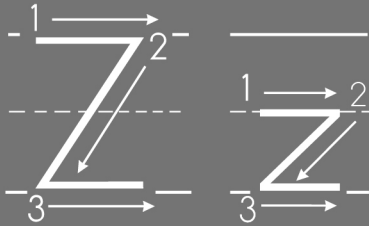


yak



yellow

Letter Names



Letter Z

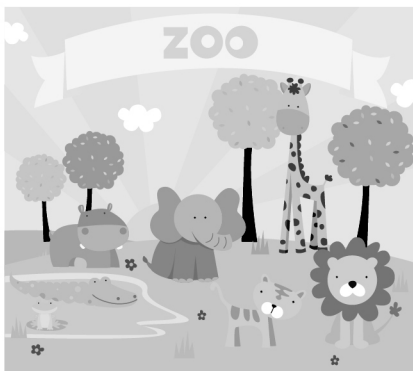
Help your child trace the big Z and little z with their finger. Point and say the name of each picture below that begins with the letter Z. Have your child colour the letter Z.



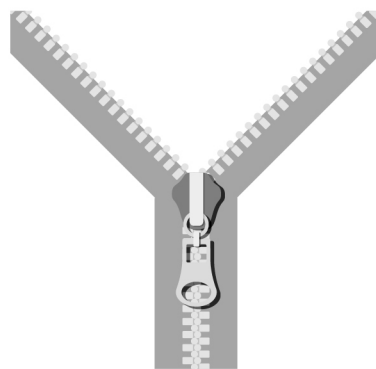
zebra



zigzag



zoo



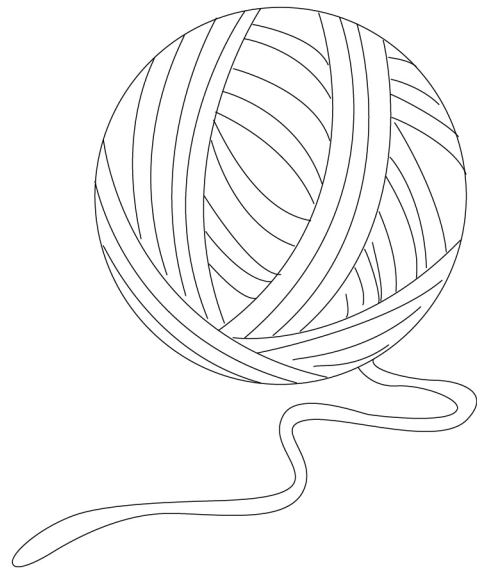
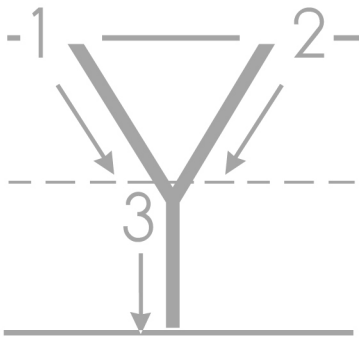
zipper

Letter Sounds

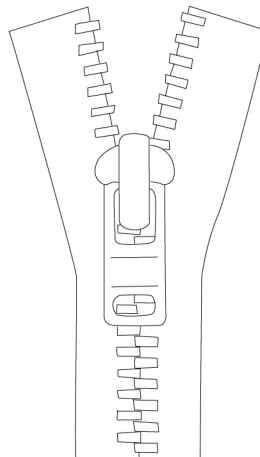
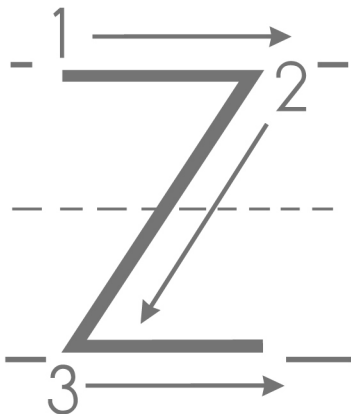
Y and Z

Help your child trace the letters with their finger. Then read the sentences below and have them colour the pictures.

Y is for yarn.

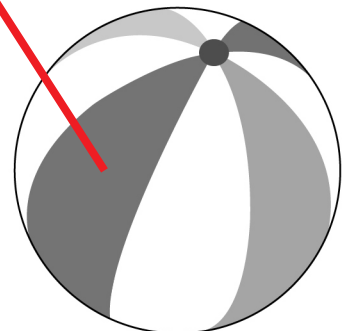
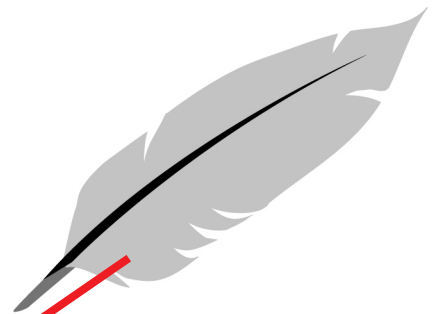
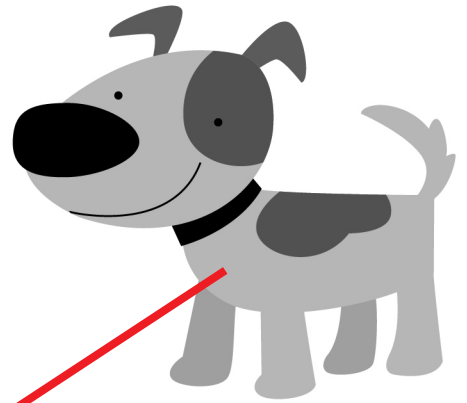
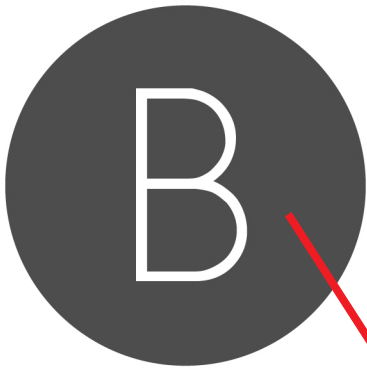


Z is for zipper.



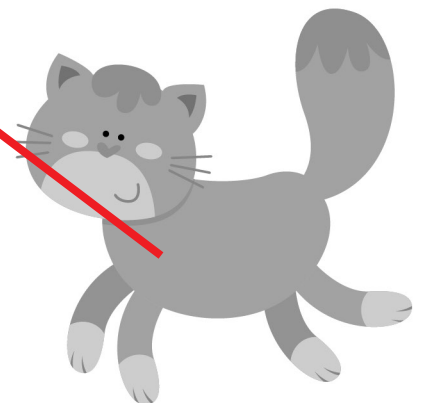
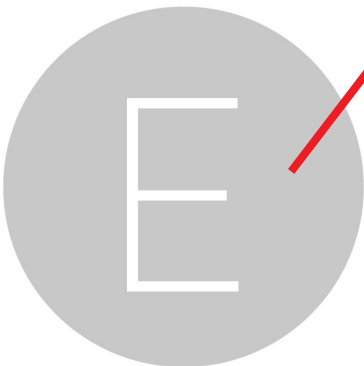
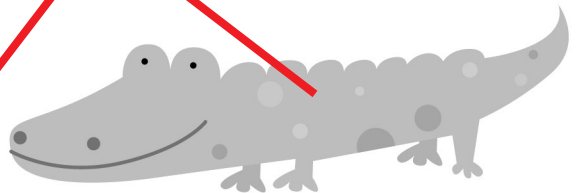
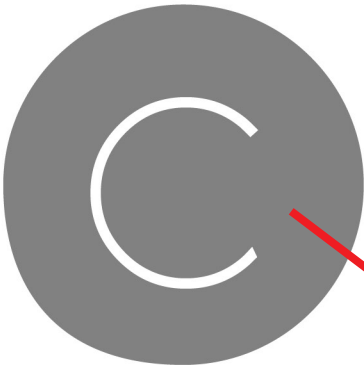
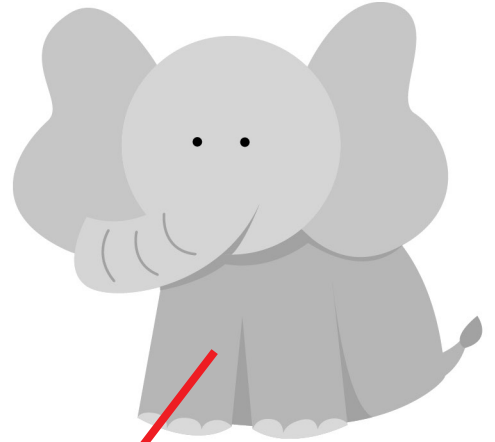
Beginning Sounds

Say the name of the letter and sound each letter makes below. Then have your child say the name of the letter and point to the picture that begins with that sound. Help them draw a line from the letter to the picture.



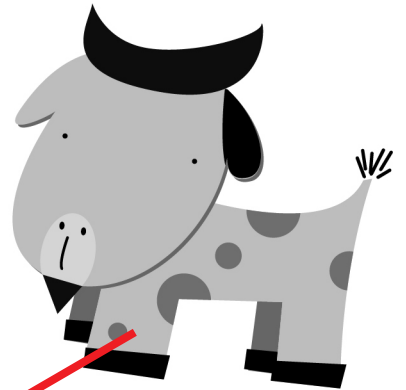
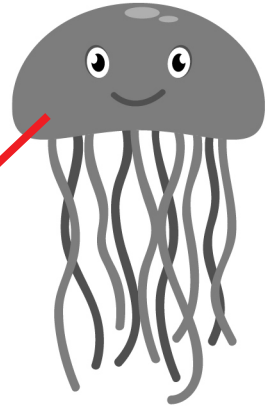
Beginning Sounds

Say the name of the letter and sound each letter makes below. Then have your child say the name of the letter and point to the picture that begins with that sound. Help them draw a line from the letter to the picture.



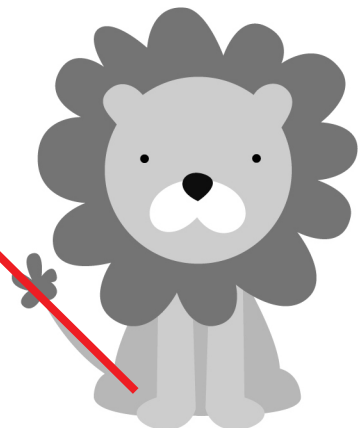
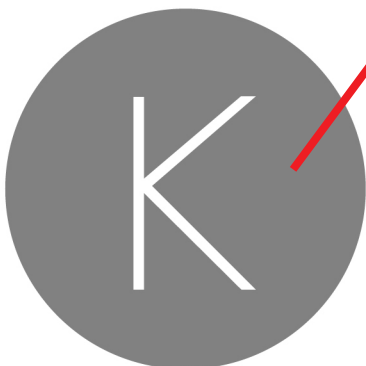
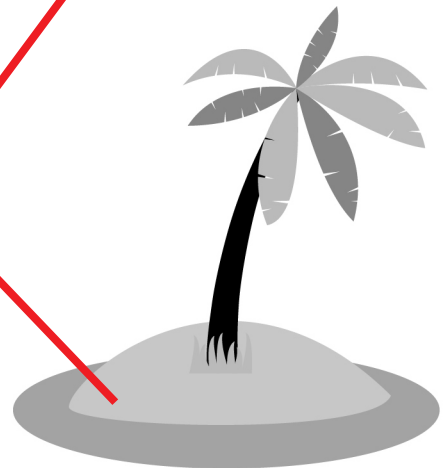
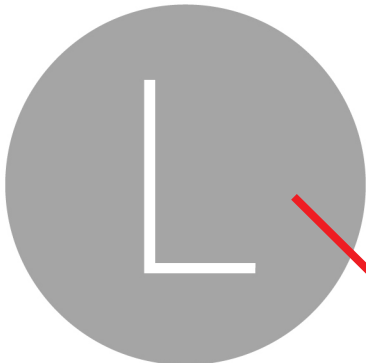
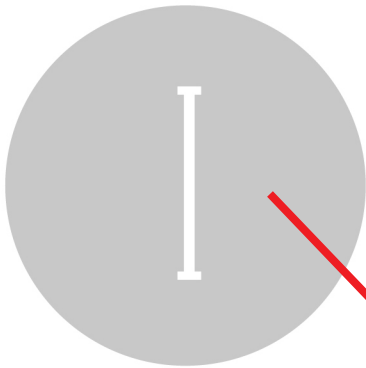
Beginning Sounds

Say the name of the letter and sound each letter makes below. Then have your child say the name of the letter and point to the picture that begins with that sound. Help them draw a line from the letter to the picture.



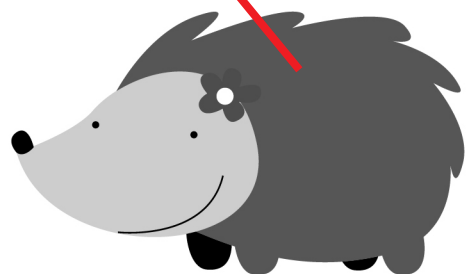
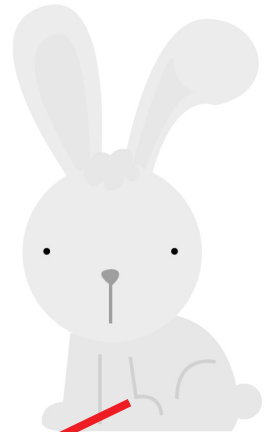
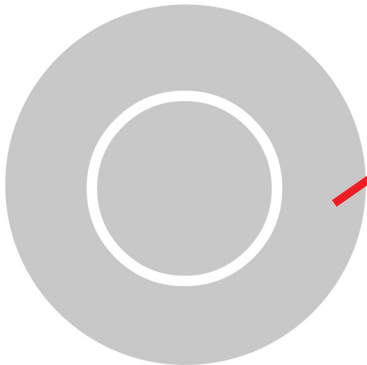
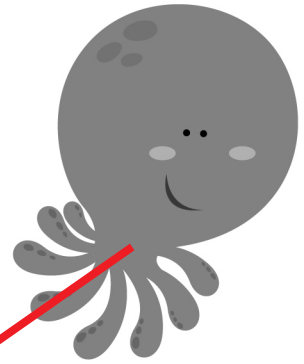
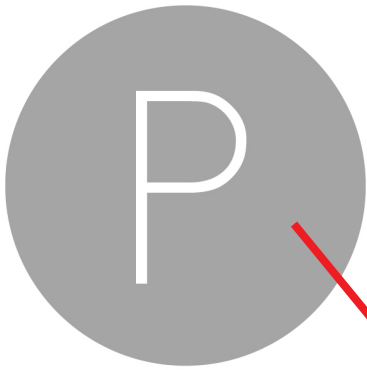
Beginning Sounds

Say the name of the letter and sound each letter makes below. Then have your child say the name of the letter and point to the picture that begins with that sound. Help them draw a line from the letter to the picture.



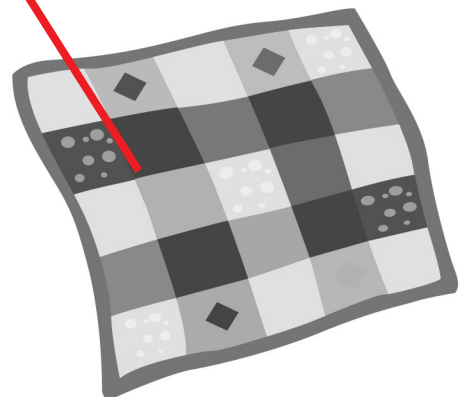
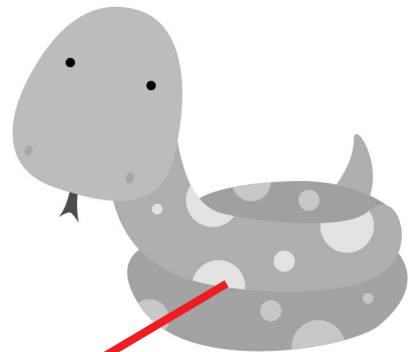
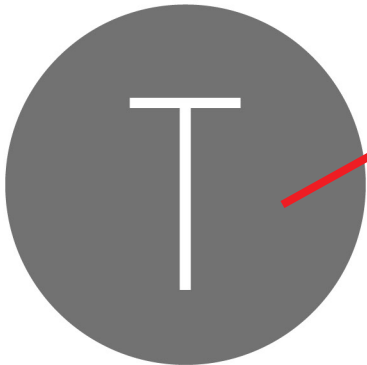
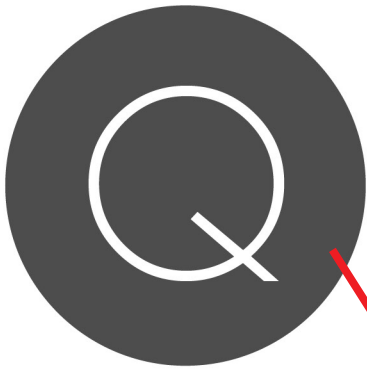
Beginning Sounds

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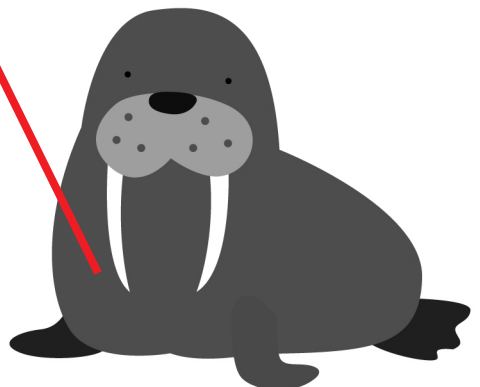
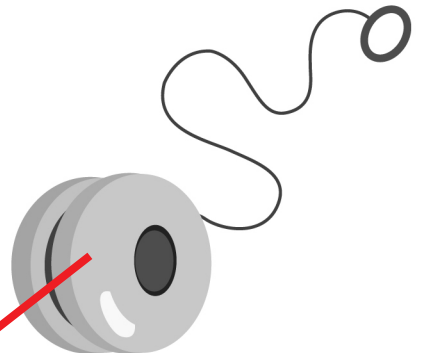
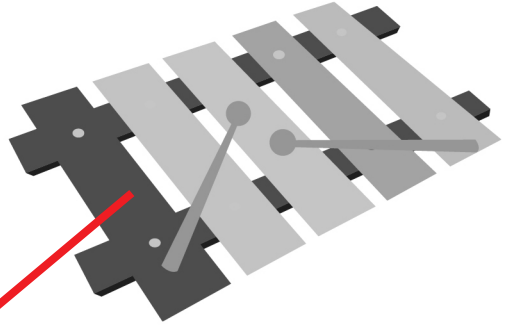
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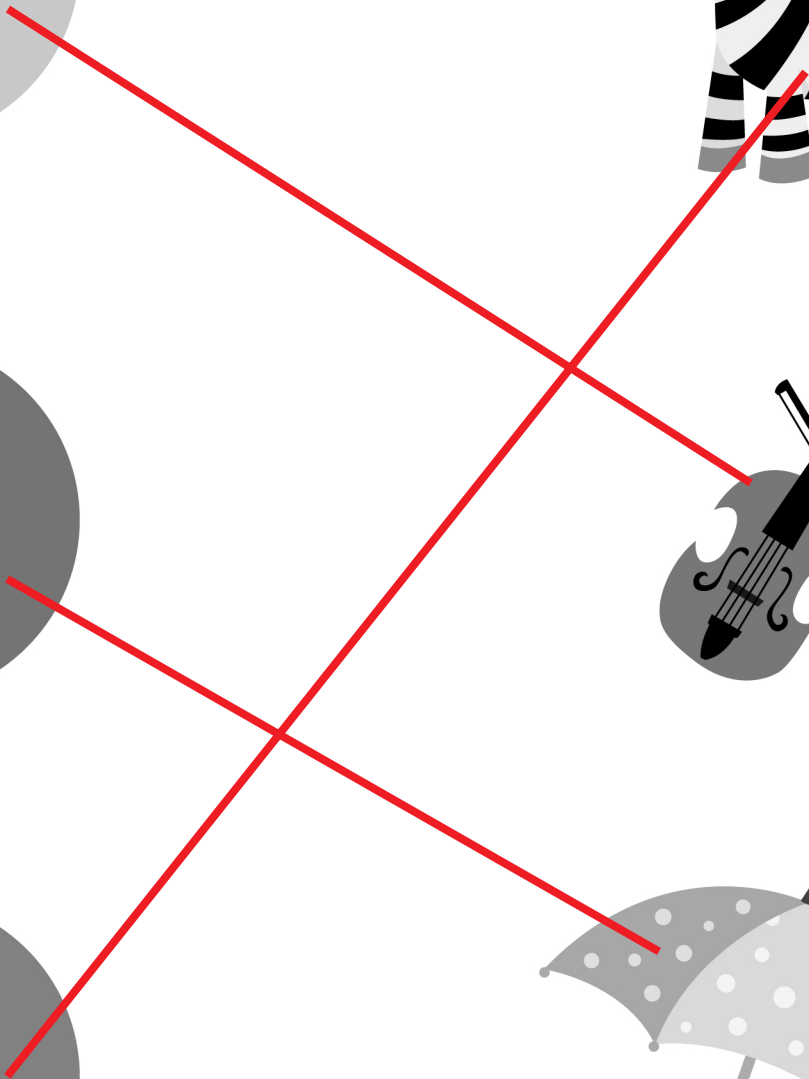
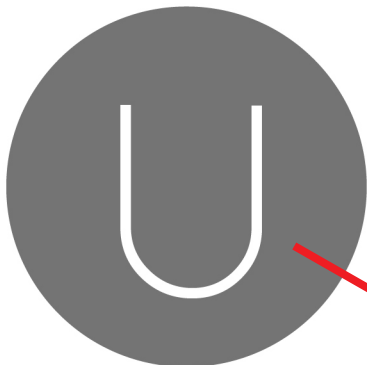
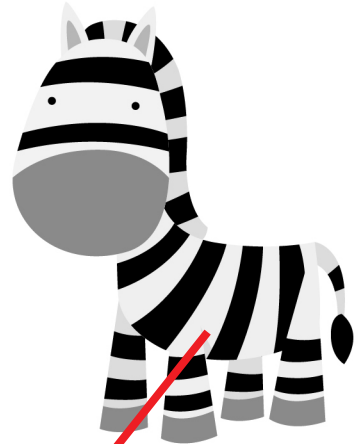
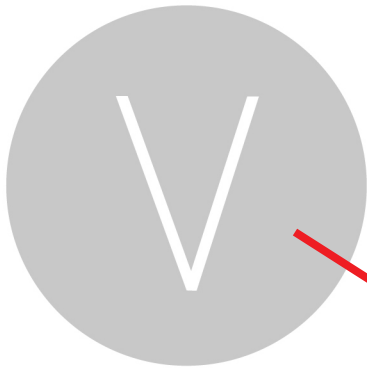
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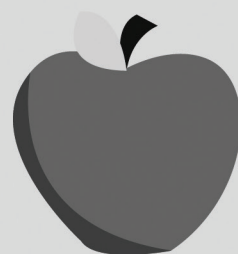
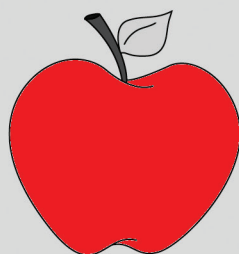
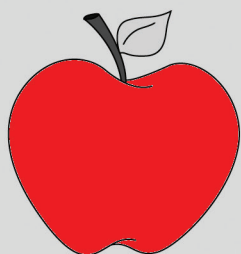
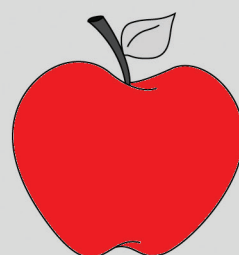
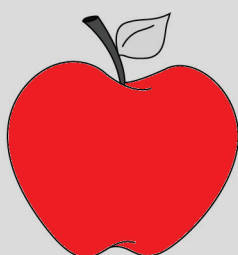
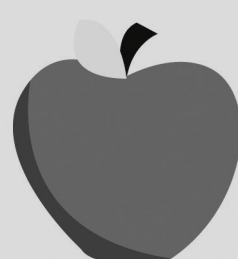
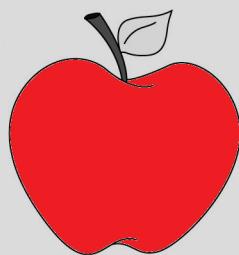
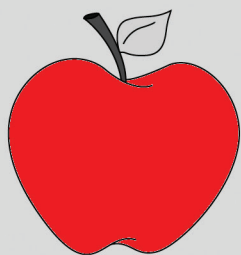
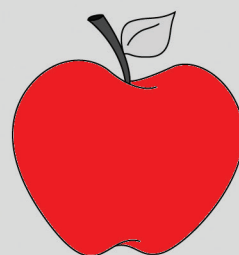
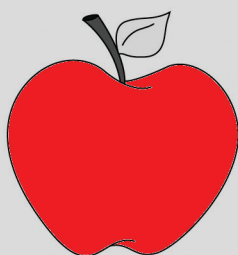
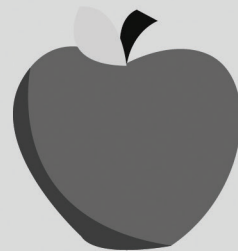
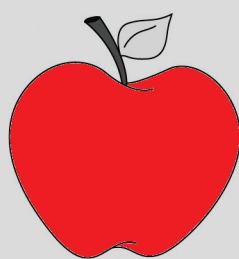
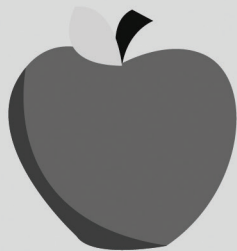
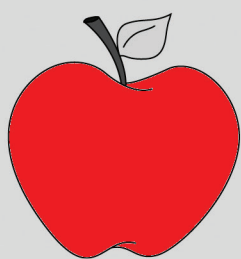
Beginning Sounds

Say the name of the letter and sound each letter makes below. Then have your child say the name of the letter and point to the picture that begins with that sound. Help them draw a line from the letter to the picture.



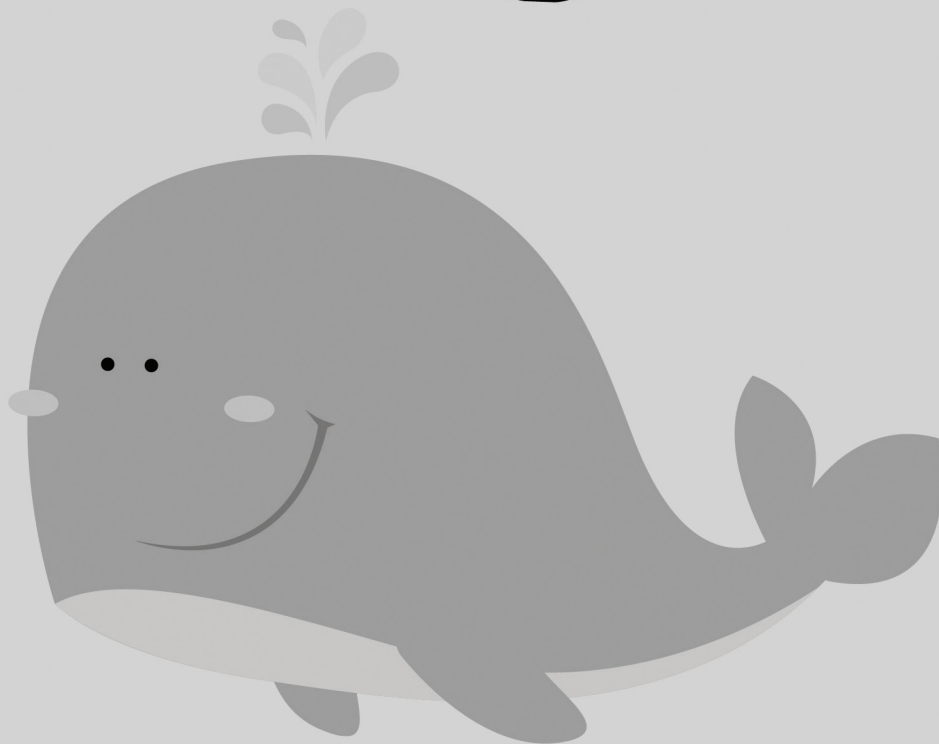
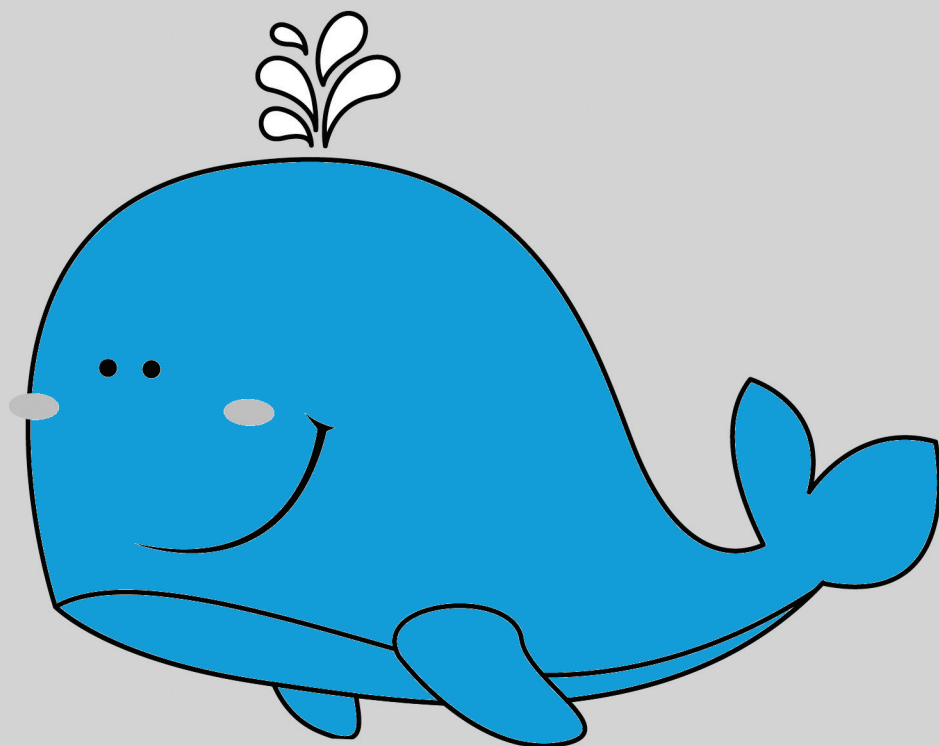
Red

This is RED. Have your child colour the apples RED.



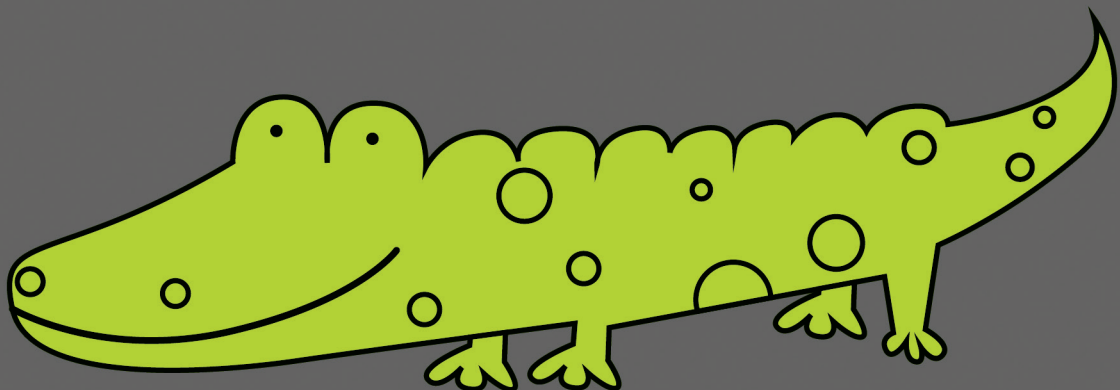
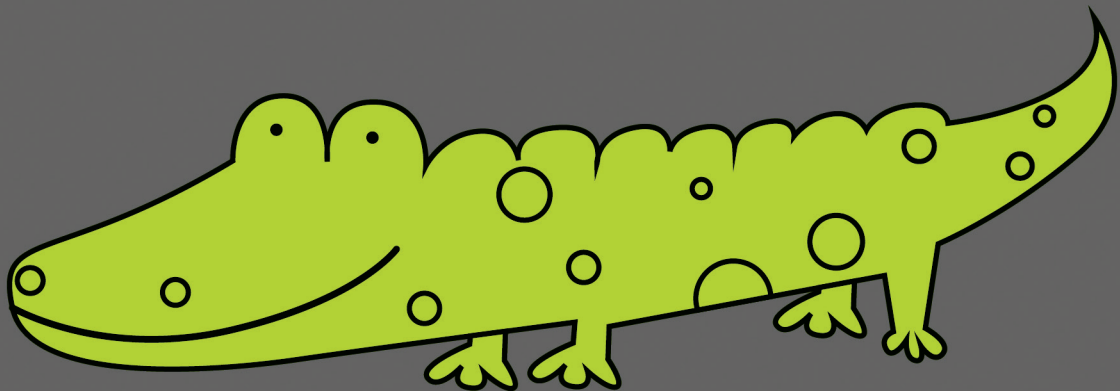
Blue

This is BLUE. Have your child colour the whale BLUE.



Green

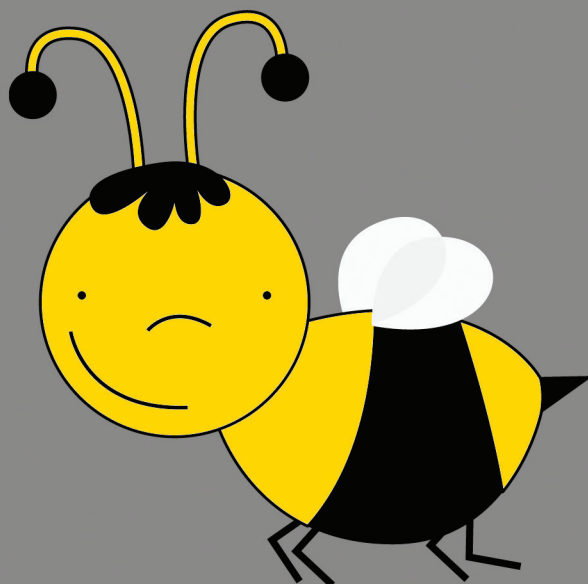
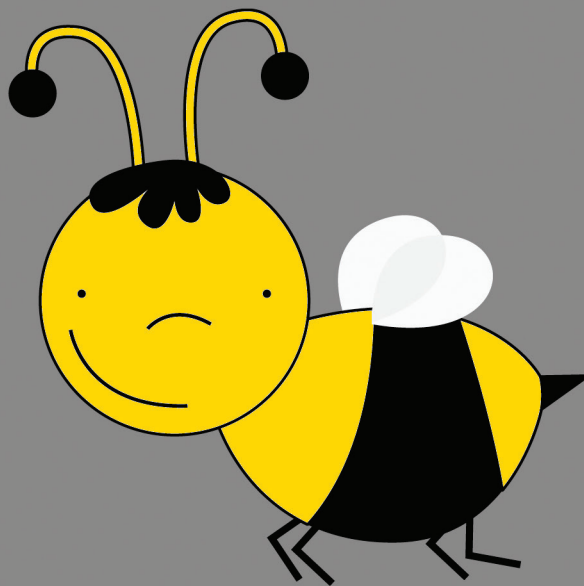
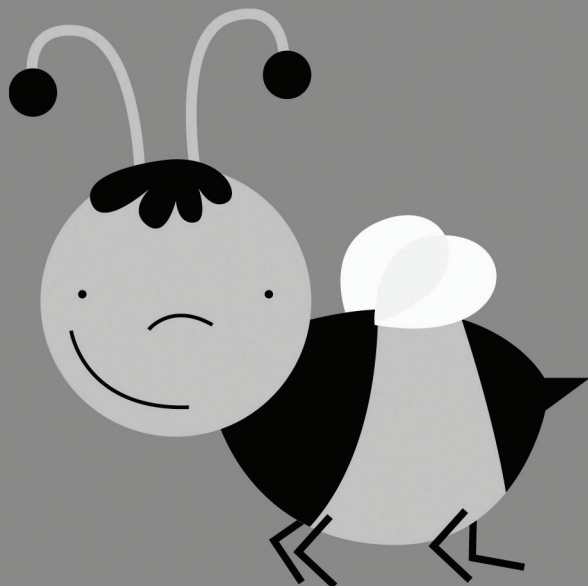
This is GREEN. Have your child colour the alligators GREEN.



Colour Words

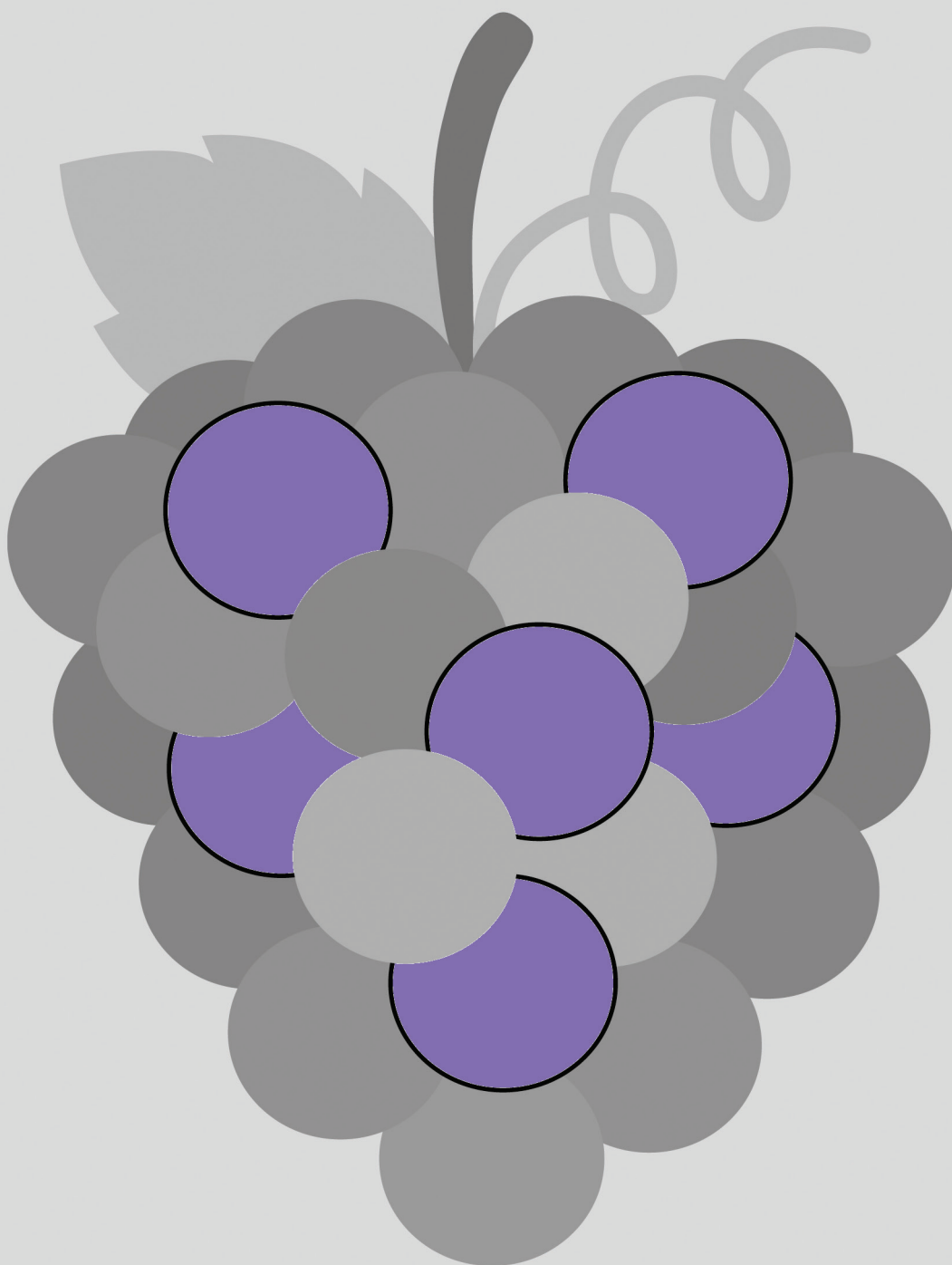
Yellow

This is YELLOW. Have your child colour the bees YELLOW.



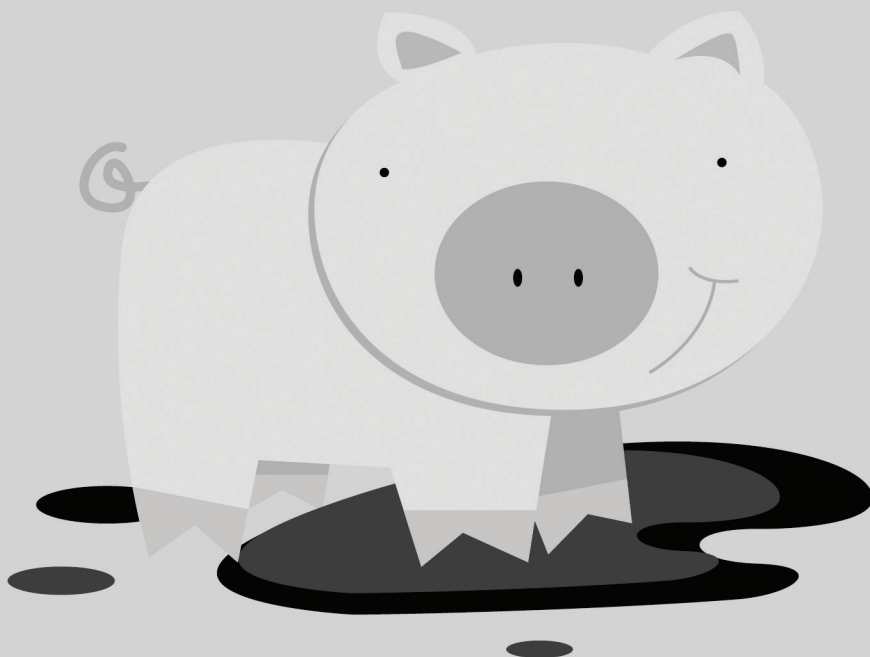
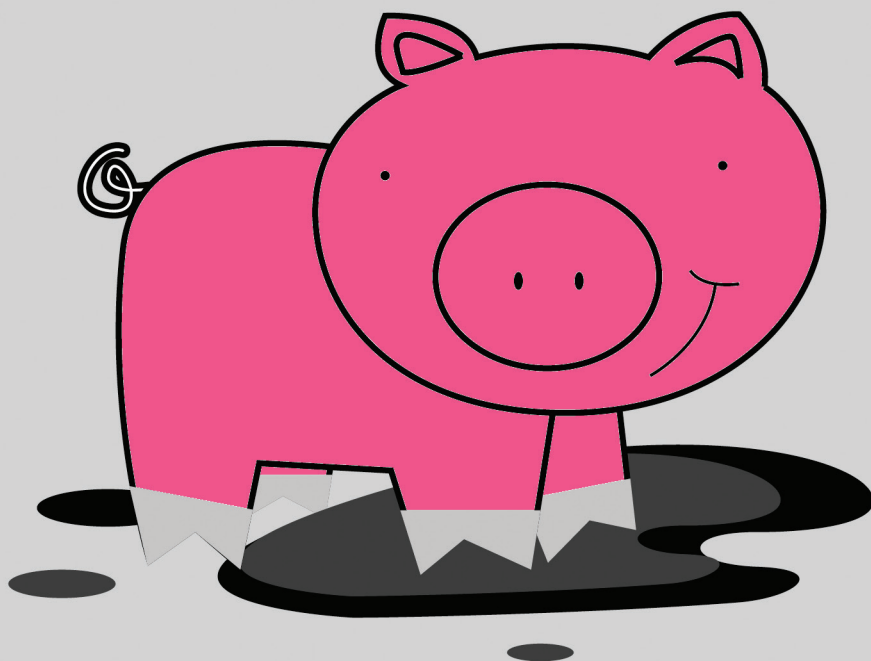
Purple

This is PURPLE. Have your child colour the grapes PURPLE.



Pink

This is PINK. Have your child colour the pig PINK.



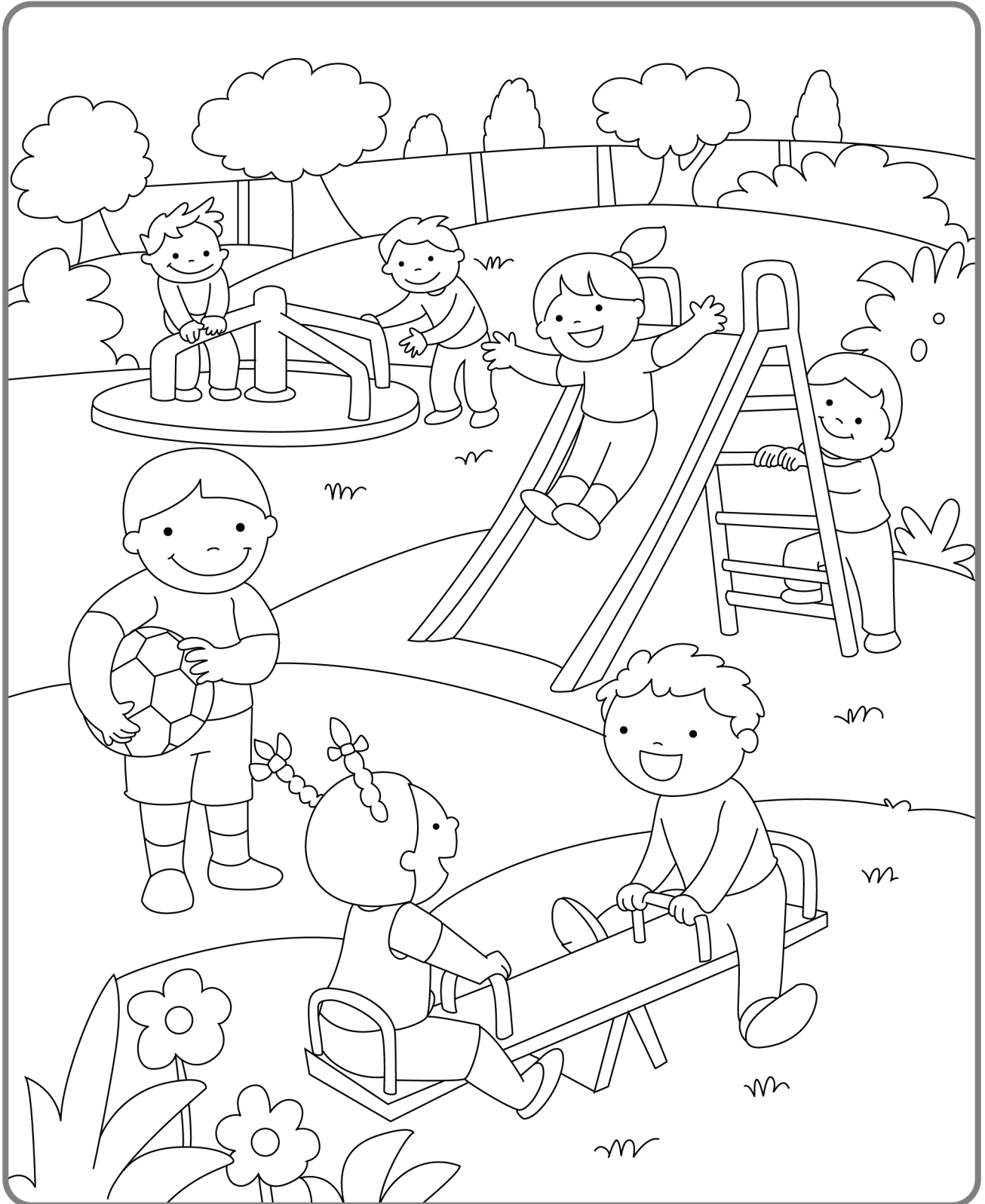
Picture Stories

Ask your child some questions about the picture below. Where is the bunny? Where is the bird? What is the girl doing? Have your child colour the picture and then tell a story about what is happening in the picture.



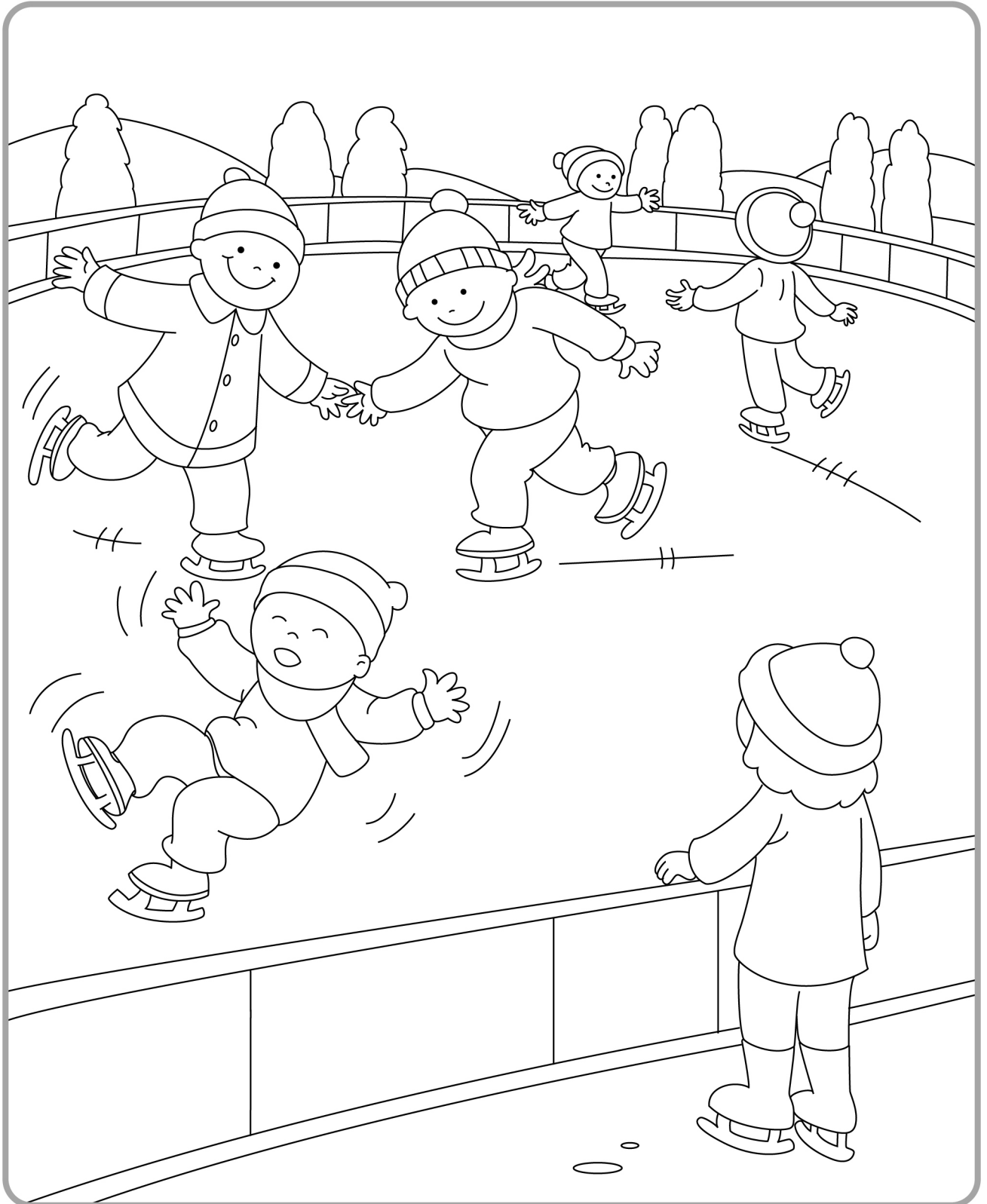
Picture Stories

Ask your child some questions about the picture below. Where is the slide? Where are the flowers? What is the boy holding the ball doing? Have your child colour the picture and then tell a story about what is happening in the picture.



Picture Stories

Ask your child some questions about the picture below. What are they doing? Which child is wearing a scarf? How many children are there? Have your child colour the picture and then tell a story about what is happening in the picture.



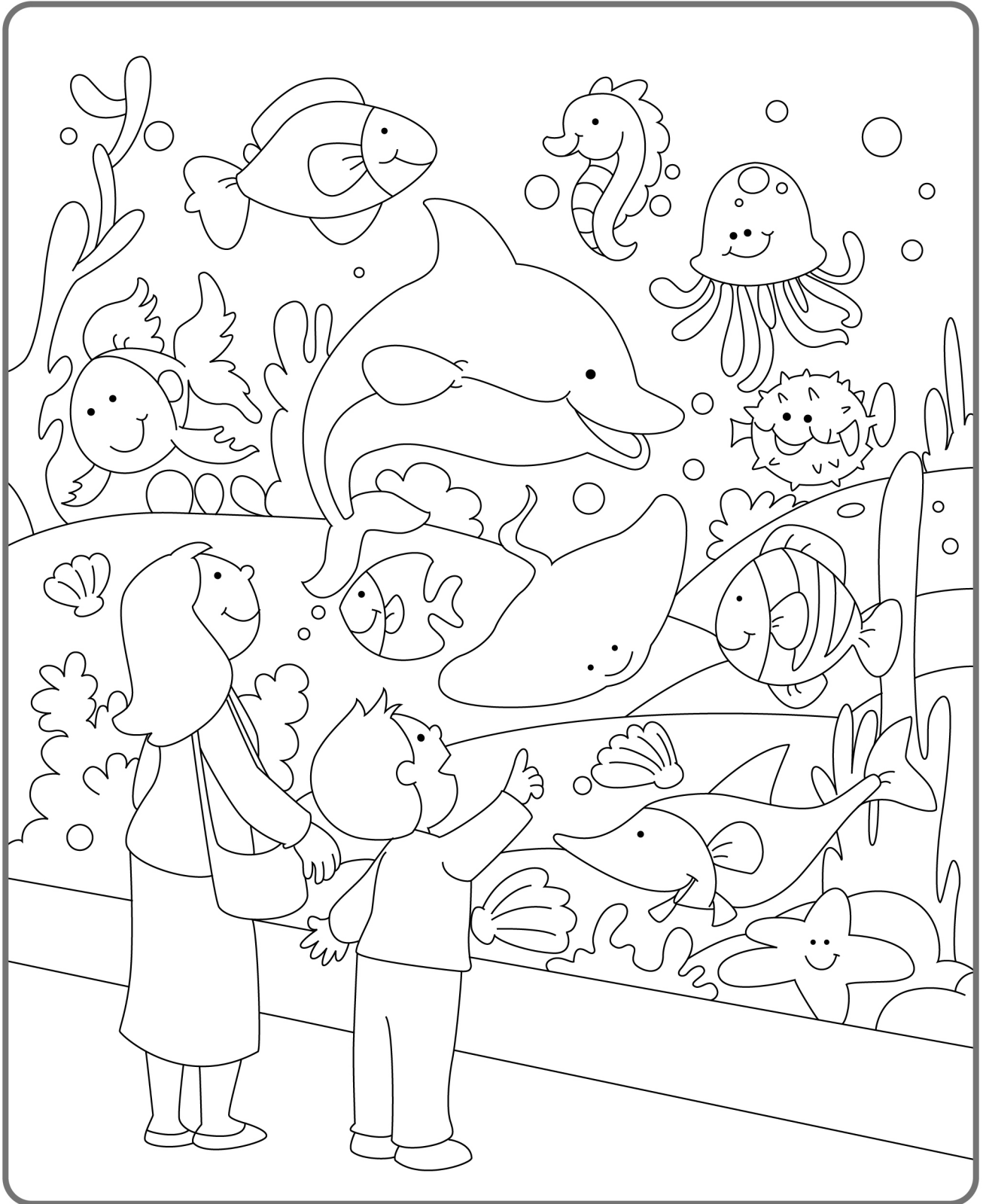
Picture Stories

Ask your child some questions about the picture below. Where is the teddy bear? Where is the ball? What are the boys doing? Have your child colour the picture and then tell a story about what is happening in the picture.



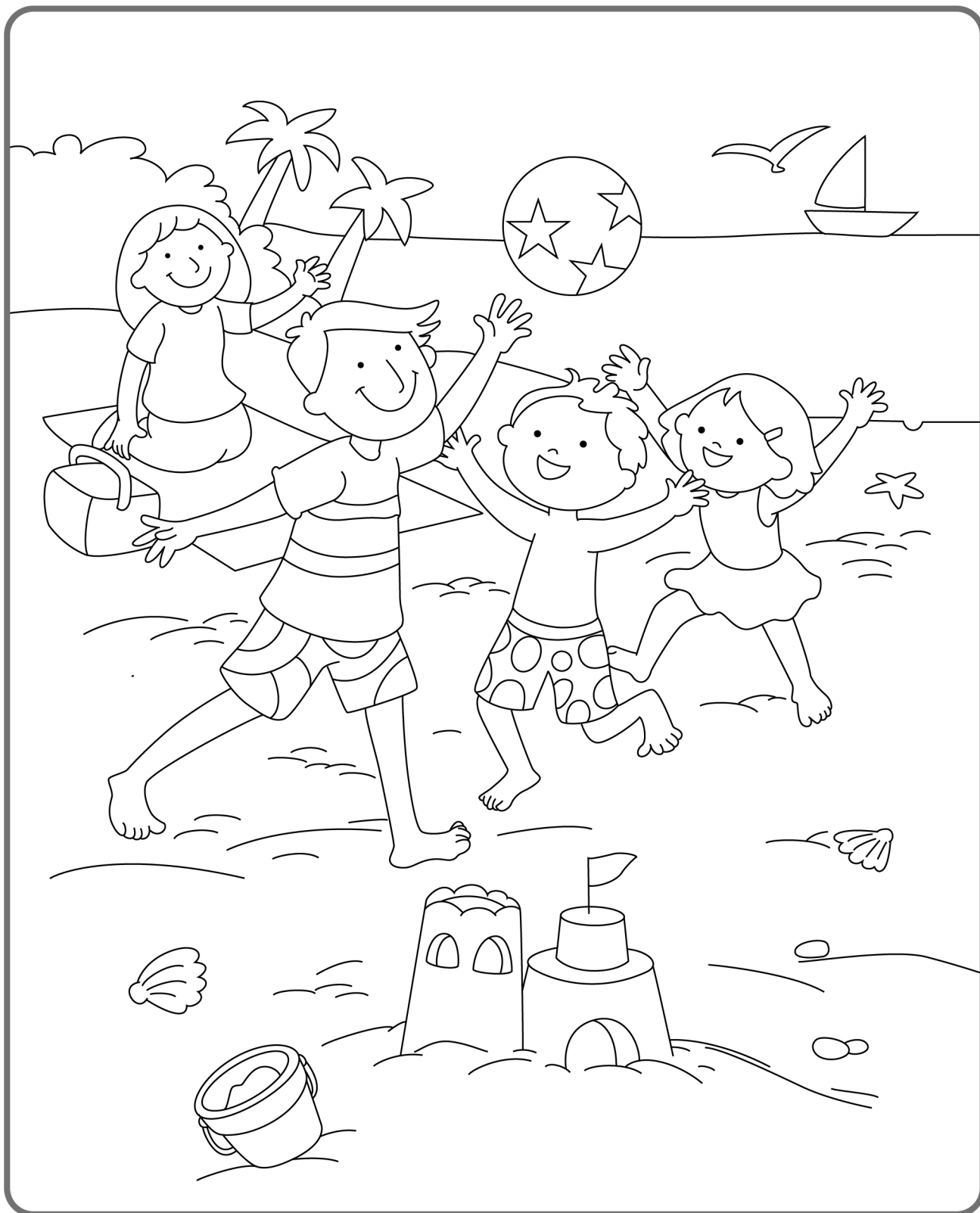
Picture Stories

Ask your child some questions about the picture below. Where is the dolphin? Where is the mom? What is the boy doing? Have your child colour the picture and then tell a story about what is happening in the picture.



Picture Stories

Ask your child some questions about the picture below. Where is the boat? Where is the sandcastle? What is the family doing? Have your child colour the picture and then tell a story about what is happening in the picture.



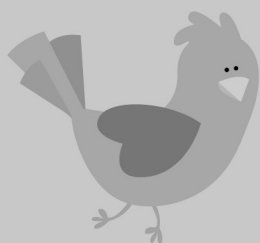
Summary of Concepts

Letter Names and Sounds

Help your child draw a line from the letter to the picture that begins with that sound.



Help your child write the missing letters on the blanks below.



bird

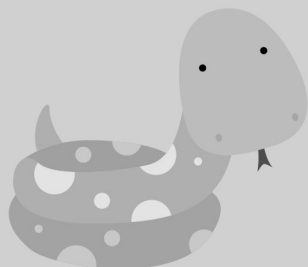


tiger

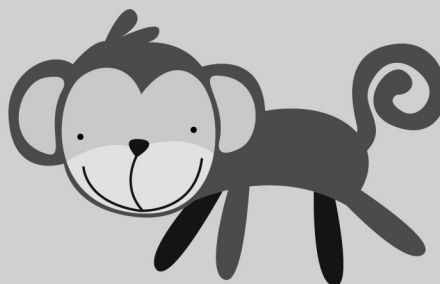
Summary of Concepts

Beginning Sounds and Colour Words

Help your child write the letter for the beginning sound of the picture.



snake



monkey

Help your child draw a line from the colour word to the colour it matches.

Red

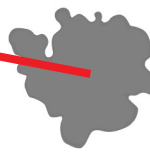
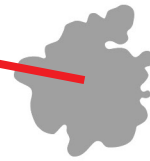
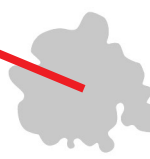
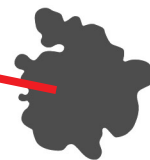
Green

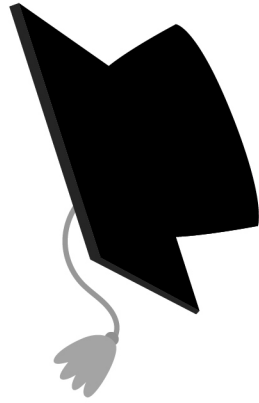
Yellow

Blue

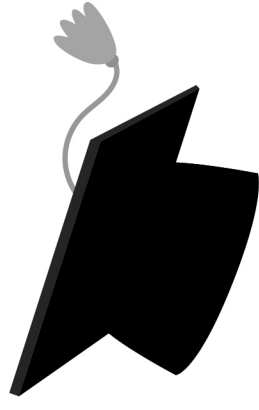
Pink

Purple





CERTIFICATE of Achievement



.....
has successfully completed
My First Words Workbook

Date

Parent's Signature

