

Directions to Kaweonui Beach (aka SeaLodge Beach)

- If you want to snorkel, check <https://www.us harbors.com/harbor/hawaii/hanalei-bay-hi/tides/> for the tide schedule, snorkeling at high tide is the best, low tide it can be a little too shallow to snorkel
- The trail head was moved in 2020, and the trail is much easier that it used to be! If you see instructions that tell you to go to building A at SeaLodge Resort, those instructions are outdated!
- The trail begins on the left side of the SeaLodge parking lot across from building F, follow the arrow.



- After a short distance, the trail seems to disappear as you walk across a mowed grass area – fear not, the trail resumes at the other end.



- After a short walk on a trail through long grass, you will come upon some sort of shack; walk down the hill then turn to your left to walk around the shack



- Once you get around the shack, cross a small paved area to pick up the trail again



- Within 50 feet or so of resuming the trail, it might appear to fork: the vague trail to the right is the old trail, you should stay left on the new (and much better) trail
- The trail isn't very long, and after about 8 – 9 minutes after leaving the SeaLodge parking lot, you will come to a point where the trail turns left.



- This rocky point is a great place to relax and enjoy the beauty of the north shore, and you can also snorkel here when the waves aren't too big. It has excellent cell phone signal and views all the way to the Kilauea Lighthouse.



- At the end of the trail, there are some rocks to scramble down just as you get to Kaweonui Beach; it is more of a snorkeling beach than a swimming beach, and is also great for relaxing.



At a normal adult walking pace, it takes about 10 – 12 minutes to get from the SeaLodge parking lot to the beach.

Remember, be careful on the trail and rocks, check the tide schedule before you go, and have fun!