



**SWEET HOME
EDUCATION
FOUNDATION**

SHEF Athlete Snack Program

How to Help

The Sweet Home Education Foundation created the Athlete Snack Program to ensure student athletes have access to nutritious snacks between school and practice or games.

Donate athlete snacks for our Sweet Home athletes!

We will accept:

Granola bars
Protein bars
Individual packs of pretzels
Crackers
Individual packs of peanut butter
Gatorade Zero

Monetary donations are accepted!



Scan code to use PayPal



- **Cash / Check** (Checks payable to SHEF, Inc. P.O. Box 455, Amherst, NY 14226)
- **Venmo @SweetHomeEF** (indicate Athlete Snack Program)