

BOTSWANA CONTINENTAL TOUR GOLD

12TH APRIL 2025

NATIONAL STADIUM, GABORONE

NATIONAL EVENTS SCHEDULE			
EVENT No.	TIME	EVENT	GENDER
1.	08 45	400m Para	Men
2.	09 00	400m	Women
3.	09 15	400m	Men
4.	09 35	100m	Women
5.	09 45	100m	Men
6.	10 05	800m	Women
7.	10 15	800m	Men
8.	10 30	200m	Women
9.	10 45	200m	Men
MAIN EVENTS SCHEDULE			
EVENT No.	TIME	EVENT	GENDER
1.	13 05	Shot Put	M
2.	13 25	Long Jump	W
14 30 OFFICIAL OPENING LIVE TV			
3.	14 35	400m H	M
4.	14 43	400m H	W
5.	14 50	400m	W Promo
6.	14 56	400m	W
7.	14 58	Javelin	W
8.	15 02	Long Jump	M
9.	15 09	100m	W Promo
10.	15 16	100m	W
11.	15 23	100m	M Promo
12.	15 30	100m	M
13.	15 40	400m	M Promo
14.	15 47	400m	M
15.	15 55	800m	W
16.	16 02	800m	M
17.	16 13	200m	M Promo
18.	16 22	200m	M
16 28 VICTORY CEREMONIES			
19.	16 50	4 x 100m	M
20.	17 02	4 x 400m	X