

Client Booking Form

-Aromatherapy-

Personal Details

Forename	
Surname	
Please call me	
Date of Birth	
Telephone	
Email	
Please contact me by	 ☐ Yes ☐ No  ☐ Yes ☐ No
Address	



In the unlikely event of an emergency please provide contact details of a next of kin or a nominated person.

Name	
Telephone	

Medical Details

Aromatherapy is not recommended for individuals with certain medical conditions or who are taking certain medications.

In the interest of your own safety please answer these questions honestly.

Please tick to indicate if you are currently, or have historically, suffered from the following medical complaints or have taken the following medications.

Asthma or other respiratory conditions (e.g. COPD)		Respiratory Medications	
Epilepsy or seizures		Asthma inhalers / COPD medications	
Skin conditions (eczema, psoriasis, dermatitis)		Hormonal & Reproductive Medications	
Allergies (to essential oils, nuts, pollen, plants, perfumes, skin products)		Hormone Replacement Therapy or Oral contraceptives	
Migraines or frequent headaches		Fertility treatments	
High blood pressure		Psychiatric Medications	
Low blood pressure		Antidepressants / Mood stabilisers	
Heart disease or circulatory problems		Antipsychotics / Anxiolytics (anti-anxiety)	
Diabetes		Pain Medications	
Kidney or liver conditions		Opioids (e.g. morphine, codeine, tramadol)	
Recent surgery (last 6 months)		NSAIDs & Paracetamol (ibuprofen, naproxen, diclofenac)	
Pregnancy (current or within the last 6 months)		Sleep & Sedative Medications	
Breastfeeding		Sleeping pills (e.g. zopiclone, zolpidem, benzodiazepines)	
Cancer (past or current)		Strong sedatives or tranquillisers	
Blood clotting disorders		Substance Use Treatment Medications	
Sensitivity to smells or history of nausea with fragrances		Methadone / Buprenorphine / Naltrexone / Disulfiram	
		Cardiovascular & Blood Pressure Medications	
		Beta-blockers / Antihypertensives	
		Blood-thinning medications (Warfarin, Heparin, Aspirin, Clopidogrel)	
		Neurological Medications	
		Anti-epileptics	
		Dementia medications	

Aromatherapy is complementary, not a substitute for medical care. Essential oils are used in safe dilutions, but they may not be suitable for everyone. Always seek GP advice if health concerns arise

Treatment Details

Please briefly outline your treatment goal:

I have answered questions honestly and I understand the nature of the treatment.
I consent to receive aromatherapy

Client to sign & date here:

In line with GDPR regulations all data will be stored securely and never shared with third parties.

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