

By Andrea Beyond Borders

THE SMART INTERNATIONAL TRAVEL STARTER

Checklist





Welcome!

Planning international travel doesn't need to feel overwhelming. This checklist is designed to help you confirm the essentials, avoid last-minute stress, and travel with confidence—without overplanning or information overload.

This is not a packing list or a detailed itinerary.

It's a smart, high-level checklist to make sure nothing important is missed.

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THE SMART INTERNATIONAL TRAVEL STARTER *Checklist*

1. PASSPORTS & ENTRY READINESS

- Passport is valid for at least 6 months beyond return date
- Passport has at least 1–2 blank pages
- Visa requirements checked for destination(s)
- Entry rules reviewed (length of stay, onward ticket rules)

2. ESSENTIAL TRAVEL DOCUMENTS

- Flight confirmation saved (digital + offline access)
- Hotel/accommodation details saved
- Travel insurance confirmed (if applicable)
- Digital copies of passport and ID stored securely

3. FINANCIAL PREPARATION

- Bank notified of international travel
- Foreign transaction fees checked
- Backup payment method packed
- Small amount of local currency planned (if needed)

4. PACKING ESSENTIALS

- Medications packed (plus prescriptions, if required)
- Climate and cultural norms reviewed
- Power adapters/converters noted
- Comfortable walking shoes planned



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5. SAFETY & CONNECTIVITY

- Phone unlocked for international use
- SIM, eSIM, or roaming plan arranged
- Emergency numbers saved in phone
- Location sharing enabled (optional, trusted contact)

6. TRANSPORTATION & ARRIVAL

- Airport transportation planned (arrival & departure)
- Airport arrival time confirmed
- Airline apps downloaded
- Seat selections and baggage rules reviewed

7. FINAL 48-HOUR CHECK

- Documents easily accessible
- Weather checked one last time
- Home arrangements confirmed
- Mindset reset: flexibility > perfection

8. ADDITIONAL PREP (OPTIONAL)

- Cultural & etiquette awareness check
- Download travel apps to mobile/tablet device (e.g. currency converter)
- Digital backup & offline access check
- Accommodation safety features noted (e.g. safe, front desk contact)



ONE LAST REMINDER

International travel is not about having everything perfectly planned—it's about being prepared enough to adapt.

This checklist helps you cover the essentials so you can focus on the experience, not the stress.

LOOKING FOR MORE SUPPORT?

Explore my digital travel tools and curated guides designed for thoughtful, confident travelers.

If you're ready for a more intentional approach to packing, trip planning, or destination-specific guidance, explore my digital travel tools designed for thoughtful, confident travelers.



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Travel deeper. Plan smarter. Move with confidence.

– Andrea Beyond Borders

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