

Quarterly Update

Jan.—Feb.—Mar. 2020

MYN during COVID-19

The Corona virus pandemic has drastically altered happenings around the world in ways no one could have predicted. However, Mountain Youth Network (MYN) is still "Elevating youth in Clear Creek

County." Beginning before spring break and into the issued Stay At Home Order, we continue work virtually. The county health department sought after MYN to engage students to inform them about the virus and social distancing. We responded by launching a social media campaign and contest (@trek_teencouncil). In addition, the TREK Presentation Team from our Communications Workgroup developed a COVID-19



presentation to share with their peers and the coalition. The presentation is amazing, and a recording will be available soon! Even though the spring semester looks very different than we imagined, youth engagement and school district collaboration continues.

We have reactivated all workgroups and committees! Please review the ways you can get involved with Mountain Youth Network by visiting our website.

TREK Visioning Session

During winter break, TREK Teen Council leadership came together to discuss the mission and vision of TREK. The adults at this day session stepped aside as this is a fully student-lead workshop. The leadership team slightly adjusted the Mission Statement for TREK and decided to keep the original Vision Statement. They brainstormed their ideas for the upcoming semester and further



programming like TREK Outdoors or intergenerational volunteering opportunities. They also did an exer-

cise to determine our values; some of which included making a difference, cooperation, personal development, and leadership. Finally, students workshopped a better way to share what TREK is all about, coming up with key

words: **C.ommunity, O.pportunities, R.ecognition, E.ngagement**. They concluded these words represent the "CORE" principles of our group and will use them to guide their description of TREK when speaking to community members. We could not be more proud of the leadership, creativity, and initiative Clear Creek students are taking in TREK, truly inspiring the adults in our community.

On Air

At the end of January, TREK Teen Council and Mountain Youth Network leaders were interviewed on KYGT by Laurie Beckel on the radio interview show, All People Considered. This hour of talk radio is designed to highlight stories of Clear Creek residents. On this episode, Emma Sander, TREK Teen Council leader was the featured guest. Ms. Beckel prompted Emma to talk about her life in Clear Creek County, her involvement in TREK and youth engagement in general. The recording of this episode of All People Considered can be found at: MYN/TREK/Emma





FIRST FRIDAY OF EVERY MONTH VIRTUAL PLATFORM MAY 1

Find your path.

We've been busy!

Jan-Feb-Mar Activities

Community Mapping Strategy

- o Annual project review and evaluation
- o StoryMap presentation work with youth

Positive Youth Development (PYD)

- o New members!
- o New PYD Team Lead!
- o Strategy Team Meetings

Youth Communications Workgroup

- o Regular Instagram posts
- o Clear Creek Courant articles (Feb. & March)
- o **UPDATED** Website!
- o MYN/TREK Radio Interview on KGOAT
- o MYN Messaging Workshop
- o TREK Presentation Team Workshops
- o COVID-19 Presentation by youth

TREK Outdoors (Youth Outdoor Leadership)

- TREK Outdoors Leadership Team reboots!
 (8 adults, 2 young people)
- TREK Snowshoe Hike for Middle School (with Easter Seals Camp Rocky Mountain Village)
- Scouting in Clear Creek for great hiking locations!

What's Next:

- Data Workgroup reactivates in May to begin the review of 2019 Healthy Kids Colorado Survey results... Go "Data Nerds"!!
- Board Maintenance Workgroup reconvenes for Momentum & Motivation with a new team lead... Thank you Becky Dancer!!
- Youth engagement continues during COVID-19 Response with social media and video conference platforms... always learning new skills!!
- TREK Outdoors planning for summer activities and establishing program goals and values!!
- TREK Presentation Team to participate in a COVID-19 YOUTH FORUM with the Board of County Commissioners!!

Click Here for UPCOMING EVENTS

Youth Involvement Workgroup TREK Teen Council

- Visioning Session (January)
- o TREK Breakfast (February, March)
- Middle School outreach (classroom presentations, lunchtime interactions)
- TREK Leadership workshops
- o Public Health and Parks & Rec Summit (February)
- o TREK Volunteers for Community Events

Clear Creek School District Collaboration

- Community outreach (parent/teacher conferences)
- o Homegrown Talent Initiative
 - Career Panel: NREL (Jan.)
 - Career Talk: FBI (Mar.)
- School Health Professional Grant collaboration
- Student of the Month sponsorship

PRIORITIZED RISK AND PROTECTIVE FACTORS

- Availability of Drugs/Substances
- Early Initiation of Problem Behavior
- Neighborhood Attachment & Community Organization
- Opportunities and Rewards for Prosocial Involvement





