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### Support group locations and meeting times

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|-------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|
| YMCA – Downtown location<br>30 Woodfin Street Asheville NC 28801<br>1 <sup>st</sup> and 3 <sup>rd</sup> Mondays at 6 pm             | West Asheville Chapter -Abernethy UMC<br>1418 Patton Ave Asheville<br>2 <sup>nd</sup> and 4 <sup>th</sup> Tuesdays at 4 pm | Central East United Methodist Church<br>315 Old Haw Creek Road Asheville<br>1 <sup>st</sup> and 3 <sup>rd</sup> Wednesdays at 6 pm     |
| Tried Stone Missionary Baptist Church<br>100 Carroll Ave. Asheville NC 28801<br>2 <sup>nd</sup> and 4 <sup>th</sup> Mondays at 6 pm | Givens Highland Farms<br>200 Tabernacle Road Black Mountain<br>4 <sup>th</sup> Tuesdays at 9:30 am                         | Harmony at Reynolds Mountain North<br>41 Cobblers Way Asheville<br>2 <sup>nd</sup> and 4 <sup>th</sup> Thursdays at 4 pm               |
| The Laurels of Green Tree Ridge<br>70 Sweeten Creek Rd Asheville<br>1st & 3rd Mondays at 4 pm                                       | Central United Methodist – Downtown<br>27 Church Street Asheville<br>1 <sup>st</sup> and 3 <sup>rd</sup> Tuesdays at 2 pm  | Day Stay – Hominy Baptist Church<br>135 Candler School Road Candler<br>1 <sup>st</sup> & 3 <sup>rd</sup> Thursdays at 2:15 pm          |
| Center Well Senior Primary Care<br>105 River Hills Road Asheville<br>1 <sup>st</sup> Thursday at 4 pm                               | YMCA – Woodfin location<br>40 N Merrimon Ave Asheville<br>2 <sup>nd</sup> and 4 <sup>th</sup> Wednesdays at 6 pm           | Main Site – Scenic View Terrace Clubhouse<br>60 Fallen Spruce Drive Asheville<br>1 <sup>st</sup> and 3 <sup>rd</sup> Thursdays at 6 pm |
|                                                                                                                                     | Givens Gerber Park South<br>40 Gerber Road Asheville<br>2 <sup>nd</sup> and 4 <sup>th</sup> Saturdays at 10 am             | YMCA - Ferguson location<br>31 Westridge Market Place Candler<br>2 <sup>nd</sup> and 4 <sup>th</sup> Thursdays at 6pm                  |

Revised 09/29/25