



# SWEET HOME EDUCATION FOUNDATION

## SHEF Cares Food Outreach Program

### How to Help

Sweet Home has partnered with FeedMore WNY to provide the SHEF Cares Food Outreach Program.



This is a free program for Sweet Home students and their families. Its goal is to provide healthy and easy to prepare foods for families in need.

We are always in need of donations!

If you would like to donate food items, please contact [sweethomefoundation@yahoo.com](mailto:sweethomefoundation@yahoo.com) for drop off arrangements.

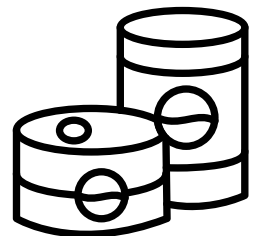
#### Food Items to Donate:

- Cereal
- Granola bars
- Oatmeal
- Spaghetti sauce (plain)
- Crackers
- Pasta
- Canned vegetables
- Canned fruit
- Canned chicken or tuna
- Canned soup (chicken noodle or tomato)

**Monetary donations are accepted!**



Scan code to use PayPal



- **Cash / Check** (Checks payable to SHEF, Inc. P.O. Box 455, Amherst, NY 14226)
- **Venmo @SweetHomeEF** (indicate Athlete Snack Program)