

Eight Areas of Growth

PHYSICAL

ARE YOU PHYSICALLY FIT FOR WHERE YOU'RE GOING?

EMOTIONAL

WHAT ARE YOUR THOUGHTS ABOUT YOURSELF AND THE WORLD AROUND YOU?

WHAT ARE YOUR

RELATIONAL

HOW WOULD YOU DESCRIBE YOUR RELATIONSHIPS WITH OTHERS?

RECREATIONAL/SOCIAL

WHAT OUTSIDE ACTIVITIES WOULD YOU LIKE TO DO MORE OF?

ENVIRONMENTAL

ARE YOUR SURROUNDINGS SUITABLE FOR PRODUCTIVITY?

SPIRITUAL

ARE YOU CONNECTED TO YOUR CREATOR LIKE YOU WANT TO BE?

FINANCIAL

WHAT WOULD IT LOOK LIKE FOR YOU TO BE FINANCIALLY SECURE?

PROFESSIONAL

ARE YOU HAPPY IN YOUR PRESENT CAREER?

