



FAB STUNT TRACKER

Level 1

Name of Athlete: _____ Term: _____

Team Name: _____

Class Coach _____

| Skill List | | Attempted | Hit | Mastered | Goals |
|------------|---------------------------------------|-----------------------|-----------------------|-----------------------|--|
| | Sponge | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Coache's Comments and Feedback: |
| | Straddle Sit | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |
| | Cradle Position | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |
| | Gut Level Lib | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |
| | Prep | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |
| | Tic Toc Lib to Lib Below prep level | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |
| | Switch up Ground to Prep Level Lib | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |
| | ¼ Up to Prep | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |
| | ¼ Up to Prep Level Lib | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |
| | Prep Level Body Position | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |
| | ¼ Up to Prep Level Body Position (BP) | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |
| | ¼ Tic Toc Prep level BP to BP | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |
| | ¼ Switch up Ground to Prep Level BP | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |
| | Show and Go Prep to Extension | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |
| | Straight Cradle From Two Feet | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |